BACK IN THE ACT

Odyssey

POWAY HIGH SCHOOL

t i t a n s

Mr. Shimke-
Hi - It was fun
to be in your
class and you
kept it fun - you
have a great sense -
of humor and you are
really out going well, like
I said it was fun being
in your class and it was
fun on the softball field.
C-ya next year
or over the summer.
Kelly Carrigan

I can guarantee
I'll never have a
class like this again.
(and either will you)
I'll never forget cal.
I did grow to
love it here!
(I may even
stay but
don't tell
zan. J/K)

Mr. Schimke,
It was great being
in your class. It
was always the highlight
of my day. The jokes were
great! Have a good
summer.
Sheila
Schraber

Mr. Schimke
For the third and
final time in your class.
I had fun being in your
classes. I hope you have a
great summer. You're invited
to our house for dinner.
Call us.
487-0937
Lance Witmondt
Period 6

MR SCHIMKE -
IT WAS COOL LISTENING
TO YOUR JOKES. (EVEN
THOUGH I'VE HEARD
THEM ALL TWO YEARS
AGO) OH WELL, THANK
FOR PASSING ME EVEN
THOUGH I'M A LAZY
BUM.
LATER
Matt Mace

- Mr. Schimke -
Class has been
fun this year
You've got to get
some newjokes
Well have a
rad summer
Sarah
Hazard

DEAR MR Scinkey,

you were pretty cool teacher. you kind of reminded me of MR. Cavallo. But you kept your stuff to a minimum. Sometime I think you could of been a comidian with those wild and crazy jokes. Have a awesome summer and get a rad girlfriend. Arthur Lumble Jr.

Mr. Schimeke,
your a cool teacher you know how to have fun. You make comp. fun. Have a great summer. The black dot deal sucks rotor Greg

Mr. Schimke,
I enjoyed your class very much. You made interesting and funny and a good reason to come to Comp. 1 class. Have a great summer and remember, Only you can prevent forest Fires!

Someone stole pen

Hoping for Salvation,
Eric Anthony Przytulski
ESQ

Mr. Schimke,
Your class was cool, get some new jokes for next year.
Brent Nevin

MR. SCHIMKE-
PUTTING UP WITH YOUR SHAMU JOKES AND TALKING ABOUT THE CLASS WENCHES WAS ENOUGH TO KEEP ANY PERSON LAUGHING. YOUR GRADING IS DIFFRENT AND OBVIOUSLY EASIER AND THANKS
Per 3
Mike Succi

Hey Schimp,
It's finnally over and you don't have to listen to me complain about not getting an A. And you can't tease me any more. Take it easy
Brent Farmer Brown

Mr. Schimke
I loved being in your class. You made on of my best years. you are probably my 2nd best teacher I've had and always will be.
Julie Hattox
Period 4

No Schimke — the worlds only living abortion. Well, I'll I can say is

Aaaaarrrrrrggggghhhhh!!!!!

I'm finally out. Better stop ~~thoses~~ nasty ~~habits~~ before you go blind.

And no more rapin' cats.

Jane Collins

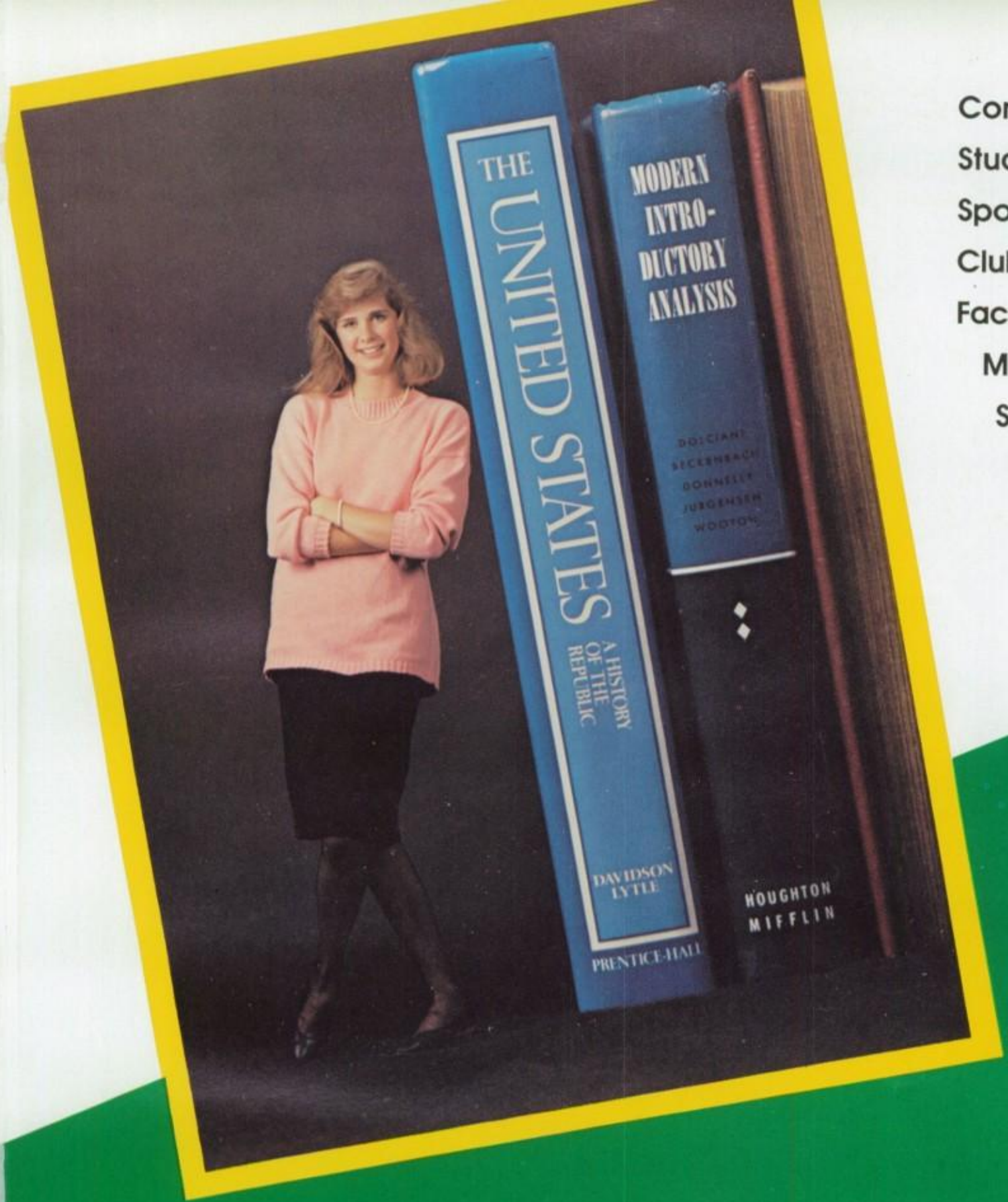
Mr. Schimke,

Boy are you hilarious, maybe you should think about teaching more,... You had some great stories, Glad I got to hare them. (I don't really look like Amy)

Thanks,

Jill

PS, Get rid of the stapler hitting against the podium, it bugs the crap out of us,



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ODYSSEY '87

Volume 26

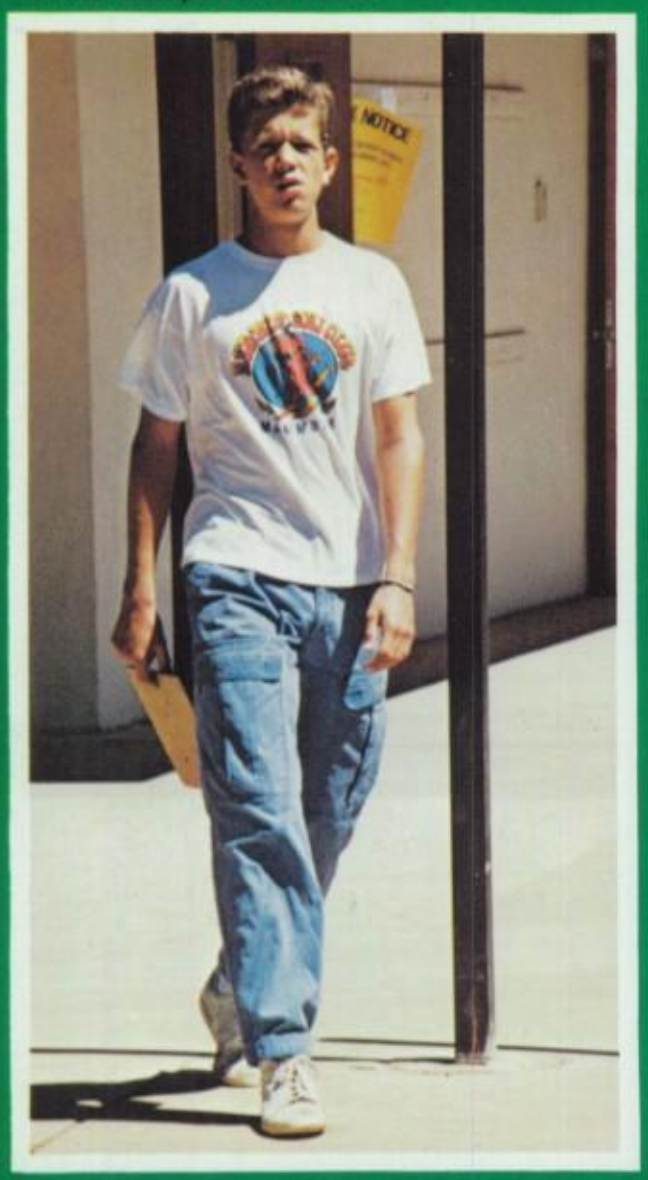
Poway High School

15500 Espola Road
Poway, CA 92064
(619) 748-0245

Student Population: 2718

Back in the Act

Frustrated with his demanding schedule, *Kevin Arthur* tromps off to class.



First Day Causes Excitement

By Julie Dickinson

"Look at all of the freshman!" exclaimed Senior Cindy Hilbig. September 8, the first day of the year, proved to be an eyeopening experience for many of the PHS students.

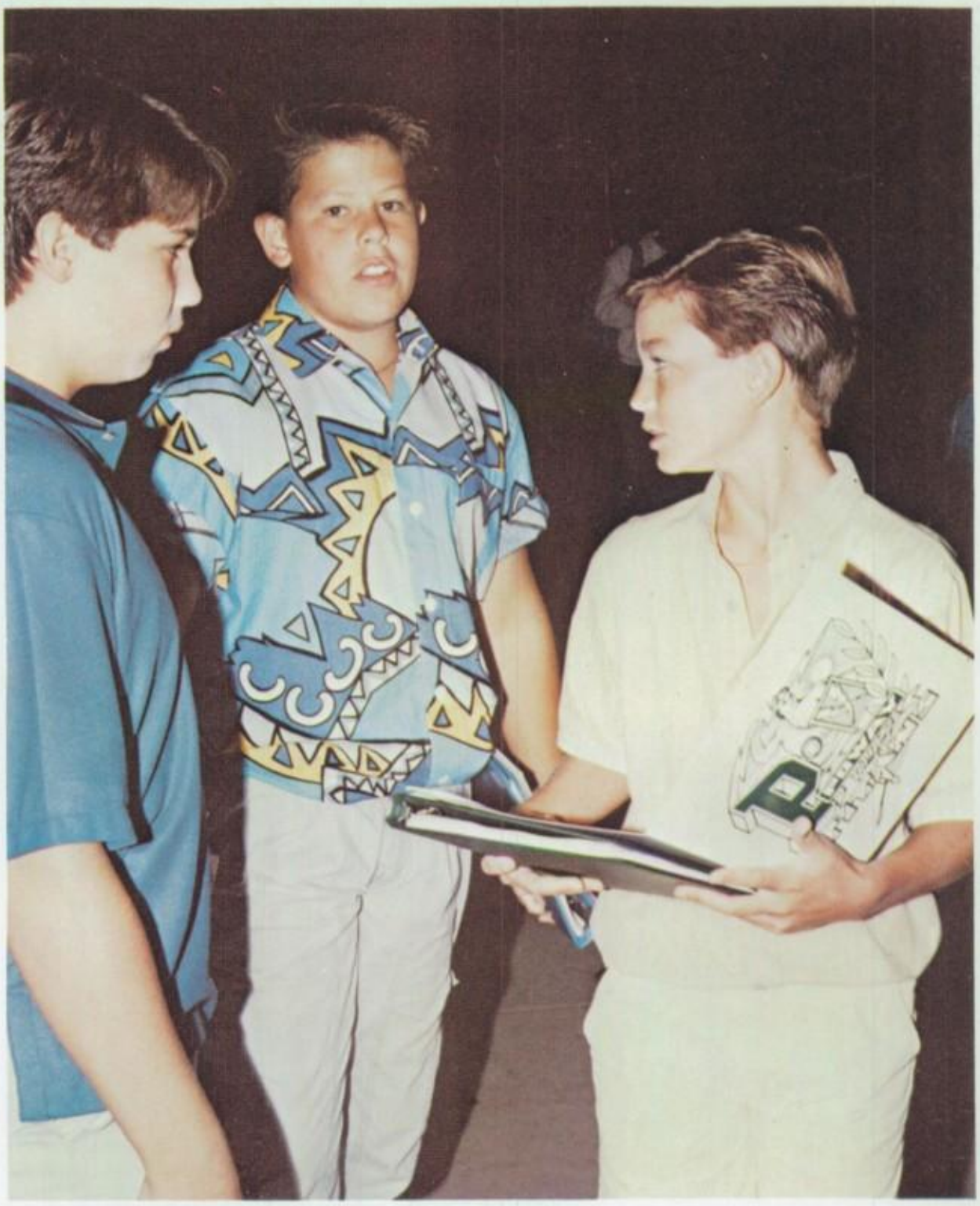
Nervous freshman gathered around tables anxiously awaiting their schedule. Freshman Zoe Anastas stated, "I was super nervous that everything on my first day would go wrong." On the other hand, the Seniors remained very laid back, and weren't in such a hurry for the day to start. "I'm a Senior now; I'm past the stage of being nervous," commented one Senior on the first morning of school. The attitudes varied among the PHS students.

Upon arriving at school, the students were quite shocked at the different changes around the campus. There were fences and sidewalks where they had never been before.

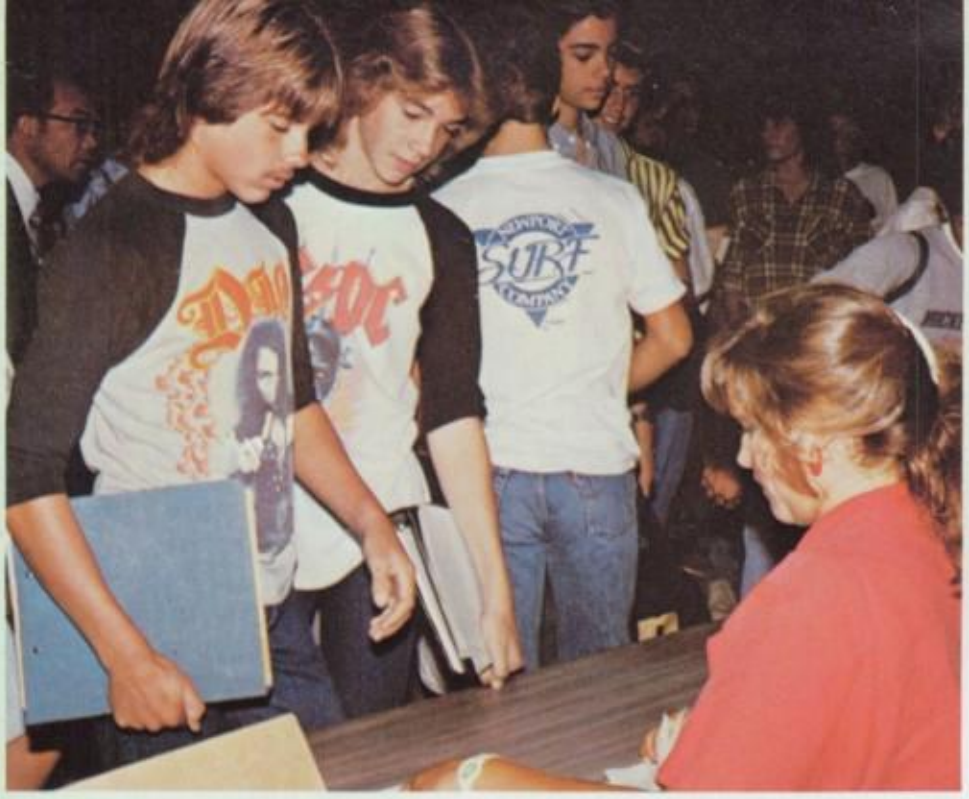
The addition of 735 freshmen remained the topic of many students. "I can't believe that there are so many freshman around; the classes get bigger by the year!" stated Senior Paul Mortoloni.

Besides the crowded halls and the heat, the first day of school ran smoothly. One optimistic student remarked, "I guess that I am looking forward to the year ahead of me, but I'm already looking forward to next summer vacation!"

On the first morning of school, the student body received a warm welcome back.

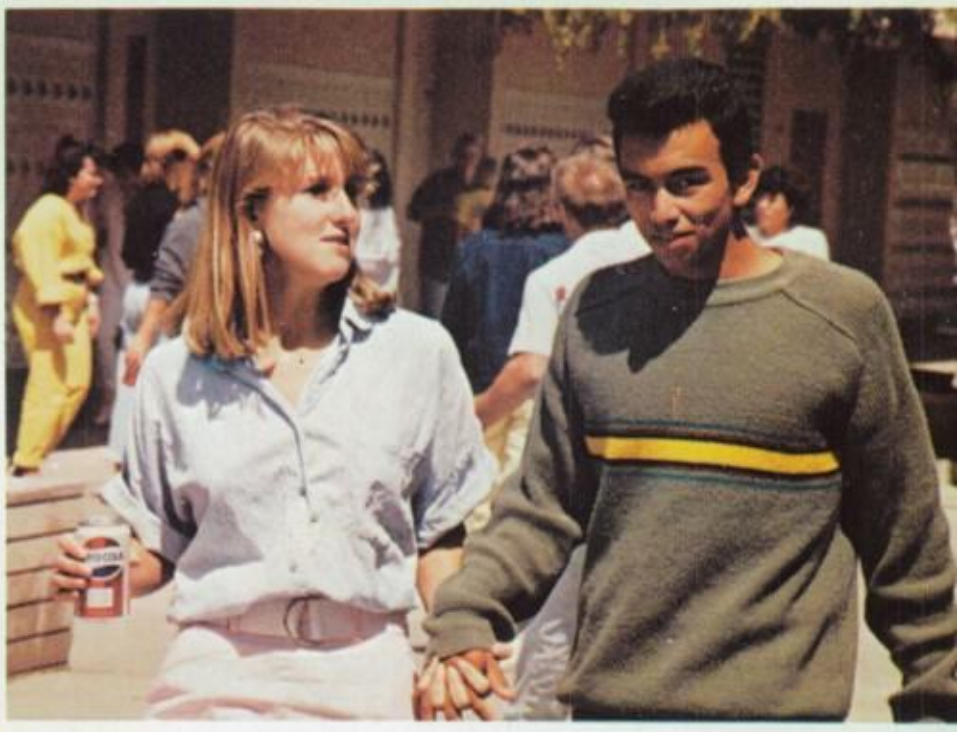


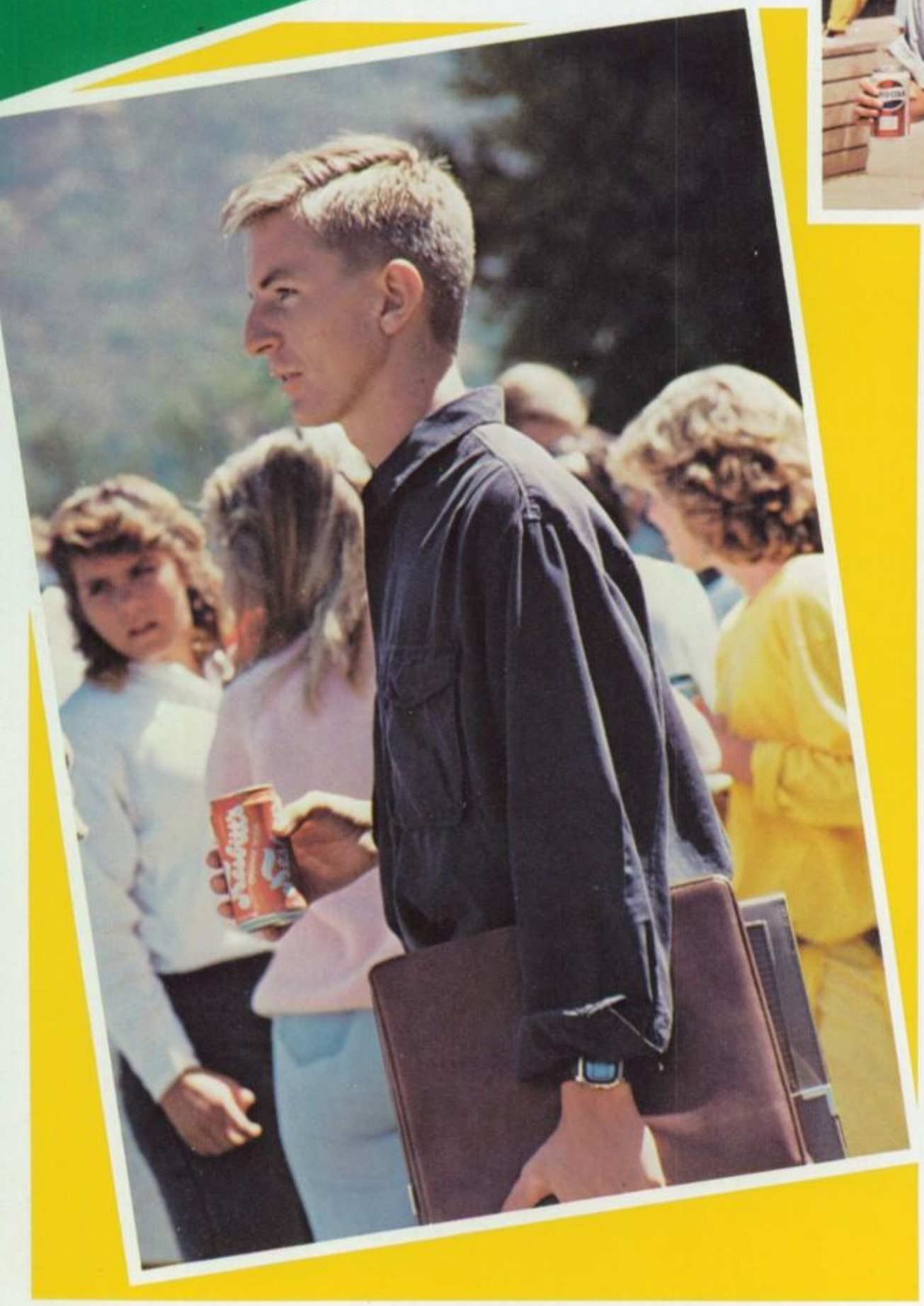
Freshman *Trent Miley* questions his friends about where he can find his math class.

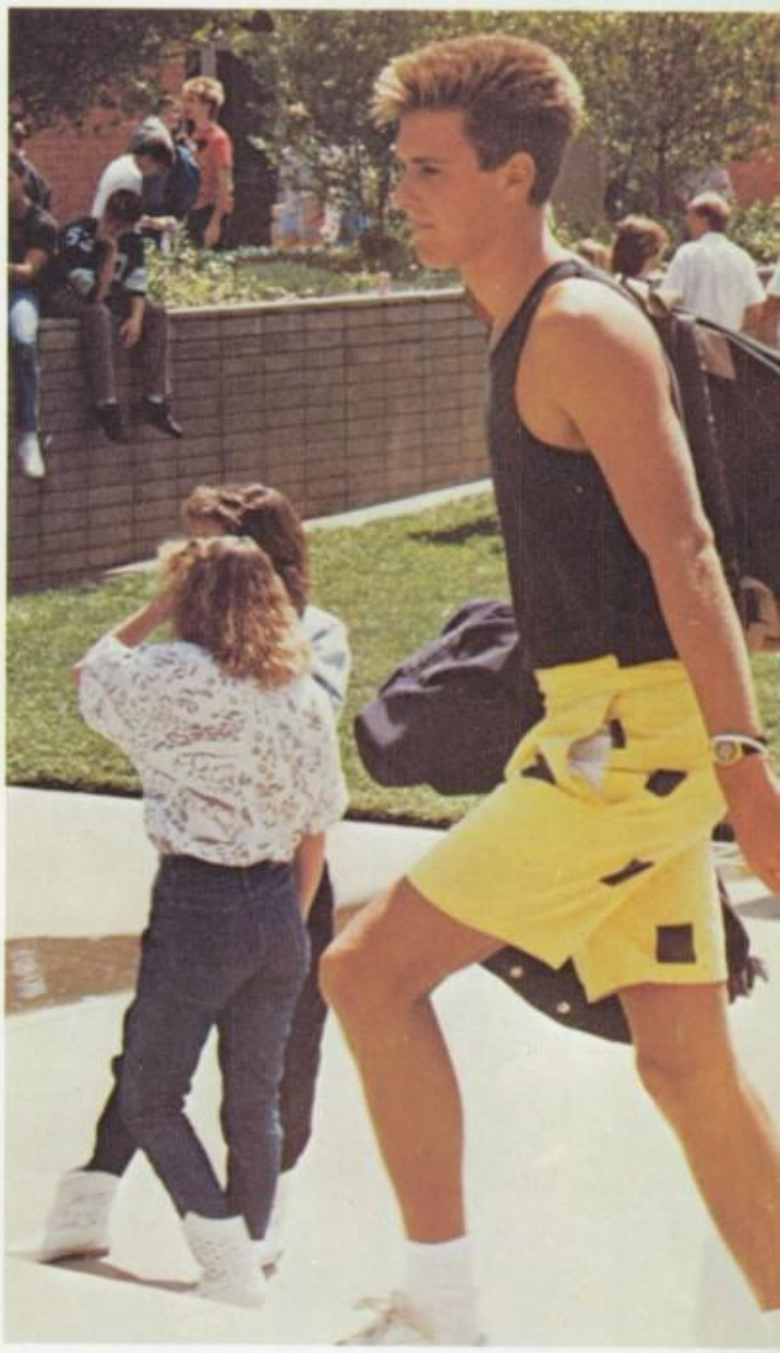


Debi Devore **assists in handing out schedules on the first early morning of school.**

Walking confidently hand in hand with his girlfriend *Amy Blackburn, Hector Valenzuela* **realizes that he's finally a Senior.**





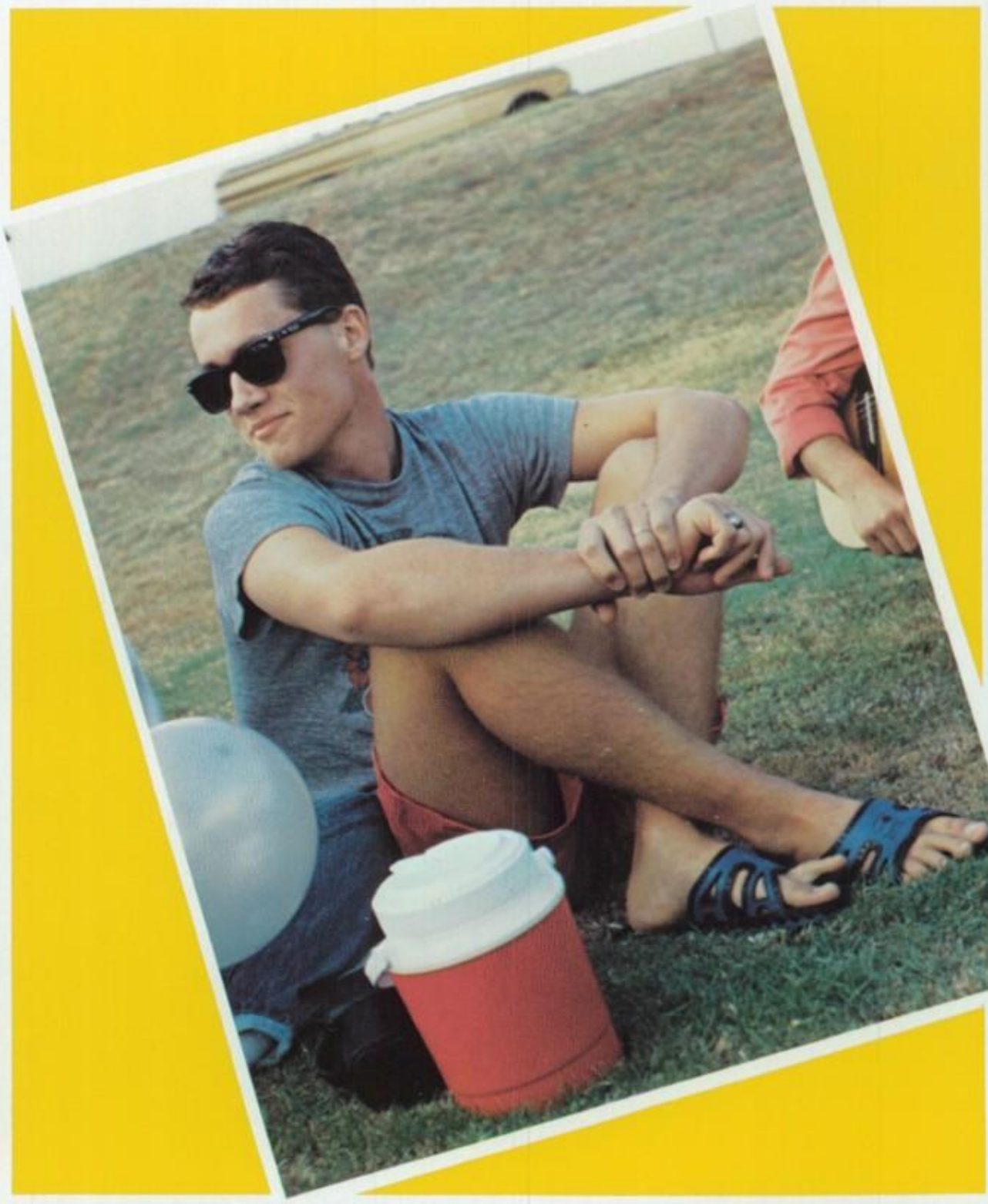


Obviously in a hurry, Senior *Jon Kidwell* **quickens his pace in a rush to class.**

Looking off into the busy year ahead of him, Senior *Matt Golden* **finds himself at a loss with words.**

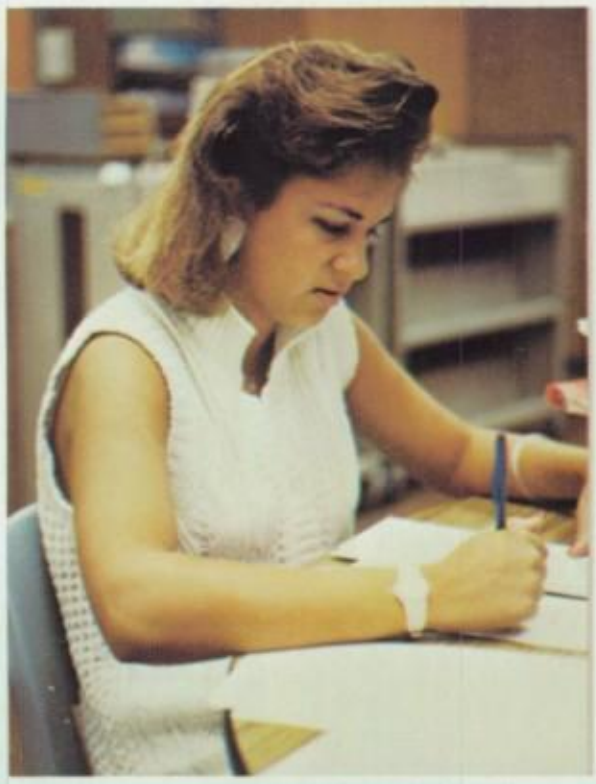
Caren Bishop **and** *Suzanne Hommel* **wait for their chance to enter the crowded girl's restroom.**

Senior *Paul Mortaloni* **impersonates "Joe Cool" at a Senior Tailgate party.**

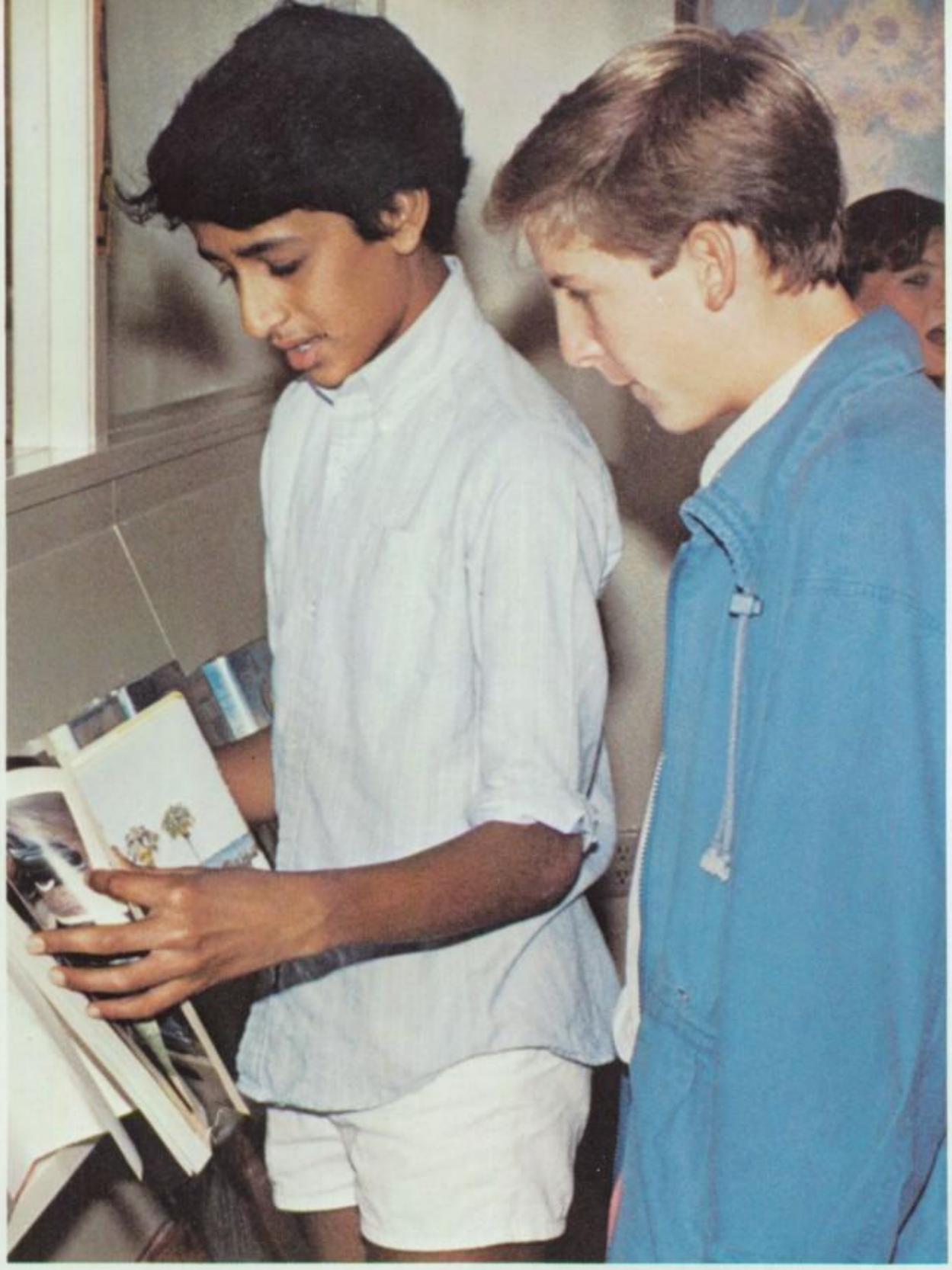


Outside of class, *Denise Contreras* **relaxes with a good book and a Diet Pepsi.**

Karen Collins **tells her friends** *Cherylynn Koch* **and** *Sonia Barondiaran* **how she asked that "gorgeous" guy to Winter Ball.**

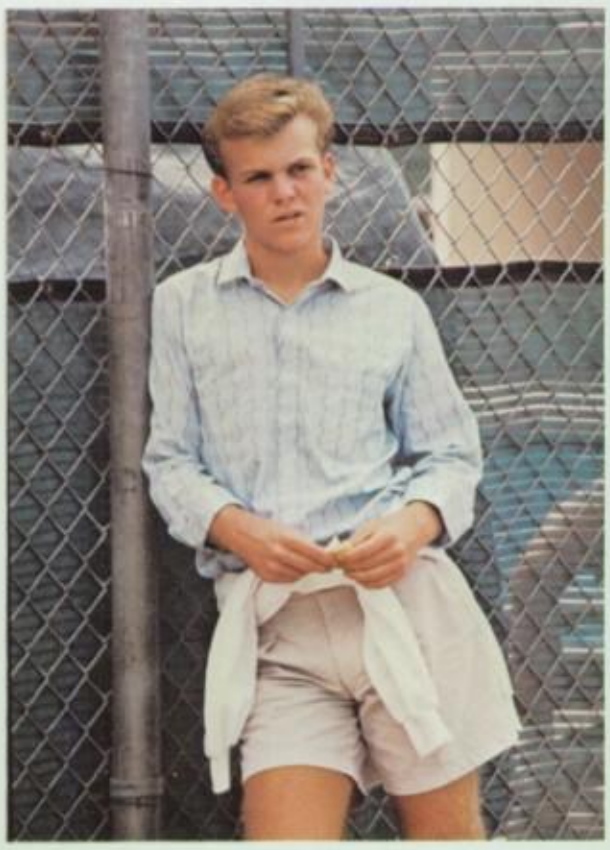


Senior *Danielle Davidian* **diligently finishes her heavy workload as a T.A.**



Chiroa Asaravaa and *Glenn Dussert* can't believe how resourceful the library can be.

A studious Sophomore takes a peek at his Biology notes to refresh his memory before the BIG test.



Uncertain of his surroundings, *Kevin Cook* casually leans against a pole.

Student Offers Warning

By Julie Dickinson

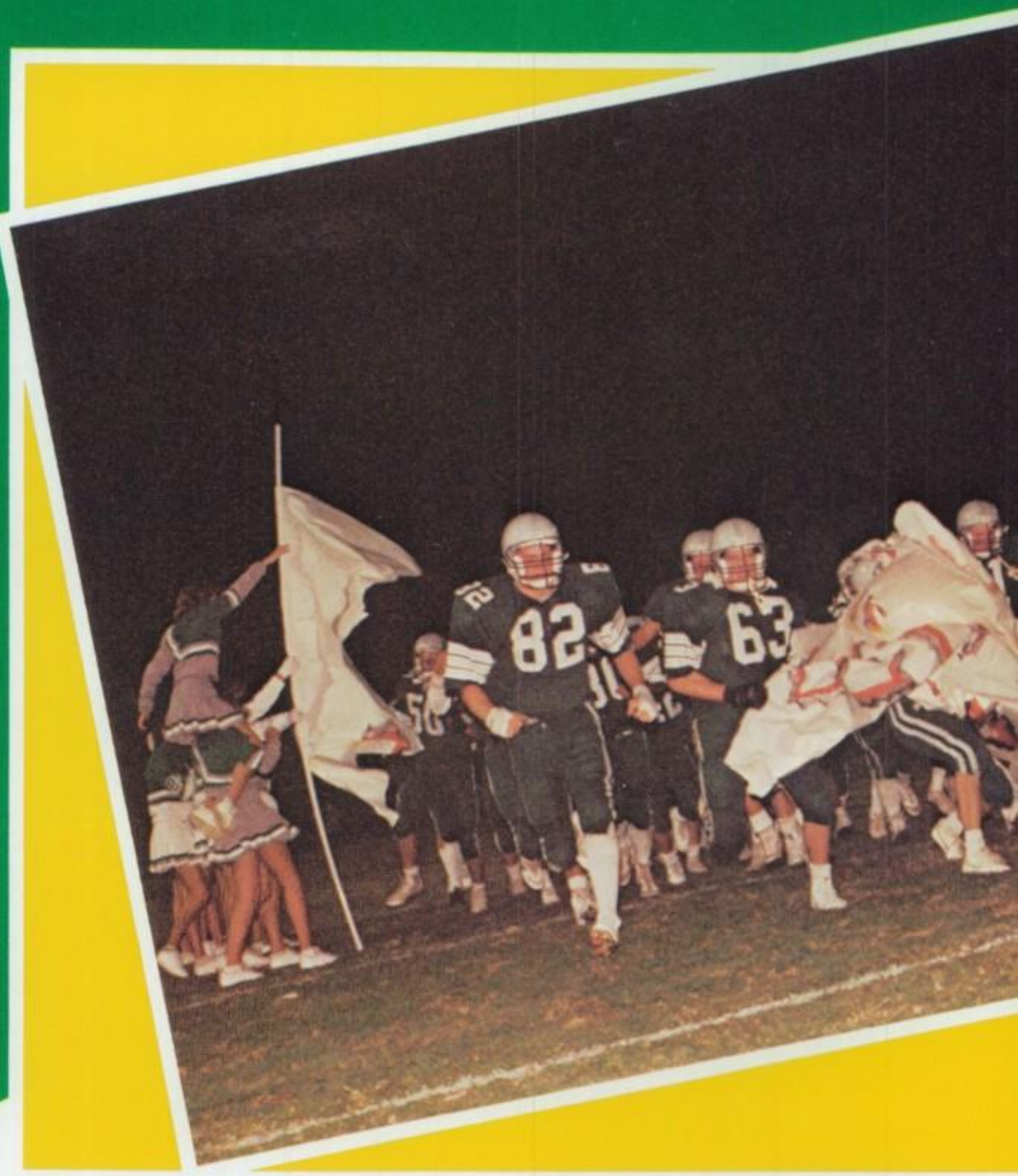
"I try to make school fun, and not have it always be a big problem!" commented one successful PHS student. Every student whether it be a senior or a freshman, acquired their own system to succeed and make it through school. Participating in sports, clubs or other extra-curricular activities seemed to be the most common way of maintaining good feelings about their classes.

Besides turning to activities to help make the school year more fun and worthwhile, almost all students agreed that having teachers and classes they liked made for a more successful year. One anonymous student mentioned," I feel like I did better in school last year, due to the fact that I really liked all of my teachers."

Senior Kim Smith said, "I could really kick myself because I've waited until my last year in school to really work hard and do my best."

New teachers and new classes added a variation to the academic scene on campus. The seniors had their choice of two economics classes, Modern or Applied. I think that it was really nice of the administration to let us choose our economics classes since they require us to take it now," said Mike Anderson.

Varsity Waterpolo player *Brian Napieralla* displays skill and power against rival school Mt. Carmel.



Athletes Maintain Success

By Julie Dickinson

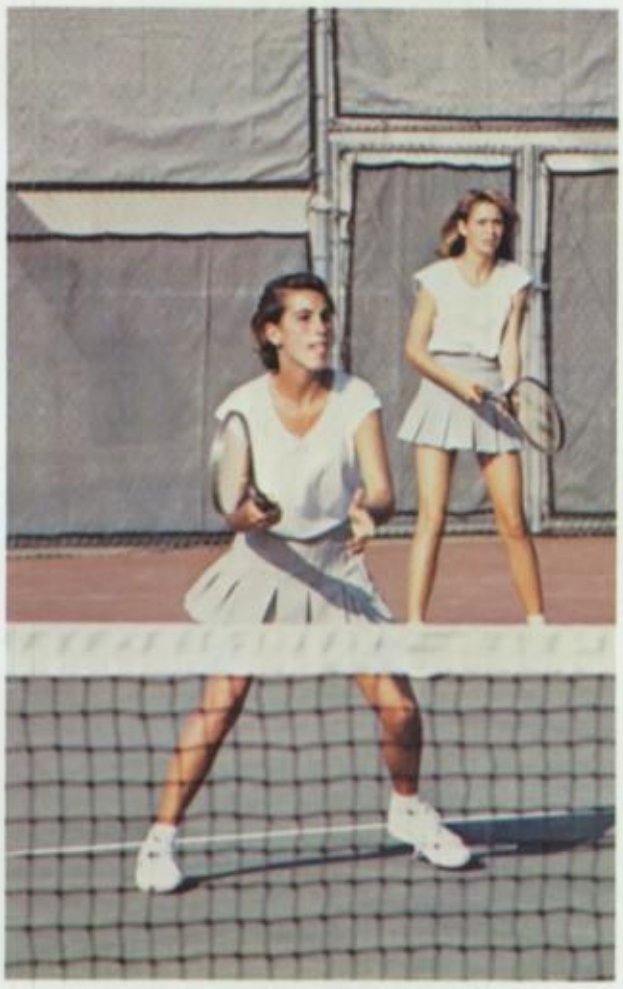
Athletics remained a very important part of the PHS students' lives over the 1986-87 school year. They provided school spirit for the spectators, and competition for the athletes. The pride that the athletes felt when they won a game was incredible. "There isn't a better feeling than winning an important game, and having the student body feel proud of you," commented one anonymous football player. But winning wasn't everything for the athletic teams although it was important.

"I feel like I can escape the immense pressure of my schoolwork, and the strict 7:30 to 2:16 daily schedule by participating in a sport," commented Mike Alhstrom. For some of the students, their academic schedule simply got too difficult. Sports, simply provided a nice and different change of pace.

The football, soccer and track teams were all able to finally play their games on a nice field with a real stadium. Varsity soccer player Chris Eakman stated, "It was nice to be able to look around the field before a game, and think to yourself how nice our stadium turned out."

Despite certain losses here and their, the PHS athletic teams, maintained Poway's good reputation around San Diego. "It's really neat to be in Los Angelas or a place far away and have a person say 'Hey Poway ... isn't that the place with the great sports team?' and being able to say yes!!" explained Tamara Watkins.

Overall, the sports teams gave their school a reason to be proud to attend Poway High. And they had a great time doing it too!



Heather Kreitzer's facial expression shows her determination to win her match.

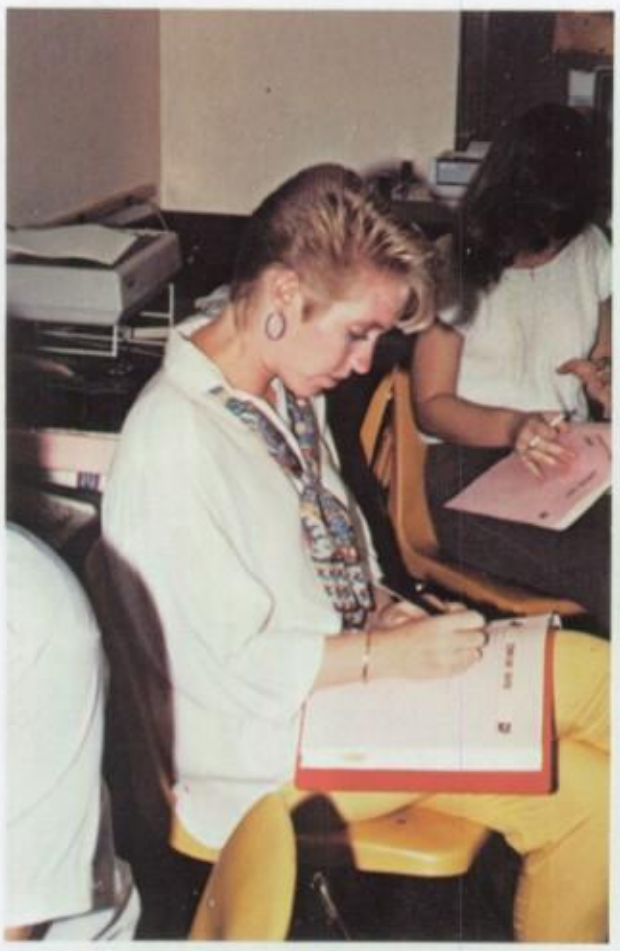
Our mighty Titans show strength as they charge onto the field.

The PHS Cheerleaders continue to "fire up" the already spirited crowd.

Brian Woods, Jeff Galka, **and** *Tom Sharp* **accept recognition at a pep-rally from Coach Elrod.**

Coach Miller **offers strategies to the determined water polo players.**

Meagan Murphy **finds fun in her computer term.**



A new addition to PHS, "the big, black fence!"

Jennifer Opel **sighs in relief that the library alarm didn't go off when she tried to exit.**

An attractive ticket boothe was added at the entrance of the school for the Titans to purchase all game and rooter tickets.

New plants and trees lined the cement walkways around all parts of campus.

Major Changes on Campus

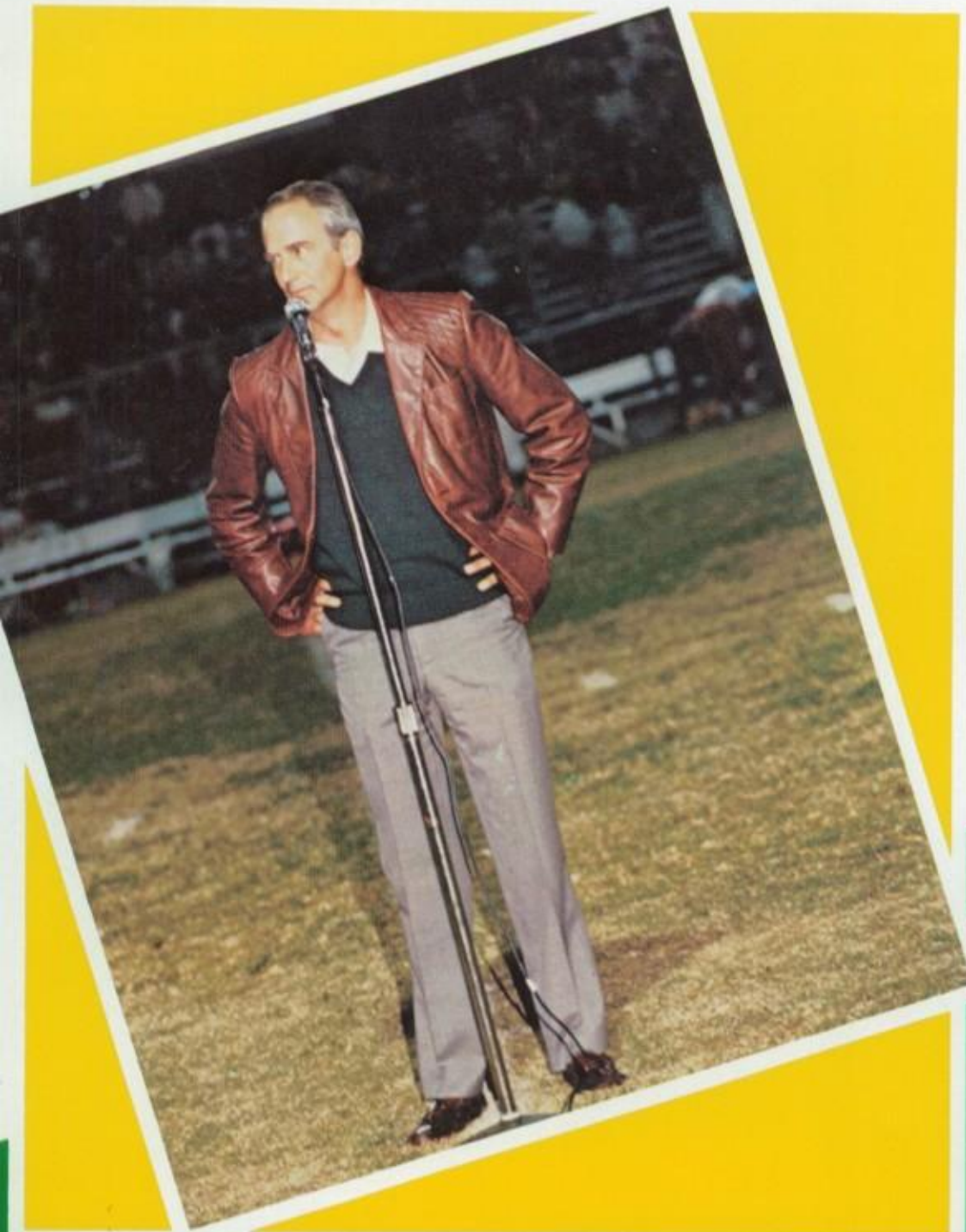
By Julie Dickinson

The changes around the PHS campus over the 1986-87 school year amazed the entire student body. Sidewalks, fences and gates were among a few of the new additions around all parts of the school.

The fencing around the entire school remained the conversation piece for many of the students. Joe Johnson stated, "The school feels more like a jail every day!" Thick, black gates were locked every night for security purposes. "I understand the need to protect from possible vandalism," commented one student.

The addition of cement walkways received positive comments. Not only did they look nice, but they prevented the students from sinking ankle deep in mud after a rainy day. "I hated tromping through the mud!" stated Sophomore Lisa Smith.

The library received a very impressive addition at the beginning of the year. They added an alarm system exit way. If a student walked out without checking out his book, a sound would go off. Librarian Mrs. Nobriga stated, "We're very proud of how far along our library system has come!" One intrigued student commented, "I think that the library is neat; it reminds me of an airport when you walk through the X-ray system."

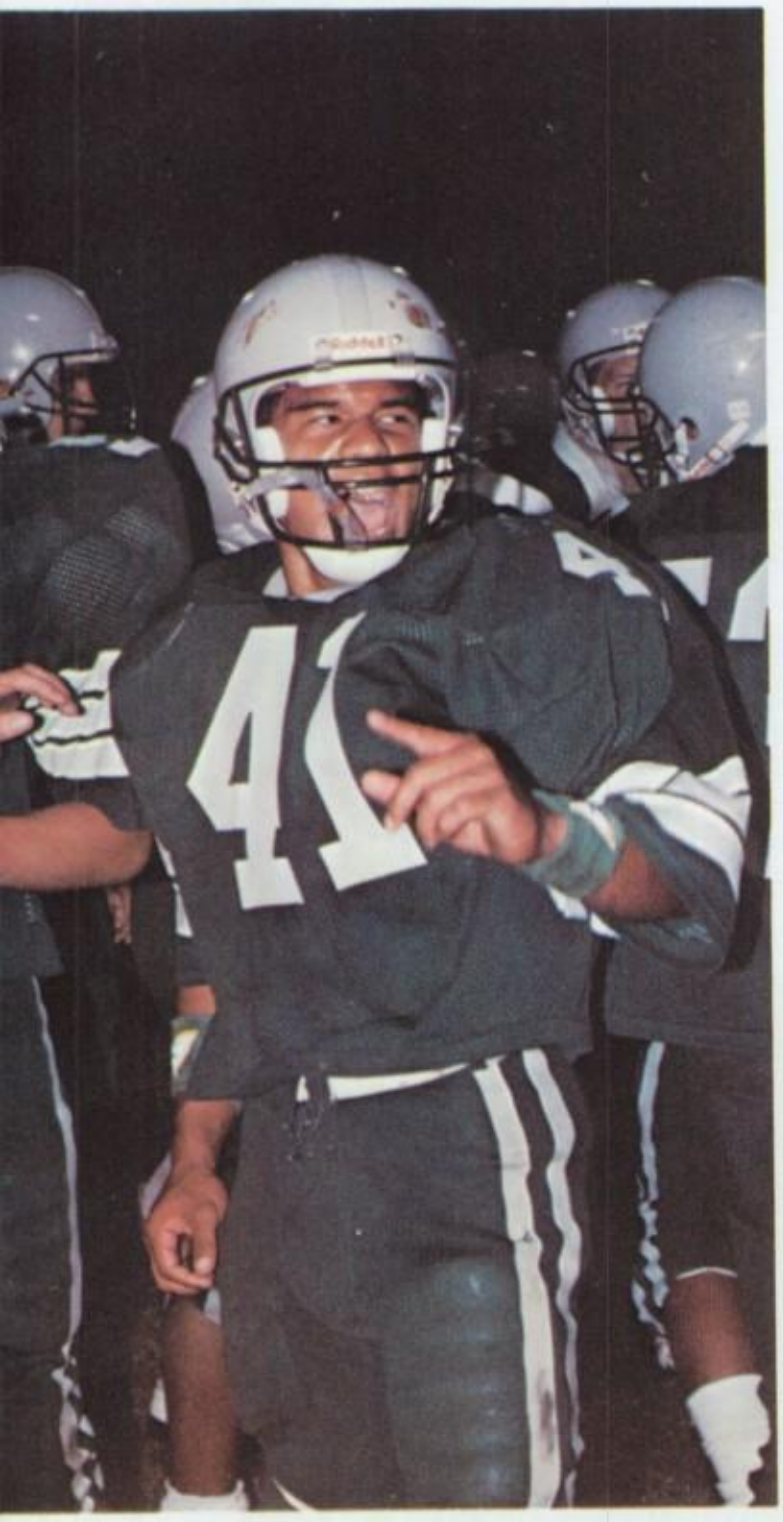


Dr. Hughes, the new principal, was one of the many major changes for the '86-87 school year.

When *Jody Thill* and *Cindy Roszel* come to the library, they do all of their work!

Sorry! Pounding this highly secured Pepsi machine won't do any good.

Varsity player *Mike Cormier* expresses his thrill of victory over second ranked Granite Hills.



"We've gotta celebrate!"

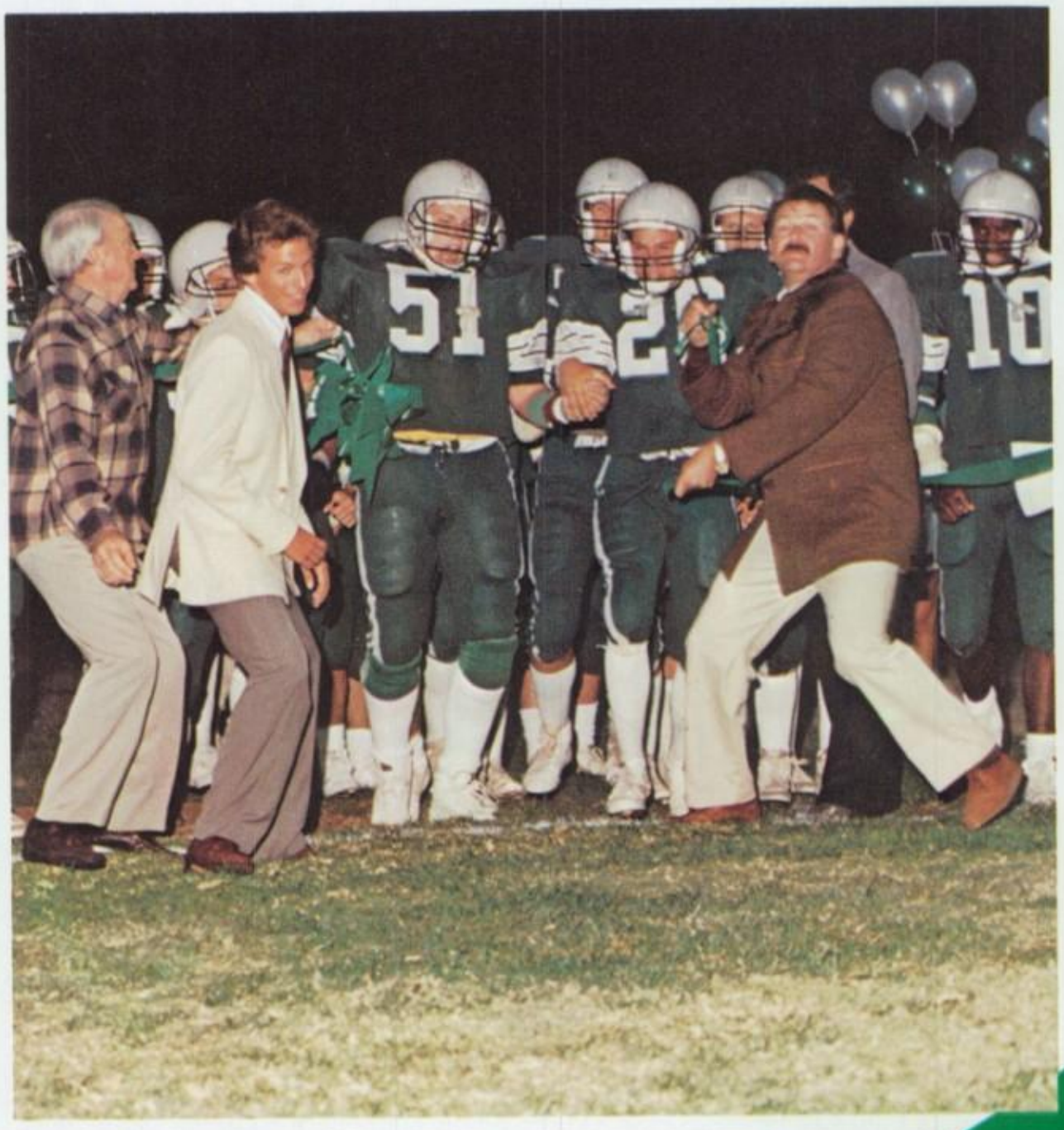
By Julie Dickinson

"Goooo Powaaay!!!!" Loud cheers and screams crept out of the corners of Poway High on September 12, 1986, and with very good reason. The school spirited Titans were once again, after waiting for eleven years, able to have a home game on their own campus. In the past, the Titans drove to Mount Carmel to play all home games. They even had to host their Homecoming game away. The new stadium required a lot of hard work and planning. The entire student, teacher and community population took part in helping to raise the necessary funds to build the stadium. "I bought a name plate for the bleachers," stated Debi Quesenberry.

The atmosphere for the first "real" home game proved to be perfect; the night was clear, chilly and fun. Cheerleader Debi Devore commented, "There was an overwhelming amount of school spirit!" Everyone in the stands seemed to be comfortable and at ease.

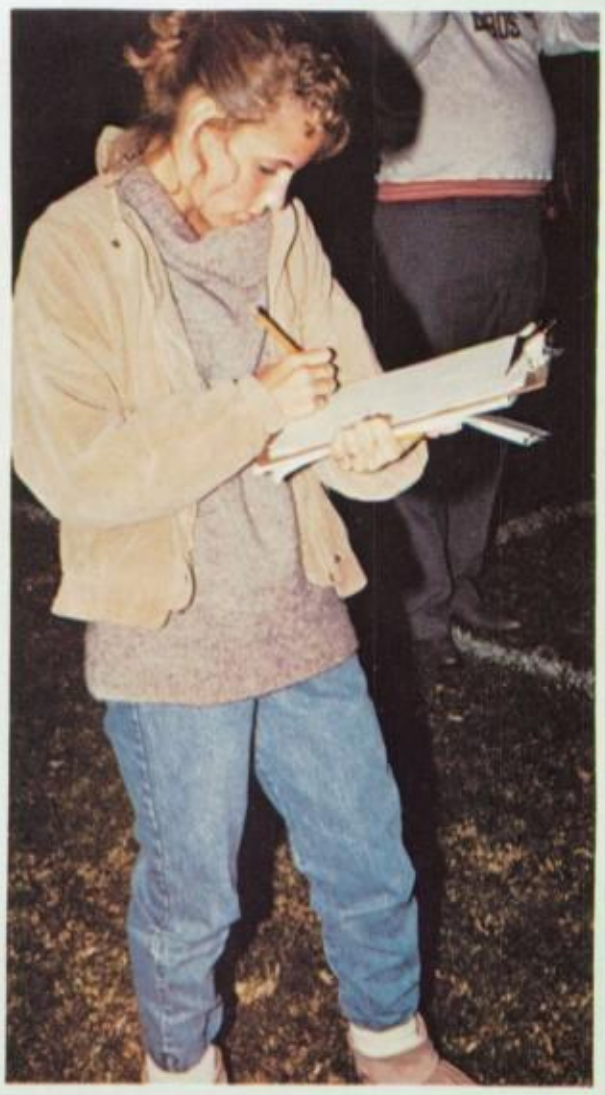
The Varsity football team will always remember their first game in the Poway High Stadium for very special reasons. With a predicted loss of more than twenty points under Granite Hills, the number-two rated team in the county, the team swept the field with amazing skill and power. They beat Granite Hills 13-7. "I'm in total shock!" stated player Dave Meyers. Senior Pilar Melendez summed up the entire evening by stating, "It was a great game! What a way to start off the season and life of our stadium."

Joey Ponchetti concentrates his hardest at the half-time ceremonies of the first home game.



A united Varsity Football team charges on the field after Mayor Cruse cut the green ribbon opening PHS stadium.

Occupying the first three rows, a rowdy group of seniors burst with school spirit, and cheer on the mighty Titans.



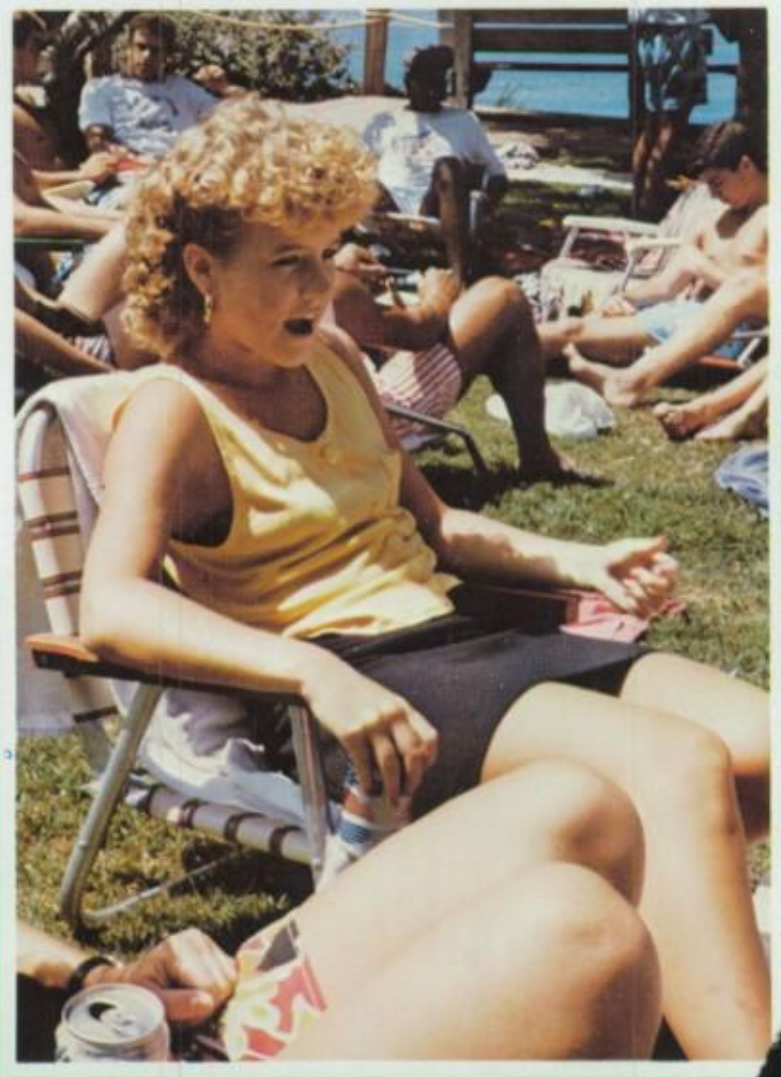
A dedicated statistician, *Katie Molloy,* keeps careful track of every detail of the first game in the new stadium.

Number 81, *Danny Millard,* demonstrates his power as he plunges over Granite Hills.

"Oh No! What did I do wrong?" wonders Varsity Cheerleader *Debi Devore.*

What a chef! Senior *Michelle Bellefeuille* barbeques a delicious meal at a tailgate party.

Seniors *Stacy Harris* and *Karen Tansey* really question the story their friend tells them.



Kim Vito gasps at the amount of pizza that her friend devoured at the senior beach party.

Glen Tripp, Leif Gigstad **and** *Brian Korgel* **entertain a group of seniors with their rendition of "Louie Louie."**

Dressed in her more formal attire, *Tina Darby* **blew bubbles of happiness at the MORP fashion Show.**

Titans Escape from Schoolwork

By Julie Dickinson

"I gotta take a break!" exclaimed a worn out junior on a Friday morning. The fact was, that the PHS students could never say that they were shorted of activities to break up their academic schedule. School related activities were going on every day of the week for the students to participate in.

Pep-rallies, put on by the ASB improved greatly over the 1986-87 school year. They involved more students, and entertained almost everyone. The ASB attempted to perform a pep-rally every Friday with a large athletic schedule. This pep-rallies included everything from the class yell, a pie in the face contest, to a destructive "Devil Dozer." "The Mt. Carmel game assembly was by far the best pep-rally of the year!" stated Carolyn Salazar.

The ever so exciting MORP fashion show amazed the students once again, with the most stunning and original outfits that were modeled. "I particularly liked Kenny Battle's polyester jumpsuit; it was the most attractive of all," commented Angie McDonald. The extremely exciting MORP dance followed soon after the fashion show.

Homecoming, Winter Ball, Sadies and Prom all came and went successfully, and were enjoyed by all who attended. "The Seniors put on a great Sadies dance; it was so original and fun!" said one quiet freshman. "I didn't go to Prom, but I wish that I would have asked someone," added a certain junior.

For most of the seniors, their free time was spent doing the things that they really wanted to do. "It's my last year of high school, and I want to have a lot of fun before entering the *real* world," explained Phillip Bairley.

Overall, the PHS students utilized their free time, by having lots of fun. Doing things to break up their demanding schedule played an important key in academic success.

Student Life

Oh, my gosh! The Disco Kid is found "shaking it down" at Morp.

Back in the Swing of Things

"Gee, whiz another pep-rally!" squealed an anxious freshman. With music-filled lunchtime, on some occasions and humorous assemblies, many Poway High students considered student life on campus fun and light-hearted. Though, there were "good activities, some students weren't as involved as they should've been," commented Adam Jones. However, the quality of an event didn't seem a problem as much as student participation. Pilar Melendez pointed out, "The only regret I have is that we don't have as many activities as I would like to see. Whenever we have pep-rallies or assemblies, our student body revs up ... only wish we could have them more often."

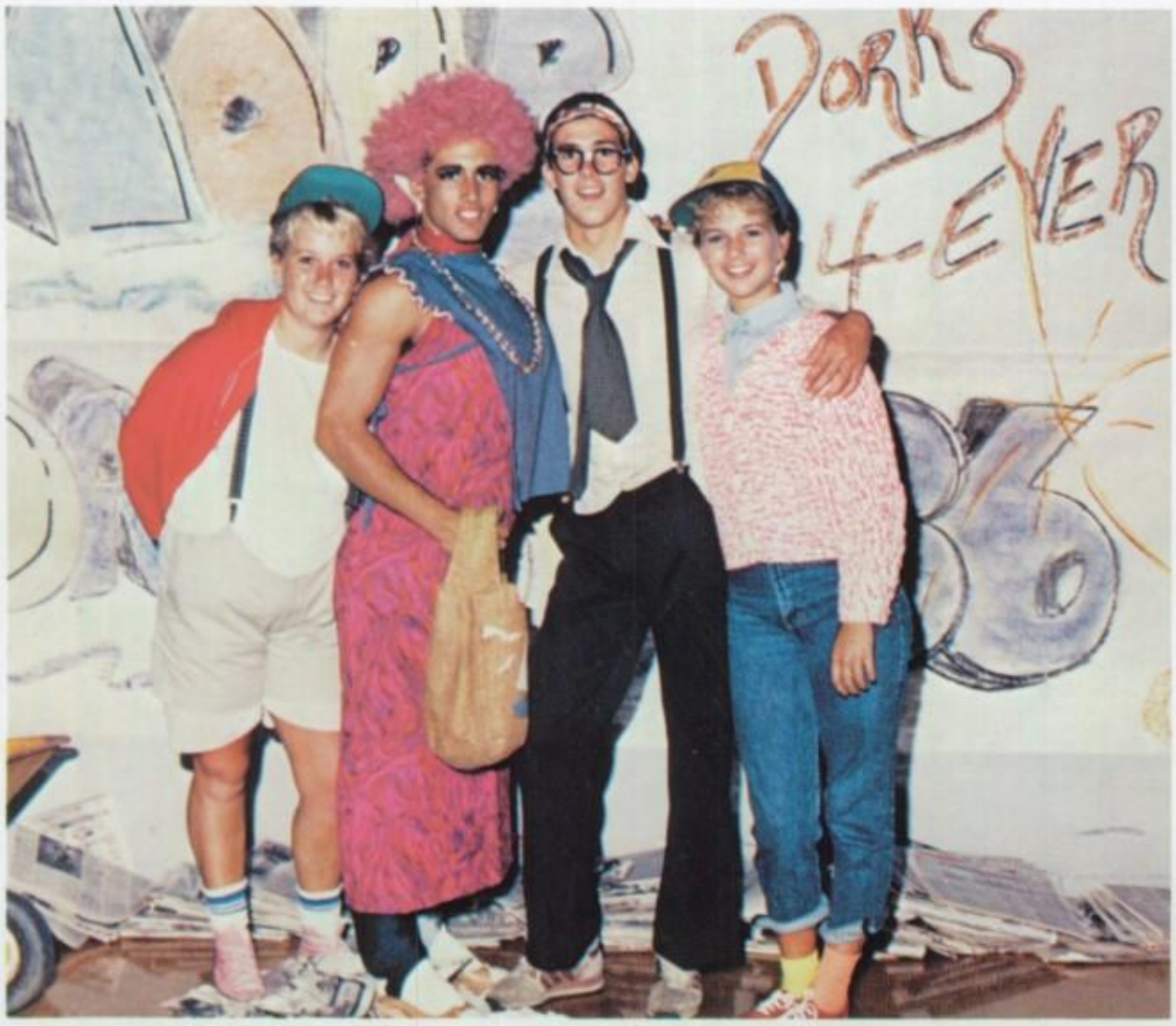
This year, Senior Titans took to the ice in a brutal game of ice hockey while others got ready to put on a smashing Sadie Hawkins. Jennifer Stampfli remarked, "It's great to spend time with fellow students outside of school." Also, on various Friday nights, the ASB put on an After Game dance which provided entertainment for all. Elisa Smith agreed, "It was an overall success and served as an outlet from school pressures." Under the direction of the juniors, Morp turned out to be a different dance unlike the elegant evening of romance at Prom. Even the Morp Fashion Show proved to be a hilarious event. The real "nerd" was vividly portrayed by twelve courageous students. Then, Homecoming kicked off the year with excitement. The student body as a whole was involved in activities from assemblies to dances. Students initiated school spirit far more than previous years.

"Poway High has more to offer than any student could possibly take advantage of!" stated Senior Glen Tripp. Thus, when Student Life faded away for the summer and the class of '87 left its mark at PHS, the activities would continue to be a special memory for everyone.

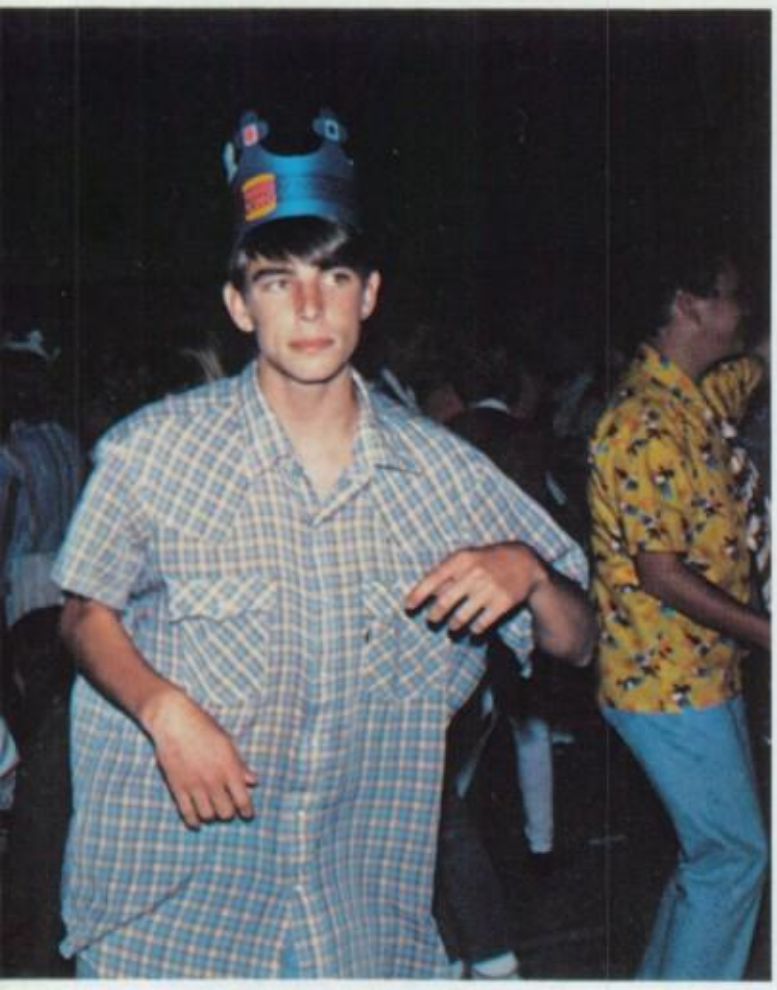
Tom Sharp smiles in amusement at his wet teammate at a pep-rally.

MORP

Jennifer Lukenbill, Doug Eagle, Ty Nichols and **Heather McLeod** admire themselves in the camera's lens.

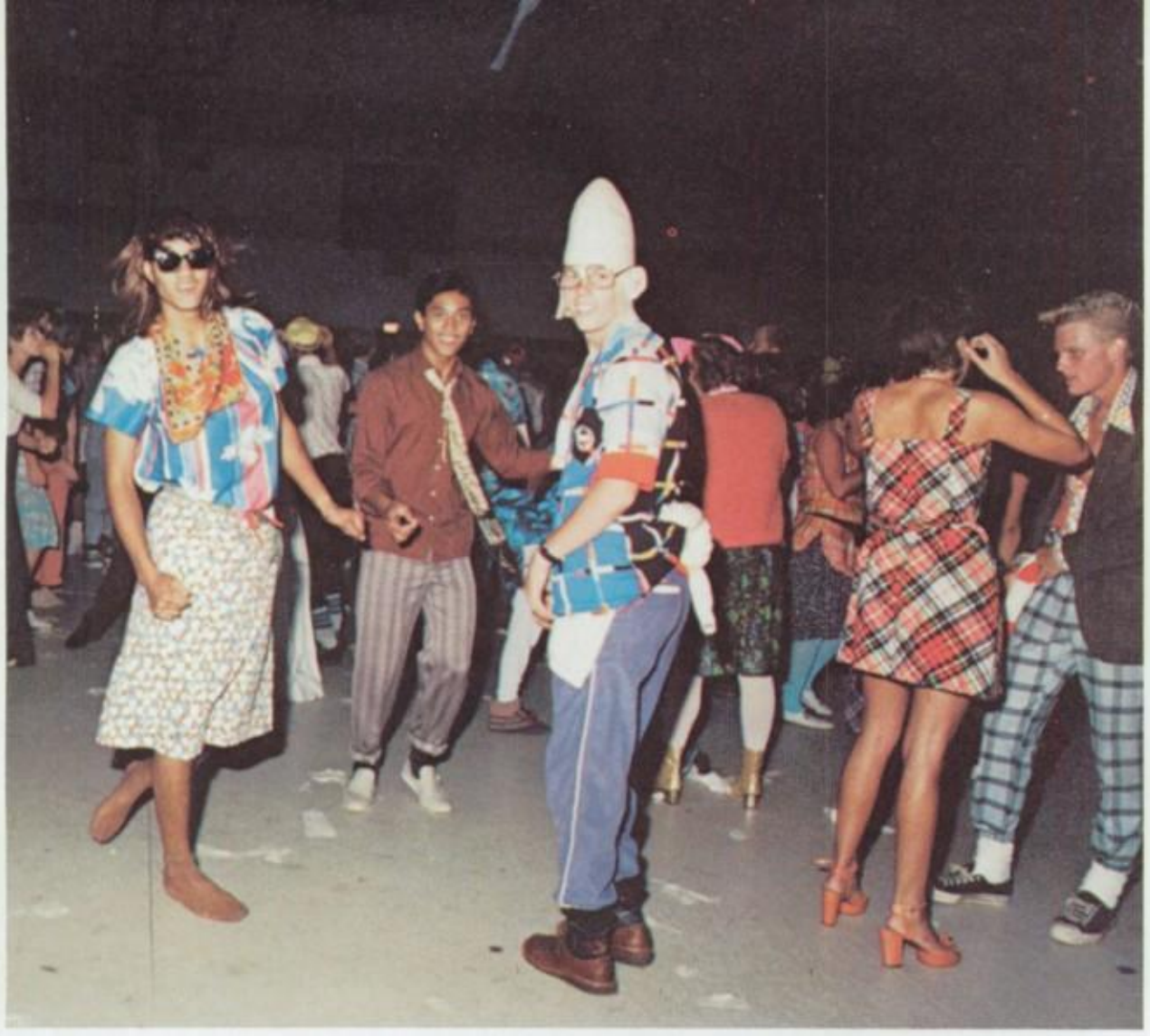


Billy Wraith displays his right to arms view.



Jason Reiser, A.K.A. Herb, is found strutting his stuff at Morp.

John Steppens, Kevin Malloy, Bill Santos, Brian DeVore, and **Travis Higgins** create their best nerd-like images for Morp goers.



Jon Jaro boogies down with his ever so stunning cone-head date, **Jason Appel.**

Analisa Romero unleashes her friend to dance freely.

Vicki Mezo, **Kathy Vickers**, and **Kris Rudzinski** just "wanna be" Morp fashion models.

Admit Two Nerds

By Jenny Selser

"Hey, you with the bandaid across your nose! What do you think of MORP?" asked a plaid and striped polyester friend. "Uhh . . . it's interesting," proclaimed Teri Miley. This feeling was evident during PHS's third annual MORP. Kim Uyeda stated, "I had lots of fun because at this dance we don't have to act like ourselves."

As a tradition MORP has consisted of "nerds," "geeks" and a trash-laden gym. Students were able to view Poway High at its utmost fashion unconscious stage. The dance was accompanied by groovey dance music and decorations. In place of streamers, toilet paper was strung. Carnations were replaced by stunning weeds. The wall decor consisted of signs reading; "Dorks 4-Ever" and "Admit All Nerds."

The festivities were ruined for some people due to conflicts concerning same-sex couples. The administration stopped those couples entering the dance, even though they had bought bids and were not warned before hand. Tami Marko stated, "I was under the impression that dances were put on by students for the students. It's sad to think that one man's opinion spoiled the experience for so many of us that were really looking forward to it."

Making Success Look Easy

By Tami Watkins

The loudspeaker crackles as the bands await the upcoming decision, "And now for the Sweepstakes award ... The Poway High School Emerald Brigade!" shouted the announcer. Drum majors Chris Blackburn and Hector Valenzuela walked side by side to receive the well-deserved trophy.

This year the Emerald Brigade won as many as twenty awards during the marching season alone. When asked what keeps the band going, Drum Major Chris Blackburn said, "We are all one big family and we all love music, and we are together for music." The Brigade was a champion band in music, parade as well as field show. Flag Captain Lori Raber commented, "I've learned a lot about responsibility and I know that people can depend on me because with a group as big as us, you need that support, or nothing works."

The Emerald Brigade was very talented group of students who were dedicated to becoming the best. "Our band is so good, and our uniforms are terrific and no other band can get a crowd stirred up for action like ours," said Lara Janes. The band had a great year filled with awards and triumphs, like attending the Fiesta Bowl, a brigadeer said, "Now, that was an accomplishment we'll never forget!"

Gabe Pincelli marches with determination while carrying his trumpet.

Lori Raber and **Amy Blackburn** salute the judges at Chino Invitational.

Gina Severson demonstrates precision and concentration to the crowd.

Parade Drum Major **Chris Blackburn** sets the pace for the band.

Hector Valenzuela accepts the Music Sweepstakes Award.

Helene Ciegalman, color guard, performs at Mt. Carmel.

The Senior Float flashes back to the past in celebration of Poway's 25th.

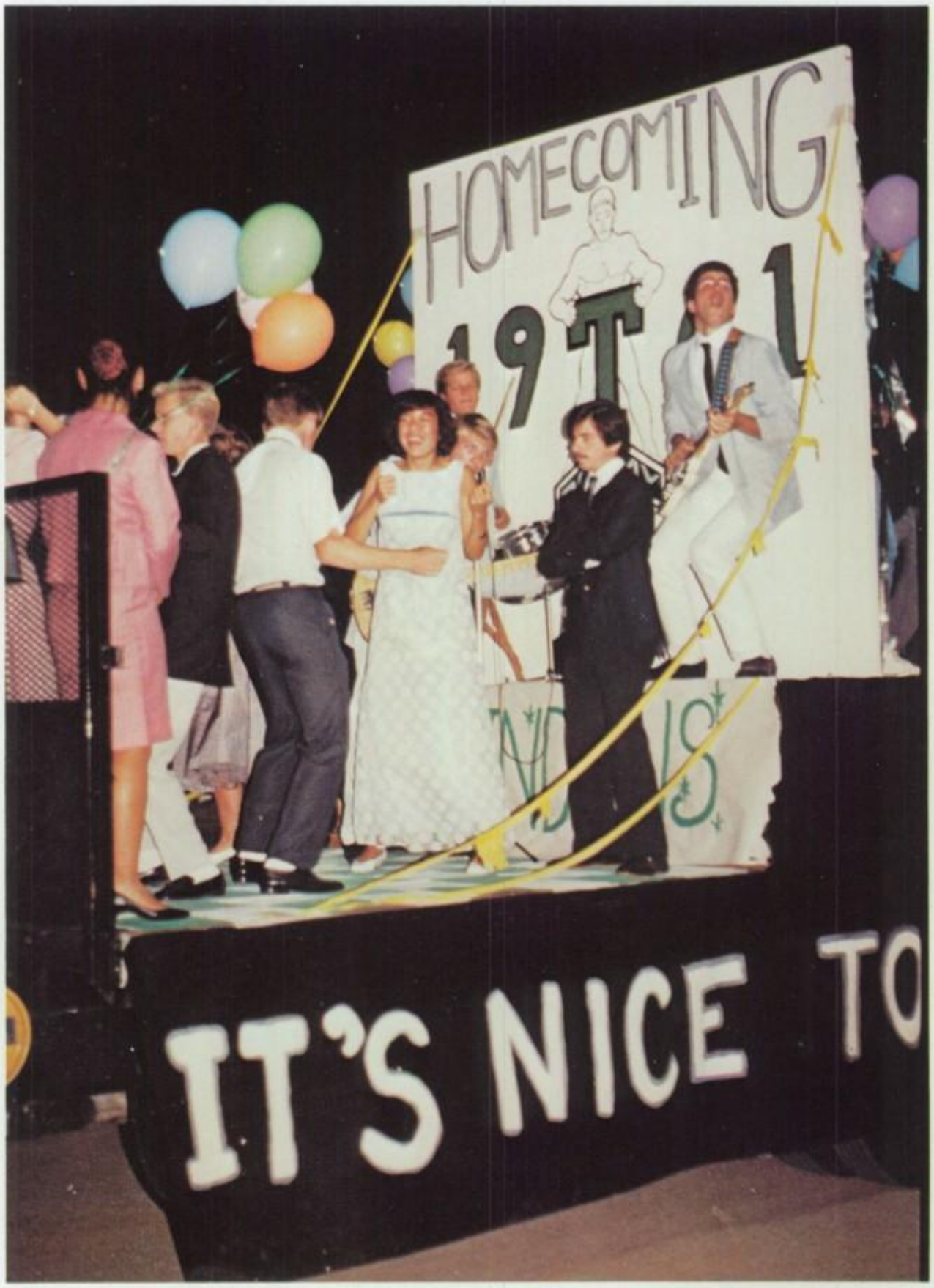
Revitalizing A Tradition

By Tami Watkins

"Happy 25th, Poway High!" chanted the class of '88 as they scurried by the football fans in the bleachers on October 12. Poway Titans were finally home and were welcomed with open arms by students and the community alike. Since this year represented a new beginning, so did the pageantry of Homecoming. This year for the first time the floats paraded around the field before the commencement of the Varsity game. A Junior, Lance Seymour commented, "I didn't like seeing the Homecoming floats before the game because the whole part of being there was for the halftime festivities, which should've included the floats."

When Halftime finally arrived on the cool, autumn night, the overall excitement of announcing the Homecoming Queen and King erupted when a skydiver came floating down out of the starlit sky. Once landed, the skydiver announced the King and Queen and presented Queen Kristen Rangel with a dozen red roses.

However, the Homecoming Court wasn't the only event that occurred on that Friday night. Poway lost the game to San Dieguito 16-7, but there were winners that evening, for example, the Seniors won first place float and the Freshmen came in second. Frosh President said, "We all were ecstatic and all the hard work paid off." Poway's Silver Anniversary was a true Homecoming for everyone!



Todd Sawyer and **Mary Cruz** give a wholehearted wave to the crowd.

David Anet and friend get down on the freshmen float.

An eager Court awaits the winning results.

Joel Paschall and **Mr. Goff** help with the Junior float.

Kirsten Keithly tries not to fly away while following the Senior float.

Teri Miley assists the Junior class by making it the best twenty-fifth anniversary.

HOMECOMING

These girls were found in a corner inspecting their nails.

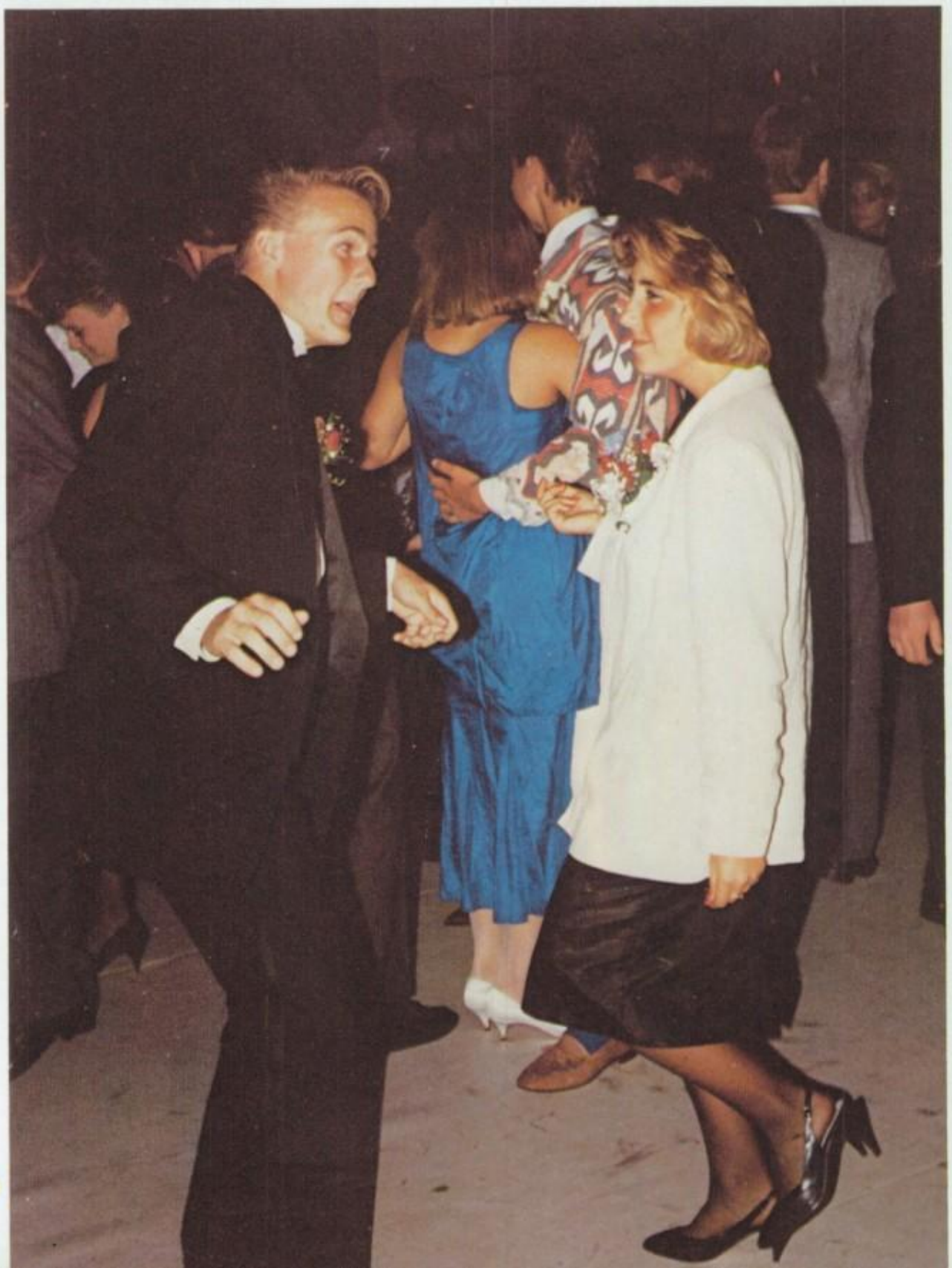
Some couples find each other's company better than the band inside.

A Class Act

By Jenny Selser

"Who are the Pinstripes?" asked a curious sophomore. The Homecoming Dance was attended by PHS students and alumni as well. The decorations coincided with the theme of "Homecoming Silver Anniversary." Green and silver balloons, streamers and paper decorations were cast throughout the gym, making it look better than ever. Over the stage a giant balloon arch was strung. This final touch pulled all of the decorations together.

The Homecoming dance was a semi-formal occasion put on by the ASB. Debi Devore stated, "Even though we lost the game the night before, I was really excited about the dance." "The ASB did a good job on the dance," stated Kim Vito. "The music wasn't the kind that I like to dance to, but overall I had a great time!" The choice of music for dances often brings conflicts. Bridget Gast remarked, "I like a band better than D.J.'s. Even if a band doesn't always play what everyone likes, I think they add a lot of fun to the dances." For those who attended the dance, the excitement of dressing up and dancing among friends made it fun.



Doe Rosano and **Corey Carter** reveal true class on the dance floor.

Brian McDonald and date wait patiently for the music to start again.

People can't believe some of the pictures that were taken in the past.

Matt Bentley, Steve Scates, Chris Eakman, and **Brad Stodghill** debut their version of "Luie, Luie" at the dance.

Peggy Bordeux, her date, **John Bonnette,** and **Tawnee Knudsen** struggle to get flowers on at the last minute.

HOMECOMING COURT 1986

Freshmen Mike Pedrotti and Jodi Rosano, Seniors Jon Kidwell and Holly Thomas, Seniors Danny Millard and Shelly Monahan, Seniors Dave Meyers and Kristen Rangel, Juniors Greg Warden and Porsche Melendez, Sophomores Mike Beam and Chareese Bedke. Not pictured: Seniors Kenny Battle and Sheila Kube.

Queen and King **Kristen Rangel** and **Dave Meyers.**

The Court Sparkles

By Tami Watkins

"I was so surprised!" exclaimed Shelly Monahan when hearing she was a Senior Homecoming Princess for a third year in a row. She, like others in the Court, was in total awe with the honor. As Kenny Battle said, "I was stoaked; it was a complete honor for me to be nominated and to even be recognized by my peers."

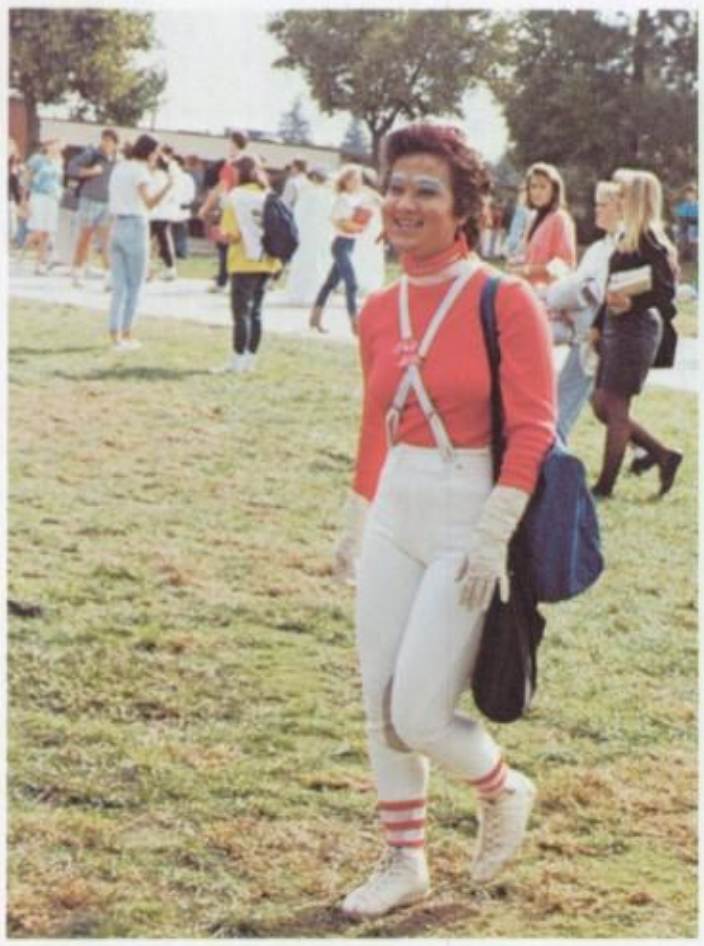
The Homecoming Court has long been a tradition of ceremony and recognition and for Queen Kristen Rangel it proved to be a total shock. "I was really jazzed. I never thought I could have won Homecoming Queen, and having Dave win King was wonderful, too!" recalled Kristen. For all fourteen members of the Court, it was a real privilege to be selected by their classmates. Freshmen Princess Jodi Rosano replied, "I'll never forget this occasion and it was neat to know my class nominated me."

King Dave Meyers mostly expressed his gratitude to his parents for the honor. He said, "I'd like to thank my parents for giving me life so I could be King." This year's Homecoming Court was a very special one for they were the first "Home" Court since 1978. With all the festivities on October 12, the crowning of the King and Queen was a exciting moment for everyone. Tina Darby concluded, "Everyone was so overwhelmed, I couldn't help but be happy."

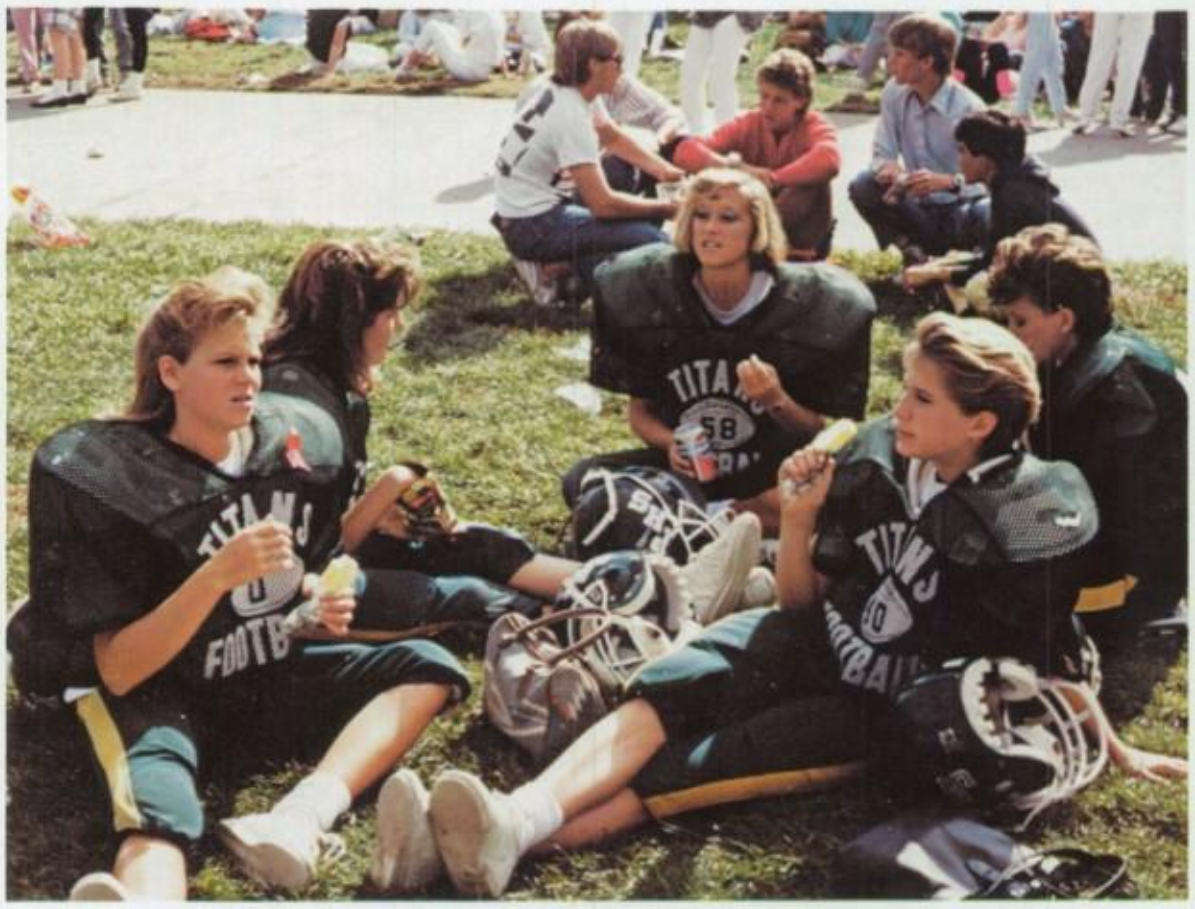
HALLOWEEN

Jennifer Lukenbill and **Heather McLeod** strut down the stairs with confidence.

Sara Massingil escaped the OOMPA-LOOMPA commune to come to PHS.



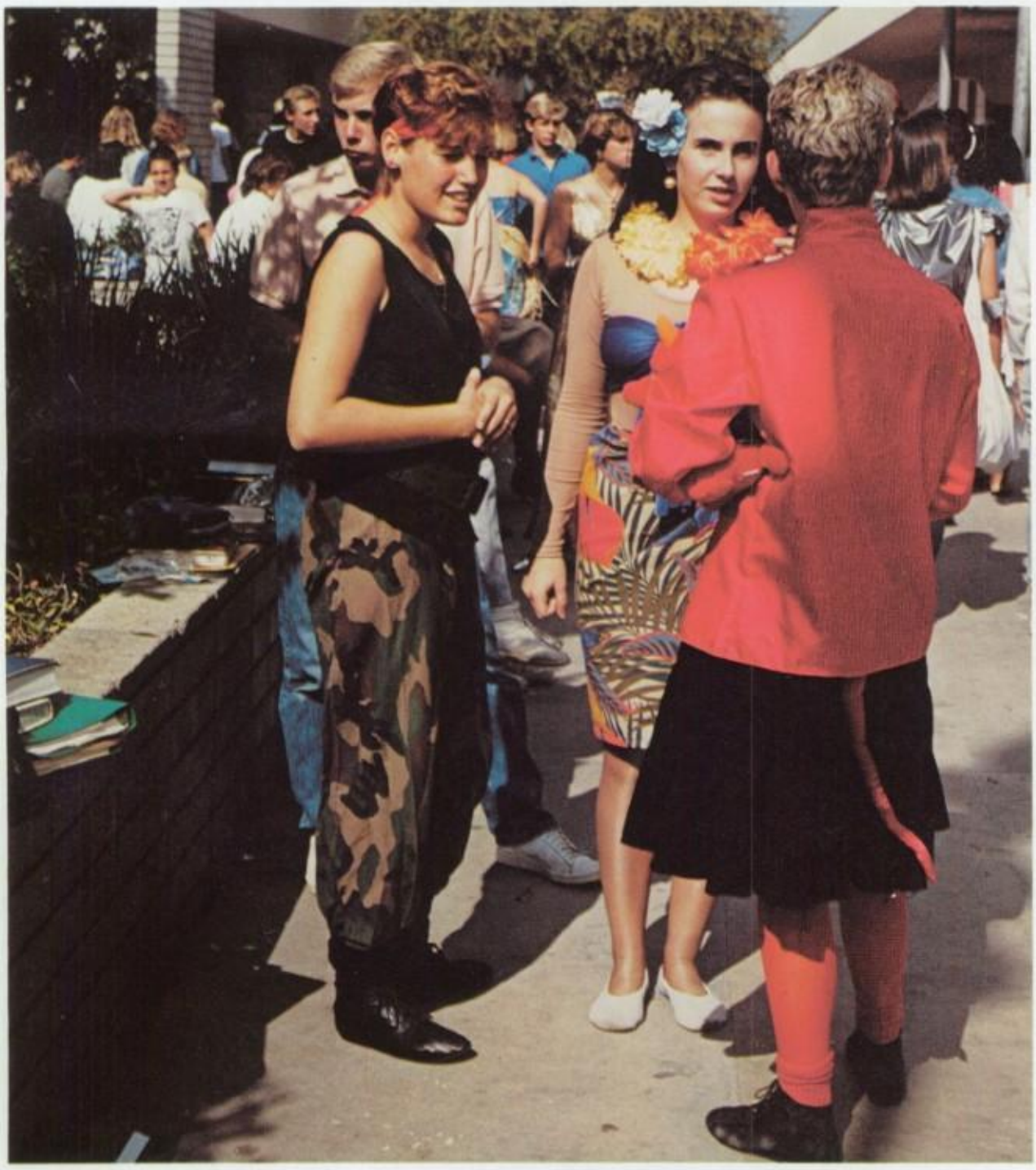
Matt Golden takes **Jared Hamilton** back to the Nut Farm with help from **Erica Maienschein.**



The J.V. cheerleaders look so buff in their F.B. uniforms that they scare off potential lunch sharers.

Lisa Calhoun expresses her devilish personality.

Masked from head to toe is the way-to-go when making a scene on the quad.



Julie Hummel, Kristin McCarthy, and **Dana Crouch** discuss their plans for trick-or-treat.

True Personalities Shine Through

By Jenny Selser

Witches, goblins, and cats are typical Halloween characters but not here at Poway High! Instead, crayons, devils, flappers, and pirates roamed the halls. Occasionally, Ronald Reagan or The Masters of the Universe could be seen protecting our sacred campus. This year's spirit towards Halloween was better than in the past due in part to the well-publicized costume contest as well as certain clubs emphasizing the fun of dressing up. There was a lunchtime pep rally during which the cheerleaders began an upbeat dance routine, wearing silver garbage bags. Then the ASB invited anyone who had the nerve, to come on stage, the chance to "strut their stuff", and in front of the entire on-looking student body. Prizes consisting of record gift certificates were awarded to the winners: Jared Hamilton (mental institution escapee) for most original, Glenn Capitanio (crater-faced swamp thing) for scariest, and Norman Weiss (lizard man) took best all around. For those who participated, Halloween '86 was one to be remembered. "It was great! Students showed that nobody is ever too old for Halloween!" exclaimed Danielle Davidian.

LUNCHTIME

Erin Kane and **Christie Thibeault** gossip at lunch.

Cheri Boyer talks and eats at the same time.

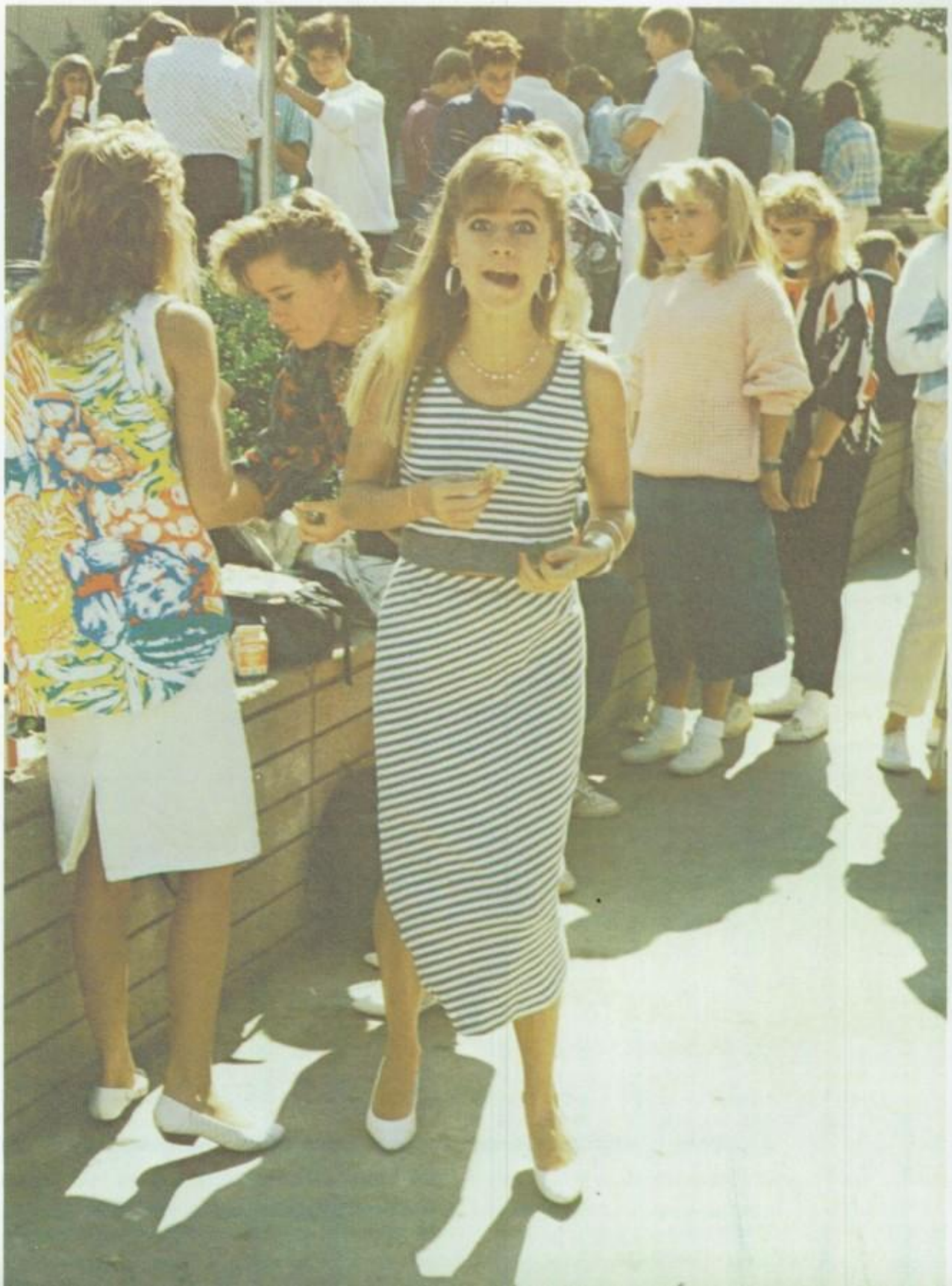
Starving for Time

By Tami Watkins

"I'm starved! My stomach is growling. When is this class over?" Many times hungry Titans cannot wait for the bell to ring to mark the beginning of lunch. For many it is the end of the day also.

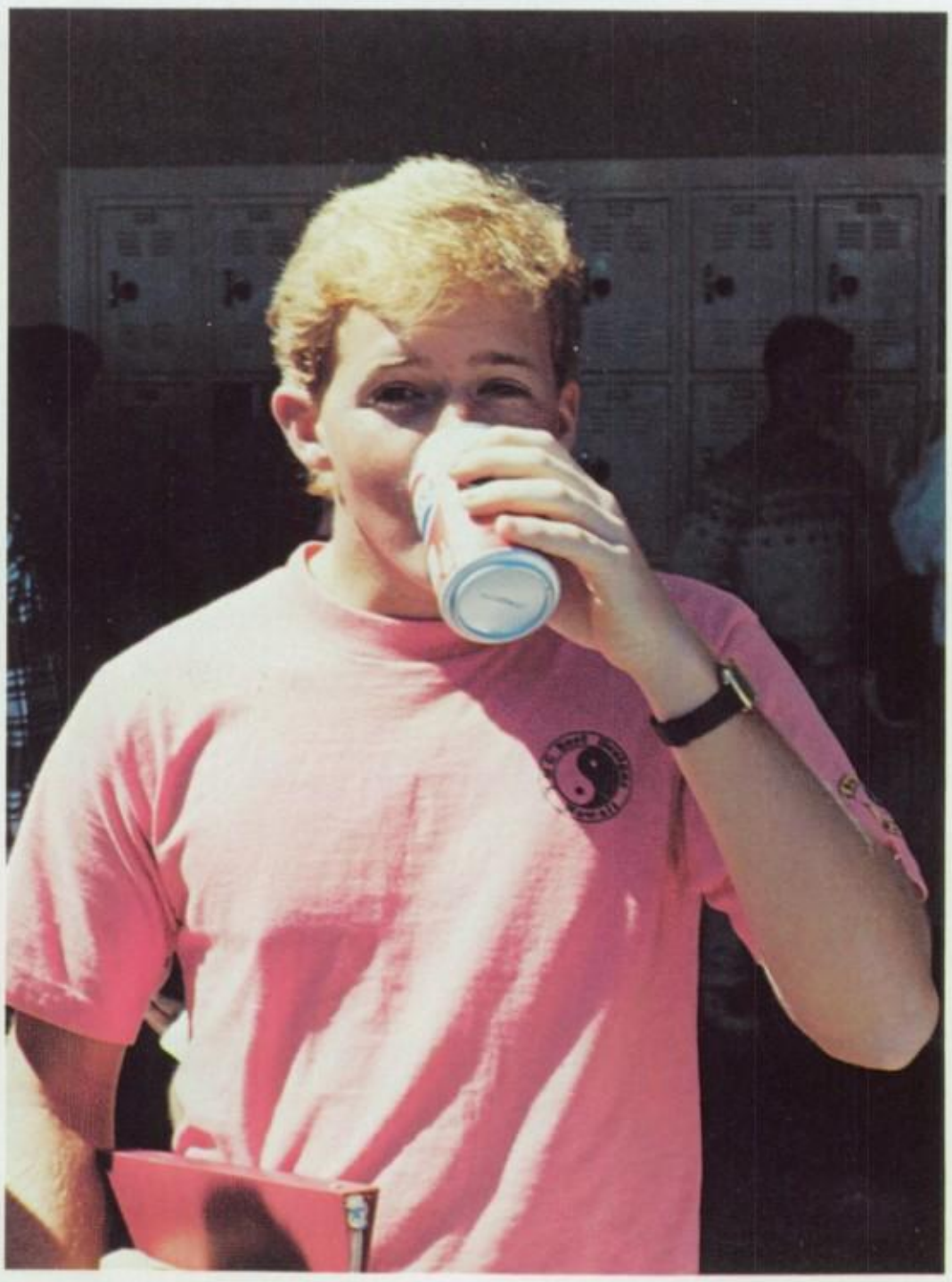
"Lunch has become so crowded, you can't walk the halls without spilling your soft drink down the front of you," replied an annoyed student. On the other hand, if you can wait ten minutes for lunch you may be able to catch your breath and sit down on the grass, socialize with friends or find time to study. As Mike McGowan noticed, "Hey, what's the use wasting lunch when you can talk with your friends for thirty-five minutes and scam on girls at the same time." Now, for the more time-efficient person, you may find yourself hurrying for a cubicle in the library, a chair in the Titan Center or even a shady spot on the quad in order to relax and listen to the music provided by the A.S.B.

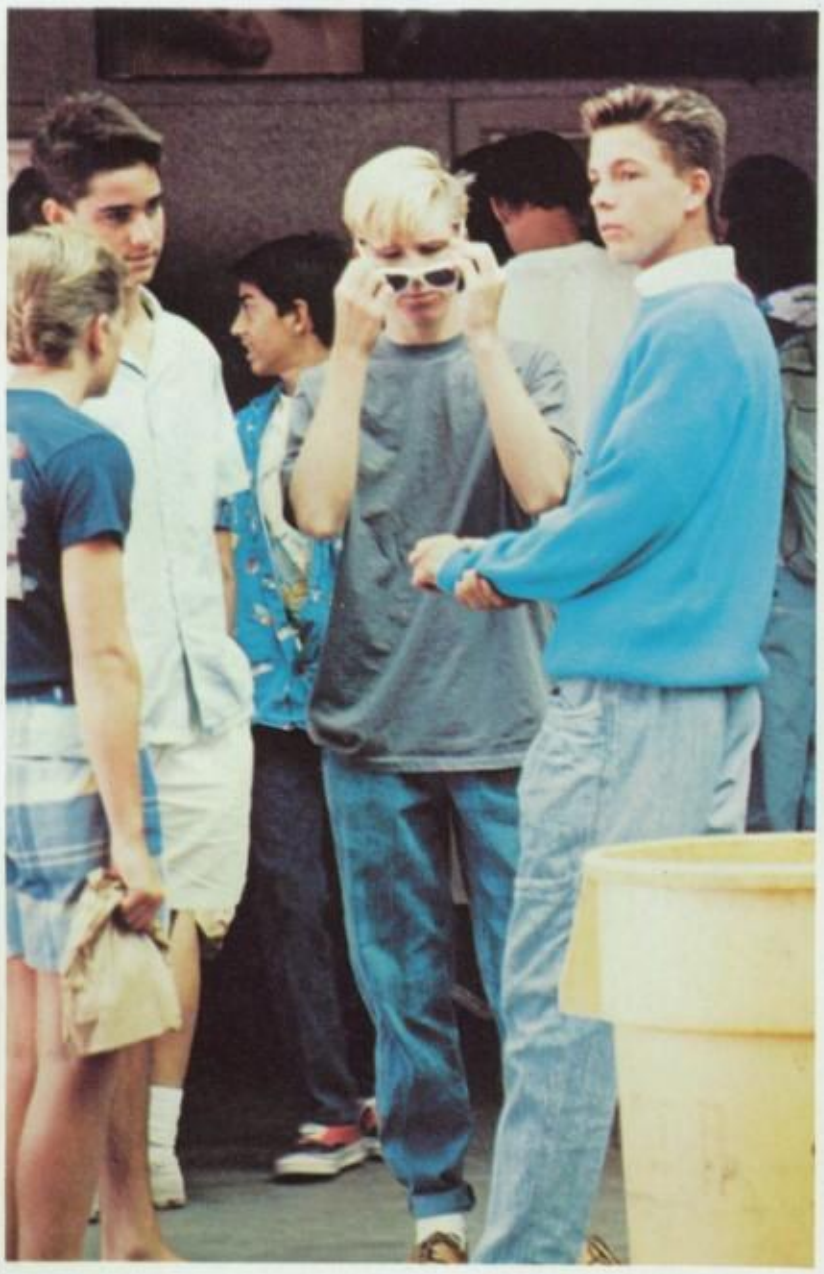
"I think we should have music everyday, it makes lunch a lot more fun and sets me in a good mood for my following classes," complained Doug Potter. Lunch was the time of day where students could express themselves and take a break from the action.



A scrumptious look at PHS trash.

Andrew Smith drinks to the new generation.





Sean Pinnell and buds scope out the busy lunchroom.

"What exactly is in **Shelly Monahan's** sandwich?"

John Steffens tunes out friends, **Travis Higgins** and **Jerry Ashworth.**

SPIRIT

Kristen Rangel gets the crowd "psyched" for the pep rally.

Kevin Malloy gives his toss for the victory.

Pep Rallies Prevail

By Tami Watkins

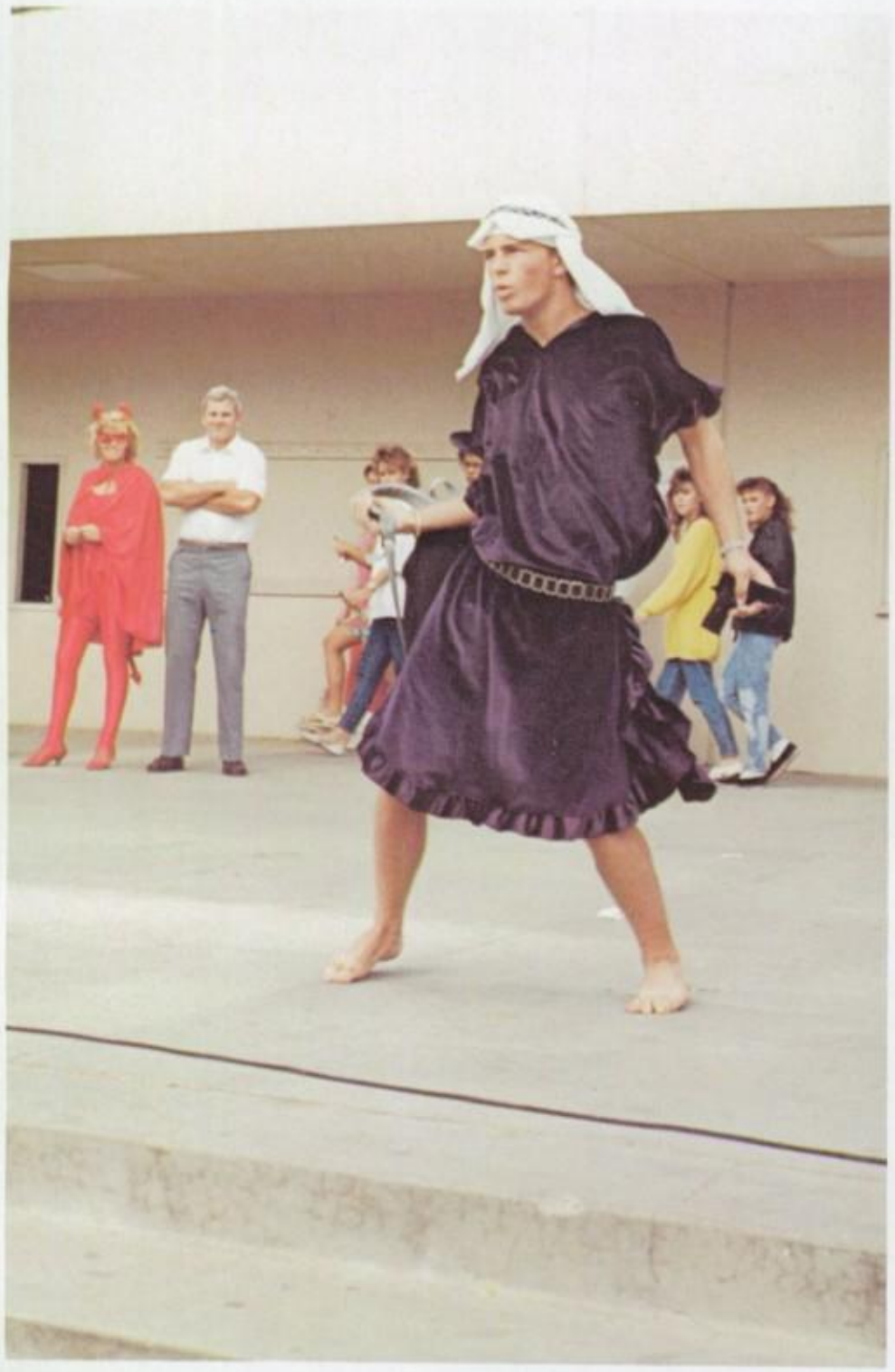
"Gawd! We have the most unspirited school," was one complaint from a "concerned" student during the reading of the ASB suggestion box. There were a number of different pep rallies hosted on the quad as well as the gym throughout the year. The typical rally consisted of a cheer or dance by the cheerleaders followed by a contest, class yell or athletic presentation. Then, after the initial pep rally, music was played.

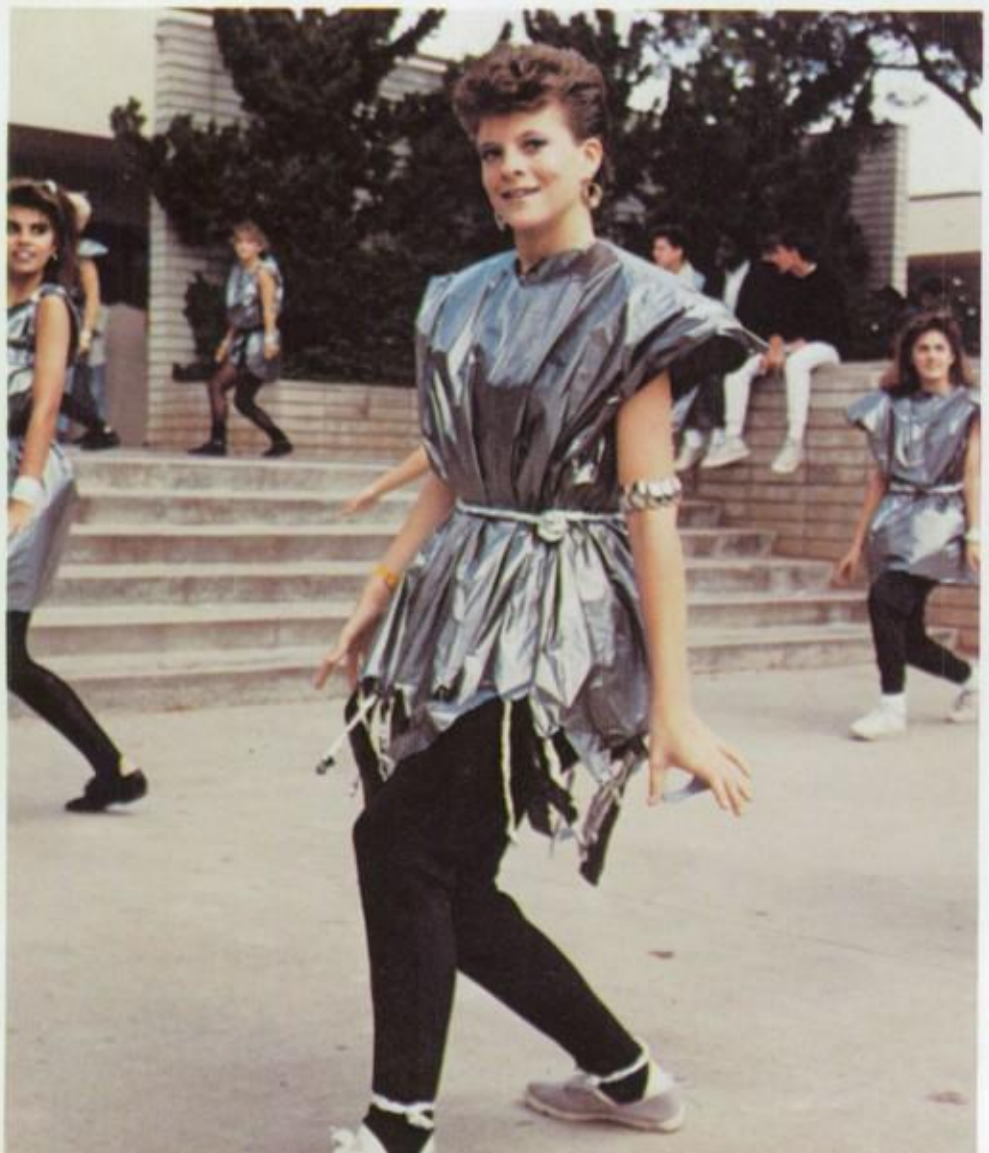
The one pep rally that stood out from the rest was the "Level The Mount" performance. A well-rehearsed skit featuring Dr. Devil and Sam Titan was performed during this Titan-time assembly. The story of "The Devil Dozer" promoted school spirit by convincing Titans that their administrators, cheerleaders, and a little old lady from Rancho Bernardo were being swept into the jaws of the Dozer, which was controlled by the Mt. Carmal favorite, Dr. Devil. Doug Grabenhofer felt, "It was really radical!"

Throughout the year the ASB did their best to promote spirit and give the student body a chance to participate in the activities. Brady Hamilton stated, "The pep rallies are a good idea, but if there are none, people get mad, and if there are some, people complain about how bad they are."

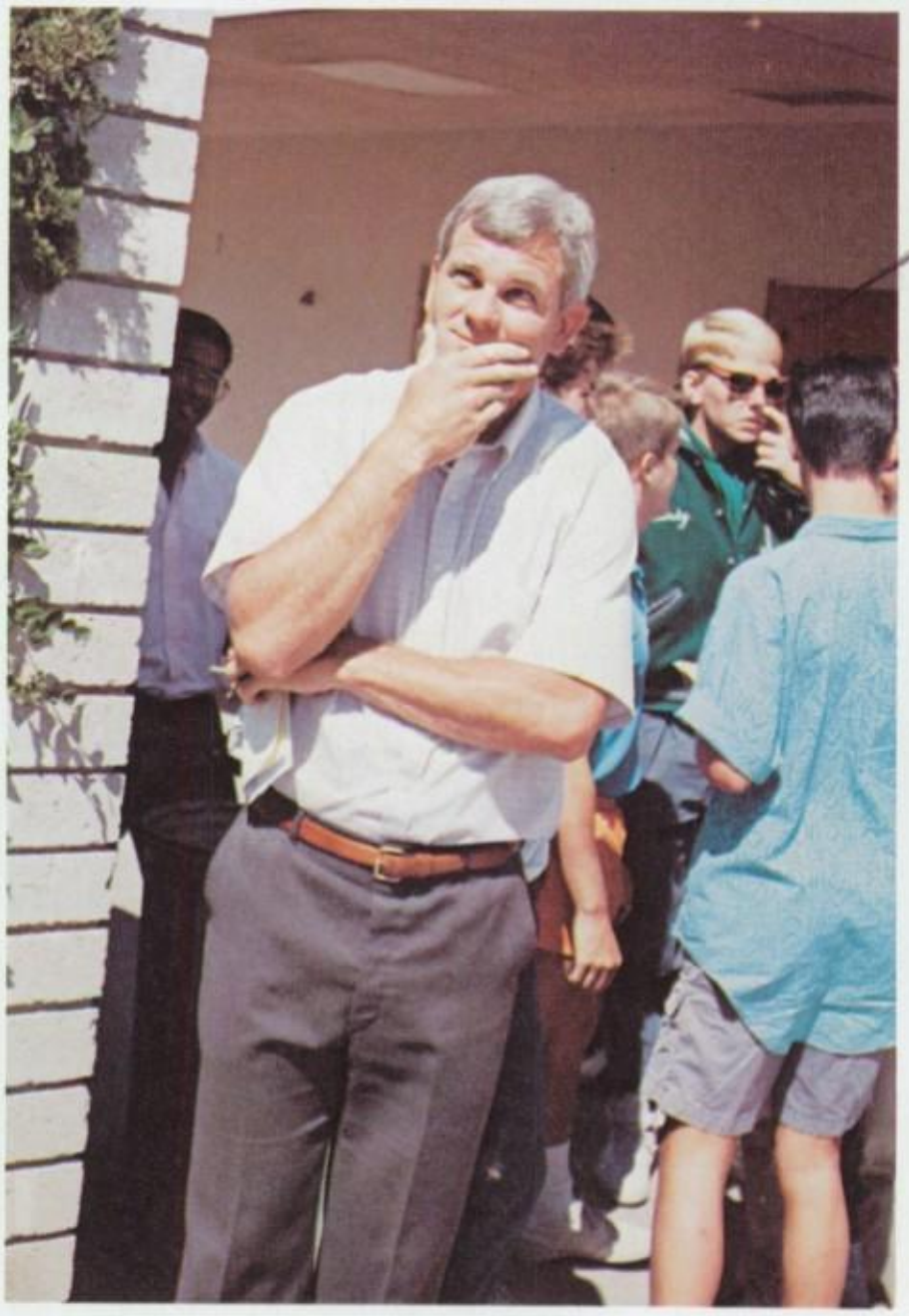
Dr. Devil (alias **Mr. Toretto**), and his Dozer, is munched by PHS Varsity football players.

Mike Heap, as Omar Khadafi, gives the crowd a laugh.





June Gregory takes frosh orientation in stride.



Young Mr. Schoake

Mr. Deavers asks of the world, "Give me a clue."

Wednesday Moore giggles in excitement over the trash bag she gets to wear.

POLITICAL FAIRE

Richard Haggarty and **Ben Shipley** visit the numerous tables on the quad.

Kristy Ritticher picks up some notes on Democratic party.

A visitor to the faire speaks to students about the harm of the draft.

Sophomore girls, **Chareese Bedke** and **Lysha Younker** ponder over the controversial Right to Life display.

Pete Thompson, Philip Bairley, Julie Gillespie, and **John Ashwoth** listen intently to a candidate's speech.

Sara Grolusky and **Kelli Douglas** do a great job as liason members for a peace promotion table.

Debates and Making Decisions

By Jenny Selser

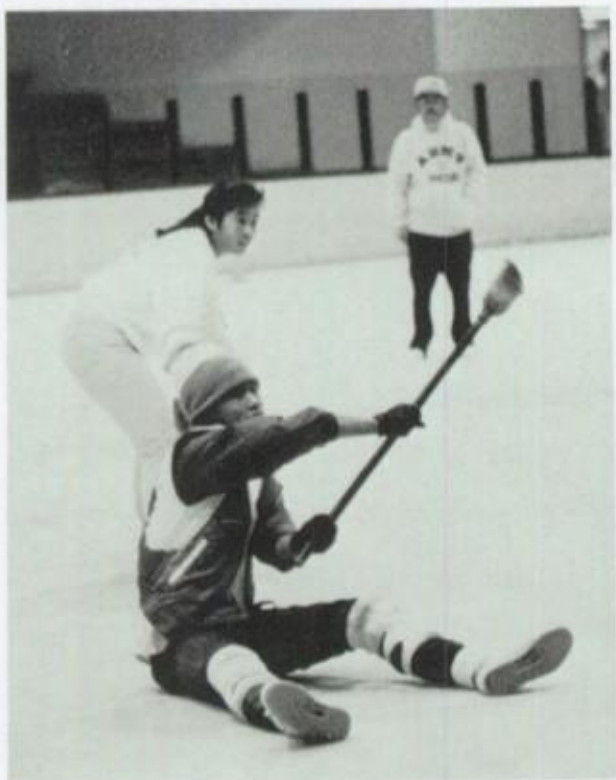
James Fitzpatrick looks at the debates with satisfaction.

"Political what?" asked an interested student. This seemed to be a question asked by many before October 28, the date of the political faire held every other year. The senior civics and economics classes carefully planned and organized the faire. Such organizations as Right to Life, League of Women Voters, Planned Parenthood, and the Sheriff's Department displayed their services and expressed their opinions. Representatives from the Young Democrats, Teenage Republicans as well as liberal and Independent candidates came to gain favor for their causes. "I thought the faire was pretty interesting," remarked Kim Chesterfield. Political propaganda was available for the public to view in the quad area.

The debates attracted the most varied crowd at PHS during the faire. Shah Cheema stated, "The debates were very informative and successfully portrayed the views of candidates."

The overall turnout for the sixth political faire was good. The community as well as the students involved put in their best effort. James Fitzpatrick commented, "I thought it was a great success. The students learned a lot about the entire political process."

BROOM HOCKEY



Ricky Kim demonstrates the "kayak swing" a new move in broom hockey that gained popularity this year.

Members of the Class of '87 show their enthusiasm on the ice at U.T.C.

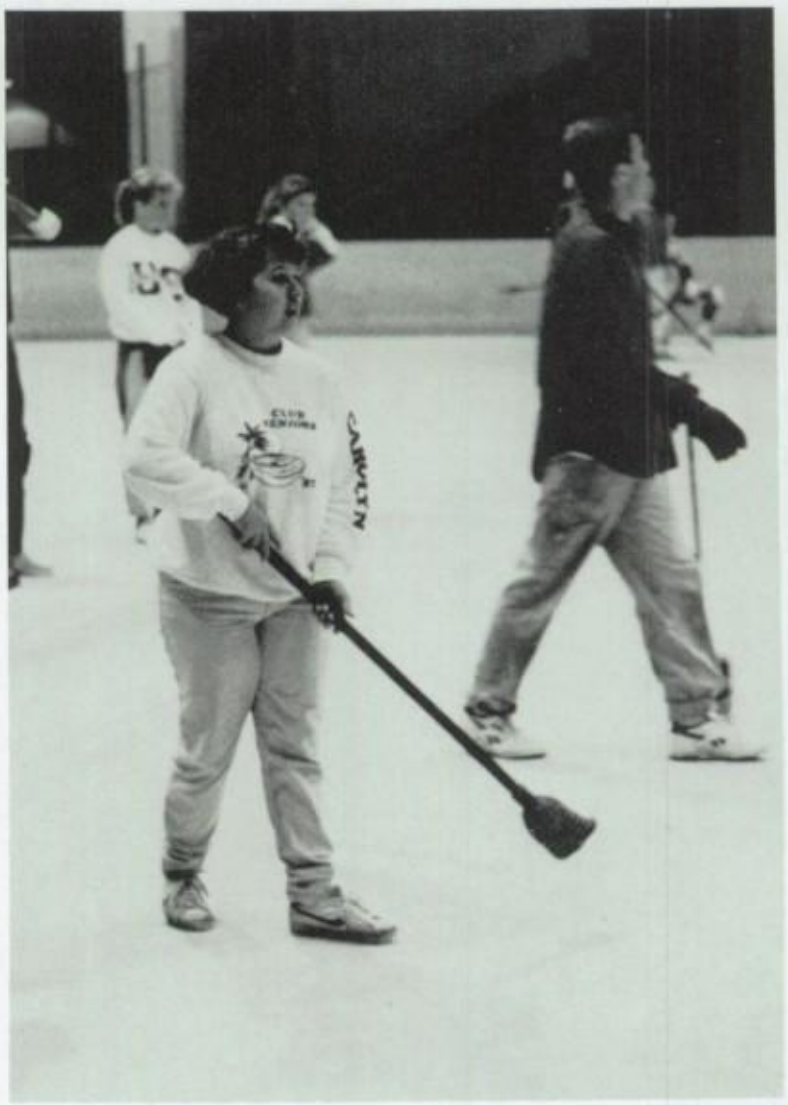
Breaking the Ice

by Tami Watkins

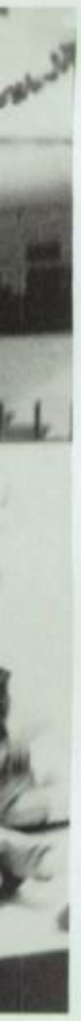
"Ouch! Watch out for the shins!" screamed one senior broom hockey player who forgot his shin guards. A few choice Saturday nights at University Towne Center Ice Chalet, the Class of '87 met to play broom hockey. Roger Love commented, "It was fun! I wish we could have used the entire rink and had two big teams. The best part of the night was when I scored the winning goal in the final game."

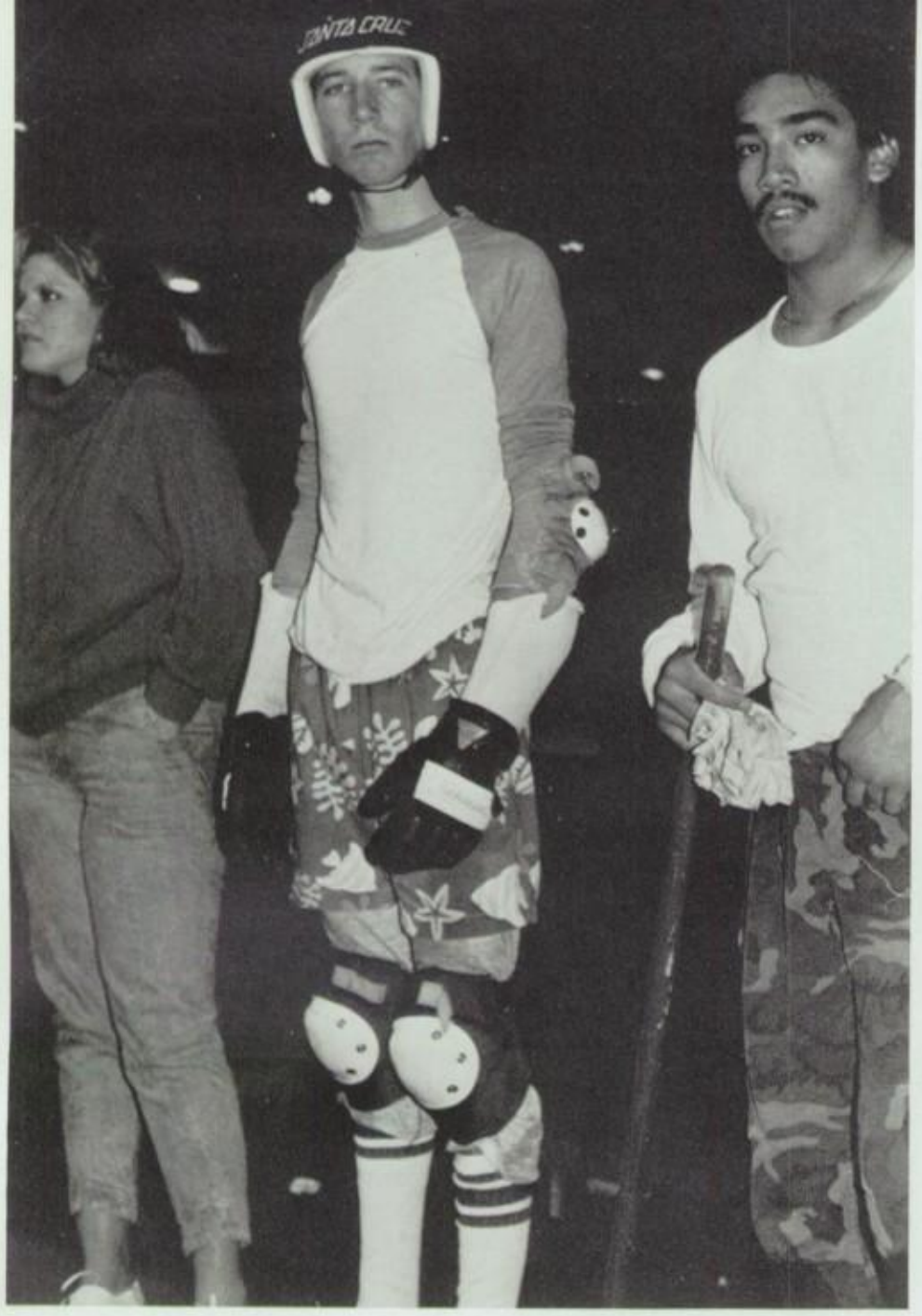
However, winning wasn't everything, survival was the name of the game. There were few injuries, from bruised bones to bloody noses. Tami Marko recalled, "My mom told me to wear a face mask. Though I hurt my nose, at least I didn't break it. It was all worth it — I had a blast!" Then, there were those that enjoyed the physical part of the event and got into playing hockey, and not just standing around doing nothing. Steve Toumi said, "A brutal, awesome, physical and exhilarating game of broom hockey sure made my weekend."

No matter what happened at the broom hockey games, it was clean, pure fun of getting to know fellow classmates. Broom hockey was a social "icebreaker" for new seniors and old alike. The seniors kept in mind that "Leisure Rules" and as Ray Granados stated, "I sure had a great time. It's a senior memory I'll never forget."



Shahjehan Cheema and **Carolyn Salazar** watch a goal in progress.





Dressed in appropriate attire, **Mike Rodr** takes a quick break.

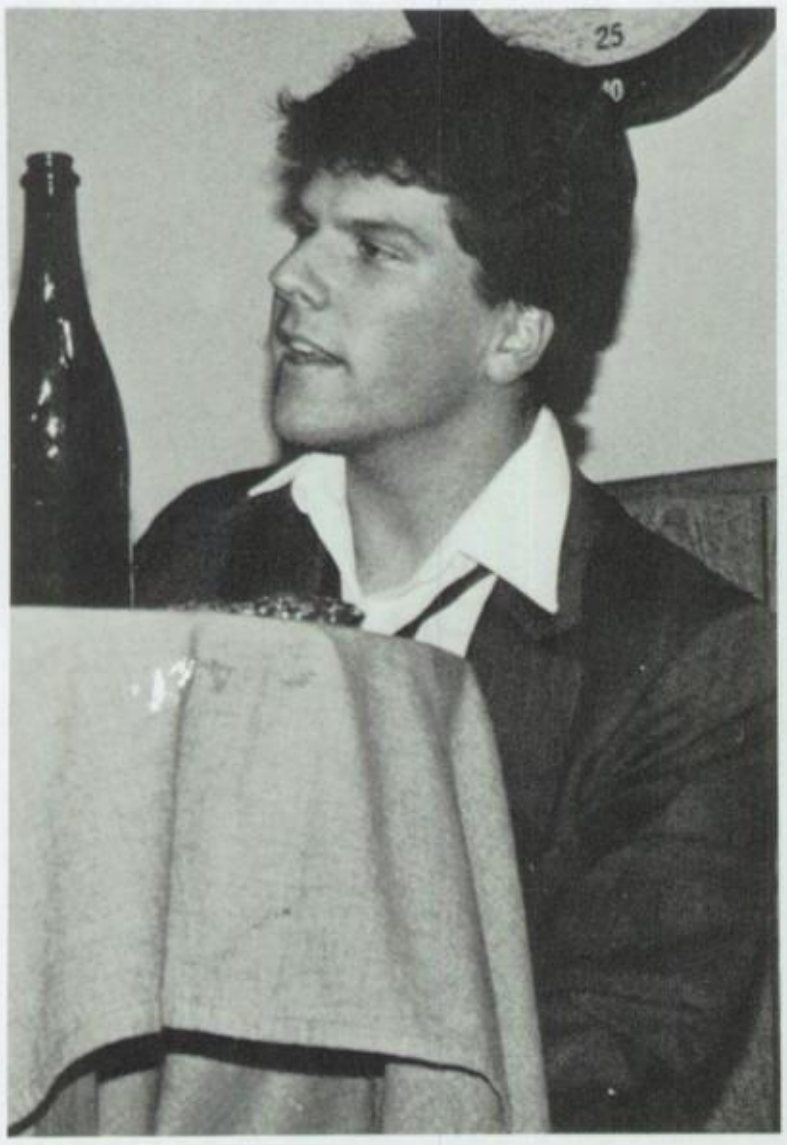
Dan Millard flashes his beautiful war paint at the camera.

King of Ice, **Eric Jaeger** tells the boys all about his death-defying feats on the ice.

Debi DeVore, Eric Jaeger, and **Doug Potter** await the oncoming ball with the rest of the team.

THEATRE

Steve Gouveia has a prospective "pick-up" on his mind.



Chris Eakman can't believe the story he's been told!

Sheryl Roccoforte doesn't mind being picked up by a cute sailor like **Jay Gregory.**

"You draw at ten paces," hollers **Jeff Slattery** to the bad guy.

Mike Heap, dressed in mad plaid, does the shuffle kick with rhythm.

"Hip Hip Hooray!" exclaims the cast after a successful show. "Now we're ready for Up With People."

A Time To Play

By Jenny Selser

"All right, places everybody!" Beyond the curtain nervous actors waited for the opening of **The Time of Your Life.** As the first play of the 1986-1987 school year was being planned, many devoted fans stood by with anticipation for another one of PHS Drama department's fine productions. Carrie Strom stated, "With the last-minute rush, I thought the play wouldn't come together, but from the beginning to end it had great atmosphere. Everybody was splendid, you could tell they worked hard at rehearsals. I left with a great feeling!"

Set in a bar in 1939, **The Time of Your Life** portrayed the interaction of many different characters and their distinct personalities. "The show was really fun. It all came together in the last week of rehearsals, and it turned out to be a great production," Chris Eakman commented. With strenuous rehearsals, dedicated set designers, light technicians, and all of the other people involved, **The Time of Your Life** was a play that the Drama department could be very proud of. With this thought in mind the students at PHS who haven't had the opportunity to participate in the Drama department or see one of its fine plays produced will be educated about one of the most entertaining aspects of Poway High if ever given the chance. Nazi Khadem summed it all up when she said, "The last night of the play was really disappointing. I wish that I had started acting in an earlier year of my high school career. This production was the neatest thing I have ever done at Poway High."

Lori Marcum tells her life story to the man beside her.

AIRBAND

An Unveiling Flair

by Tami Watkins

Practically eating the microphone, emcee Karen Kay announced the 1987 Airband winners, "Third place ... The Bangles, Second place ... The BeeGee's, and First place ... The Untouchable's!" Thundering screams shook the gym walls and the house lights flickered on. Due to much time and effort all the participants made it through another exciting Airband competition.

"I can't believe it!" exclaimed Bangle, Sheila Black on hearing the results. "The night before was a feat in itself and now making it this far was great." Poway High continued the idea of having the night time performance the night before the day assembly. This year's event was emceed by Rick Rockwell from "San Diego at Large", and was judged by a panel of local personalities. Twelve bands competed for the top six spots in order to perform in front of the school. Go Go, Jennifer Meadows said, "We just want to be able to perform in front of the student body." All twelve of the bands were terrific and the judges had a difficult time deciding. "Every band on the stage was superb and should be commended on all the talent each group exemplified," complimented one judge.

Congratulations to all the participants! Finalists: The Chesterfield's, Sonny & Cher, Stevie Wonder, Bangles, The BeeGee's, and The Untouchables. Also, honorable mentions to: Young Rascals, LL Cool J, Bruno and the Heaters, The Beach Boys, The Go Go's and Marvin Gaye.

Cher towers over **Sonny** while on their knees and head over heels in the song "I've Got You Babe".

The Chesterfield's in motion.

Flaming **Rick Rockwell** cools down the crowd.

Bangle, Dominique Rosano whistles and walks like an Egyptian.

The Untouchables, Jared and Brady Hamilton, prove to be in fact wild children.

Stevie Wonder, also known as Harlan Carroll stuns the crowd with his looks.

The BeeGee's get down and strut their stuff and sweat it out during "Saturday Night Fever".

WINTER BALL

Chris Matthews, Shane Rankin, Lara Richardson and *Sherry Deru* take a breather from exhaustive dancing to Cat Tracks.

Dancing in a Wonderland

by Tami Watkins

Their eyes met from across the quad and she smiled. He came towards her and stood tall, dark and handsome, then, she asked, "Uh . . . would you like to go to Winter Ball with me, Morris?" Morris gladly accepted and the date was set, December 12, 1986. Morris and Mindy were going to the P.H.S. gym to have a great time dancing, and socializing and celebrating the time of year.

Like Morris and Mindy, many students had a wonderful time at the dance. A junior, Ross Furukawa said, "The fun atmosphere set a good tone for the evening and the music was really good." Cat Tracks provided the popular swinging tunes most everybody likes. As well as music the decorations supported the theme well. For example, Jeff Miller recalled, "The gym looked really nice and I felt like I wasn't back at school for another theme dance." Senior Holly Thomas exclaimed, "It was more of an experience rather than just another dance, because of the time of year and being the only winter dance. Everything was perfect, the music and decorations, everything!" The sophomore class created a "Winter Wonderland" full of enchantment for all those who attended.

Removed from the crowd, *Brad Herzog* and *Jenny Deberry* enjoy a quiet moment together.

Lorna Rice and *Matt Willms*, alias the Penn's, try to hide from the paparazzi

Students and guests begin to congregate by the main entrance to the "Winter Wonderland" in the gym.

Neil Towne and *Gina Seversen* display their affection for the camera and each other.

Christy Cordrey and *Zach Burell* ponder, "I wish we could dance like them," referring to another couple.

SADIES

Helene Cygelman demonstrates for her date **Dennis Huff** the new chicken-fight dance.

The spirit of Club Caribbean shines through in **Heidi Merrill's** choice of costume.

Tanya Thrun, Julie Nelson, and **Steve Norlin** are all smiles after a great Sadies' dance.

Julie Dickinson insists that even though she thought it was an African Safari dance she and her friends still had a great time.

Jennifer Gordon takes advantage of a slow song to hold on tightly to that someone special.

Cruising Carib Style

By Jenny Selser

The Sadies' Club Caribbean dance put on by the seniors, class of '87, was a dance that everybody who attended seemed to enjoy. The band, **Borracho y Loco,** entertained the dance goers with Reggae music and a climatic "Limbo down!" contest. Brian Korgel stated, "I loved them because I like to dance to that kind of music, and I loved the atmosphere they created." **Borracho y Loco** made a great contribution to the theme of Club Caribbean with their exotic instruments and many enthusiastic members.

The decorations were noticeable from a first glance at the gym door. A Hobie Cat Catamaran was set outside the gym and two windsurfers' colorful sails inside, gave the usually dull gym a festive look. "The decorations put you in the mood for the dance. The boat was really neat!" stated Mike McGowan. Probably though the most noticeable decoration was that of our famous mascot, Tommy Titan. The usual proud and mighty Titan was "hangin' loose" on this occasion. Tommy was dressed in flowered baggies shorts, dark glasses, a "life's a beach" tee-shirt, and he had his faithful surfboard and ghetto blaster.

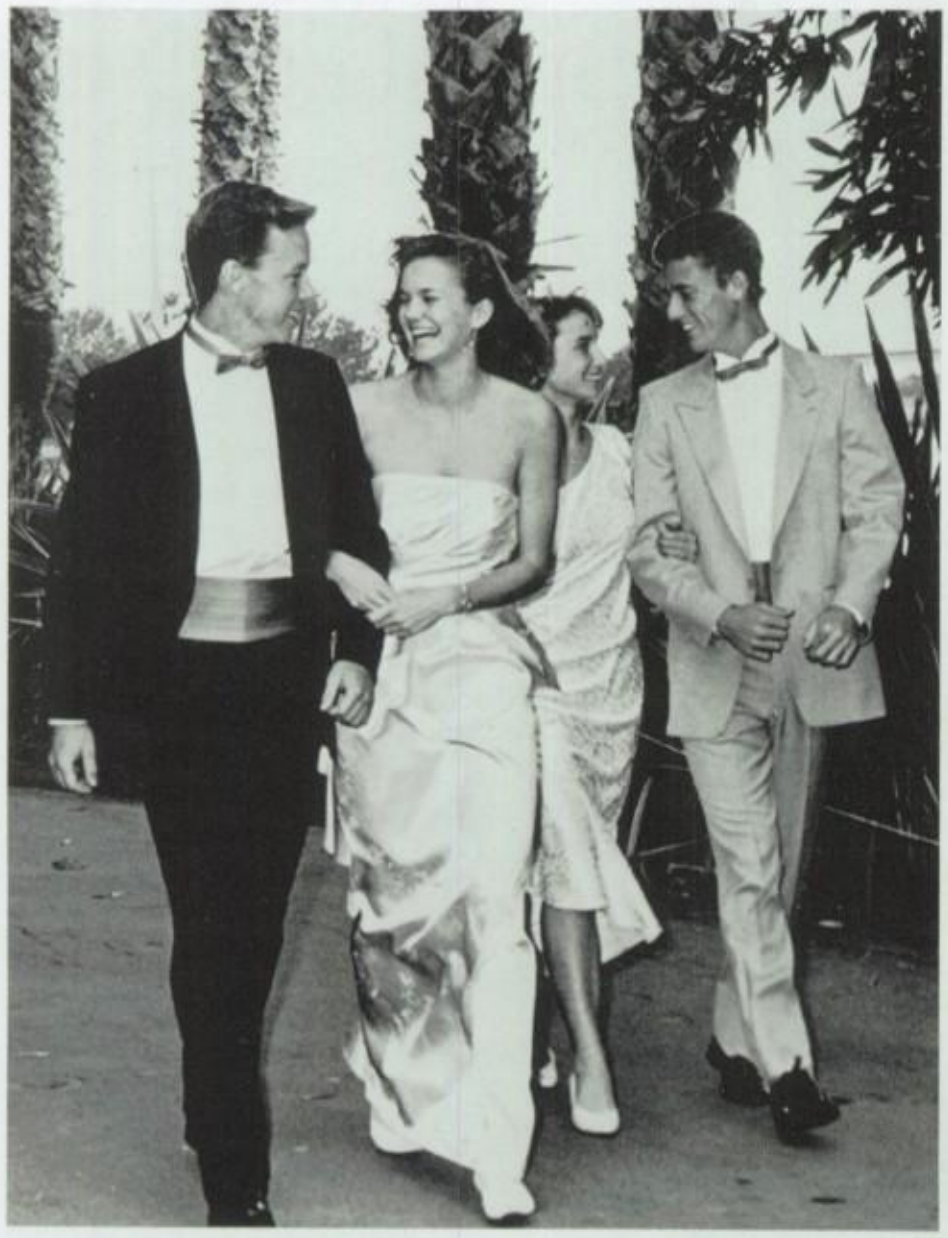
The seniors put together one of the most entertaining and well-planned theme dances in the Sadies' tradition. With the gym's outstanding decorations and a great band, the night was considered a huge success. "The dance was crazy, unique, and fun. I think everyone had a great time!" exclaimed Kris Rudzinski.

Karen Olson, Kim Ryle and their dates have no problem getting into the beat of Borracho y Loco.

Tommy Titan dresses up for the Sadies' Club Caribbean dance.

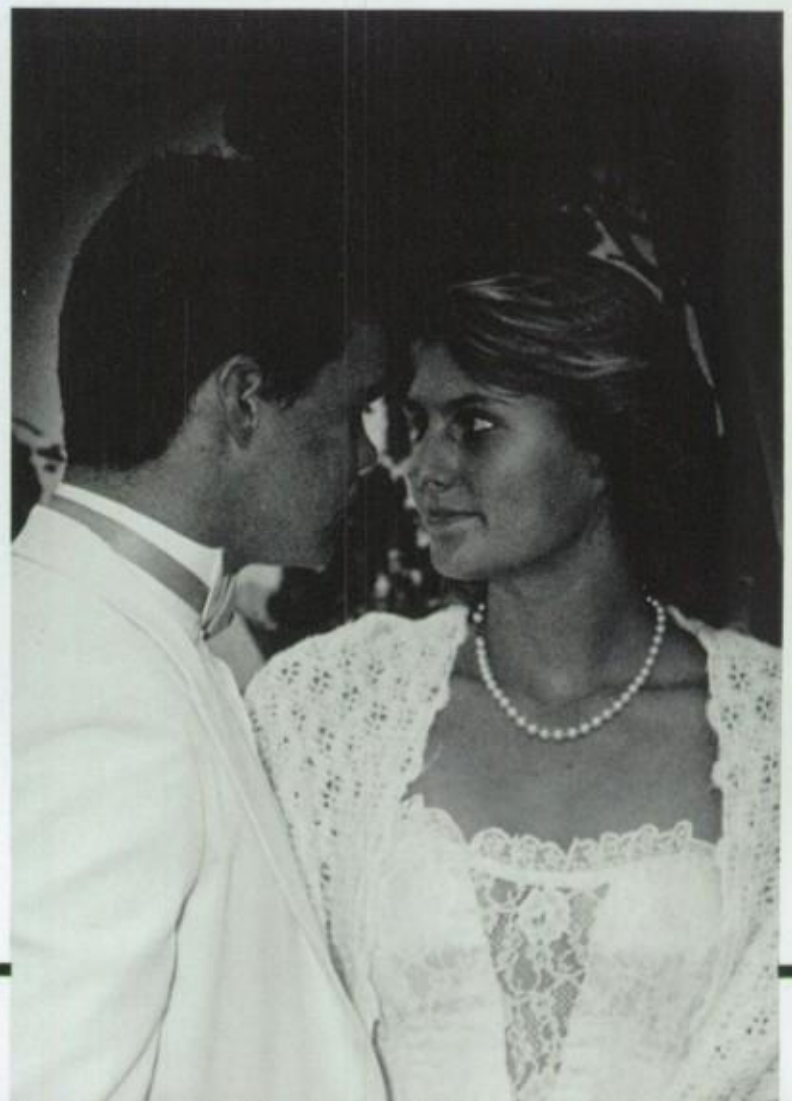
PROM

Dustin Seale, Sheila Kube, Julie Gillespie, and **John Ashworth** approach the dance after a great meal at Reubens.



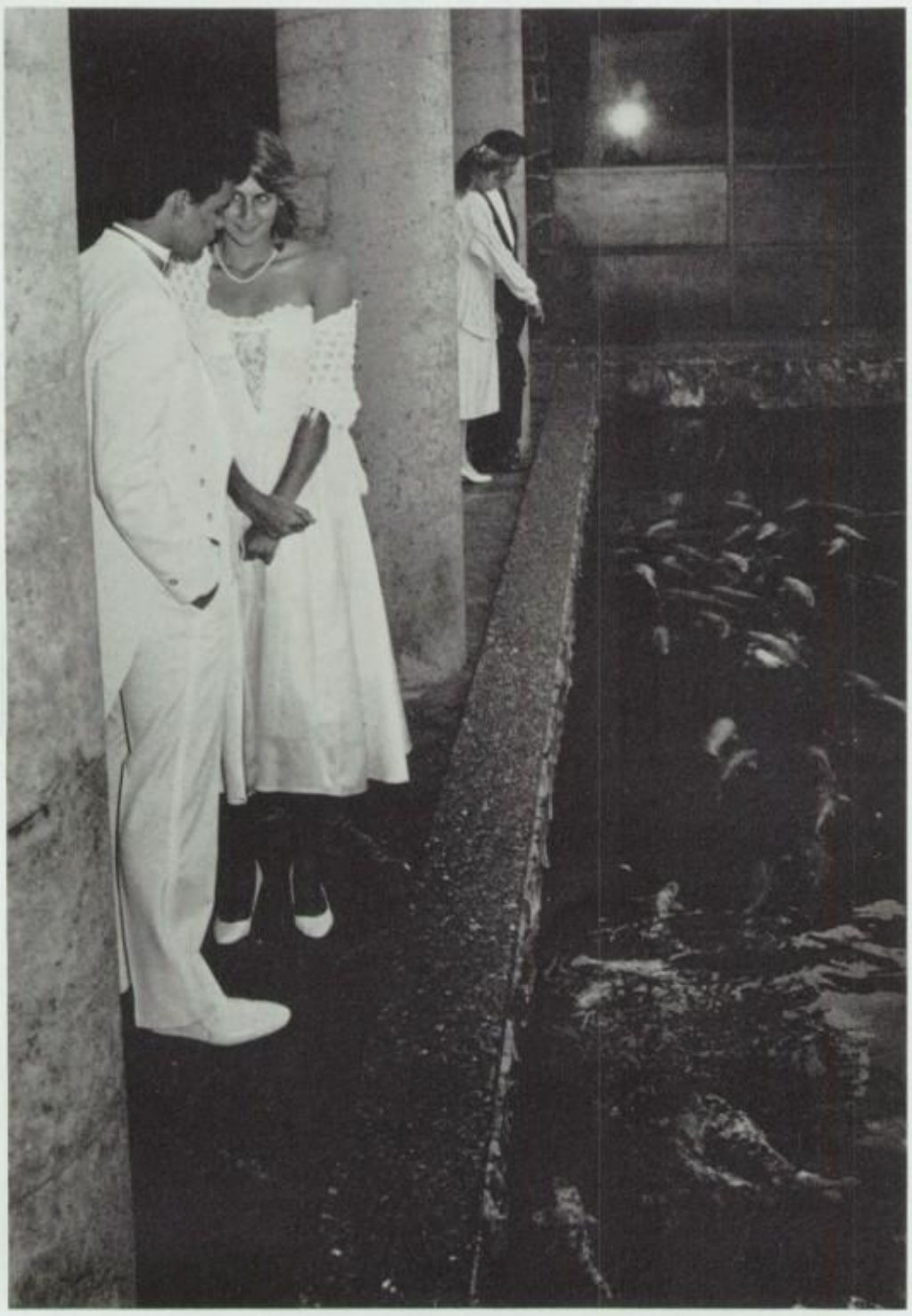
Mike Tomlinson and **Kim Bednar** take a moment to look at beautiful Mission Bay.

The perfect serenity of the evening is expressed by **Scott Anderson** and **April Tolson.**



Jeff Collins and **Hilary Quiseng** reflect upon their romantic evening.

Sea World's natural beauty made Prom '87 something special for all.



A Moon-Splashed Evening

By Jenny Selser

The class of 1988 continued the tradition of the Junior-Senior Prom this year with a new twist of flair. Unlike the locations of past proms, this year's was held at Sea World, Mission Bay in the new pavillion. Some skeptical prom-goers felt that this location was unusual. But upon hearing comments such as, "Hey, George, we can go feed Shamu if we don't like the band!" The junior class was determined to make Prom very successful. Bob Champion, junior class advisor, stated, "Sea World provided a fantastic blend of natural beauty that, along with student elegance, provided the basis of a night to remember."

The evening turned into one of sheer delight for many who attended. The pavillion, which was enclosed in glass, was decorated with candles on the tables and throughout the inside, giving the effect of a glowing environment. Tall Grecian columns with flower pots and green plants accented the romantic mood of the room. And an extravagant Swan ice sculpture that was placed by the hors d'ouvres was extra special. Mika Phinney commented, "Everybody seemed to really enjoy the Prom this year."

Boys in formal tuxedo attire and girls in their beautiful dresses danced to the music of **Cat Tracks,** a band popular with Poway High in the past. When the couples began to tire, the serene environment of Japanese gardens and well manicured grounds became an ideal place for a Moonlight Serenade, the theme of the Prom. Shelly Hayes, one of the Prom commissioners, stated, "I was really pleased how everything came together in making Prom 1987 a success."

A glass enclosed pavillion provides an unusual setting for the prom.

"Forget dancing! Let's go play in Cap'n Kids World," exclaims a happy couple.

Athletics

The Junior Varsity Cross Country team runs with confidence through the course at Kit Carson Park.

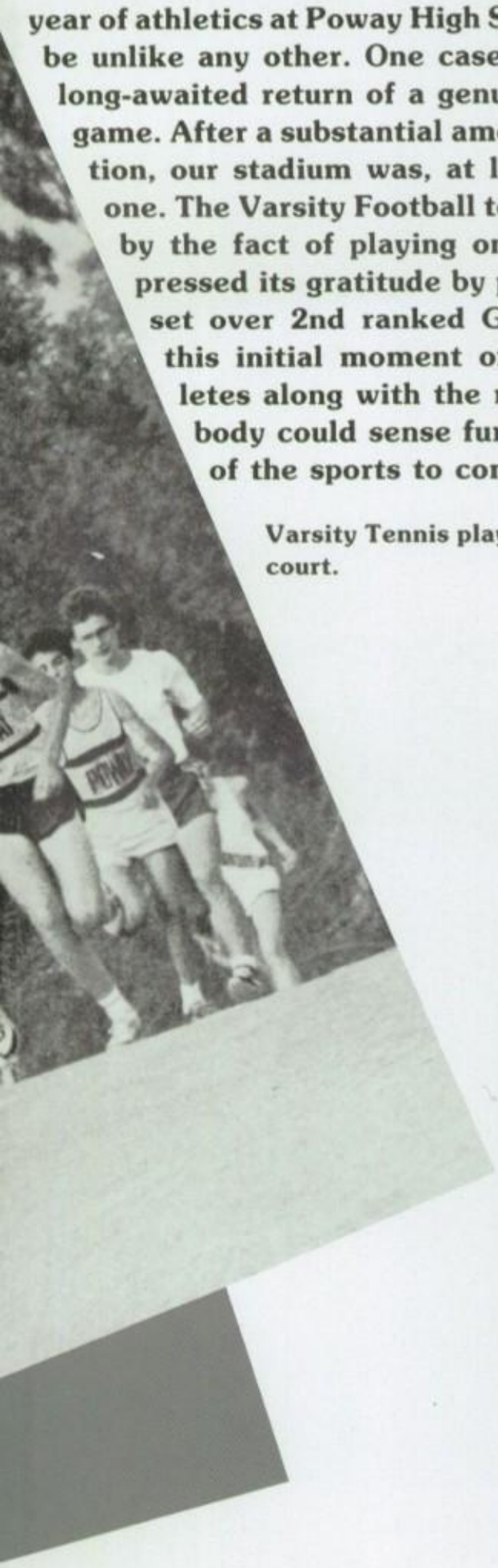
Back In Action!

Poway High School athletic teams returned to school anticipating another successful year of athletics. Junior David Delaney stated, "I'm fired up about hitting the courts again." Many of the 22 teams, including: basketball, football, cross country, volleyball, and waterpolo, began paving their roads to success over the summer. They had various workouts and practices in order to prepare themselves for the coming season.

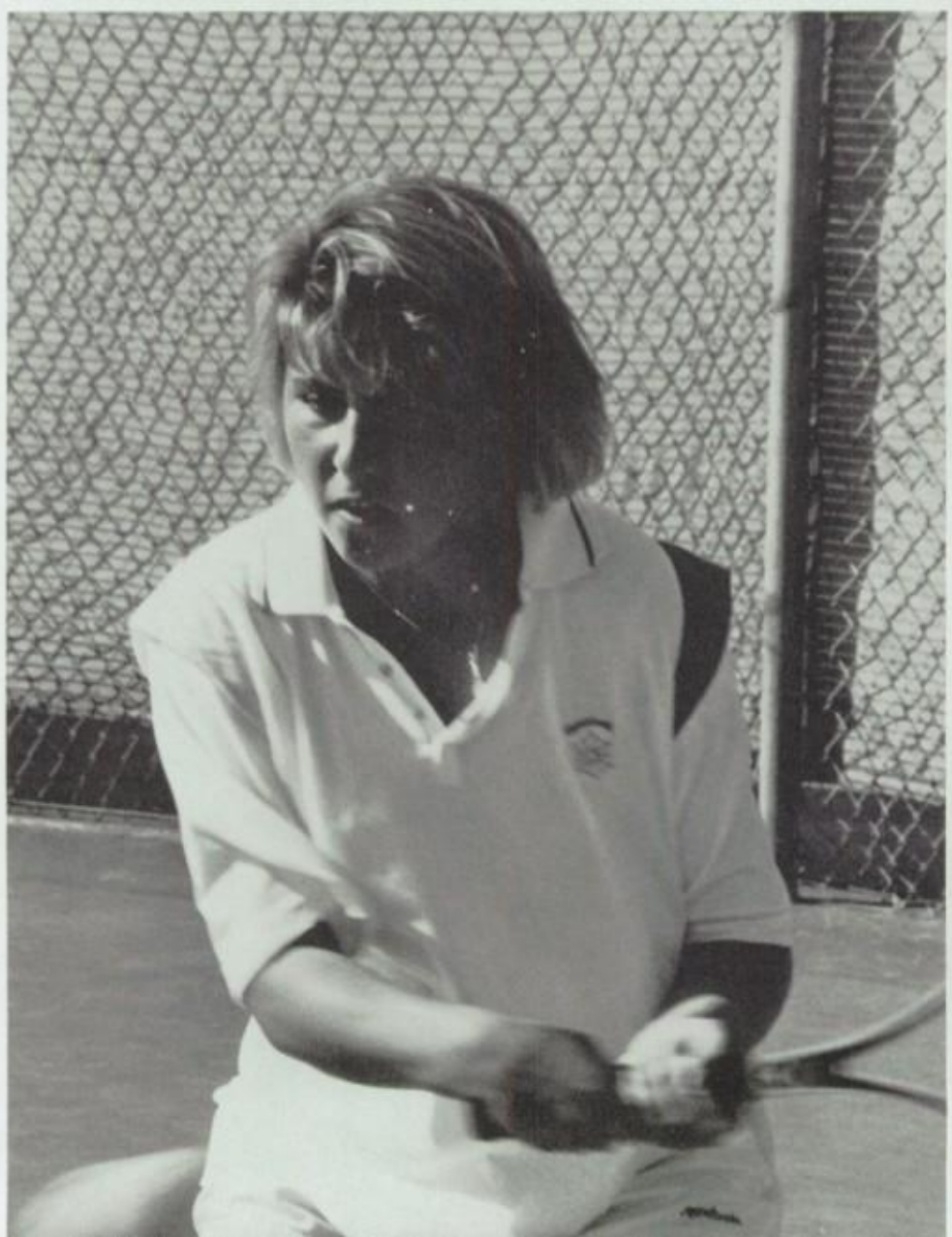
Several factors clearly foreshadowed that this year of athletics at Poway High School was going to be unlike any other. One case in point was, the long-awaited return of a genuine home football game. After a substantial amount of reconstruction, our stadium was, at last, ready to field one. The Varsity Football team, overwhelmed by the fact of playing on its own turf, expressed its gratitude by pulling a major upset over 2nd ranked Granite Hills. With this initial moment of glory, Titan athletes along with the rest of the student body could sense further success in all of the sports to come.

Participating in school sports proved to be extremely demanding for Poway athletes. "I have a hard time budgeting my time between sports and schoolwork because concentrating on both is difficult," commented Marco Mendoza. However, in their quest for achieving athletic superiority, Titan athletes were willing to make the commitment.

By dedicating themselves so deeply into their respective sports, teams hoped to match, if not go beyond, the accomplishments of last year. With several of our teams coming off very successful seasons, athletes looked forward to being even better. In addition, determination burned wild throughout all the teams. It was obvious that athletics at Poway High was on its way up. As a result of this strong will to win, team spirit was more evident than ever before. Pep rallies, team picinics on the quad, and other various jestures by teammates enhanced the performance of the teams. This enthusiasm, along with all the other aspects, proved that Poway High athletes were back!



Varsity Tennis player, Dominique Rosano, focuses all of her concentration on returning the ball across the court.



Cross Country

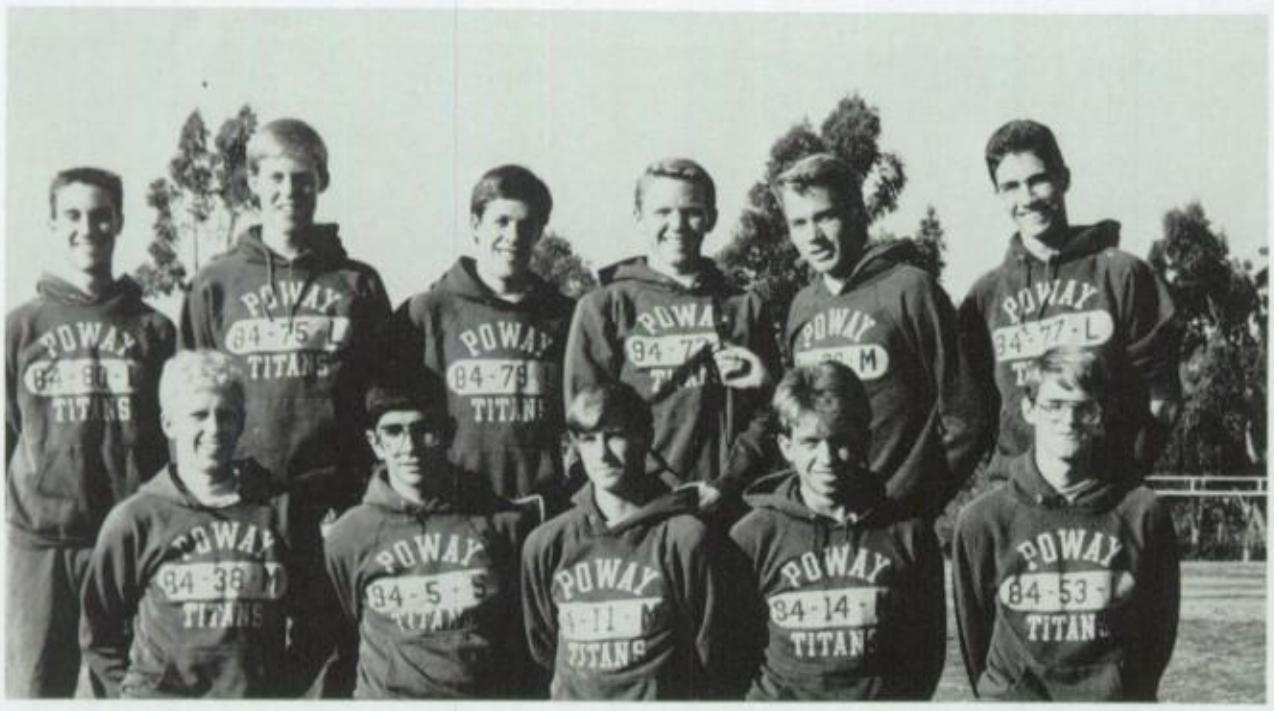
Striving To Be The Best

by Jon Jaro

"Finish strong! Let's go, finish strong!" This chant of support could be heard at many of this year's Varsity Cross Country meets. Members of the Boys Varsity team were constantly encouraging each other to give 100%. Kevin Malloy believed, "Everybody gets along so well that we can push each other without any dissension." This special ingredient, combined with hard work and talent rewarded the Titan men with another winning season. The Varsity team did well in league competition by finishing with a 4-2 record. They also posted impressive performances at several invitationals, including: 3rd place — Dana Hills Invitational, 5th place — Mt. Carmel Invitational, 2nd place — Southern California Invitational, and 4th place — Mt. San Antonio Invitational.

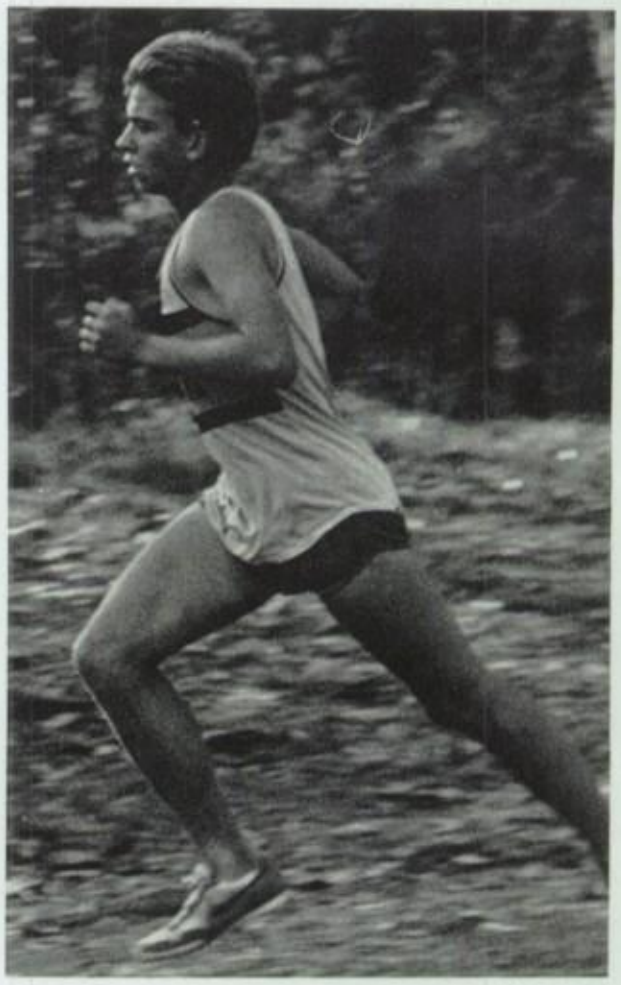
> "If you're not doing your best, you shouldn't be out there."
> **— Kevin Malloy**

Much of their success was due to a balanced amount of talent. Although the team lost a few good runners to graduation last year, the team retained much of its strength. Travis Higgins pointed out that, "We have plenty of talent, but we're still a close knit team. No one stands out." In addition to this talent came plenty of hard work. Summer programs and after-school workouts greatly strengthened the team's abilities. Bill Santos said, "Being around so many talented people makes you want to work a lot harder." Coaches Schaitel and Embrey played vital roles in making sure that all of the hard work paid off. They brought out the best in each runner while maintaining a friendly relationship. By doing so, both had gone over and beyond the ordinary coaching duties. Travis Higgins felt, "Coach Schaitel knows what we feel and think." Bryon Devore described him as, "A coach during practice, but our bud in the halls, while Bill Santos looked to Coach Schaitel as a "Father-figure." Obviously, the relationship between Coach Schaitel and his runners was far beyond just a coach/runner one. There was something really special here. As a result, the runners' desires to do well in races became that much more intense. In turn, Coach Schaitel wanted to do his part in improving each runner. With all of these factors combined, it's evident why the Boys Varsity team proved to be so successful. Coach Schaitel wrapped up the season by saying, "This year's team has been the most rewarding team I've ever coached."



Back row left to right: John Steffens, Bryon Devore, Bill Santos, Kevin Malloy, Brad Hyldahl, Brad Roth, Front row left to right: Travis Higgins, Mike Aronson, Chuck Watkins, Todd Sallenbuch, Bill Aronson

Travis Higgins remains strong as he crosses the bridge.



Todd Sallenbuch continues toward his goal — the finish line.

Kevin Malloy runs in deep concentration to the finish.

MVP

This year's choice as MVP for the Varsity Boys Cross Country team was Bryon DeVore. Bryon, only a junior, began running at the age of 8. One of the many highlights

for him this year was finishing 3rd in league. Bryon felt the biggest influence on him was Coach Schaitel. In addition to running, he also enjoys tennis and volleyball. His plans for the future include attending UC Davis or UCSB, and entering the field of architecture. However, with 1 more year left, Bryon and Cross Country have even more to achieve.

Four Titan men work together for another Poway victory.

Varsity Cross Country

Opponent	We	They
Serra	33	22
Helix	17	49
Dana Hills Inv.	3rd Place	
Mt. Carmel Inv.	5th Place	
San Dieguito	20	45
Mt. Carmel	31	26
Vista	28	28
Fallbrook	25	36
So. Cal. Inv.	2nd Place	
Mt. Sac. Inv.	4th Place	
Orange Glen	19	44
Torrey Pines	15	50

League record — 4-2

Cross Country

J.V. Runs Undaunted

by Jon Jaro

Often times, participating at the Junior Varsity level means being overshadowed by the Varsity team. However, this was not the case with this year's J.V. Boys' squad. In fact, being on the J.V. team, instead of the Varsity, turned out to be a really big plus for the guys. Brad Roth felt, "It (not being on Varsity) makes you work harder to get there." Following in the footsteps of the Varsity, this year's Boys J.V. team ran very well. For a big portion of the season, these Titans did not allow one single point in a meet! They went on to go undefeated in league competition and were crowned the Palomar League champs. Obviously, there must have been some key to this success. John Schnurer stated, "The coaches really bring out the best in us." This was due to the fact that the J.V. had similar workouts to the Varsity, and were treated much the same by both Coach Schaitel and Embrey. Brad Roth added to the reason for success by saying, "We run in such a great pack that it makes us hard to beat." Although each person had the desire to be on the Varsity, each believed that, eventually, they'd get their chance. John Schnurer summed it up by stating, "Someday we'll get the spot-light." Surely, with all their skill and ability, these talented Titans will be on Varsity soon. And when they are, keep your eyes peeled because they'll be worth watching.

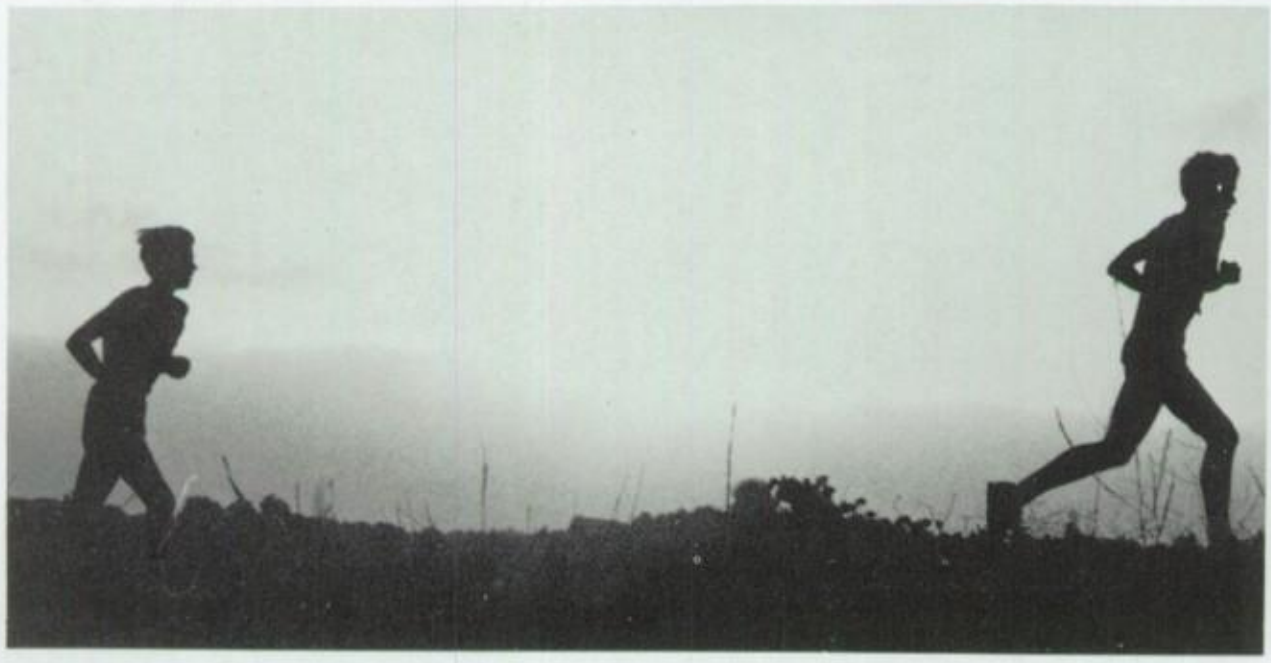
Back row left to right: Dan Rajsky, John Francis, Dean Cortez, Front row left to right: John Schnurer, Andrew Freund, Chris Douville, Steve Chambers, Mark Daly, Nick Somers, Steve Sims

J.V. Cross Country

Opponent	We	They
Serra	15	50
Helix	15	50
Dana Hills Inv.		2nd Place
Mt. Carmel Inv.		1st Place
San Dieguito	15	50
Mt. Carmel	15	50
Vista	15	50
Fallbrook	15	50
So. Cal. Inv.		1st Place
Mt. Sac. Inv.		3rd Place
Orange Glen	15	50
Torrey Pines	15	50

League record — 6-0
Palomar League Champions

John Schnurer reflects upon the grueling race he has just completed.



Titan silhouettes create a picture-perfect scene in the sunset.

Cross Country

Despite the rough terrain, these Titan frosh continue onward.

Staying In Stride

by Jon Jaro

"Get behind the line. Everyone set? Bang!!!" Off they went, excitingly running in their first Cross Country meet as freshmen. Despite the trials and tribulations they each had to face as freshmen, these young men adjusted rather well. Most of the guys found fitting into the Poway High Cross Country program easy. Dan Travers stated, "John Steffens and Kevin Malloy are like big brothers." The Freshmen team was accepted by the other squads, and much like them, were very successful. This year's team posted an impressive third-place finish at the Dana Hills Invitational and an even more remarkable second-place finish at the Mt. San Antonio Invitational. Three runners came in the top twenty at Dana Hills, while another three runners came in the top fifteen at Mt. Sac. How did these freshmen accomplish such feats? Darren Malloy said, "The guys work real hard and we really want to win." Chris Crosier added, "We work hard but we also have a lot of fun out there." It's plain to see that these young Titans have the winning attitude. Combine this with all the talent that they, clearly, possessed and we obtained something quite special. With this in mind, Cross Country at Poway High School appeared to reach new heights.

Frosh Cross Country

Opponent	We	They
Serra		
Helix		
Dana Hills Inv.	3rd Place	
Mt. Carmel Inv.	1st Place	
San Dieguito		
Mt. Carmel	19	40
Vista	28	28
Fallbrook	20	36
So. Cal. Inv.	1st Place	
Mt. Sac Inv.	2nd Place	
Orange Glen	17	48
Torrey Pines	15	50

League record — 5-1

Back row left to right: Craig Crawford, Dan Travers, Brian Eckenroth, Armando Diaz, Front row left to right: A.J. Miller, Chris Crosier, Darren Malloy, Mike Opel

Cross Country

Success: More Than Skin Deep

by Jon Jaro

Depth, as defined by the Webster's Dictionary, is "the condition or quality of being deep." Not only was this year's Girls Varsity team deep with talent, it was deep in friendship as well. Senior Kim Uyeda, a four-year member of Cross Country, stated, "This year's team is the strongest so far." Although the lady Titans ended the season at 3-3 in Palomar League competition, they made it up at the various invitationals that they competed in. The results were: 4th place — Dana Hills Invitational, 4th place — Mt. Carmel Invitational, 4th place — Southern California Invitational, and 3rd place — Mt. San Antonio Invitational. Their key to success was the consistent performance by all the runners. Coach Schaitel was able to use every ounce of talent each individual had. Junior Jill Brawner, a first-year member of Cross Country, remarked, "He has high expectations and wants us to give 110%." The girls promptly delivered what had been expected of them, and found themselves extremely potent with ability. As a result, Coach Schaitel and the team developed a strong bond of friendship. Carrie Gelwix said, "He (Coach Schaitel) is a coach, but we look up to him as a friend." "He's someone to count on and trust," added Kim Uyeda. Despite all of the ability that each person possessed, the girls weren't running for themselves. "You run for the team more than for yourself," replied Jill. This type of attitude produced a unique relationship within the team. Carrie stated, "We're all really great friends." "Everyone makes an effort to get along," remarked Jill. The positive chemistry of this year's Girls Varsity team is surely an indication of what lies ahead in the future. Kim closed by predicting, "We can only get stronger!" With so much going for them already, there's no doubt at all that they will become even better in years to come.

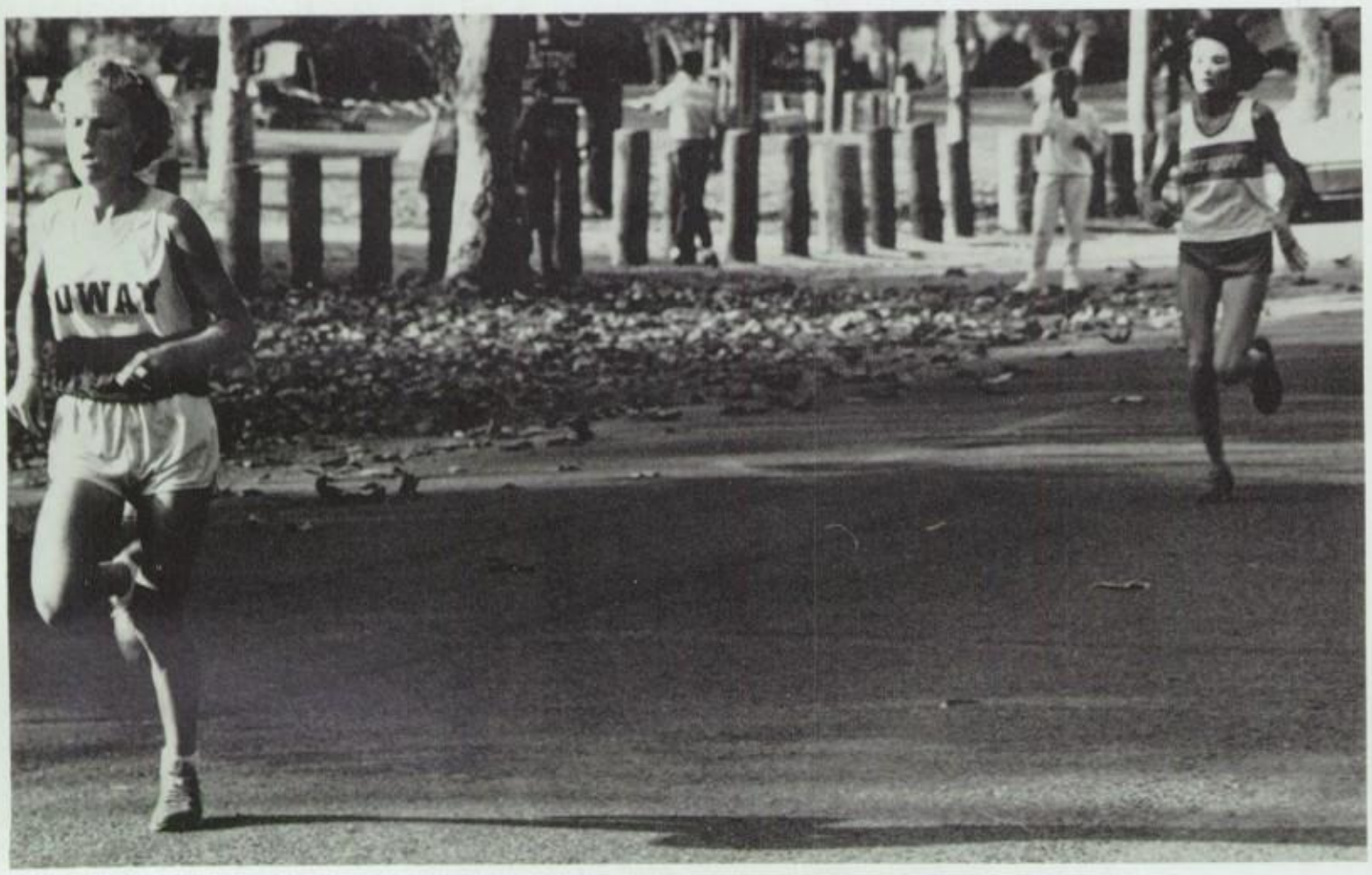
> "We always help each other. No one is left behind."
> — Carrie Gelwix

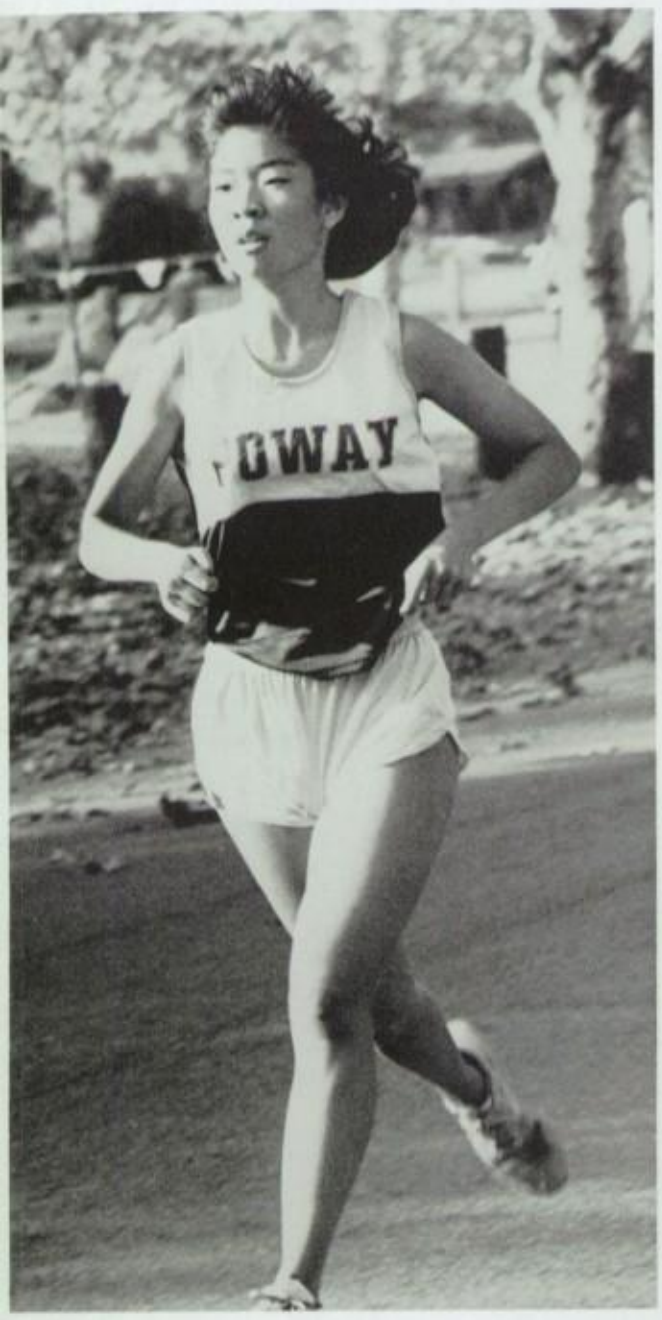
Lauren Anderson displays the form which led her to so many victories.

Teresa Davis runs with a determination unmatched by any other.

Carrie Gelwix overtakes an opponent in stride.

Wendy Ashworth strives to widen the gap between her and her opponent.





Kim Uyeda quickens her pace as she approaches the finish.

Varsity Cross Country

Opponent	We	They
Dana Hills Inv.		4th Place
Mt. Carmel Inv.		4th Place
San Dieguito	15	46
Mt. Carmel	28	27
Vista	34	21
Fallbrook	28	27
So. Cal. Inv.		4th Place
Mt. Sac Inv.		3rd Place
Orange Glen	24	31
Torrey Pines	25	34

League record — 3-3

MVP

The MVP for the Varsity Girls Cross Country team was Lauren Anderson. Lauren, a senior, capped off her third year of running with several accomplishments, including finishing 3rd in CIF. She claimed that her dad was a big influence on her during the season and that the biggest reward of running was the friends she made. Lauren is still unsure about the future, but with so much going in her favor already, she's bound to be a success.

Back row left to right: Kathy Grasberger, Lauren Anderson, Jill Brawner, Kim Uyeda, Front row left to right: Jeanie Kinsler, Teresa Davis, Carrie Gelwix, Wendy Ashworth

Cross Country

All In The Family

by Jon Jaro

"The fact we do so well is because of the coaching, our willingness to work, and the dedication and unity of the team." In this single statement, first-year runner, Lysha Younker, captured the entire essence of this year's J.V. Girls' team. Like the Boys' J.V. team, they enjoyed quite an excellent season. The lady Titans finished the Palomar League competition undefeated, making them the league champions. In addition, they also fared rather well at the invitationals. Their results were: 3rd place — Dana Hills Invitational, 2nd place — Mt. Carmel Invitational, 1st place — Southern California Invitational, and 2nd place — Mt. San Antonio Invitational. The coaches, namely Coach Embrey, were key figures in shaping the girls' team into one winning unit. Coach Embrey, who was making a difficult transition from Football to Cross Country, had a significant impact on the team. Katie Merrifield, another first-year participant, said, "Mr. Embrey is a big help. He's a special coach." "He wants everyone to do well," replied one person. The girls gladly returned the favor by working at an extremely intense level, and always as a team. Furthermore, they always gave each other plenty of encouragement, which brought about a sense of togetherness within the team. With such positive outlook towards Cross Country, there was no possible way these ladies could go wrong. And, as a result, they emerged winners through and through.

J.V. Cross Country

Opponent	We	They
Serra	15	50
Helix	16	45
Dana Hills Inv.		3rd Place
Mt. Carmel Inv.		2nd Place
San Dieguito	15	50
Mt. Carmel	23	32
Vista	15	50
Fallbrook	15	50
So. Cal. Inv.		1st Place
Mt. Sac Inv.		2nd Place
Orange Glen	20	35
Torrey Pines	15	50

Lysha Younker is caught in a moment of deep concentration as she strives onward.

Back row left to right: Leann Raynor, Wendy Hrdlicka, Britta Van Vranken, Katie Merrifield, Kris Sampson, Heather DeVore, Front row left to right: Jenny Sarkozy, Stephanie Allen, Roberta Wood, Lysha Younker

Katie Merrifield runs with surefootedness across the bridge.

Kathy Grasberger remains in good stride as she works to reach the finish line.

Volleyball

J.V. Set for Future

Zoe Anastas tips the ball over the net as **Judy Egan** watches.

JV-Volleyball

Opponent	We	They
Mount Carmel	2	0
Vista	2	0
San Dieguito	2	0
Fallbrook	2	0
San Pasqual	2	0
Torrey Pines	2	0
Mount Carmel	2	0
San Dieguito	2	0
Torrey Pines	2	0
Orange Glen	2	1

Total Wins: 10 Losses: 0

By Jennifer Stampfli

"Animal cheer" shouted someone and the girls prowled around the court growling at one another. Team captain Paige Smith explained, "It's the team's way of getting 'up' for the game. The growling puts us in a good mood, ready for the competition."

Finishing the season undefeated, all agreed that the key to their success was unity. Coach Mary Cooper called them "The best team I've ever had." Zoe Anastas said, "We join together to get things done. Everyone gets along with everyone else." Judy Egan added, "We're all friends, we stick together and push."

"Another plus besides cooperation is our strong fundamentals. We don't have any weak areas," stated Cindy Beers. Each game radiated with the team spirit and devotion felt by each girl. "Everyone wants to win and tries harder. Our spirit really brings us alive," expressed Susan Napierala. Enthusiasm prevailed on the court as the girls cheered one another on and growled.

Coach Cooper credited her team's success to three key factors. "First, the team has a lot of depth. Any six girls on the team are good enough to win league. Second, they all support each other. And third, Coach Sarver-Reis worked with them over the summer; they came to me ready to play.

At the end of the season Paige Smith remarked, "We work well together. Everyone has a lot of talent. Even in one season I saw my teammates strive for more and improve."

Back left: J. Egan, J. Schwan, P. Smith, Coach Cooper, J. Engstrom, S. Feaster, T. Brannon. Middle row: Z. Anastas, S. Tollefson, C. Beers, K. Carrigan, D. Gigstad, L. Nugent. Front row: C. Fortney, S. Napierala. Not shown: T. Voldal.

Julie Engstrom bumps the ball to teammate **Zoe Anastas.**

Teresa Voldal jumps up to block a spike from Torrey Pines.

Volleyball

Spiking for Success

By Jennifer Stampfli

"Eat Nails," a favorite cheer from last year, psyched the team up before their games and gave them confidence. Titan spirit and motivation were further enhanced by warming up to Chuck Berry tapes. Teamwork and intensity, two key factors in volleyball, were strong assets for the Poway team. Lynell Stokes commented, "We possess a great deal of togetherness and talent. Team unity makes us a great big family." Christie Hoover added, "This year we've come together as a team. We work together to win and don't play as individuals."

"It's an emotional high," Deanne Anastas

Only five of the twelve team members were playing Varsity for the first time. This gave Poway a strong team of returning players, all with exceptional athletic talent. Coach Lisa Sarver-Reis considered the inexperience of the new members an advantage. "The young players are hard-working and always willing to improve." Amy Boyer also saw improvement throughout the year; "I've seen my teammates go from 'ok' players to top-notch ones."

They attribute their success to strong fundamentals and their great coach. Cheri Boyer explained, "The team has lots of depth; in general there are no weak areas. Passing and hitting are especially strong." Coach Sarver-Reis agreed and added, "We have great individual talent. My philosophy as a coach is to strive for the best the team is capable of and to work with the talent the girls have."

About their coach, the entire team felt, "She's tough but she's great!" Added Charry Korgel, "She's very intense and expects our best but she's brought us a long way from the beginning of the season."

The team's hard work and dedication were rewarded by finishing first in the Palomar League. At the beginning of the season Linda Bertran predicted, "We have a very good shot at C.I.F. and hopefully we'll get past the first round in state, a first for Poway."

Cheri Boyer sets the ball to a teammate during an intense game against Torrey Pines.

Between games the team listens intently to instructions from Coach Sarver-Reis.

Shannon Griffin watches as **Cheri Boyer** descends from a successful spike.

Titan girls anticipate a serve from the San Dieguito team.

Kirby Seale digs up the ball for **Charry Korgel.**

Girls Varsity Volleyball

Opponents	We	They
Mount Carmel	3	1
Vista	3	1
San Dieguito	3	0
Fallbrook	3	1
San Pasqual	3	1
Torrey Pines	3	0
Orange Glen	3	0
Mount Carmel	3	0
Vista	3	0
San Dieguito	3	1
Fallbrook	3	0
La Jolla	3	0
Torrey Pines	3	0
Orange Glen	3	1

Total Wins: 14 Losses: 0

MVP

Junior Charry Korgel started playing volleyball at Twin Peaks because "it looked like a fun game with plenty of excitement." This year she primarily played back row. About her position she exclaimed, "I loved it! It involved diving all over the place and digging up balls." Playing for Poway was especially enjoyable because "Our team was close. The net separated us from the other team and kept us together." Overall she thought, "Volleyball is good because anyone can play it. The fast game and easy rules make it a great spectator sport."

Back left: Cheri Boyer, Lynell Stokes, Deanne Anastas, Linda Bertran, Shannon Griffin, Amy Boyer, Coach Sarver-Reis. Front left: Shella Kube, Christie Hoover, Kirby Seale, Charry Korgel, Kirsten Pinnell, Carrie Poynter.

Football

Back in the Lineup

By Julie Hartman

Tremendous feelings of excitement stemmed from all the spirited Titans who scrambled into the shiny stadium stands to view the first real home football game. This year's Varsity football team began the season with a might bang. Beating Granite Hills, ranked second in the county, was a first-rate surprise and helped keep up the team's confidence.

Along with a fresh stadium setting, the football team also worked with a new coach. "Coach Elrod changed our attitudes to a more positive and winning side," expressed offensive guard Scott Page. Runningback Mike Cormier stated, "He explained things clearly and he respected you as an athlete.

However, the year had its share of minuses as well. The team lost the Kiwanis cup to the Sundevils, and the Homecoming game was a disappointment to the school too. Coach Elrod explained, "Performing at their best was a problem for the team during the second half, but even through the downfalls the players showed character. Our defense was strong and everybody worked hard to improve. I am really happy with the team's efforts."

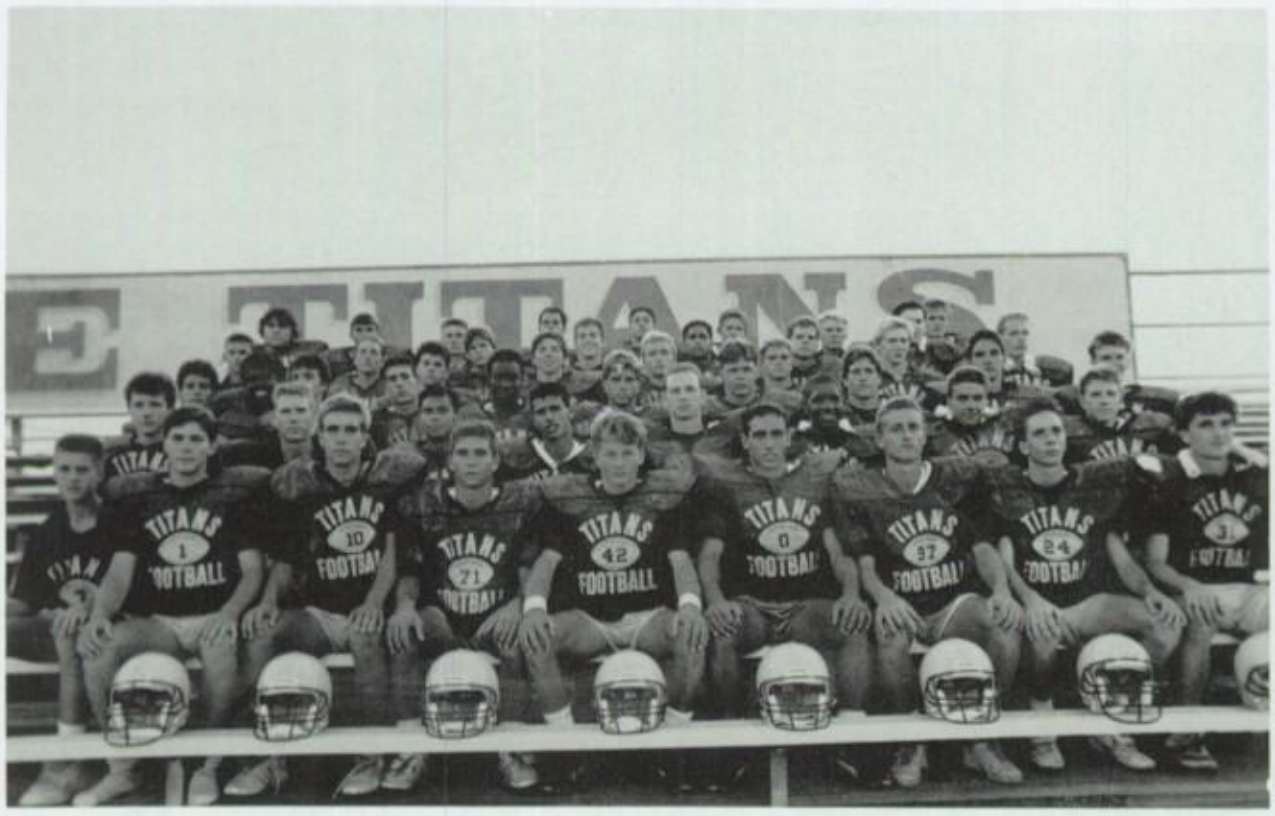
> "By working together we achieved more."
> — Mike Cormier

This year the Varsity football team progressed through much trial and error, and came back from a long losing streak in time to squash San Pasqual for a thrilling Halloween treat. Dan Millard commented, "We had fun playing the game every time. This year's team consisted of well-rounded people that stuck together and helped each other."

The Poway football team suffered its share of injuries, and though they ended up with more downfalls than wished, the members never thought of quitting. In fact, the football players grew more confident with themselves and learned the importance of discipline.

Scott Page remarked, "It looks like the future holds a better trained and a finer equipped Poway High Titan football team."

Coach Elrod gives helpful instruction and advice to defensive back **Tom Sharpe.**



Row 1 L-R Pearce, McCullum, Toumi, Beam, Christensen, Eagle, Ashworth, Sharpe, Escola Row 2 Vap Orden, Johnson, Cormier, Eagle, Morris, Woods, Meyers Row 3 Warden, Cooke, Nichols, Carroll, Galka, Anderson, Davisson, Todd, McGrath Row 4 Bernard, Dawson, Herzog, Page, Godfrey, Peace Row 5 Love, Roche, Anderson, Vanoni, Cheema, Nylec, Muscha Row 6 Moore, Bloom, Vickers, Hubbert, Musgrove, Kesanen, Orchen, Millard.

Scott Page dreams of the Super Bowl while **Randy Orchen** pays close attention to the game.

Coach Self prepares to take on the Varsity Titan team.

Caught in a moment of speculation, this Titan appears to have forgotten what to do with the ball.

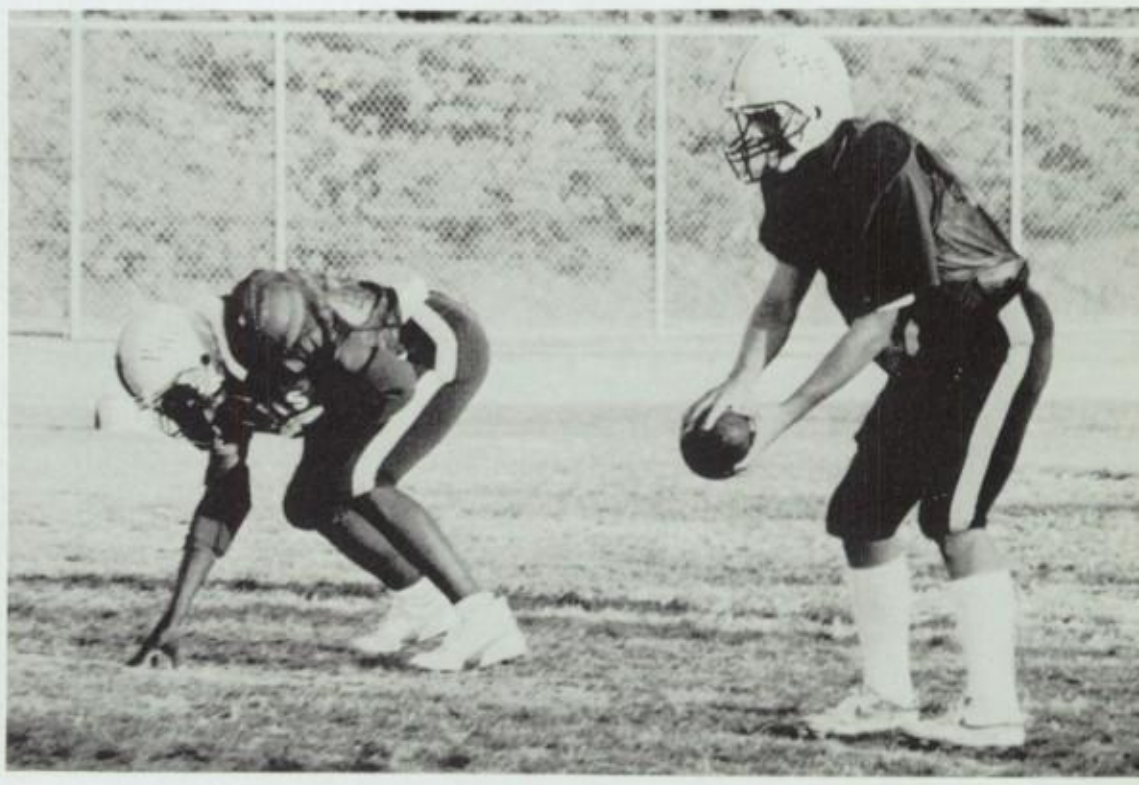
Varsity Football

Opponents	We	They
Granite Hills	13	10
Mira Mesa	13	0
San Marcos	20	6
Mt. Carmel	3	17
Vista	19	35
San Dieguito	7	16
Fallbrook	11	28
San Pasqual	22	3
Torrey Pines	6	9
Orange Glen	7	21

Total Wins: 4 Losses: 6

MVP

This year's football team elected John Ashworth as the Most Valuable Player. His friends encouraged him to be the kicker for the Titan team and John thought it would be fun. His comment after he found out his new title was, "I felt I had made an impact on the team and that they respected me for my athletic ability. Also, I want to thank Coach Martin. I never could have made it without him." John's agenda for the future included earning a scholarship for football, and a career involved with sports medicine. Good luck, John.



Two Titans practice intensely before Friday's big game.

Football

Talented Titans Gain Recognition

By Julie Hartman

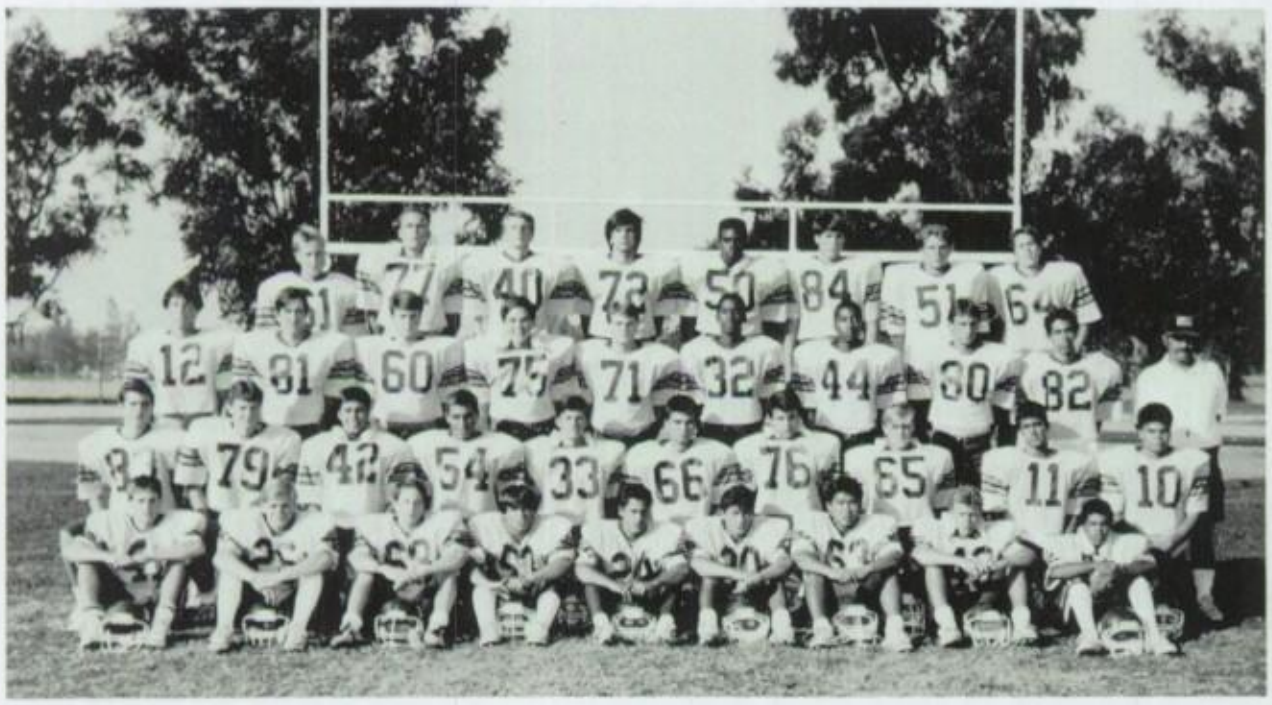
"Touchdown for Poway!" The outlook for next year's Varsity football team appears more than promising. The Junior Varsity team consisted of numerous talented athletes. Coach Champion remarked with enthusiasm, "It's been a really good year. We have some very skilled running backs and receivers, and each year the team climbs closer to the top. They were fun to coach and I could see improvement almost every day." As for how the players felt about Coach Champion, Dave Perdue cheerfully stated, "Champ's easy to get along with. If you listen to him, he'll listen to you." Linebacker, Dave McClain said, "Coach Champion kept the game fun, which is one reason we did so well." These terrific Titans not only overcame experience problems, but they dealt with some rough competition and had their share of injuries which contributed to their losses. On the whole, the team felt that their strenuous workouts were worth the effort and it showed with each succeeding game. "I expect next year's Varsity to be in contention for the league and CIF championship games," said athlete Dave Perdue. Sophomore Titan Dave McClain stated with pride, "This is definitely a new era for Poway High football." Good luck to next year's top Titan team.

Aaron Gobert and **Jack Stoltenberg** plan their victory celebration.

JV Football

Opponent	We	They
Granite Hills	12	20
Mira Mesa	32	0
San Marcos	34	0
Mount Carmel	24	7
Vista	12	17
San Dieguito	16	7
Fallbrook	14	9
San Pasqual	29	22
Torrey Pines	14	14
Orange Glen	12	16

Total Wins: 6 Lost: 3 Tie: 1



First row: M. Faust, K. Goetsch, D. Morris, C. Helbock, J. Castro, R. Truman, J. Luke, M. Berwager, R. Fisher. Second row: G. Johnston, M. Woodall, R. Foote, J. Archer, J. Nonroe, M. Tanico, D. McClain, C. Williams, S. Eagle, A. Romero. Third row: D. Perdue, J. Stoltenberg, M. Birch, D. Dawson, C. Parker, A. Gobert, S. Wilson, D. Schwenke, J. Padilla, Coach Champion. Fourth row: C. Cassidy, R. Earl, L. McGrath, A. Shawer, J. McIntosh, T. Waters, J. Uglow, T. Reddy.

Abe Romero runs with might and agility towards the goal line.

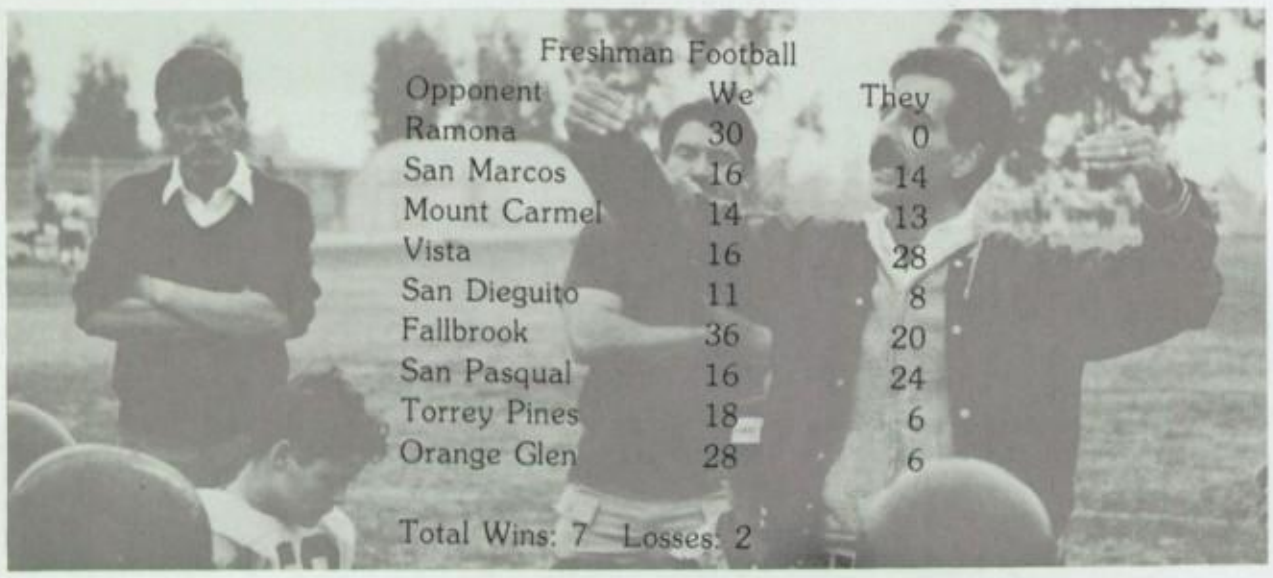
Football

Frosh athlete, **Tony Cella,** punts to perfection.

Frosh Team Surprises All

By Julie Hartman

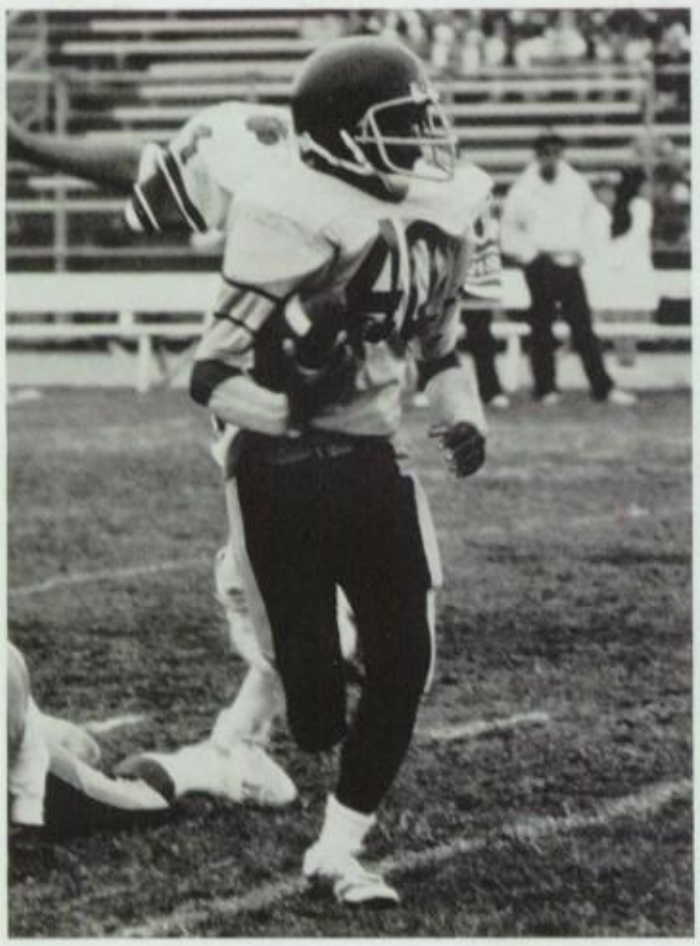
"Huddle!" yells player eighty-one. The other athletes bustle over towards the voice to confirm their next strategy. With the helpful coaxing of Coach Franzen, this year's Freshman football team played much better than anticipated. Frosh athlete Danny Miller said, "It was great to see how the team improved since the first week." The freshmen took their games very seriously. With this attitude they were able to achieve an awesome record of seven wins and only two losses. Coach Franzen commented, "After the San Marcos game and then the "throwing" victory with Mt. Carmel, every person on the team realized that they just wouldn't quit, no matter how tough the opposition was. The most important thing for the kids to learn is that they must recognize that individual goals aren't as important as team goals." If the rumor of a new and improved era for PHS's football games has been spreading, it's definitely true for the class of 1990. Freshman athlete, Chris Rzewski said, "It's been an exciting first year on the PHS football team, and I'm looking forward to next year." Overall, the freshman football team pleased the entire school.



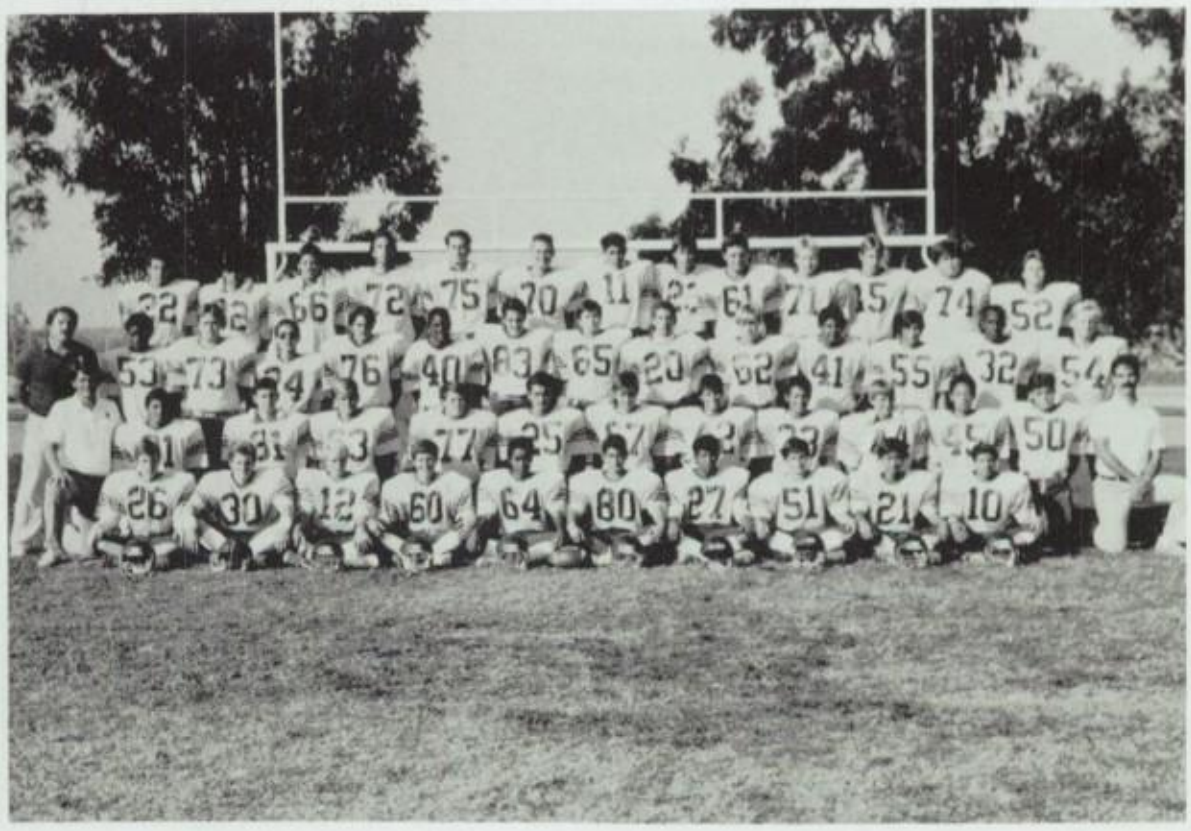
Freshman Football

Opponent	We	They
Ramona	30	0
San Marcos	16	14
Mount Carmel	14	13
Vista	16	28
San Dieguito	11	8
Fallbrook	36	20
San Pasqual	16	24
Torrey Pines	18	6
Orange Glen	28	6

Total Wins: 7 Losses: 2



Darryll Thomas sneaks past the opposition.



First row: Hammond, Gilbert, Rethmeier, Burke, Mapano, Smirin, Sarmiento, Russo, Nguyen, Mattucci. Second row: Coach Wealch, Gonzales, Nichols, Barrie, Miley, Dinneen, Wilbourn, Pedrotti, Edmondson, Rzewuski, Uyeda, Rubb, Coach Franzen. Third row: Coach Torretto, Howard, Steuss, LeMarr, Wallace, Thomas, Bradbury, Feaster, Al-Nasser, McCool, Jones, Vinole, Davis, Saltz. Fourth row: Dessert, Stefani, Hyde, Clegg, Cella, Shamback, Miller, Ford, Miller, Clarkson, Schwenke, Kesling, Golden.

Water Polo

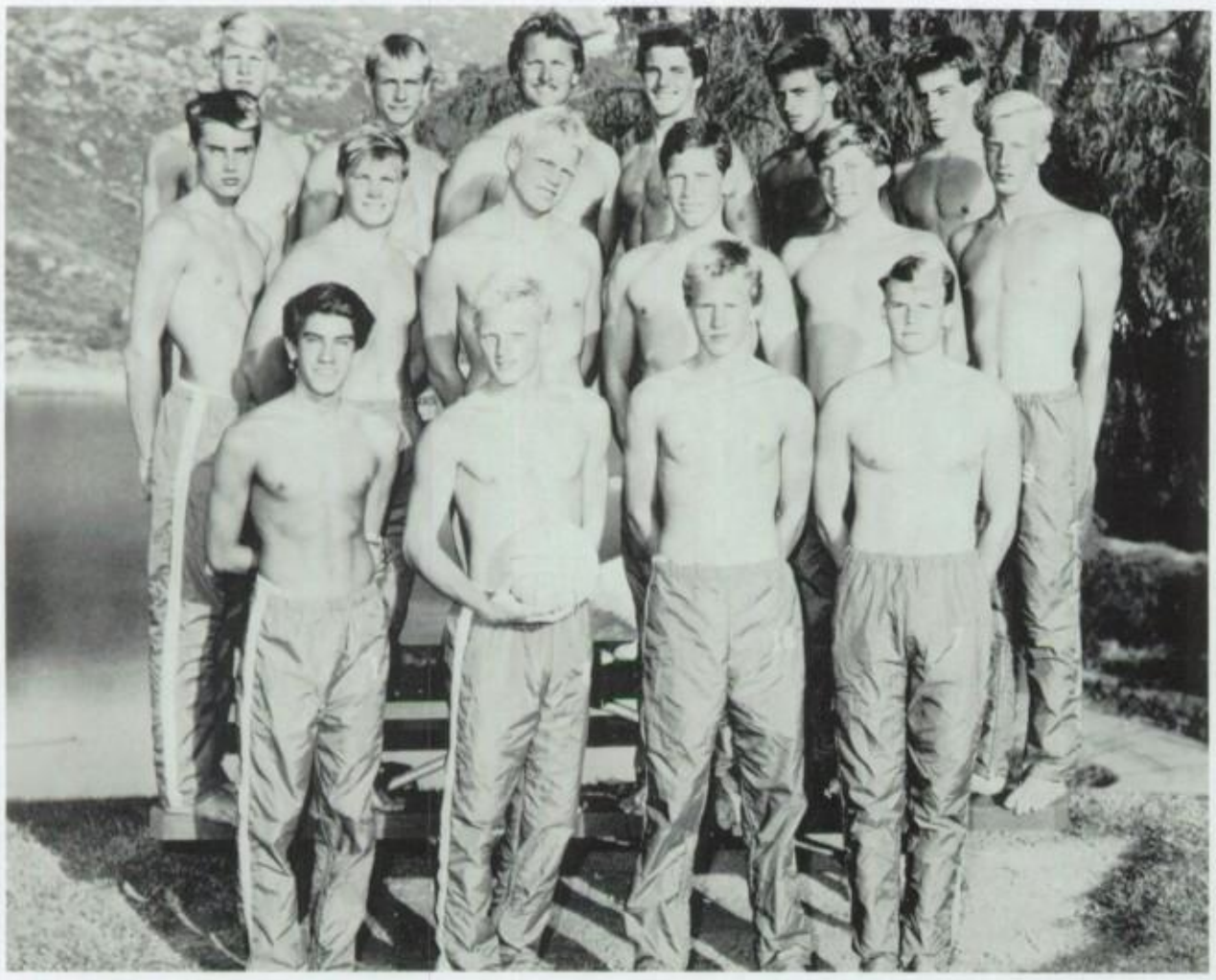
Polo Competition Rises

By Kristen Yamasaki

The crowd froze and time seemed to stand still as the last ten seconds on the clock slowly ticked by. The ball suddenly hurdled its way through the air towards the goal. At the last instance, the goalie blocked the ball sending it splashing back into the water. The Varsity team Water Polo team started with a winning bang as they won their first games. They continued to win even though Coach Miller remarked, "It was an extremely strong league this year. We're one of the top ten in the county even with the strict competition. There are nine teams in the conference with four teams several games below us and five that were in the range of about one goal apart from us." Maybe some of the reasons for being one of Coach Miller's better teams, was that, "We had a united, very close knit group," remarked Co-captain, Dan Thorsfeldt. Trey Freelen added to that feeling with, "We had a comfortable talking atmosphere, but I think the experience and time spent in the pool helped."

> "We had a comfortable talking atmosphere this year," — Trey Freelen.

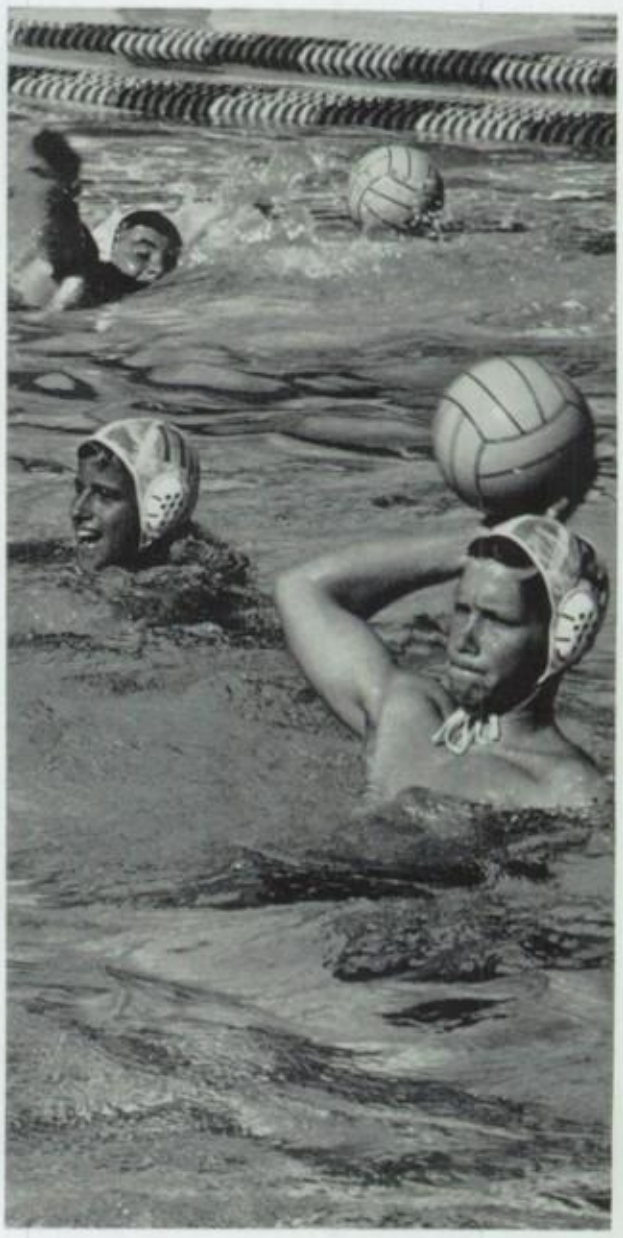
With the scores from the games, the Varsity either won by a lot, (they beat San Pasqual 25:12, and Carlsbad 21:7) or lost by about one point. They won sixty percent of their games overall. To finish off the season, Brian Napierala, "the standout and best hole-man in the league" replied, "We had both the talent and the experience for a great team."



L-R bk: R. Miller, E. Wetzell, Coach Miller, T. Freelen, K. Boenninghausen, B. McMahon Mid row: M. Napierala, D. Thorsfeldt, S. Ostrom, J. Voris, R. Underberg, K. Hanson Front row: M. Sinclair, B. Napierala, S. Pyle, J. Miller Not pic: K. Battle, and M. Bently.

John Voris practices his passing drills, as **Brian McMahon** chases after a ball, and **Kirk Boenninghausen** watches.

Brian Napierala blocks an opponent from Vista as **Jim Miller** and **Eric Wetzell** watch in anticipation.



Concentration levels rise as the Varsity team gathers to listen to **Coach Miller** with some "team talk."

MVP

This year's MVP goes to Brian Napierala. "Brian was the most respected offensive player in the county. He seemed to give 10 all the time. He was a great team leader. He encouraged his fellow players with positive comments and advice," commented Coach Miller. He scored an

overall total of seventy goals this season and plans to continue playing water polo in college next year.

Varsity Water Polo

Opponents	We	They
Coronado	8	14
Orange Glen	15	17
Carlsbad	31	9
Vista	10	9
Fallbrook	17	18
Mt. Carmel	14	17
Helix	8	11
Pt. Loma	14	17
Army Navy	18	11
Mira Mesa	14	4
Orange Glen	12	10
Escondido	15	2
San Pasqual	25	12
Orange Glen	15	16
Carlsbad	21	7
Vista	9	11
Fallbrook	11	10
Mt. Carmel	13	16
Army Navy	11	6
Escondido	17	2
San Pasqual	24	12

Total Games Won: 13 Lost: 8

Steve Ostrom, #16, concentrates on a shooting drill as **Dan Thorsfeldt** and **Mike Napierala** look on.

Eric Wetzell, looks onto the field hoping someone waits and isn't covered as he gets ready to pass.

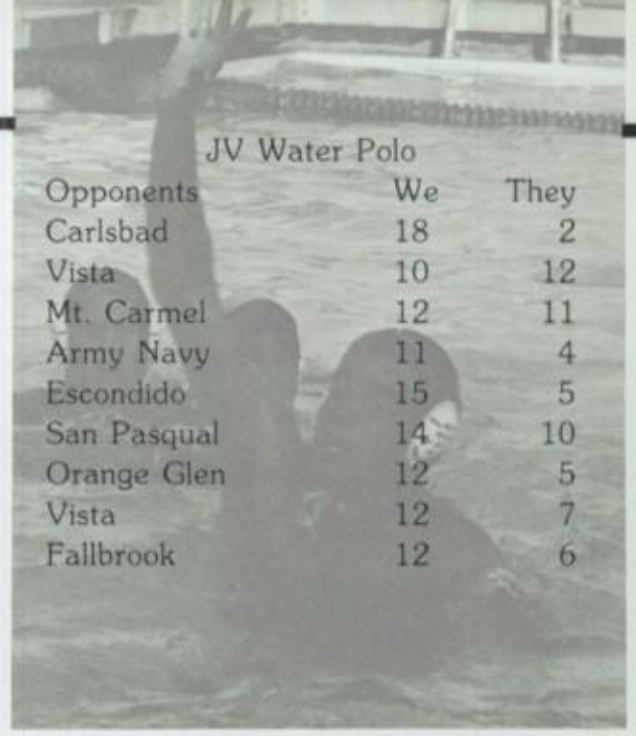
Water Polo

JV: Reaching the Sky

By Kristen Yamasaki

"Ah, the middle child. Ask any psychologist. Yes, the troubled child. Why, did you ask? The answer is simple. They are no longer the baby of the family who is pampered, nor the praised and glorified older child who is constantly getting attention. This image then relates very well with the JV Water Polo team, correct?

This year, the JV was nothing like the normal image of the "middle child." They let nothing, get in the way of playing out their season to its fullest. "They were an extremely hard working group. They seemed to kill themselves everyday, during both practices and at games," remarked Coach McCoy. Indeed in "killing themselves" during workouts, they were in great shape, which led them to win all their games except one, losing to Vista. However, they retaliated by beating them the next time they played against them. "They were the best team in the league, this year. They even picked up the exaulted title of "League Champions." One of the problems which could have hindered the team's performance was the size. It was the largest JV team ever, with approximately thirty-four players. "Coach McCoy had a tough time trying to put everyone in the water, but he did a really good job," stated Ross Furukawa. It was nice to know, "No one complained about who was in the water, and one of the reasons for that was, we had lots of team spirit. Everyone rooted for each other," explained Robert Noel. With such a successful season behind them, almost no explanation was needed to sum up the advantages but, Keith Opstad did wrap up saying, "With Dave McCoy, along with the coaching staff and the natural skill, we difinitely have had the right ingredients for a winning team." That statement highly supported the fact that they outscored all their opponents by double the amount of goals of all the teams in the league. Peter Secor concluded, "We have a lot of good talent and if we stick together, our future looks really strong."



JV Water Polo

Opponents	We	They
Carlsbad	18	2
Vista	10	12
Mt. Carmel	12	11
Army Navy	11	4
Escondido	15	5
San Pasqual	14	10
Orange Glen	12	5
Vista	12	7
Fallbrook	12	6

Rob Miller, number 5, and captain, **Mike Jakoway**, take a breather as they watch the action.

Todd Kroepel, number 18, struggles to gain control over the ball, as **Mike Jakoway**, tries to swim out of cover.

L-R bk: R. Noel, D. Nylec, M. Jakoway, E. Spidale, C. Milling, M. Steffens 4th: K. Opstad, B. Huey, S. Fanta, J. Carmichael, R. Furukawa, J. Blackburn 3rd: E. Innis, J. Balisteri, M. Egan, M. Shahan, S. Fisher, D. Hanover 2nd: M. Harding, T. Kroepel, C. Kuebitz, T. Ogi, P. Secor, D. Hilbig 1st: C. Walen, C. Scott, B. Leroux, C. Daniels, S. Conant

Water Polo

Frosh Break the Usual

By Kristen Yamasaki

Frosh Water Polo

Opponents	We	They
Mt. Carmel	8	2
Orange Glen	16	4
Vista	6	7
Coronado	13	7
Mt. Carmel	12	6
Coronado	8	6
Orange Glen	14	2
Vista	7	3
Mt. Carmel	9	7
Coronado	7	11
Orange Glen	4	5
Vista	4	7
Mt. Carmel	9	7
Coronado	12	7
Fallbrook	11	9

Total Games Won: 11 Losses: 4

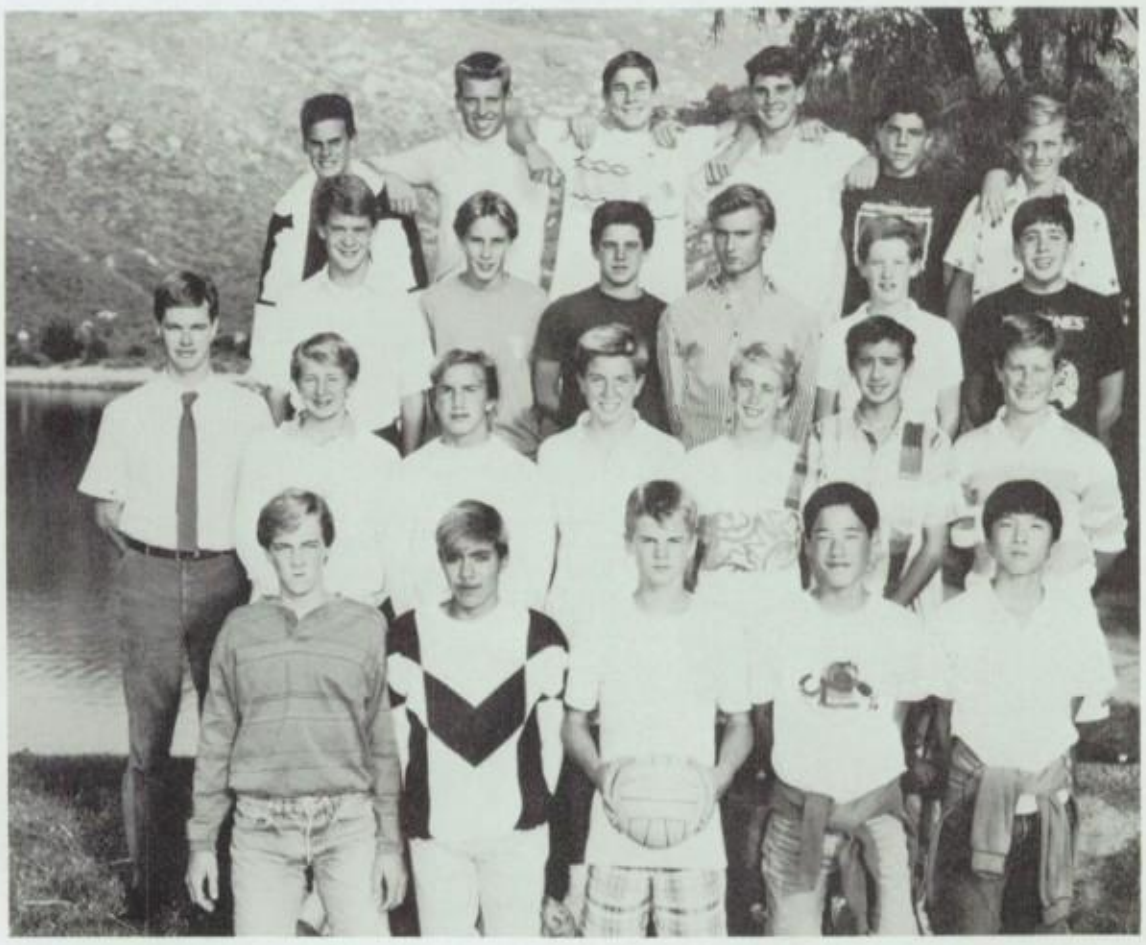
"Oh no, not that way, swim this way with the ball! For Heaven's sake, not the goal! The other one, not ours! Throw it to your teammate, yes, the guys in green!"

To most people, coaching the freshman water polo team could have been disasterous. A few of the frequently used reasons for a bad frosh team are the lack of experience and suddenly putting seven guys in the water together asking them to be a team and perform like one. Contrary to popular beliefs, this year's Freshman Water Polo team led by Coach Moore did none of the usual foul-ups, bleeps, and blunders associated with the title of "Freshmen." As stated by Coach Moore, "They had an extremely successful season. It was definitely a team effort since everyone played in all the games." It seemed that the Freshmen went beyond their potential as they beat most of the teams they played, including several with JV players. "They beat the competition even though they had less in-the-water experience (since there were twenty-four players and seven positions on the field at a time) and practice. They only had practice three days a week, twice were before school for an hour-and-a-half. They were the most motivated group I've had. They were always smiling and laughing, even at six o'clock in the morning." "Coach Moore taught us a lot. He didn't get mad, and he was really understanding," remarked Shawn Yamasaki. So with both the coaching and team talent, it was no wonder that Poway took first place in their last meet, the Frosh Tournament. Tom Vertetis commented, "We thought we had a good chance at coming in first, but we were still kind of surprised when we won." Coach Moore added, "If they stick together as seniors, they have a great chance at CIF."

Jeff Kline, number 8, searches seriously for an open person to pass to.

Brian Gillespie, number 4, tries to block and cover his opponent at the game against Vista.

Greg Rogers, number 3, looks wary as he waits for the coach's command to spring into action.



L-R bk: J. Kline, J. Harding, C. Snay, G. Atherton, C. Procopio, J. Kroepel 3rd: C. Roedell, D. Arnold, R. Avila, K. Hatoum, C. Turnage, M. Sinclair 2nd: Coach Moore, K. Anderson, B. Gillespie, M. Treichler, M. Smith, D. Watts, T. Vertetis Front: M. Miller, D. Koch, G. Rogers, S. Yamasaki, S. Yum.

Tennis

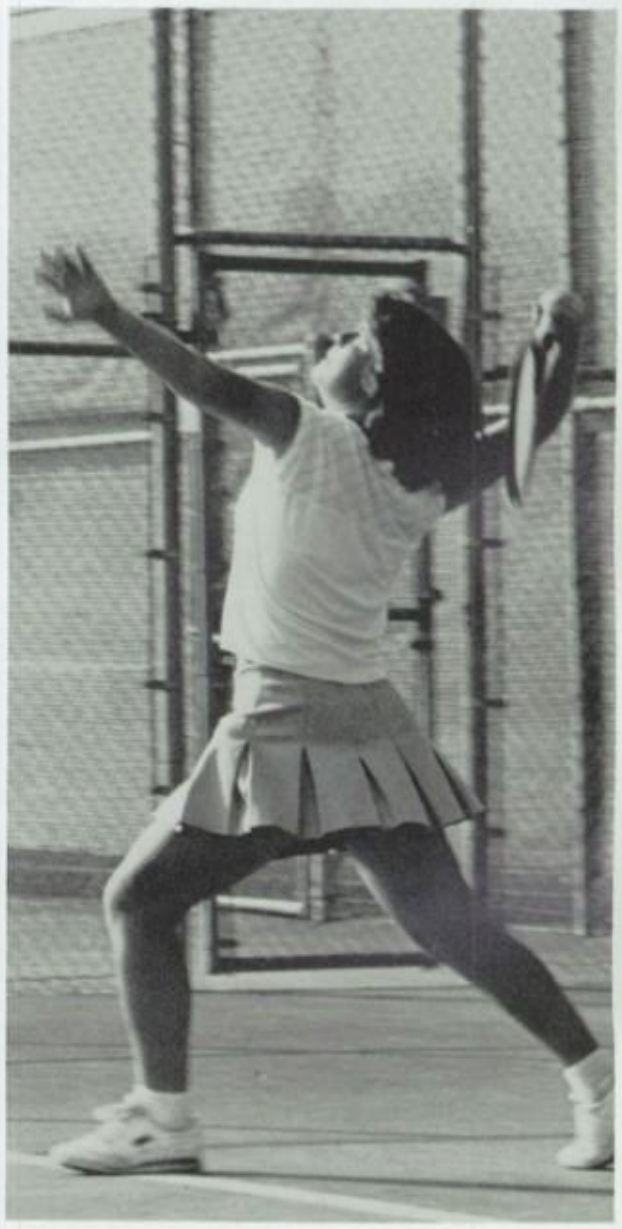
Hard Coaching Pays Off

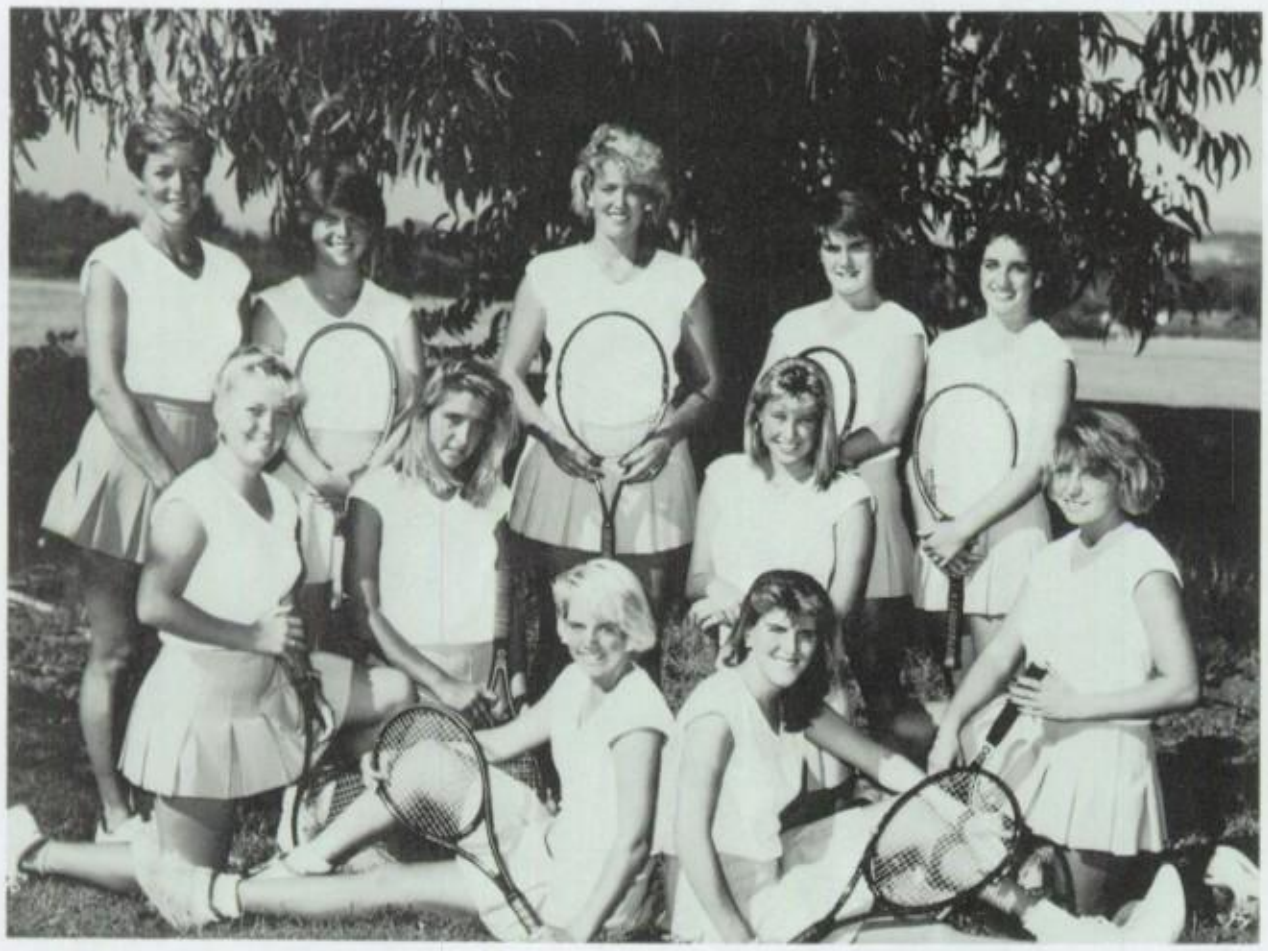
By Naomi Kusano

Coach Yarnell felt very pleased about this year's Varsity team, and there seemed to be a lot of competition among the players. Although the team felt competitive, they still felt very close to one another. Everyone seemed to get along especially well this year and no one ever felt left out. Stacy Harris said, "The team is great. We're almost like a family. We have problems, but we can always work them out." The girls did many things together and were very supportive of each other. One of their favorite things they did together was gossiping and laughing on the bus coming home from their tennis matches. The bus rides home weren't the only fun things they did, as Deena Mueller stated, "I liked the way Mrs. Quaresma brought foods and snacks for us to the matches." Aside from all the fun, the team practiced hard every day, except when they had their tennis matches. Coach Yarnell felt the strongest points in the team was obviously Carla Quaresma at single, but she was also proud of the play of both doubles teams, Dominique and Jodi Rosano and Deena Mueller and Laura Newmark. The graduating seniors, Lisa Calhoun, Stacy Harris, and Dominique Rosano were all this year's team captains. When asked what gives her the winning edge, Lisa Calhoun answered, "Knowing that I'm a senior and it's my last chance to be recognized for my athletic abilities." Jennifer Lukenbill said, "Dominique was always there when we needed her and she would always make us laugh." The senior team captains will all be missed by the team and also the coach. "It's always hard losing your seniors," added Coach Yarnell. "It's sad in some respects and happy in others.

> "Coach Yarnell is tough, but her hard coaching always pays off in the end." — Jennifer Lukenbill

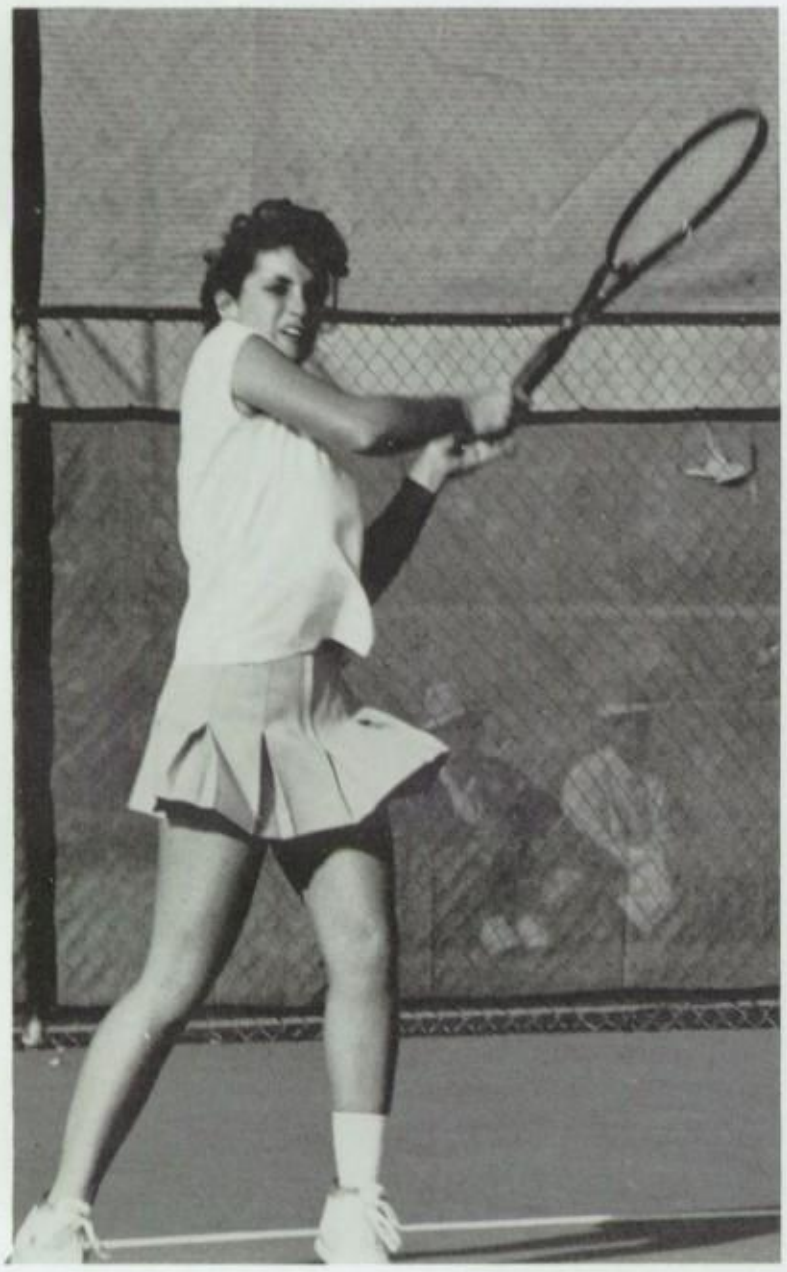
Laura Newmark serves the ball with determination.





Top row, left to right: Coach Yarnell, Laura Newmark, Lisa Calhoun, Stacy Harris, Marni Brown, Middle left: Jennifer Lukenbill, Jodi Rosano, Whitney Muehlbauer, Dominique Rosano, Front left: Carla Quaresma, Deena Mueller.

Using all her strength, **Marni Brown** returns the serve.

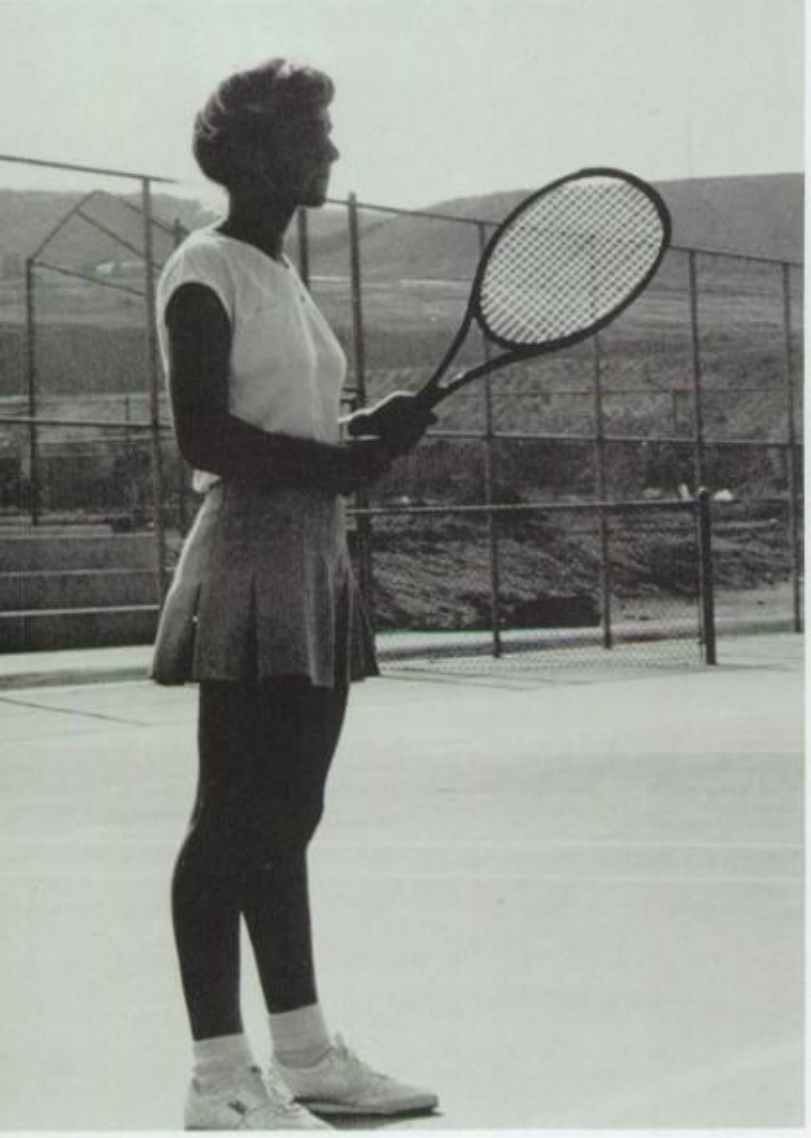


Dominique Rosano waits for her opponent to get ready.

MVP

Carla Quaresma was voted the Most Valuable Player of the year for the second time in a row. "It's a really good feeling to win the MVP title," commented Quaresma. At 8 years of age,

Carla started taking lessons and was participating in many tournaments by the age of 10. She feels that her coaches are the biggest influence on her matches. For next year, Carla stated, "Hopefully, we'll be able to go to CIF and this time, win the title!"



Varsity Tennis Scores

Opponents:	We:	They:	Opponents:	We:	They:
Mira Mesa	7.4	1.6	La Jolla	2	5
Patrick Henry	24	8	Fallbrook	15½	5½
Bishops	6.4	2.6	San Pasqual	20	8
Carlsbad	9½	18½	Torrey Pines	17	11
Torrey Pines	2.6	6.4	Orange Glen	26	2
Torrey Pines	10½	17½	Mt. Carmel	18	10
Orange Glen	27	1	Vista	17	7
Mt. Carmel	21	7	San Dieguito	23½	4½
Vista	18	10	Fallbrook	17½	8½
San Dieguito	19½	8½	San Pasqual	5	2

Totals: 16 wins 4 losses

Sisters **Jodi** and **Dominique** made a smashing doubles team.

Tennis

Spirit Helps JV Win

By Naomi Kusano

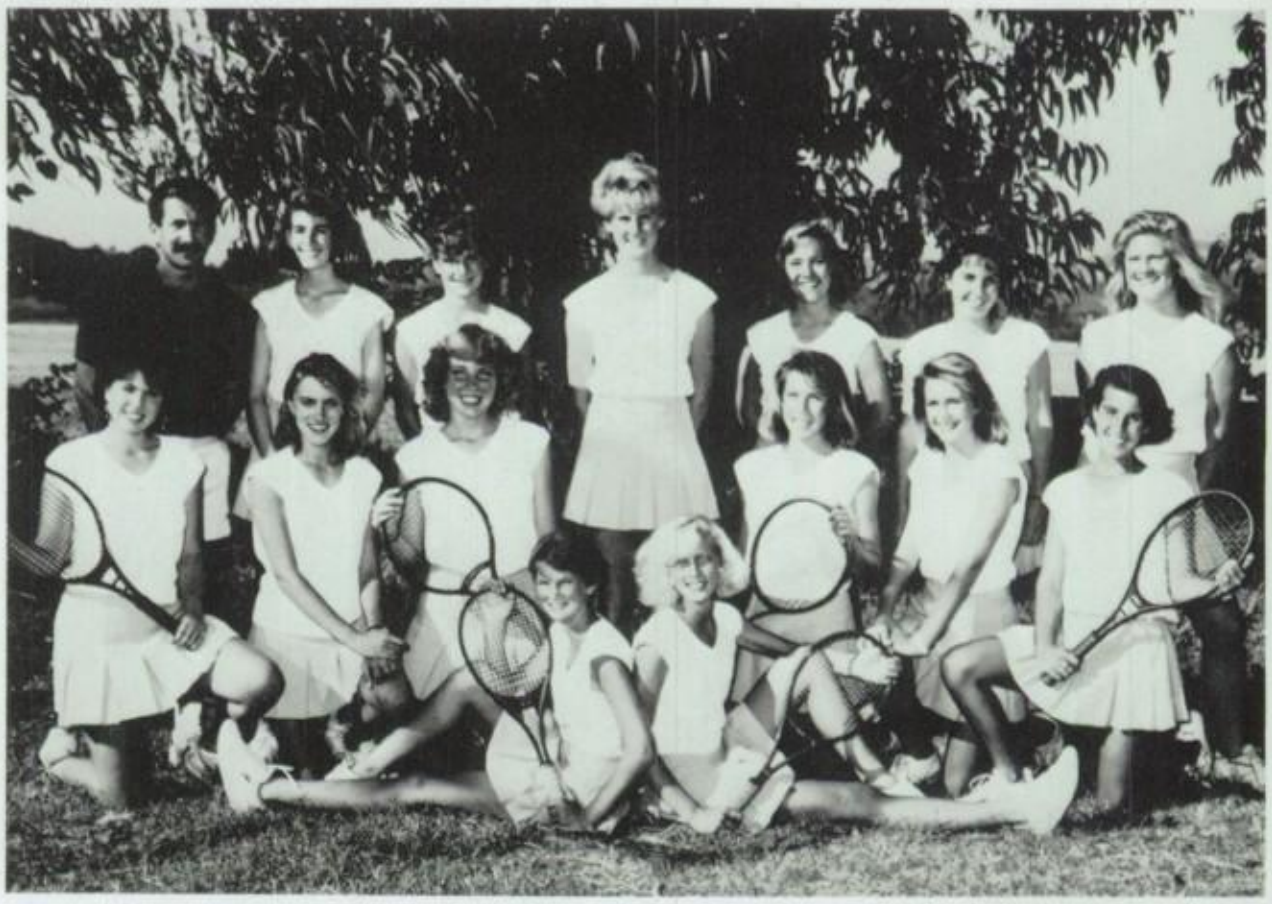
The word spirit may not mean much to some people, but it meant a lot for the girl's JV tennis team. Spirit seemed to be the key ingredient that helped the girls to the many victorious wins that they had. Most of the teammates felt joining the tennis team was a good way to meet many new people. Kristy Faustman added, "I've become good friends with a lot of them. We all support each other and don't really compete against one another seriously." The other girls on the team were not the only friends they had. The person who taught them the skills to be a good tennis player, Coach Parinello, is also one of their friends. "Coach Parinello is really supportive in everything we do," stated Carol MacIlroy. "He's not just a regular coach, he's also a friend." Karin Morrison also added, "Perry is really funny and makes being on the JV team a lot of fun." Although they all enjoy being on the JV team, their goal for next year is to get a solid spot on the Varsity team. Both Whitney Muelbauer and Karin Morrison are the top JV players and have played on the Varsity team as well. Karin has played doubles with Varsity tennis player, Carla Quaresma, and did quite well. Along with their teammates, Whitney and Karin are both working hard to make next year's Varsity team a good one.

JV Tennis Scores

Opponents:
Mira Mesa
Patrick Henry
Bishops
Carlsbad
Torrey Pines
Orange Glen
Mt. Carmel
Vista
San Dieguito
La Jolla
Fallbrook
San Pasqual
Orange Glen
Mt. Carmel
Vista
San Dieguito
Fallbrook
San Pasqual

Carol MacIlroy illustrates the perfect serve.

Paulette Beirne concentrates as her opponent serves the ball.



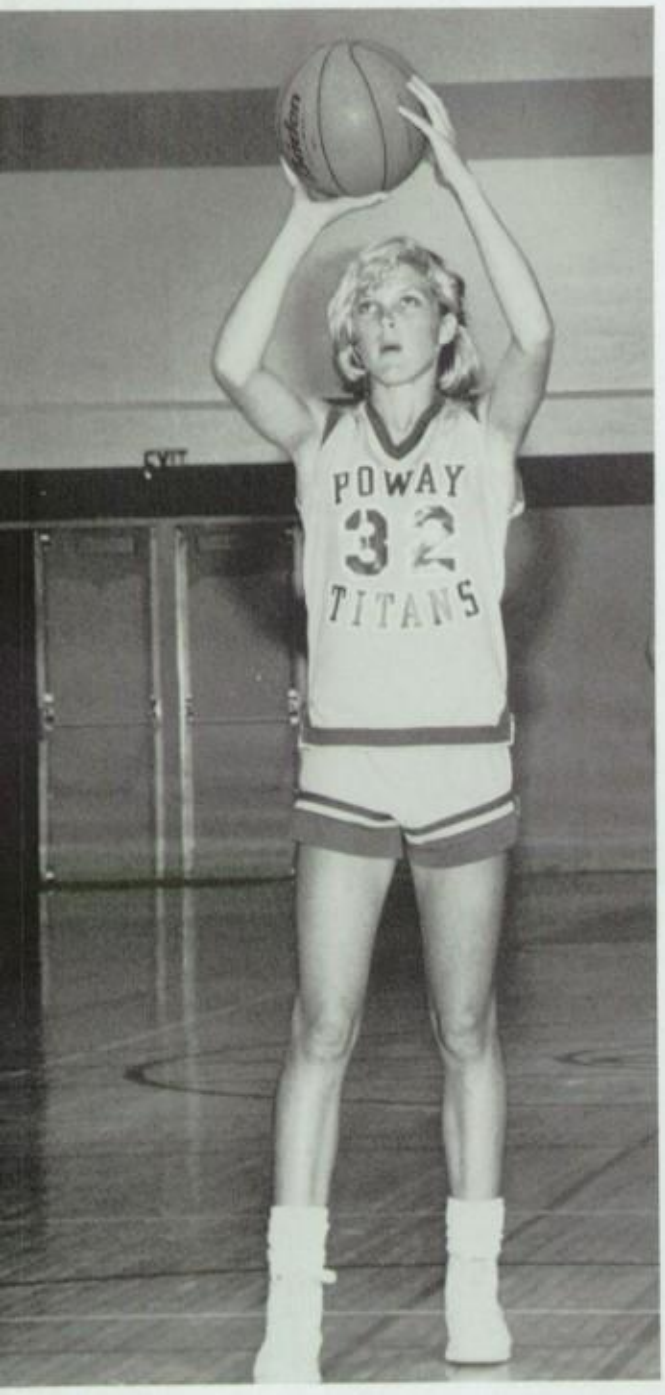
Top row, left to right: Coach Parinello, Laura Whyte, Paulette Beirne, Karin Morrison, Lynda Spalding, Kindal Marin, Charity Elmore, Middle left: Nicole Francis, Lisa Hess, Christine Hittle, Kristy Faustman, Laurie Hoffee, Heather Kritzer, Front left: Carol MacIlroy, Kim Hester.

Basketball

JV Blows 'em All Away

By Julie Hartman

Hoping to land the shot, **Dawn Gigstad** uses mental telepathy to tell the ball where to go.



Undefeated, talented, and enthusiastic characterized this years girls junior varsity basketball team from head to toe. "We're like a family. We understood each other and worked well together," explained Sophomore Karmyn Clark. The group consisted of only two Sophomores and seven Freshmen. Coach Salzman commented, "The Freshmen were very highly skilled. I never had a problem of replacing players into different positions because we had such great depth. The team didn't depend on any one player. Every individual contributed and picked up points." "Coach Salzman was really helpful," remarked Tammy Brannon, "whenever he criticized a player he also complimented them. He made us feel good about ourselves." Basketball is an activity to keep in shape, but also to meet new people. Freshman Christy Fortney stated, "When I first started playing basketball, six years ago, it was just something to do. Now that my skills have improved I have grown to enjoy the competitive aspects of the sport." This outstanding team had everything required to succeed. They had excellent abilities to maneuver the ball on the court, they achieved a desire to win, and they were friends on and off the court. The time the players spent practicing, showed in their games and gave new hope for the future in girls basketball games.

Junior/Varsity Basketball	We	They
Fallbrook	57	26
San Marco	54	26
Ramona	65	14
Mt. Carmel	35	30
Vista	41	25
San Dieguito	68	9
Fallbrook	39	37
Torrey Pines	67	13
Orange Glen	54	25
Mt. Carmel	32	31
Vista	48	27
San Dieguito	77	10
Fallbrook	43	42

Back L-R: LeAnn Weech, Laura Nugent, Tammy Brannon, Julie Scwan, Dawn Gigstad. Front: Jenny Guerena, Kelly Carrigan, Karmyn Clark, Christy Fortney, Coach Salzman

Karmyn Clark races past her opponents with the greatest of ease.

Basketball

Varsity Learns from Mistakes

By Jennifer Stampfli

Spaghetti dinners a few hours before the game helped this year's Varsity players psyche up. As forward Teri Miley explained, "It's mostly the same team as last year so we work well together. All of us are friends both on and off the court."

Yet, as Regina DaSilva commented, "We're doing well but not showing it in our games." The problem could have been the height advantage of their opponents. Most of Poway's rivals were more aggressive under the basket and therefore received more rebounds.

"We're on the diving board to success." Kyrstin Hanson

Stephanie Feaster also attributed the low game scores to a lack of spirit. "We interact well but we need more mental — we need to get the plays working." The team progressed in spirit by meeting for pre-game dinners and pepping each other up through secret sister gift exchanges.

Usually they played an excellent first half but slowed down after half-time. But Deanne Anastas had a positive attitude about the team. "We try our best, and physically we're as tough as we can be. With only two seniors, it's a young team so next year will be better." Coach Boulware agreed, "A year of learning and improving characterized this team. They developed into an aggressive defense team."

About their coach, both Tiffany Schafer and Jill Brawner agreed that, "He's tough but he knows the game and has our interest in mind." Added Zoe Anastas, "Boulware gets me to work harder and push myself."

Boulware closed the season by saying, "With the nucleus of the team returning and the addition of great players from the undefeated JV team, the future is very bright."

Tiffany Schafer demonstrates speed and agility as she outwits the opponent.

Deanne Anastas prepares for another basket.

Lynell Stokes attempts a steal as **Leslie Dean** blocks.

As **Stephanie Feaster** watches, **Deanne Anastas** shoots.

Stephanie Tollefson dribbles and prepares to pass to her teammate.

Girls Varsity Basketball

Opponents	We	They
Point Loma	25	67
Ramona	45	39
Mount Carmel	46	57
San Dieguito	57	50
Fallbrook	54	47
Torrey Pines	43	54
Orange Glen	50	39
Mount Carmel	39	54
Vista	42	61
San Dieguito	36	53
Fallbrook	46	52
Torrey Pines	46	33

Total Wins: 5 Losses: 7

CAPT

Senior Deanne Anastas was chosen as this year's captain by Coach Boulware because of her experience and expertise. Her jobs as captain consisted of acting as intermediary between coach and players and raising team spirit. This was Deanne's seventh year in basketball, a sport she joined because of the "action and excitement." Last year she was chosen as MVP. Although she played both guard and forward, she preferred the latter since "it's easier to make shots from close range." After graduation, Deanne plans to attend U of S.F. She also commented, "I wish the best of luck to the Varsity team in the future, they're a terrific bunch of girls!"

Back row L-R: Lynell Stokes, Leslie Dean, Regina DaSilva, Tiffany Schafer, Kyrstin Hanson, Deanna Holden. Front row L-R: Coach Boulware, Zoe Anastas, Jill Brawner, Deanne Anastas, Teri Miley, Stephanie Feaster.

Jill Brawner and **Tiffany Schafer** wait for the rebound from the free-throw shot.

Basketball

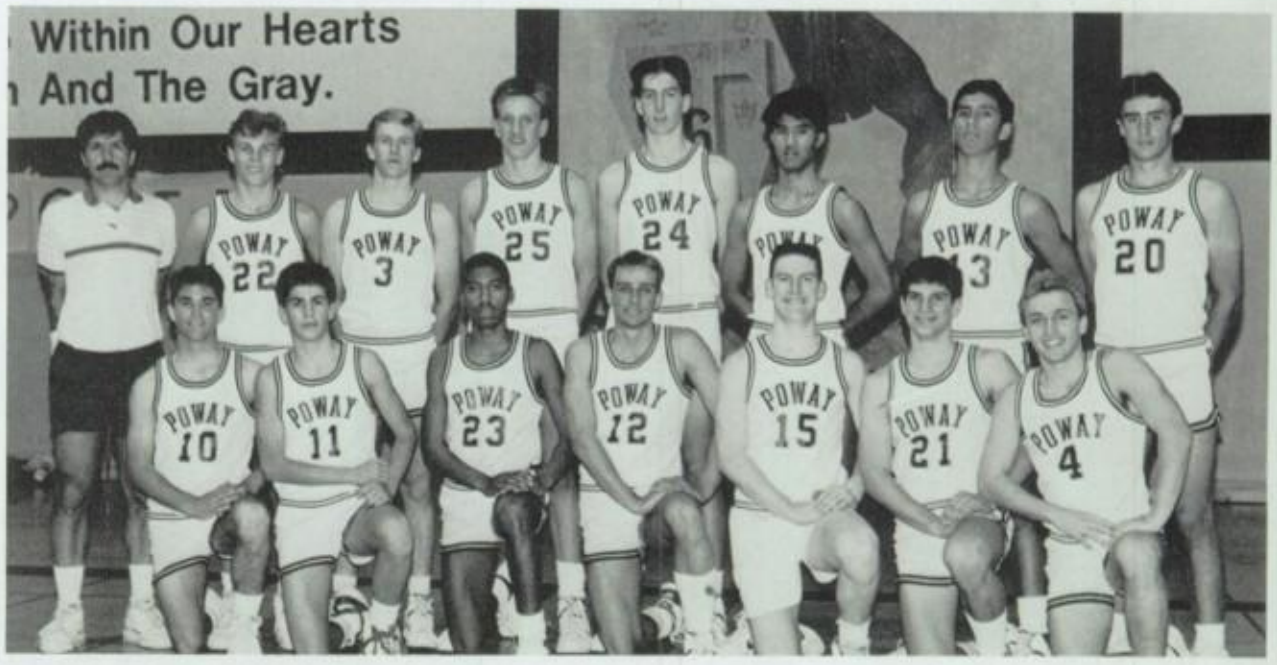
J.V. Jumps to Success

By Jennifer Stampfli

Wildly patterned shorts flash across the court after school in the Poway gym. They helped each player express his individualism and added spirit during the rigorous practices. Sidaron Wilson exclaimed, "We have a great attitude about basketball and our team is fired up!" The team found few faults with their season and contributed their success to a variety of factors. Gaby Awbrey felt, "The dependence we have on each other helps teamwork and comes easily since most of us have been together since junior high." Robert Melotti agreed and added, "We're all equal; everyone's important and we play as a team rather than individually." Poway had a strong offense/defense combination which kept the rivals busy at all times. All the players exhibited a great deal of experience, which made up for their lack of height, but they still had to "get tough," in the words of Awbrey. Coach Kapsimalis was new to PHS this year but he did an excellent job of teaching the team and was a friend of many of the players from their days at Twin Peaks. "Coach knows what he's doing. Even after we lose he keeps inspiring us," expressed Jim Roberts.

Defending the ball from a Lincoln player, **Gaby Awbrey** heads for the basket.

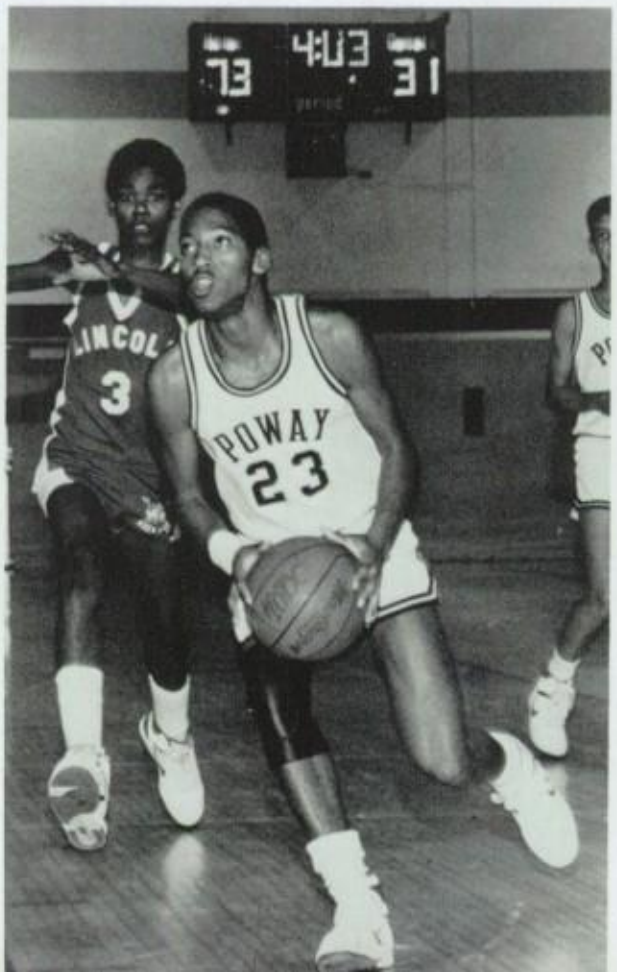
Back L-R: Coach Kapsimalis, Jason Appel, Keith Ball, Chad Milling, Jim Roberts, Jon Jaro, Gaby Awbrey, Doug Schwenke. Front L-R: Mike Beam, Jay Blankenbeckler, Sidaron Wilson, Terry Armstrong, Robert Melotti, Brad Herzog. Not shown: Ed Cornblum.

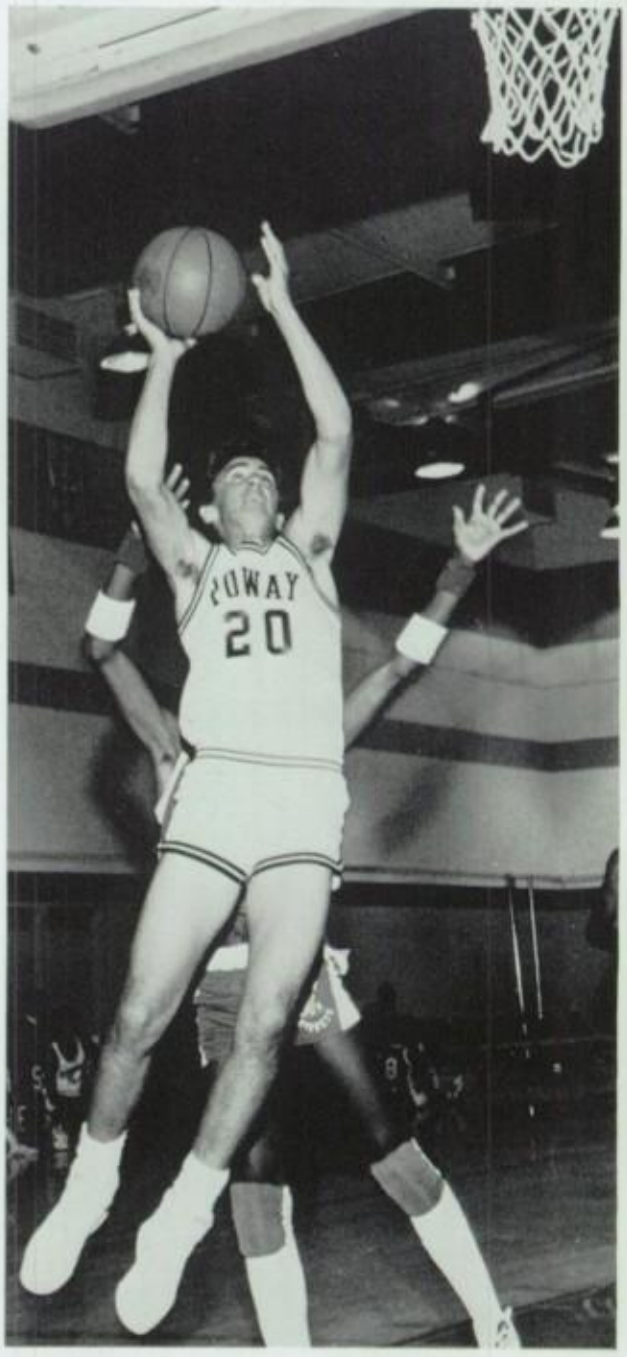


Boys JV Basketball

Opponents	We	They
Point Loma	53	36
Lincoln	79	36
Mount Carmel	63	44
Vista	56	45
San Dieguito	69	49
Fallbrook	72	41
Torrey Pines	68	56
Orange Glen	53	64
Vista	57	62
San Dieguito	70	46
Fallbrook	74	51
Torrey Pines	91	76
Orange Glen	53	61

Total Wins: 10 Losses :3





Doug Schwenke leaps into the air to score another point for Poway.

Sidaron Wilson takes control of the ball and makes a fast break toward the basket.

Basketball

Frosh shoots to the top

Rick Anderson battles for a rebound with a Mount Carmel rival.

By Jennifer Stampfli

"Everyone on the team is a great player and all of us are good friends. We're definitely playing our best all the time," boasted Matt Uyeda about the freshman team. Their confidence and teamwork, combined with strenuous practices, gave Poway the league title. Shane Schanback explained, "We're in the game as a team, even those on the bench are concentrating and playing in their minds." Those on the bench constantly cheered on those running around the court. They gave each other strong moral support. Troy Nichols considered the team's attitude to be a key ingredient to success. "We get a roll going and everyone is in the mood to win. If we have to get a point on the board, it will be there." Steve Gregosky commended Coach Embrey on "his expert knowledge of plays." while Zeke Awbrey praised Embrey for "his good strategy which he continually changes to confuse our opponents." The Frosh team consisted of thirteen strong players. Everyone performed well as a sub and, as Rick Anderson said, "There isn't five main players, all of us are good enough to back up the starters and win." Jason Ginger listed the deep bench as a great help in winning games. With a smile he said, "We have guys who want to score."

The Poway bench watches with concentration as their teammates defeat Mt. Carmel.

Boys Freshman Basketball

Opponents	We	They
Ramona	78	25
El Camino	65	33
Carlsbad	76	18
Mount Carmel	47	42
Vista	54	48
San Dieguito	51	46
Fallbrook	59	37
Torrey Pines	56	49
Orange Glen	57	49
Mount Carmel	43	35
Vista	69	48
San Dieguito	51	42

Total Wins: 12 Losses: 0

Back L-R: Phill Bradbury, Chad Marshall, Jason Ginger, Jason Weigel, Greg Sorrell, Ricky Anderson, Zeke Awbrey. Front L-R: Troy Nichols, Steve Gregosky, Sean Pendergast, Chad Basinger, Matt Uyeda, Shane Schanback, Coach Embrey.

Basketball

Varsity Developes Character

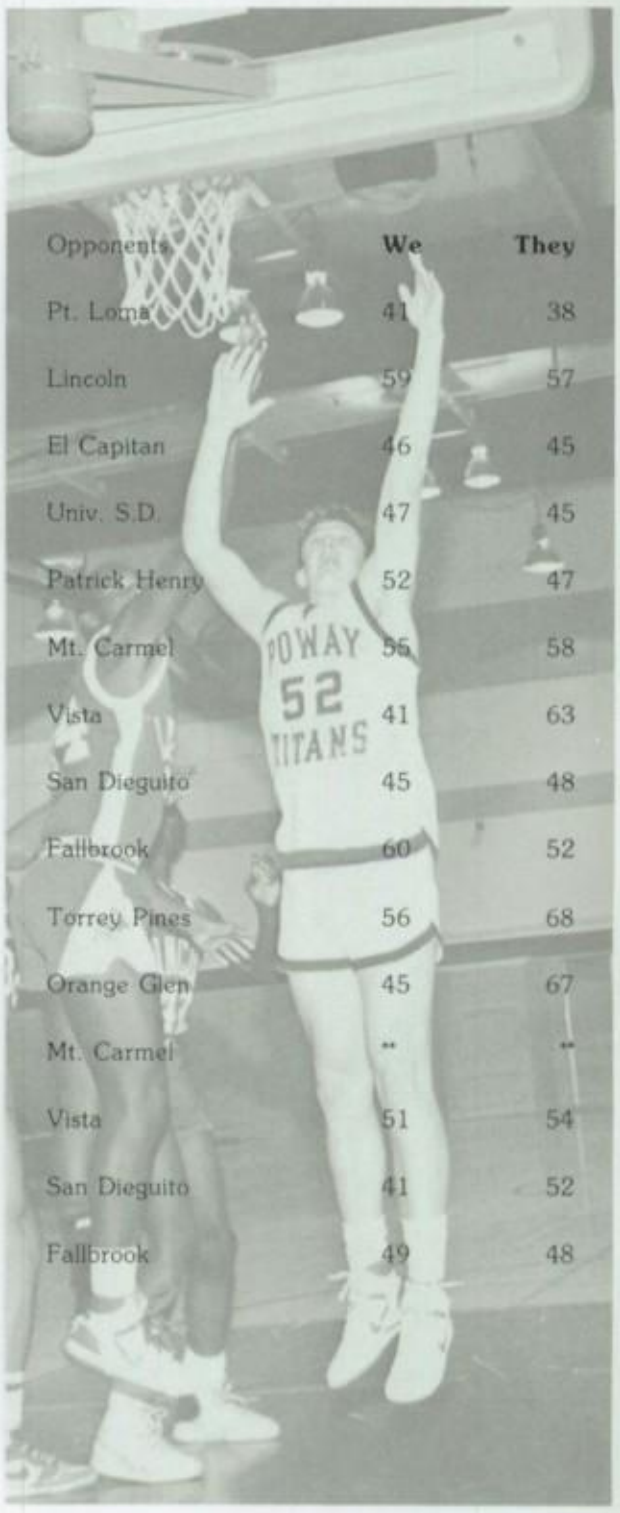
By Julie Hartman

"We didn't get to the meat and potatoes," explained highpost Leif Gigstad, "To play basketball well, you have to enjoy it, get at it, and get fired up. That didn't happen this year." From the very beginning the Varsity team reflected a disappointing season. Coach Saner stated, "It's hard to win a title every year. I know the Poway name has set a high standard for basketball and we did play some good games, but consistency is what makes a team good and we fell a bit short of that. Nonetheless, I enjoyed the players' company and am proud of their efforts." The coach, the team, and the school expected the Varsity to do better, but after the first three games and then to be defeated by Mt. Carmel, everyone knew the Titans were in for a rough season. Each member encouraged one another to inspire more motivation, spirit and confidence. Gary Anderson said, "Basketball is fun because it's action-packed and you're constantly in motion." Brian Korgel expressed, "I enjoy the competition the most. I loved getting on the court and competing. Coach Saner is very dedicated and serious about the game and cares about the players as much as any coach I've ever seen." Nevertheless, the athletes kept their chins up and came through an upsetting season with a lot of educational memories. Senior Jeff Galka remarked, "The season did not go as well as we would have liked it to, but it was an overall rewarding experience."

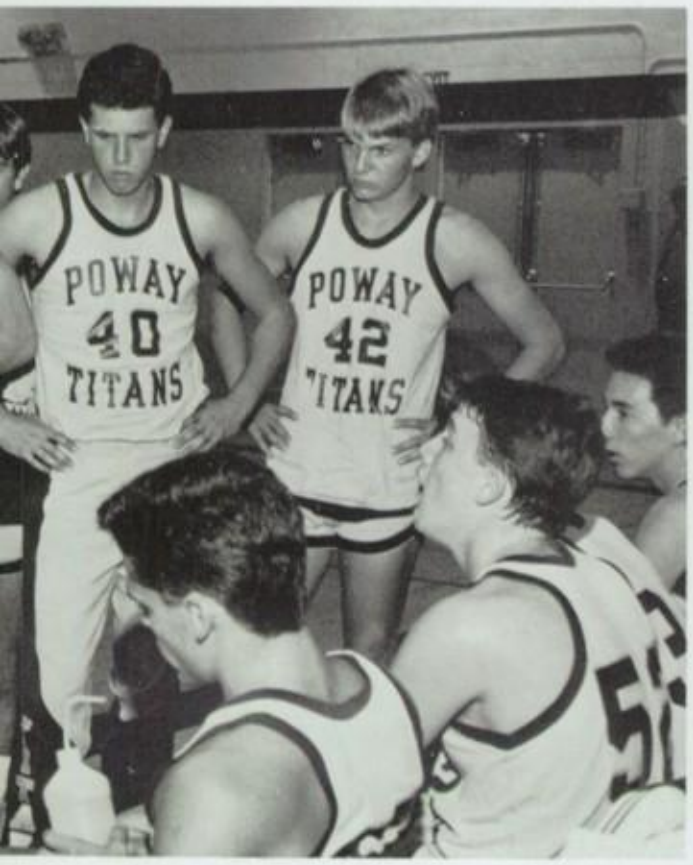
> "Basketball teaches you about leadership, teamwork, and especially this year, humility." — Brian Korgel

The players listen intently to instructions from their enthusiastic coach.

The noise of the crowd doesn't phase **Gary Anderson** as he makes "that critical shot."

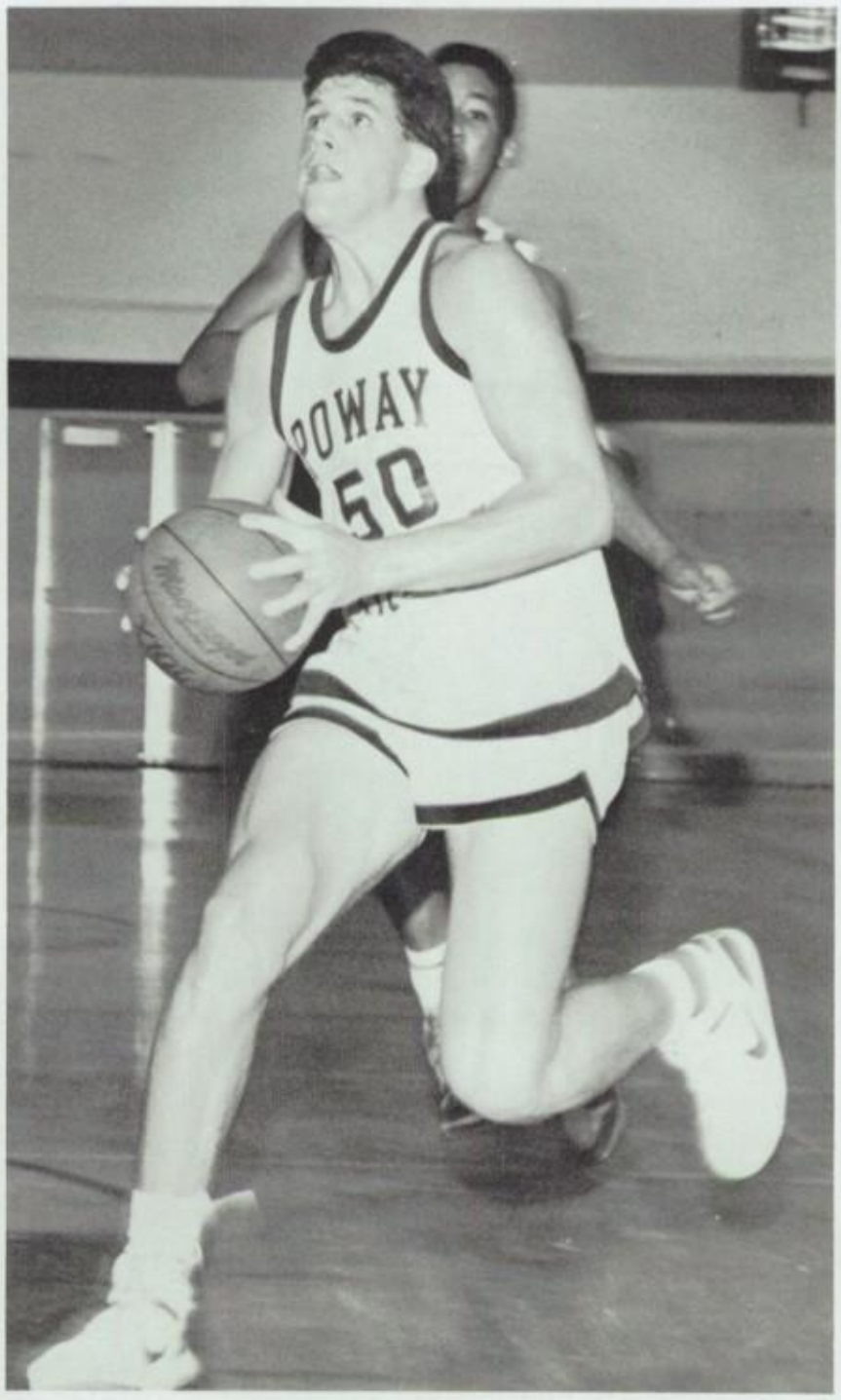


Opponents	We	They
Pt. Loma	41	38
Lincoln	59	57
El Capitan	46	45
Univ. S.D.	47	45
Patrick Henry	52	47
Mt. Carmel	55	58
Vista	41	63
San Dieguito	45	48
Fallbrook	60	52
Torrey Pines	56	68
Orange Glen	45	67
Mt. Carmel	--	--
Vista	51	54
San Dieguito	41	52
Fallbrook	49	48



With much agility and strength, **Gary Anderson** whisks the ball down the court, and away from his opponent.

Jason Jones approaches the basket with great determination.



MVP

The MVP title was shared by Gary Anderson and Dave Delaney. Both athletes have always enjoyed sports. Dave said, "It's great to be recognized for my abilities." "I feel honored by this unique award," commented a happy Gary.

L-R: Harlan Carroll, Gary Anderson, Jay Norbohm, Dan Millard, Paul Roberts, Jason Jones, Dave Delaney, Leif Gigstad, Jeff Galka. Kneeling: Ty Nichols, C. Saner, Brian Korgel

Wrestling

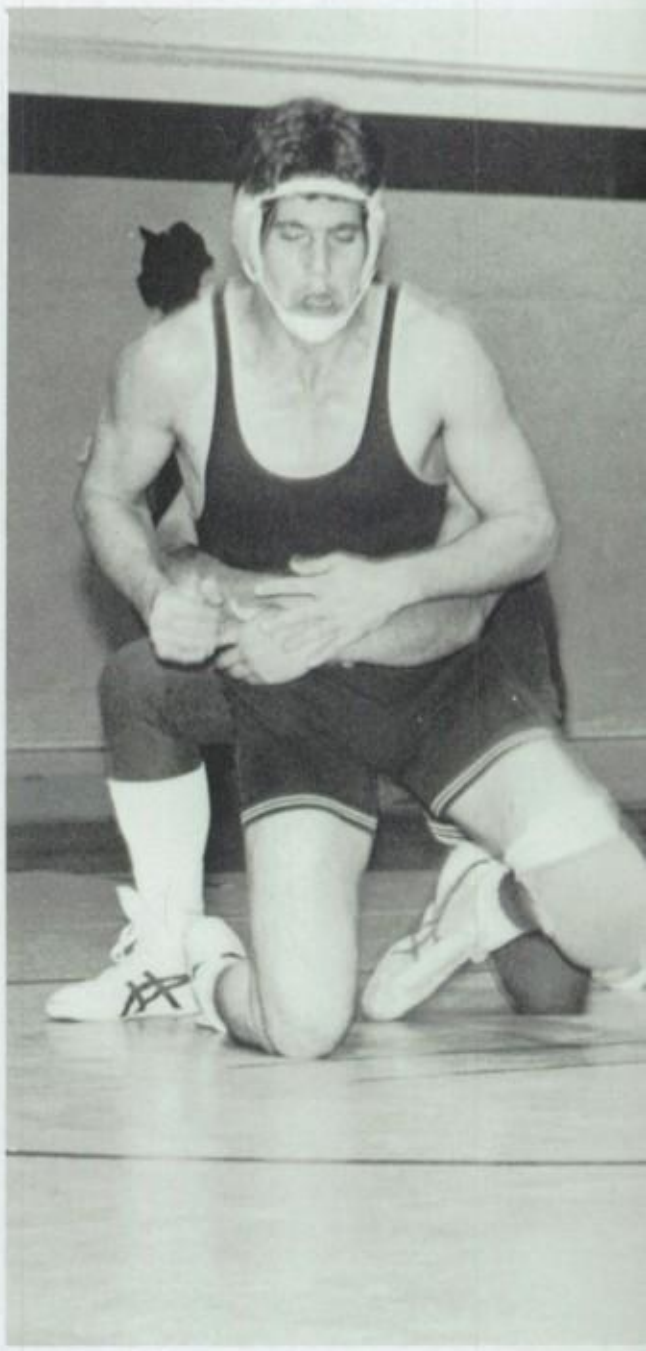
Perfection To The Fullest

by Jon Jaro

To say that wrestling at Poway High School has been "successful" in past years would be the biggest understatement of the century. The dynasty that Poway High wrestling has established for itself ultimately epitomizes athletic dominance. Past accomplishments include: several league championships, C.I.F. championships, numerous tournament victories, and a most prestigious state championship. This year's Varsity Wrestling team continued to display their well-known excellence by picking up where they left off last season and moving onward. They easily captured the league and C.I.F. crown, then went on to place 8th at the state tournament. When asked how Poway High wrestling managed to become so superior, many of the wrestlers considered Mr. Branstetter to be the single, most important factor. Garrett Story stated, "Mr. Branstetter knows what it takes to get every ounce of ability out of someone." "Mr. Branstetter pushes us real hard. He isn't afraid to workout with us like some coaches. He's probably the toughest guy in the room," added Marty Lewis. Although several of their victories were lopsided, the team became better and better with each match. One significant edge the wrestlers possessed was the encouragement and support they constantly provided for each other. Ricky Legaspi commented, "The whole team really motivates me; they do good and it makes me want to do good." Brian Davisson described it this way, "It is just you and someone else out on that mat and when you screw up, everyone knows. But when you win there is no other feeling like it." Fortunately, feelings often ran high and wild for this year's Varsity Wrestling team and with such a bright future ahead, these feelings should remain for quite awhile.

> "In wrestling, no one else can do the work for you." — Ross O'Briant

Brian Davisson works to escape from his opponent.



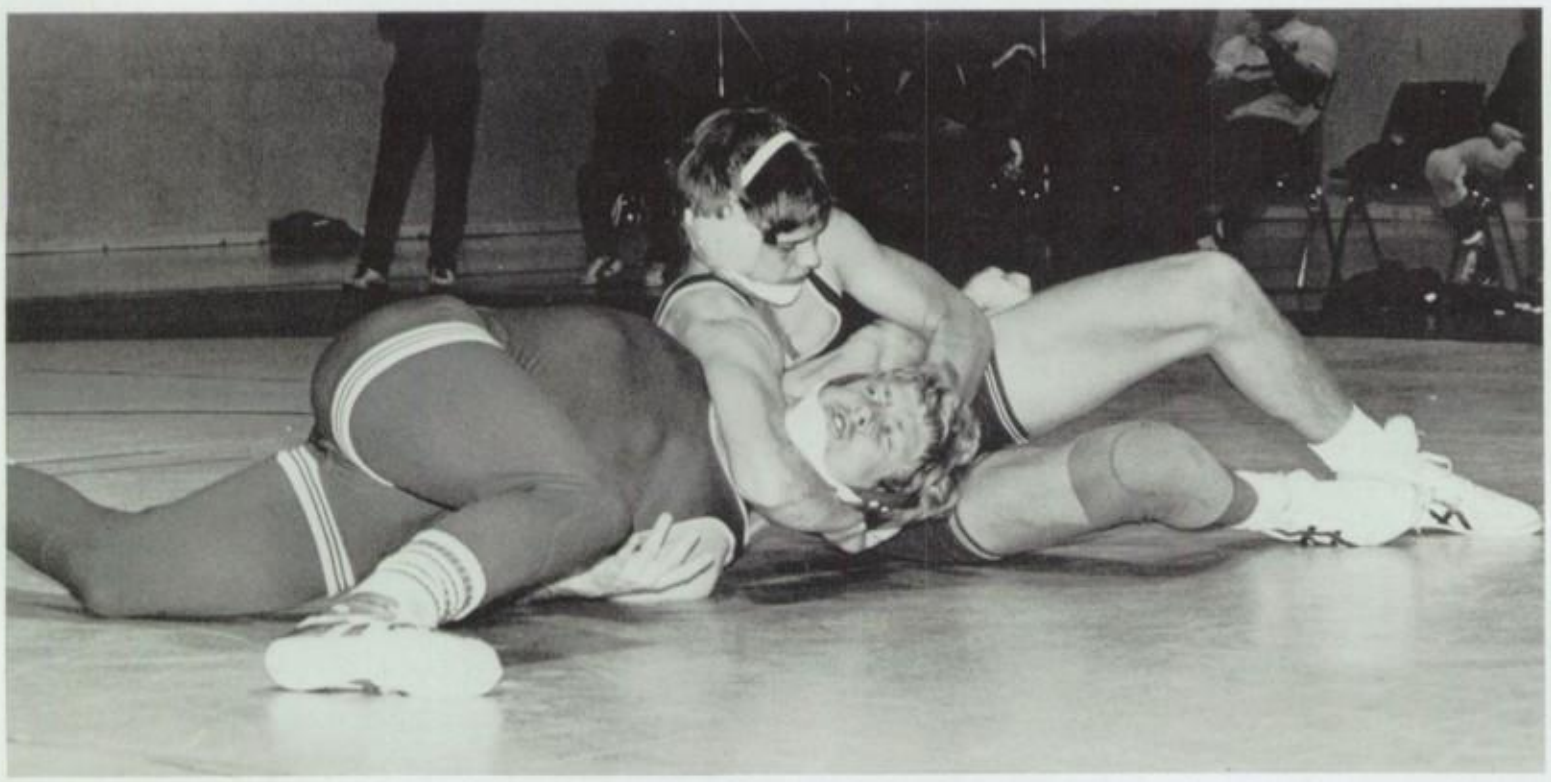
Varsity Wrestling

Opponent	We	They
El Dorado Trnmt.	2nd Place	
Escondido Trnmt.	1st Place	
El Cajon Trnmt.	1st Place	
Mt. Carmel	49	16
Monte Vista Trnmt.	1st Place	
Vista	57	6
5 Counties Trnmt.	2nd Place	
San Dieguito	48	10
Fallbrook	61	3
El Camino Trnmt.	1st Place	
Torrey Pines	76	0
Orange Glen	57	7

*League Champions
*C.I.F. Champions
*8th in State Trnmt.

1st row: Shane Rosselle, Steve Kerr, Garrett Story, Ricky Legaspi, Tony Cooke 2nd row: AJ Perez, Ross O'Briant, John Bright, Rick Bugado, Marty Lewis, Brian Davisson 3rd row: Coach Branstetter, Coach Hockaday, Brian Woods, Kipp Anderson, Marc Pease, Coach Torretto

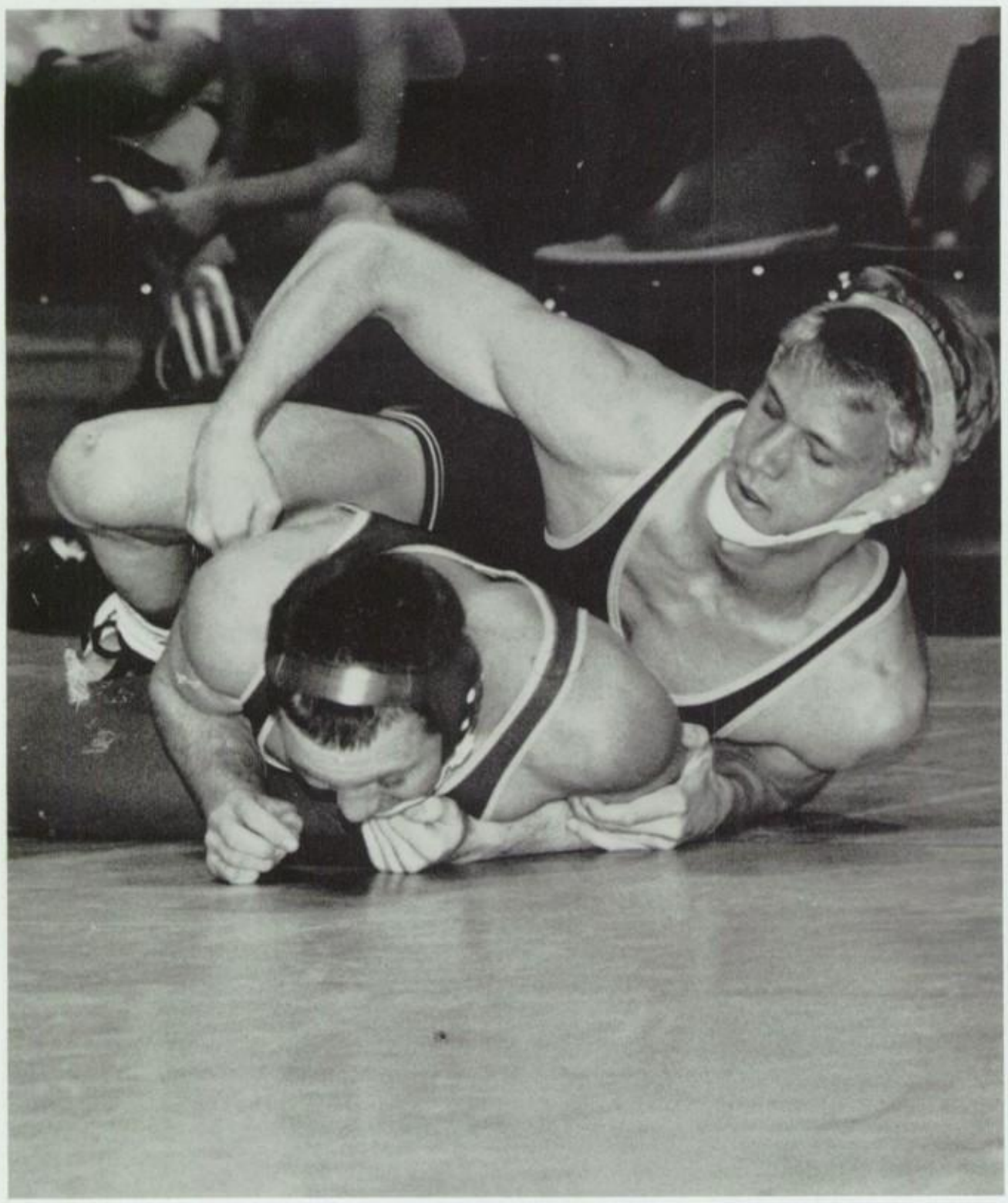
Senior **Kipp Anderson** maintains control and attempts to pin his opponent.



MVP

This year's pick as MVP for the Varsity Wrestling team was Brian Woods. Brian began wrestling at the age of 14 and has had an outstanding wrestling

career here at PHS. Aside from wrestling, Brian enjoys football and other various sports. He attributes much of his success to Coach Branstetter and believes the biggest reward he received through wrestling was learning to be very disciplined. Although he is unsure about his future, one thing's for sure — he'll always be a winner!



Ross O'Briant aggressively tries to turn his opponent onto his back.

Tony Cooke takes advantage of the situation and works to turn and pin his opponent.

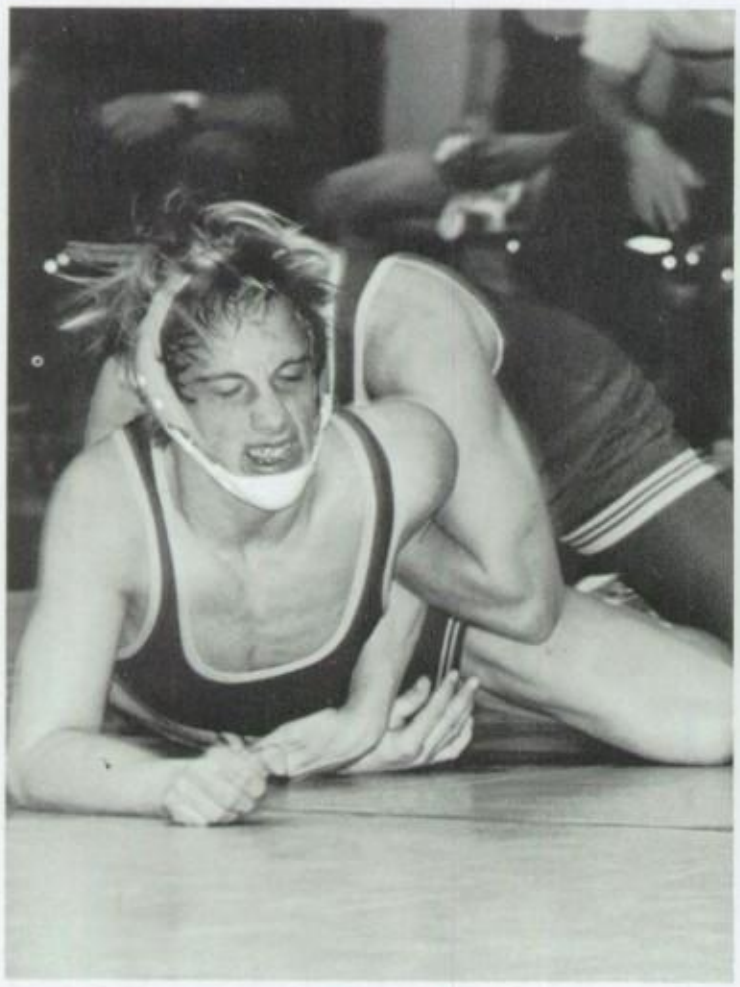
Wrestling

J.V. Mirrors Varsity's Deeds

by Jon Jaro

To many athletes, the J.V. level is the halfway point toward the Varsity. However, several of the county's other J.V. teams were led to believe otherwise. To them, Poway High's J.V. wrestling squad was as good as some local varsity teams. And rightly so, since the ability and skill of these Titans was often far superior to others. How was such a high level of performance achieved by this year's team? Many of the wrestlers believed the coaching and their own willingness to work were the keys to being so exceptional. Brett Christensen stated, "He (Mr. Branstetter) knows what it takes to be the best and shows us how. Marc Todd added, "What attracted me to wrestling was the hard work and competition." The result was victory upon victory and an extremely successful season. Yet, virtually all of the wrestlers were not fully satisfied. Several still had more accomplishments in mind, including: winning C.I.F., winning Masters and placing in the state tournament. With their outstanding season coupled with additional goals, the J.V. set the tone for a bright future in wrestling at Poway High.

After a convincing victory, the referee declares **A.J. Perez** the winner.



Dale Hanover displays extreme determination while struggling to resist from being pinned.

1st row: Tony Matteucci, Dale Hanover, Eric Sarmiento 2nd row: John Dornberger, Mark Faust, Brett Christensen, Mike Fritchman 3rd row: Eric Young, Craig Godfrey, Coach Torretto, Marc Todd, Adam Roche

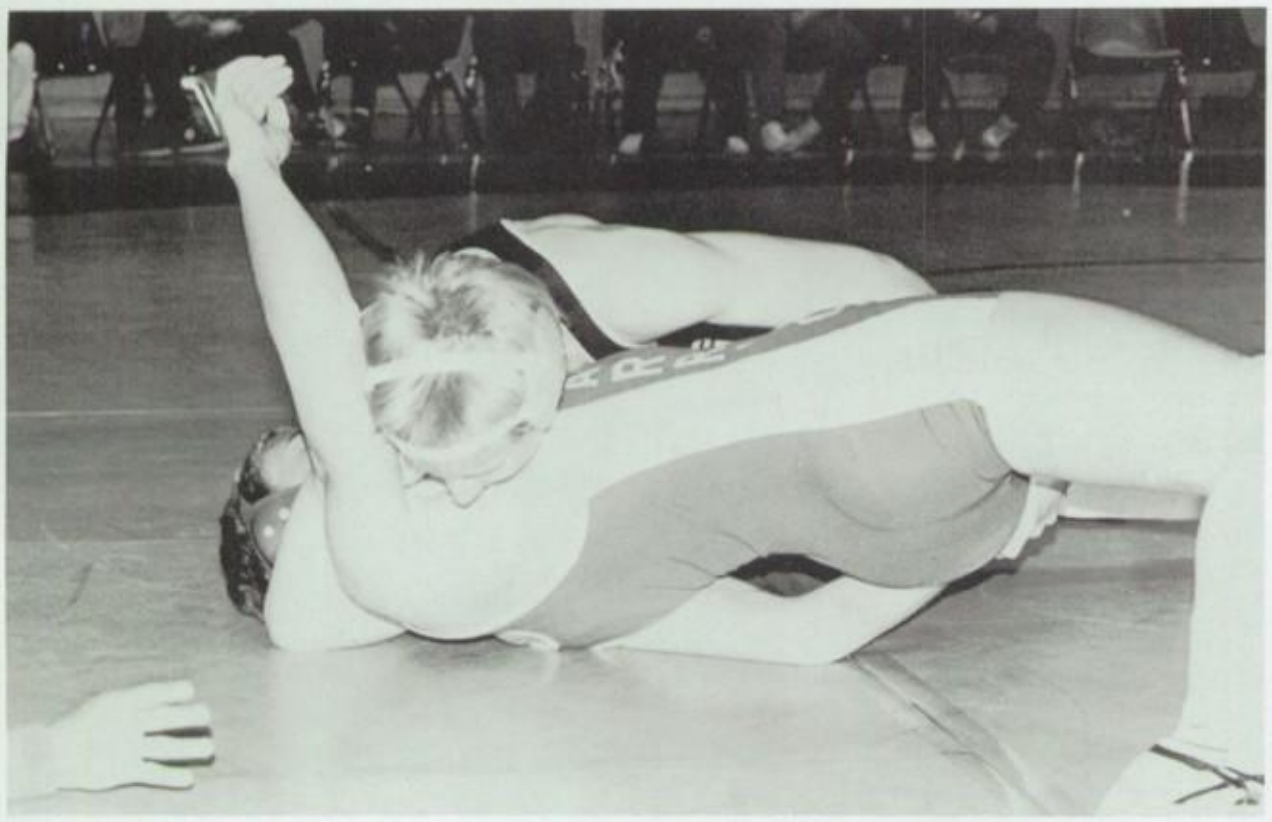
Junior Varsity

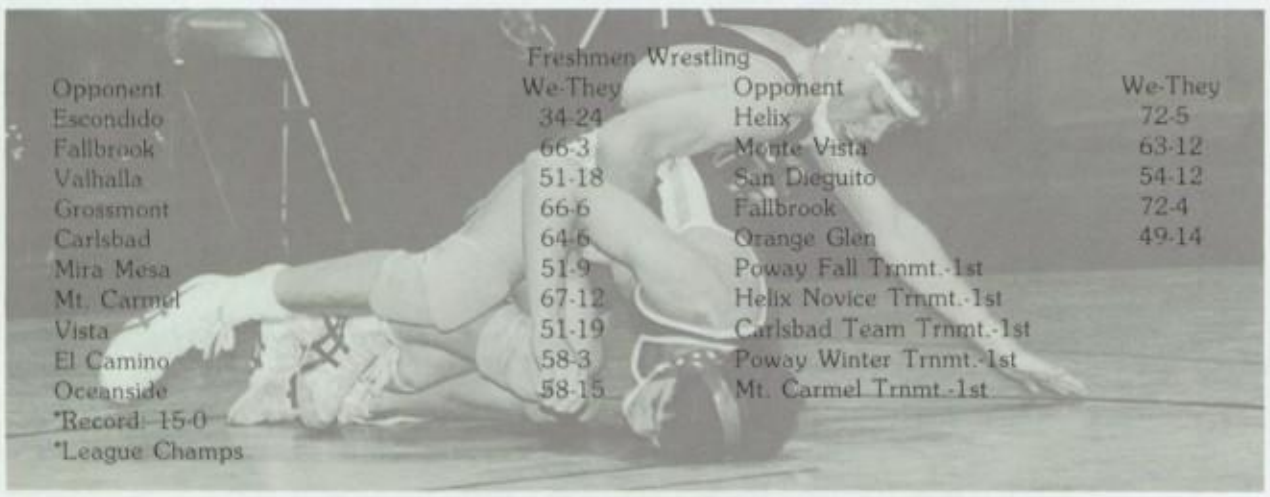
Opponent	We-They	Trnmt.	Place
Mt. Carmel	40-23	Poway J.V.	1st
Vista	51-18	Mira Mesa Varsity	4th
La Jolla	72-6	El Cajon J.V.	1st
San Dieguito	62-8	Spanjon Team	1st
San Marcos	64-9	Helix J.V.	1st
Mt. Carmel	41-24	Monte Vista J.V.	1st
San Dieguito	67-6		
Fallbrook	66-6	*Record: 10-0	
Torrey Pines	70-0	*Palomar League Champs	
Orange Glen	58-11		

This Titan wrestler has total control as his opponent squirms to get free.

Wrestling

A frosh Titan drives his opponent into the mat and gets closer to a pin.



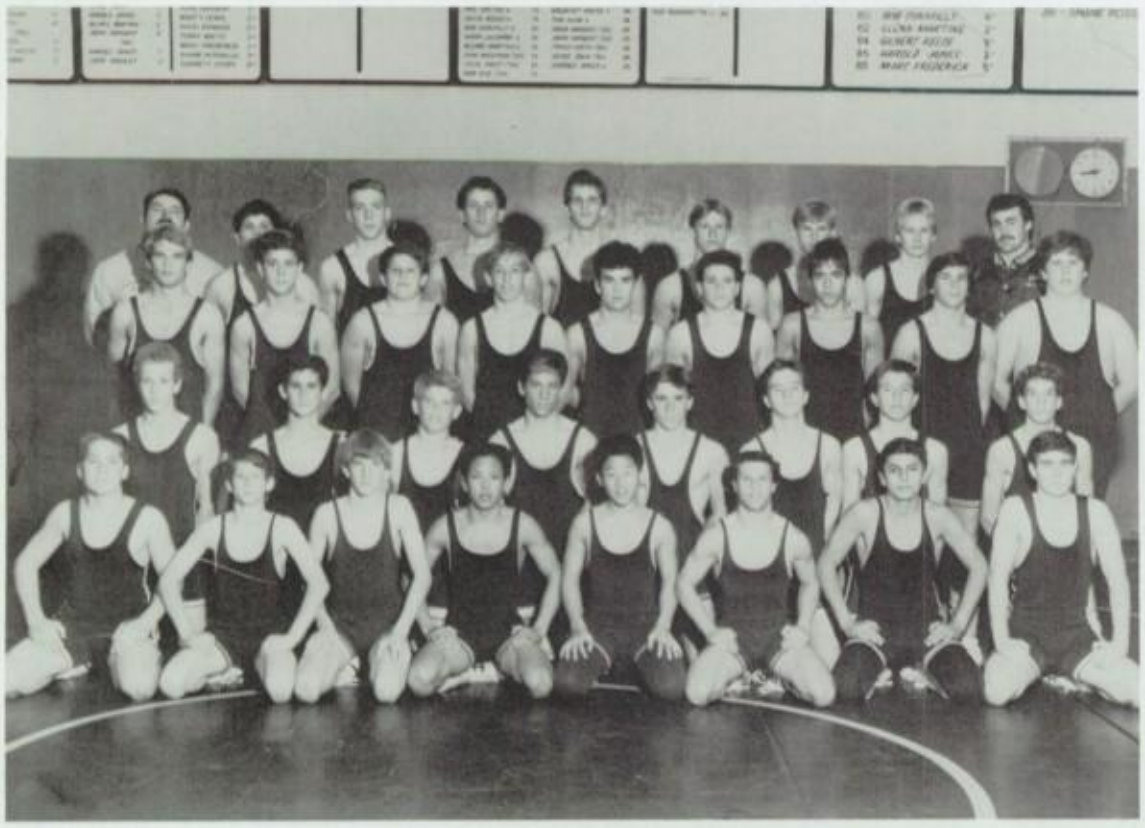


Freshmen Wrestling

Opponent	We-They
Escondido	34-24
Fallbrook	66-3
Valhalla	51-18
Grossmont	66-6
Carlsbad	64-6
Mira Mesa	51-9
Mt. Carmel	67-12
Vista	51-19
El Camino	58-3
Oceanside	58-15

Opponent	We-They
Helix	72-5
Monte Vista	63-12
San Dieguito	54-12
Fallbrook	72-4
Orange Glen	49-14
Poway Fall Trnmt.-1st	
Helix Novice Trnmt.-1st	
Carlsbad Team Trnmt.-1st	
Poway Winter Trnmt.-1st	
Mt. Carmel Trnmt.-1st	

*Record: 15-0
*League Champs



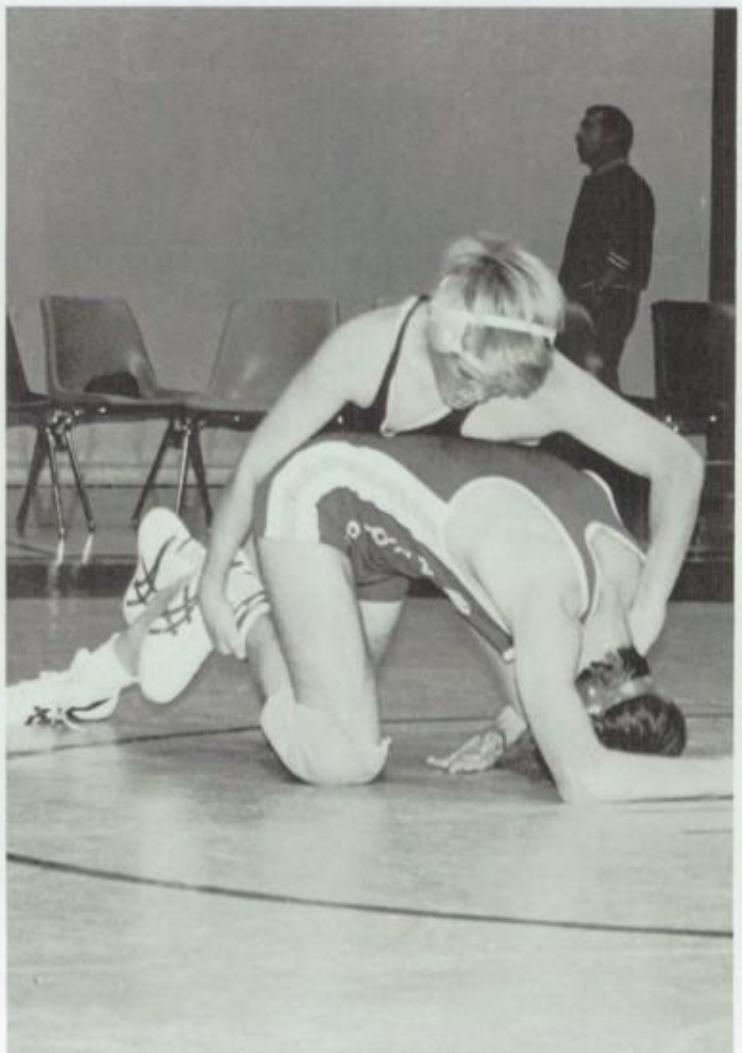
1st row: S. Boughton, AJ Miller, S. Phillips, E. Sarmiento, B. Lee, T. Matteucci, M. Gonzales, K. Kohler, 2nd row: S. Rankin, T. Smirin, M. Lewis, J. Matteucci, C. Wiegand, M. Golden, M. Treichler, S. Harrington, 3rd row: J. Augustyn, C. Roedell, T. Miley, C. Rysewski, C. Simon, J. Rousseau, D. Koch, Y. Vinole, D. Kesling, 4th row: Coach Torretto, D. Harkleroad, J. Long, A. Kimble, H. Nitz, J. Meyers, M. Sirek, J. Clarkson, Coach Hockaday

Security In Numbers

by Jon Jaro

Winning a state championship in wrestling does not happen overnight. A combination of hard work, dedication, talent and plenty of experience is needed. This may take years to obtain and an early start is a must. At Poway High School, it all began at the freshmen level. It is here, for many wrestlers, that experiences were first gained. Workouts, matches, veteran wrestlers, and coaches all aided in molding these young freshmen into future superstars. This year's freshmen team was the largest in Poway High history and many of these first-year wrestlers found getting accustomed to the program difficult. John Matteucci commented, "It was a little hard to adjust because I've never wrestled for a school before." However, by making a commitment and dedicating themselves 100%, these young Titans came out on top. Several wrestlers set high goals for themselves and strove forward all season to reach them. Stan Phillips summarized best the goal of everyone on the team by saying, "My goal in wrestling is to do my best to become a champion." With this in mind, how can anyone argue that these young hopefuls will be nothing short of fantastic!

Matt Lewis attempts to twist his opponent into an unfavorable position.



Using his talent, **John Ashworth** skillfully dribbles the ball down the field.

Skills Bring Success

By Naomi Kusano

"This may be the most talented team I've played on. If we act and play like a team, we'll win," replied Chris Weber. Many of the players felt that their talents and skills helped them to be a winning team. "It is the whole team. We are all good players and have a lot of skills," said Mike Torres. Mark Truman agreed and commented, "I feel that it's our team skill that gives us our winning edge."

Aside from the natural talents, the leaderships of the team captains, John Ashworth and Dustin Seale, also helped. "Even though we did goof off a lot, both captains knew when to get serious and get things going," added Shawn Stewart.

Although there were many good games, many players felt that the Mt. Carmel game was one of the important ones. One of the reasons is obvious — because Mt. Carmel is our biggest rival. But Chris Nutting emphasized, "I think that the game really got us motivated."

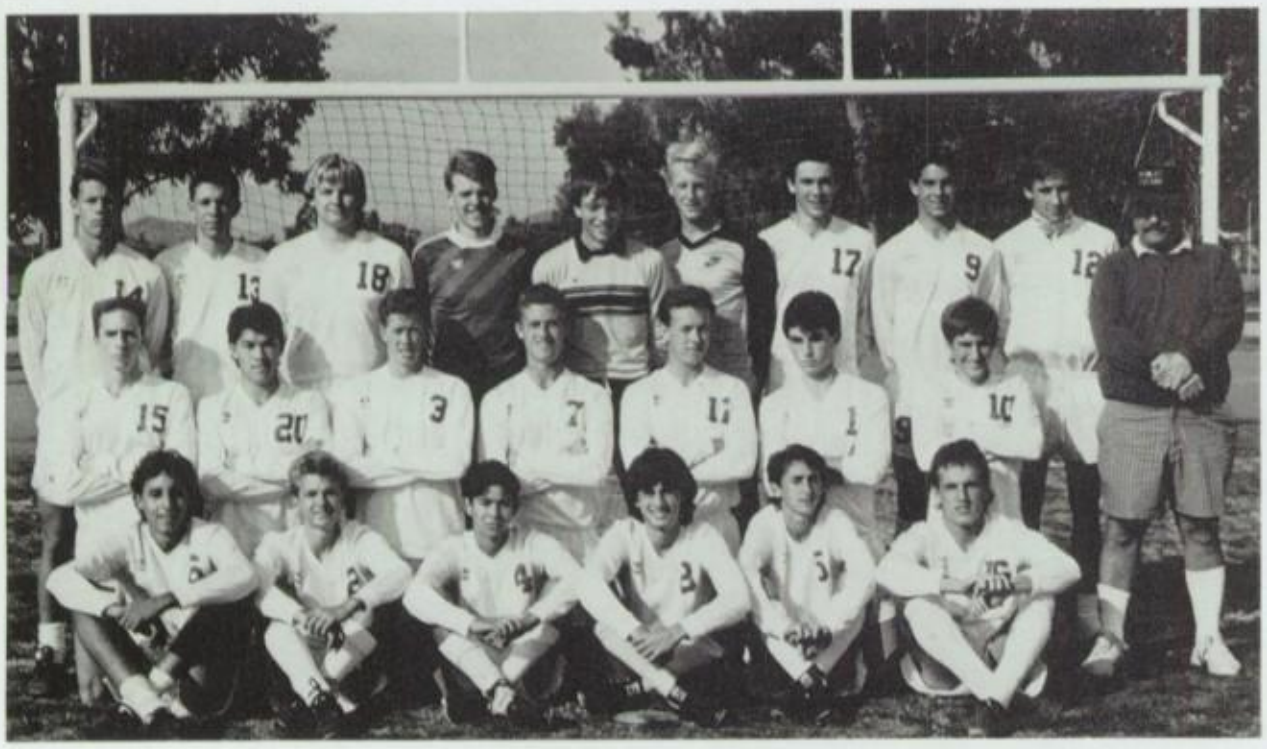
> "When we play together and keep our heads up, we're unstoppable!" — Chris Eakman

Almost all of the members joined soccer for the same reason — the competitiveness and the fun of the sport. As Mike Torres replied, "I really enjoyed the satisfaction of winning and just being part of a team."

For next year, the players hope for the same winning season as 1987 and to take first place in the county and of course, win CIF. Shawn Stewart closed about the team by saying, "I feel that we had a very strong team with both new and old players. Therefore, hopefully, our success will carry over into next year's team."

Eamon Kavanagh races to the ball against his opponent.

Tom Sharpe, #15, tries to steal the ball from a Torrey Pines opponent.



Top row, left to right: Shawn Stewart, Kenny Arthur, Dave Swenson, Mike Torres, Chris Eakman, Keith Hanson, John Clark, Sean Pinnell, Eamon Kavanagh, Coach Champion. Middle: Tom Sharpe, Mark Truman, Chris Nutting, John Ashworth, Dustin Seale, Mark Lipkin, Wade Brannon. Front: Don Cubbage, Brady Hamilton, Eddie Paz, Tim Goudarzi, Chris Weber, Jerry Ashworth.

Varsity Boys Soccer

Opponents	We:	They:
Southwest	2	0
Grossmont	3	3
Castle Park	0	0
Mira Mesa	4	1
Escondido	6	2
Crawford	8	1
Bishops	2	0
Bonita Vista	0	3
San Marcos	5	0
Mira Mesa	4	0
Mt. Carmel	3	1
Vista	0	0
San Dieguito	1	1
Fallbrook	6	0
Torrey Pines	3	1
Orange Glen	4	1
Mt. Carmel	4	0
Vista	1	1
San Dieguito	1	0
Fallbrook	5	0
Torrey Pines	4	0
Orange Glen	5	0

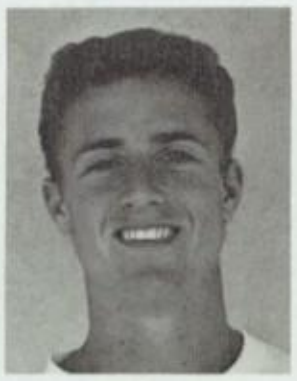
Totals: Wins-16 Ties-5 Loss-1

The players overwhelmingly congratulate one another after a victorious win.

#1 goalie, **Chris Eakman,** kicks the ball to the waiting Titan players.

MVP

Senior John Ashworth won the MVP title for the 1986-87 Varsity Boys team. Ashworth helped



Poway win the 3A CIF co-championship title. He scored three of the five goals in the CIF playoffs, including one in the championship game. Not only did Ashworth make the 3A All-CIF first team, but was named the Player of the Year. John will leave Poway with a great senior year behind him.

Soccer

Freshmen grasp for the stars

By Kristen Yamasaki

"Give 110% of yourself, not just 100%. I want more than all you have!"

Is it really possible to give more than what one has? Well, this year's Freshman Soccer Team proved that by dedication, teamwork, and practice. Those extracts could be seen as the Freshmen pushed into first place and maintained that ranking throughout the season. A lot of the credit was due to the coaching of Tom Martin. "Mr. Martin is a good coach because he pushes us to do the best we possibly can and, give it our all. He works us very hard but he doesn't do it to be mean but, for our own good, and we appreciate it," commented David Anet (#2). The team did soak up what Mr. Martin said using both their new knowledge and "our natural talent," remarked Shane Motts. "Everyone tried to impress him so we were highly competitive. We argued during practice but, during games, we worked as a team." Since everyone was so competitive, "the team captains rotated for every game so everyone got to lead the team at least once, stated goalie, Omar Al Nasser. When asked about how next year's team would do, Eric Freund (#3) replied, "I hope next year's Freshman Team is really good so they can keep up the reputation we set for them. Our team was competitive and skillful, with an added luxury of a good coach. These ingredients made our team dominant in the league."

Shane Motts smiles as he awaits in anticipation for the ball which he is suppose to block.

Boys Frosh Soccer

OPPONENT	Won/Lost
El Camino	5-0
San Marcos	9-0
Vista	4-2
San Dieguito	0-0
Ramona	3-2
Torrey Pines	4-0
San Pasqual	8-1
El Camino	10-3
San Marcos	5-0
Vista	0-0
San Dieguito	3-1
Mt. Carmel	4-0
Ramona	3-0
Torrey Pines	3-0

Bk. rw. lf-rt: Coach Martin, S. Poza, C. Daniels, O. Nasser, C. Snay, A. Meadows, S. Motts Mid row: K. Roesner, D. White, M. Succi, S. Marko, E. Freund, J. Paulson Front row: R. Hrishdesh, D. Rosie, C. Crawford, C. Crosier, N. Houser, M. Ontiveroz.

Making a spectacular leap into the air, goalie **Omar AlNasser** saves a likely goal against Torrey Pines.

Joel Paulson and **Matt Ontiveroz** practice kicking the ball around before the referee starts the game.

Soccer

Darwinism: Striving to Win

By Kristen Yamasaki

Brian Gillespie and an opponent from Vista battle for the ball which was headed by our team.

"Cut throat competition." Back in the mid Nineteenth Century of the United States, rivals of competition thought it prevented new advances in technology and ruthlessly stamped out the weak. Now however, in the Twentieth Century, competition is praised. An excellent example of the competitive spirit was very evident amongst the Junior Varsity Boys Soccer Team. The one word quoted most frequently was "Competitive." "Because the competition was so high, we knew we had to work harder to be better," remarked Kevin Legg (#9). "We practice everyday afterschool for about two hours. We do a lot of running, drills, and game tactics. Everyone workes together and both Danny Legg, our captain and Ryan Nutting, our co., did a good job keeping team spirit high," commented Bill Funk (#4).

Not only skill, or natural talent made this team. The words of Coach Tom Schwartz could be heard to inspire and teach. "Our coach is really good. He cares a lot about all the players on the team and knows how to Play soccer," acknowledged Brian Gillespie (#22).

The team took some time to reach its fullest potential and Adam Muslusky (#20) observed that, "Our team had a Jekyll/Hyde personality. Somedays we can beat a first place team like San Dieguito. Other days we can't even beat Vista which isn't very good. Fortunately, we can play pretty badly and still be the predator instead of the prey." With that kind of transformation going on, it was no wonder Neil Kavanagh replied, "God knows what really gave us the winning edge so all I can say to next year's team is 'Thumbs up!' "

Pat Phillips puts all his energy into kicking the ball past his opponent.

Standing: K. Legg, D. Rajsky, A. Banks, E. Meadows, D. Rosie, E. Hill, J. Haines, R. Grossman Mid row: A. Muslusky, J. Angel, K. Arthur, S. Pearson, P. Phillips, P. Coumans, B. Funk, S. Shaffer, Front row: R. Nutting, B. Gillespie, R. Eckert, D. Legg.

Leaping into the air, **Ryan Nutting** beats his rivals as he heads the ball back to our side.

Soccer

Team of Friendships

By Naomi Kusano

"Our team consists of a lot of big-time players that know how to create magic on the field," expressed Charry Korgel. The Girls Varsity Soccer team had to make a transition from the disappointing community soccer season to a successful high school league season. The team had a rocky start, with personal problems, injuries, and illnesses, but they had a team meeting and worked everything out. Coach Bradshaw remarked, "It proved to be challenging in the commitments and attitudes of the players."

> "The team is very dedicated towards the friendships with each other."
> — Lisa Appel

Team captains, Suzzie Southwood and Kirsten Pinnell were both seniors with spirit and good ideas. Charry Korgel commented, "They talked to us when we weren't doing so hot. They lifted up our spirits and got unity between the players." Kirsten has been the captain for the past three years and she has extremely high leadership qualities and she is someone that the entire team can look up to and respect. "On and off the field, she is fun to be around and is very confident and hard working. To me, she is the most well-rounded player on the team," expressed Wendi Ashworth.

The Girls Varsity team was a group of very good, skilled players who really knew soccer. They are all good friends and have played soccer together in and out of school for many years. "Being all good, skilled players and all friends, we can easily play with one another with confidence and trust," admitted Carrie Gelwix.

When asked what she enjoyed most about soccer, Lisa Appel replied, "That it's a team sport as well as an individual one, and you can always improve."

Balancing their school work and soccer seemed to be no problem for them. There had been some late nights, but they managed to get the majority of their assignments done. As Wendi Ashworth stated, "As an athlete, you develop a habitual schedule. On days that I knew I had a game, I did my homework the night before or at school that day." Dedication like this from the girls proved to make a winning season. Graduating senior, Kirsten Pinnell added, "I wish for next year's soccer team to go all the way (CIF)!"

Linda Bertran controls the ball with style.

Kyle Clark races down the field as **Coach Bradshaw** looks on patiently.

Top row, left to right: Coach Bradshaw, Michelle Poucher, Patty Risher, Charry Korgel, Kyle Clark, Linda Bertran, Lauren Anderson, Teresa Davis (stats). Middle: Wendi Ashworth, Suzzie Southwood, Kirby Seale, Wendy Kevan, Julie Rogelstad, Katie Merrifield, Kirsten Pinnell, Lisa Cotugno. Front: Lisa Appel, Carrie Gelwix, Allison Gibson, Jill Benson, Becky Villalobos, Debbie Guerena.

Using her Titan aggressiveness, **Lisa Appel** tries to steal the ball from her opponent.

Charry Korgel looks ahead to find her teammate ready for her pass.

MVP

For the second time, Charry Korgel was voted MVP for the Girls Soccer team. Charry has come a long way since starting soccer at the age of five. "Soccer is such a big part of my life," she expressed, "and my friends are great and give me a lot of support." Korgel was also named the Palomar League MVP and made the All CIF first team. Charry added, "I love the excitement the game offers. Hopefully I will continue to improve my game and win the elusive CIF title!"

Although surrounded by many opponents from Orange Glen, **Kirsten Pinnell** maneuvers the ball with confidence towards the goal.

Varsity Girls Soccer

Opponents:	We:	They:
Orange Glen	8	2
Torrey Pines	1	0
Fallbrook	4	1
San Dieguito	1	0
Vista	2	0
Mt. Carmel	2	2
Orange Glen	4	0
Torrey Pines	3	1
San Pasqual	2	0
Fallbrook	3	0
San Dieguito	4	0
Vista	0	1
Mt. Carmel	3	1
Sierra	0	0
Mission Bay	2	1
Orange Glen	4	1
Patrick Henry	1	1
Mira Mesa	1	2
Bonita Vista	1	4
Valhalla	2	0
Vista	4	1
Valhalla	2	1

Totals: Wins-16 Ties-3 Losses-3

SCHIMKE-
THANX FOR
ALL THE LAUGHS!
HAVE A GOOD
SUMMER-
SEE YOU NEXT
SEASON.
—JILL B.

Soccer

Using Spirit to Win

By Kristen Yamasaki

"The Dumb Blonde Syndrome" Bubbly, giggly, and very air headish. "Got no brains at all" is usually used to stereotype a lot of girls. However, the Junior Varsity Girls Soccer Team threw that label in the trash with their combination of fun, laughter, and hard work. Dennis "Woodsie" Woods, the coach, Poway. Not only was it an excellent team, with natural skill, the girls also had great personalities and enthusiastic attitudes towards everyone. They were very cohesive. They all melted together, working tirelessly to the very end." Kathi Rothbauer and Patty Risher jointly stated, "A lot of us were on the same community traveling team for about four years, so we know how each other plays. With the new people, we get better each time we play. When we have to play a tough team, it makes us really use our skill, working harder together." They were the best team "ever" because they were the first team to beat Mt. Carmel. When Joi Wolski, the team captain was questioned about the year and what gave them the "winning edge," she commented, "Good unity, a lot of dedication and hustle, plus smiles helped us. We had fun, met new people and also kept in shape! Last year I can remember not having much fun, but this season, it was great!"

Joi Wolski and **Allison Oldham** show some of the spirit that made up the JV team, after the victorious game.

Julie Bibleheimer puts effort into throwing the ball "down the line."

Jill Anzalone takes control of the ball as she leaps into mid-air ahead of her opponents.

Standing l-r: J. Van Boom, K. Collins, S. Toumi, E. Barrett, Coach Wood, C. Kurras, K. Davis, L. Palmer, K. Hill, C. Allen Mid row: K. Dill, M. Tenace, S. Kearns, J. Anzalone, J. Wolski, K. Rothbauer Front row: A. Fender, A. Oldham, K. Wolski, J. Bibleheimer

Golf

Robert Dennison carefully putts, hoping for a birdie.

Frustrating, Yet Worthwhile

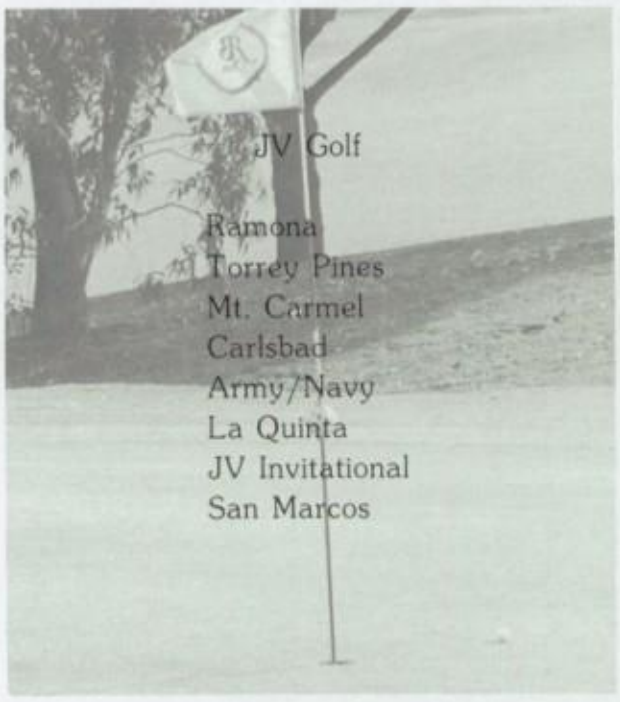
By Naomi Kusano

"Improvement and consistency are the hardest things about golf," admitted Jim Roberts when asked about the sport. Many of the players agreed, but also noted that they enjoyed golf very much this season. Matt Uyeda commented, "I liked the loose atmosphere and just having fun, being out on the course, walking and learning a lot about patience."

After a long day at school, the teammates found satisfaction in playing a round of golf. "It was relaxing," replied newcomer Sean Prendergast. "Golf to me," expressed Nat Hazard, "is a relaxing moment ... a home away from home."

Although golf seemed to be an individual sport, it was a team effort and the team as a whole, won or lost their tournaments. They all gave each other support and motivated one another to perform well. "The team with the most confidence won," stated Glenn Capitanio. So, it was very important for the players to be sure of themselves and believe that they would do well out on the course.

Golf is a very hard sport in being consistent and patient, but at the same time, relaxing and worthwhile. Even though a single stroke may not seem like much, it can determine the winner from the loser. Jim Roberts closed by adding, "Sometimes I wonder why I frustrated myself so much trying to hit a little white ball into nine holes — it seems so useless. Then I realize that behind all of the frustration, golf really is fun."



Top row, left to right: Doug Orvis, Glenn Capitanio, Matt Secor, James Orluck, Nat Hazard, Jeff Stahlhut, Robert Dennison, Jim Roberts. Middle: Brad Feaster, John Schuhl, John Kalchik, Jim Smith, Kris Roesner, John Schnuror, Coach Champ. Front: Ryan Rethmeier, Gary Rabb, Greg Brown, Sean Prendergast, Matt Uyeda, Craig Crawford.

Gary Rabb practices his swing before teeing off.

Playing Up To Par

By Naomi Kusano

Hard work, skills, and determination are what defined this year's Varsity Golf team. The team consisted of a group of fine, young individuals, who practiced hard everyday, rain or shine. There were no returning senior players, but that didn't stop the team from having a successful season. "Our team this year wanted to win CIF a lot more than last year's," replied returning junior, Lance Seymour. The team felt strongly about winning CIF in both team and individual tournaments.

> "We would never win CIF without the help of Coach Miller." — Lance Seymour

Like the JV team, keeping a consistent score seemed to be hard for the Varsity team. "It's hard when you have a bad game and then going out the next day and proving to yourself that you can do much better," explained Susan Pankau. Pete Secor agreed and added, "One day you can really have the touch and the next day, you won't. The frustration factor is intense."

Although being the only two girls on the team, Susan Pankan and Kay Kusano were treated as equals among the guys. "We had to practice just as hard as they did. If our scores weren't good enough, then we couldn't play in the next match," confirmed Kay Kusano.

The players plan to continue on in golf and hope for a future in the sport. "I hope to become a tour professional on the PGA," expressed Scott Humphrey, "If not, then become a teaching professional at a classy country club!"

Keith Sbarbaro blasts his ball out the sand trap.

Nick Arther successfully chips his ball out of the rough onto the green.

At the driving range, **Lance Seymour** practices with determination.

Top row, left to right: Pete Secor, Alan Trepcyk, Lance Seymour, Coach Miller, Keith Sbarbaro, Susan Pankau. Front row: Scott Humphrey, Scott Wallenstein, Kay Kusano, Nick Arther, Santiago Eslava.

Varsity Golf

Escondido
Carlsbad/La Jolla
Mt. Carmel
Vista
Santana
Fallbrook
San Pasqual
Palm Springs
Orange Glen
Mt. Carmel
Palm Springs Tournament
Vista
San Dieguito
Fallbrook
Orange Glen
Torrey Pines
San Dieguito
Palomar League Meet

MVP

This years MVP golfer was junior Keith Sbarbaro. Sbarbaro, who has been on the Varsity Golf team since his freshman year, had an average of 36 for nine holes. This summer, this avid golfer will be busy touring with the American Junior Golf Association. Keith will definitely return next year to help the Titans win again.

Crouching low, **Alan Trepcyk** concentrates on his putt towards the hole.

Swimming ... We've Got Spirit!

By Kristen Yamasaki

Uppers, downers, Quaaludes, pot, we've got somethin' you ain't got, SPEED, SPEED, SPEED!

Ten, nine, eight, seven, six, five, four, three, two, . . . (Silence) . . .

YEAH POWAY!

This year's Varsity Girls Swimming Team had all the spirit it could handle! "It was definitely more spirited compared to last year's team. We had a lot of neat people, some real characters, with great personalities. I'm really pleased that I was the coach to such an outstanding team," Mr. Moore stated. The invention of the U-Can helped to boost morale. The swimmers placed good comments about each other in the can, and weekly, the person with the most comments received either a cap or goggles. There were two team captains for the girls and they were Kristen Rangel and Stephanie O'Malley. "They cheered us all on during our races and had good attitudes about the team during meets, "Chrissy Cordrey explained. "We had a dedicated team. We seemed to support each other more and that's what makes a team a winner." Vicky DeBerry added, "They seemed to be really good spirit risers. I thought this year's team was great! Team Spirit is what we had and that was important!" Dena Minkel expressed the team's attitute, "It's when you're standing on the block ready to jump in and you discover just how many friends you have to cheer you on." "The friendships we acquired within our team helped us to try our best. We could rely on those friends to be supportive in all cases, whether we won or lost (we had a lot of talent so we knew we could WIN!)," Stephanie O'Malley proclaimed. Mara Weiss summed up the season with, "Swimming was great . . . being in the water, taxing my body, making friends, getting tan . . . all of it."

> The competitiveness and team spirit made us hard to beat! — Emily Broughton

bk row, l-r: C. Cordrey, J. Engstrom, B. Engstrom, C. Burkey, T. O'Sullivan, N. Eichorn, S. O'Malley, D. Minkel, E. Broughton, M. Weiss, M. Dodds. Mid row: J. Gunther, N. Nobriga, E. Swanson, J. Sarkozy, D. Groenewold, K. Anderson, C. Geldard, K. Rangel, C. Hoover. Front: S. Brockmoller, Phillips, Woods, Reeg, Thiele, DeBerry, McFarland.

Emily Broughton smiles ... she just loves workouts!

Debbie Groenewold doubletakes to the watching camera.

MVP

This year's MVP goes to Kristen Rangel. "Her energetic personality and ability to give 110%,

created a lot of the team spirit which was so apparent in this year's team," stated Coach Moore. About her swimming, Kristen commented, "I worked hard for my swimming; people said it came easy to me, but I've been at it since 10."

With all her spirit, **Stephanie O'Malley** swims.

Nancy Nobriga sputters as **Debbie Groenewold** smiles notoriously.

Kristen Rangel attacks her 100 fly with a fierce winning drive.

Chrissy Cordrey spyhops during her 100 fly.

Swimming

Varsity Boys Kept Their Top Notch

By Sarah Massengill

This past year the Boys Varsity swimmers literally beat the pants off of their competitors. With the many returning swimmers and the many new recruits, they swam to an outstanding season. Keith Opstad stated, "We have the tools and the talents which make us a great team. Still, we really worked hard to perfect them."

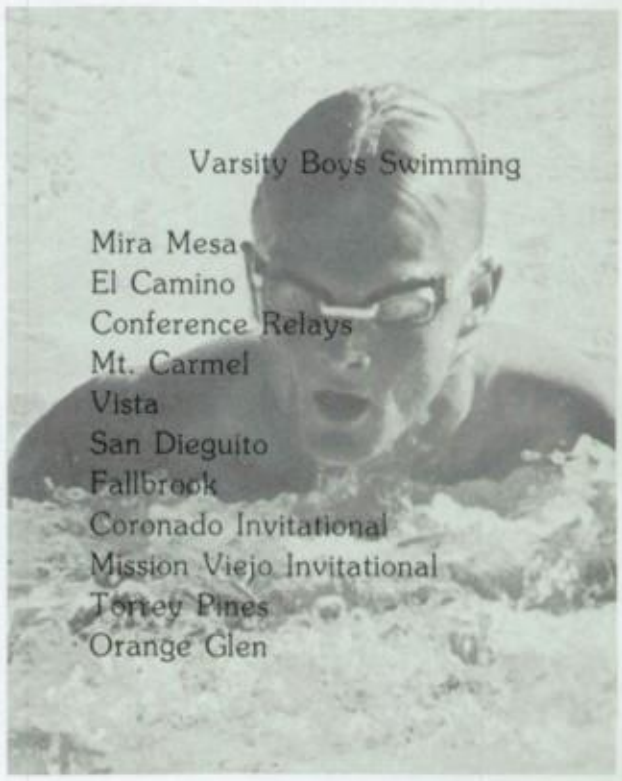
Just about every day the boys were found perfecting their strokes, swimming up to ten hours a week under the coaching of Mr. Moore. "This was my first year with Mr. Moore as my coach and all I can say is that he was wonderful," added Todd Ogi. Mr. Moore projected a positive attitude which forced them to try to do their very best.

At the beginning of the season Rob Miller predicted, "Since we have a lot of good swimmers, we should do well this year." Rob's prediction became reality, and they began the season with an undefeated record thanks to the hard work-outs and team spirit. Also, we must give special note to the team captains, Ray Underberg, Mike Jacoway, and Mike Napierala, because according to Coach Moore, "These guys are excellent leaders and the source of our team's enthusiasm!"

> *"We supported and congratulated each other whether we won or lost." — Brent Alfonzo*

In the future, the boys hope to, "swim faster, destroy Mt. Carmel, and place in the top three in C.I.F." With the excellent training and outstanding performances, bright promises of the future suddenly materialized in the present.

Front; L-R: Eric Innis, Darren Nylec, Mike Jacoway, Brian Napierala, Mike Napierala, Rob Miller, Geoff Austin, Brent Alfonzo. Back; L-R: Mike Sinclair, Keith Hanson, Spi Conant, Todd Kroepel, Steffan Pyle, Keith Opstad, James Harding, Alan Harris, Todd Ogi, Ray Underberg.



Varsity Boys Swimming

Mira Mesa
El Camino
Conference Relays
Mt. Carmel
Vista
San Dieguito
Fallbrook
Coronado Invitational
Mission Viejo Invitational
Torrey Pines
Orange Glen

MVP

This past year's MVP was Brian Napierala who has been swimming for the Varsity team since his freshman year. According to Coach Miller, "He excels with both his freestyle and his butterfly strokes."

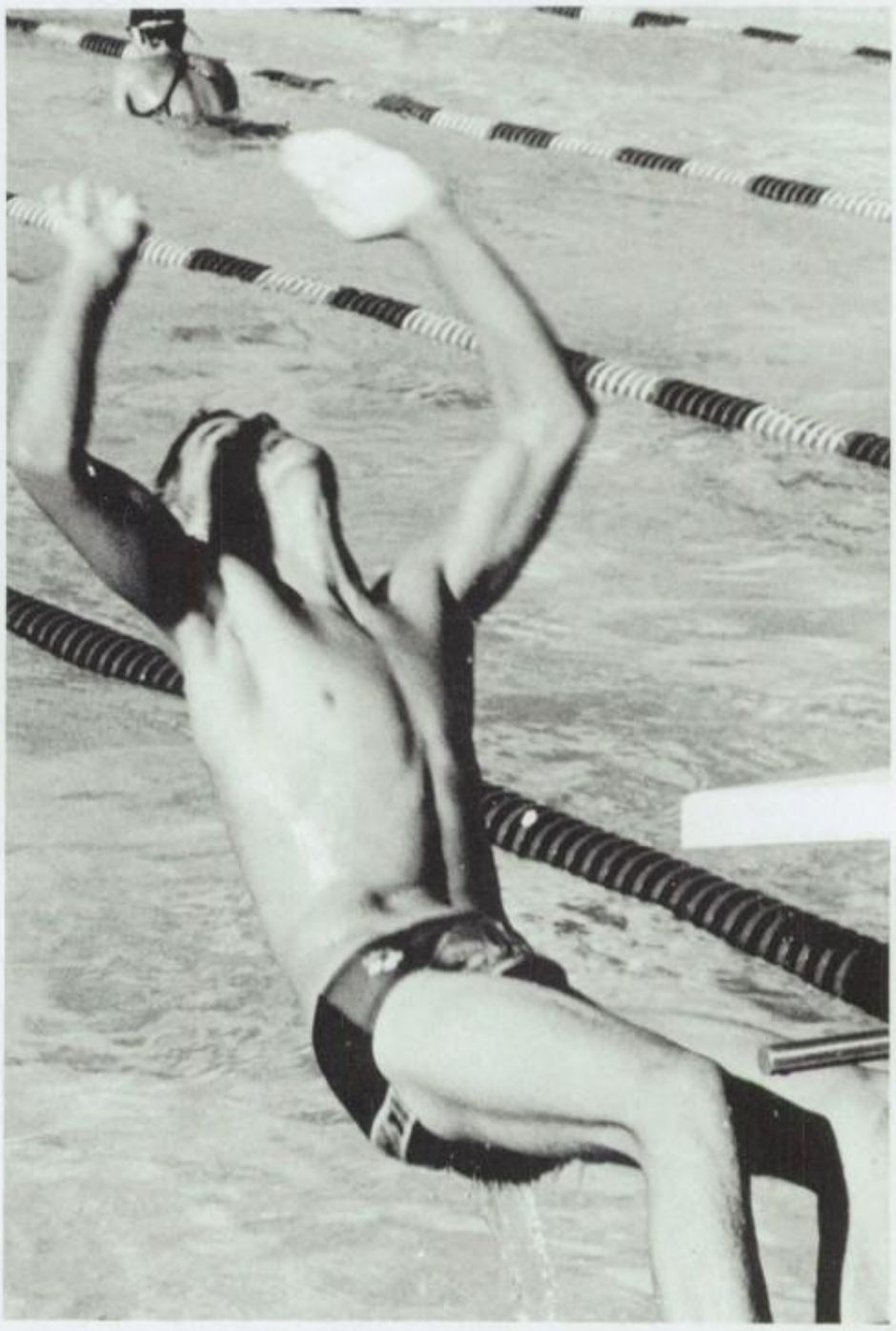
Brian feels that his strongest strokes are his 100m and 50m freestyle. He hopes to continue to perfect his many moves while attending college next year.

Ray Underberg swims his strongest in the 50m freestyle race.

Todd Ogi shows his winning breast stroke in the meet against Mt. Carmel.

Darren Nylec dives head on towards victory.

Keith Hanson quickly put space between himself and his competitor.



Swimming

JV ... finding their lot in life

By Kristen Yamasaki

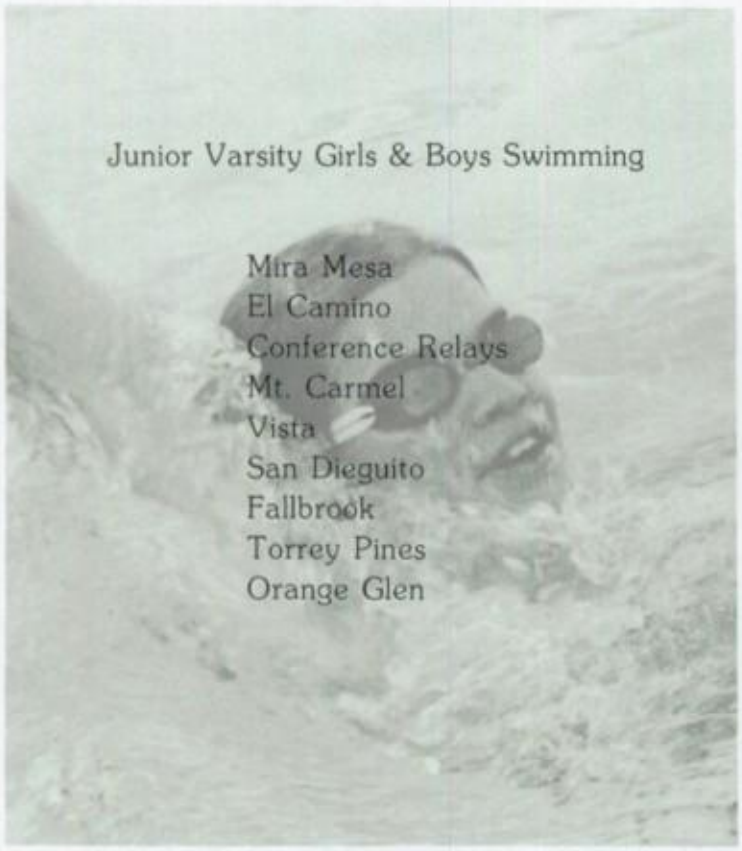
"An Underclassman? Grab 'em and stick them in the nearest can! Yeah! Did you see them run? ...

Yes, school can be tough for the newer and younger generation. This year's Junior Varsity Boys and Girls Swimming team made the best of their year, sticking together, and making friends. Even though there wasn't much time to talk during practice, they still met friends. "Eric (Vosenkamper, the coach) while around the pool is a total and complete dictator. He never stops pushing you til you get out of the pool. He's really understanding though and I think he has a lot of good qualities that make him a great coach," Joann Schlecht explained honestly. "He really encourages us and really helped everyone to reach their full potential," Michelle Housand added. "I like the people. They're really supportive and even when the workouts are hard, many teammates still keep their sense of humour, which helped us," replied Julie Schlecht.

"The thing I enjoyed most about the swim team was the acceptance. It's so reassuring to get out of the pool after a race and have people saying nice comments," stated Michelle. "I liked the self-satisfaction of putting out an effort as a team," Tracy McClellan proclaimed. Summing it all up, "Swimming is a terrific sport and I'm happy that I have the opportunity to continue," — David Hilbig added.

Bryan Huey executes a perfect breaststroke during a meet.

Shawn Yamasaki exerts himself during the 100 fly.



Lisa Mancini gives the 100 fly her all.

Bk l-r: S. Broughton, B. Huey, D. Hilbig, C. Snay, M. Steffens, R. Noel, M. Housand, S. Griffith, E. Spedale, R. Avila, S. Yum, Vosenkamper, 3rd: T. Minkel, S. Yamasaki, T. Vertetis, E. Peterson, J. Klein, G. Rogers, C. Oski, S. Forkenbrock, P. Racine, M. Sinclair, J. Kroepel, 2nd: E. Valero, N. Noel, T. McClellan, C. McCool, M. Treichler, J. Blackburn, C. Turnage, D. Watts, Schlecht, Kemlein, FT; Pineault, Jackson, Frey, Schlecht, Decker, Rohling, Bergman, Chase, Shimizu.

Stephanie Allen pushes herself to the outer limits.

Supporting Victory

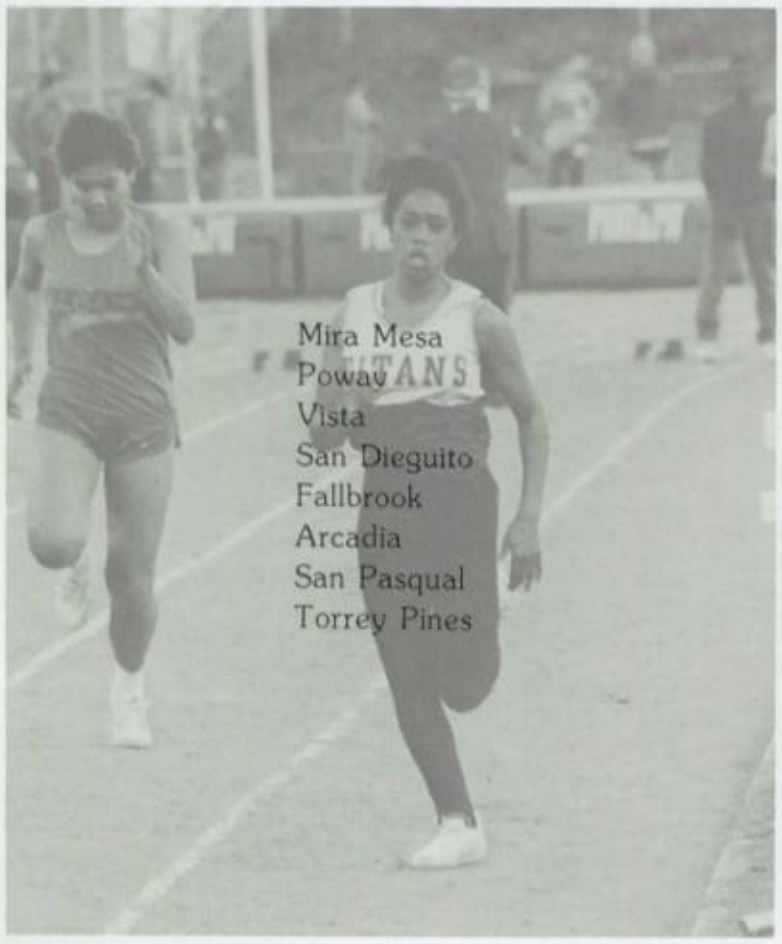
By Lori Raber

"This year's J.V. track team was like a family. We supported each other and, we all got along very well," commented Nicole Goudy. At each track meet members from different events cheered the other competitors on, giving them confidence and encouragement.

The coaches were interested in each member improving and doing her best rather than just winning. "My personal goal is to make this year my best and to push myself farther at each workout," stated Kris Sampson.

Personal achievement and helping others motivated the members. "I enjoyed the meets and the feeling of support we all felt from each other," commented Kim Chesterfield. Coaches Quaz, Martin, Jones and Schaitel all played a part in teaching and supporting the members this past year. "I feel this year the coaches expected more, and this increased the team's overall effort," many members agreed.

Although each girl had personal goals and motivations, the team profited from their effort and dedication. "One of our biggest accomplishments this year was our home meet where all of our teams won, it was a great feeling," commented Stephanie Allen. Support from all the other teams helped each team gain confidence.



S. Allen, J. Kinsler, J. Biblheimer, C. Allen, A. Fender, L. Raynor, V. Lindrose, K. Clark, K. Sampson, E. Seymour, L. White, B. Byers-Ward.

Track

Varsity Led by Motivation

By Chris Blackburn

Poway Highs Varsity Girls Track Achieved new dimensions this year. These new dimensions included outstanding members in both the field and track events. This was due to the early spring workouts which gave the team members a strong base for starting off the season. At each practice they would break into individual groups in which they would get in shape so that they would be prepared for their upcoming meets. The first meet was on March 4 at Mira Mesa. Poways Varsity girls proved to their competitors, that they were in excellent form and determined to do their very best this year. Coach Dan Schaitel stated, "Poway High has many excellent athletes that have the potential to be very competitive against any school." Looking back at the team's record you are able to see the reflection of a year full of dedication and reward for their struggle.

> "Each member supports the other," — Beth Young

Hard work is a key element for a successful year. On the other hand, track members agree that without the support of each other the team would have gone nowhere. "What motivates me the most is the support and friendships that you receive from each member on the team," expressed Beth Young. The team helped each other reach their potential by improving. This came in the form of support that they gave to each other. Their ability to help each other and work together as a team gave the Titans an extra motivating factor.

The year was full of pulled muscles, sweat, and dedication from each of the varsity girl track members. They couldn't have made it if it wasn't for the encouragement that they got from the coaches and each other. Track proved to lift the pressures of school for many as they all strived to reach their individual goals.

B. Young, K. Vidal, K. Grasberger, S. Napierala, D. Gigstad, S. Kube, K. Gelwix, B. Villalobos, L. Appel, C. Korgel, W. Ashworth, C. Berrs, V. Owens

Shelia Kube hurdles with precision to take Poway to another win.

Beth Young determines when to make the right move to put her in first.

Lisa Appel flies to another great jump for the varsity girls.

MVP

T-B: Vanessa Owens, and Shelia Kube. Not shown: Lauren Anderson. Congratulations to the three girls on receiving such a distinguished honor.

Kathy Grasberger leads the pac as she strives for victory.

Dedication pays off

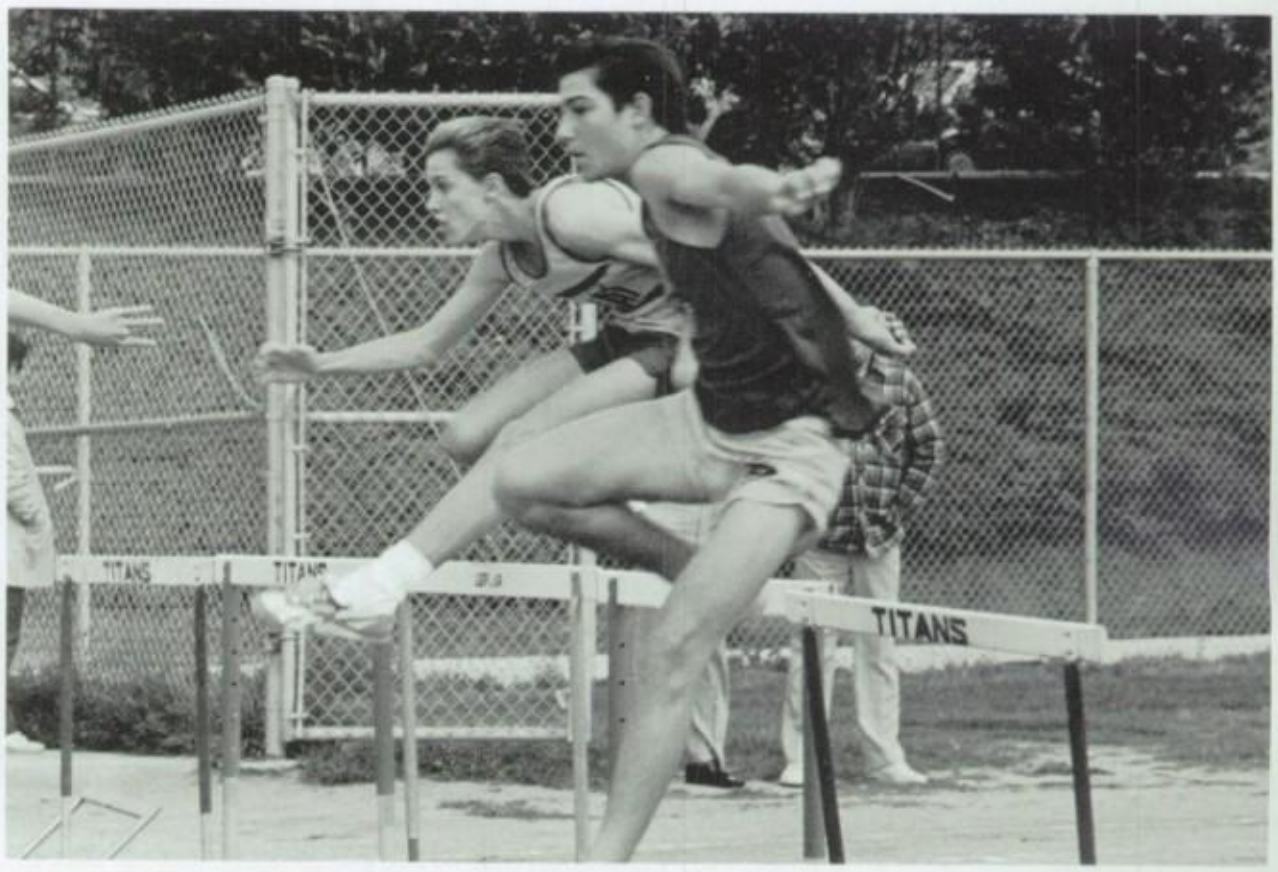
Anaelisa Romero

"Everyone on the team was really supportive. They always wanted to help you to improve," said Nate Houser. With an attitude like this one, it was no wonder why the Boys Freshmen Track team had many victories. The members of last year's team certainly proved that they could work together as a team rather than individuals. "The team got along great. In the more meets we competed in, the more unified we became," stated Jason Ginger. The hard work and practice was well worth the time and energy spent. "The thing that I liked the most about track was going to the meets and knowing that your efforts have paid off," said Robert Davis.

Along with the team members working hard were the coaches. "The coaches were very supportive. They motivated us to strive to work harder and improve. They were very patient in teaching us new skills," stated Nate Houser. "Mr. Jones helped me a lot. He seemed just like one of the guys," said Jason Ginger.

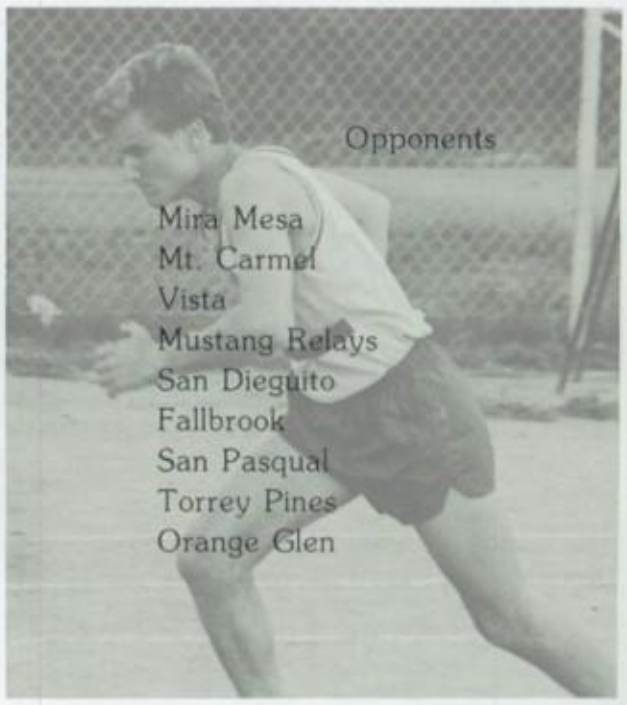
For some members of the team, this past year was their first year ever on a track team. For them, track was a new sport to be conquered. "Last year was my first year on a track team. It was a lot of work, but knowing that the team and school benefited, made it all worth my efforts," said Nate Houser.

Bobby Fisher gets an early lead off the starting blocks.



A Poway Titan tries to edge out the competition.

Bk.: Davis, Stefani, Meadows, Aubrey, Arthur, Ginger, Opel, Howard, Llamar, Asaravala, Eckenroth, Al-Nasser, Negron, Fallon, Augustyn, Malloy, Stauss, Buenaventura, Ford, Mapanao, Pesqueira, Hammond, Miller, Katoum, Matteucci, Thomas, Dinneen



Bk.: J. Bishop, J. Haines, C. Bertagnoli, N. Somers, T. Reidy, S. Sims, J. Francis, M. Aronson, B. Santos, C. Douville, T. Sallenbach, G. Arnaud, S. Chambers, B. Roth, M. Miller, C. Cassidy, S. Shillato, R. Hartley, B. Fisher

Team Unity Yields Success

By Elisa Smith

1986's league champions strove to reach the same goal in 1987. From the beginning of the season Coach Schaitel expressed his optimism in the team and its ability to be champions. "The most exciting thing about the team is the depth. We have four to six boys with a lot of talent in each event." This talent was evident when they toppled the Mount for a Poway victory on March 19.

Part of the team's success came from a positive mental attitude and team unity. Schaitel explained that the athletes became very close because "They all go through the same workout and a lot of positive rivalry develops." Jeff Haines commented that, "Team spirit and unity are major factors for a winning season." Todd Sallenbach enjoyed the "competition and team unity" while Dean Cortez said, "I enjoyed the people and it was a lot of fun!" Another big motivator was the honor roll consisting of the best times at Poway High since the '60's. "A lot of the JV boys have the talent and potential to get on the honor roll this year," said Coach Schaitel at the start of the season.

Through practicing speed, distance, and new techniques the JV Boys Track team was able to produce a talented group of athletes with an incentive to win. Dean Cortez summarized his feelings about track by saying that "The workouts were hard but in the end it was worth it!"

Brad Roth leads the pack towards the finish line.

Jeff Haines shows perfection in leaping over the hurdles.

Track

Runners Make Great Strides

By Julie Hartman

Like a herd of gazelles leaping and bounding over their hot, dry terrain, the Varsity track team swarmed around the perimeter of the Poway High Stadium. The team consisted of hard working individuals that had the desire and determination to do their best. "This years track team is the most talented I've worked with in eighteen years," exclaimed Coach Schaitel, who was very impressed with the athletes. "Working together as a team is important in track and they accomplished this extremely well."

> "You can be an average athlete and still enjoy track." — Kevin Malloy

Track held grueling practices every day after school and weekends. This kept the runners in top physical condition. Junior Bryon Devore stated, "Running is something I'm good at and I like to win, but winning doesn't happen without practicing." Jeff Miller remarked, "I liked the feeling of accomplishment I got after working hard at the practices and then doing well at the meets."

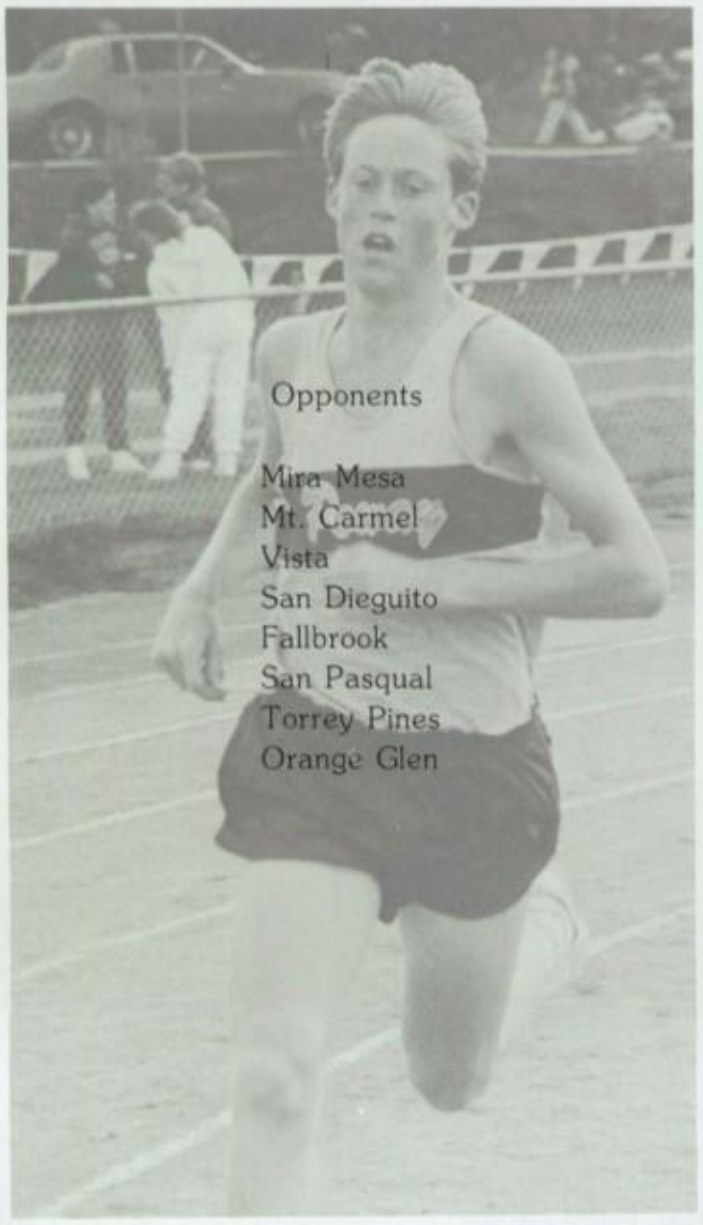
The Poway Track Team participated in various meets throughout Spring, and as they drew deeper into the season they improved their running skills. Senior John Steffens stated, "I've always wanted to be a good runner and the track team was the best way to achieve this goal. Besides, running is great exercise." Senior Titan Kevin Malloy said with a smile, "The meets made all the practices worthwhile."

According to Coach Scaitel, "Track is the most technical sport. It dates back to the first Olympic events in Greece and has been studied the longest." Track is for people with determination and a desire to excel.

With brute strength and perfect form, **Randy Orchen** gives it his all to throw the shotput.

Brad Hyldahl concentrates on the finish line as he sprints around the last lap.

John Ashworth and **Mike Mercer** exchange the baton with ease in the exciting relay race.



Like lightning, **Jeff Miller** leads the pack while racing around the first bend.

VIP

T-B: Marcus Wesley, Dustin Seale Not shown: Doug Eagle, John Ashworth. Congratulations, very important players. We're proud of you!

Up, up, and away flies **John Ashworth** in the long jump event.

Back row L-R: Sidaron Wilson, Marcus Westley, Doug Eagle, John Ashworth. Mid L-R: Harlan Carroll, Bill Aronson, Mike Mercer, Jeff Miller, Bryon Devore. Front L-R: Kevin Malloy, Dustin Seale, Randy Orchen, Scott Anderson, John Steffens.

Gymnastics

Varsity and Optional

Debi Quesenberry

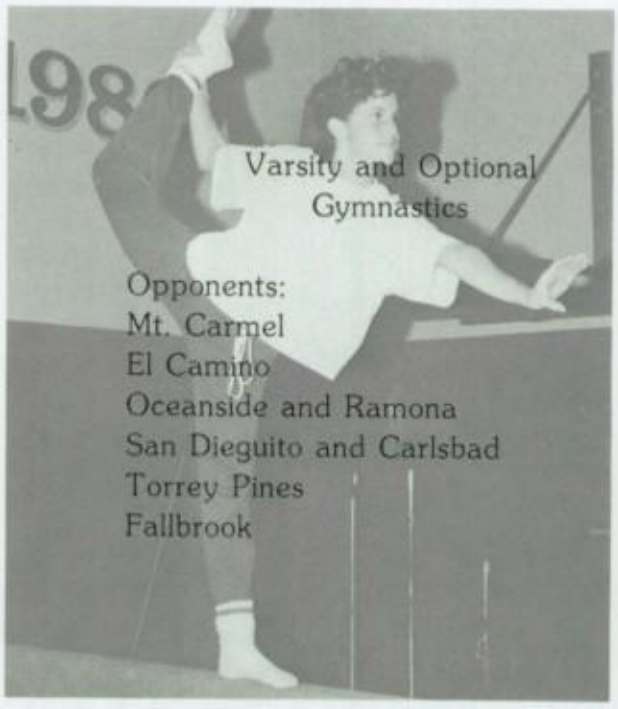
This year's varsity and optional gymnastics teams, composed of many hard working athletes, leaped towards higher goals. This group of girls worked harder and had more enthusiasm than Poway High has seen in a long time. "This year's team is smaller in quantity compared to last year's team, but stronger in unity," replied Mrs. Ondler, the head coach.

There were changes in this year's routines. The routines consisted of more advanced moves and were increased in the amount of difficulty. Coach Ondler worked with many strong gymnasts and pushed towards their goal to get as many girls to CIF as possible.

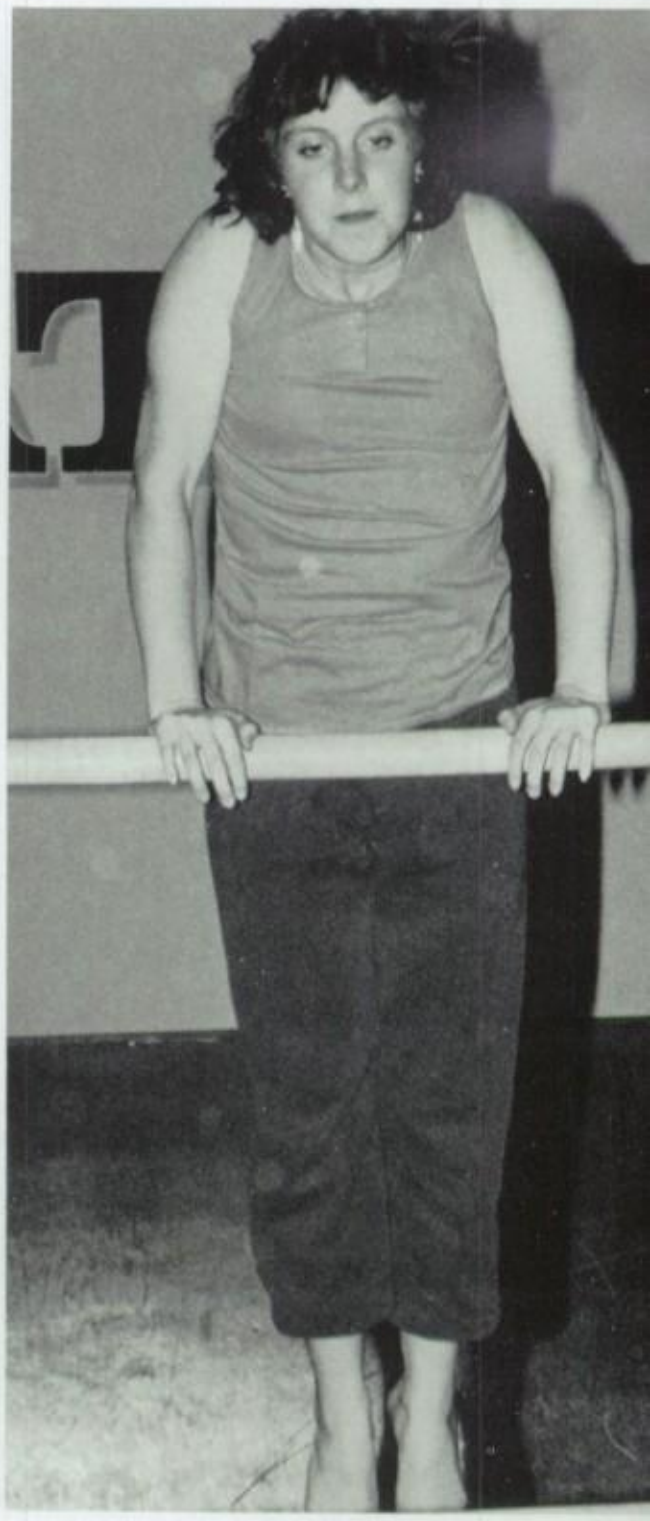
Kirsten Keithly, considered the most valuable gymnast, helped this year's optional team reach new heights by making up the most challenging routines. "Kirsten is always willing to try something new and that's what it takes," said Miss Menius. Her ability in all aspects of gymnastics, floor, beam, bars, and vault, made her a most important part of the team.

What gave the team the winning edge was their confidence in each other and their willingness to help each other. The attitudes of all the gymnasts led them into a successful year. The varsity and optional teams pulled together to make this year a winning one.

Left to right: Kirsten Keithly, Anne Gunther, Cindy Garza, Debi Devore



Left to right: Melissa Webb, Kirsten Pinnell, Tina Neeley, Chris Gilliam, Karen Olson



Chris Gilliam strains against gravity while on the bars.

Gymnastics

Rachelle Stuflick displays her perfect dismount off the beam.

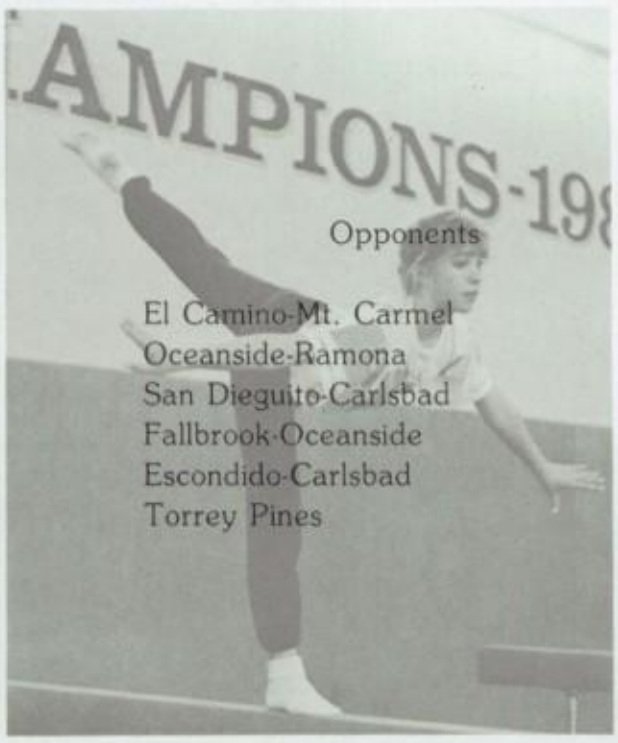
Determination Pays Off

By Elisa Smith

A great deal of talent, enthusiasm, and determination aided the gymnastics team throughout the spring season. Despite the slow beginning due to the need to share the gymnastics room with the wrestlers, the girls worked extra hard at their three to four hour daily practices. Another big reason for their extra hard work was a result of the fact that most other schools had gymnastics all year round but Poway did not. Even so, the girls enjoyed relearning and brushing up on their old skills while practicing new skills. Some girls even took the time for private lessons to enhance their performances.

Assistant Coach Menius explained that the team's success was due to the "confidence in each other. They were always willing to help each other. The more experienced gymnasts gave helpful hints to the first year members as to their strong and weak points and what the judges look for."

The main objectives of the team included concentration on individual goals as well as team goals, gaining experience and exposure for the new members, and hosting league finals. Melissa Webb said that, "We're all excited about hosting league finals here at Poway High! We're looking forward to a good turnout." Coach Menius expressed her conviction that "with drive and determination they should finish very strong!"



Opponents

El Camino-Mt. Carmel
Oceanside-Ramona
San Dieguito-Carlsbad
Fallbrook-Oceanside
Escondido-Carlsbad
Torrey Pines

Top: Rachelle Stuflick, Middle: Cherryll Murray, Melissa Webb, Bottom: Cindy Drummond, Juli Coats, Wendy Winkelman

Cindy Drummond flys through the air during practice.

Softball

Fun and Games Forever

By Jon Jaro

"I think the team is special because we've played together before and off the field we're all friends," said Stephanie Harris. This statement captured the essence of this year's Varsity Softball team. Many of the players had previously participated in softball leagues together and, thus, were accustomed to being around each other on the field. In addition, all of the players got along off the field as well. Another significant factor was Coach Barker-Ball. Her determination and desire to win sparked the team to do their best. However, at the same time, she managed to have fun and be liked by all her players. "She's honest, funny, and even acts like one of us," described Lynell Stokes. The team looked at the season optimistically, some of their goals included: constant improvement, respect, and an above .500 record. These goals served as a perfect example that winning wasn't everything to the lady Titans. Pitcher Christina Montgomery summed up the team's attitude by stating, "I hate losing, but if you played your best, then winning isn't so important." A unique system this year's team used were notebooks and discussions about the games they had played. By doing this, the team ensured improvement game after game. When asked to compare the Varsity Softball team to any object, the players had several interesting answers. Christina said, "We're a family. Good times and bad ones." Fortunately the good times outnumbered the bad, and the girls always got along.

> "It's like a big party. Lots of fun!" — Stephanie Harris

Lynell Stokes anticipates the pitch, ready to drive it far.

Bridget Gast awaits the potential ground ball to first base.

Jennifer Guerena prepares to retrieve the ball and make the play.

Wendy McHugh concentrates on home plate and her pitch.

Christina Montgomery eyes the pitch and swings away.

Front row: Debbie Guerena, Tiffany Schafer, Stephanie Harris, Michelle Wurth. Second row: Christina Montgomery, Bridget Gast, Wendy McHugh, Kelly Carrigan, Arlene Eicher, Carrie Poynter. Last row: Jennifer George, Coach Barker-Ball, Lynell Stokes

Softball

Let The Good Times Roll

Jon Jaro

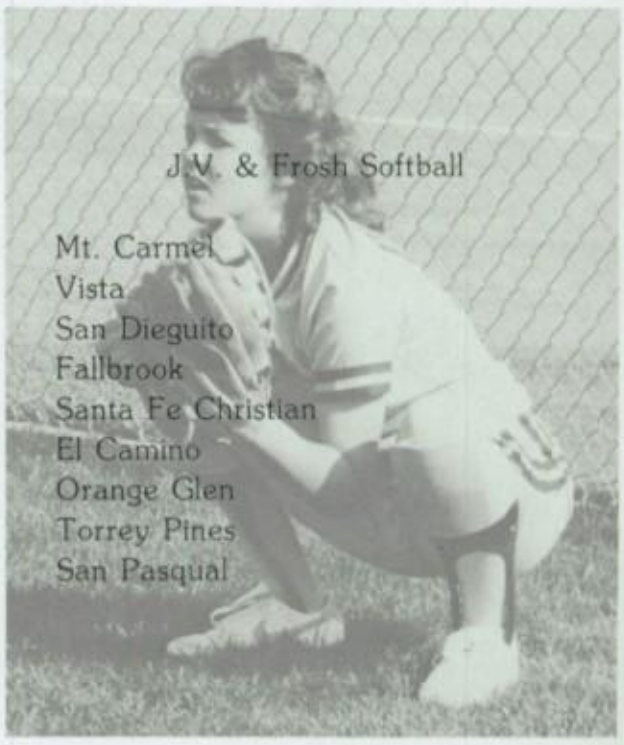
"Our team is like a giant cookie. The players are the chocolate chips and Coach Campbell is the cookie part," described 1st baseman Michelle Adame. The Junior Varsity Softball team earned the right to be called a cookie. The girls were united as a whole, with Coach Campbell holding them together throughout the season. "He takes the time to work individually with all the players," commented 2nd baseman Lysha Younker. As a result, the players showed their appreciation to Coach Campbell by constantly working hard and winning several games. Success came about through various reasons. Dana Timms believed that, "We play well because we work together as a team and always encourage one another." Much like the Varsity, these girls had played together in years past. So, becoming familiar with how others played was simple. In the end, the season was very satisfying and revealed much promise for the future.

"Pride. That which compels thee to do one's best, even when no one is looking." Throughout the season, the Freshmen Softball team lived up to this motto. Many of the girls considered this year's season to be extremely interesting. The team lacked a coach until Jim Cross, a volunteer, stepped into the coaching spot. His team welcomed him with much enthusiasm. "It was generous of him to give us his free time," replied 2nd baseman Alison Ingleby. The Freshmen team experienced several new things during the season. They included: "gay looking" uniforms and the smell of agriculture near the softball fields. However, aside all this, the team managed to win games and have a great time. Friendship also thrived as the season progressed. With so many positive things turning up, the PHS Softball program is bound for further success!

Jenny Van Boom prepares to scoop up the ball and throw.

H. Cross, J. Bechtold, A. Ingleby, B. Mangaraan, E. Barrett, A. Rozsia, K. Giroux, A. Rozsa, M. Hewitt, L. McLaughlin, J. Van Boom, S. Kearns, L. Younker, N. Schnoebelen, M. Hines, K. Suszko, Mr. Cross, Mr. Campbell, S. Toumi, H. Kritzer, J. Schwar, C. Fortney, E. Smith, K. Clark, L. Palmer, O. Snodgrass, M. Adame, D. Timms.

Michelle Adame warms up at a game at Poway Lake.



Diving

Back L-R: Coach Gehrke, Mike Harding, Greg Stampfli, Derrick Oliver. Front L-R: Kim Miller, Wendy Herdlicka, Ann Gunther, Dana Dodd. Not Shown: Trey Freelen.

Opponents

Mira Mesa
El Camino
Mt. Carmel
Vista
San Dieguito
Fallbrook
Coronado Invitational
Mission Viejo Invitational
Torrey Pines
Orange Glen

"Ten"

By Jennifer Stampfli

"Come on guys, keep practicing; I haven't seen any 'go-on-able' dives yet," yelled Coach Gehrke from the edge of the pool. The entire team loved their coach's laid-back personality, although he remained a "tough" teacher. In return, Gehrke described the eight-member team as hardworking and friendly. "All of them are willing to try any dive I ask them to perform. Their degree of difficulty has increased by leaps and bounds since the season's start." Trey Freelen called diving "an art from God. He gave me this gift and I use it to make Him happy." Dana Dodd said, "I dive because it's a challenge; I feel like I accomplished something and I'm always learning." Similarly, Kim Miller felt, "It's an individual sport so you're in control of everything instead of relying on someone else to finish off the play." "Diving is great because it's exciting and daring!" explained Derric Oliver. Although they competed against one another in meets, the Titans stuck together. They encouraged each other and shared advice on how to improve technique and bring their scores closer to a "ten." Each diver had a lot of depth, and Poway usually captured most of the points. Greg Stampfli's favorite part of diving was "flipping and spinning." He added, "Diving allows me to push myself to the limit."

Dana Dodd prepares to enter the water after an outstanding dive against Mount Carmel.

Trey Freelen completes the first of two spins with precision.

Greg Stampfli soars above the water with excellent back-layout technique.

Mike Harding twists with grace as he prepares to enter the water.

Volleyball

Varsity: Pizazz Plus Power

By Julie Hartman

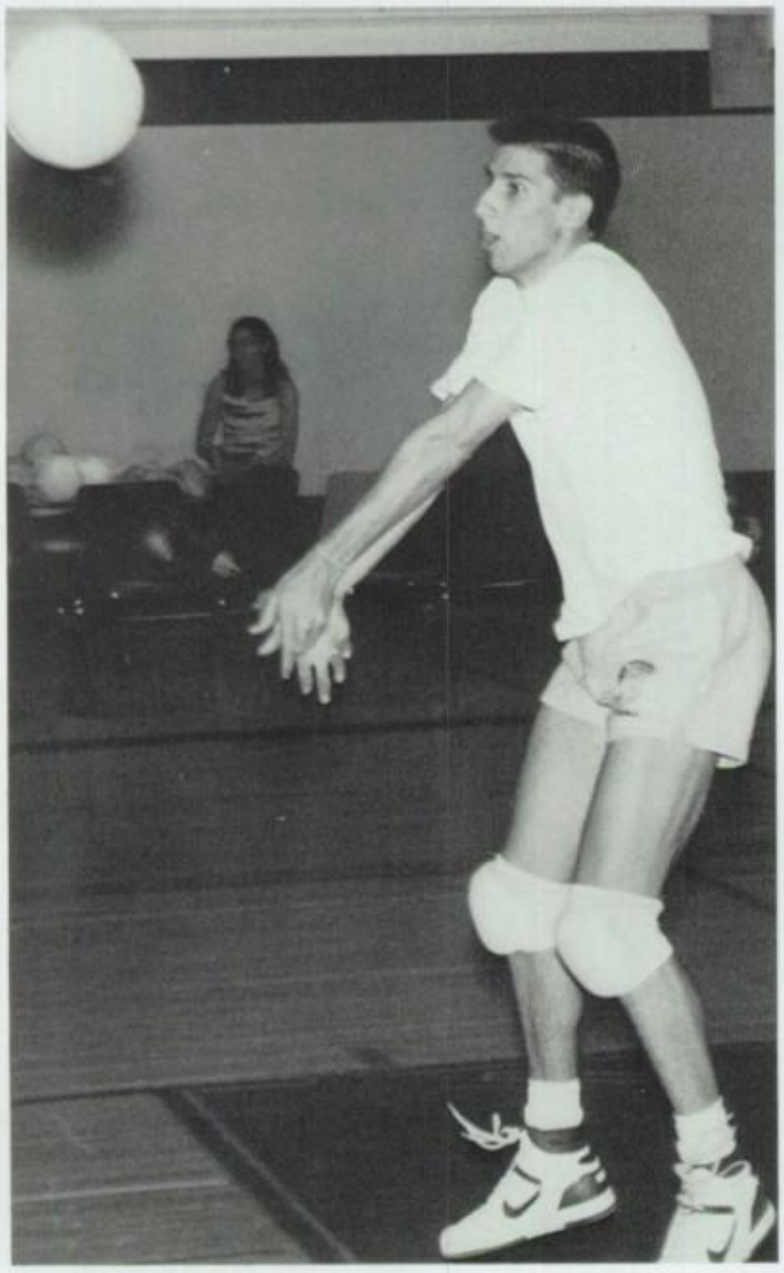
Refreshing spring weather not only invited new sights and new sounds, but also exciting sports like ... Volleyball fever! The fastest growing sport on the California beaches hit Poway High for the second year as an official competitive sport. The Boys Varsity Volleyball team took on the new season with dedication and enthusiasm. Coach Mike Ball stated with pride, "Once the team members started playing the game, they didn't want to stop. Some of the players took the game very seriously and their devotion during the practices showed in their games."

> "You can't be serious when playing volleyball." — Jon Jaro

Volleyball is a sport that isn't normally introduced until the high school level. This makes it a good opportunity to try something different and see if you have what it takes. All of the team members heartily agreed that Volleyball is a fun game to play and they enjoyed the quick-paced intensity during the tournaments. Senior Pete Babich stated, "Volleyball is an easy sport to learn, but hard to master." Everyday, after school they practiced on improving their fundamentals, especially "passing." "We had a lot of talent on the team, but we needed to learn to work together more," commented Doug Potter. Senior Jim Miller profoundly remarked, "The success of this team depended on the unity of the squad."

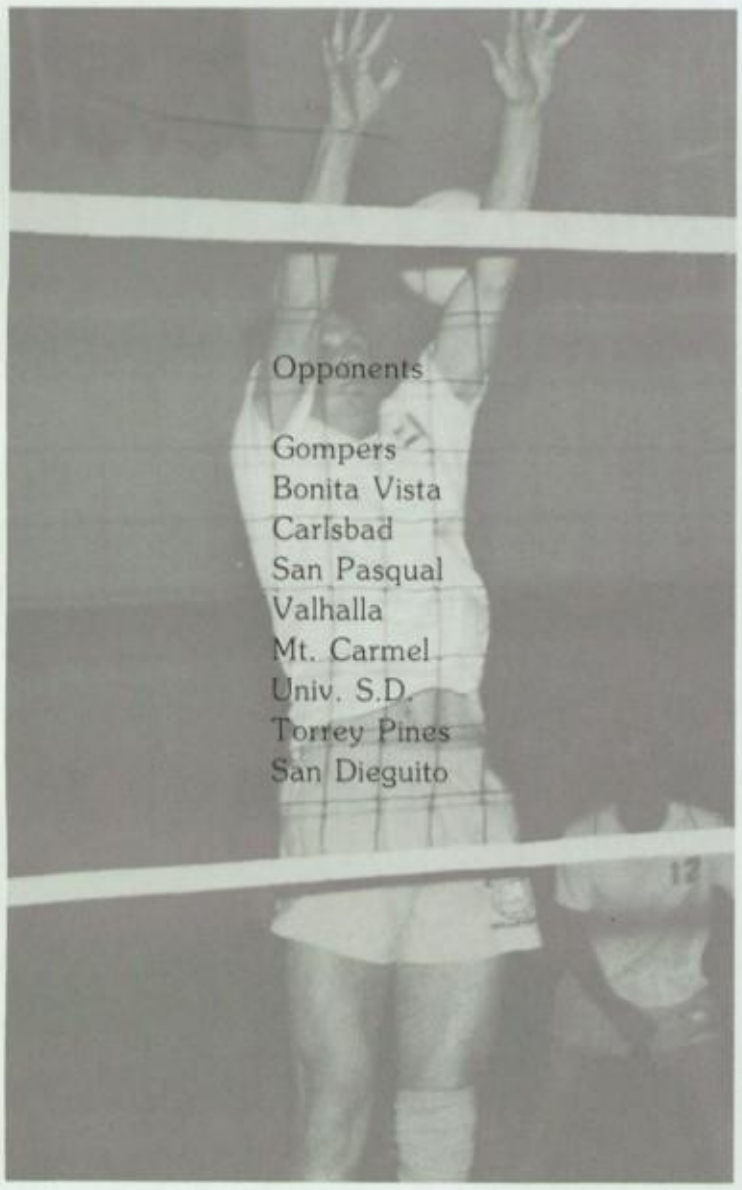
The team enjoyed working with Coach Ball and respected him too. "He is a hard disciplined coach and very knowledgeable," said Pete Babich confidently. Through the season, the Varsity team progressed to meet their competitors with equal force.

The Poway Varsity Team sets up to receive the volleyball.



Top L-R: Jason Appel, Jeff Collins, Jon Jaro, Christiaan Zaayer, Travis Higgins, Dave Delaney. Bottom L-R: Brian Rauch, Dan Millard, Jason Jones, Pete Babich, Jon Kidwell, Doug Potter, Coach Ball.

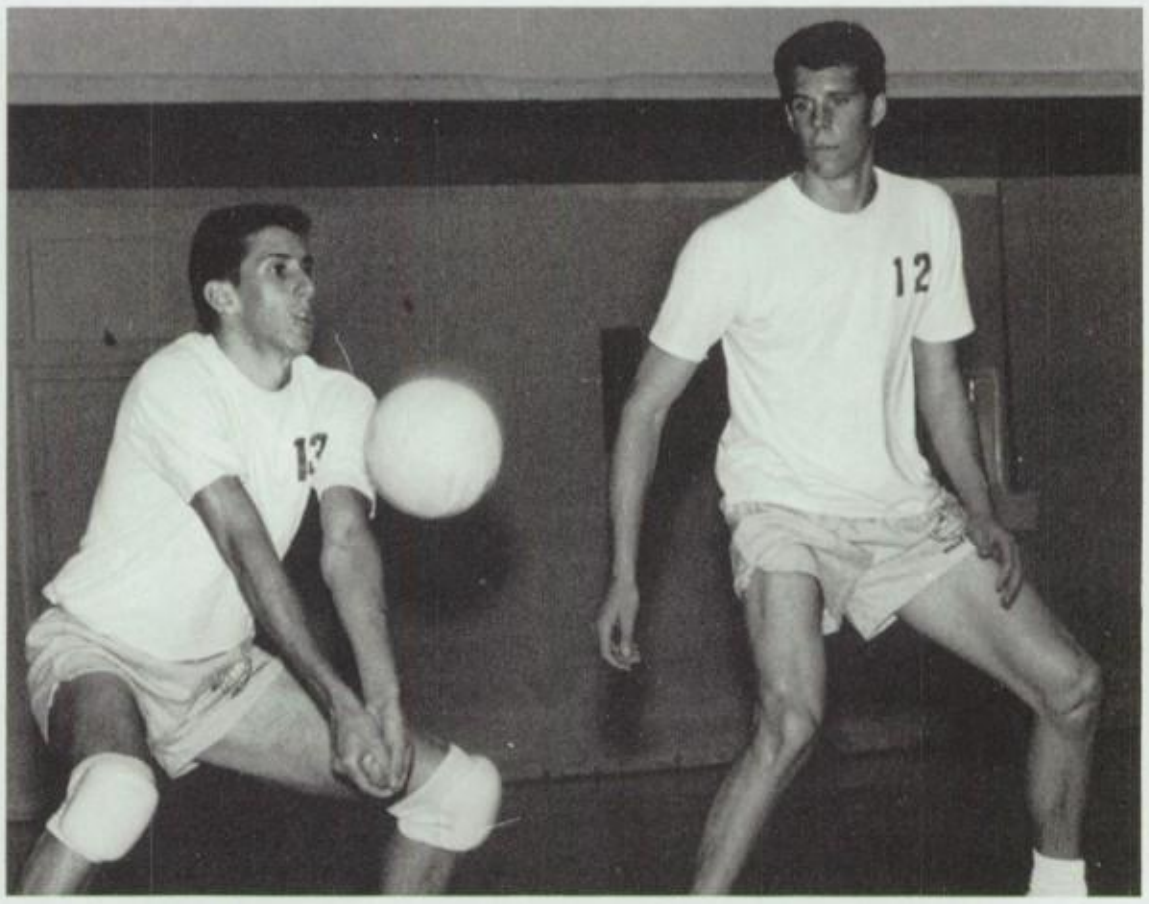
Dave Delaney prepares to execute the perfect bump shot.

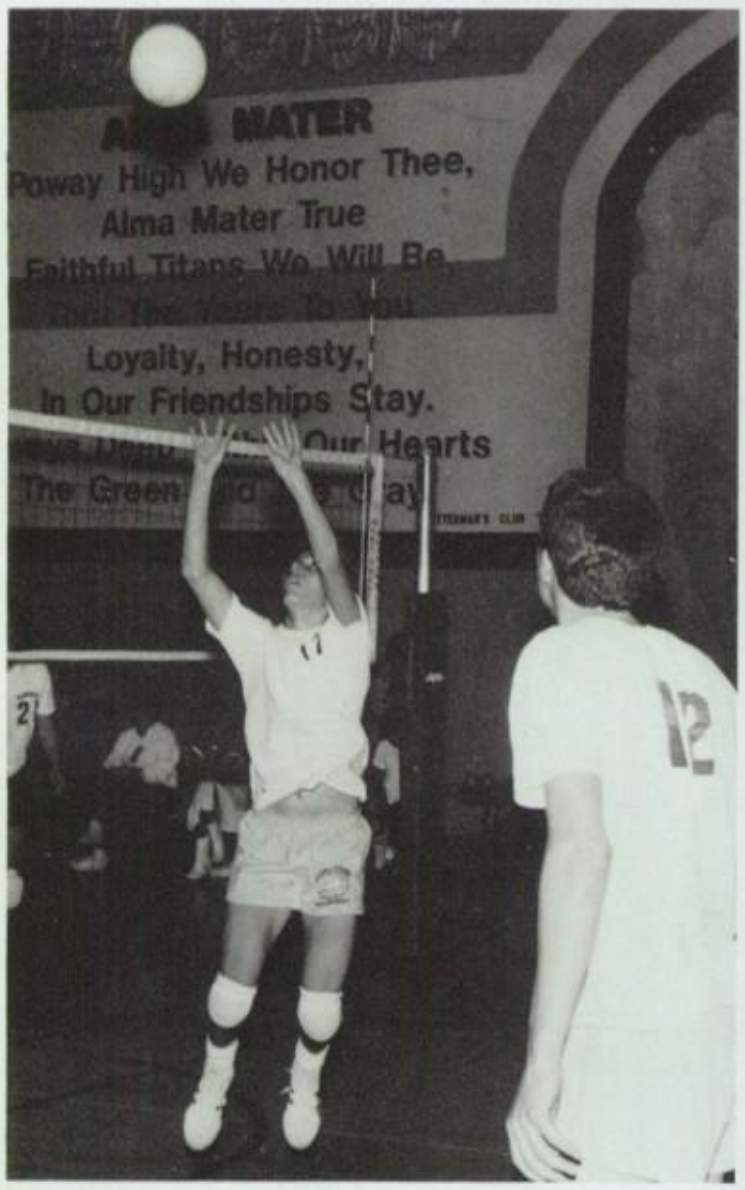


Opponents

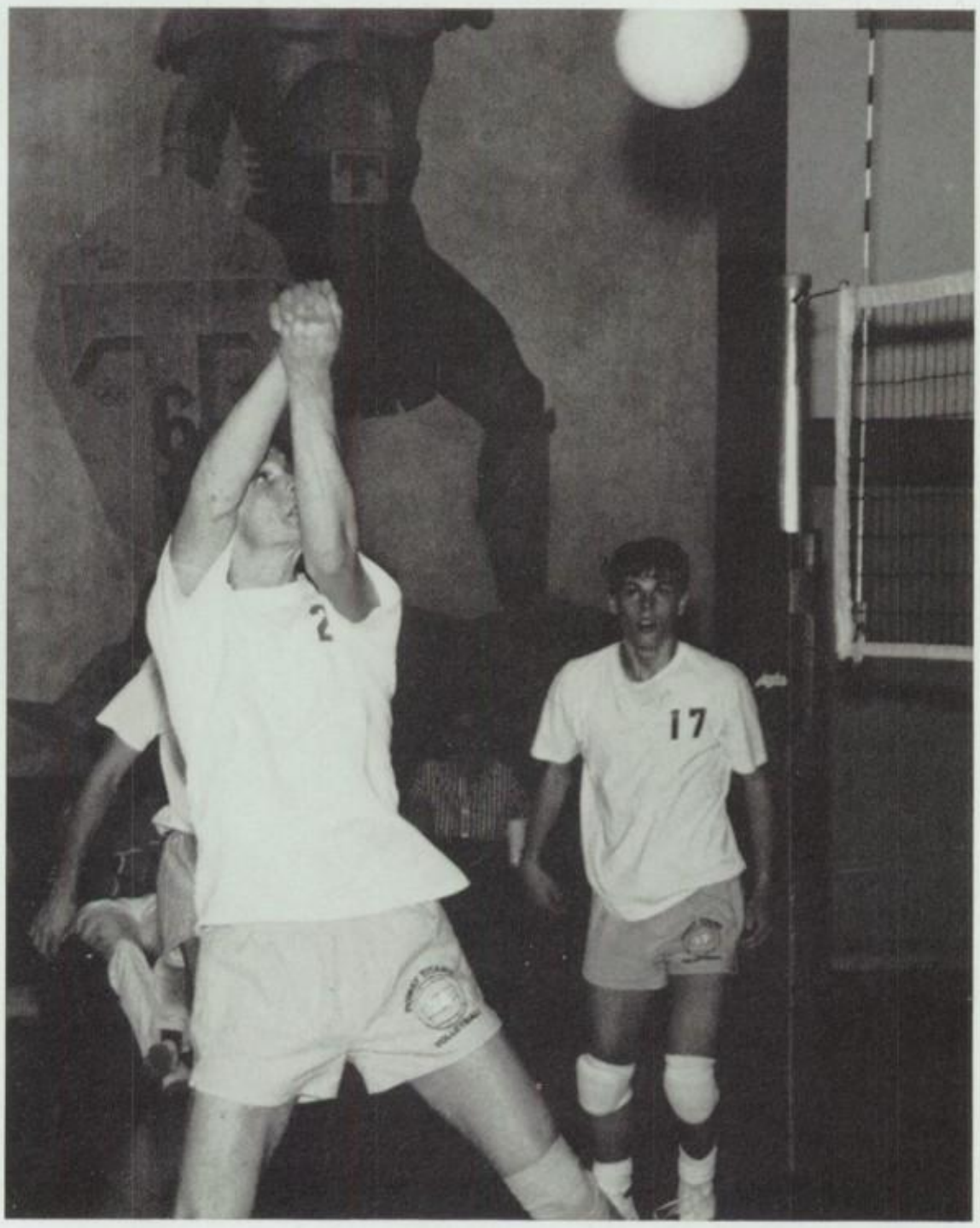
Gompers
Bonita Vista
Carlsbad
San Pasqual
Valhalla
Mt. Carmel
Univ. S.D.
Torrey Pines
San Dieguito

Dave Delaney attempts to pass the ball to **Doug Potter.**





Jason Appel performs another excellent set.



Bryan Tremble uses the proper technique to return the ball to the opposing team.

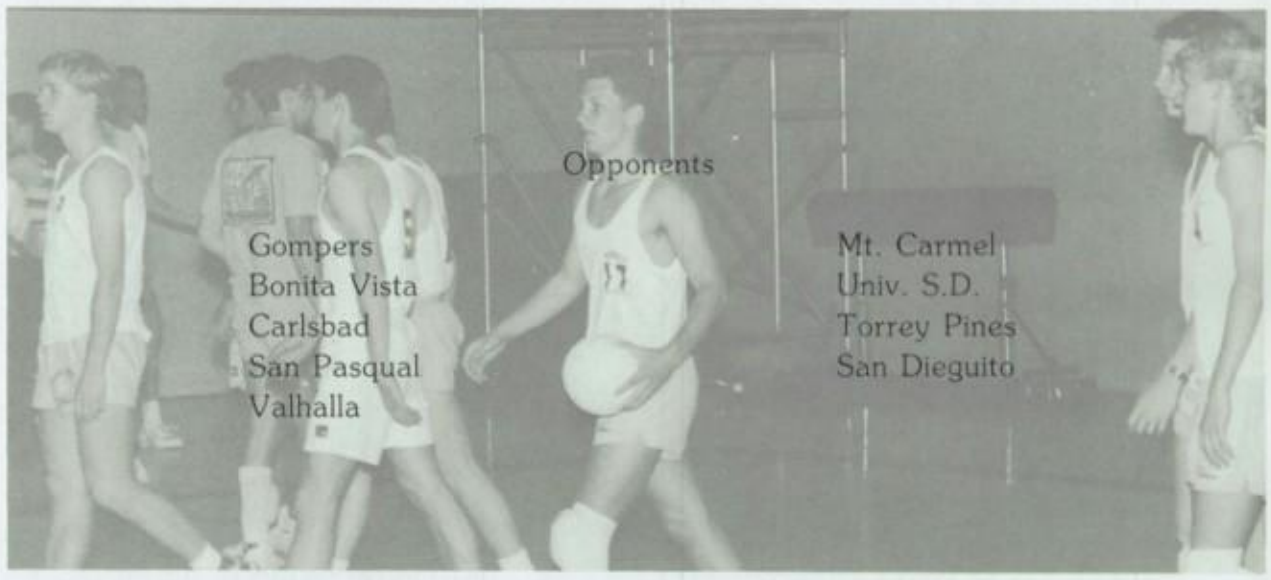
Volleyball

They Set Standards

By Julie Hartman

Bump! Set! Spike! Guided by Coach Larry Higgins, the Boys J.V. Volleyball team made it through a successful season. Junior Kevin Kohler remarked with enthusiasm, "We had a good season. The team had no problem getting fired up. We had fun." However, the team also had to work hard to improve their games. Kevin Collins commented, "We needed to practice a lot to get the fundamentals down." The team practiced everyday after school along with the varsity team. "We worked well as a team because we wanted to do our best and be competitive," stated Kevin Kohler. The members agreed that Coach Higgins was easy to work with and he was very informative and helpful on their playing techniques. Junior Jon Hoffman summed it up by saying, "The team members figured that a positive attitude on the court and from Coach Higgins was very important in the outcome of the season." This attitude will have a lasting impact on the players as they become future varsity members in years to follow.

With high hopes, **Jon Hoffman** gets set to keep the ball in the game.

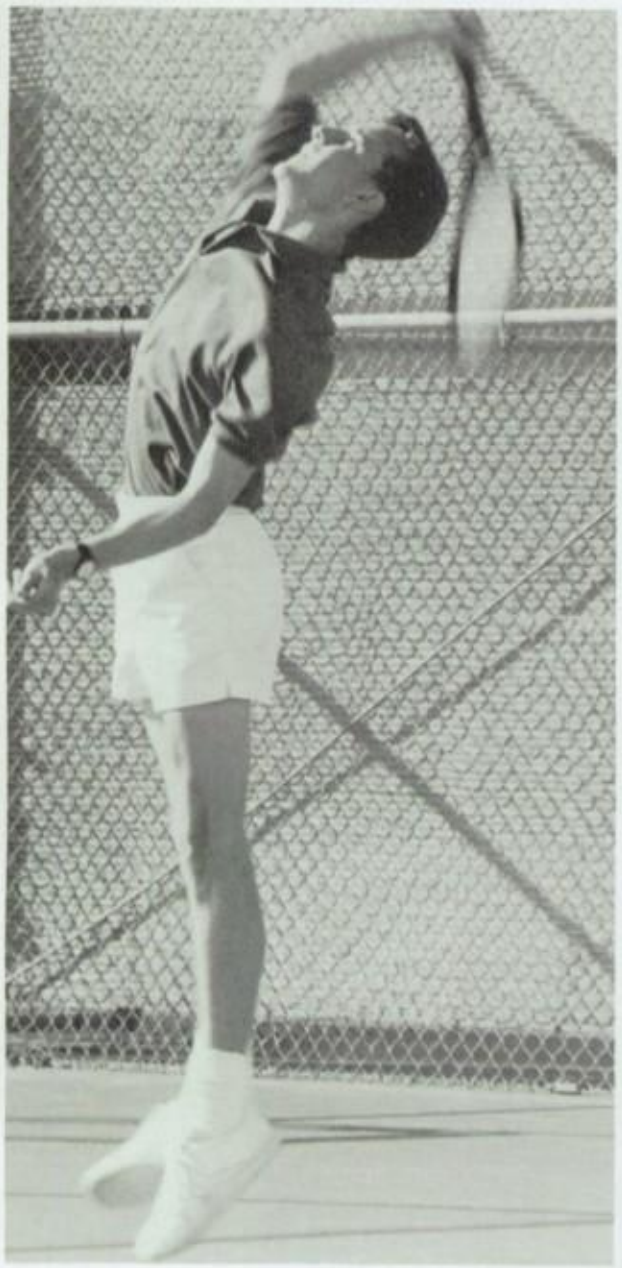


Top L-R: Jason Weigle, Kevin Kohler, Chad Milling, Ricky Anderson, Keith Ball, Coach Higgins. Bottom L-R: Justin Gresham, Ethan Meadows, Mario Escobar, Kevin Collins, Steve Jameson, Sean Arthur.

Justin Gresham "bumps" the ball in hopes that someone will get it soon.

Tennis

Arching to pound his first serve, **Scott Fisher** tossed the ball overhead and prepares to uncoil.



JV Ace to the Top

By Naomi Kusano

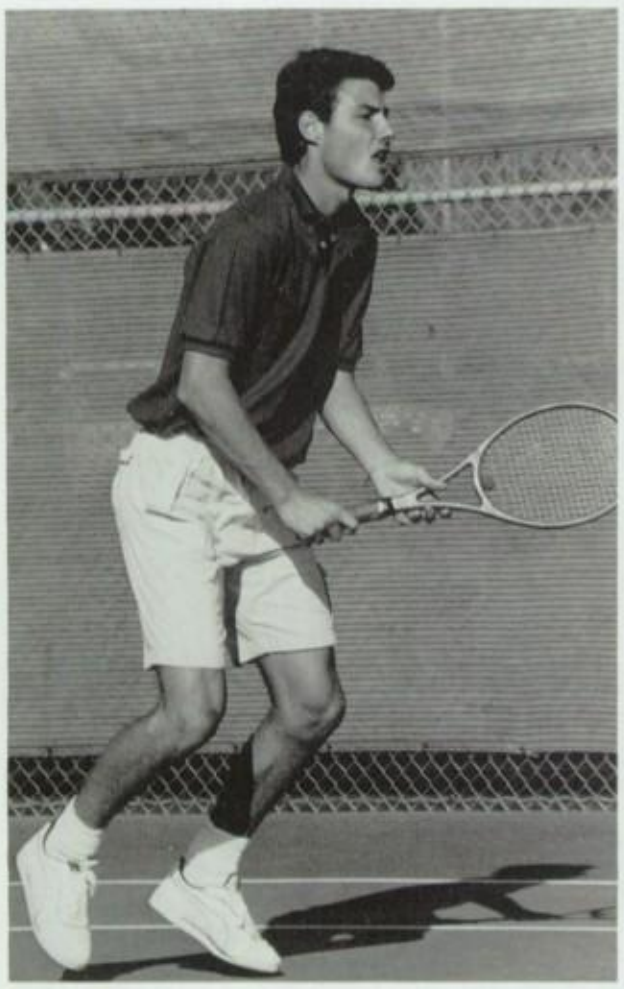
"Our entire team is friends and constantly tried to help each other play better," commented first-year player, Brady Hamilton. "It's not easy to stay friends when you're always trying to beat each other out of their positions, but we managed."

The 1987 season proved to be respected with a well-rounded JV tennis team. Although a fairly young team, they were very strong and did extremely well.

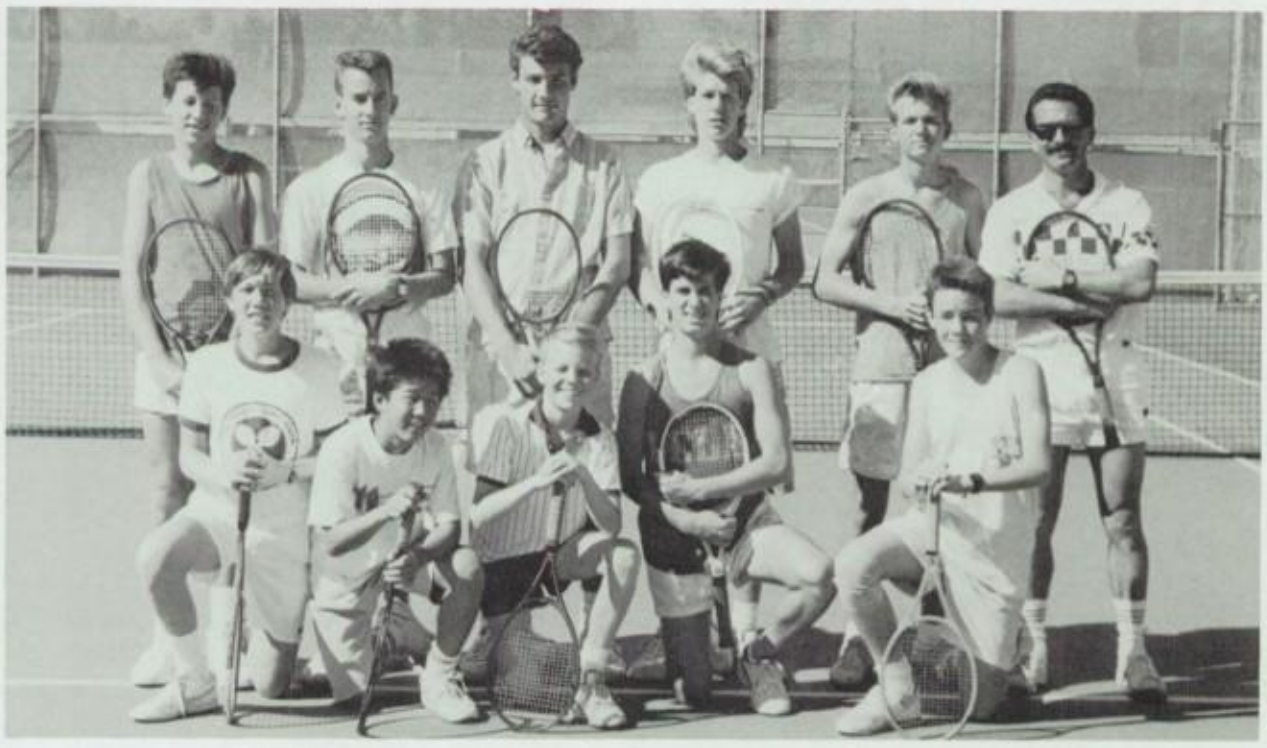
Coach Parinello always strove for excellence and brought out the best in his players. "I think our coach is a really great guy. He takes the sport seriously, which really helped a lot. It meant a lot to him when we won, therefore, we did our best to please him by winning," replied returning Junior Scott Fisher.

The game of tennis also seemed to be a challenge for the players. "Tennis is enjoyable because it is an individual sport and it's all up to yourself to win or lose," emphasized Chris Bryan.

Joining the tennis team has really satisfied the teammates. Scott Fisher closed by adding, "I have enjoyed every year of tennis I have played, but the last two years and this year of high school tennis for PHS have been the best. The coaches have certainly been a great help to me and everyone else!"



John Babich concentrates on his opponent's return.



Back row, left to right: Eric Purvis, Scott Fisher, John Babich, Chris Bryan, Brady Hamilton, Coach Parinello.

Front row: Michael Post, Bobby Lee, David Anet, Chad Basinger, Josh Welbourn. Not pictured: Matt Schlotman.

Varsity Tennis

Back in the Swing of things

By Kiki Windsor

The two opponents faced each other from opposite ends of the court, a competitive stare stretched between them. With practiced ease, the Poway pro served. The firey ball zipped by his confused opponent for yet another act. Not all of the matches during the '87 year went this well, but the team showed the league they weren't fooling around. "We had a competitive season," admitted Scott Basinger.

> "Tennis is physically and mentally though." — Brian Maienschein

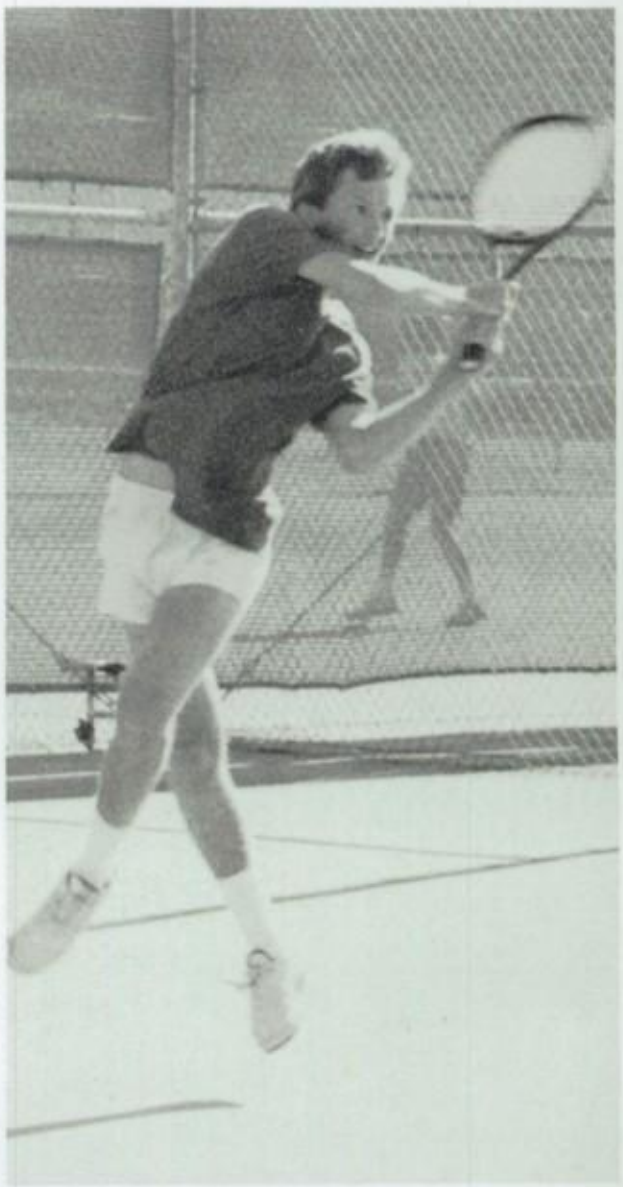
The varsity team welcomed many new faces this year, making it a younger group than in the past. "I believe it is to our advantage to have a younger group," commented Brady Hamilton, "because when they come back next year they will have more experience and will be stronger than ever."

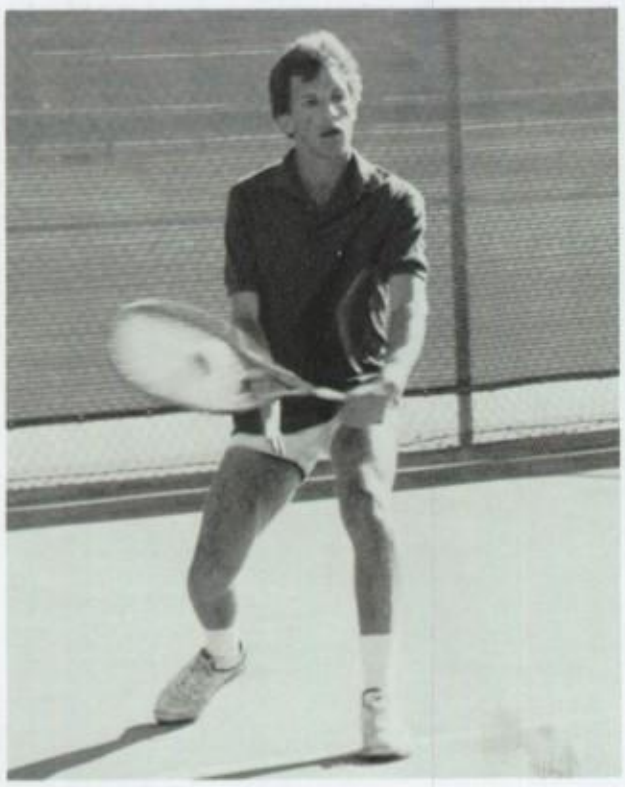
The players learned a lot about being both mentally and physically strong this season. "Coach Campbell has been coaching tennis for many years," stated Jeff Foust. "He knows how to work us hard at practice so we can take the pressure that we have to face in a match." Discipline turned out to be the key word throughout the year and the boy's tennis team mastered it with hard work and long sweaty hours on the court.

In the past, there have always been certain teams that proved to be stiff competitors, and this season didn't differ. "Vista has always been our biggest rival," confessed Kevin McHugh. "We just had to take them in stride and give it our best shot." The two rivals met this year, as they have in the past, and the contest was close, as player battled player to emerge victorious.

The past season turned out to be one of boisterous victories, weary losses and most of all much learning and growing. The younger players gained knowledge and valuable experience that they can return with next year and use to their advantage. The parting seniors gained the advantage of discipline that will aid them in the years to come.

Brian Maieinschien returns his opponent's shot with grace.

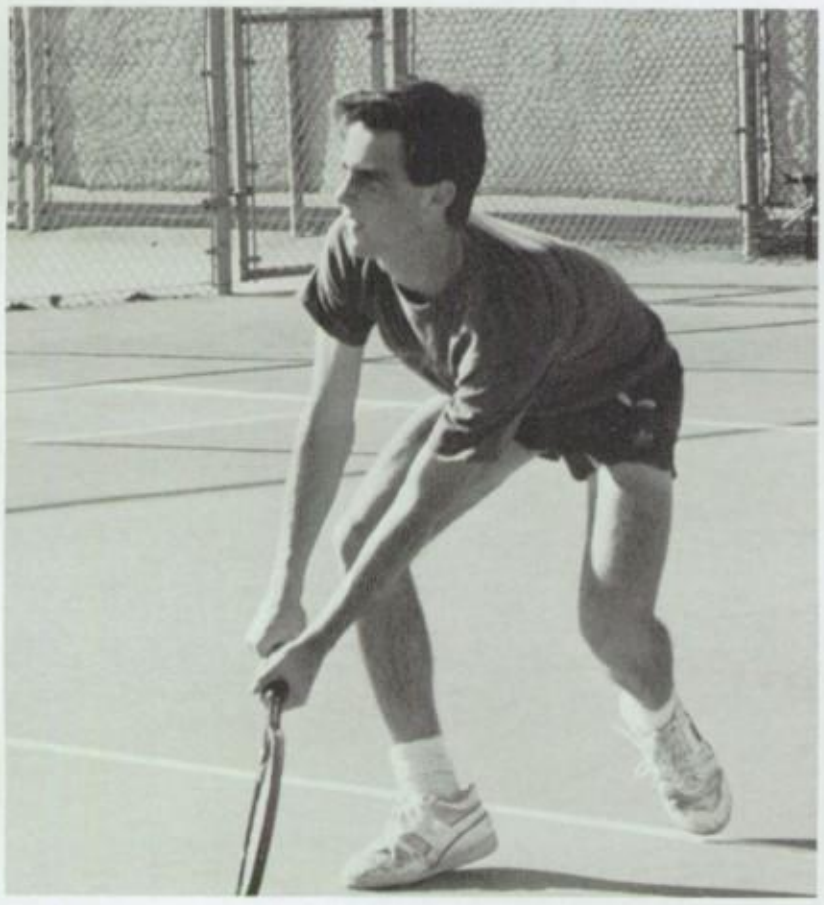




Brian Maienschein reveals his perfect backhand form.

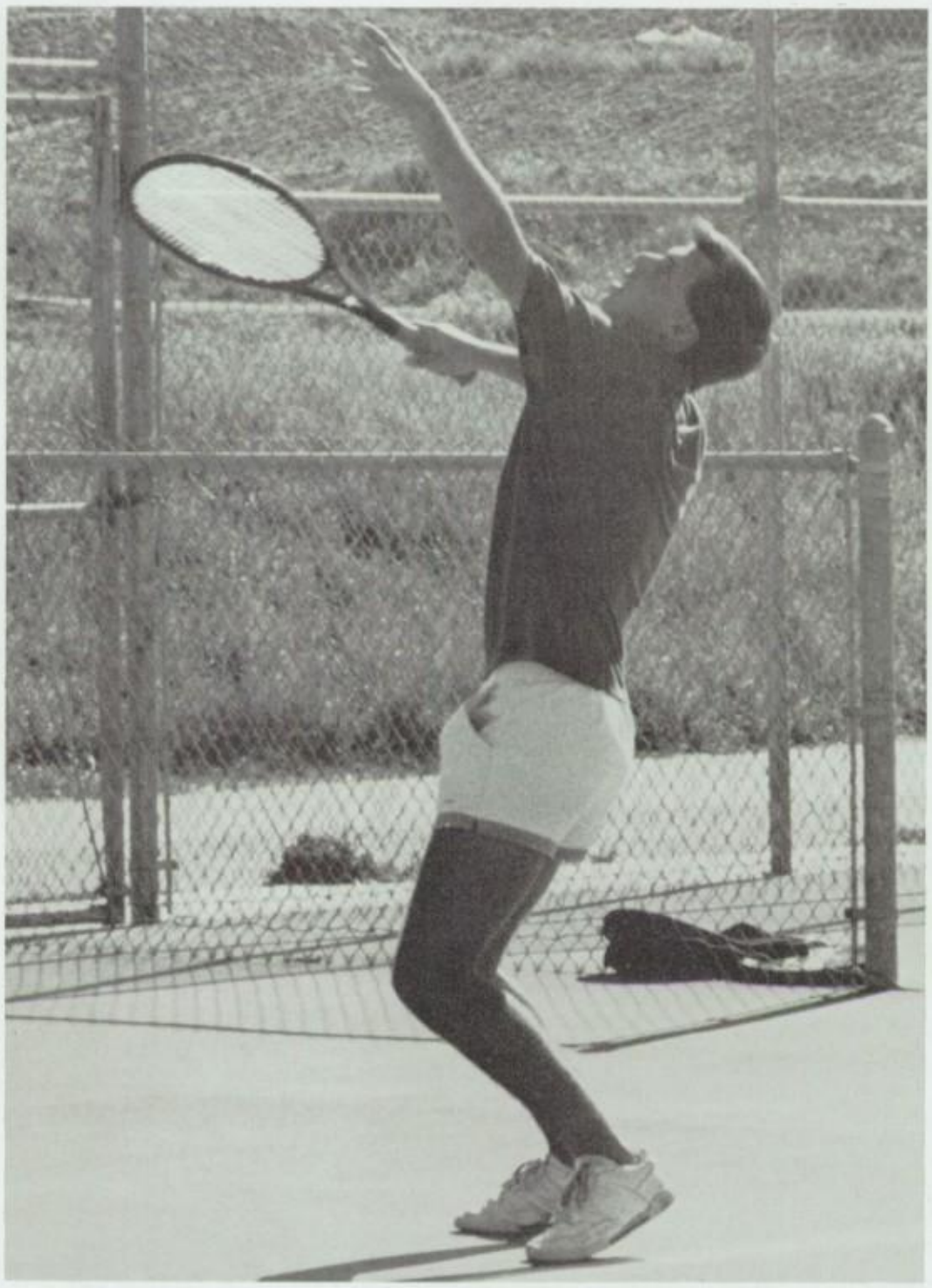
Top Row: Coach Campbell, Kevin Barry, Fred Hill, Jeff Faust, Oliver Davidias, Kevin McHugh. Bottom Row: Brian Maienschein, Mike Lerner, Scott Basinger, Jason Fleck, J.J. Garuba.

Scott Basinger prepares to receive a low ball.

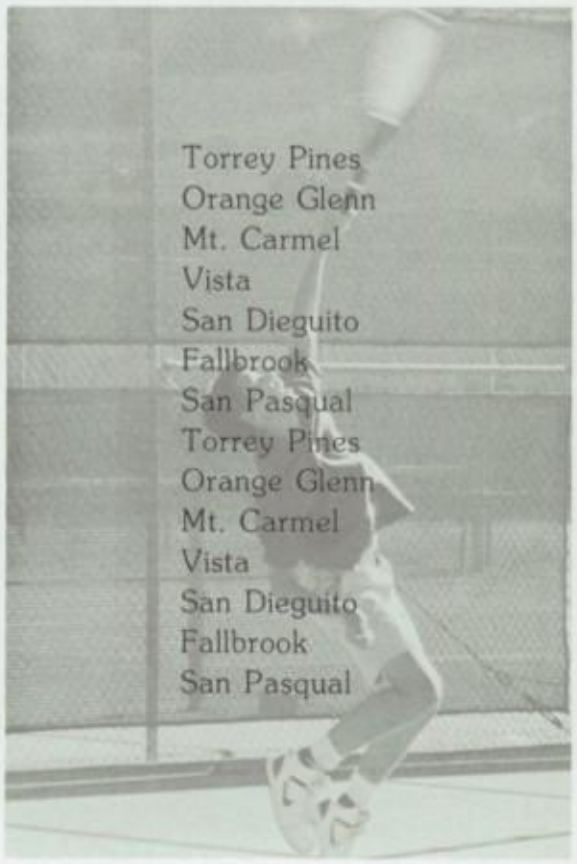


Brian Maienschein rushes to the net to hit a volley.

Mike Lerner focuses on the ball in the middle of his serve.



Jason Fleck and **Scott Basinger** run to the net to prepare for a volley finisher.



Baseball

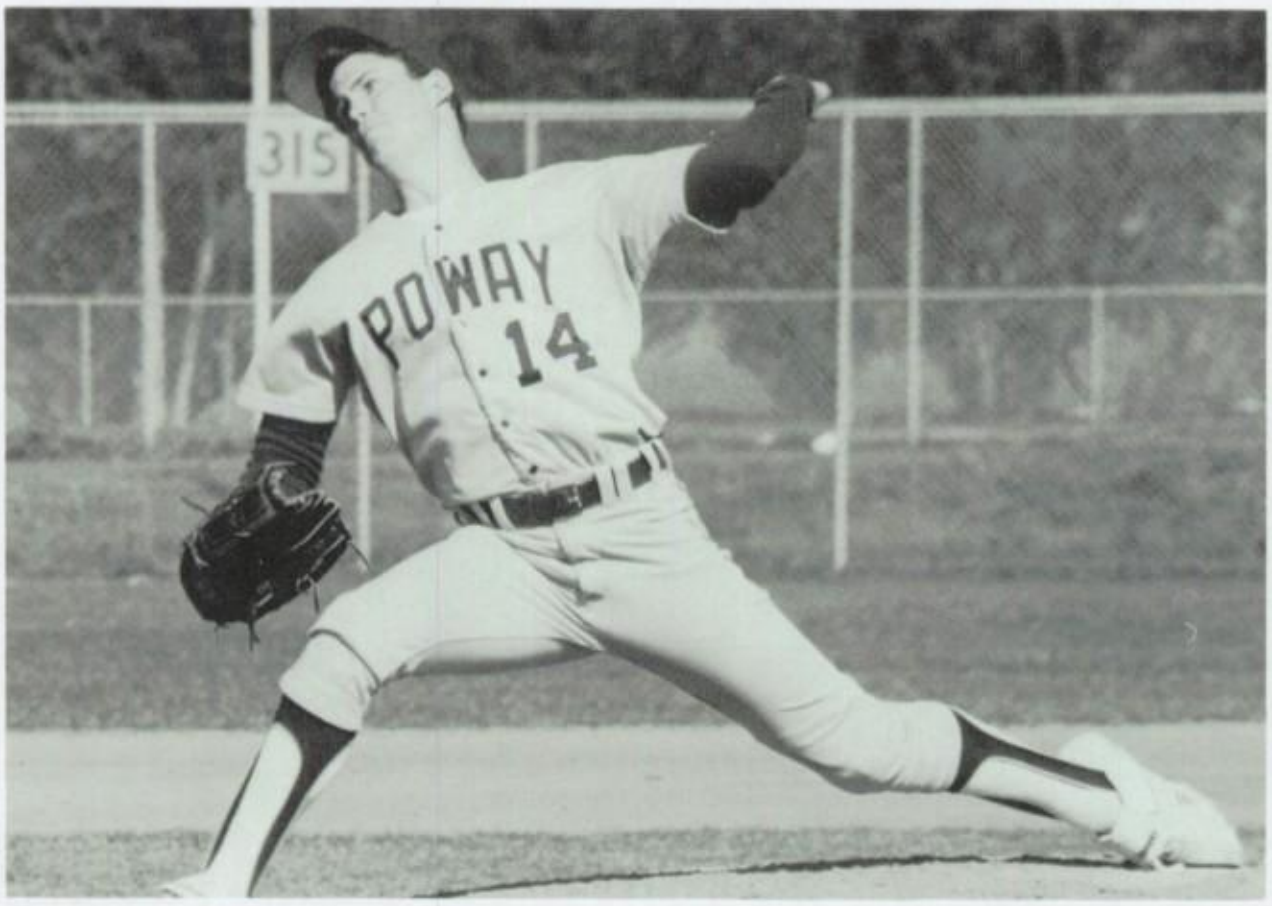
Hitting for Power

By Jennifer Stampfli

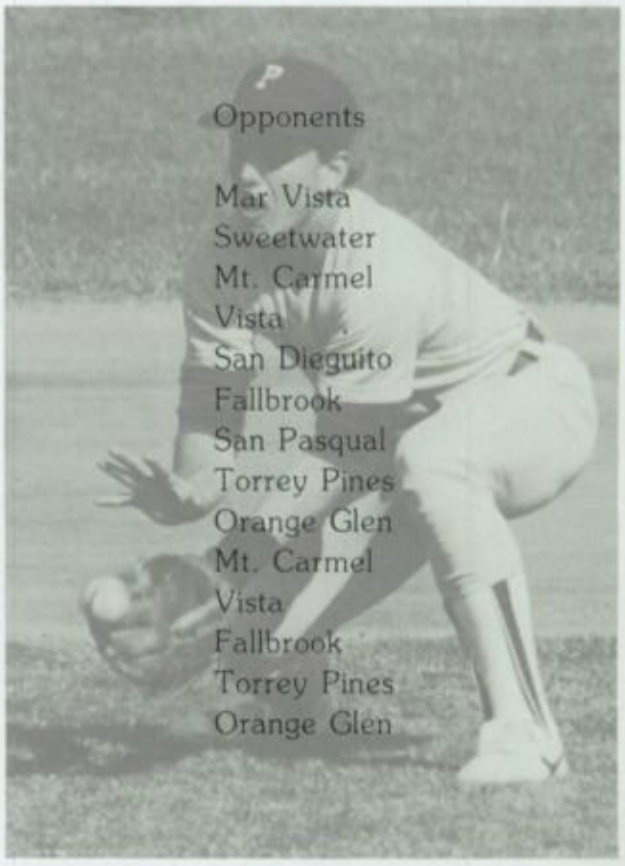
Poway's Varsity baseball team has grown in maturity since last year. Their better season can be attributed to an older, more experienced team with better hitting and fielding techniques. With practices averaging two to three hours daily, their abilities improved every day and in every game. "We're very fired up for this season and so far our games have been better than last year," commented Mike Scaggs. A majority of the team were Varsity veterans and old friends. This helped mold the players into one powerful team who acted together rather than as eighteen detached individuals. As Billy Wraith remarked, "Baseball is a team sport that teaches the importance of a joint effort. No one can make the game, or even a play, by themselves. We all have to rely on one another." Wraith epitomized the team's outlook when he said, "As long as I can help the team, I'll play any position." Another factor in the team's success was Coach John Harmon's dedication and experienced coaching. John Youngkin felt, "Harmon cares for our team a great deal. He makes the team his first priority and puts forth his whole effort to improve our skills. When we lose, he hurts more than us." While Chris Bentley enjoyed hitting the best because "it gives me a chance to show what I'm made of." Chris Bentley liked "The thrill of striking someone out when I pitch." Every member of the team was important for the success of the whole, but Phil Plantier especially stood out in everyone's mind. In the words of Mike Cormier, "Plantier is one of the best hitters in the county and definitely a strong leader on our team." The intensity and spirit of the Titans brought them a successful season against tough opponents. Steve Toumi reflected, "We strive to be the best we can be and if we lose, it just makes us pull together and try harder the next time."

> "We're on a high and ready to show our stuff." — Mike Cormier

Phil Plantier keeps his eyes on the ball as he charges around the bases.



Brady Bently executes the perfect pitching technique as he brings Poway to another victory.

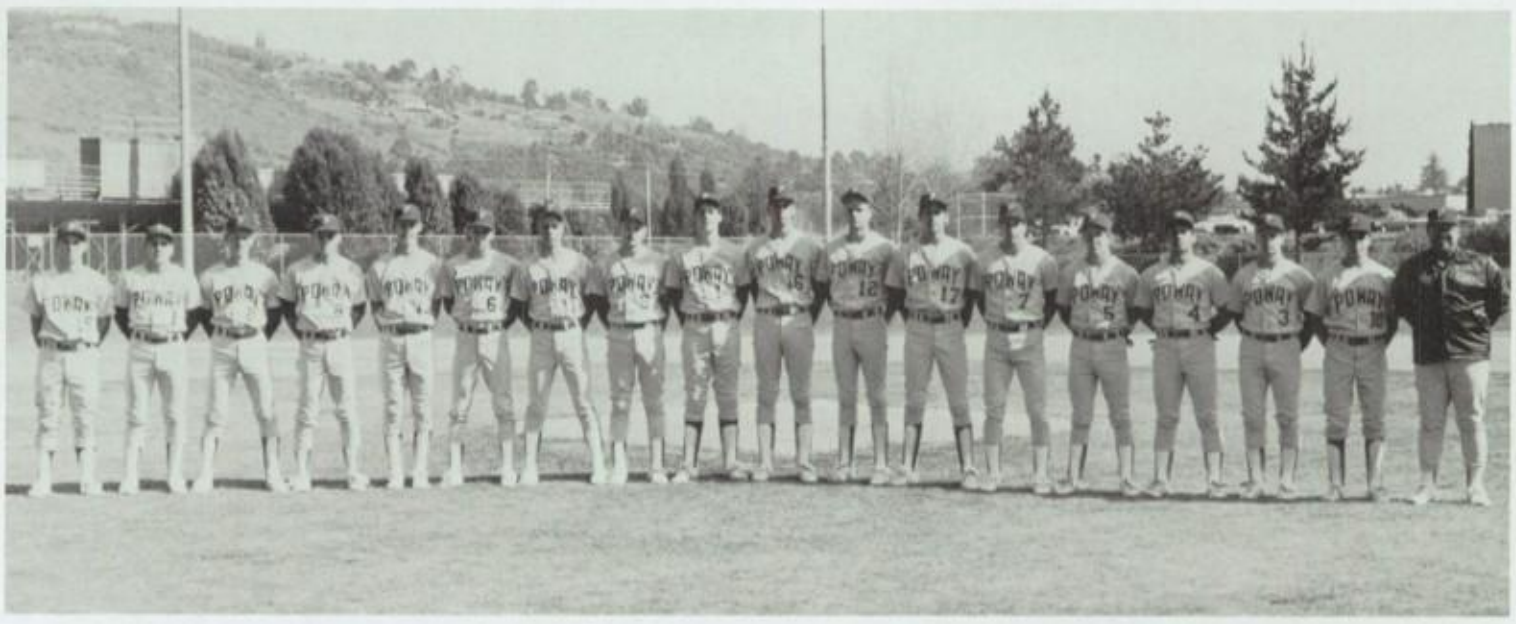


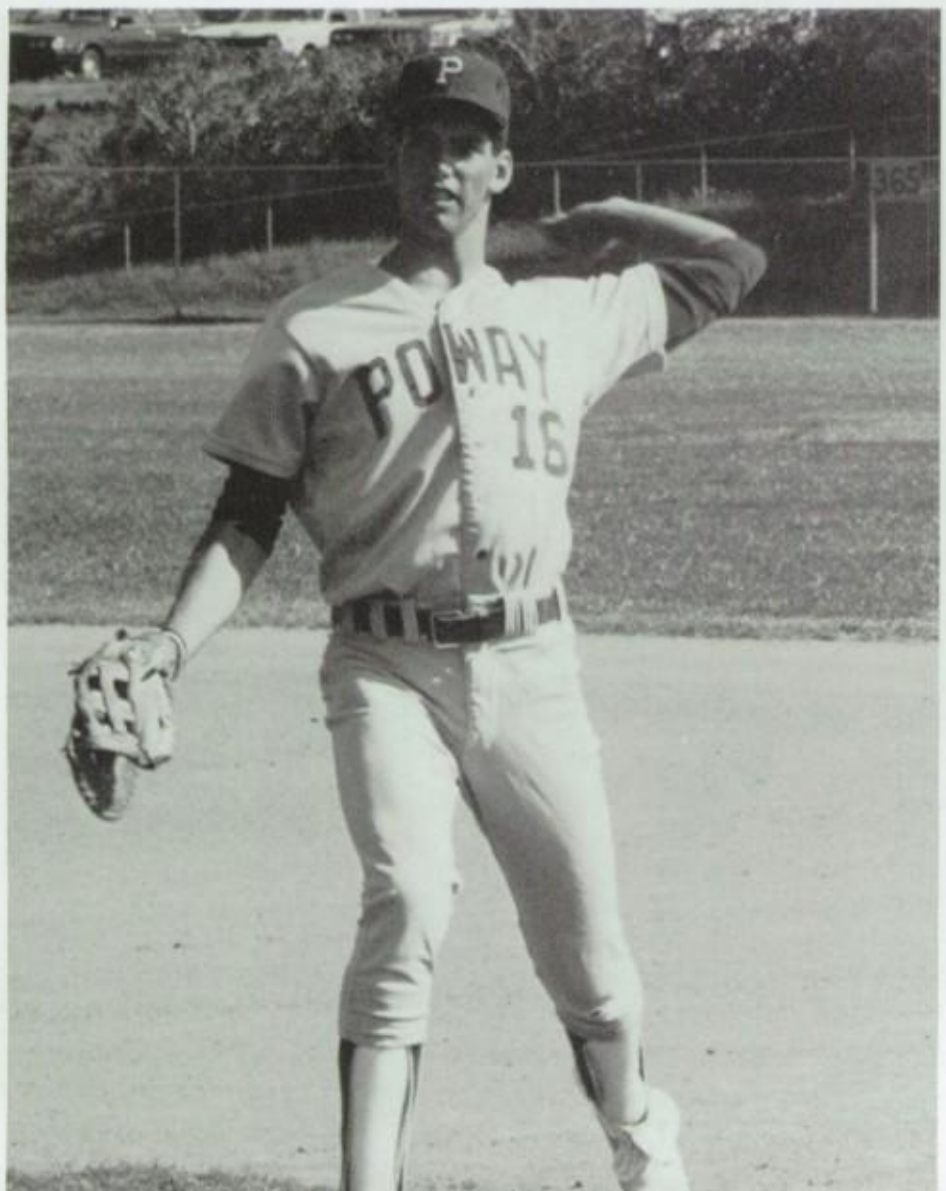
Opponents

Mar Vista
Sweetwater
Mt. Carmel
Vista
San Dieguito
Fallbrook
San Pasqual
Torrey Pines
Orange Glen
Mt. Carmel
Vista
Fallbrook
Torrey Pines
Orange Glen

Scott Gilliam practices his pitching form for the upcoming game against Sweetwater.

L-R: Mike Beam, Vic Vanoni, Mike Scaggs, Gary Anderson, Billy Wraith, Eric Grimm, Steve Toumi, Scott Studebaker, Brady Bently, Scott Gilliam, John Youngkin, Chris Bentley, Phil Plantier, Mike McGowan, Mike Cormier, Brian Korgel, Steve Wrenn, Coach Harmon





Mike Scaggs waits at third to field a grounder.

Phil Plantier hits the ball with ease and it heads over the fence.

Baseball

Hitting the Top

By Jennifer Stampfli

The long and strenuous JV practices were made more enjoyable by Coach Nelson's attitude and the closeness of the players. Marc Pendleton described Nelson as "a cool guy who knows when to be serious and when to have fun." Second baseman Eddie Cornblum pointed out, "Coach Nelson relates to us both as individuals and as a team. He listens and sticks with us, even in the tough times." Not only did Coach Nelson remain supportive throughout the season, but the players bolstered one another's spirits and maintained a positive attitude about their abilities. "We consistently work together to produce results and don't let each other get down," explained Alon Banks. True to this statement, it required a team effort with everyone playing as a unit to win games. When asked about the edge the Titans possessed over their opponents, Bill Bertsch immediately replied, "We have excellent hitters and a great deal of enthusiasm, which keeps us going." Our success comes from determination and the energy needed to win," believed Pitcher Brian Rodems. Todd Sawyer best summed up the team's attitude by saying, "Poway's JV team has the players with the will and desire to overcome any odds we may encounter." Indeed optimism was high when Pendleton exclaimed, "Go Titans!"

Todd Waters contemplates the possibility of stealing a base.

Opponents

St. Augustine
Ramona
Escondido
El Camino
Carlsbad
Sweetwater
Mt. Carmel
Vista
San Dieguito
Fallbrook
San Pasqual
Torrey Pines
Orange Glen

John Uglow throws to the second baseman to tag out the Escondido runner.

Eddie Cornblum cruises on home after hitting a home run.

Front L-R: E. Cornblum, B. Rodems, K. Magruder, B. Matthes. Middle L-R: M. Schwenke, G. Sorrell, J. Uglow, B. Bertsch, M. Pendleton, P. Vanoni. Back L-R: T. Sawyer, D. Schwenke, T. Waters, A. Banks, S. Thompson, D. Perdue, Coach Nelson.

Baseball

Guy Atherton tries to steal second base from **Troy Nichols.**

Opponents

Saint Augustine	Vista
Ramona	San Dieguito
Escondido	Fallbrook
El Camino	San Pasqual
Carlsbad	Torrey Pines
Mt. Carmel	Orange Glen

Back row: Coach Sorrell, B. Wood, C. Wilbourn, B. Gillespie, T. Nichols, T. Cella, G. Atherton, M. Miller, T. Peterson, D. Park, Coach Lekvold. Front row: M. Pedrotti, R. Guervarra, S. Pomiak, J. Gilbert, C. Rzewuski, B. Cummings, S. Stewart, F. Wolinsky, S. McMahon, not pictured: D. Miller.

Freshmen Determined

By Anaelisa Romero

"The team had a lot of heart and the will to win," said Tommy Peterson. Last year's team certainly proved that they had the will to win with an outstanding record of wins. But, winning the games was not all the team focused on, they focused on working together as a team. "We had a lot of different personalities on the team, but when the games came around we were unified as a team. The thing that I enjoyed about baseball was winning as a team," stated Tommy Peterson.

By spending so much time together, the team members got to develop an understanding with each other. "Coach Lekvold was a great coach. He pushed us to become better baseball players," said Mike Pedrotti. "Coach Lekvold expected perfection out of us, and we worked to give him just that," expressed Tommy Peterson.

Since this was their first year on a team at high school level, these players took the game seriously. As Pitcher Mike Pefrotti put it, "Pitching is a game of inches; it can make the different between a win or a loss." Tommy Peterson stated, "Baseball isn't just a game; it's a way of life."

Don Park finds it hard to decipher the catcher's signals in the sun.

CLUBS

Keywanettes *Jennifer Stamfli, Patty Hahn,* and *Karen Tansey* cheerfully promote their club.

BACK TOGETHER

Never before has Poway High had such a wide spectrum of clubs and club activities as we saw this year. Clubs commissioner Tami Watkins did an excellent job in organizing the first-ever Club Rush week. During this week, each club was given the chance to inform students about their club and the activities that it had planned. Clubs such as American Field Service, Theatre Guild, and the Key, Math, and newly formed French Clubs were active. Though only a dozen groups participated in the event, a larger turnout is expected already for next year's rush. This week helped to visually publicize the great variety and number of clubs. Tami Watkins commented, "Poway High has so much to offer in terms of clubs that there is no reason to be bored here."

Poway High School expanded its boundaries for six new clubs on campus this year. The new additions such as Writers Anonymous led by Tami Marko strove to establish themselves on campus. With the wide range of clubs, the choices seemed endless. And with the endless selection, most students found the club that was right for them.

"Clubs are a definite means of self-expression," stated senior Tonia Reinys. With the diverse themes which bound together these groups, an equally varied variety of students was drawn. Clubs ranged from that of a politically minded format such as Model United Nations to those meant only to relax and have fun. Others drew students interested in an athletic-based club. Led by the prominent Varsity Club, athletes banded together for support and friendship as was the purpose of all the groups.

An inevitable aspect of club life was that of fund-raising. Mr. Weiss' major role in the Math Club Snickers sale boosted profits enormously. It was a rare student who was not accosted by the mad salesman.

It was felt overall that clubs played a vital role in student life. Amy Blackburn summed it up by saying, "Clubs relieve the stress of school and give one a chance to meet people with similar interests."

Helen McClain entertains the half-time crowd with her piccolo solo.

ASB

Working Together

By Lori Raber

"This year's ASB made a goal to be the best, most active ASB ever," commented Brian Maienshein. This past year the ASB made many new traditions which led to a better unity with the student body and the group itself. They sponsored after-game dances, offered a suggestion box and organized committees to improve activities.

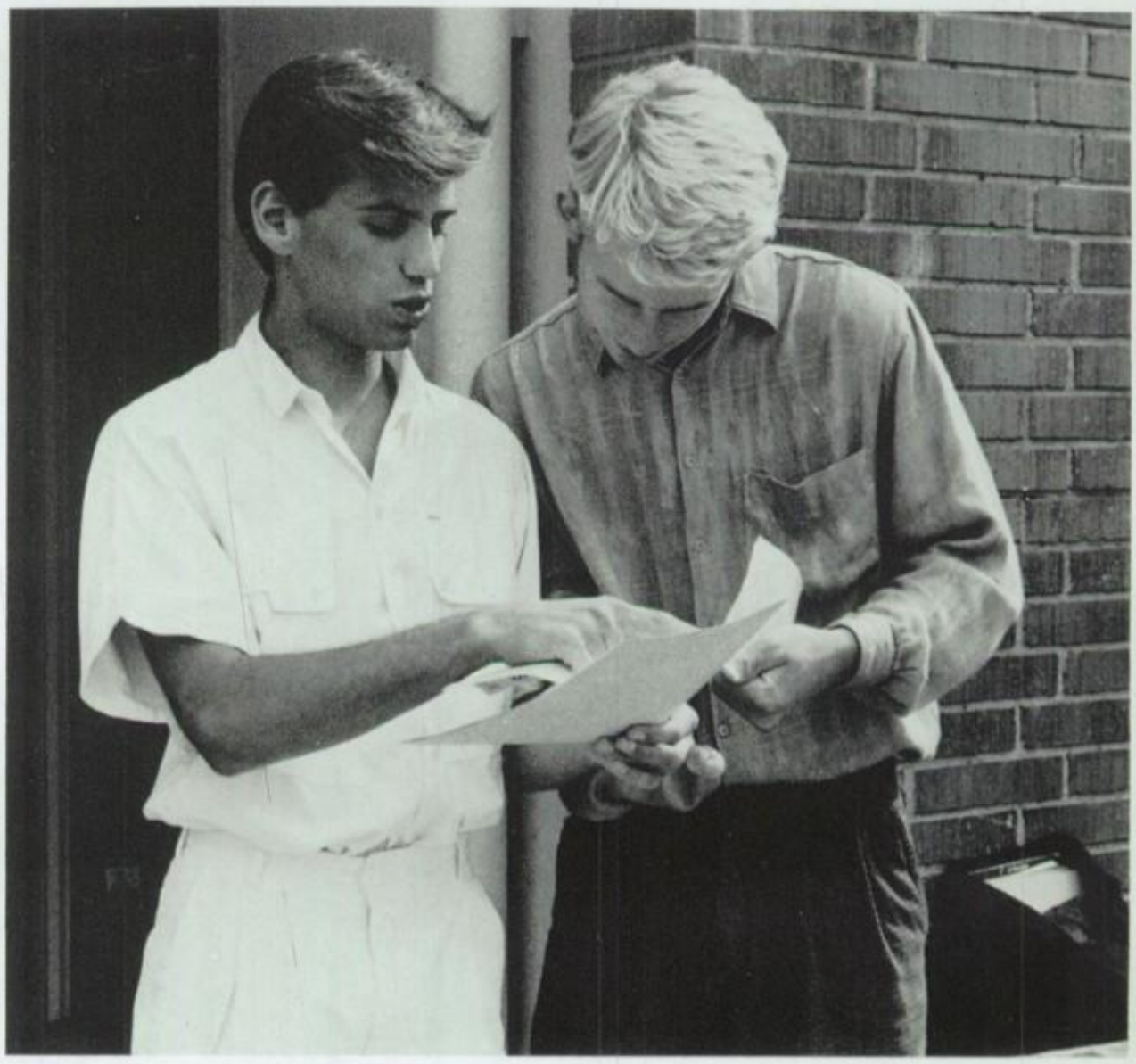
The ASB was in charge of most of the major events, such as Homecoming activities, dances and pep rallies. There was a lot of hard work done that was not as well known to the school. The ASB passed out various pictures, sold tickets at lunch, made signs and cleaned up after-school functions.

Each member had his own responsibilities to the school. Some of these jobs included publicity, arranging for bands to play, paper-work concerning expenses and posting coming attractions on the sign in front of PHS. "We knew we had personal responsibilities, and we expected everyone to do their share," replied Tami Watkins. After a general meeting each day during fourth period, the ASB did their own work.

"I felt that all the members of the ASB were compatible; this helped to get things done and made it a terrific year," commented Senior Matt Golden.

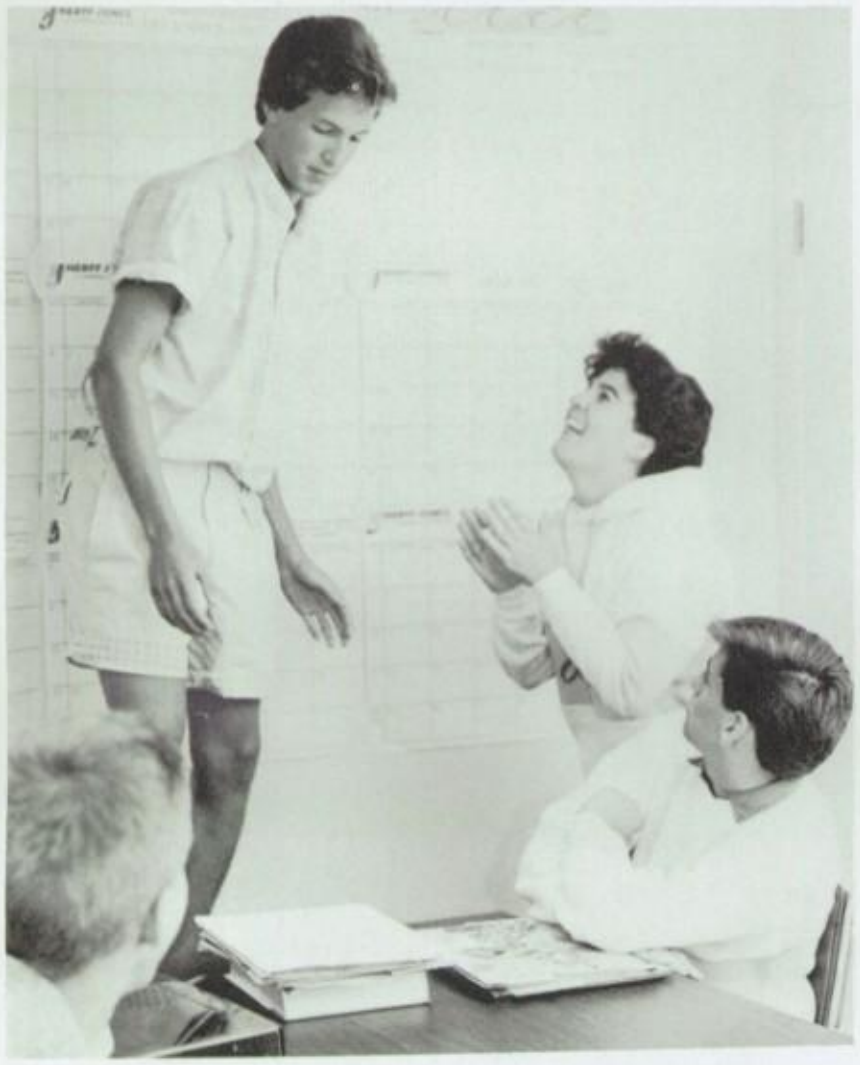
F. Hill, M. Golden, J. Hamilton, J. Miller, T. Sawyer, J. Selser, P. Thompson, B. Van Vranken, E. Maienshein, B. Wraith, K. Yamsaki, L. Whitmont, K. Rangel, B. Maienshein, T. Watkins, R. Abramson.

Young artists at work

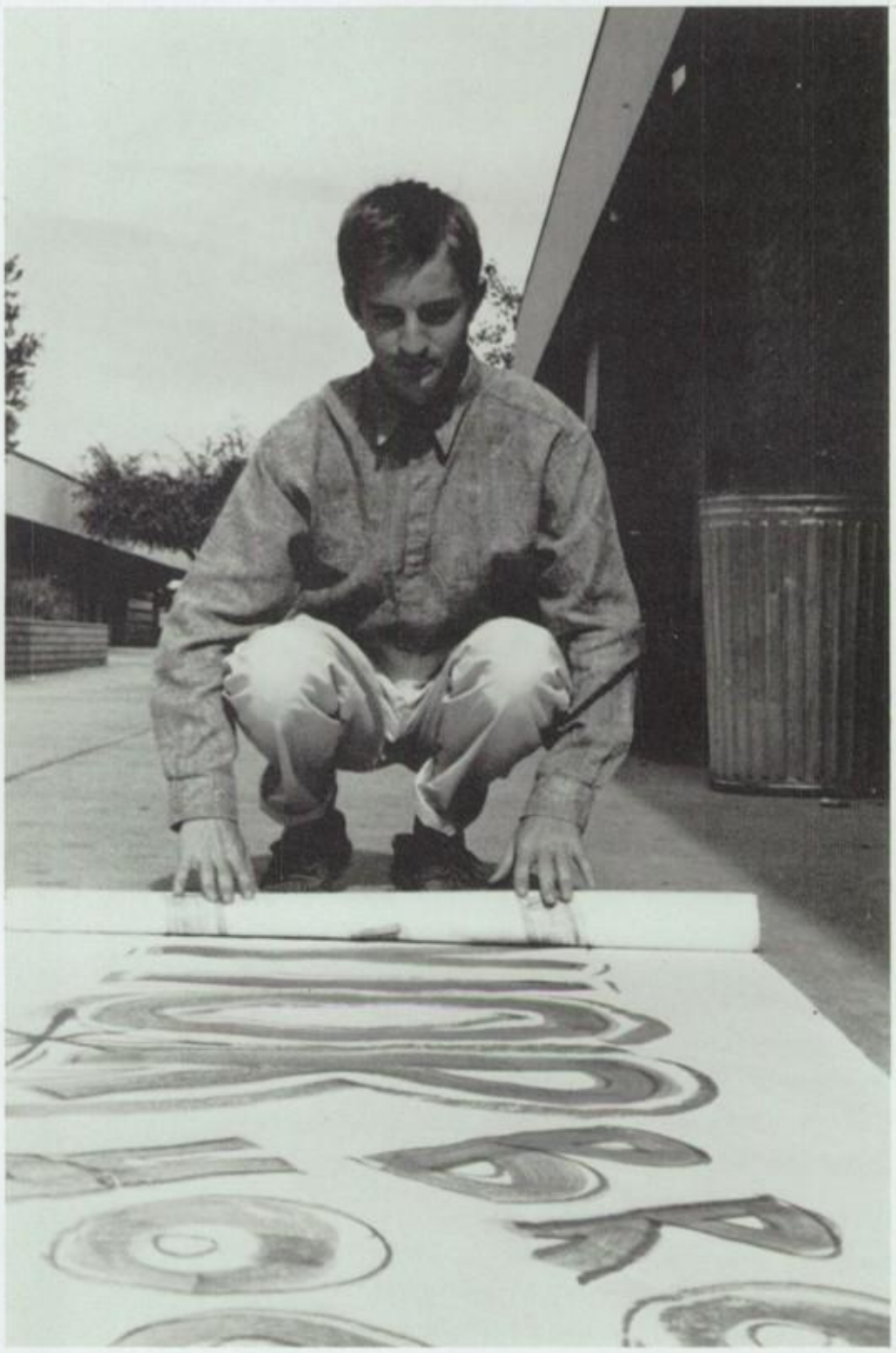


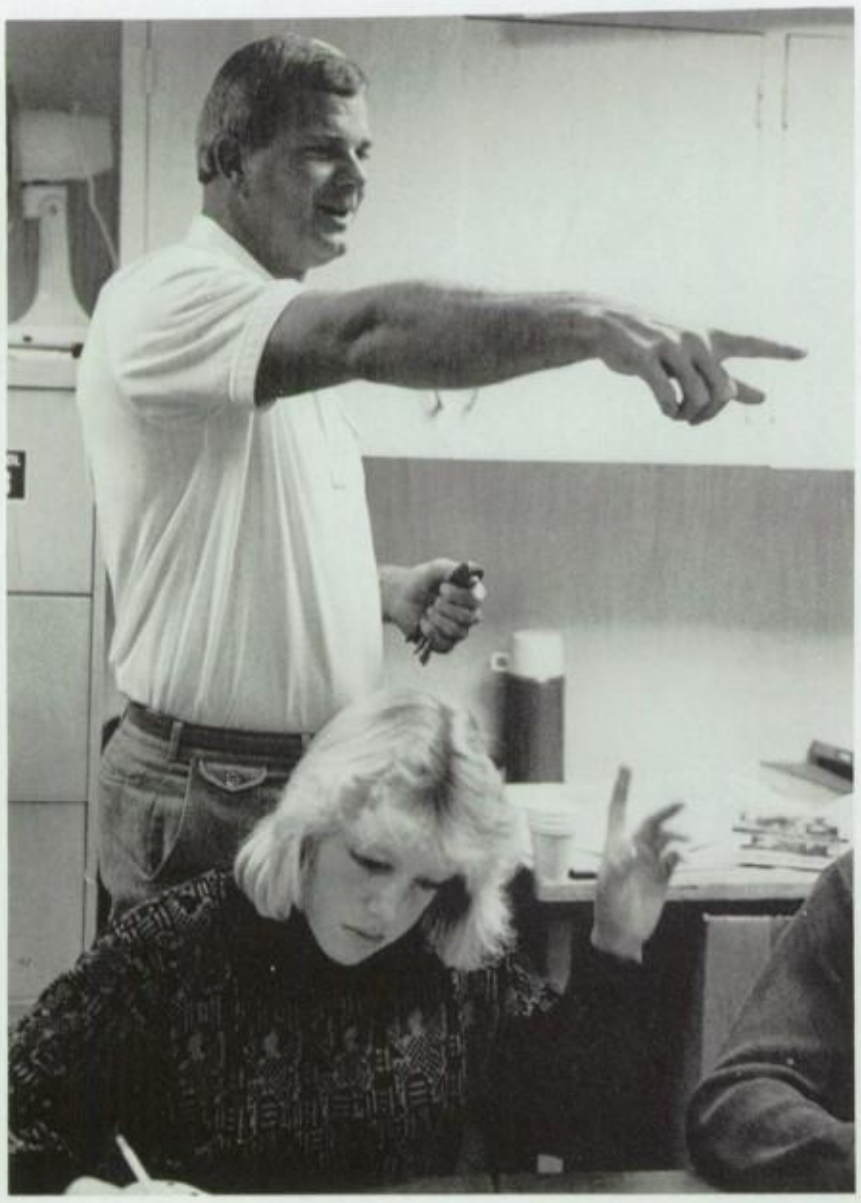
Billy Wraith consults Lance Whitmont on a future plan.

Tami Watkins applauds Brian's ability to balance.



Matt Golden smiles at a job well-done.





Which way did he go?"

Rob, Todd and Jim provide music at lunch.

Bleacher Creatures

Bleacher Creatures hold nothing back when it comes to cheering

Spirited Titans Unite

By Chris Blackburn

"You'll find the nicest and most spirited people here," replied Heather McCleod when asked about the Bleacher Creatures. The Bleacher Creatures have come a long way since the club formed last year. With over one hundred people involved, they are now able to give their support to more of the athletic teams. This was seen as the Bleacher Creatures supported the athletic teams of first and second semester.

Shelly Hayes stated, "The club is more organized this year and has a devoted group of leaders." This was seen as the Bleacher Creatures got involved with more than just cheering on the athletic teams. They could be seen at tailgate parties and selling "Fuzzy Grahms" on the quad during lunch.

The Bleacher Creatures made themselves more noticeable on campus as the entire club bought sweatshirts with the club's logo on it. This was to show their support for the teams and each other. Elisa Smith commented, "The games are so much more exciting and action packed when all of us squish together in one group and cheer on our teams!" The Bleacher Creatures was a club in which anyone could have joined for the purpose of having fun in cheering on the athletic teams throughout the year. "It was great being a Bleacher Creature!"

A. Bray, R. Farvar, K. Beloux, E. Smith, A. Tracy, B. Shipley, S. Hays, T. Miley, N. Falconer, F. Flores, S. Brockmoller, M. Sorensen, M. Sharp, O. Davidian, M. David, S. Fanta, M. Cruz, H. McLeod, Mrs. Barker-Ball, A. Borra, K. Korvink, K. Heald, J. Paschall, S. Reed, D. Baumanns, K. Sampson, D. Malloy.

"The nicest and most spirited people are here."

Janie Ekker watches the direction of Mr. Mike Mosgrove.

Donya Pennick stands with the class and begins to warm up.

R. Noel, H. Fenn, T. Cook, L. Elias, G. Kantor, K. Vasquez, S. Golby, D. Prince, K. Vasquez, J. Bean, J. Ekker, S. Spangler, M. Thedorff, S. Snow, K. Cates, S. McGath, A. Smith, D. St.Onge, E. Hull, A. Karalekas, D. Lewis, S. Wismont, T. Anderson, J. Baron, L. Newmark, E. Hull, C. Parry, D. Love, H. Cross, C. Durham, T. Becker, K. Parks, D. Minkel, M. Sullivan, K. Bernard, D. Bais, W. Cooley.

Seeking Perfect Harmony

By Chris Blackburn

The voice of Poway High students could be heard in K-1 during 5th period. This was the time that the choir met. Four years ago this might not have been the scene. The class was without a regular instructor or books to work with. Thanks to Mike Mosgrove, the choir director, the choir was back on its feet. In the past three years he has strengthened the choir and increased the overall size of the group.

Students found that choir was not an "easy A" class. What they did find was a class that was easy as long as they put the effort towards doing the best that they could. The choir class gave the opportunity for those students who enjoyed singing to improve their skill and most important it gave them the time to sing. "What we learned this year has helped me get started with what I like to do," stated Alyssa Karalekas. The course taught them how to read music and how to sing the proper way. "Singing deals with more than just opening your mouth and hoping what comes out sounds good. I've learned through this class what it takes to be a good singer," commented Laurie Elias. Choir proved to be a class that was fun and at the same time gave students the opportunity to enjoy and experience music.

New Traditions

By Lori Raber

"Where did you get your *Iliad?*" This was a familiar sound to hear every two weeks at Poway High. The first day of school the *Iliad* came out with a back-to-school issue. "This was the first time the *Iliad* ever came out the first day; we spent a lot of our own time doing it and it was worth it," stated Glen Tripp.

Stories about activities, sports and student opinions could always be found within the sixteen pages. The *Iliad* covered everything, not just one aspect of the school, according to Megan Murphy. The staff welcomed free-lance writing and letters from the student body. The goal was to make every paper better than the one before.

The staff this year was very self-contained. They did all their own lay-outs and organizing. "Each person has a job they are expected to do; they know they are depended on to do it," commented Vanessa Owen. The job definitely got done with a new *Iliad* to look forward to regularly.

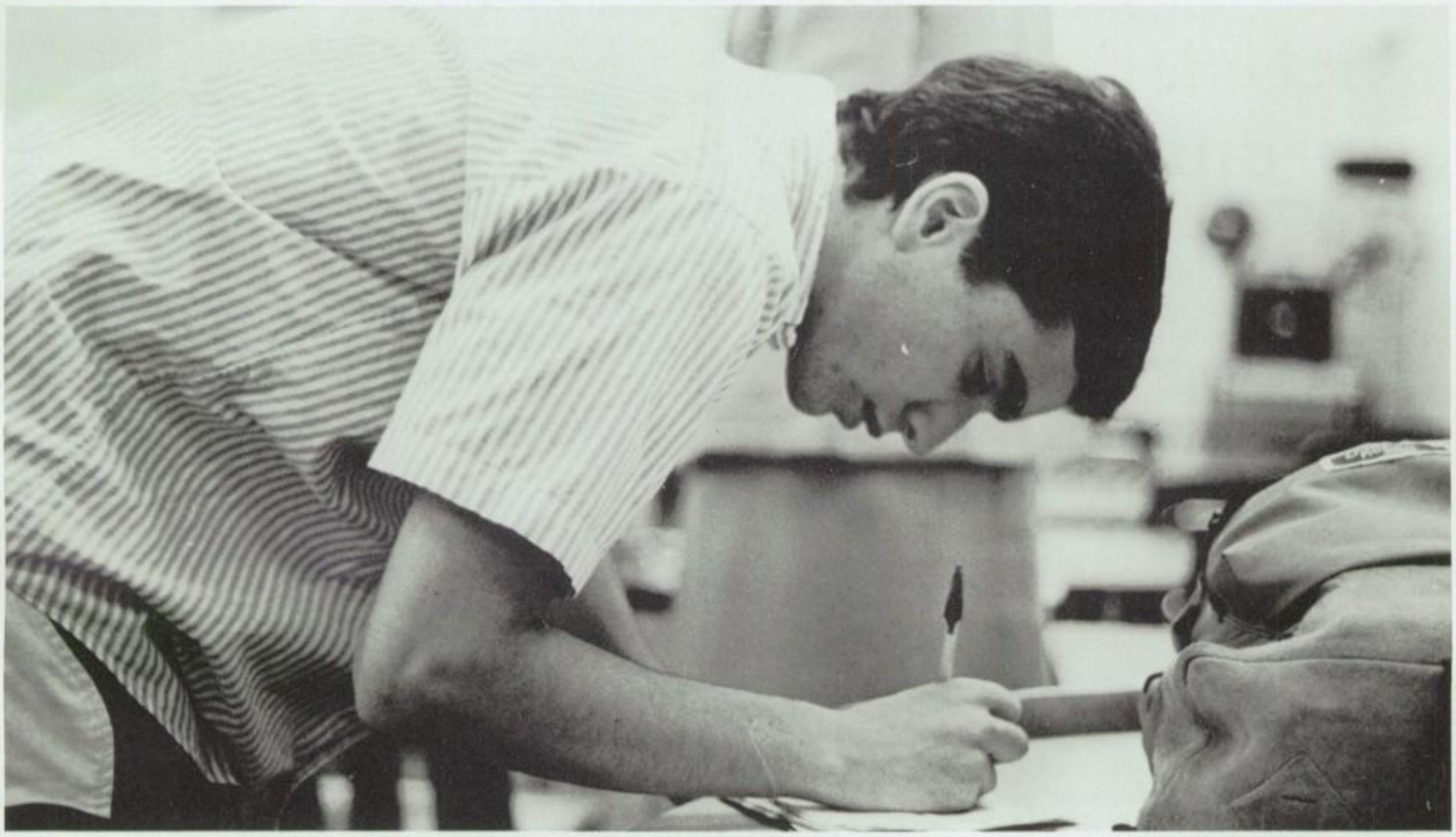
"All of our efforts were worthwhile when the paper finally came out," replied several staff members. This year's staff had a goal to be number one in the county and top informer to PHS.

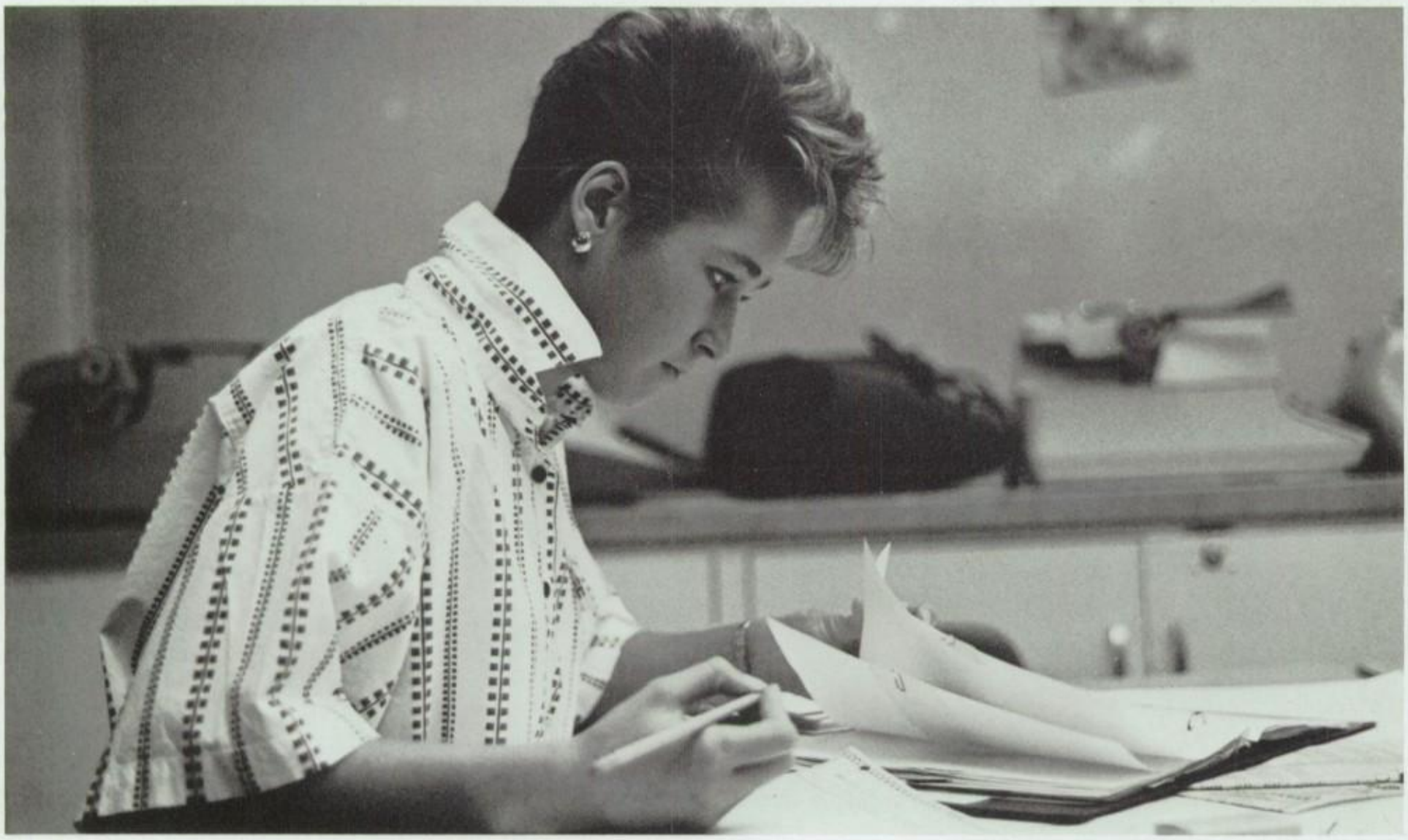
Ms. Heath gives Kim Uyeda advice on a future story.

Pilar Melendez types out another successful article for the Iliad.

D. Rozano, K. Uyeda, J. Aghassi, S. DePriest, G. Tripp, K. Malloy, J. Fitzpatrick, D. Orner, A. Bailey, P. Melendez, V. Owens, S. Benson, B. Young, K. Grassberger, C. Weber, J. Roberts, M. Weiss, Ms. Heath

Dan Orner finishes up a last-minute article before heading out to lunch.





Vanessa Owens asks herself, "What did I do with my copy of the Iliad?"

Cheerleading

Hey let's fire it up

By Chris Blackburn

"Our job is to get the crowds excited about our awesome athletic teams," stated Porche Melendez. That job has not been easy. This year's cheerleaders have put more than six hours a week in practicing. Because cheerleading is such a big responsibility, they have learned to organize their time in order to give support to all our teams.

The role of the cheerleader has expanded this year with new ideas and traditions. These new ideas could be seen in their appearance. The uniforms were the same design for the first time this year. The difference between the three groups' uniforms were the colors. The originality of the group shined as they entertained the lunch-time crowd and fired us up at the football games. They did more than just support our football teams this year. The cheerleaders could have been seen cheering on our water polo, volleyball, and basketball teams.

The cheerleaders put great effort in promoting the spirit of the Titans. Mika Phinney summed up her feelings about cheerleading when she replied, "If there is one thing that I will always remember about cheerleading, it would be the confidence and friendships that it gave me."

Mika Phinney performs with precision for a lunch-time crowd.

Kristen O'Benchain shows what it takes to be a cheerleader.

K. Eagen, D. Devore, K. Karvelas, M. Phinney, C. Collins, P. Melendez, D. Stiritz, K. O'Benchain, J. Gillespie, J. Domville

A. Buffington, A. Anding, T. Monroe, D. Timms, H. Mease, W. Moore, S. McNally, D. Regli

Freshman cheerleaders express their style.

Varsity cheerleaders perform with the originality that makes them the best.

K. Jones, G. Jabalera, J. Gregory, A. Calvert, M. O'Benchain

"Our job is to get the crowds excited about our awesome athletic teams."

Key Club

Serving the Community

By Lori Raber

"It's the thing to do!" exclaimed Elisa Smith. This year's Key Club was the best PHS has ever had according to senior Jim Almand. The unique ideas from the officers helped make this club successful.

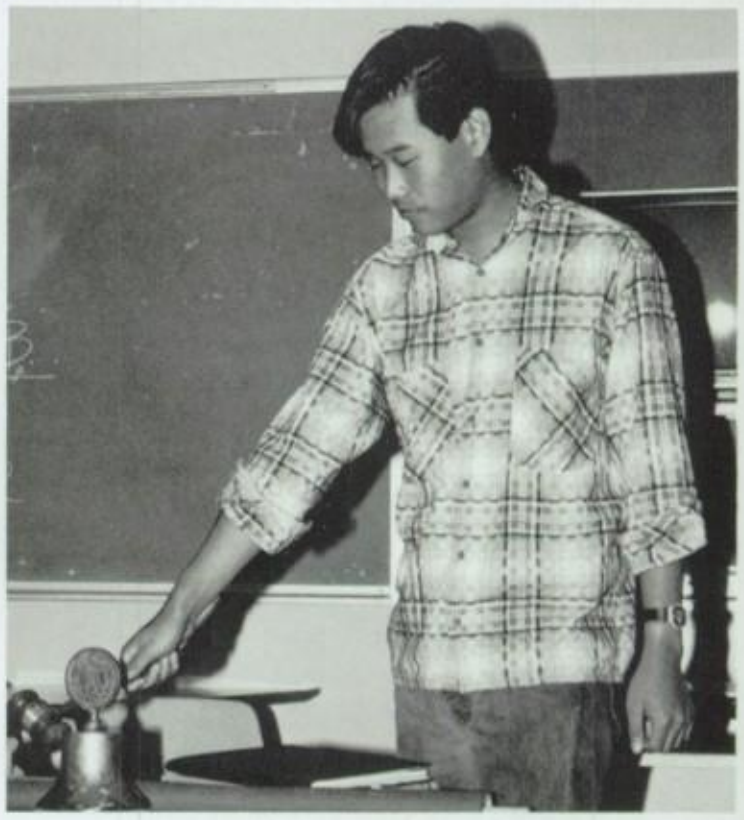
On a more day-to-day basis, the club held meetings to discuss basic agenda, fund raisers and major projects. "This year the meetings as well as the activities were more exciting," commented Kristin Yamasaki.

The club did more this year than just meetings. Every Wednesday the members had an opportunity to have breakfast with the Kiwanis Club at the Stoneridge Country Club. "The time we spent with those people meant a lot to them and to us," commented Steph Allen. These activities gave the club a chance to get to know their sponsors and learn about how to serve the community.

Pizza parties, car washes and conventions added to the list of fun activities this club was a part of. "Doing things for others was very rewarding," stated Darlene Baumans. This club met their goals together with hard work and a lot of fun.

Fred Hill points out that our Key Club is number one.

G. Tripp, K. Thomas, T. Miley, D. Baumanns, L. Yum, F. Hill, S. Sims, J. Robert, J. Orner, K. McCarthy, K. Yamasaki, K. Kusano, M. Bellefeuille, K. Jones, J. Schnur, N. Hazard, K. Obenchain, R. Ludwig, D. Cocciardi, J. Thompson, C. Hubbert, M. Langhans, K. Finneran, J. Van Winkle, K. Clark, E. Smith, B. Huey, K. Hagan, K. Vito, S. Carrel, R. Kim, M. Housand, T. Clifton, R. Nuri, D. Orner, J. Cross, R. Mellotti, D. Poon, T. Simson, M. Bailey, B. Alfonzo, M. Cormier, H. Carrol, B. Maienshien, B. Hamilton, J. Prell, E. Swanson, S. Allen, G. Beck, L. Gigstad, S. DePriest, D. Morris, M. Weiss, E. Smith, R. Kim, N. Nobridges



Rick Kim calls a meeting to order.

FBLA

Preparing for life

By Lori Raber

What does it take to be a future business leader? Just the desire to work and learn. This year's FBLA club had a definite plan of action to start the year off with. Each member received an information sheet, outlining everything they could expect to learn from the experience.

Some of the major points of the club were to teach leadership, participation, working with others and decision making. "With FBLA I felt like I was getting a head start," commented Dan Orner. A large goal of the club was to provide a better understanding of the American business enterprise system.

Fund raisers such as selling candy, helped the members finance activities. Touring businesses and industries gave them a clear view of business in action. Direct interaction with professionals also gave experience.

Future Business Leaders of America gave the students an opportunity to learn about our business system and have a great time while doing it.

Discussing business over lunch?

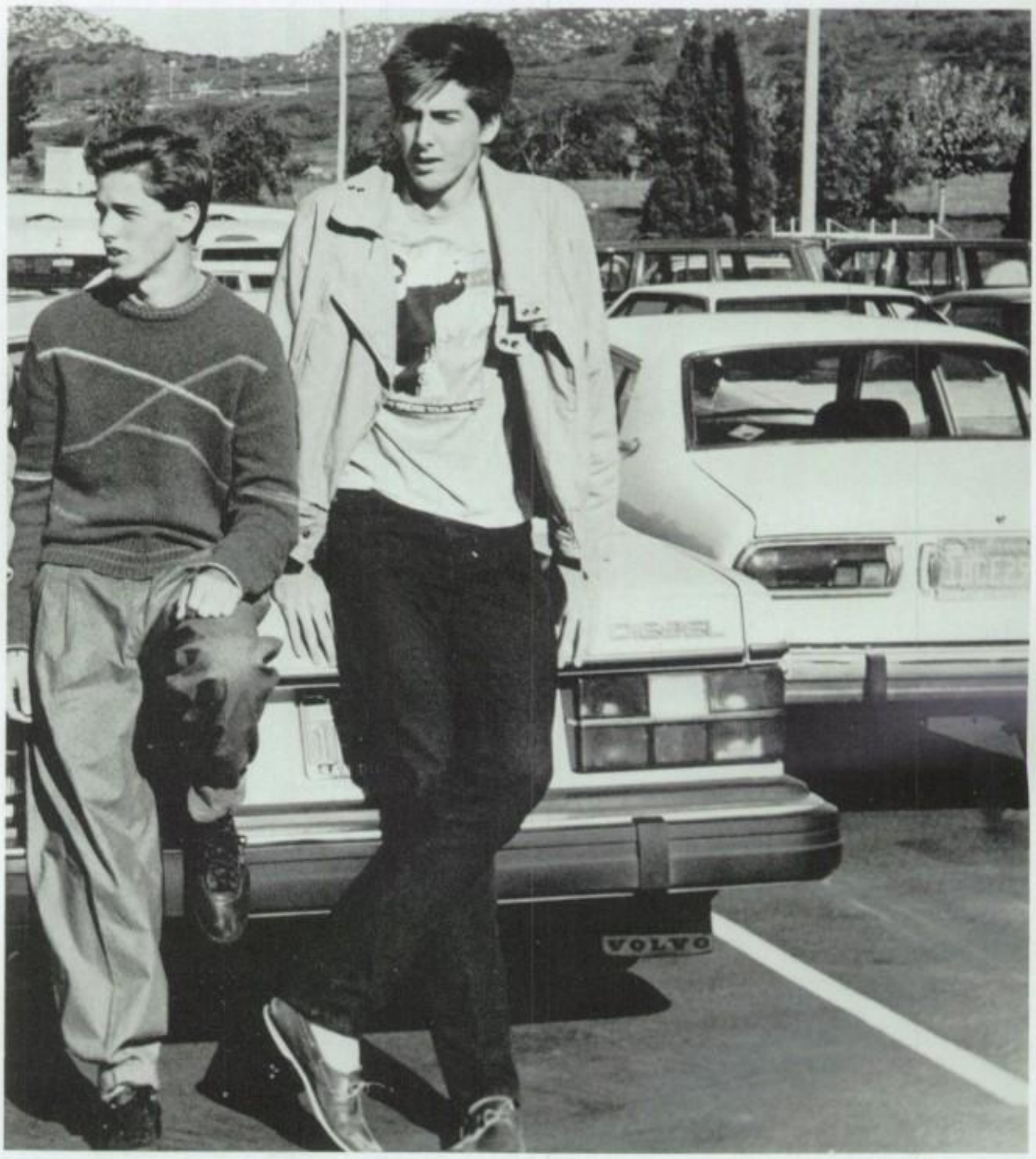
C. Turnidge, M. Brennan, J. Schnur, J. Orner, L. Watson, T. McCllen, M. Mendoza, C. Weber, S. Wrenn, B. Zinsmiester, D. Poon, J. Kirshbaum, M. Schlotann, J. Gannen, J. Coon, M. McCool, D. Orner, S. Madsen, Mrs. Wilson

Jon Orner and John Schnur are caught in the act.

SADD

Glen Tripp heads out on another Safe Ride call.

Nat Hazard and Jim Roberts wonder why students drink and drive.



Students Helping Students

By Chris Blackburn

Students Against Drunk Driving saw a major increase in campus participation over the year. Last year this club was held together by only a handfull of students. This year the club was over 70 students strong. "It's nice to see such a great interest in SADD. This is the kind of club everyone should be involved with in some way," replied Michelle McClure.

There were many ways in which students could have been involved with SADD. This was due to the overall expansion of the program. Safe Rides was one way the program headed in a new direction. Every other Friday and Saturday,Poway High students could be seen at the AIRS building between 10 pm and 3 am. The students received calls from teenagers who needed a safe ride home. These students spent a lot of valuable time and gas.

SADD's major projects was to inform the student body about substance abuse and the dangers of drinking and driving. Some students even had the opportunity to council students in the middle schools.

Students Against Drunk Driving was the perfect club for those students who wanted to inform people of substance abuse. Thanks to dedication this all came true.

C. Gilman, S. Hays, T. Jabalera, L. Yum, J. Demarco, J. Thompson, S. Massingil, T. Randall, S. Ringgold, D. Mueller, D. Baumans, D. Davidian, A. Ramero, S. Groomer, R. Ludwig, K. Hagan, K. Kreplin, J. Opel, Baker-Ball, S. Fink, M. Gaffney, J. Van Winkle, C. Mathys, M. Dodds, J. Hartman, S. Arns, J. Downing, S. Sopko, K. Vito, S. Carrel, C. Ritticher, J. Gordon, C. Carter, T. Steiner, V. Owens, R. Konia, K. Uyeda, N. Korvink, M. Housand, S. Depriest, D. Malloy, J. Jaro, B. Korgel, J. Roberts, J. Dickinson, G. Tripp, N. Hazard, N. Kinsler, D. Orner, N. Mellon, K. Kusano, K. Miller, P. Melendez, R. Kim

FFA

L. Stubbs, C. Long, J. Trudeau, R. Umstead, R. Kennedy, C. Conder, B. Brown, L. Wilker, W. Cooley, J. Chancellor, C. Lees, J. Balchin, Mr. Stauf, D. Opstad, F. Brown, E. Savery, A. Hollenbaugh, K. Frazer, D. Tyler, J. Stoltenberg, J. Schultz

Meeting FFA

By Chris Blackburn

Many students did not realize that a club like Future Farmers of America existed at Poway High School. The truth was that Future Farmers of America was one of the oldest clubs on campus. The actual class was located far off from the hustle and bustle of everyday campus life. The agriculture area of our school was one of the most separate and secluded places.

"Future Farmers of America has grown immensely in the past four years due to the greater interest in animals and plants," commented President Ricky Kennedy. Most students did not realize that there are active FFA clubs in all 50 states and Puerto Rico.

The students in this program learned personal leadership and development which was best achieved through the outstanding chapter of FFA here at Poway High.

Jr Civitan

J. DeBerry, S. Montgomery, K. Richardson, K. Vandivort, V. DeBerry, Mrs. Bernstein, E. O'Connors

Positive Outlook

By Chris Blackburn

"We have proved ourselves to be a club that does positive activities," stated President Eric O'Connor. This attitude could be seen throughout the entire year as the Junior Civitan participated in a variety of community services. One of the major projects it was involved with was helping put on the Special Olympics in Westwood. The students helped organize the event and cheered on its participants in events such as modified track and field.

The club's major fundraiser came in the form of gourmet suckers. Students found it hard to pass up these giant lollipops. The money received from this fundraiser went to buy a van to help transport those who were physically handicapped to and from the Special Olympics.

Poway High could be proud of the outstanding work that its Jr Civitan was engaged with in helping the community.

AFS

A Warm Welcome

By Lori Raber

"Welcome to America!" The AFS club did more than just welcoming foreign exchange students. "The AFS club provided a place where the students could go if they ever needed help or a friend who understood what they were going through," commented Sara Massengil. The club sponsored Christmas and other holiday parties as well as custom related activities. They did a number of small trips around the local area to help give the students a taste of America. AFS gave American students the chance to experience other cultures in an indirect way. Each student was required to give an oral presentation about his country and its customs. This gave people in the club a better understanding of the individual and his/her country. "It was party, party and more party along with a great experience," commented an enthusiastic member. You did not necessarily have to have plans to be an exchange student to join AFS; anyone could join. "There are so many different walks of life here at PHS; it is a perfect place for someone to see variety," stated Noel Mellon

Brian Rauch counsels friends on how to approach a girl.

Mr. Amand tries to impress the women.

Bottom: L. Benson, P. Wright, A. Matthus, M. Pak, X. Wang, T. Robinson, S. Page, C. Clements, D. Pagnini, D. Berreth, J. Berreth, J. Graff, M. Gannon, J. Gannon, N. Khadem, S. Massengill, Mr. Goff, N. Mellon, G. Beck, K. Giroux, T. Maverhofer, M. Bouwman, C. Lindahl, O. Faust, G. Amand, H. Rinne, S. Procopio, unknown, K. Lamb, B. Rauch, F. Bejar

Bowling

Top: B. Snyder, R. Neri, D. Orner, J. Stahihut Bottom: D. Poon, M. DeMarco, S. Voldal

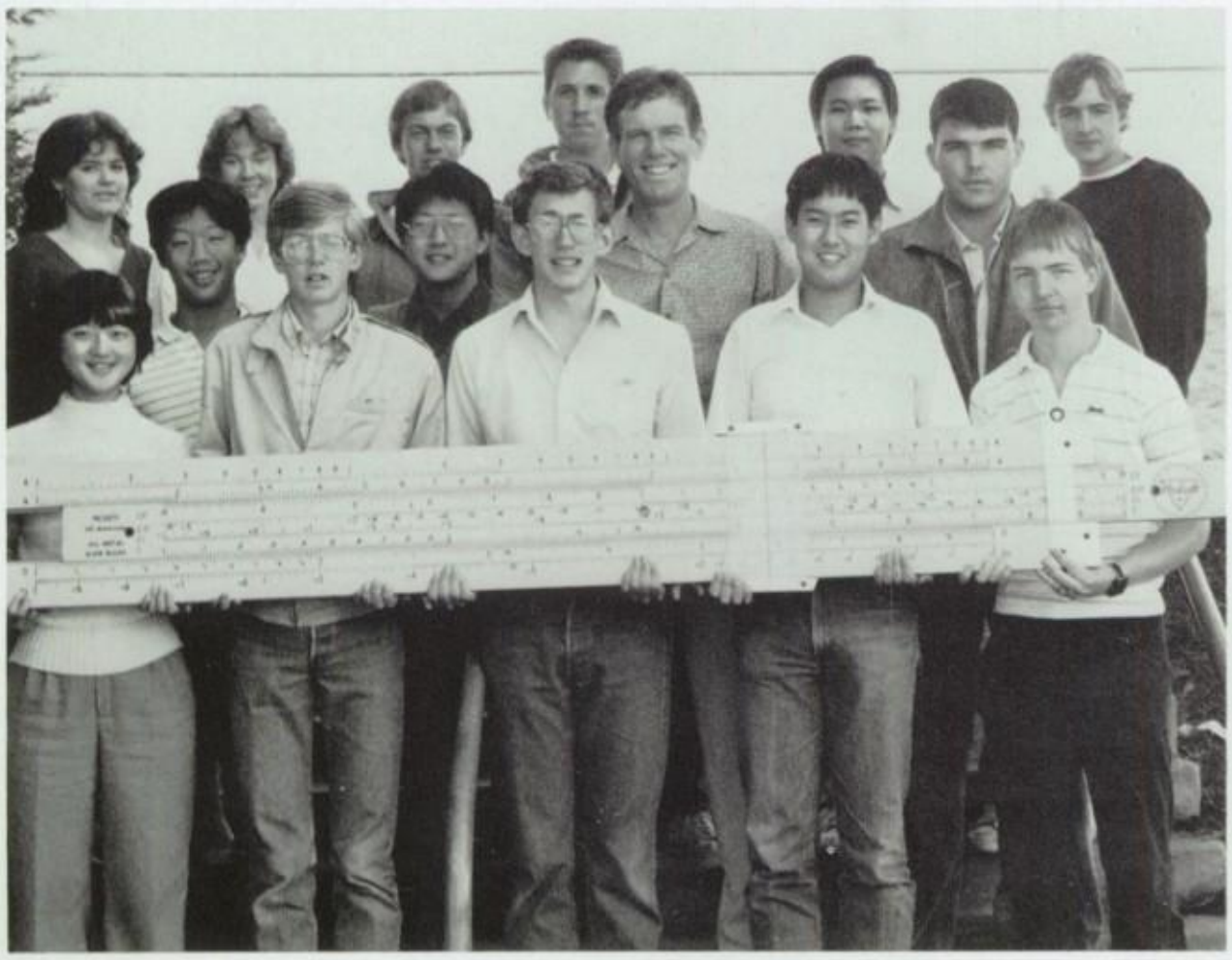
Strike!!

by Lori Raber

Another Saturday morning rolled around and the bowling club was up and ready to go for a serious competition. "I would really like to see bowling become a letter sport; we put a lot of time in and we represent Poway High School," commented President Dennis Poon. The bowling club had a better consistant turnout than ever before. "This year we finally beat our toughest competition, (Mt. Carmel)," replied a serious member. The main goals of these club members were to improve their own technique and to help improve the overall club. The bowling club added to the unique variety of clubs available to the students at Poway High. This club was more than a few friends getting together to bowl a few frames on a Saturday morning. Helping each other and trying to influence others to join was a main objective of the club this year. If you are strolling by Carriage Lanes, drop in and see the Bowling Club.

Math

X. Wang, D. Traver, B. Snyder, J. Sze, J. Mayo, N. Al3, N. Weiss, T. Hsia, C. Hu, M. Sullivan, D. Holmberg, J. Fischer, J. Stahihut, D. Poon, D. Smith



Problems?

by Lori Raber

From foundations to calculus BC, the Math Club was made up of people from all levels of math at Poway High School. "This was a great club for those who were interested in learning material other than what was offered in their classrooms, no matter what level," stated John Mayo. This club met at lunch to discuss different math problems and upcoming math competitions. These contests were not only open to the club but to the entire student body. "This club contributed to my high school participation and prepared me for my future career," stated James Sze. This year the Math Club grew in size from the years past.

All of Mr. Weiss' energy plus a true desire to learn helped make this club a success. They can only hope for the club to grow in the future.

Keywannettes

Karen Tansey and Patty Hahn promote their chocolate bars during a lunchtime meeting.

Vice-President Karen Tansey totals the profits made during a fund raiser.

Serving our Community

By Chris Blackburn

"A larger variety of people in our club have been participating in the activities we do," stated Stacy Harris. This was due to the excellent leadership the Keywannettes enjoyed this year. The club was involved in a wide range of activities from fundraisers to the elderly Bingo games.

One of the first fund raisers the Keywannettes had this year was their annual pizza sale. It was as much of a success as in previous years. The money raised from the sale was donated to the "Make a Wish Foundation". Their second major fund raiser was their candy bar sale. The money made sent the club to the annual Keywannettes Convention in Fresno. This convention was a major event for the club. Over 500 girls from California, Nevada, and Hawaii attended. During their stay, they learned about new projects and fund raisers in the making. The highlight was the election of the new officers to serve all the Keywannette Clubs in the district. Poway High's own Julie Downing was elected District Secretary for the three states. She stated, "It's a lot of work, but I'm glad to be in a club that does the things we do."

L. Cotugno, J. Schlecht, J. Downing, J. Hartman, K. Sampson, J. DeMarco, L. Ruff, P. Hahn, K. Elmore, K. Tansey, S. Harris, Mrs. Turpin, Mrs. Asch, D. Niedzielak, J. Coats, J. Short, D. Prince, D. Prince, C. Salazar, K. Manful, D. Giroux, T. Pilbin, D. Potter, E. Webb, C. Allen, T. Robinson, H. Nguyen, K. Ward, J. Stampfli, H. McClain, D. Contreras, P. Quintero, L. Markowitz

Speech & Debate

Andrea Tracy points out the success of this years Speech and Debate team.

Jennifer Stampfli smiles after giving another excellent speech.

S. Fanta, M. Weiss, T. Geier, unknown, J. Stampfli, Mr. March, A. Tracy

Speaking to Victory

By Chris Blackburn

For most people getting in front of a group and speaking is a frightening thought. Poways own Speech and Debate club had no problem with this. The club met every Tuesday, Wednesday, and Thursdays to prepare for the variety of tournaments they encountered this year.

The club competed in two different groups. The first group, known as the "A" team, competed at the varsity level. The second group, known as the "B" team, was for those students who have never competed in a tournament before. The students could do any of six different types of speeches. The types ranged from impromptu to dramatic interpretation.

Speech and Debate got involved with the fund raiser scene this year. The club sold mistletoe bunches on the quad before Christmas vacation. "The money that we earn is going to help pay the costs for the tournaments," replied Jennifer Stampfli.

The club was not all work and no play. Andrea Tracy stated, "I look at the social aspects and try to have a good time."

Editor in Chief:

Julie Dickinson

Senior Section:

Debi Quesenberry

KiKi Windsor

Underclassmen:

Sarah Massengill

Anaelisa Romero

Elisa Smith

Ad/Business Section:

Noel Mellon

Activity Section:

Jenny Selser

Tami Watkins

Faculty Section:

Stephanie Allen

Gretchen Beck

Staff

Clubs Section:

Chris Blackburn

Lori Raber

Sports Section:

Julie Hartman

Jon Jaro

Naomi Kusano

Jennifer Stampfli

Kristen Yamasaki

Photographers:

Tonia Reinys

Tammy Smirin

Kim Wayland

Advisor:

Mr. Bradshaw

Surf

Hang Ten

by Lori Raber

"Surf's Up" at Poway High this year with the newly re-established Surf Club. "The club was brought back to life this year with all the new members," commented Chip Forkenbrock. Some of the activities that were scheduled this past year were tournaments against other schools and trips to Mexico. The club met approximately once or twice a month to discuss upcoming contests and beach trips. It was hard for our Surf Club to compete frequently due to the fact that many of the local high schools did not have active surf clubs. The club increased greatly and ended up with over thirty members. "Whether we were competing or just surfing for fun, we had a great time," commented Jim Jones. The club showed definite improvement from the past years.

Now one of Poway's most successful clubs, the Surf Club went on to make its new debut.

bottom: J. O'Brien, K. Davey, T. Jackson, J. Burke, J. Harding, G. Stampfli, D. Hatton, S. Heyenga, C. Hyde
middle: S. Jameson, B. Lerovy, R. Lafever, E. Yaggi, C. McClure, R. Sheflo, S. Reed, C. Forkenbrock, J. Jones

Skin Diving

SPLASH!

by Lori Raber

This year's Skin Diving Club started in the Poway High swimming pool. "We all needed to learn how to use the equipment so we practiced in the pool," explained Bridget Gast. Mrs. Behrhorst taught basic procedures of diving and safety precautions. "I joined this club to give me hands-on experience that will benefit my career in the future; I also made a lot of friends," commented Matt Guerena. This club had several dives at places such as Misson Beach and La Jolla. "It was an educational way to spend a Saturday, and I learned so much," stated Kristin McCarthy. Kids interested in learning about the ocean and having a great time really have kept this club alive.

This club has become an active part of Poway High School and a great off-campus hobby.

bottom: S. Chesterfield, S. Fanta, C. Chambers, M. David, middle: A.J. Miller, J. Behrhorst, K. Schmidt, M. Guerena, B. Gast, K. Chesterfield, J. Smith, top left: K. McCarthy, R. Ogi, K. Opstad, E. Spedale

Interact

First right: N. Hazard, G. Stampfli, L. Appel, D. Stiritz, T. Serokos, W. Wilson, C. Zaaer, J. Aghassi, L. Seymour, S. Phillips, S. Humphrey, D. Stuflick, N. Arthur. Second left: J. Domville, R. Mechling, C. Hoover, S. O'Malley, J. Cross, A. Hayek, E. Maienschein, P. Melendez, J. Gordon, S. Wrenn, L. Small, M. Chacon, R. Kim. Third right: T. Ritenoun, M. Lerner, M. Freeman, B. Maienschien, K. Obenchien, L. Witmont, K. Fottler, Z. Swanson, L. Mancini, C. Gilman. Fourth left: S. Hays, C. Mackauf, J. Prell, B. Wraith, F. Jones, S. Russo, J. Hoffman, J. Appel, S. Fisher, C. Milling, J. Roberts, J. Orner, J. Jaro, M. Mendoza, T. Sawyer, B. Hamilton, L. Benson.

Being There

by Lori Raber

Students helping the community was a popular interest at Poway High. The Interact club was another newly established club that emerged on our campus this year. Student initiated, this club was a service club that had an amazing turnout of members. The club came in seventh place against a large number of local schools in a food drive for the poor and homeless. "We felt great helping others and we learned a lot about ourselves in the process," stated Greg Stampfli. "It's neat to know that students are interested in the needs of others in our world; they are very aware of problems that need to be solved," commented Mr. David. With over fifty active members, the Interact Club had a variety of people to work with and learn from. "We are hoping to grow even more in future years, but now we are happy to have helped bring about a great club."

Writers Anonymous

Top: Mr. Franzen, T. Marko, R. Haggerty, N. Nobriga, T. McClellan Bottom: L. Watson, R. Ludwig, J. Stampfli, M. Shen

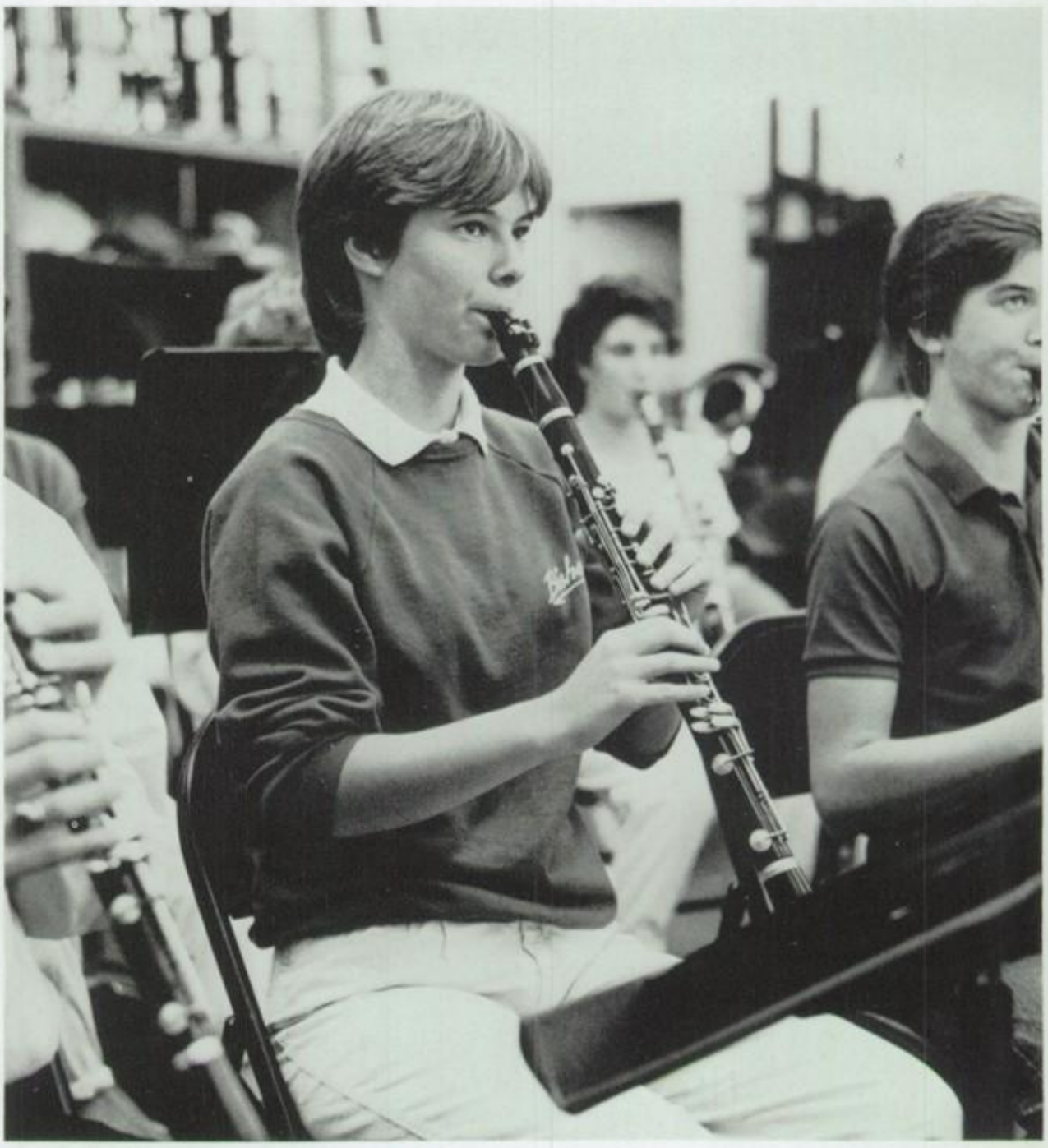
Sharing

by Lori Raber

"What do you think of this?" was a common remark heard at Writers Anonymous meetings. This was a brand new club started on campus this year by Tami Marko. The club was established to give students at our school a chance to write and get a creative response from their peers. "We could write about anything and get positive comments and constructive criticism about our writing," commented Rich Haggerty. It was a relaxed academic club which really promoted self-expression and creativity. "It was a great feeling to have people who wanted to offer comments about what you wrote — people that really cared about writing," mentioned Jennifer Stampfli. Writers Anonymous was an example of a successful student-initiated club. "We learned a lot about expression and each other."

Emerald Brigade

Nikki Palmer concentrates on the conductor as she plays Russian Christmas Music.

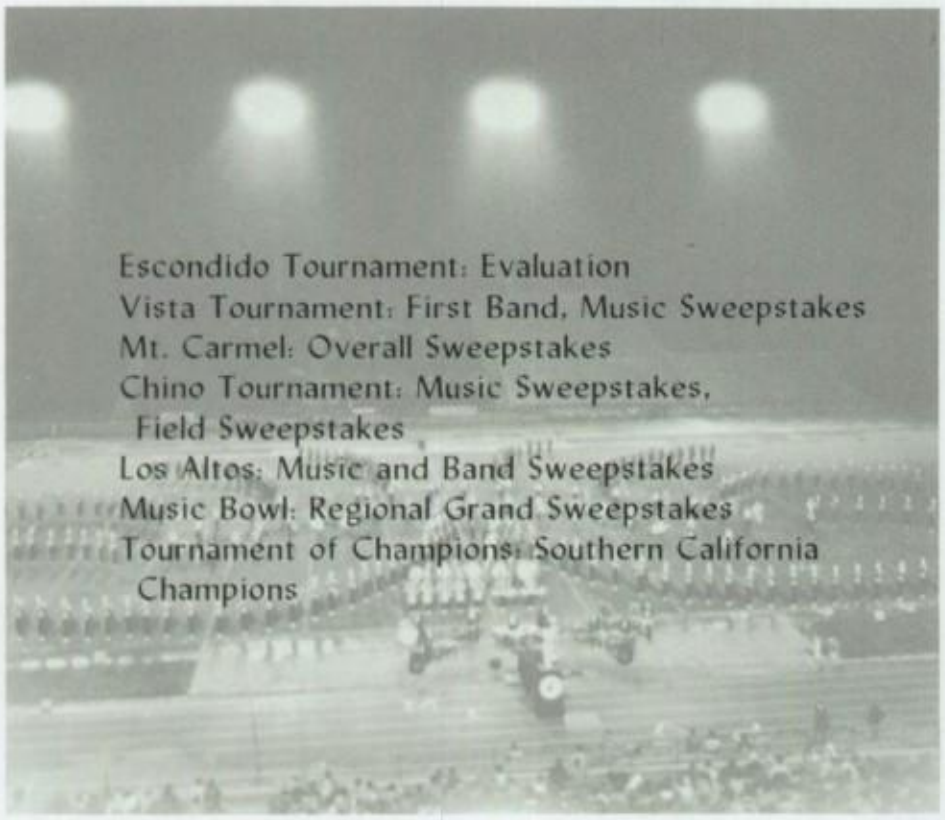


If We Believe

by Lori Raber

"Together we can't fail if we believe": This year's Emerald Brigade was successful as well as unique. Their field show included Latin chanting, a fluorescent maypole, a flute quartet and a piccolo/tympany duet. These were aspects of a show that had never been seen before. "This year I felt our show was artistic and exciting; it was great to have a totally unique show that stood out," commented Megan Murphy. The Emerald Brigade was led by Drum Majors Chris Blackburn and Hector Valenzuela. "We put in an average of twenty hours a week of practice and competition time," replied Laurie Elias. "It was well worth it when we won and improved each week," she concluded. The Emerald Brigade was made up of the band, color guard and the percussion section. "We are all a team, and we celebrate each other's victory as well as the overall award, even if it is just knowing that we are improving," commented Michelle McClure.

As a climax, this year the band went to the Fiesta Bowl representing Poway as one of the top-ten bands in the nation.



Mr. Davis pictures the music.

Hector Valenzuela, Amy Blackburn, Chris Blackburn and Lori Raber show pride in representing the Emerald Brigade.

Drum majors show off their reward for a lot of hard work.

Jeff Fischer prepares for competition.

Geoff, Dave and Matt rehearse intensely.

French

Club members decipher a French magazine.

Vive La France

By Jennifer Stampfli

"Finally there's a club on campus for the purpose of learning through fun activities," explained Vice President Jennifer Gannon. Just started this year, the French Club formed a basis for those interested in the language to get together and experience some of the country's culture. President Nazi Khadem started the club "To get together with others interested in French culture; it was like bringing France to Poway." Although most members had taken French as a class, speaking the language wasn't a requirement. Nazi recruited Mme. Browning as an advisor and Mme. Alfred, who previously lived in France, came in to help plan activities and explain French tradition. The club traveled to the La Jolla Cove to see French movies subtitled in English and even prepared an entire French meal together. Since almost all members were Seniors, Nazi hoped that "the few underclassmen involved were interested enough to carry on next year." Stacy Harris, the treasurer, added, "This year laid the ground for what will come in the future." Claire Nelson, the secretary, and Gretchen Beck both felt the French Club "widened their horizons and taught them about life outside the U.S."

Nazi Kdhadem discusses future lunch plans.

J. Stampfli, S. Harris, L. Mancini, C. Nelson, N. Khadem, J. Gannon, M. Gannon, J. Thompson, K. Skillern, P. Secor, N. Rollins, A. Eddy, G. Beck, J. Wellen, Madame Browning.

H. Carrol, M. Cormeir, S. Sheppard, K. Pinnel, S. Korgel, K. Clark, S. Southwood, Champ, L. Anderson, K. Hansen, K. Uyeda, K. Grassberger, D. Anastas, S. Kube, C. Hoover, J. Rosano, S. Page, G. Warden, D. Cortez, K. Vidal, T. Higgins, J. Miller, B. Santos, M. Napierala, S. Bullock, G. Austin, M. Sinclair, R. Miller, M. Mendoza, S. Bloom, B. Napierala, K. Arthur, M. Jacoway, D. Seale, J. Ashworth, K. Hanson, D. Thursfelot, D. Nylec, J. Jaro, J. Ashworth, T. Sharpe.

Supporting Each Other

By Lori Raber

Helping each other and friendship were what this year's Varsity Club was all about. Each sport helped support the others by earning money for everyone. They sold popcorn and sno-cones to help raise money. When asked what the purpose of the club was, John Stephens replied, "To unite all the sports together." The meetings informed the members about when events were happening and what events were upcoming. They also discussed the outcome of various competitions.

"This club helped provide school pride and pride out on the field or wherever the teams competed," stated Dustin Seale. Each member knew that there were students who cared and were out there rooting for them at every game.

An infamous activity of this club was their top-secret initiation technique. You will have to become a member to find that one out.

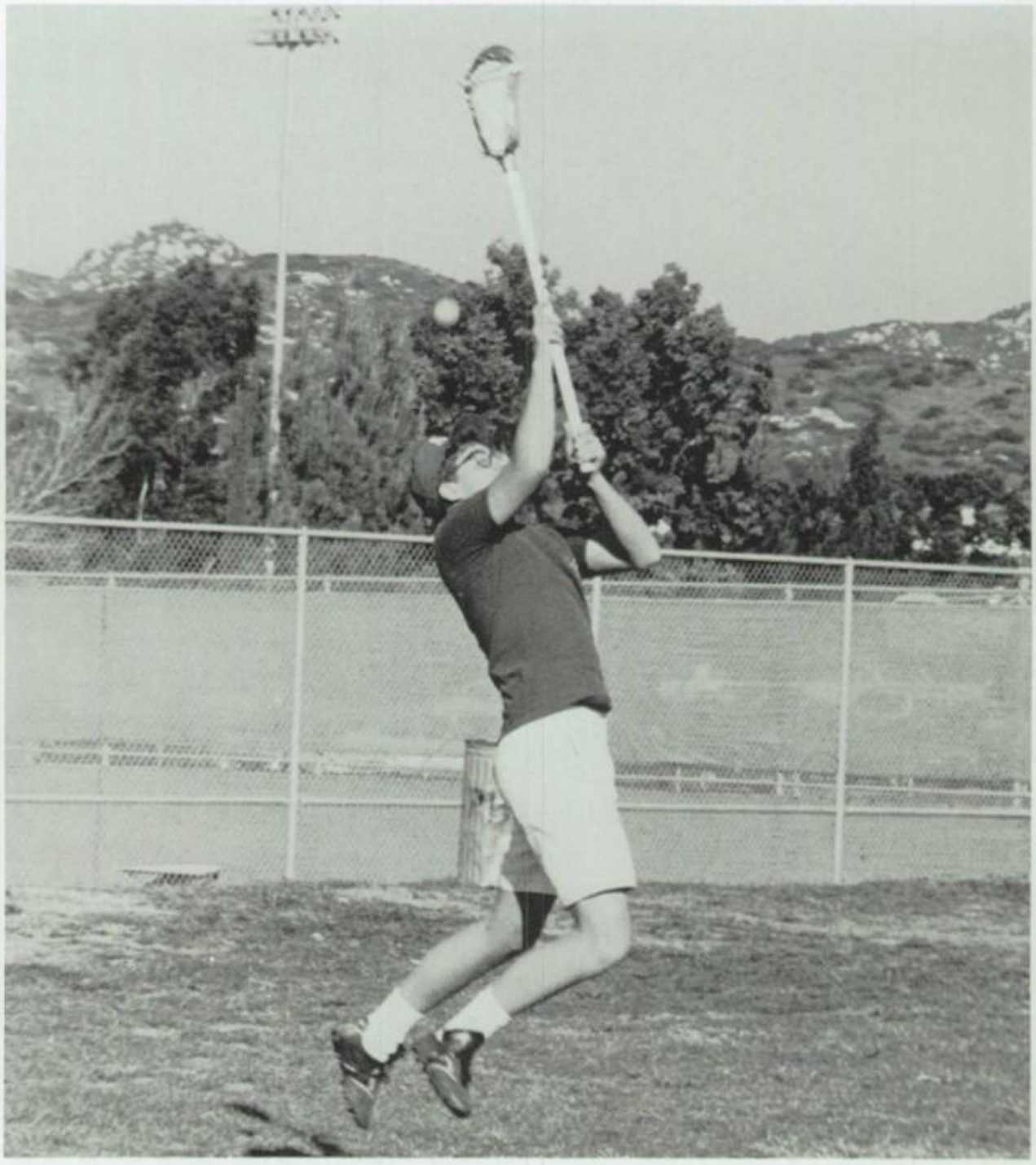
Varsity Club members raise money for their letters.

Ken Arthur decides to snack.

Lacrosse

Alex Bray asks his fellow Lacrosse members why the ball missed the goal.

Matt Bailey reaches for the perfect catch.



Cradle It Baby

By Chris Blackburn

Lacrosse, the newest sport to reach Poway high school, finished its third season this year under coaches Pete Larrabee and Bob Champion. The team grew in number to forty dedicated players. Lacrosse combines the strategy of basketball, physical contact of football and endurance of soccer. Returning player Sean DePriest commented, "Lacrosse is unlike any other sport I've participated in. I joined because it was something new and different and not like most high school sports." One of this year's few female players, Cathy Elmore, explained, "I watched the game last year and every one seemed to have a great time. I love it because it's such a challenge." Larrabee added, "Despite the skills required, you can pick the basics up in about three weeks." This year Poway competed against local teams plus those from other states. Matt Bailey hoped "that lacrosse becomes a CIF sport."

G. Lohman, Z. Burrel, J. Wos, B. Phillips, J. Carmichael, S. Condor, D. Rowe, A. Heimbold, J. Hughes, J. Wacht, T. Simson, J. Vessels, D. Rajsky, M. Bailey, R. Konia, F. Jones, C. Carter, D. Stuflick, D. Mansfield, R. Borgie, J. Kenney, R. Kim, G. Warden, M. David, A. Cvar, K. Elmore, K. Powers, A. Bray, D. Bruno, C. Loosbrock, Coach Pete Larrabee.

Grappelettes

L. Heppel, A. Phillips, S. Millican, C. Dudgeon, N. Schnoebelen, J. Campbell, M. Deyarman, M. Callaway, S. Wilbourn, L. Deyarman

Guardian Angels

By Chris Blackburn

One of the wrestling team's biggest supporters were the grappelettes. This group of girls put in a lot of time and hard work this year in helping the wrestling team. The main purpose of the club use to be cheering on the wrestlers, but that has all changed. The club has expanded its responsibility to the wrestlers. The main one was keeping score, stats, and keeping time. They also gave flowers to the wrestlers at school before a meet. Each girl was given a couple of wrestlers and she was to become their guardian angel. This meant that they would give gifts to their wrestlers before a meet. The grapplettes were also the spirit of the team. You could always see them at the meet cheering on the wrestling team. Megan Callaway expressed her feeling about the club when she stated, "10 guys to each girl!"

Art

A. Oldham, V. Signori, A. Bock, B. Napierala, S. Troop, D. Arnold, J. Frankfatlec, J. Boaz, K. Schmidt, L. Cotugno, S. McCain, T. Vasouez, not pictured, M. Miller, T. Matsubara, J. Kim, P. Melendez

Art's Music

By Chris Blackburn

A few times a year the halls are full of the outstanding work of Poway High's art students. During this time the student body was welcomed to look at some of the art work that other students produced. For many people art is a way of self expression and putting emotion on a canvas. "Painting is like singing. You have to make the art work you're doing sing. One piece that I did this year took me six weeks to complete. Now it's finished and it is a symphony," stated three-year art student Chris Schmidt.

Art deals with more than just slapping some paint on a canvas and calling it a "masterpiece". Mrs. Margary Zacarias, the class instructor, felt that artists are born with the gene that makes a good artist. She stated, "You are either born with the ability or you just don't have it, but when students have the ability they are outstanding." Poway High's artist brought their originality to the campus.

CSF

Club Scholar

By Chris Blackburn

The California Scholarship Federation is a club that sets academic qualifications for its members. In order to qualify for this club students must have a grade point average of 3.5 or better. Anyone receiving a grade lower than a C is unable to be a member. This year's CSF only met a few times throughout the year. The main purpose of the club is to inform these students about the variety of scholarships In November, the club sold Turkey Grams to help raise money for scholarships to be given to deserving members of the club. Outstanding member, Stephanie Arns, stated, "Besides CSF being a source for information on scholarships, the people in this group really care about their future and that's what makes them special." CSF helps students who have high goals find the financial aid they need to go to the college of their choice. This organization has proved to be a great help to dedicated and hard-working students.

S. Arns, T. Miley, C. Malthys, L. Rosenbaum, N. Millsn, C. Salazar, A. Hayok, F. Hill, P. Thompson, G. Tripp, L. Yum, M. Cormier, M. Mendoza, G. Johnston, R. Kim, D. Orner, C. Weber, N. Hazard, J. Roberts, M. McCool, K. Kusano, P. Melendez, J. Sye, C. Thibeault, N. Khadem, J. Gannon, P. Secor, A. Orluck, J. Schnurer, P. Watts, M. Weiss, D. Poon, H. McClain, J. Stampfli, T. Reinys, G. Beck

NHS

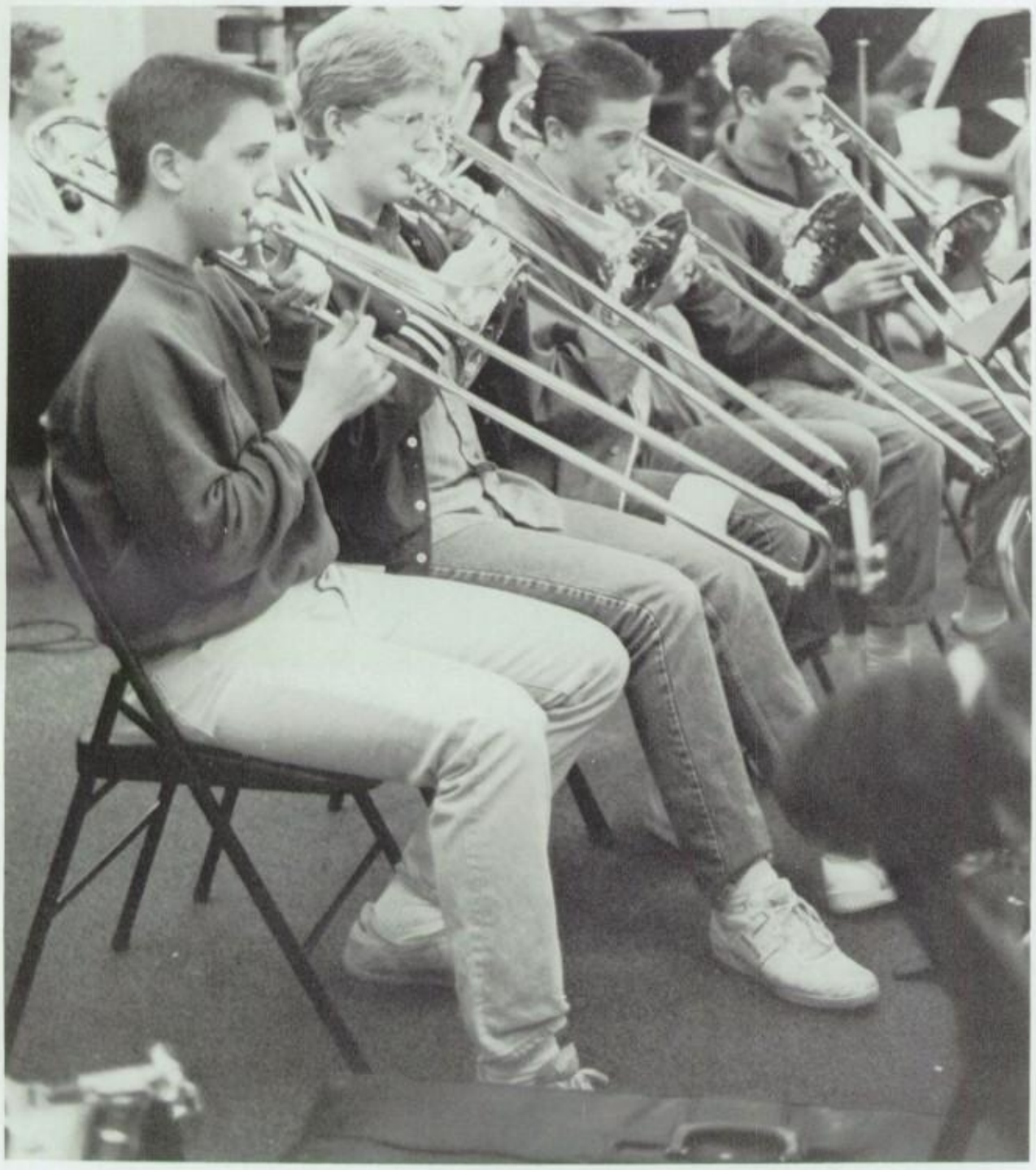
Top Honors

By Chris Blackburn

The National Honor Society is a unique club for those students who strive for academic excellence. Each member is required to have a cumulative grade point average of at least a 3.7, and have participated in extracurricular activities. Only Seniors and Juniors who met these requirements were able to participate in this distinguished organization. Many members of NHS were able to submit their names and accomplishments to "Who's Who Among American High School Students", a book which contains a list of outstanding students from across the nation. Senior member, Helen McClain commented with enthusiasm, "I'm proud to be a member in a club that has a reputation for such high standards." Besides the prestige of belonging to NHS, the club also gave members the chance to share their future plans with others that also had extremely high goals. To several prominent Poway students, the National Honor Society gave them the recognition that they deserved.

T. Reinys, J. Stampfli, H. McClain, S. DePriest, G. Tripp, L. Yum, F. Hill, R. Kim, N. Khadem, D. Orner, G. Johnston, J. Roberts, P. Melendez, J. Sye, M. Weiss, C. Salezar, C. Mathis, A. Orlak, P. Thompson, M. Mendoza, M. Brennan, D. Poon, J. Domville, N. Hazard, J. Schnur

The trombone section plays the jazz piece with Precision.



All That Jazz

by Chris Blackburn

Poway's jazz band is one of the hottest in Southern California. Most students have seen this group perform as a pep band during home basketball games. Jeff Johnston looked forward to these games because "I get to show off my talents as a saxophone player." Almost all brass instruments can be part of a jazz band, including trumpets, saxophones, and trombones. In addition, Poway's jazz band has incorporated the sounds of drums, electric guitars, and synthesizers. The jazz band met every Wednesday and Thursday as a seventh period class. Fitz Pitchford remarked, "It takes up a fair amount of time but the results make it worth it. Band director Mike Mosgrove has helped the jazz band achieve high honors in the past years. Every year they attend a music festival called "Music Olympics" in Los Angeles. Bands from across the country come to compete for the top awards. "One of the reasons I joined jazz is because I love the music style and having one person a part makes me feel important," stated Matt Powers. Jazz can be proud of its achievements this year.

K. Krohn, M. Powers, S. Plunkett, G. Johnston, J. Arns, T. Ramsey, E. Underwood, C. Leonard, B. Smith, F. Pitchford, J. Stahlhut

Troy Vahidi concentrates on the notes at another jazz practice.

Theater Guild

Look! It's a hitchhiker — exclaims Suzie Fink to a fellow student as they play an improvisation game.

Learning With Each Other

By Lori Raber

"Theater and drama really helps give students a better understanding of people through acting out their characters," commented Cheryl Roccoforte. The Theater Guild was made up of all drama students including actors in the school plays. This group practiced scenes and played a variety of acting games. These games helped to break the ice for the less-outgoing members and prepared them for future plays. "In drama class you get to know how people really are through all the different scenes, each individual has a style," commented Bill Stoddard.

The group went to Pasadena to perform and improve their acting. They attended workshops with different objectives to add variety and to give them a chance to meet students from other schools. "We learned from students as well as the instructors." They also had a chance to pick up new ideas for future practice. This club was open to any student who shows an active interest in the theater.

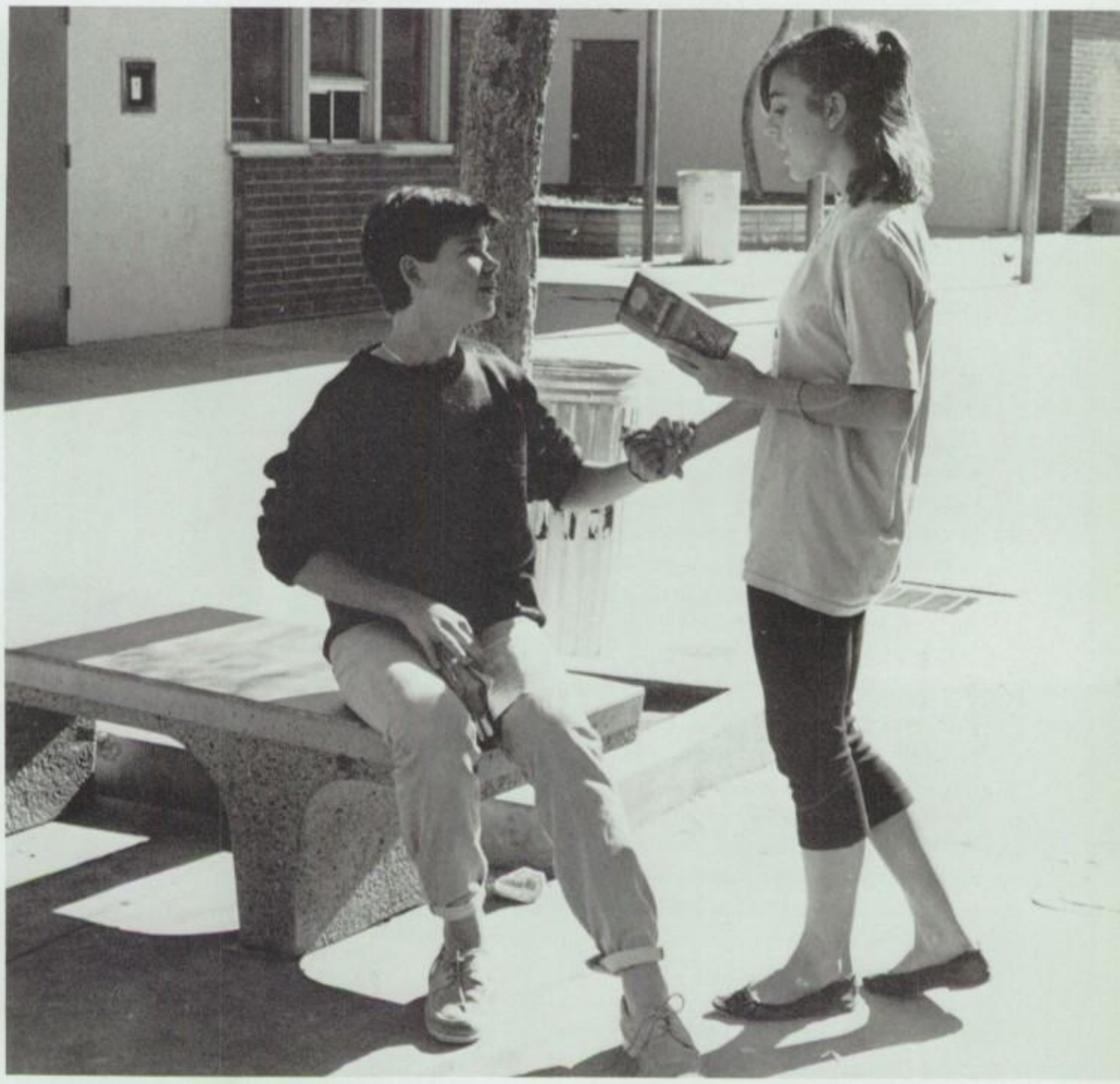
From outrageous cast parties to grueling practices, this group learned a lot about life and each other.

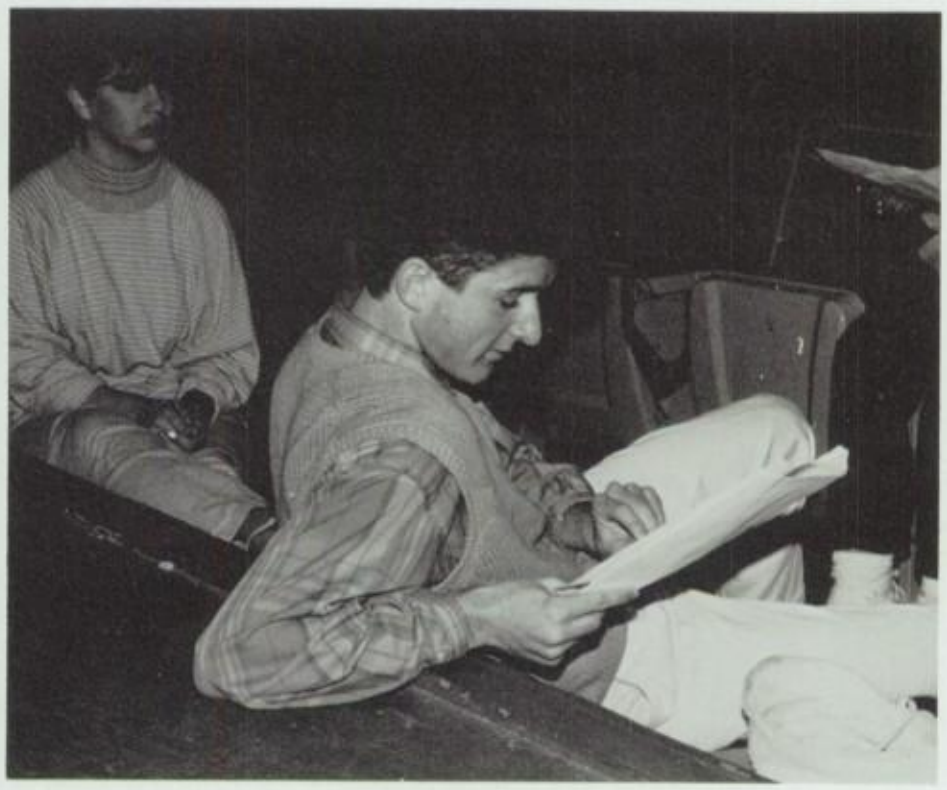
K. Medowbrook, B. Stoddard, C. Eakman, B. Borzych, S. Chesterfield, D. Michallak, A. Tracy, E. Rompler, S. Harris, D. Athay, T. Sharon, B. Bender, C. Drummond, J. Hommel, D. Crouch, K. McCarthy, K. Paredes, A. Karalykas, S. EllisFante, S. Gouveia, M. Heap, E. Hull, P. Pochel, L. Marcum, M. Guerena

Mike Heap displays his aggressive acting ability.

Bill Stoddard comforts with an umbrella.

Bobby Bender and Cindy Drummond act out a romantic scene.





Chris Eakman tries to prepare himself for a crash.

John Prell intensely tries to learn his lines.

Model UN

Talking it over

By Chris Blackburn

This year's Model United Nation Club brought together students who were both interested in social science and international relationships. The club met as a class every Wednesday and Thursday during 7th period. Mr. Goff, the class instructor, discussed the variety of different cultures and political beliefs throughout the world. Matt Bouman stated, "It's great to know about countries and learn to respect their views. This club gives you the chance to put yourself in other people's shoes."

The club had to stay on top of all items involved in the world. The hot topics this year were the problems in Central America and the Iran-Iraq war. To keep on top the club members would continuously drill themselves on the various news topics in the world. The club took a trip to Riverside this year for a United Nation mock conference. The students went through actual United Nation simulations which involved entire countries. Countries were represented by other Model UN clubs from various chapters in the national organization. Nikki Brauer stated, "The club gave us a chance to discuss world problems and how to best solve them."

Nikki Brauer ponders over all the problems in the world.

Mr. Goff, A. Orluck, S. Hooten, D. Eckenroth, L. Sartain, C. Mactlroy, N. Brauer, T. Mauerhofer, M. Heap, P. Foster, B. Stoddard, G. Boult, K. Burkey, M. Bouwma, N. Rodosovich, K. Grant, C. Shirrel

Mr. Goff goes over the proper way to act the problem.

Synchronized Swimming

J. Schlect, A. Eddy, G. Beck, M. Dodds, not pictured: M. Farish, S. Brockemeuller, L. Mancihi, M. Haddakin

Starting Out

By Chris Blackburn

"First position the body in a sculling position, then slowly throw the legs and arms at the same time, up and let yourself sink, then you have an oyster," was a common explanation of a Synchronized Swimming stunt stated by coach Wendy Jeffries. Every Friday after school Poways' own synchronized swimming team could be seen practicing in the pool. Wendy Jeffries, the team's coach, is a professional coach who showed the girls the proper way they should do their routines in the water. The only requirements were that you had to be a strong swimmer and be accurate with music. In the pool the girls would do various routines "When we do our routines the swimmers have to be in "sync" with each other and at the same time keep the beat of the music in the back of your head," stated club member Julie Schlect. The club's members hope that next year's club will be larger and stronger.

Mu Alpha Theta

J. Beers, B. Snyder, K. Studart, M. Brennan, N. Rollins, T. Hsiu, G. Tripp, M. Mentiza, A. Orluck, D. Holmberg, J. Coon, M. Sullivan, T. Geier, D. Poon, R. Kim, J. Sze, X. Wang, S. Arns, H. McClain, L. Yum, M. Weiss, J. Fisher, N. Apostolopoulos, B. Korgel

In Sync

By Chris Blackburn

Mu Alpha Theta joined the ranks of new clubs this year. The club was formed as an extension of the Math and Computer Club. The major requirements for the club were that its members had to take two math tests over the course of the year. The tests involved questions that tested the logical thinking of the participants. The first math test was the UCSB math competition. "It's exciting to see how your math skills compare on a national level, and Mu Alpha Theta was the club that helped to inform me about the tests," stated club member Stephanie Arns. It's not surprising to know that Poway High students did excellent in these competitions. Mr. Norman Weiss, the club's advisor, helped to inform the members on upcoming contest and helped prepare them on those contests. Mu Alpha Theta may have been new this year but the participation of its members will have allowed this club to stay around awhile. It's proved to be fun and at the same time challenging.

Winterguard

M. McClure, B. Deacon, A. Roberts, K. Jackson, T. Wheeler, J. Hattox, H. Cygelman, L. Spzak, W. Frazier, J. Hayes, R. Clark, J. Edik, K. Schei, J. Carr, T. Graham, T. Thrun, J. Ursini, P. Haehl, V. , A. Cygelman, M. Powers, C. Smissen, A. Blackburn (Rifle Capt.), L. Raber (Flag Capt.), T. Palmer

Getting Recognized

By Lori Raber

"Quick, Duck!" exclaimed Matt Powers as an out-of-control rifle flew across the court. This year's Winterguard practiced hard with extremely challenging routines. Winterguard was an extention of the first semester color guard with a completely different style. Instead of performing with the band on the football field, the guard competed on inside basketball courts to recorded music. "Most people don't even know what Winterguard is mainly because there are no home competitions," stated Michelle McClure.

This year the guard made an attempt to become better known by performing at assemblies on different occasions.

Poway took out two teams, one with strictly flags and one with flags and rifles. "We had to eliminate our rifle line first semester but we are hoping to carry on the line from second semester through next year," commented Pam Haehl.

The color guard performed to a strong classical song while the flag line's routine had a jungle look to it.

John Ursini concentrates heavily on his rifle spin.

B. Zangari, N. Goudy, J. Delany, T. Ketly, S. Hanzlick, M.D. Pennick, S. Klansnik, D. St. Onge, M. Meehan, J. Waite, D. Warren, S. Sleuin, K. Stevens, M. Standly, L. Jackson, K. Skillern

Lisa Spzak releases her toss confidently, knowing it will be caught.

D. Snodgrass, A. Dorfman, J. Bollezzo, S. Carrel, K. Vito, P. Melendez, J. Galka, K. Uyeda, J. Hamilton, K. Lamb, G. Succi, T. Miley, D. Baumanns, K. Finneran, S. Allen, T. Beaudet, K. Wayland, C. Thebautt, D. Regli, A. Anding, D. Timms, G. Stampfli, J. O'Brien, L. Small, S. McSwain, A. Buffington, W. Moore, M. Steffens, D. Malloy, M. Shahon, P. DePinto, D. Chmitha, P. Melendez, K. Stiritz, D. Stiritz, B. Dixon, S. Fisher, S. Russ, B. Hamilton, J. Hoffman, D. Huff, J. Robinson, J. Weller, A. Eddy, L. Mancini

Hitting the slopes

By Lori Raber

Whether you went for the advanced slopes or you chose to snow-plow-it on the bunny runs, this year's Ski Club made everyone feel welcome. The club had meetings to inform the members about the trip and to give everyone a chance to get to know each other. "The bus ride was an incredible twenty-four hour experience, by the end of the trip we were bouncing off the walls and we had a great time," stated Tony James. The bus ride was only the beginning. The hotel parties and the various dinner expeditions added to the raging time. Most people who join end up staying in the club for their entire high school career. "I guess people just get addicted after they find out how much fun it really is."

The Ski Club had grown tremendously over the past few years. The skiers did a great job of promoting their favorite school activity away from school. This club was a popular and fun way to have a busy vacation and meet new people.

Excited skier shows her snow-plow technique.

No turning back now!

Faculty

Ms. Asch **explains the concepts of math formulas to** ***Kim Bednar.***

Back To Basic Writing

Writing seems to be spreading across the campus like a forest fire. "Clear writing is the essence of clear thinking," stated Mrs. Ghafur. This enables people to think clearly about anything in life that can be associated with writing. Many of the teachers at Poway High School have been encouraging writing in every subject matter, even in areas where one may think writing has nothing to do with a particular subject, it does. For instance, Mr. Mello and Mrs. Wagner include writing into their classes, by asking the students to write a journal on given daily topics. "Writing throughout classes would broaden our society," stated Dee Dee Holden.

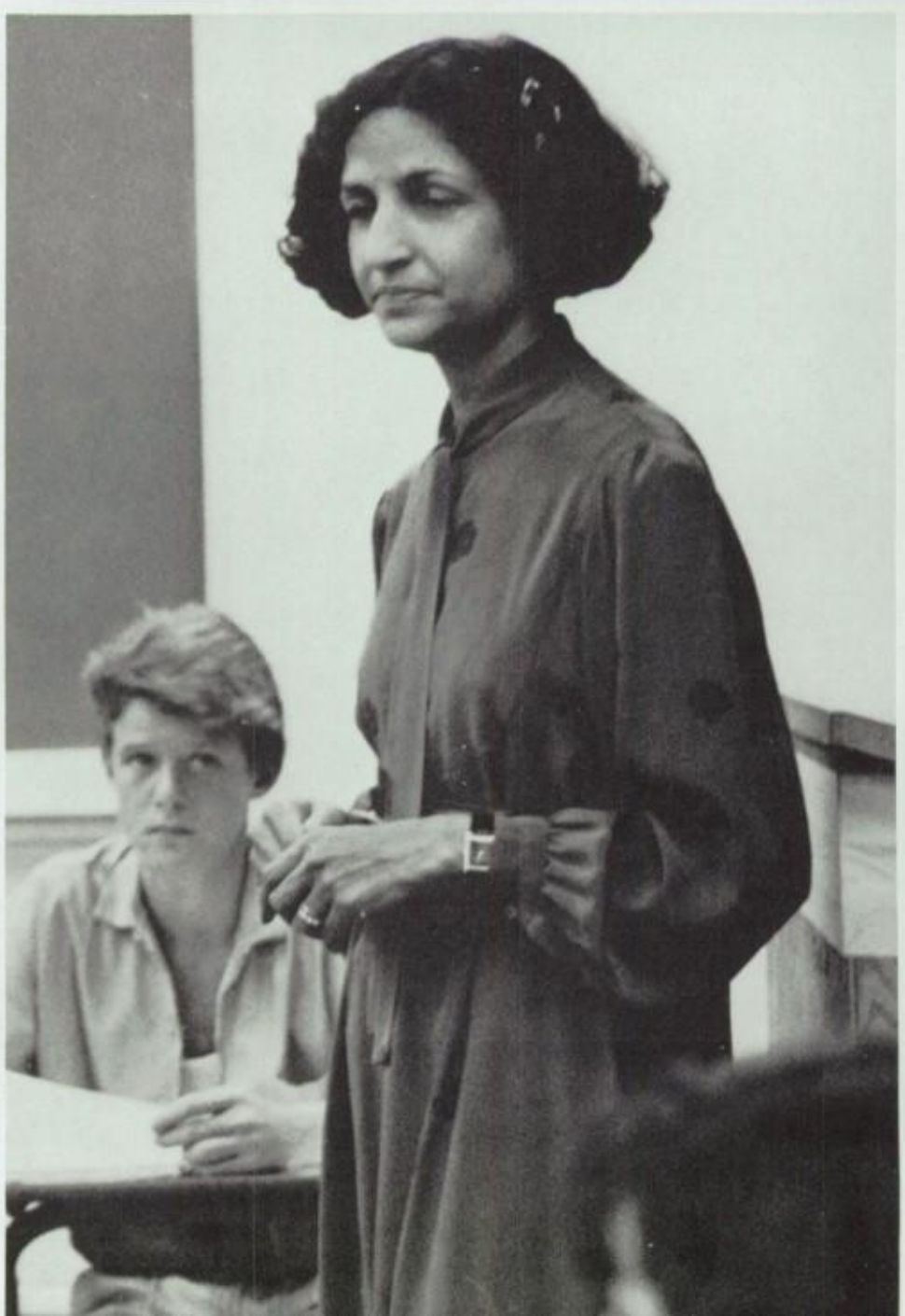
Writing was also promoted in foreign language classes. Mr. Easter, a Spanish teacher, stated, "Even though one might think Spanish is mainly an oral class, we have devoted a lot of time to writing. I require a student to listen to a tape and then write a composition relating to the subject."

The importance of writing could also be seen through the teachers. For the first time in history a meeting off campus, for two days, a writing workshop, was attended by the English teachers of Poway High School. The idea of the workshop was to grow as instructors of writing, and to develop a scene of unity.

A new club, as well emphasized writing as a whole. "Writers Anonymous," which met every other Monday, enabled the students to express their feelings and emotions," stated Tami Marko. The students during the meetings, would share their particular ideas with other club members who would state their opinions and give input toward their writing.

Writing was encouraged in many different subject areas, as well as through new writing activities. As Jon Andrews stated, "Writing has benefitted me in being able to express my ideas clearly, it also has let me state my emotions on paper, as well as enabled me to express my innermost opinions."

Mrs. Ghafer watches the class as they take out their homework assignment.



An Expression Of Hope

Congratulations to you, the class of '87. This has been an exciting year for Poway High School with the return to Titan Stadium and the rest of the Silver Anniversary celebration. My hope is that each of you will look back on your time here with fond memories, secure in the knowledge that you are well prepared for the future you have chosen for yourself.

Good luck to you all.

David K. Hughes, Ed.D
Principal

David K. Hughes

Dr. Hughes *enthusiastically reads a notebook relating to the new stadium in his office.*

Mr. Killion *looks at his schedule for the day.*

Mr. Deavers *plans for the next ASB event.*

David Hughes
Principal

Debbi Easter
Assistant Principal

Scott Fisher
Assistant Principal

Dean Killion
Assistant Principal

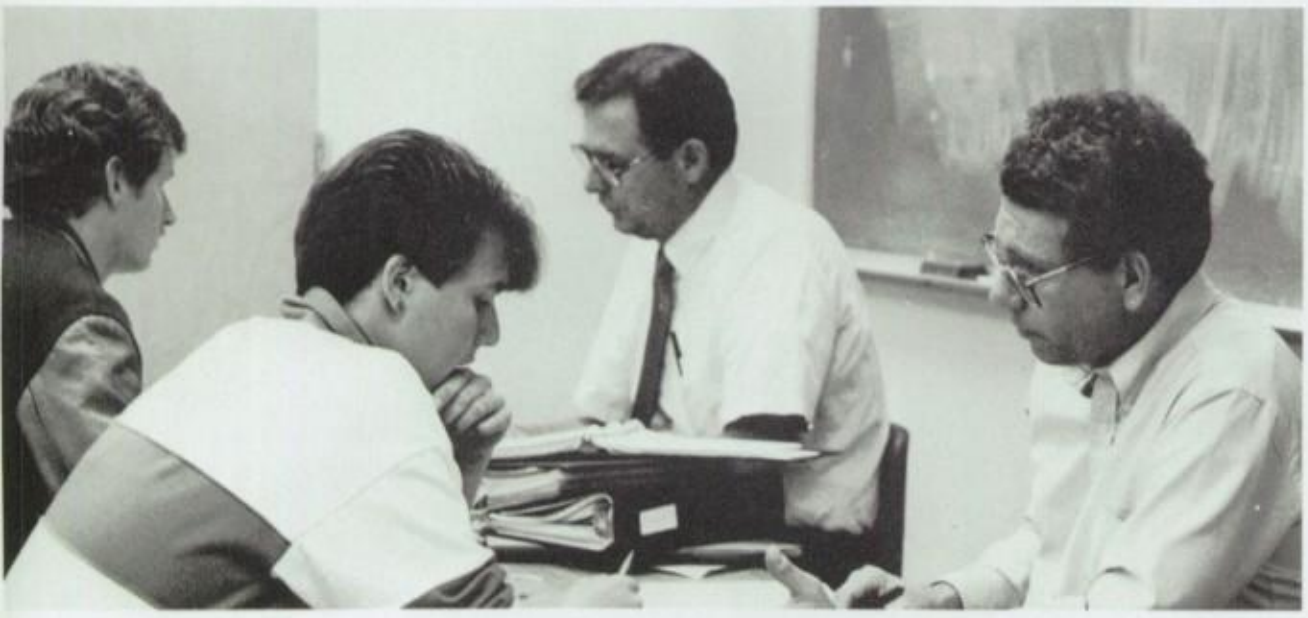
Jerry Leininger
Assistant Principal

John Deavers
ASB Director, Soc Sci

Bert Hudgins
Detention Supervisor

John Self
Athletic Director

Mr. Bailey *helps* **Cathy Elmore** *with her scheduling problems.*



Counselors Aid Students

by Stephanie Allen

"When can I talk to my counselor? When do I take the SAT?"

Common questions such as these could be heard throughout the counseling office. "We try to help the students look into the future and help them through the tenth and eleventh grade," explained Counselor Dave Boulware.

The counselors also dealt with career planning. With the ever-changing college requirements, the counselors had to keep their information upbeat. "I find the counselors help you plan ahead, so you are prepared for the outside world. They have provided me with a lot of information," stated Jeff Haines.

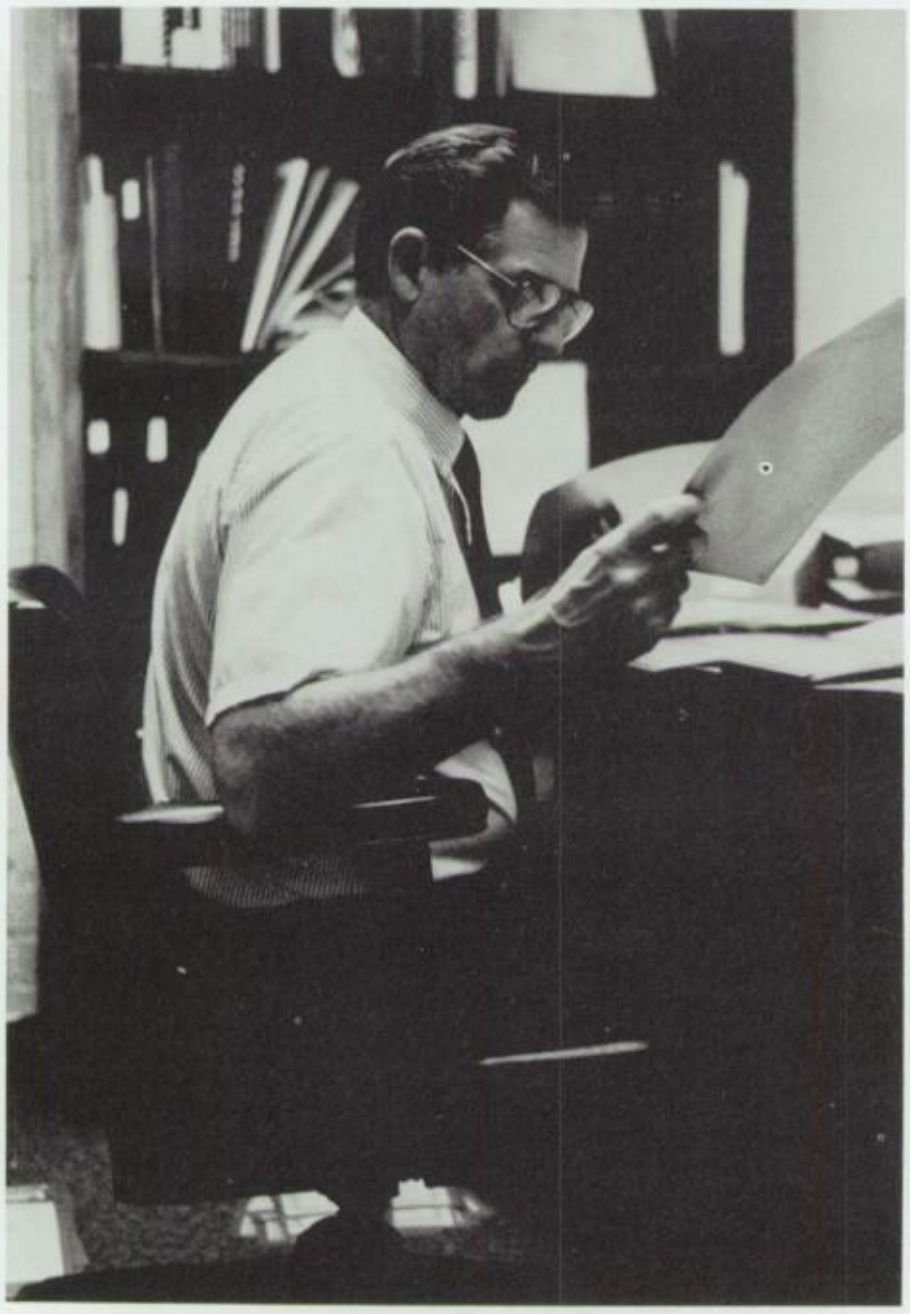
Zoltan Petro summed it up by saying, "The counselors helped play an important role in the student's education. The counselors also deal well with the students. Though they have a lot of work, they still manage to have time for individual help."

Whatever questions the students had, they were answered by the counselors. They have assisted the students in many ways.

Sheila Arneson
Counselor Mj-Sch

William Bailey
Counselor Df-Ht, Spec. Ed

David Boulware
Counselor Sci-Z



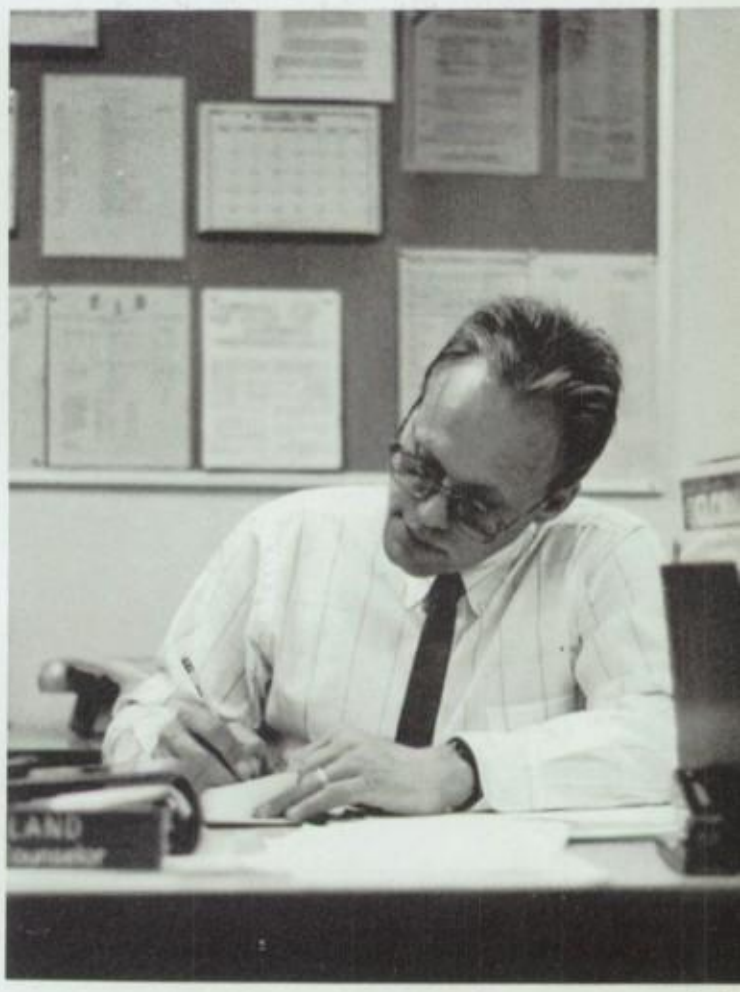
Mr. Kearns *studies the college requirements.*

Tom Holland
10th Grade Counselor

Michael Kearns
Counselor A-De

Cathy Moran
Counselor Huo-Mi

Wayne Smith
Work Experience



Mr. Holland *concentrates on his new role as a counselor.*

An Appreciation Of Others

By Gretchen Beck

"Keeping the attendance sheets rolling always keeps me busy," stated Tommie Mehrtens. Not only does the office staff have to keep track of the attendance, but one can always find them working on unending piles of papers that need to be typed and filed. Students as well seem to take up a lot of their time. Many times they help students prepare scholarship applications, arrange testing dates and they even take care of many students basic problems. "Handling applications for SAT testing and scholarships keeps me busy," stated our counseling secretary Mrs. Streidel.

Under all of this work one can find a true dedication to students by the office staff. "If it weren't for the people, I wouldn't be busy and these same people are the reason I enjoy my work," stated our athletics secretary Mrs. Kaylor. Students seem to feel the same way toward the office staff. "Whenever problems arise, the office staff is always close at hand for any help required," stated Sunny Brockmoller. Through all the work office workers and students appreciate each other.

Thinking intently, **Mrs. Striedal** *checks the SAT bulletin for future testing dates.*

Erma Sue Baker
Soc Sci LRC CIK

Lois Boyd
Secy Asst. Principal

Aslaug Briggs
Eng LRC

Bonnie Coston
Clk Scheduling

Mrs. Coston *types the new class changes on the computer.*

Diann Edens
Student Store Clk

Joyce Fink
Clk Counseling

Marlys Frye
Secretary

Linda Hayes
Registrar

Vicki Johnson
Secretary

Wilma Kaylor
Athletics Clk

Mark Leszczynski
Ath Trnr, Equp Mgr

Tommie Mehrtens
Attendance Clk

Barbara Nobriga
Librarian

Lorraine Pennington
Bookkeeper

Carleen Plarski
PBX, Receptionist

Carol Risner
Library, LRC Clk

Jack Sharp
District Psychologist

Mary Spicer
Science Clk

Janette Striedel
Counseling Clk

Ann Wills
Library Clk

Mrs. Plarski *writes down a message.*

Mr. Hudgins *takes a readmit from the absentee notices for the student.*

Checking the attendance sheets, **Mrs. Kochis** *notes the absences.*

Skills For Life

By Stephanie Allen

The sound of keys being hit, as well as a voice of a teacher explaining an accounting technique could be heard through the halls. "Business courses help students prepare for college prerequisition or for the vocational oriented student," stated Sandra Childers.

With this in mind, many students enrolled in the business classes. Accounting, typing and computer programming courses, were offered to the students. "Accounting will help me later in life if I decide to major in the business field," commented Kristen Finneran.

Typing as well benefited the students, toward their futures. "Typing will help get a secretarial job as well as help me with the outside world," stated Dawn Boughter. Typing has helped people to the other extreme. It benefits both hand and eye coordination. "Typing has helped my finger coordination," exclaimed Danny Miller.

Many students will find the skills that they obtained in the business courses will be beneficial to them in the future.

Mr. Rarity *contemplates an idea proposed by* **Brad Stodghill.**

Mrs. Childers *grades* **Bonnie Boswell's** *test.*

Trent Herrin *listens as* **Mr. Lekvold** *explains the typing assignment.*

Traci Barker-Ball
Intro, Computer Program, Bl. Creatures, Frosh class, Softball

Sandra Childers
Word Process, ROP Cmptr Department Head Bowling Club

Bill Lekvold
Typing, Acctng, Bus. Math, Baseball

Dorothy Mitchell
Intro, Computers, Typing

Bill Rarity
Intro Business, ROP Bking Acctng, Accntg

Vicki Wilson
Intro Computers, Typing, FBLA

Mrs. Hotaling *shares a cooking secret with* **Danielle Pagnini.**

Becoming Self-Sufficient

By Gretchen Beck

"It's more than knowing a domestic trade; it's learning to be self-sufficient," stated Sandy Berndsen. This definitely falls into the classes of Consumer Education. Of course the students learn about their particular subject, but more importantly they learn how to manage on their own. "It's not a cruise class, it prepares you for life," stated Alicia Brew. This main goal could be learned in all the classes. Such as: Single Survival, Interior Design, Clothing, and Cooking. A new class that was added this year was Fashion Merchandising in which students were able to experience working in various types of jobs at North County Fair Shopping Center. This enabled them many learning opportunities in the fashion industry. Throughout all of these classes a feeling of accomplishment is learned in each class, as well as the major goal of being self-sufficient.

Mrs. Malone *lectures about fashion.*

Lea Matteson *shows* **Mrs. Gemmill** *how to prepare a gourmet meal.*

Ann Gemmill
Foods, ROP Restaurant

Aletha Hotaling
Foods, Single SRVL, Hm Apprl Arts

Sheryl Malone
Clothing, Int Design, ROP Fashion Merchndsing

New Ideas Promote Writing

By Stephanie Allen

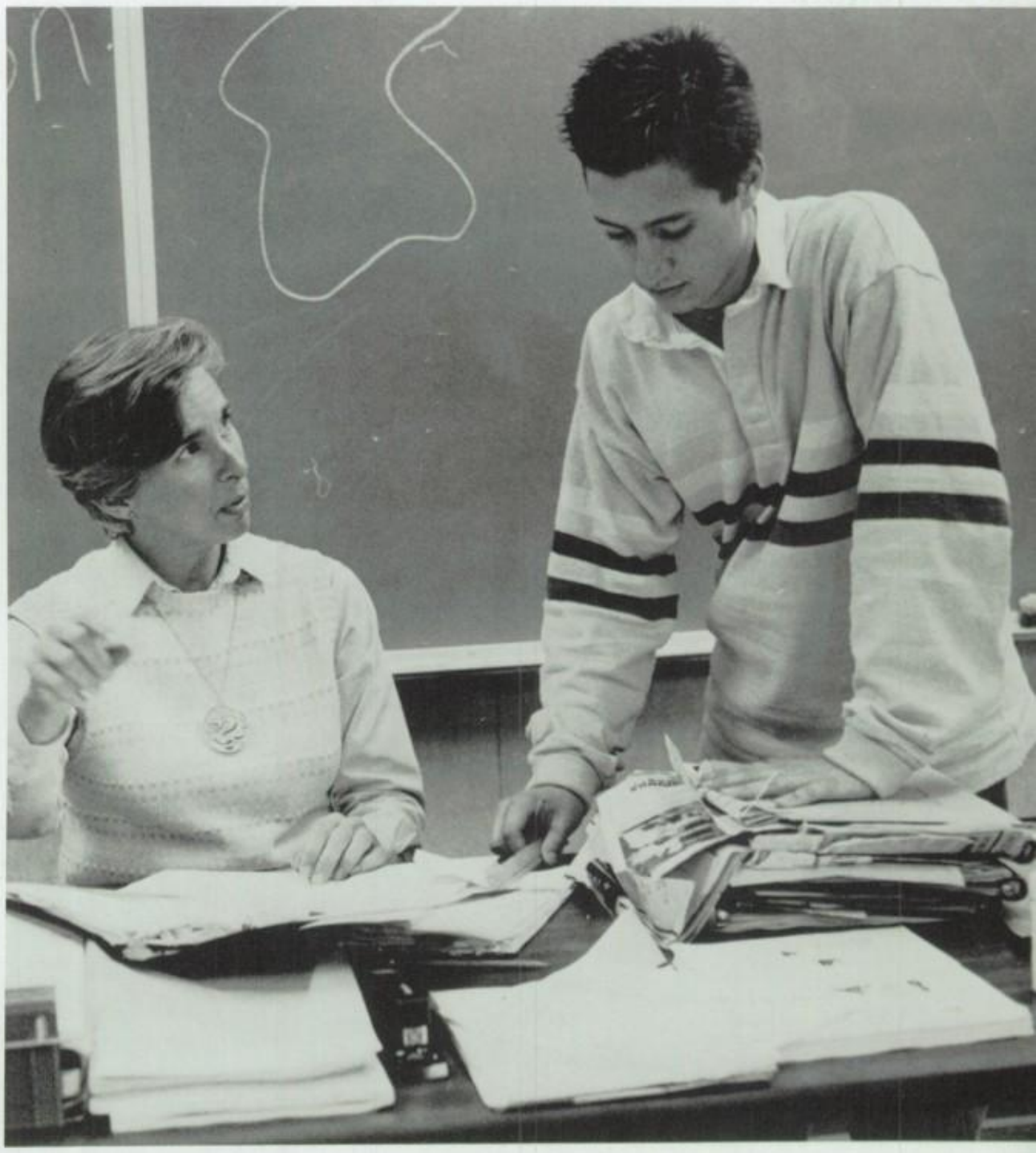
With new ideas, and teachers expanding their knowledge, the English Department finished a productive year.

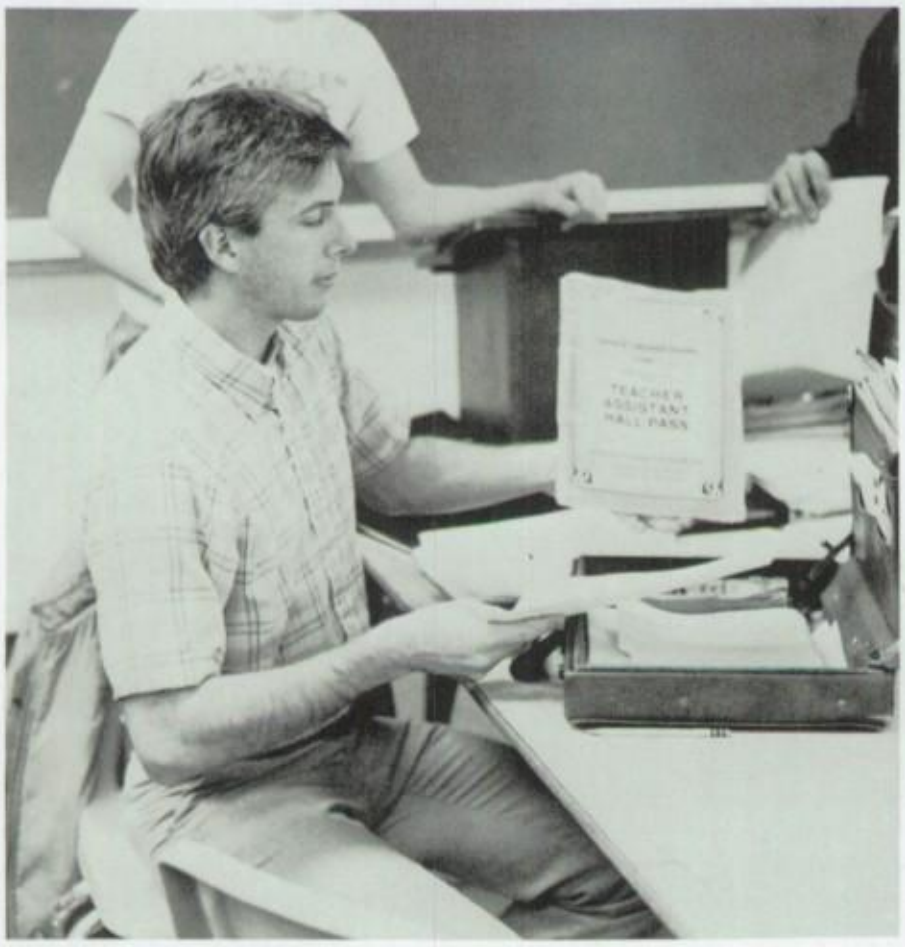
The teachers tried to teach their students to respond to a piece of writing or a book. "I try to stimulate an interest by creating as many different activities as are possible. My classes do guided readings, create projects that are visual and or written based on readings, respond personally to selections of their own choice and finally create and teach a book to each other," said Mrs. Dabbs.

Also, some English teachers were able to create a writing atmosphere with the help of speakers coming to their classroom. Guy Green, an **Oscar**-winning cinematographer for "Great Expectations" talked to students in Mr. Kunert's Lit and Film class. Mr. Kunert believed, "This gives students an opportunity to talk to interesting people they never get to know under normal circumstances."

Wendy Winkelman concluded, "The English Department has given me the opportunity to research new topics and express myself creatively"

Mrs. Marshall *points out to* **Steve Russo** *that the class will be reading a new novel.*





Mr. Ball *looks in his briefcase for the teacher assistant hall pass.*

Michael Ball
Comp, Drama, Eng Review, Volleyball

Frank Barone
Comp, Lit

Gary Bradshaw
AP English, Wrtg Sen, Yearbook, ***Odyssey***
Soccer

Carol Brunje
Devlp Wrtg, Speed Rdng, U.S. History

Judy Dabbs
Amer Lit, Lit Amnesty International

Barbara DeLuca
Comp, Lit

Greg Franzen
Hon Comp, Lit Department Head, Football

Raheela Ghafur
Advnced Comp, Comp, Srvy Brit Lit, Wrtg Sem

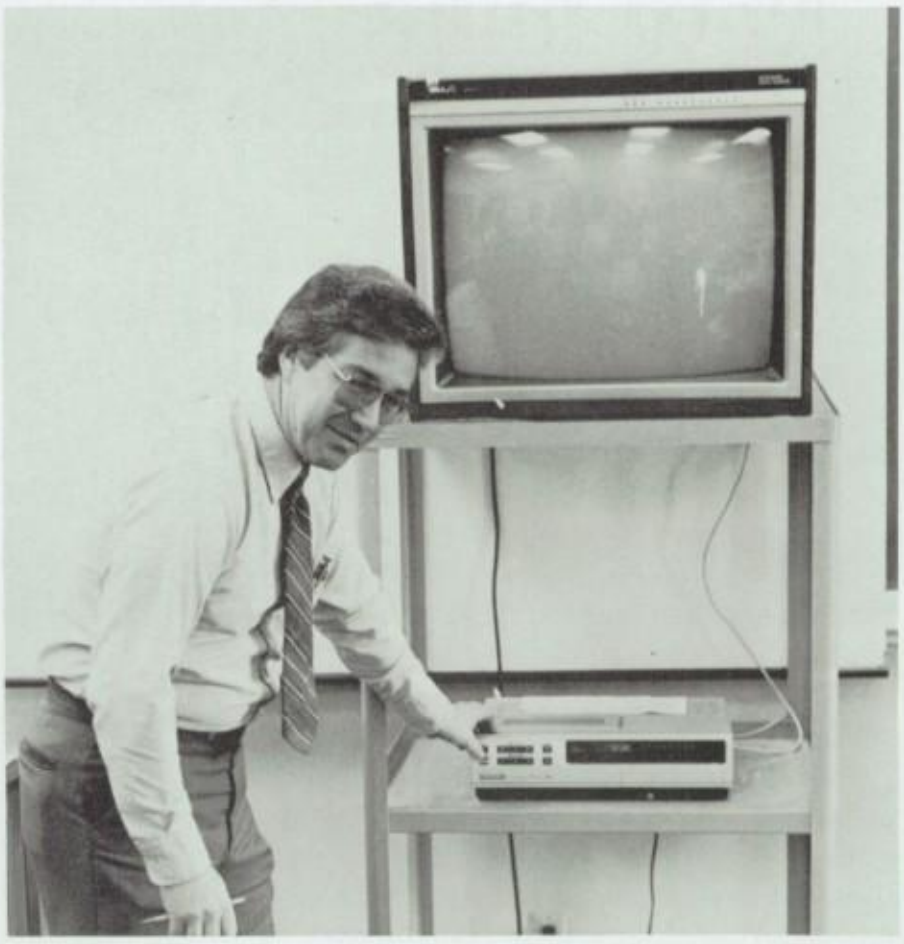
Barbara Hawkins
Lit, Reading Skills

Mary Heath
Amer Lit, Hon Comp, Journalism, ***Iliad***

Arnold Kunert
Advnced Comp, Lit and Film, Srvy Brit Lit, Academic Team

Jan Manos
Drama, Theater Guild

The master of the video tape machine, **Mr. Kunert,** *starts the movie for his Lit and Film class.*



Mrs. Hawkins *explains the research paper requirements to* **Art Kimball.**

Tom March
Comp, Lit, Speech and Debate

Vickie Marshall
Comp, Journalism

Mark Pyle
Amer Lit, Comp, Interact

Divona Roy
Advnced Comp, Explor Lit

Jim Salzman
Comp, Lit, Wrtg Sem, Basketball

Gerry Schimke
Amer Lit, Lit

Mary Templer
Amer Lit, Hon Comp, Lit and Film, NHS, Who's Who Students, Homer Judge

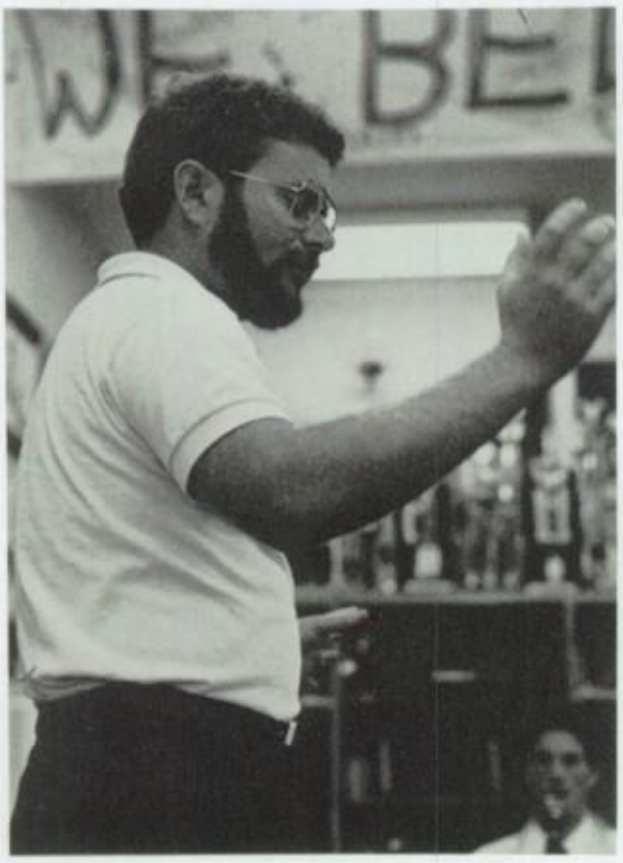
Erika Webb
Amer Lit, Comp

Dennis Wymbs
Comp, Devlp Wrtg, Hon Survey Amer Lit, Wrtg Skls

Creating Art

By Gretchen Beck

"Any art class, unlike other classes, allows students to be completely creative," stated Mr. Carr. This creativity ranged anywhere from jewelry making to crafts classes. In the ceramics classes, for example, many projects reflected a great deal of creativeness. One particular project allowed the students to see the difference between glaze and glass finishes. These both can be used when putting the final touches on a pottery project. "Pottery allows me to be creative with my hands, and thus through this I not only enjoy the art, but I've learned much too," stated Andy Cortez. Some basic assignments that were found in many drawing and painting classes, were pencil sketches, water colors, tempra painting, and even a few chose to use oil paint. Many of the pictures that were made, were taken originally from pictures in magazines. One could find just about any subject matter being worked on in Mrs. Zacarias class. "Using magazines, allows students to exercise their selectivity and to reveal their point of view." And thus through all the art classes a scene of creativeness could be found. Jay Hyde expressed himself in much of the same way. "Art has enabled me to be creative while doing something I enjoy."



Mr. Davis *directs the orchestra.*

Mr. Carr *listens as* **Kevin McHugh** *explains his idea for the pottery project.*

Ken Carr
Ceramics, Department Head

Marc Davis
Band, Marching, P.E., Concert Bands, Emerald Brigade

Susan Kearns
Art Explratn, Crafts, Devlp Wrtg

Mike Mosgrove
Cncrt Choir, Marching P.E., Emerald Brigade

Ulli Reiner
Orchestra

Eric Reis
Crafts, Jewelry

Clay Walker
Comml Art, Draw, Paint

Margery Zacarias
Art Explratn, Draw, Paint, Art Club, Art Official

Richard Gardner
Auto, ROP Auto Service

Cletis Hawkins
Drafting, Wood

Ted Roybal
Drafting, Photo, Department Head

Art Sanders
Electronics, Sml Eng

Dennis Wood
Metal, ROP Wield and Flame Cutting, Soccer

Kevin Livesey *looks for a tool, while* **Jeff Faust** *examines the tire.*

Learning Job Skills

By Stephanie Allen

"Industrial Art's main goal is to help promote students to entry level job skills. The classes are also a place where students can apply other areas, such as math and science," stated Mr. Roybal.

The idea of promoting job skills was seen throughout the Industrial Art classes. Courses such as Auto, Drafting and metal shop, taught students the basic requirement of each class.

In beginning Auto, the class ranged from topics of Consumer Education to car maintenance. "The students were taught the basics of Consumer Education so they could apply the knowledge in the future. Each student also learned mechanic skills, by working on their own car," commented Mr. Gardner.

Whereas in drafting, students learned the techniques involved in drawing a floor plan for a house. This floor plan was one of the many requirements for the students. Drafting also reinforced the hand and eye coordination of Geometry.

Woodshop and metalshop promoted skills for a future in the job market. Students learned to weld and use the machinery. "Welding assists me because it teaches me things I can use later in life" declared Lawrence Buck.

The Industrial Art Department aided students in learning the skills involved in each class. These basic oriented skills will help the student place high in the job market.

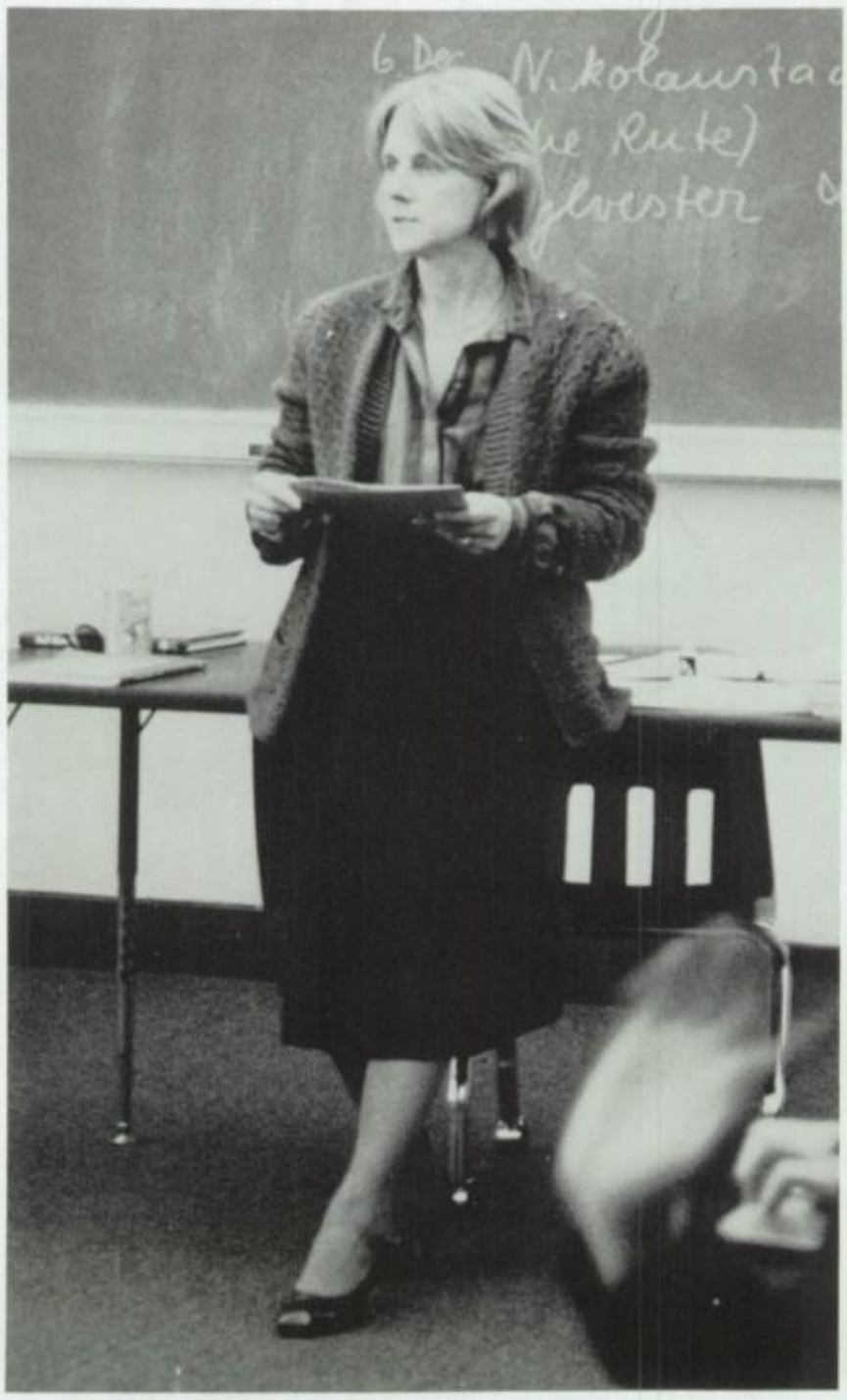
Jon Stefani *wears his eye mask in preparation for a very difficult welding assignment.*

Understanding Other Cultures

By Gretchen Beck

"Learning another persons language helps us to have more empathy with other cultures resulting in a better understanding of those in our world and a better world," stated Madame Guild. Any language enables students to be able to communicate in a foreign language. This becomes very helpful to many students who plan to travel, study, and even live in another country. "I took a language because, it will enable me to communicate in foreign countries, as I plan to travel abroad," stated Nicole Burwell. To ensure the students, that by taking a foreign language, they will be able to communicate in a foreign land, many teachers try to speak mostly in the particular language that they are teaching. This allows the students to learn and think in their particular language, instead of constantly translating from English to their language in their minds. "This way of thinking has helped us to think in our language, by using it in the classroom," stated the German 7-8 students. They as well felt that, "learning German has broadened our knowledge and culturally expanded the aura of our education."

Standing in front of the room, **Mrs. Bahmani,** *gives a German lecture.*



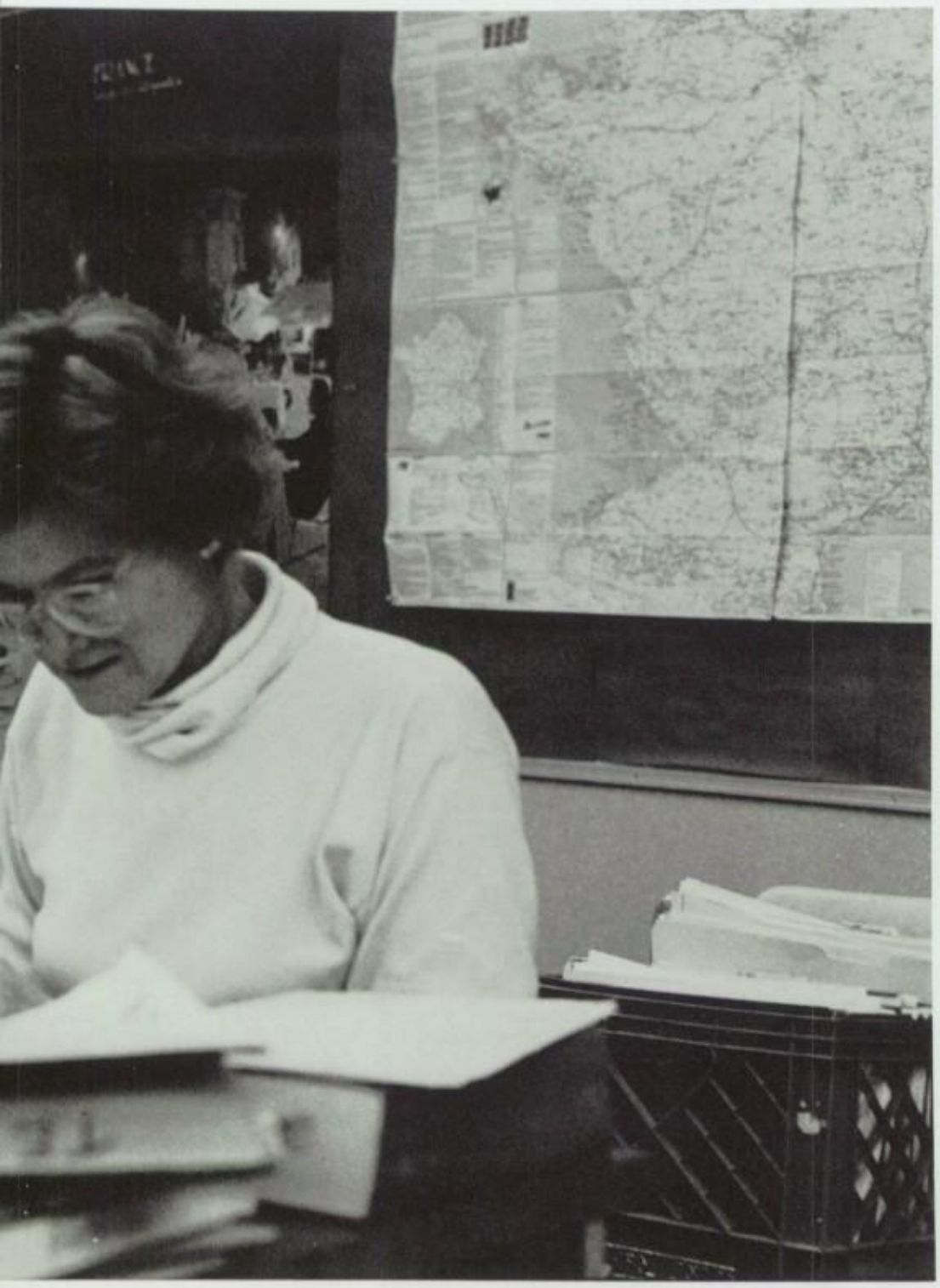
Mrs. Greenburg *gets a chuckle out of* **Leslie Ferstan's** *Spanish composition.*

Diana Browning
French
French Club

Leticia Busch
Spanish

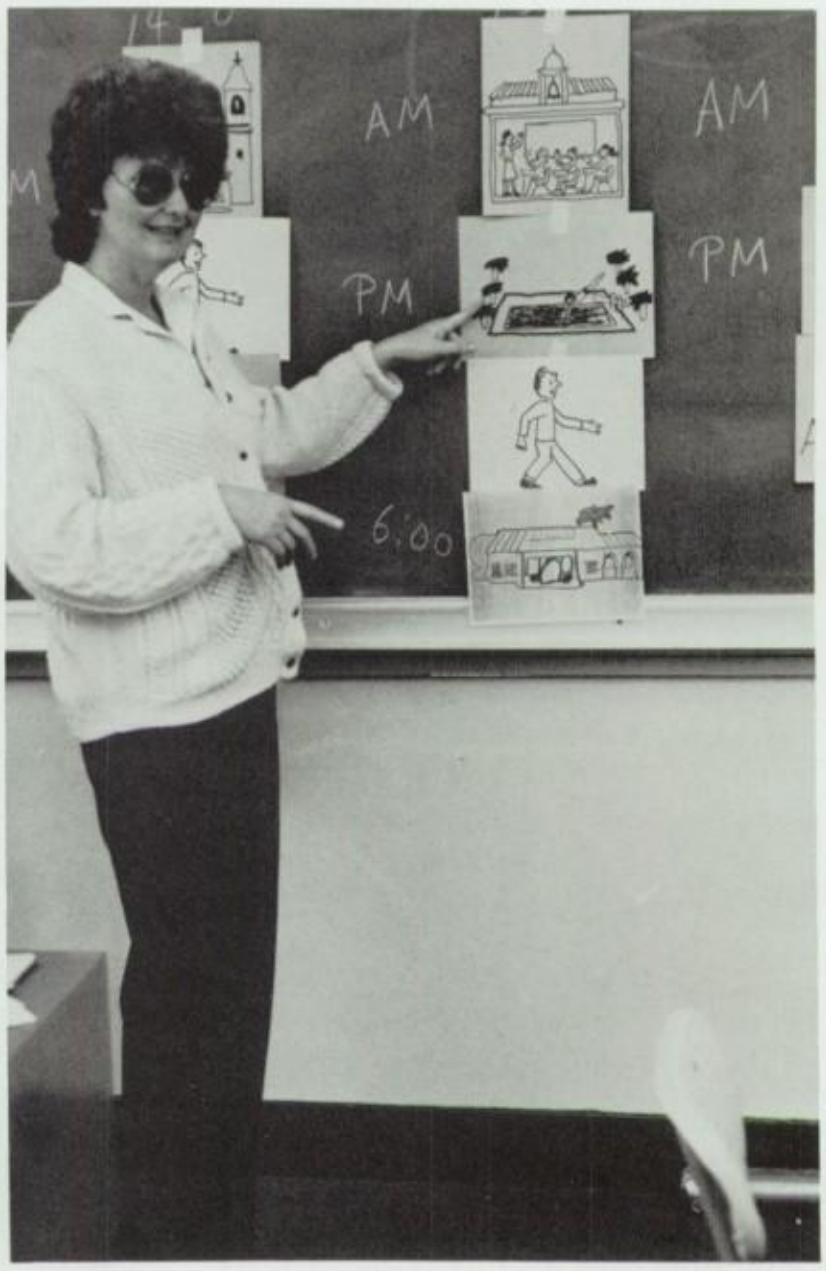
Robert Easter
Spanish
Department Head

David Goff
Spanish, AFS,
Sophomore, U.N.
Club



Mrs. Browning *prepares for another day of the French Language.*

Mrs. Rangel *points out a picture that goes along with the Spanish lesson.*



Yvonne Greenberg
Spanish

Lou Guild
French, Drama Judge

Rita Hubbard
Spanish

Roseann Marttila
Spanish

Judy Rangel
Spanish

Jeanne Terrazas
Spanish

Patty Hahn *looks happy as* **Mrs. Terrazas** *shows her the grade she received.*

Teaching A Quality Lifestyle

By Stephanie Allen

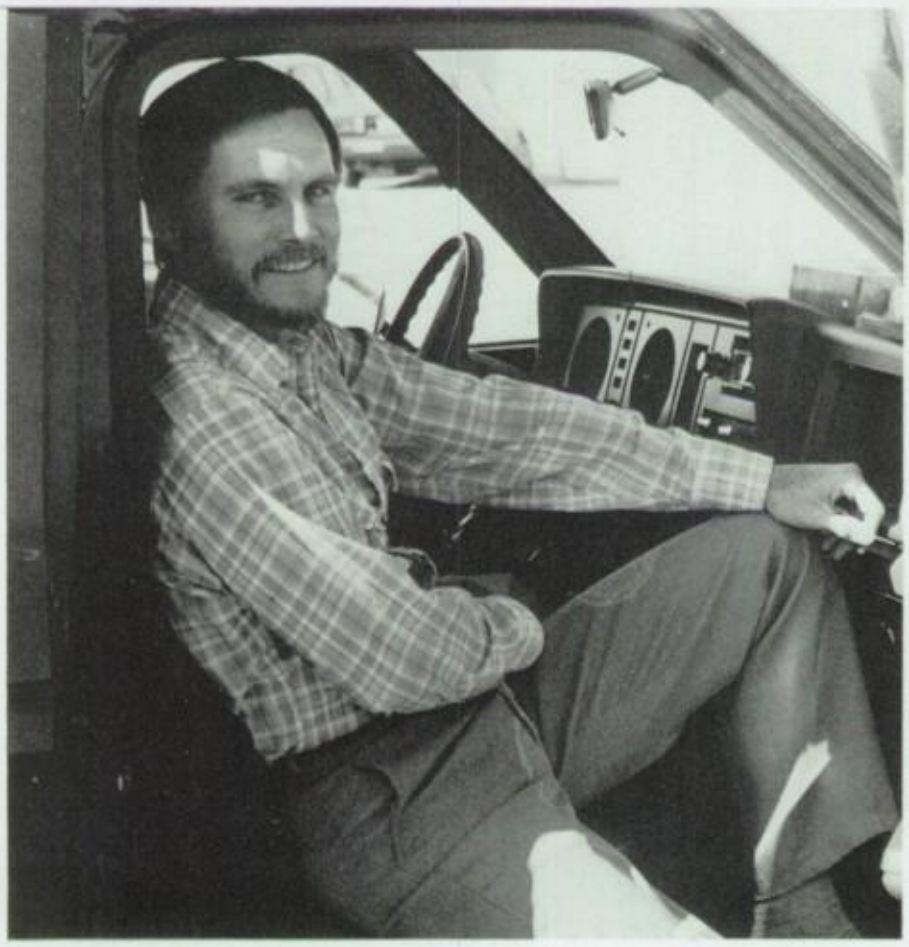
"I try to teach the students to learn to maintain a quality lifestyle," stated health instructor Mr. Frederick.

Using Mr. Frederick's example, the health teachers taught a variety of topics that included life-saving techniques, nutrition, family life and substance abuse. Among lectures and notes, the students learned how to live a healthy life. Many films enabled the students to see a visual presentation of the topics that were discussed. One important aspect of Health Education was learning C.P.R. The students practiced on dummies in learning the life skill. "In case someone gets into an accident, I can use CPR to help them," commented Karmyn Clark.

Among the changes in Health Education, were Drivers Education was offered only seventh period and not during the normal class periods. This year's ninth graders made up the majority of the classes, with a few tenth graders. Next year, it will be only a freshman class.

Students in this health class, listen to **Mr. Nelson** *explain the information concerning nutrition.*

Mr. Schaitel *prepares his lesson plans.*



Mr. Frederick *waits with anticipation for his next class to arrive.*

James Dimoff
Health,
Basic Science

Warren Frederick
Health,
Department Head

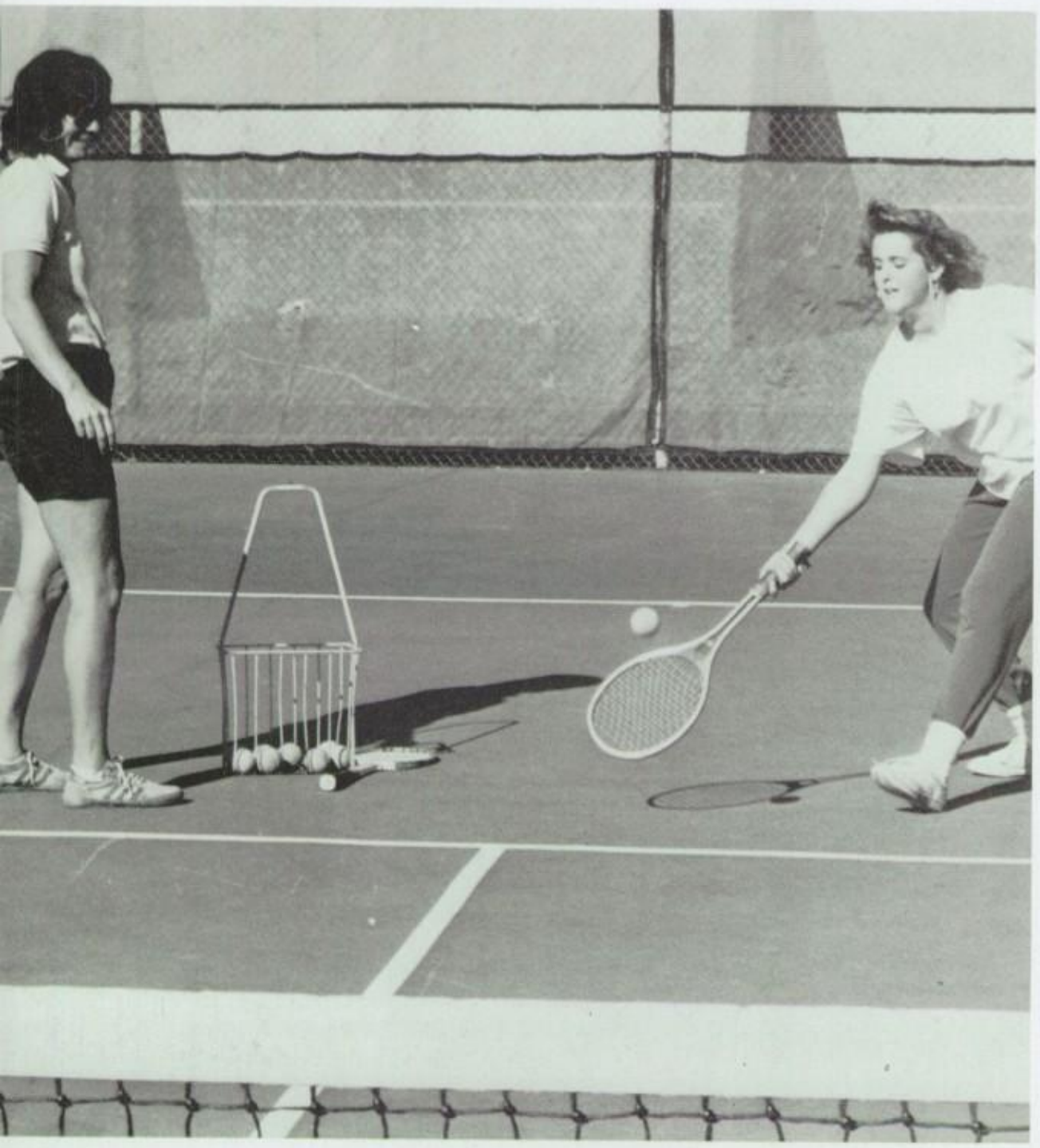
Dennis Moore
Health, U.S.
History, Swimming

Edward Nelson
Health,
Baseball

Neville Saner
Health, P.E.,
Basketball

Dan Schaitel
Health,
Cross Country, Track

Ms. Cooper *watches* **Kendra Foote** *practice her new tennis techniques.*



Remaining Physically Fit

By Gretchen Beck

The physical education teachers' major emphasis this year was motivating the students to exercise, and to be physically fit now and in their futures. "It's like anything in the pie of life, which consists of four parts-mental, social, spiritual, and physical; you must enjoy everything you do, and what you enjoy hopefully will benefit you. Just as any exercise will be an advantage to your body's well being," stated Ms. Cooper. Students seemed to feel the same. Christie Allen replied, "P.E. offers a wide variety of sports which I hope I will enjoy as much and be actively involved in when I'm older."

Many courses were offered to the students which incorporated these same ideas. Sophomores and upperclassmen could pick classes anywhere from raquetball to weight lifting. The Freshmen experienced a little bit of everything. A few requirements for them were team, individual, and strength type sports. Through all of the P.E. classes, a desire to become physically fit was encouraged. Cindy Dudgeon stated, "P.E. has taught me good habits of physical fitness that will benefit my health habits for the rest of my life."

Wayne Branstetter
Frosh P.E., Beg Weights, Wrestling, Department Head

Mary Cooper
Beg Swim, Beg Weights, Volleyball

Mark Embrey
Frosh P.E., Mod. P.E., Cross Country, Basketball

John Harmon
Racquetball, Soccer, Baseball

Mark Miller
Frosh P.E., Water Polo, Golf

Lisa Reis
Frosh P.E., Volleyball, Track

Doug Wealch
Basketball, Frosh P.E.

Evi Yarnell
Aerobics, Tennis, Cheerleading

Mr. Saner *shares a quick joke with* **Jason Barrie.**

Students Learn From History

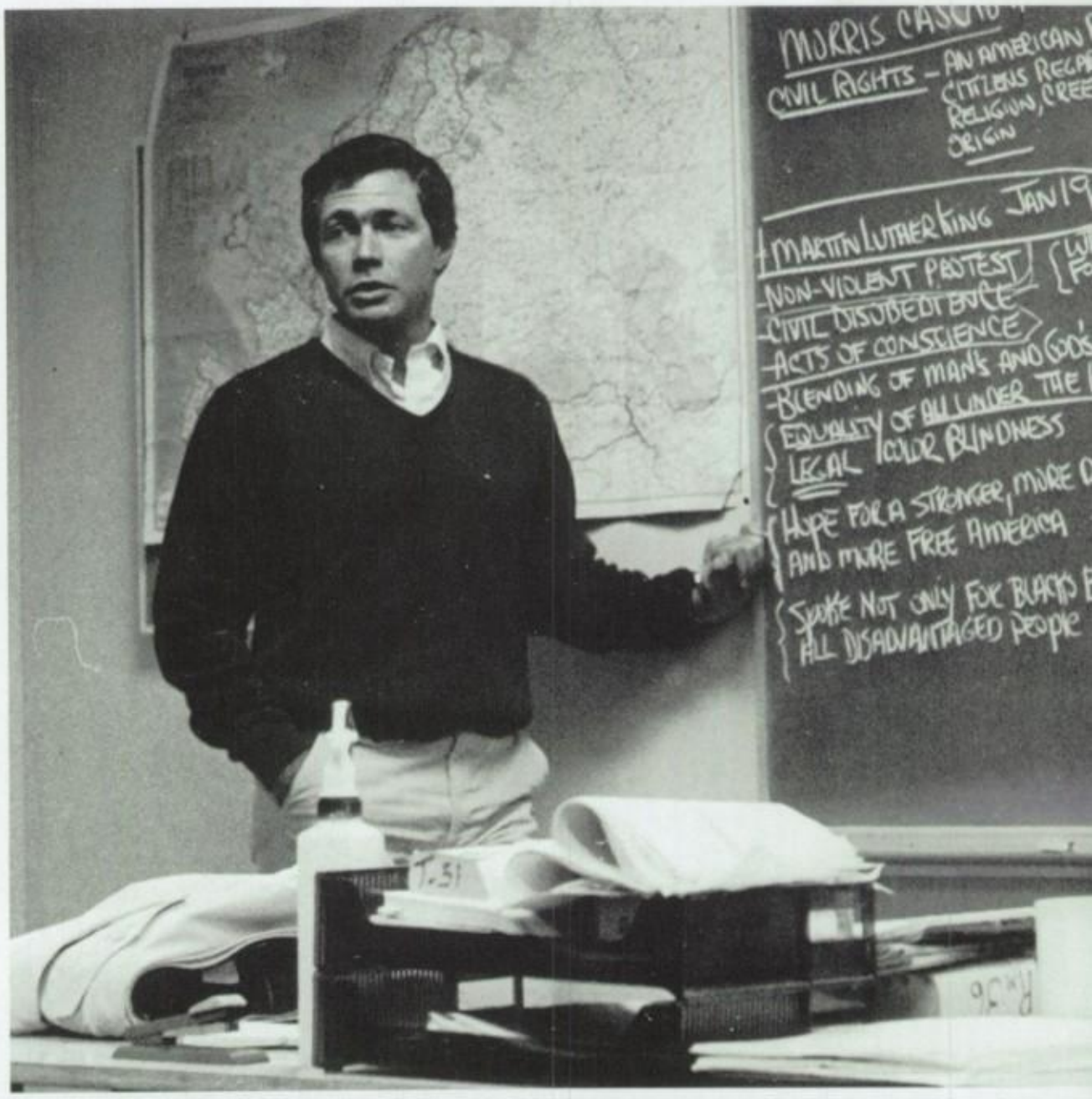
By Stephanie Allen

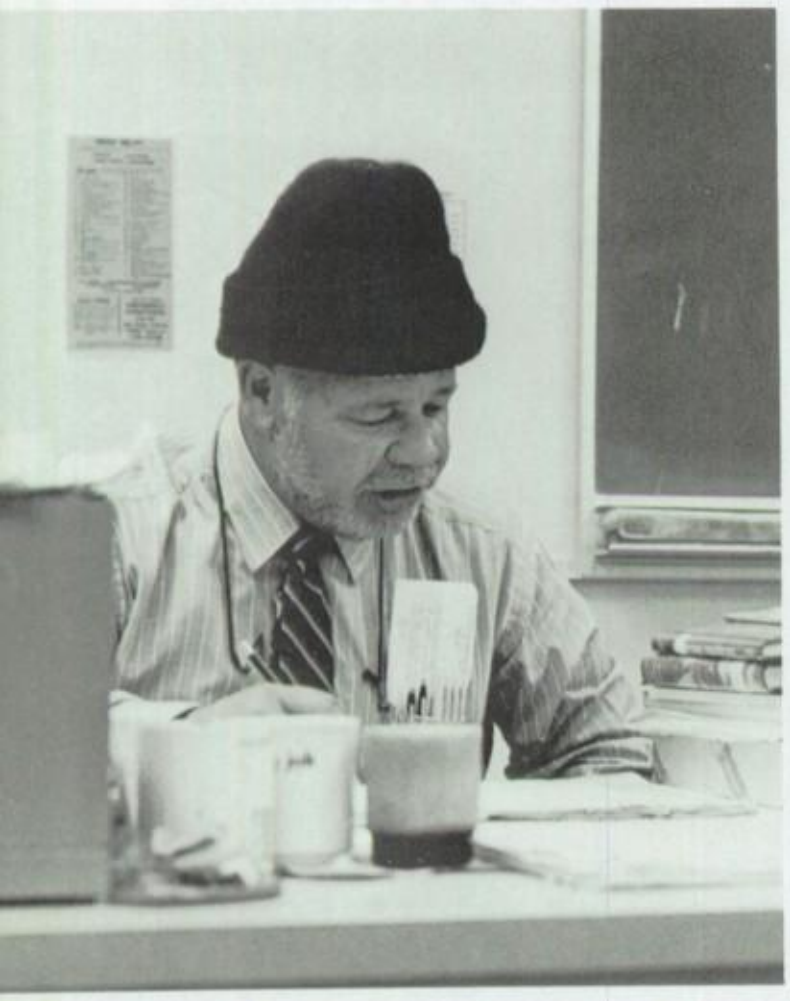
Every student at Poway High School has taken a course from the Social Science Department. Civics, U.S. History and World History were a few of the classes required for graduation. Because of this, many students acquired new knowledge dealing with current events and information relating to our country's history. Mrs. Fulwiler replied, "One major objective of this course is to make the students aware of the freedoms that we enjoy in a democracy and that people in the past have made possible for us to enjoy our freedoms."

Also, the Political Faire put on by the Social Science Department enabled the students to learn more about government issues, facing the United States. "The faire gave me a chance to pick up interesting pamphlets on subjects that are important to the world," stated Diana Guerrero.

Jenny Graff concluded, "I've learned a lot through my Social Science classes, it taught me information about the United States."

Reviewing for the test, **Mr. Holz** *dictates notes off the chalkboard.*





Mr. Bresniker *reads the latest psychology magazine.*

Jennifer Lukenbill *asks* **Mr. Hall** *about the homework.*

James Bell
Civics, U.S. History

Lois Bernstein
Applied Economics, Civitan

Gary Board
U.S. History

Nancy Bob
U.S. History, World History, Key Club

Joseph Bresniker
Psychology, World History

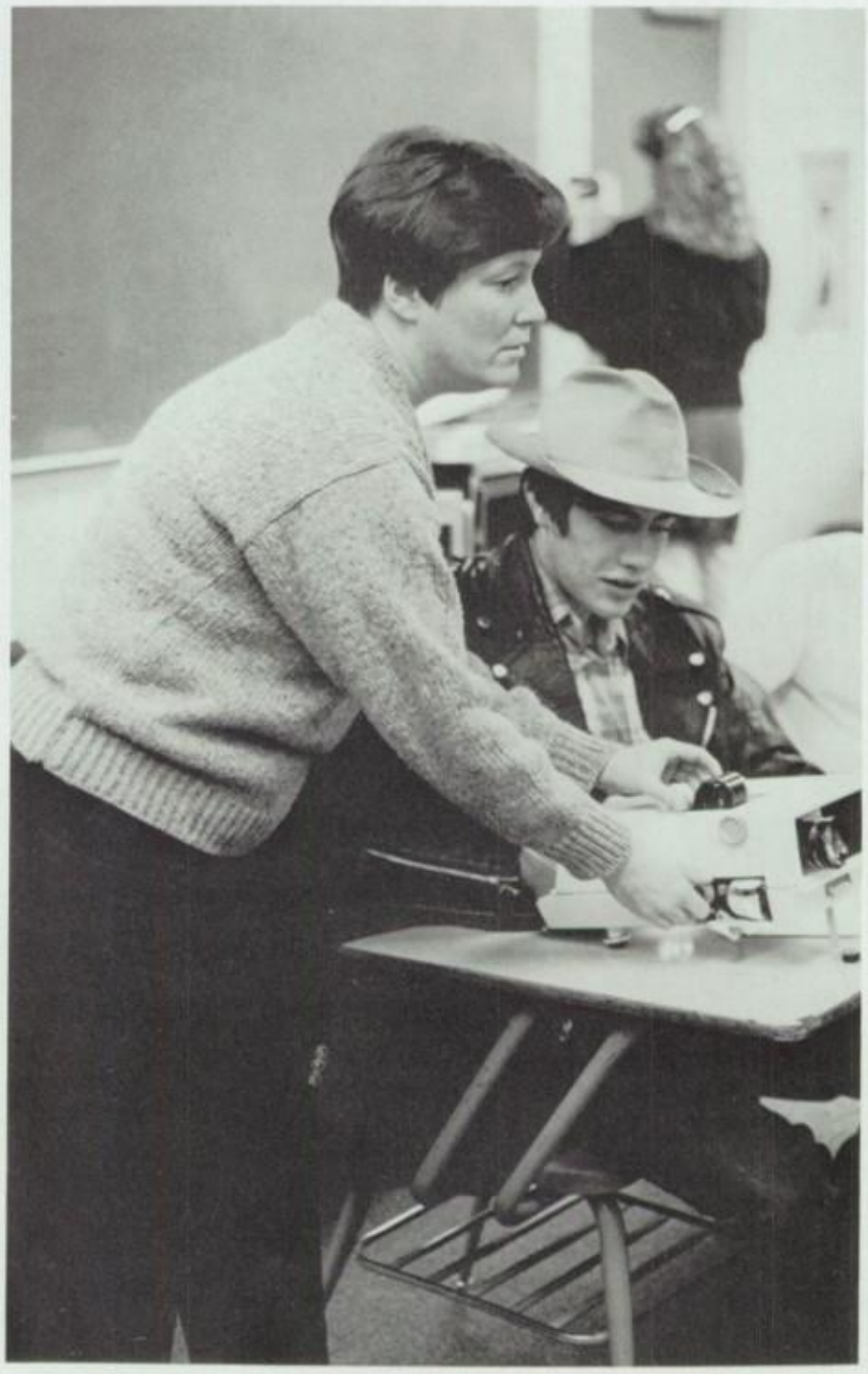
Mary Fulwiler
U.S. History, AP U.S. History

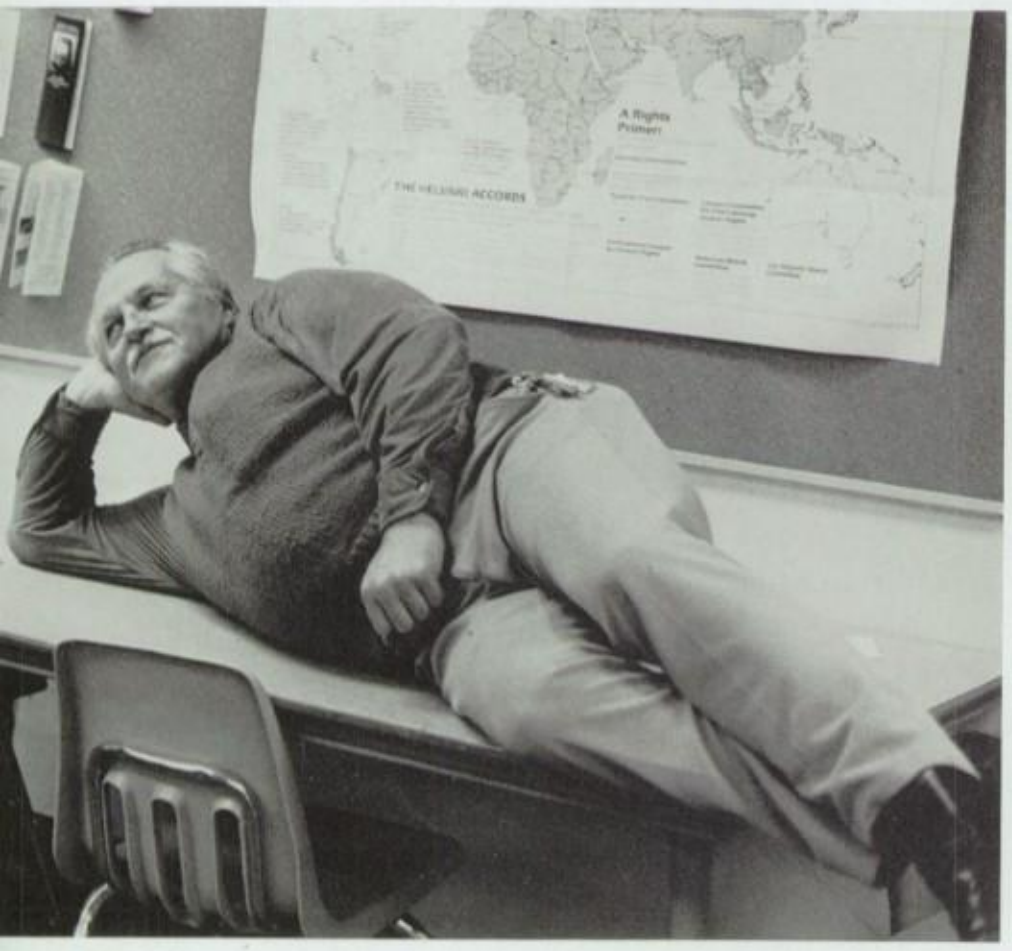
Raymond Hall
Applied Economics, U.S. History

Evan Holz
Civics, Modern Economics, Drivers Education

Tom Middleton
Civics, Modern Economics, Court Room Procedures

Mrs. Bob *sets the slide projector on* **Chris Long's** *desk for the slide show.*





Relaxing at the end of the day, **Mr. Middleton** *thinks about the weekend.*

Mrs. Fulwiler *listens to a student's reply to the history question.*

Facing The Future

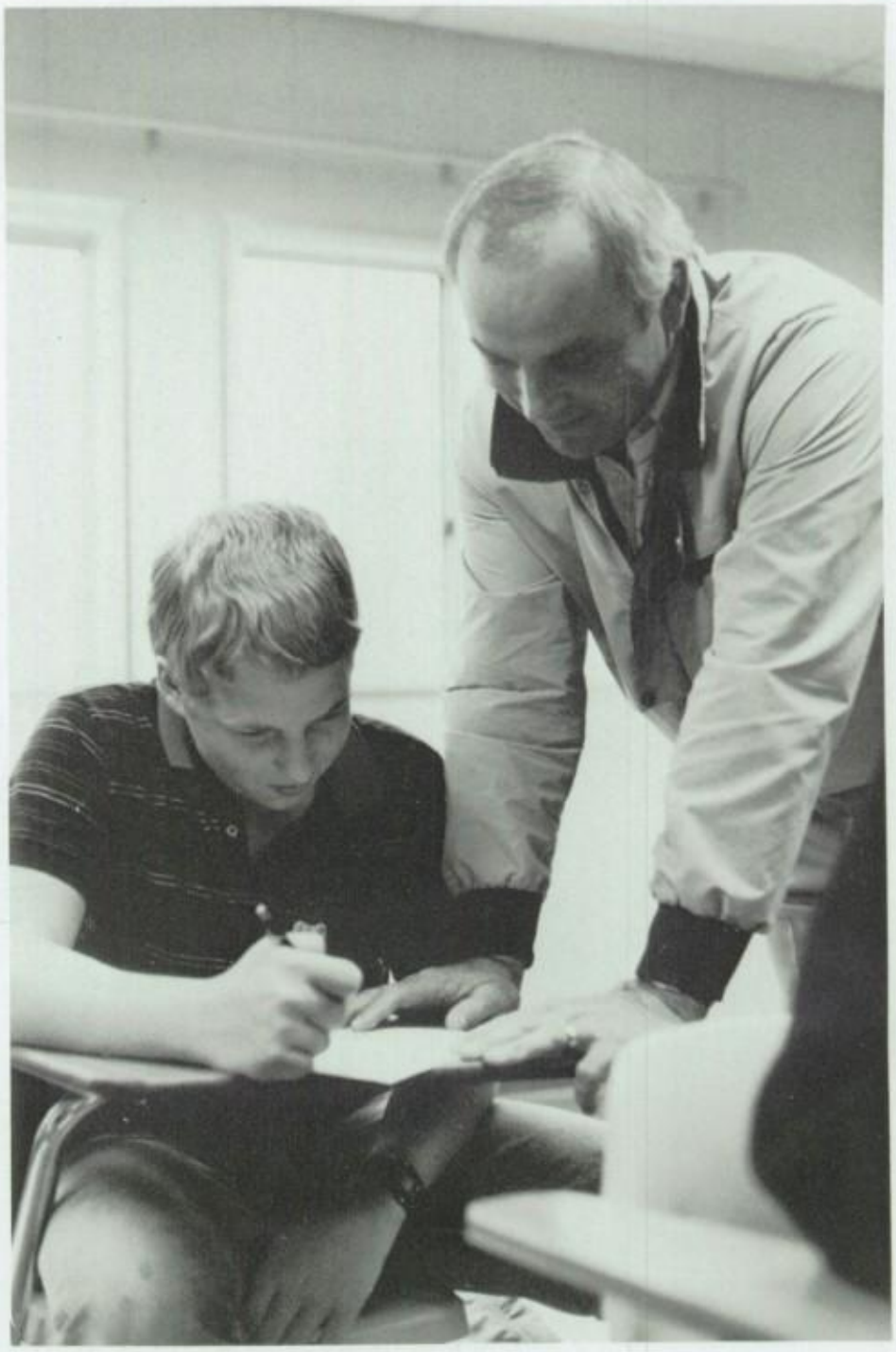
By Gretchen Beck

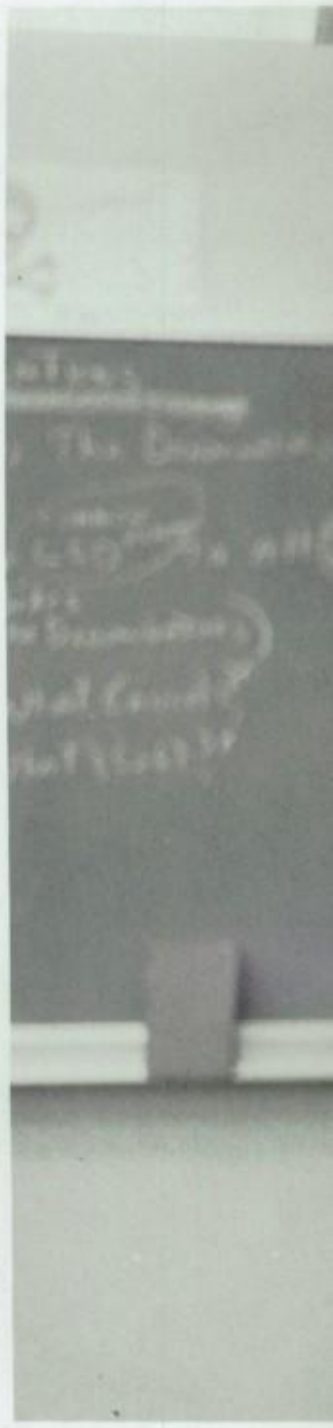
"Within the subject of mathematics there is a two fold purpose, to prepare students for college entrance, and to train them for the vocational world," stated Mrs. Turpin. And with an excellent Math Department such as Poway High School's these purposes were alotted to the students. Mr. Gibby remarked "We have one of the strongest Math Departments in the county." The teachers' ability to prepare students definitely could be seen in the Advanced Placement Tests that were given, in which ninety percent of the students passed.

A new course in mathematics was added this year. The course was called Intermediate Algebra. This course was suggested to be taken after Geometry, allowing the students to concentrate on the heavy advanced stages of Algebra, without having to go into Trigonometry.

New teachers as well were added this year. Mr. Elrod and Mr. Koelzer brought the total number of math teachers up to eighteen. And not only did Poway High School's Math Department add a new class, as well as new teachers, it prepared students for a life after high school.

Mr. Walker *and* **Bill Dotson** *work on the Geometry proof in preparation for the semester final.*





Donna Asch
Algebra, Math Analysis, Keywanettes

Lee Carson
Math Analysis, Pre Algebra

Beverly Clark
Algebra, Inter. Algebra

Denise Davis
Geometry, Math Conc., Colorguard

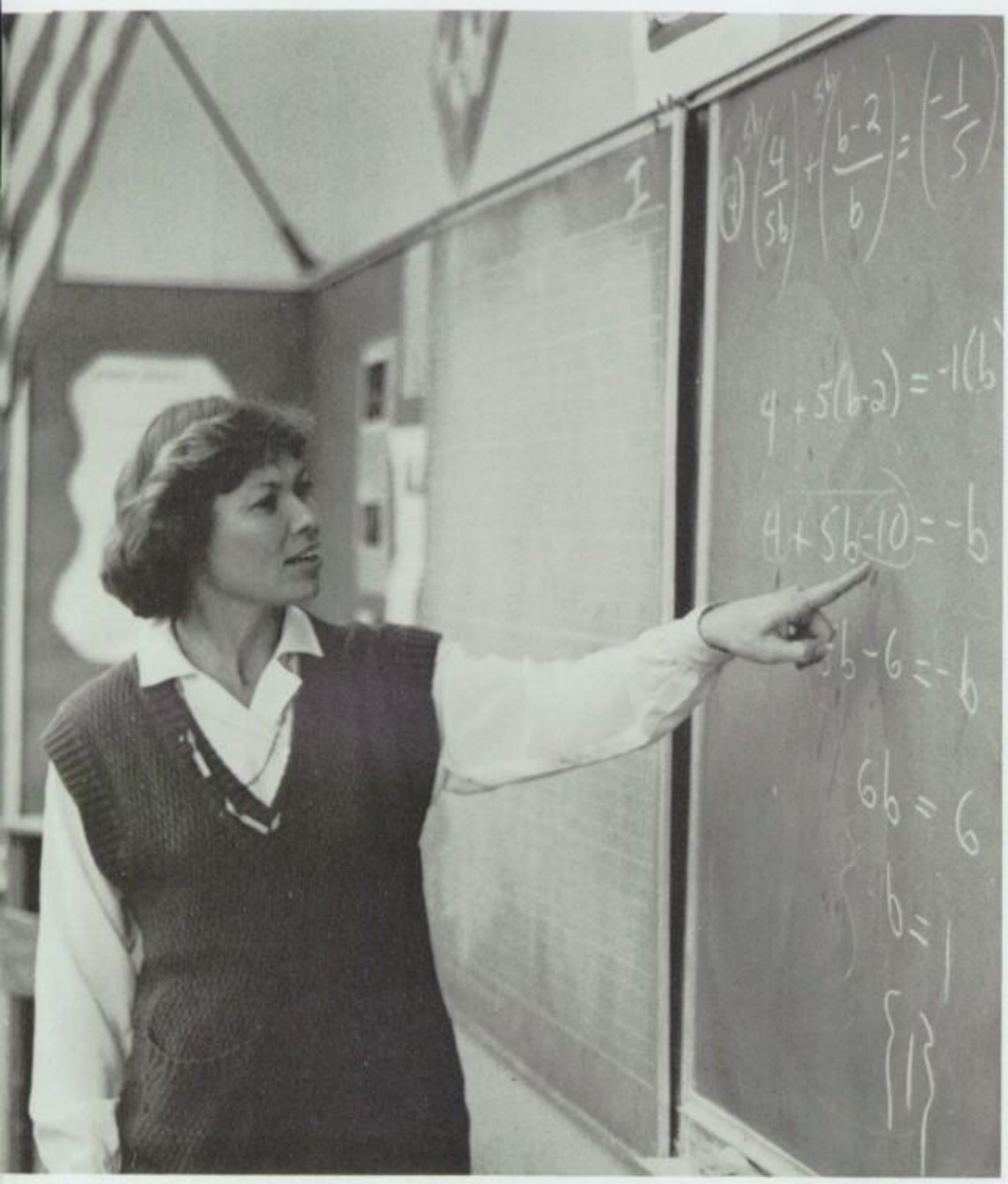
Brad Elrod
Algebra, Football

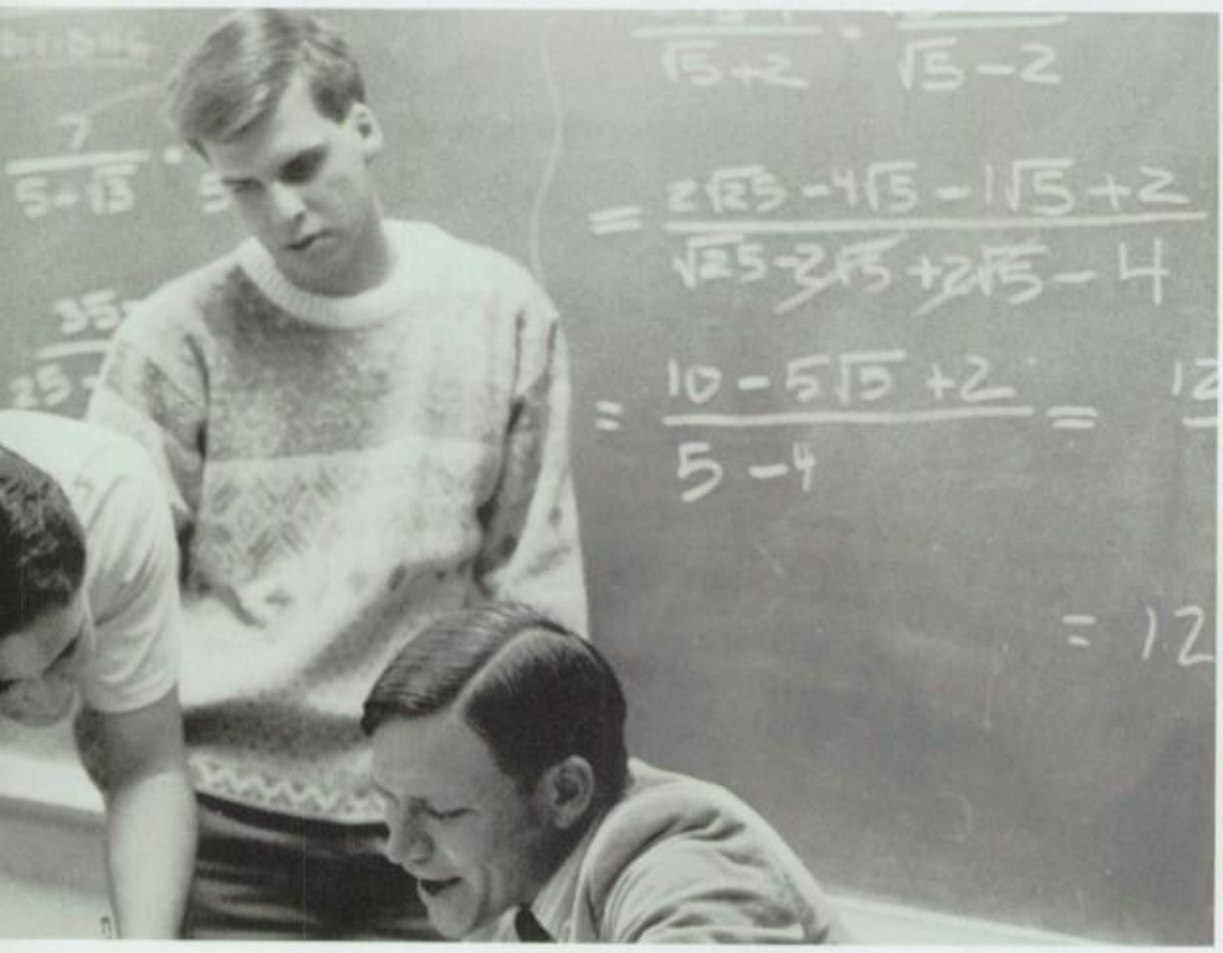
Larry Foster
Algebra, Pascal

Bob Franklin
Algebra, Geometry

Marlow Gibby
Geometry, Pre Algebra

Mrs. Turpin *points out the correct procedure for the math problem.*





Mike Lerner *leans over* **Mr. Franklin's** *shoulder to see what his grade is.*

Keith Koelzer
Algebra, Math Conc.

Jackie Laurson
Math Conc., Pre Algebra

Mark Liska
Algebra, Geometry, Department Head

Bruce McKay
Cons. Math, Geometry

Cliff Mehrtens
Foundations, Math Conc.

Scott Parker
Cons. Math, Geometry

Anita Turpin
Calc AB, Math Analysis, Keywanettes

Dave Walker
Algebra, Geometry

Norman Weiss
Algebra, Calc. AB, Math Club, Computer Club

Anna Wilson
Algebra

ROP Offers Job Trades

By Stephanie Allen

During the past year, many students participated in Regional Occupation Programs. These classes offered job training skills to county residents aged sixteen and over.

Among the ROP courses, was a class that taught Animal Health. The instructor, Mr. Stauf stressed, "We train the student so when they leave high school they will be able to go right to work, at a level above a basic hiree." Whereas another ROP class, Child Care, developed the basic fundamentals of helping a child through his growing years.

The students taking the class began a four-week training period in September. Mrs. Kimball, the head of the child development center, provided insight on how to let the young children explore skills that would help them learn from others. The students who interacted with the children also gained a valuable education. "By watching them grow, it helps me learn of what I want to do in the future," commented Kris Sampson.

ROP classes were an important part of the education system at Poway High School.

Fred Brown *feeds a cow as a requirement for his Animal Health class.*

Dan Stauf
ROP Animal Health, Animal Science, Intro to Ag., ROP Landscape.

Virginia Rhodes
ROP Restaurant

Jennifer Stralow *entertains the children by helping them color.*

Lorraine Flora
Special Ed.

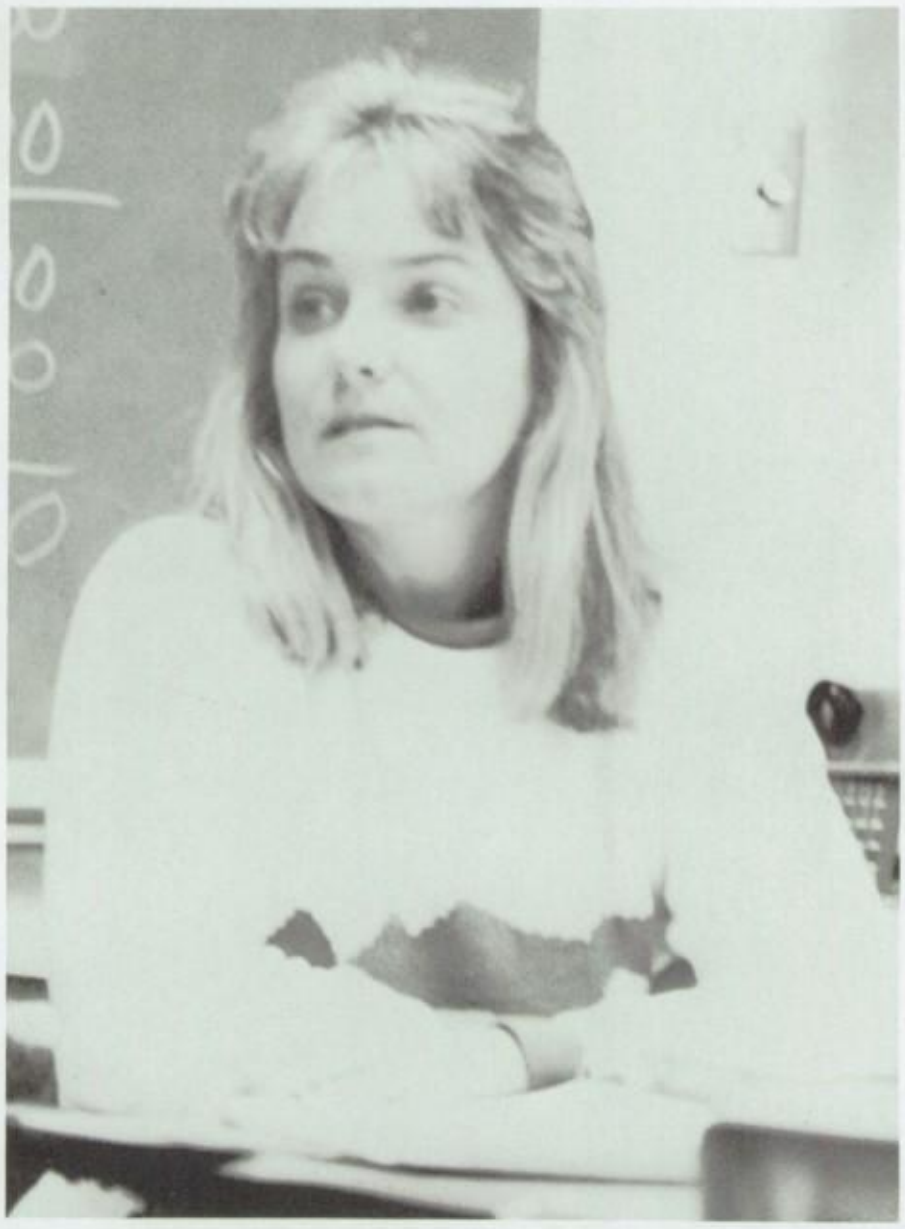
Tamra Rollins
Special Ed.

Emily Shieh
Special Ed., SYSOP

Margaret Smith
Special Ed., Department Head

Maribeth Wilson
Special Ed.

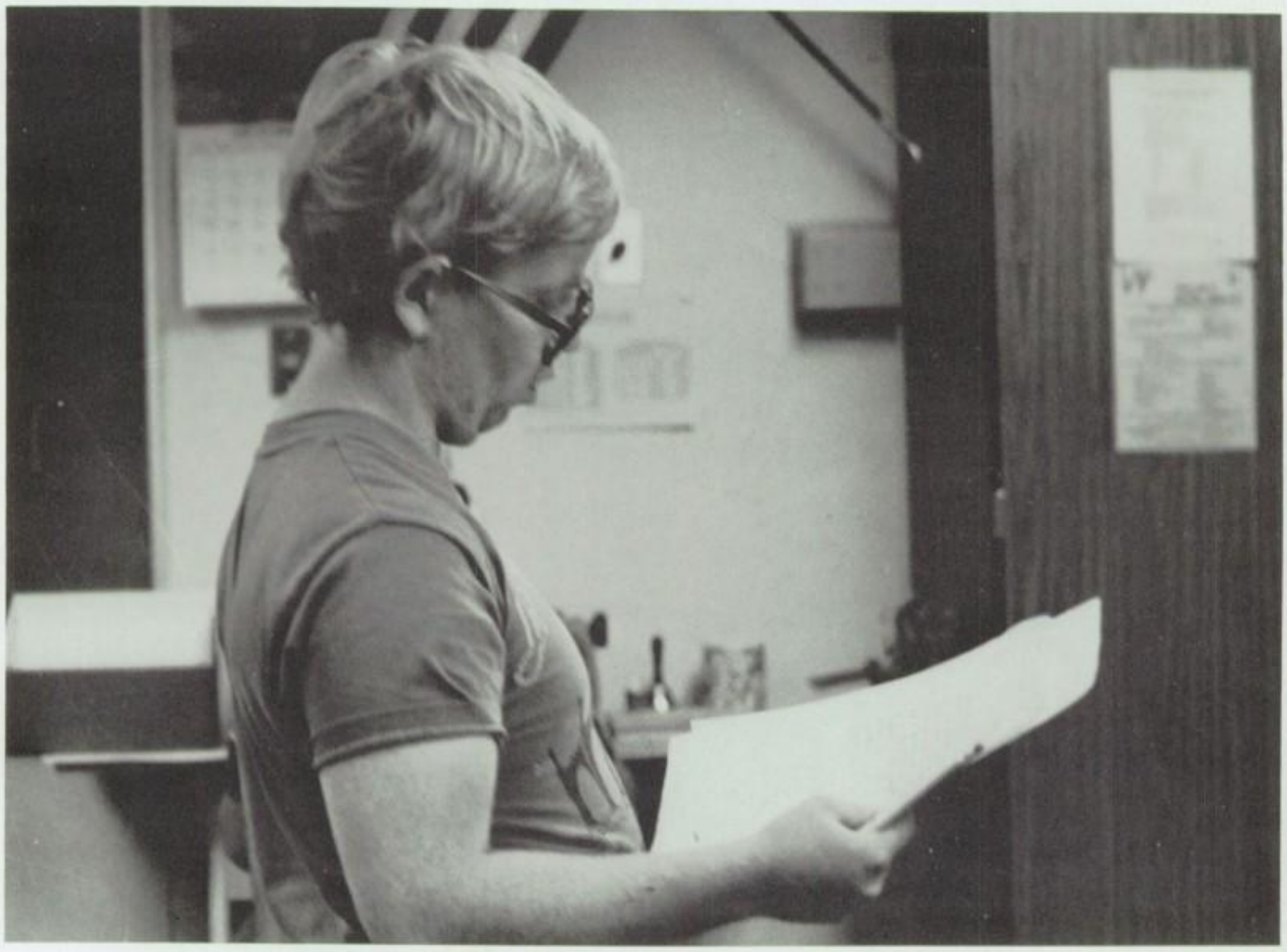
Mrs. Wilson *listens along with the class discussion.*



Goals To Benefit Life

By Gretchen Beck

Ambition and determination were major components of Special Education students' goal oriented year. These components could be seen through vocational training programs which enabled them to learn certain types of work. Many of the students were able to experience working at particular areas during school hours. A few places where the students trained and worked were the District Transportation Department, and the Rancho Bernardo Convalescent Home. The Senior Civitan Club and a Poway Unified School District van provided transportation for the students to get to their various work areas. Maribeth Wilson concluded with an overall view of what she would like to see the students gain from this curriculum. "The goal of the Special Education class is to provide on-the-job training to our students for competitive employment and a productive life after high school."



Reviewing for his semester finals, **Dennis Roesner** *scans the paper for some last minute information.*

An Interest In Learning

By Stephanie Allen

"My physical science class has taught me a lot about the world around me," commented Kari Becker.

Courses ranging from Biology to Chemistry were offered to the student. Often these courses left many students confused. In the Chemistry courses extra credit was offered to the student. This way one could benefit in the learning aspect as well as in helping their grade. The extra credit was on computer disks, which would take the student step by step, through many types of difficult problems.

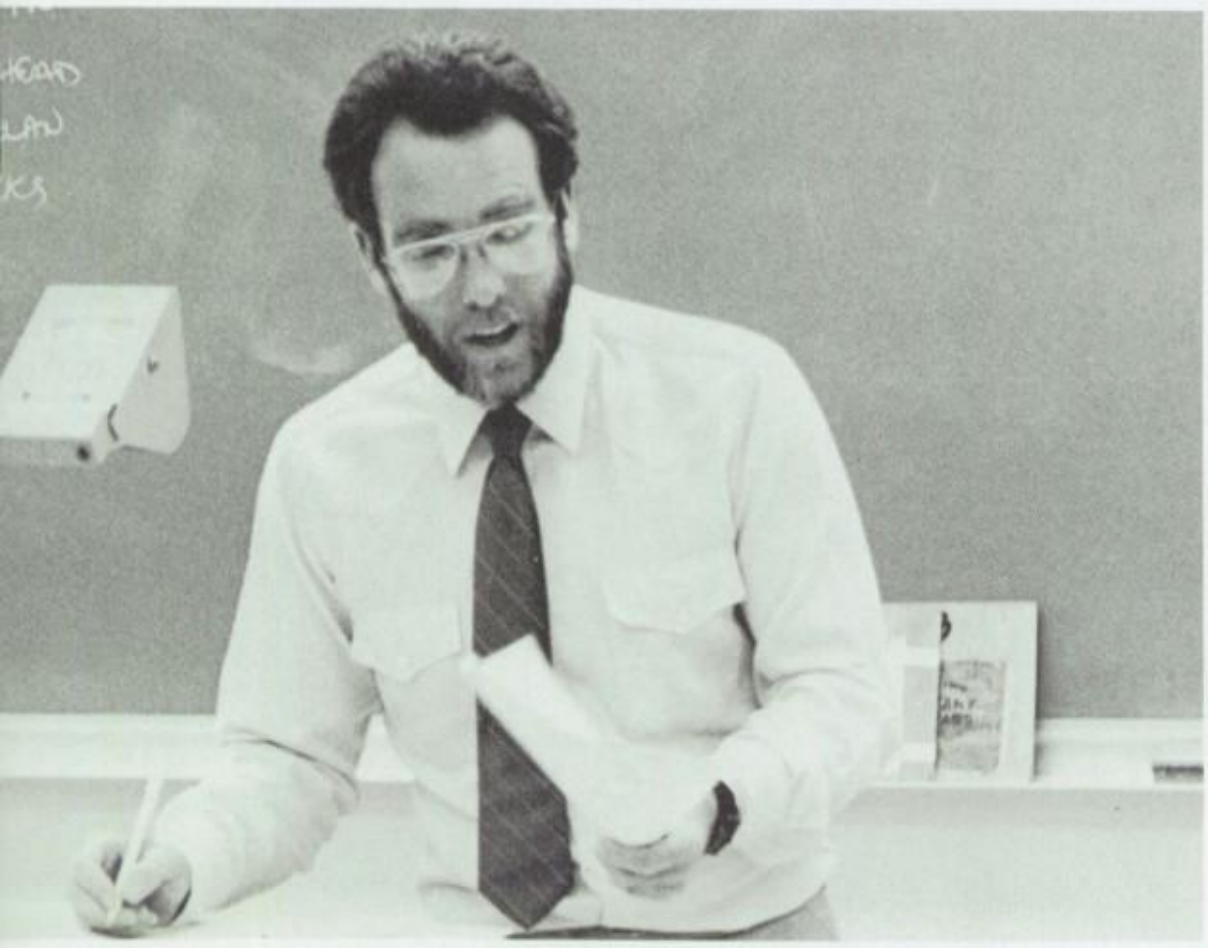
The science teachers also tried to make their classes interesting. "I try hands on experiments in science, so it will be a learning experiment of why something happened," remarked science teacher Melavel Odviar. Students also felt the same. "I have learned a lot in science this year, the teachers make it very interesting with experiments, and different ideas of learning, made it even more enjoyable," stated Christy Fortney. And by making the classes interesting the students learned more and enjoyed the classes as a whole.

Mrs. Behrhorst *points out to* **Kelly Richardson** *that they are going to study the octopus in the lab.*

Joann Schlecht *and* **Larry Small** *ask* **Mr. Flanagan** *about the experiment.*

Mrs. Wagner *tells the class why the fruits are a certain color.*

Mr. Campbell *remarks about the excellent test scores on the latest Oceanography test.*



Jan Behrhorst
Oceanography, Zoology, Skin Diving Club

Ian Campbell
Oceanography, Life Science, Softball, Surf Club

Bob Champion
Oceanography, Physics, Varsity, Ski, Junior Class

Dix Davis
Biology, B-7 Lunch Bunch

Don Jones
Physical Science, Track, Football

Sharon Lessard
Biology, Academic Team

Tom Martin
Physical Science, Oceanography, Track, Soccer

Marv McMurray
Chemistry, Physics

Mike Mello
Biology, Department Head

Lynn Menius
Biology, Oceanography

Melavel Odviar
Physical, Basic Science

Alan Torretto
Biology, Football, Wrestling

Shelley Wagner
Oceanography, Biology, Senior Class

Leisurely strolling, through the classroom, **Mr. Jones** *eyes a student.*

Assistants Give Help

By Gretchen Beck

"Oh no I haven't learned my Algebra chapter yet and tomorrow's the test": a common statement which could be heard in the math resource center. Through Poway High School's assistants, students dilemmas could be solved. "The assistants are always willing to assist me with problems on homework," stated Tom Bonnette. The students felt that it was worthwhile to be able to come out from talking to an assistant, and to know the particular subject material. "I think it's rewarding to the students because it gives them a better feeling for whatever subject they need help in." Not only did the students find it gratifying but the assistants felt the same. Pat Lee, an assistant stated, "It's rewarding to me to help students, and then to see the spectacular results." Mr. Barone summed it up by saying, "The assistants do more than just type and answer the phone. They do a superb job of dealing with people, adults as well as teenagers."

Mrs. Gripkey *prepares the next chapter test for the Geometry classes.*

Mrs. Magana *reads the daily student menu.*

Typing a business manuscript, **Mrs. Hecht,** *looks ahead at her next assignment.*

The cafeteria workers help to satisfy the students hunger.

Irene Billingsley
Spec Ed Aide

Margaret Brown
Campus Supvr

Elaine Durham
PE Aide,
Cheerleading

Candace Frankfather
Voc Ag Aide

Lois Harmon
Spec Ed Aide

Lillian Hecht
ROP Bus Aide

Patricia Lee
Spec Ed Aide

Claire Murray
Campus Supr

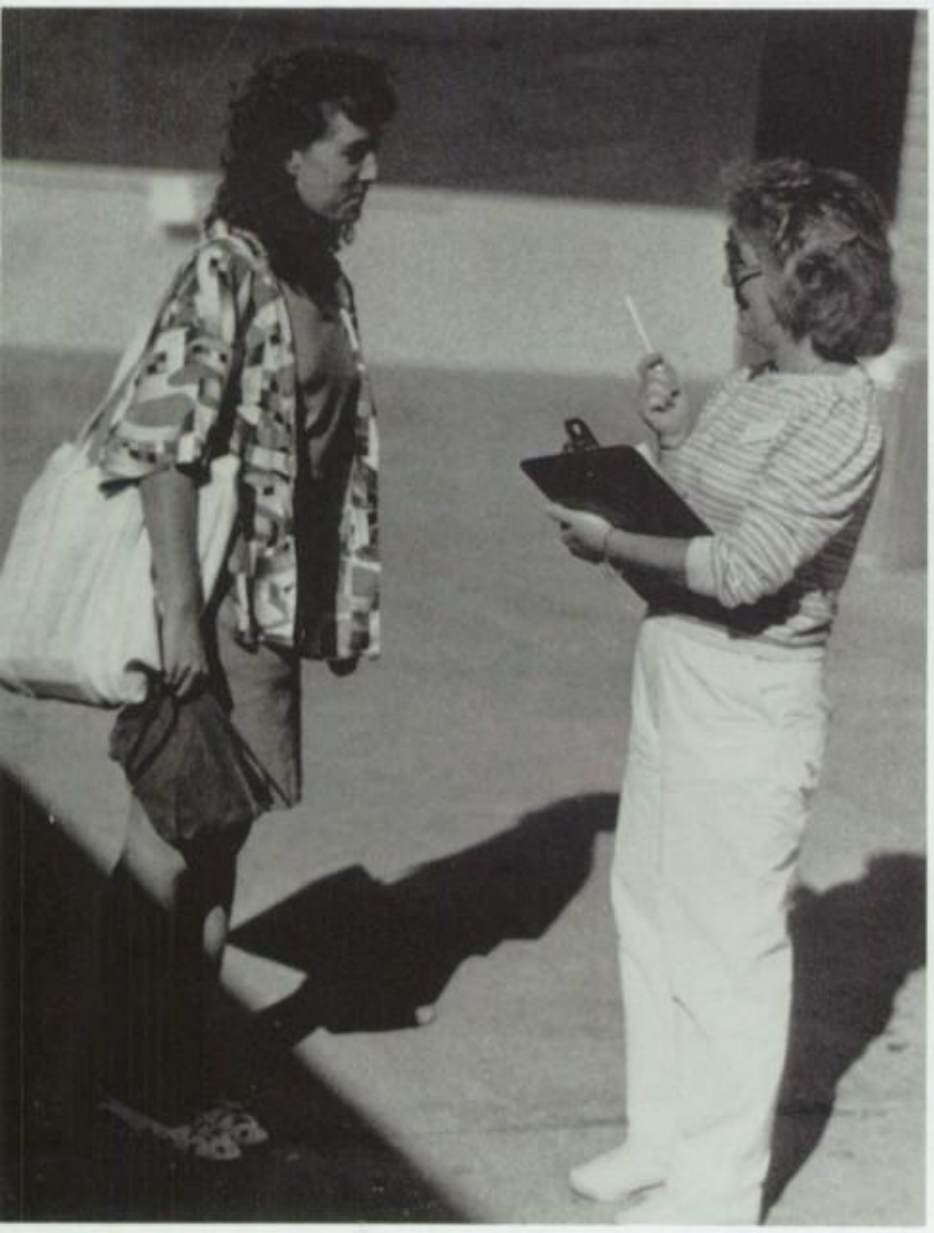
Lorraine Nevit
Spec Ed Aide

Geneva Peet
For Lang Aide

Marilyn Phillips
Spec Ed Aide

Tami Tadlock
Aide

Sally Wohlmacher
Campus Supvr.



Mrs. Schmidt *asks* **Michelle McClure** *for her hall pass.*

CHARGE! And out rushes the incredible mass from the P.E. area

Mini-Mag

Debbie Cociardi bites her tongue in disgust over the comments that her friend *Julie DeMarco* insists on repeating.

Becky Magnan screams to *Andrea Tracy*, "He is dancing with someone else!"

Diversity Among Styles

Fashions, fads and the latest styles remained an important outlet of individualism with the students of PHS over the 1987 school year. Flashy colors and styles uniquely separated each of the students that attended the school. The year of 1987 also brought on many student opinions and feelings. The general student population seemed much more aware of the things that were going on around the campus than in past years. "The students seem to know their rights as individuals, and they are standing up and fighting the issues that they don't agree with," stated one anonymous teacher.

Controversies such as legal banning of the smoking area, the MORP dance issue, and other key episodes started the students vocalizing their opinions. Pilar Melendez added, "I think that the administration should instill more trust in the students! We're not all trying to break the rules!"

Overall, the year went relatively smoothly, and the students carried on with their activities and lives as usual.

If the Style Fits
Wear it

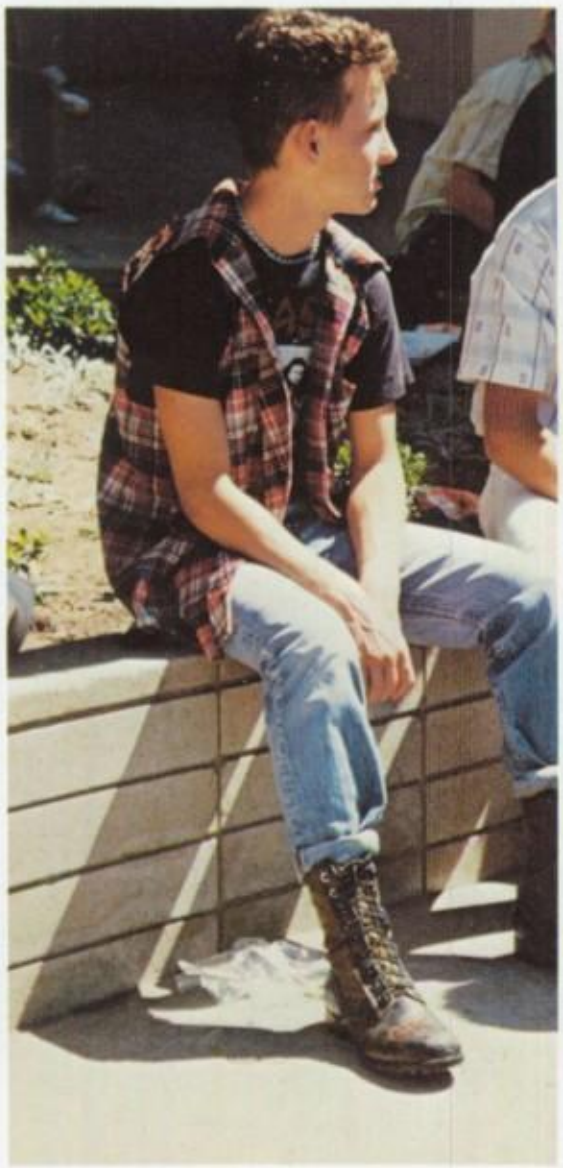
By Julie Dickinson

What is fashion? Well, it's the way and style that an individual dressed. And PHS students do know their fashion! The key to looking great was obtained by many of Poway High's most fashion conscious people. By walking around campus, one could witness the latest "trendy" styles, the preppy look, the surfer look, and every other style that could come to mind.

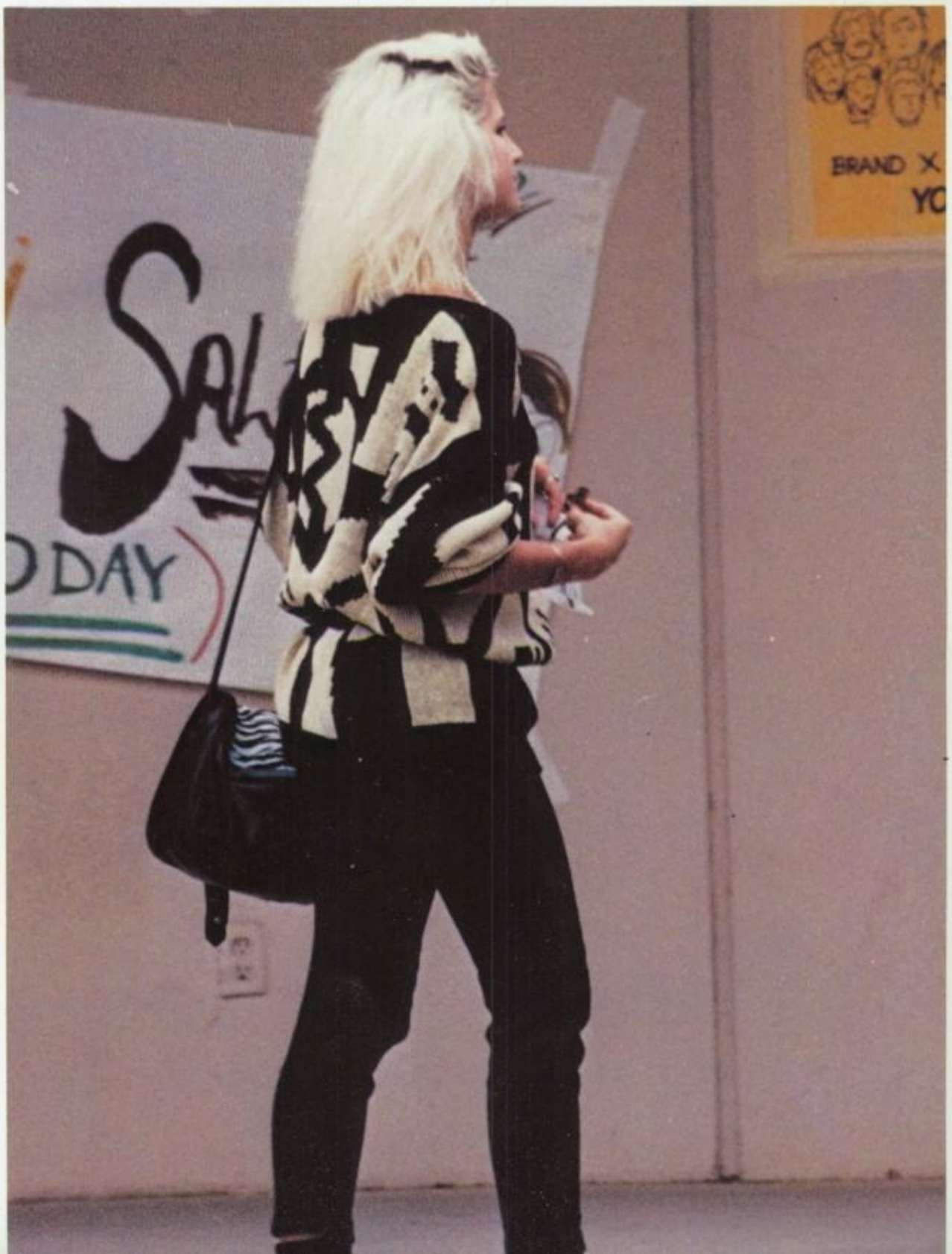
"Variety in fashion is great. That way we don't have a school full of clones!" stated Irene Karvellas. "I like the fact, that at PHS you can wear whatever you want and no one really cares," said Teri Miley. Fashion around PHS was pretty flexible over the 86-87 school year; there wasn't really a right or wrong. Top fashion designers called this year a "year of transition; no one really knows what's in or out."

Leif Gigstad commented on the fashion around PHS, "It keeps school interesting." One student said, "There are a lot of groups of people who dress alike, almost identical. But that's just some of them; there are a lot of *very* individualized people too. Basically, PHS students have class!" Fashion, as well as other aspects, played a very important role in the student's lives.

A touch of the sixties, a mini-skirt with high, suede boots.



Neil Towne's tie-up boots and cut-off flannel shirt, display the unique styles found around PHS.



Courtney Holden attractively wears a stylish black outfit.

What Do You Think?

What are your favorite styles of the past or present?

The hippie look, Long hair, dirt in the toenails, bell-botton jeans. — Glen Tripp

The Wham look! I love those big shirts with the huge letters! — Michelle Bellefeuille

Roman and Greek togas with olive branches in the hair. — Tom Vertetis

Definitely the Flynn Jones Look!!! — Flynn Jones

The twenties, with drop waist dresses and zuit suits. — Carolyn Salazar

The Guess styles. Jeans, shirts and jackets. — Charity Elmore

The Madonna Look! Shirts with no front; black and lacy. — Brian Korgel

Comfortable jeans, sweatshirts, and definitely tennis shoes! — Laura Daren

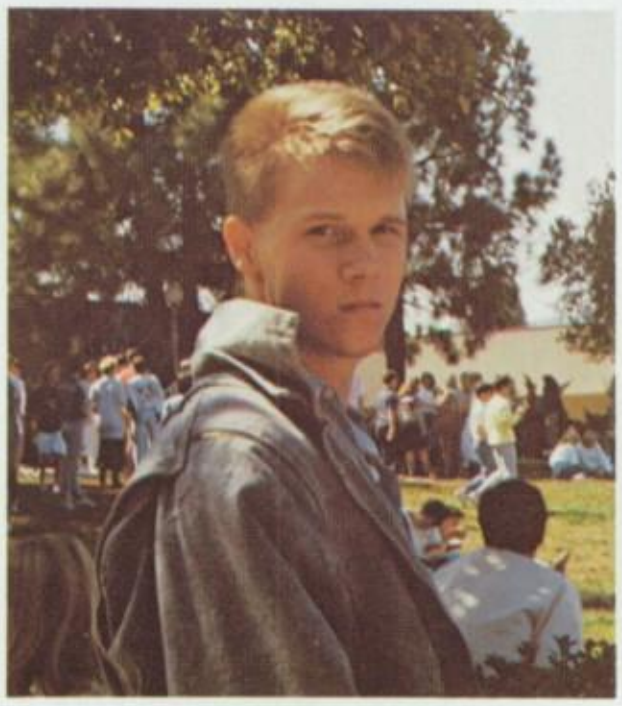
The traditional and Ivy League look. — Mr. Holz

The fifties, with the letterman jackets, and rolled up jeans. — Matt Guerena

Psychedelic sixties! With the short mini-skirts and heavy makeup. — Carrie Strom

The trademark of the eighties; the Swiss "Swatch" look, very popular among PHS students.

Porche Melendez brightens up the campus with her colorful and stylish outfit.



Bill Klasnic looks tough as he glares over his turned up jacket collar.

Liza Yum attractively wears the ever-so-popular "cool" leather jacket.

The *PHS Varsity Cheerleaders* show that they even look great in garbage bags.

WHAT DO YOU THINK?

What has been the single most important part of PHS to you and why?

To do well in school and receive good grades and participate in activities to become well known — Greg Brown

Graduating — One day soon I'll be out of here — Anna Jacobs

The most important aspect of Poway High to me has been the influence Coach Fisher has had on me as an athlete and person — Leif Gigstad

The people. They're more open and relaxed than in the city — Jon Jaro

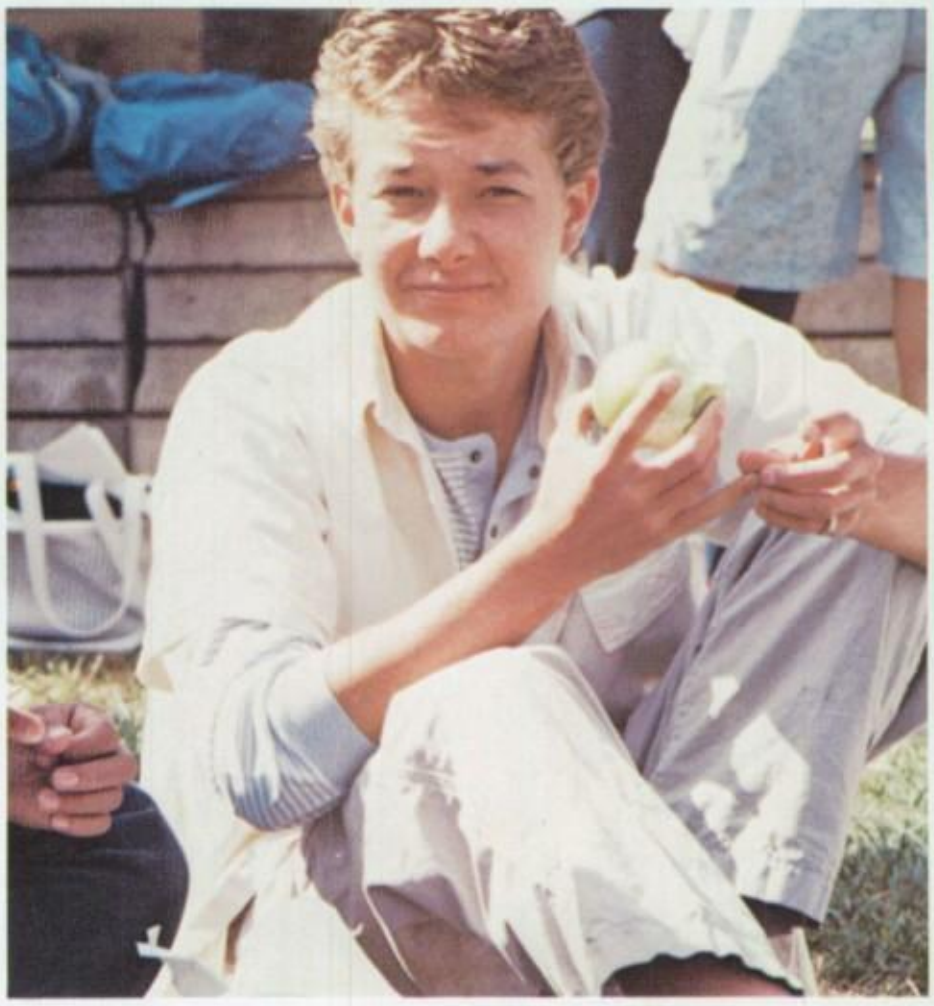
The band. It helped me to finalize my career choice, and gave me leadership experience — David Nelson

The people. I've met a lot of really nice people and have grown through them and they've always been there to support me — Jennifer Stampfli

Teachers. I want to learn in school and go far in life — Christie Allen

Dances — Rusty Place

Trenace Beaudet and Tricia Graham smirk as Kim Krohn shares her gossip.



Todd Simpson ponders his health while eating his apple for the day.

Opinions Enable Self-Expression

By Tonia Reinys

From corners of the school, extending from the far reaches of agriculture across the quad and out onto the athletic fields, students expressed their views this year. Cluttered blackboards proudly commending or denouncing the people and ideas at Poway High remained full for the duration of 1986-1987 in the girls E-Building bathroom. Personal views also were discarded by the paper tons as used essays, journal entries, and friendly notes made the one-way plunge into the garbage. In many ways, each student at Poway High voiced his or her opinion. Junior Jon Jaro felt that this openness on campus was unique to Poway High School. "The people here are much more open and relaxed than those in the city. Poway is lucky to be far from there and all its bad attitudes."

With this willingness of self-expression, a variety of opinions could be found on a single topic. This diversity of thoughts and styles mirrored the individuality of the student body. As differences in age, background, personal tastes, and interests affected the appearance of the individuals, thoughts also reflect these differences.

Devoted fans prepare to cheer on the PHS football team upon their return.

Chris Blackburn enthusiastically accepts another sweepstakes trophy.

WHAT DO YOU THINK?

How do you feel about the education you are receiving at Poway High?

I guess it's all right if you really want to learn — Ted McCarron

It's lacking in innovation. While students are given a choice in what to study, they are given no choice in how to study — David Nelson

It's okay — Jessica Berger

It's rounded, but not time to meet college requirements — Derek Stiles

PHS has one of the best educational programs I've seen — Deanna Hart

Adequate. I feel most of the teachers could relax and have fun. I think if teachers enjoy their subjects, students will also — Anna Jacobs

I think that it's a good education — German Machada

This school gives More than I deserve — Brandon Zinsmeista

I've enjoyed Poway because of the friends I've made — Leif Gigstad.

I really love the freedom we get here — Libby McLaughlin

The students and teachers at PHS helped me feel at home — Dave Chmelka

Since I've been at Poway High, I've become more spirited — Mike Cormier

WHAT DO YOU THINK?

What do you enjoy most about Poway High School?

What I enjoy most is the music on Fridays at lunch. It makes the day go by faster — Jeff Schreiber

The freedom. It's not at all like junior high. I also like how the teachers trust you more. It makes you feel older — Kathy Wolski

Going home early on Wednesday and Thursday — Erik Pizytulski

I enjoy the rural location of the school — Nathan Rollins

Meeting people and teachers — Sean Poza

The sports program — Steve Pineault

I enjoy the individualism. There are not many cliques and each student goes after what he wants — Andrea Cygelman

Garrick Tomiyama tries intensely to weigh his sample in chemistry.

Rich Phillips strolls back to the locker room after a workout in PE.

Many students work hard to prepare their lab reports ahead of time.

WHAT DO YOU THINK?

What do you plan to be doing in 10 years?

In 10 years, I will be working and going to college — Lisa Taylor

I will definitely be teaching self-esteem in elementary school and working as an exotic hairdresser — Lori Raber

I want to work as an officer in the Army, Navy or Coast Guard — Keith Stevens.

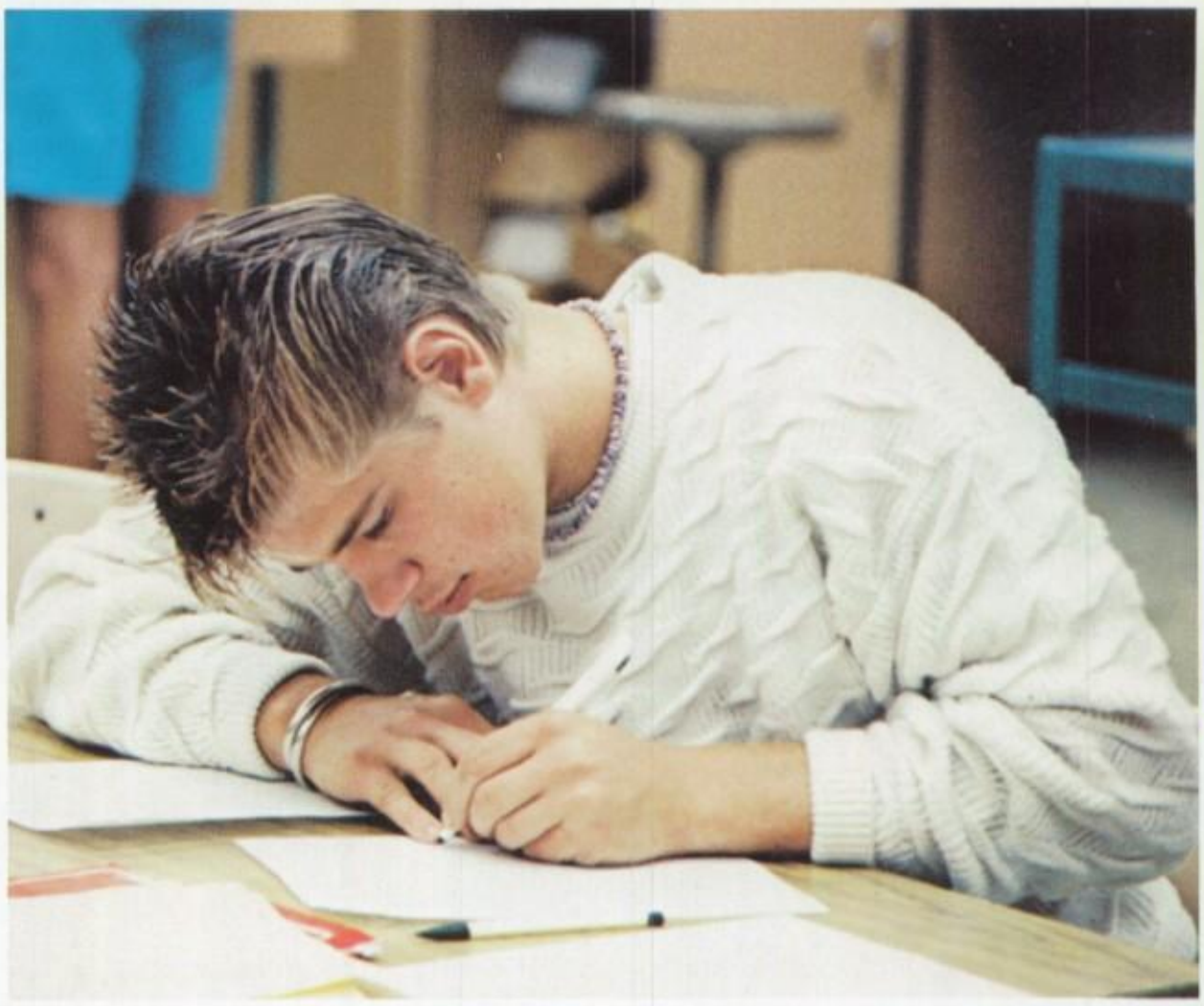
Being wild and free — Jessica Berger

I will be working in my own styling salon — Chris Newton

I plan to be single and rich and well on my way in the career I end up choosing — Matt Bailey

I guess I'll be a county park ranger somewhere — Steve Pineault

I want to study journalism in college and work as a foreign correspondent later — Tania Stepanek



Life is like grass, when you think you're growing, you get mowed down. — Mike Heap

The majority of teachers don't take time to explain the topics — Kim Wayland

To freshmen: Buck up little camper, it gets worse — Bill Stoddard

WHAT DO YOU THINK?

What has been your biggest problem at Poway High?

Keeping my grades up and running the mile — Kim Visconsi

Waking up in time to get to school — Leif Gigstad

Passing U.S. History — Rusty Place

GIRLS! — Keith Stevens

As a cheerleader for the past three years I cannot help but to notice the students' lack of school spirit. Where is their Titan Pride? — Kristen Obenchain

Getting through Geometry — Michelle Hernandez

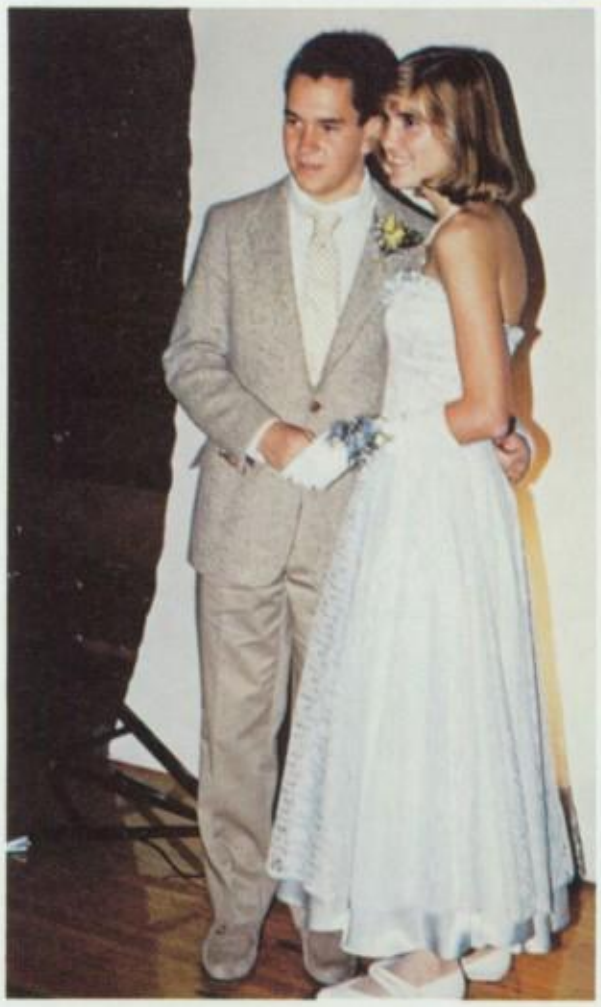
Trying to get out of the parking lot after school — Jeff Schreiber

Receiving a locker — Christie Allen

Chris Nutting finds humor in the expectations of his Math teacher.

Students relax, enjoying the humorous words of Pat Hurley.

Tim Hebling and Rene Hawthorne are captured on film at Homecoming.



WHAT DO YOU THINK?

What one aspect would you change about Poway High if given the chance?

Smoking and non-smoking classes — Ted McCarron

Smaller classes, but that is idealistic. Poway's growing too fast! — Deanna Hart

It would be great if there wasn't any detentions or for that matter any discipline — Desiree Del-Zio

"The Cliques" or "The Popularity Contests" — Kim Vito

Making a better parking lot — Dave Chmelka

I would try to change the administration's opinion about the immature attitudes they feel we possess — Kristen Obenchain

The Fences! — Keith Stevens

The P.E. department. I would make it so we didn't have to run so much — Kim Visconsi

The tardy rule, you should be given a warning the first time — Steve Pineault

I would change it so that there weren't any required classes to pass in order to get out of Poway High — Rusty Place

It would be neat if they had a racquetball team here — Brandon Zinsmeista

I would put stoplights on Titan Way and perhaps the parking lot as well — Nazi Khadem

Mike Tisdale joins the crowd in an attempt to get lunch at the food cart.

POWAY BURSTS BOUNDS

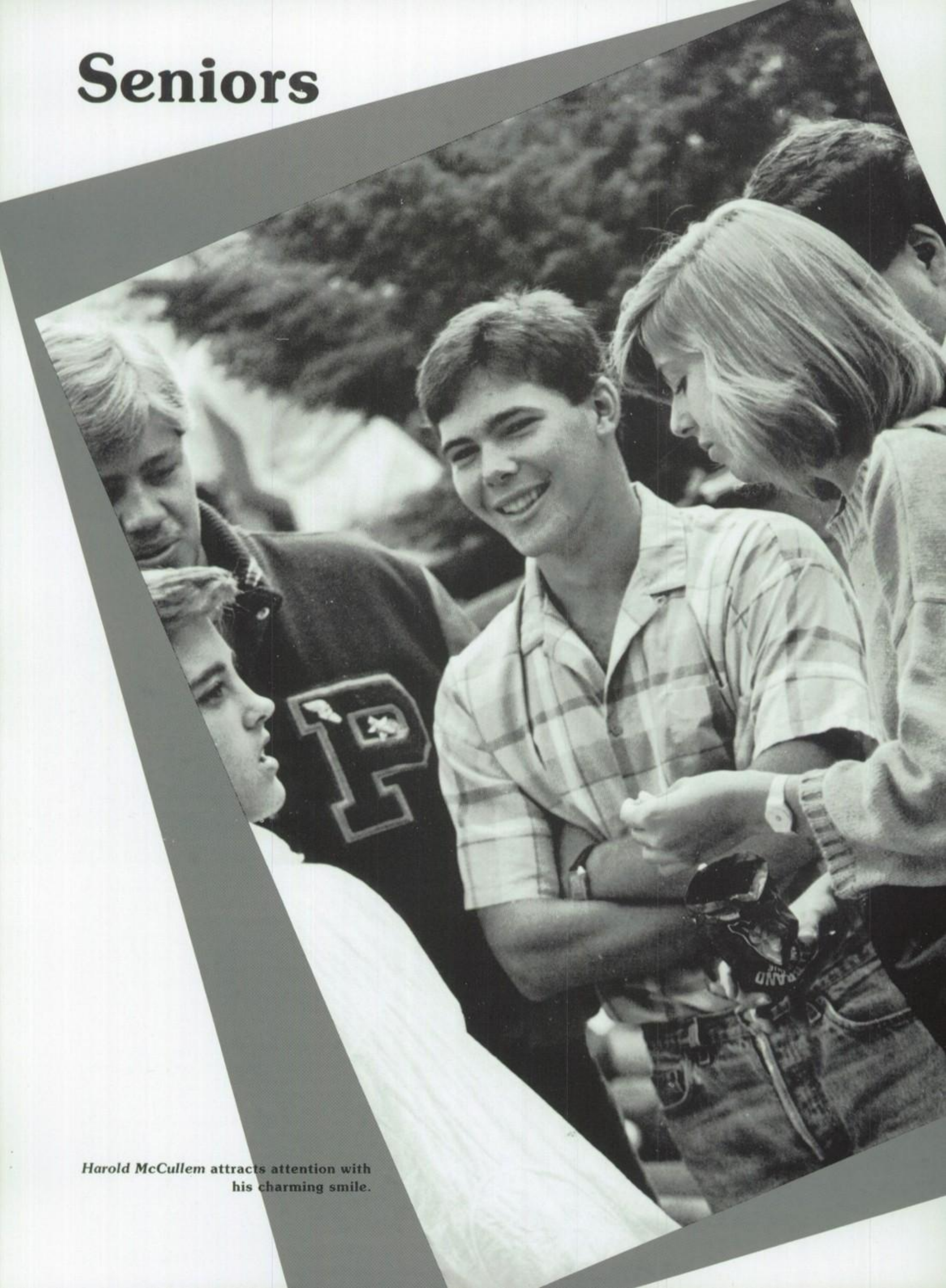
By Tonia Reinys

Tommy and Tina Titan shivered in a cold mist on a blustery January morning in anticipation of the bus's arrival. Moments later in a cloud of diesel smoke, the transport rattled to a stop and the fight for a seat began. Swarms of bus-banished students jammed aboard and endured the bumpy ride only to stop off onto the overcrowded campus of Poway High.

Students all over the school battled one another each school day this year as a result of the constant increase in enrollment. Lines for the bathrooms during break fell short of trailing out the door while enormous crowds buzzed anxiously around the red and white striped wienie hut. Classes spilled students from behind bulging doors upon the sound of the bell and locker blocks vanished from sight as masses lucky enough to receive lockers, stowed their belongings.

Even those students lucky enough to avoid the bus system were caught by the crowds upon the daily attempt to escape the parking lot. Upwards of 200 impatient engines raced in the struggle to ooze onto Espola Road. "There are just too many students at this school!" cried Amy Blackburn. ■

Seniors



Harold McCullem attracts attention with his charming smile.

Back for the Last Look

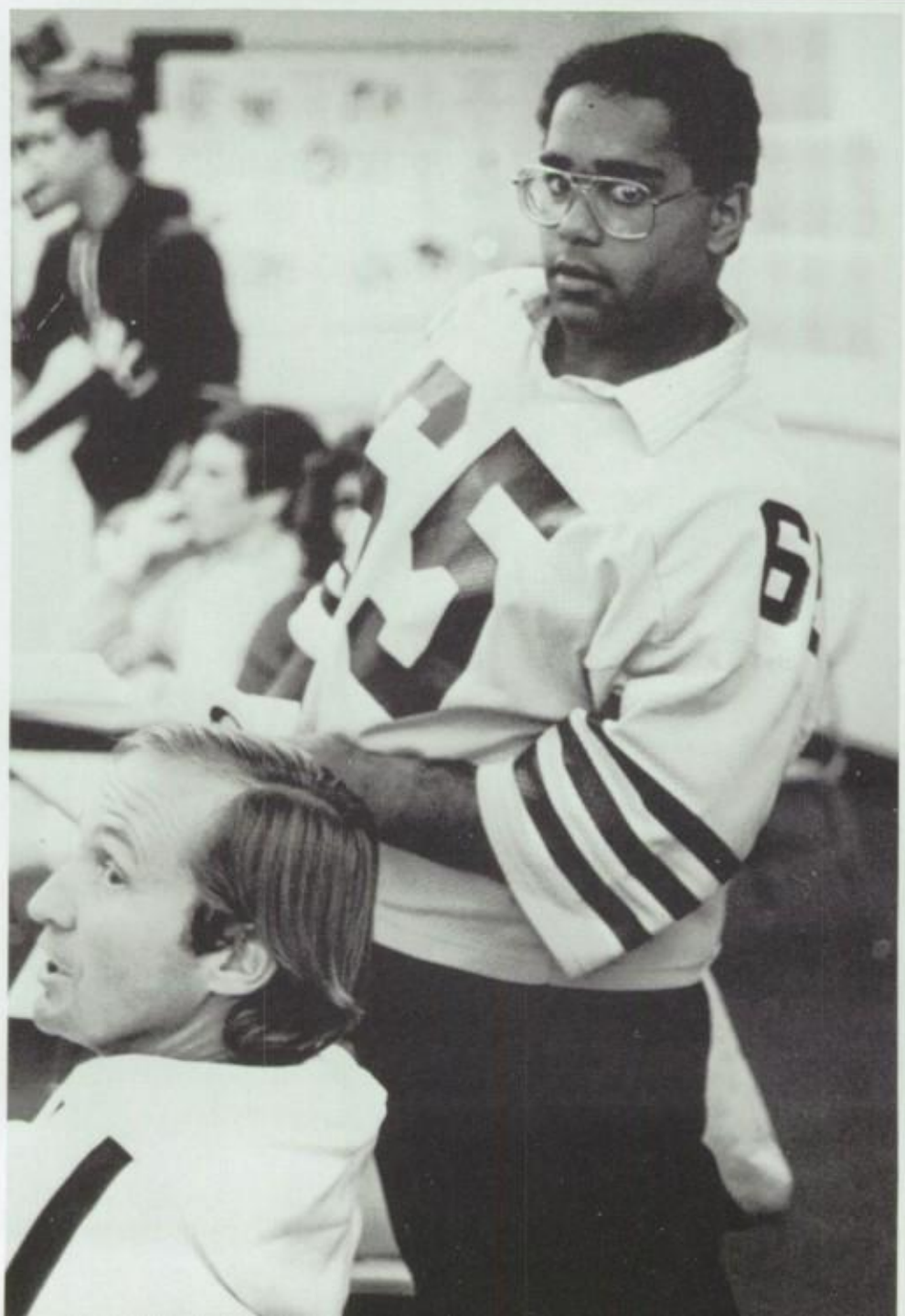
"We made it!" roared the class of '87 as hats and arms flew in the air. Graduation was filled with memories of four years of trial and error that will stay with this class for many years to come. "The thing that I will remember most about High School are the friends I made," stated Julie Farle. Students prepared to leave the security of friends, family and a lifestyle that had shaped their lives for the last four years. "I'm sort of nervous, but I'm excited too," admitted Bridget Gast.

Throughout their senior year many students suffered from that unavoidable disease known as Senioritis. As Tracey Winston recalled, "Your mind wanders and all you can think about is graduation." This was just one of the symptoms of Senioritis, some of the others were frequent absences and general restlessness in class. Civics teacher Mr. Holtz noted, "They spend more time thinking about the future than the present."

Seniors indulged in a fun and competitive league of broom hockey at the UTC skating rink. "I thought it was important to go," commented Kim Ryal, "because it was our last time to be at this school with these friends doing these crazy things." Class spirit was unified further by frequent tailgate parties that preceded home football games. "I got to know my classmates better," commented Suzy Southwood, "and I had a great time."

With the memories of long classes, romantic dances, and numerous sports victories cemented in the minds of the graduating class, they can move steadily into the future with confidence and experience. "It will be really different being in a new place away from my family," replied Kathy Egan. As the laughter and tears of graduation finished echoing through the long halls of Poway High, the senior class moved courageously into a world full of new expectations and demands.

Shahjehan Cheema is caught peeking over the shoulders of an unsuspecting Mr. Bradshaw.



Seniors Celebrate Third Victory

Debi Quesenberry

"Eighty-seven, eighty-seven, eighty, eighty, eighty, eighty, eighty-seven!" screamed the seniors as their winning homecoming float toured the Poway High Stadium. For the third year in a row, the seniors shared in the victory of another success.

Many weekends were spent at the Rancho Bernardo Winery. "The Winery holds many memories of how our class pulled together," remembered Kristen Rangel. This year the seniors mastered their techniques, pulling off yet another winning idea for this year's theme of "Poway High School's Twenty-fifth Anniversary."

The building of the float was a festive occasion. "All the people who didn't get

The pressure was on us this year to win three in a row.

The building of the float was a festive occasion. "All the people who didn't get *involved really missed out," replied Michelle Bellefeuille.*

The float consisted of two parts. The first part was divided into two sections, a 1961 and a 1986 Homecoming dance, both equipped with special effects. The second part trailed behind with a birthday cake filled with helium balloons which filled the air.

"The pressure was on us this year to win three in a row, and we won because of a great team effort," said Ms. Wagner. The third win was a perfect way to start the year off for the seniors. Glen Tripp summed it up by saying, "Our final victory was the icing on the cake."

Leif Gigstad, Brian Korgel and *Glen Tripp* rock to a 60's tune on the senior float.

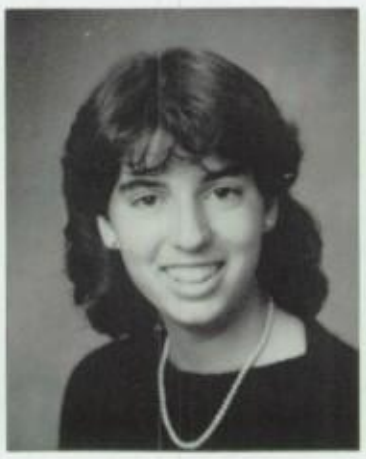
Working on the float pulled us together as a class, and we all had a great time.

Matt Bailey

Greg Abramson

Maribel Alarcon

Thomas Allen



Deanne Anastas

Gary Anderson

Kipp Anderson

Lauren Anderson

Scott Anderson

Shannon Anderson

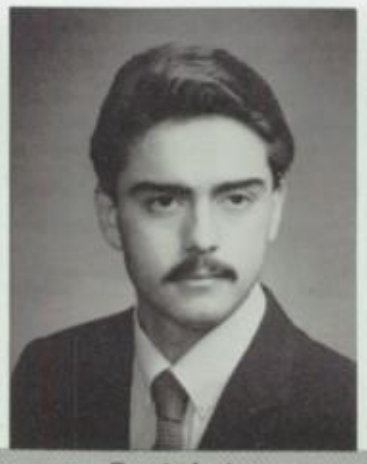
Tammy Anderson

SENIORS

Bradley Applegate

Stephanie Arns

Kenneth Arthur

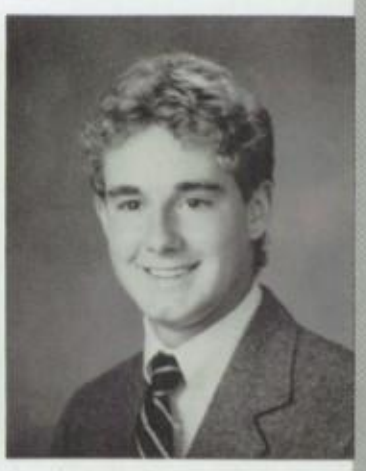

Frank Arviso

John Ashworth

Geoff Austin

Dawn Ayres

Peter Babich

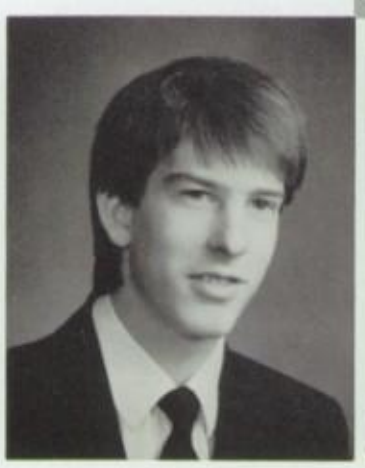

Matthew Bailey

Phillip Bairley

Tammy Ballas

Sheila Black does all her best work barefoot.

Andy Barefoot


Steve Barnat

Kenneth Battle

Douglas Beach

Robert Bean

Kimberly Bednar

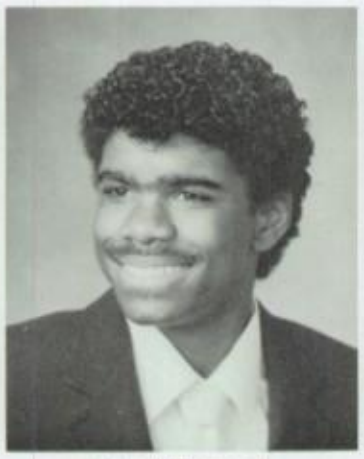
Jeffery Beers

Fransico Bejar

Michelle Bellefeuille

Anthony Benefeito

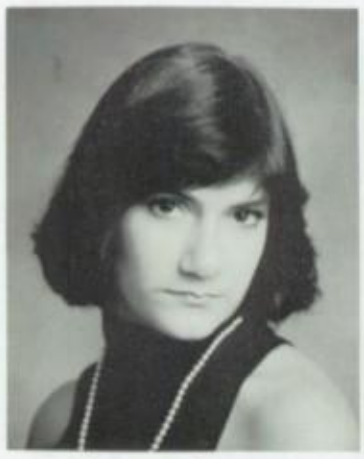
Matthew Bently


Jemal Bernard

Sheila Black

Christopher Blackburn

James Blanton


Kimberly Blanton

Aryka Bock

Michelle Boland

Timothy Bork

Bonnie Boswell

Junior *Ben Shiply* imitates *Elizabeth Hull* as she talks with a friend in drama.

Tammy Bottle

Amber Bouck

Dawn Boughter

Marie Bouligny

Yuppies Get in the Swing of Things

Kiki Windsor

"Biff! Biff, do hurry or we'll be late for our tennis match!" cried Tad. Hurriedly they jumped into their BMW and headed off for the swim and tennis club. This famous couple were better known as the Yuppies and they represented the modern-day definition of success.

Success is what you make of it, so just try your hardest.

Kim Uyeda

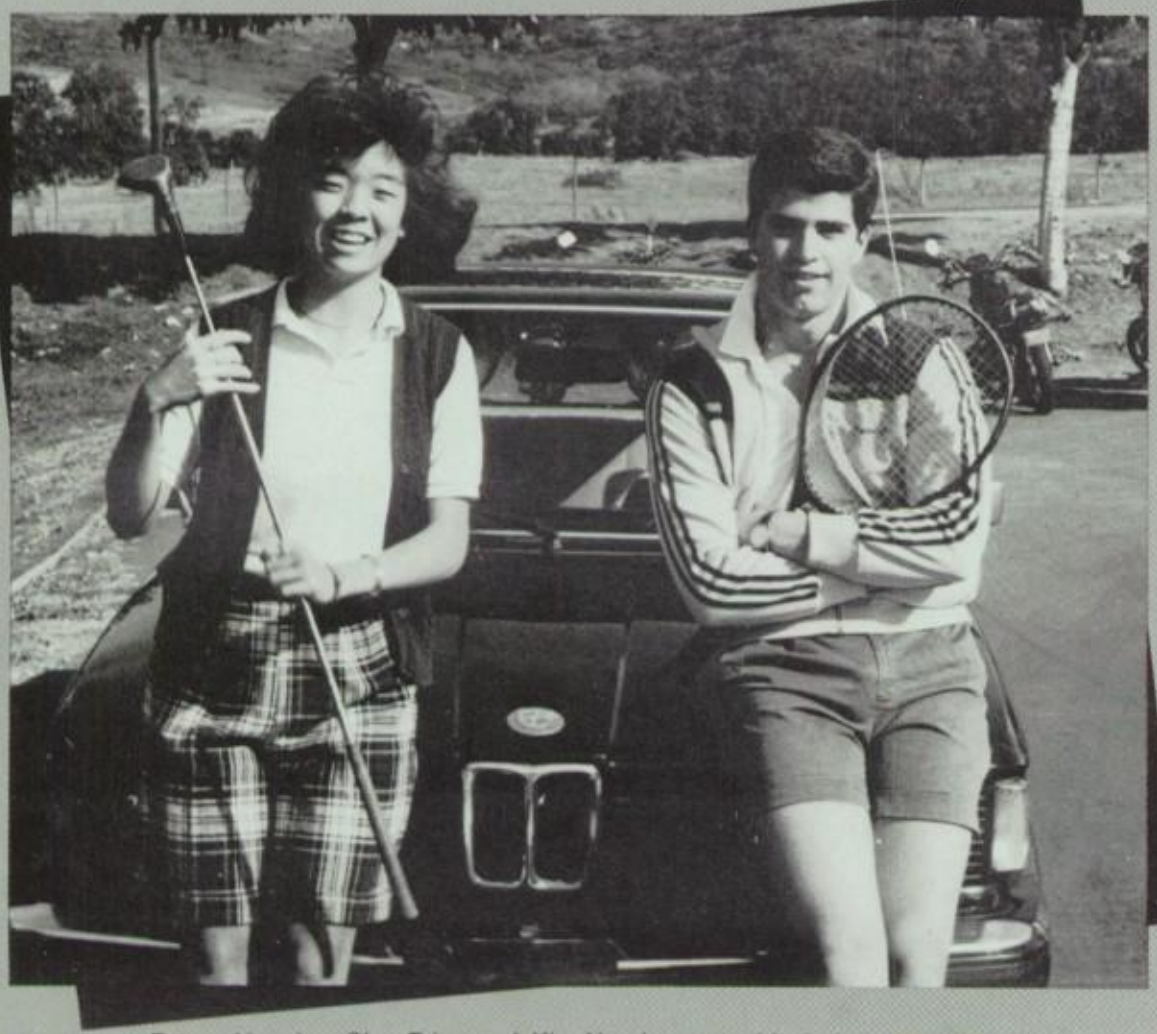
Glen Trip and Kim Uyeda stood out to their classmates as most likely to become Yuppies. "You've got to work your hardest," commented Kim, "That way you won't have any regrets." Neither Kim nor Glen regretted the many hours that they have spent to earn their identical 4.13 gpa's. Both have set high goals and hope to attend such prestigious colleges as Yale, Princeton, or Stanford.

Kim spent four years running on the Cross Country team and actively participated in the Keywanettes, the ***Iliad****, varsity club and SADD. Added Michelle Bellefeuille, "She gets involved to have a good time." Glen too was very involved. He finished his second year on the* ***Iliad*** *as Editor in Chief and actively participated in SADD and Safe Rides.*

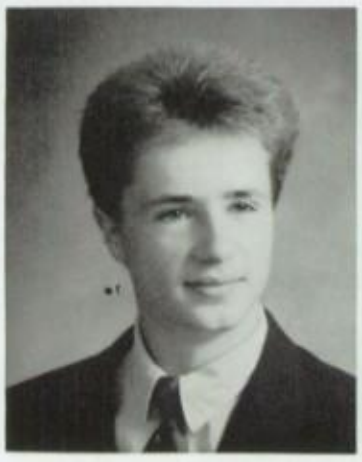
Success is anyone who can make a math take-home test into a party.

Glen Tripp

Success is never easily attained and the future can't be guaranteed but a positive attitude is a step in the right direction. Glen has his own formula for success, "You just have to deal with the nonsense and take it all in stride."

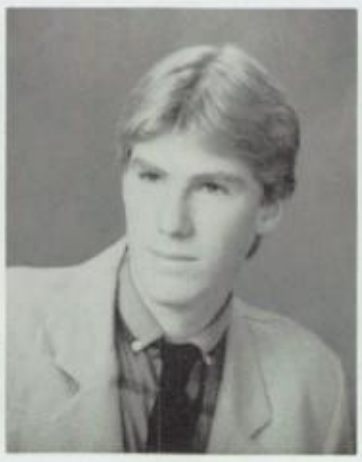


Future Yuppies *Glen Tripp* and *Kim Uyeda* pose with their faithful BMW.



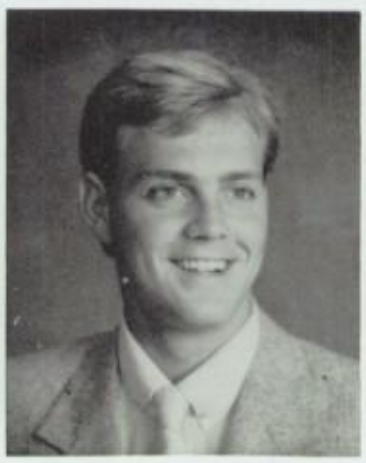
Mathieu Bouwman

Theodore Bowman



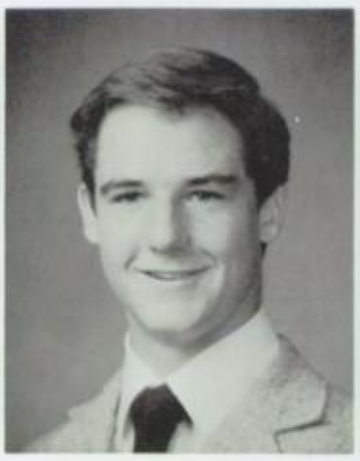
Michael Boyle

Debra Branse

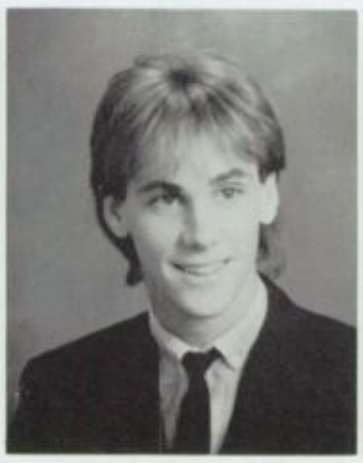


David Breeze

Laura Brennan



Michael Brennan



Michael Brennan

Alicia Brew

Kevin Brew

John Bright

Cindy Brundige

Rick Bugado

Janette Calgaro

Lisa Calhoun

A famous Senior

Debi Quesenberry

Ms. Wagner, commonly known as "Wag," was a large part of the framework of the senior class. As the class advisor, she helped the seniors make the most out of their last year at Poway High. Much of her own time was spent working with them to put together three winning homecoming floats, organizing parties, and financing fund raisers. Her ideas boosted class enthusiasm, pulling the senior class together. "Wag has dedicated so much of her time in uniting our class," said Tami Watkins.

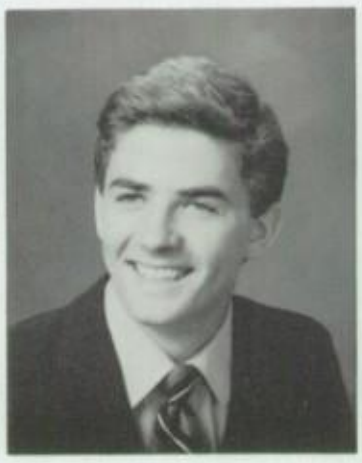
"Wag" did more than just advise though. Her friendship with students has made a lasting impression on all those who have gotten to know her. "Wag isn't just another advisor, she's everyone's friend," added Julie Dickinson. Ms. Wagner can be referred to as just one of the group. Throughout her four years of advising "She's risen above all other advisors," replied Jenny Selser.

Ms. Wagner could be found at all class events. If seniors were there, so was she. Her class spirit motivated all those seniors involved. "Wag is the most important part of our class. She's always around to help whoever needs it," stated Mika Phinney. "Wag" has left a special impact on the Class of '87

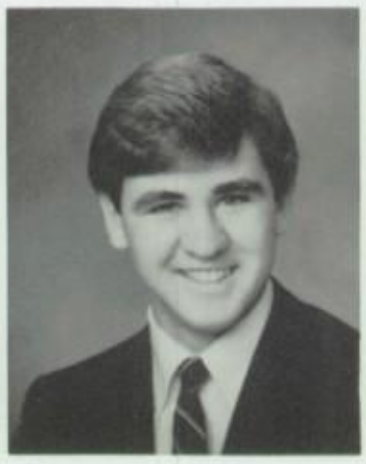
"Wag" takes time out to rest on the senior wall.

Steven Califf

Susan Carapella



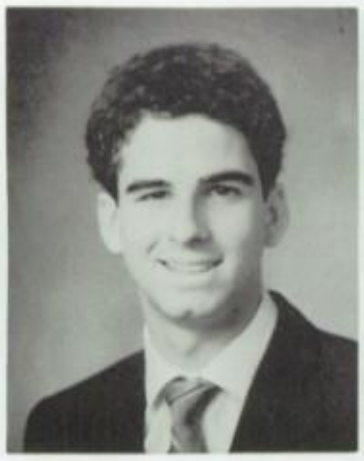
Daniel Carlson



Kevin Carlson

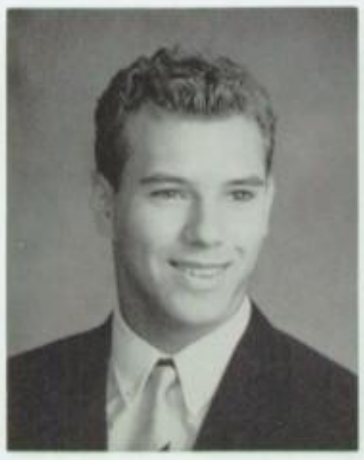
Shelly Carrel

SENIORS


Daniel Carrigan

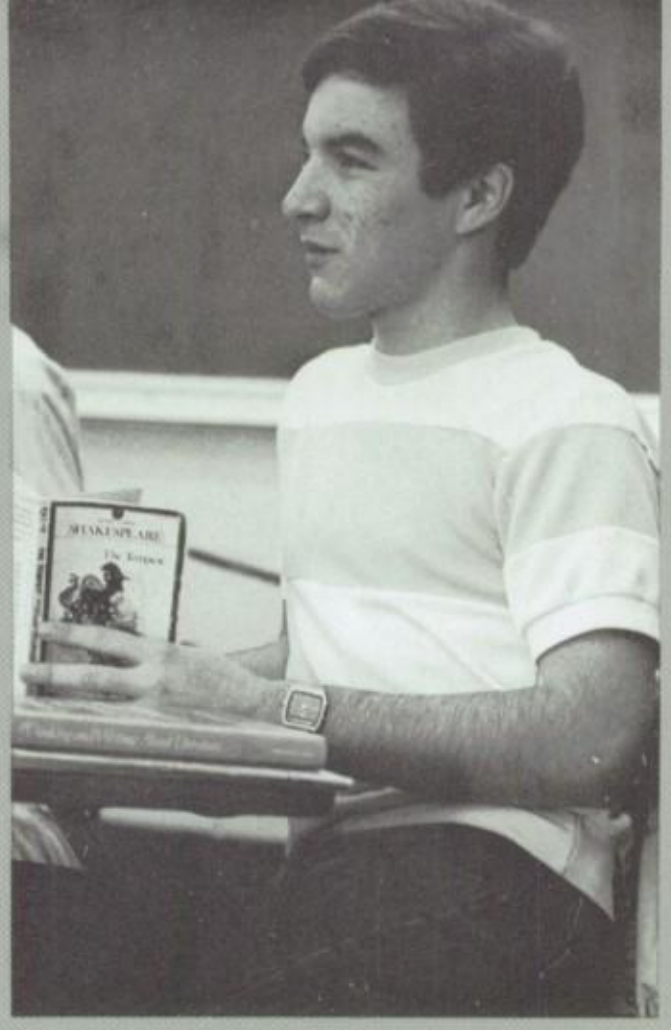
Harlan Carroll

Nicole Cassidy


Craig Chambers

Shahjehan Cheema

David Chen


Sam Cordero questions Shakespeare's inspiration for writing *The Tempest*.

Kim Chesterfield

Christian Chick

Margo Chirico

David Chmelka

Johnny Clark

Leif Gigstad tries to concentrate during the chaos of AP English.

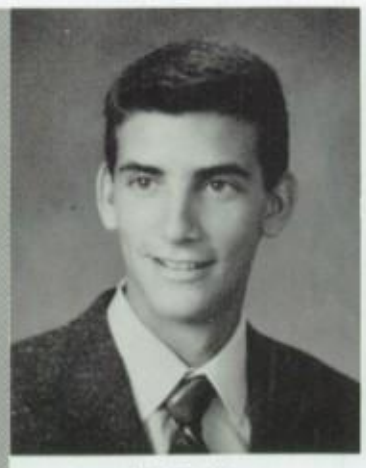
Richard Clark

Cindy Clements

Stephine Cloyd

Deborah Cocciardi

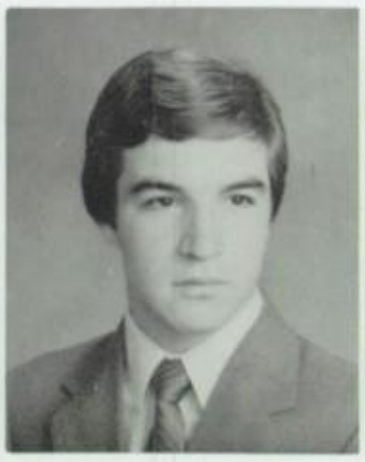
John Steffens glares at the photographer as he and a confused *Cathy Elmore* put the finishing touches on the float.


Jeff Collins

Christopher Conder

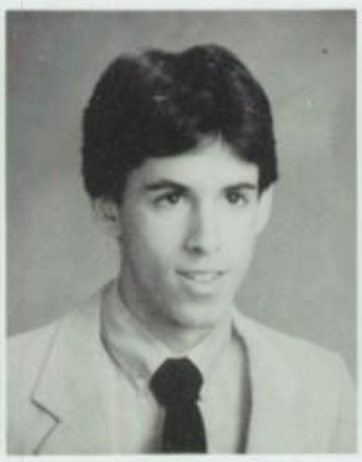
Denise Contreras

Tricia Cook


Samuel Cordaro

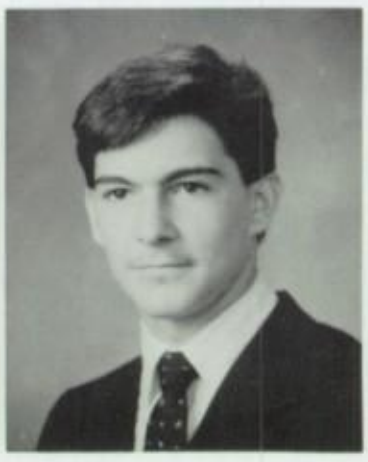
Mark Corey

Michael Cormier


Doyle Cortez

Stephanie Coulter

Patricia Coumans

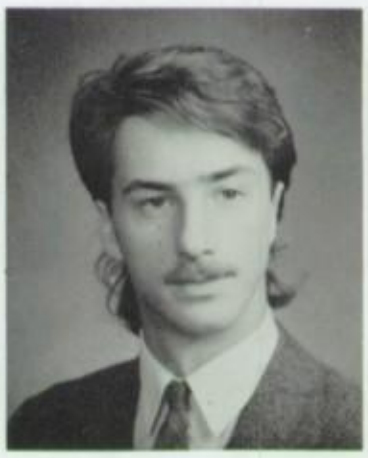

Sean Courtney

Jason Crooks

Lauryn Crosthwaite

Donald Cubbage

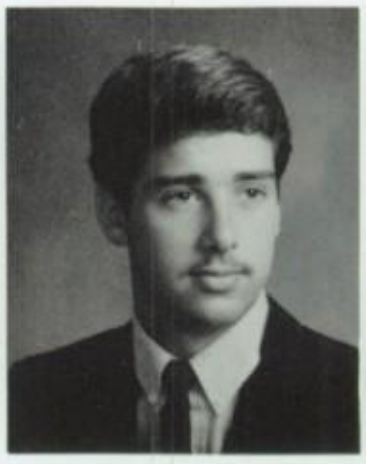
Dixie Cushen


Arthur Cutier

Andrea Cygelman

Danielle Davidian

Ann Davis


Jonathon Degreef

Elmer Dejesus

Julie Demarco

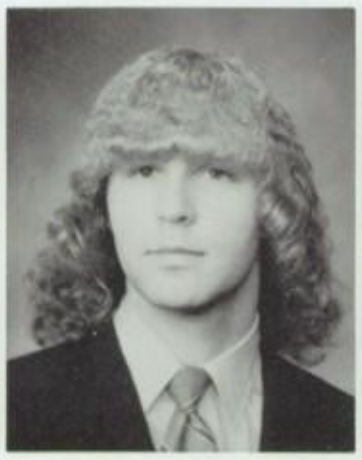
Michael Demarco

Sean Depriest

Peter Descisciolo

Debra Devore

Julie Dickinson


Michael Dietz

Cindy Dill

Shelly Dilmor

Brett Dixon

In the Spirit of Things

Kiki Windsor

"We got spirit, yes we do. We got spirit, how 'bout you?" shouted Tami Watkins and Brian Maeinschein from the PHS sidelines. The "lively twosome" became a common sight at most school activities ranging from sports to dances. When it came time for their fellow classmates to cast their votes for the most spirited Titans, Tami and Brian were at the top of the list.

If you want school to be fun, get involved. You get out of school what you put into it.

Tami Watkins

"Tami is always so enthusiastic about school activities," commented Jenny Selser. "She was my first choice." Tami's energy extended into a variety of areas. During her senior year Tami worked for her second time on the yearbook staff and served on ASB as clubs Commissioner. Tami also actively participated in the Poway chapter of SADD. "You get out of school what you put into it," stated Tami, and she did her best to live up to this motto.

Class involvement also carried Brian Maeinschein through his Senior year with fun and flair. Whether it was hosting an afternoon pep rally on the quad or making a speech at the dedication of the new stadium, Brian represented Poway High with pride. "It was a great honor to as the ASB President my senior year," claimed Brian.

I was honored to serve Poway High as ASB President.

Brian Maeinschein

As the sweat and cheers of games won and lost drifted from the playing fields, the class of 1987 can reflect on their last year with a smile. Ms. Wagner the class of '87's advisor mentioned, "Brian and Tami were lively and vivacious and always there to boost the school spirit."

Tami Watkins and *Brian Maeinschein* hang around the football field hoping to cheer people up.

An Obvious Interest in People

Debi Quesenberry

What made Jared Hamilton and Ruth Ludwig stand out? Was it because they cared so much about their classmates, or was it their way of making people feel good? It had to be both. That's why seniors chose them for having the "Best Personality."

"I like people," admitted both Jared and Ruth. Around campus, they could be found striking up conversations with friends. They were always there to give advice to someone in need or to just listen if someone wanted to talk. "They will always be remembered for their interest in others," commented Pilar Melendez.

"I'm not the most out-going guy, but I get along with people," confessed Jared. He may not have found himself out-going, but the Class of '87 thought differently.

I'm not the most out-going guy but I get along with people.

Jared Hamilton

Being "kind of shy," never got in his way to find the best in people.

"I love meeting people!" said Ruth with a grin from ear to ear. If there ever was a new student, she was always the first to introduce herself. It was her nature to make everyone feel wanted.

What would have been the Class of '87 without Jared and Ruth to liven things up? Their contribution to the class was a sense of caring, something seniors won't long forget.

I love meeting people and getting to know them.

Ruth Ludwig

Jared Hamilton and *Ruth Ludwig* flash their friendly smiles.

Julie Donning

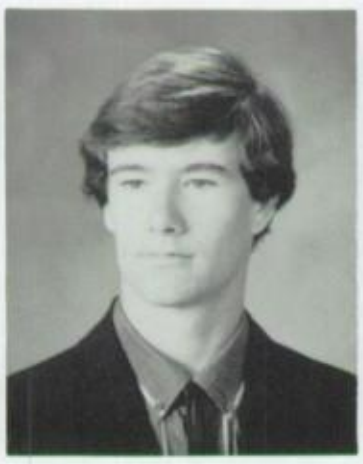
Sheldon Durnil

Sharon Dwyer

Douglas Eagle

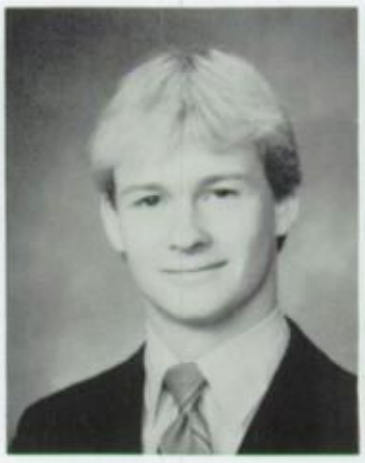
Christopher Eakman

Angela Earnest



Dean Eckenroth

Kathleen Egan



Melvil Egan

Arlene Eicher

SENIORS

David Eichorn

James Eisenhower

Jamie Ekker

Gloria Elias

Cathleen Elmore

Mark Enlow

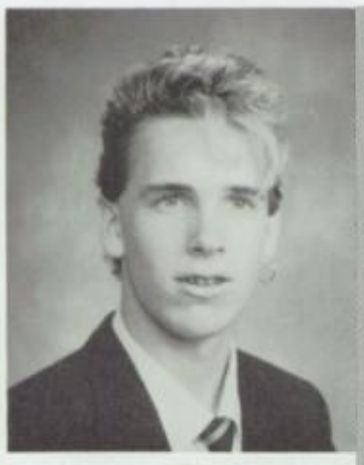
Paul Escola

Julie Farle

Jeffery Faust

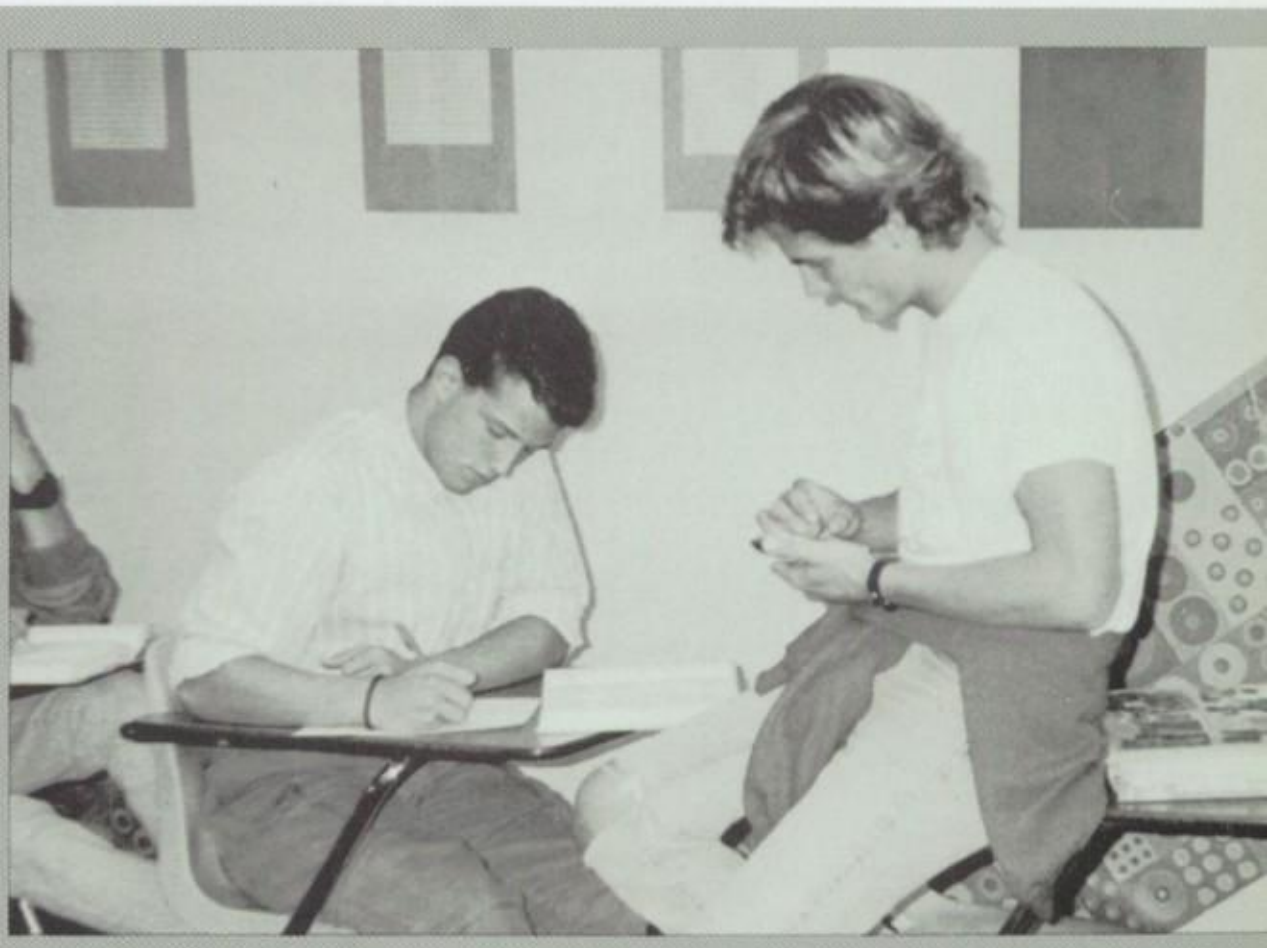
Elmer Fernandez

James Ficker


Michael Finnegan

Jeff Fischer

Peggy Fitz


Trey Freeland and *Kurt Lovett* do last-minute cramming for a math test.

James Fitzpatrick

Lisa Flaherty

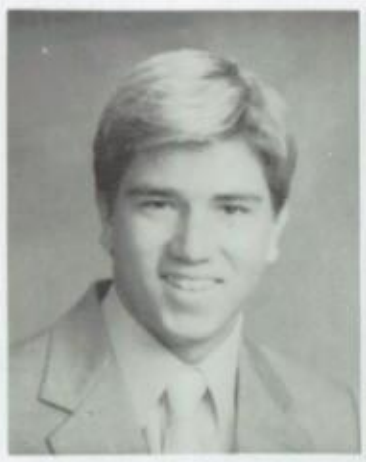
Shirley Francis

Karen Frazer

Trey Freelan

Class of '87

TINA
JOANNE
FRENDS
PARTY
REPTILES
UNITE!
Matters!
1987
NO
ARKING
ZON
HI
MOM


Jeffrey Galka

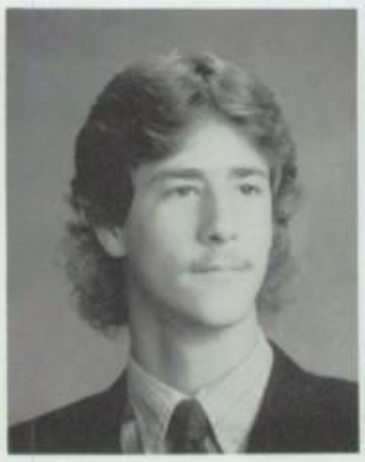
Gilbert Gallardo

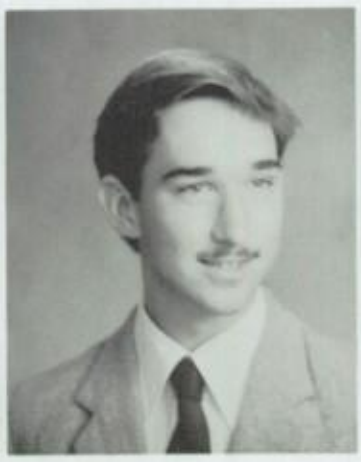
Gilbertine Gallardo

Jennifer Gannon

Todd Garan

Luis Garcia


Bradley Garlinghouse


Mark Garrigan

Cecelia Garza

Bridget Gast

You Must Have Been a Beautiful Baby

Kiki Windsor

"You've got the look I want to know better," says that famous jeans jingle. That's the way the classmate of Jon Kidwell and Shelly Monahan felt about them when they voted them "Best Looking" for the class of '87.

During the school year, Shelly spent a lot of her evenings working at El Torrito and exercising regularly by running and weight lifting. "She's got a friendly personality," said her friend Laurie Brennan. Shelly has attended Poway High since her freshman year while Jon started his

Your appearance reflects the confidence you have in yourself.

Shelly Monahan

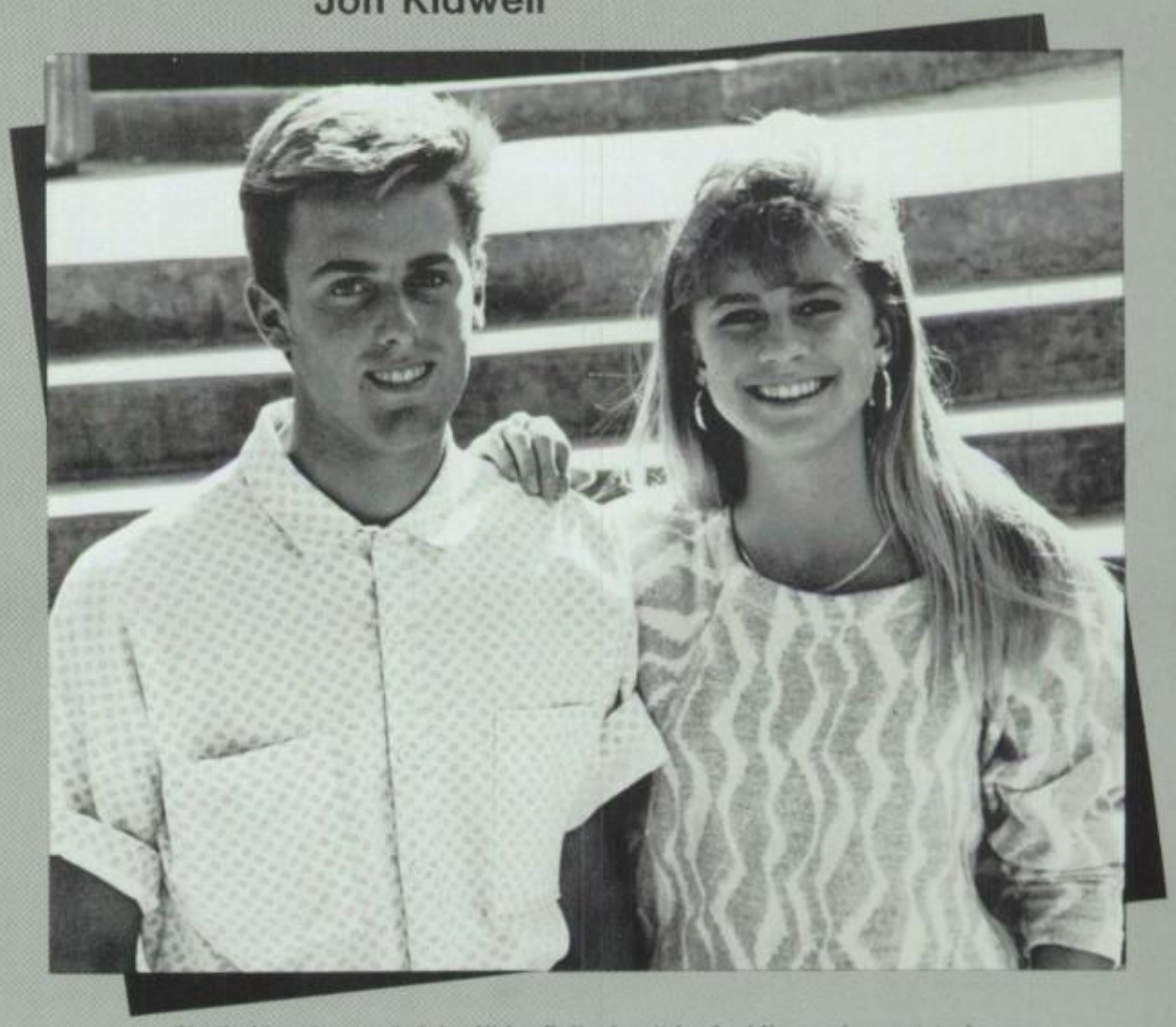
stay at PHS his junior year. "I felt immediately comfortable at Poway," recalled Jon. Jon made new friends by involving himself in school volleyball and surfing regularly. "He's got a great sense of humor," noticed Holly Thomas.

What does it take to have the "look that people notice"? "I feel good looks don't come from makeup and clothes," explained Shelly. "It comes from inside." Both Jon and Shelly concern themselves with being comfortable rather than fixing themselves up to try to impress other people. "Shelly is just naturally pretty," noticed Bonnie Boswell. "She can put on

Good looks aren't that important, it's better to feel good about yourself.

Jon Kidwell

anything and look great." Good looks are a nice asset to have, but both Jon and Shelly know it took more than looks to achieve success in life.


Shelly Monahan and *John Kidwell* display "the look" people want to know.

Jacqueline Gaston

Tracy Giafaglione

Bernadette Giesing

Leif Gigstad

Varsity football players *Jeff Galka* and *Harlan Carroll* spend quiet moments thinking about tonight's game.

Jennifer Giles

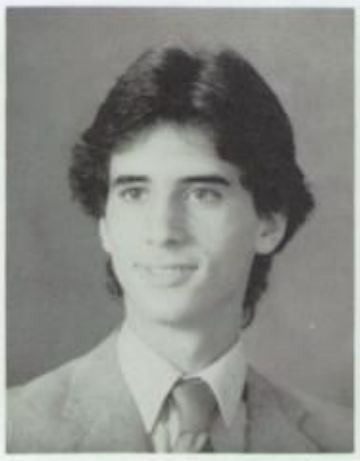
John Gillespie

Scott Gilliam

Deborah Giroux

Estelle Goldby

Matthew Golden



Tim Goudarzi

Stephen Gouveia

Doug Grabenhofer

Ramon Granados

Kristine Greatorex

Mark Greco

Michael Green

Kathleen Gregg

Lynsay Griepentrog

Eric Grimm

Matthew Guerena

John Haff

Kathleen Hagan

Richard Haggerty

Patricia Hahn

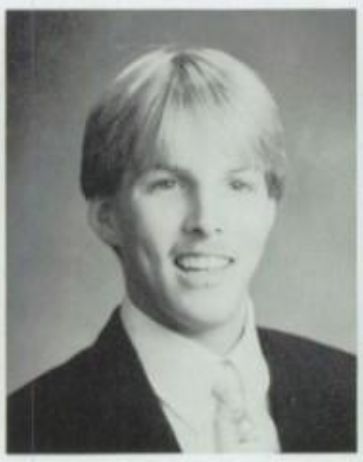
Samantha Hall

Jared Hamilton

Stacy Harris

Deanna Hart

Julie Hartman


Jesse Hartnett

April Harvey

Steven Hawthorne

Michael Heap

Jill Hedrick

Peggy Fitz is struck by a sudden case of "senioritis" while she waits for the bell to ring.

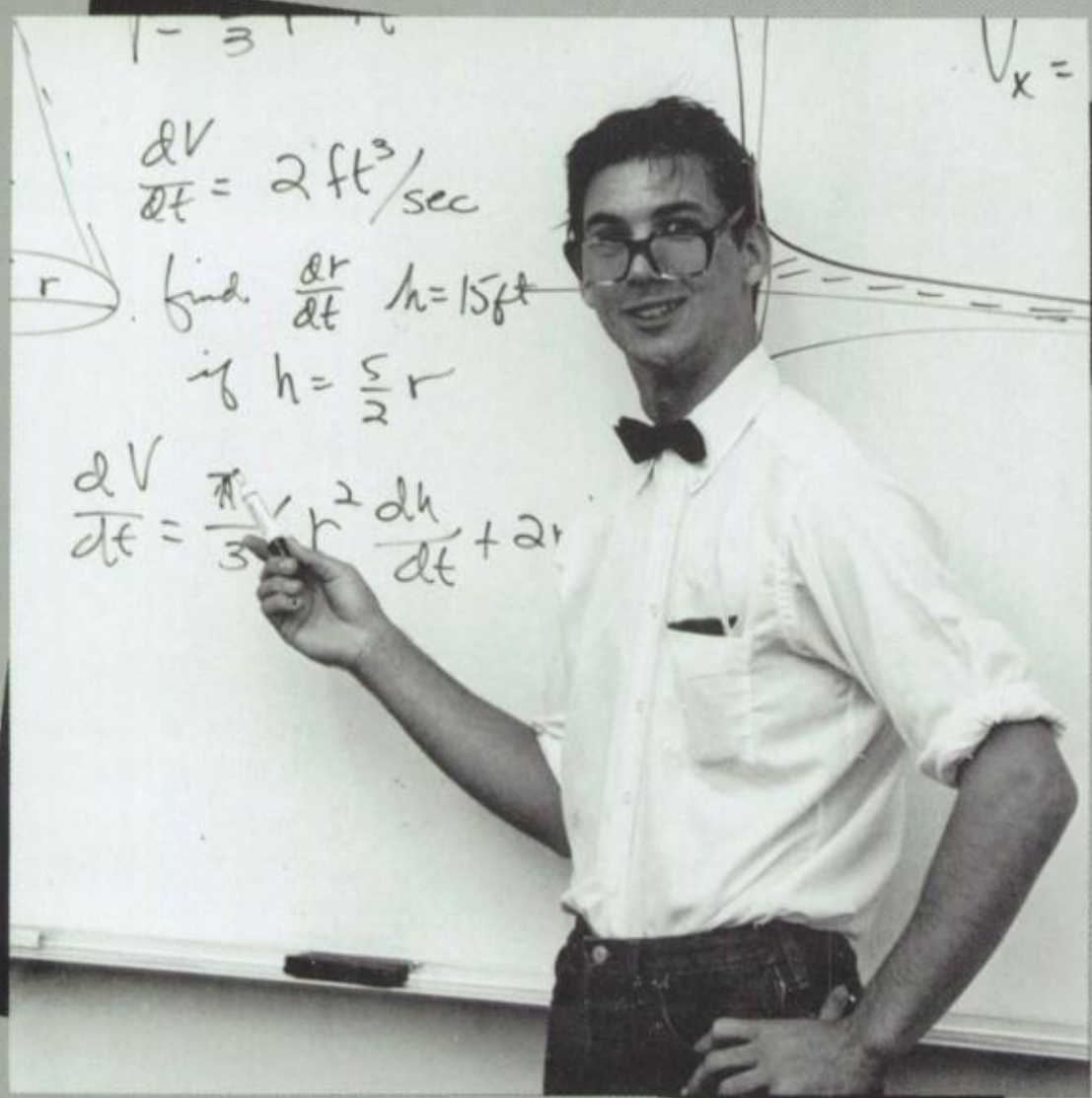
Robert Heilman

Yvonne Heine

Joel Helmuth

It All Adds Up

Debi Quesenberry



Rick Bugado demonstrates a simple formula on the board.

Logarithms, formulas, polinomials, formulas, graphs, formulas, and more formulas! For Rick Bugado, it all started in Advanced Algebra and Geometry. As a senior, he had finished high school in Calculus BC. This may not have seemed outstanding to some, but it was his enthusiasm in the subject that stood out.

"Math is one subject that depends on how good you are. The teacher has nothing to do with it," felt Rick. His teachers may or may not have agreed, but he sure proved himself over the years and has

Math is one subject that depends on how good you are.
Rick Bugado

impressed people with his abilities.

"I like the contests," said Rick. He was in two contests at Poway High. His junior year, he won first place and was the "Most Outstanding Junior in Math." With this title, Rick received the opportunity to go to Cal Poly to take part in their contest over the summer.

When Rick found out that he was this year's most "Outstanding Senior in Math," a big smile came to his face. "Math doesn't come easy to me, but it's a challenge," confessed Rick.

Daniel Hemming

Michelle Hendrickson

Colleen Higgins

Colleen Higgins

Travis Higgins

Cynthia Hilbig

Frederick Hill

Sean Hill

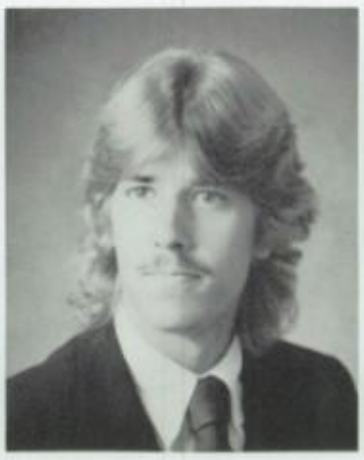
Courtney Holden

Deana Holden

Amy Hollenbaugh

Michelle Horne

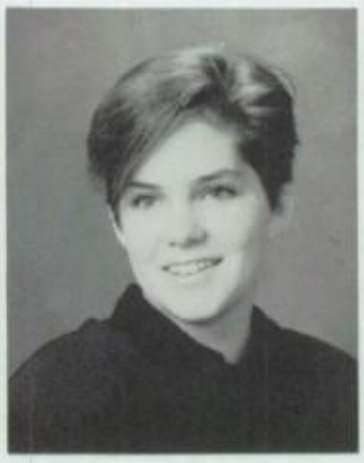
Greggory Hosterman



Thomas Howell Jr.

Norman Hubbert

Melissa Hudgins



Elizabeth Hull

Brent Huntington

Tracy Huntington

William Hyde

Back on the Write Track

Kiki Windsor

"Not another essay," wailed a distressed student. While some students cringed at the thought of writing Tami Marko jumped at the chance. This integrity and enthusiasm earned Tami the admiration of the Poway High English staff who rewarded her with the honor of Outstanding in English. *"Tami is a multitalented student," commented Mr. Barone.*

Tami spent a year on the ***Iliad*** *staff tackling such controversial topics as drunk driving and teenage sexuality. "My favorite classes were Honors Humanities and Writing Seminar because you could write whatever you wanted," recalled Tami. Tami was so impressed by these classes that she started a club just for writers on campus, Writers Anonymous. Tami plans to use her writing ability in international relations or journalism. The colleges Baylor, in Texas, and Swarthmore, in Pennsylvania, stand at the top of her list because of the exceptional reputations.*

When Tami isn't writing, she spends a lot of time composing songs on the piano. "She is a real inspiration," stated Ruth Ludwig. "She's an insightful writer and is always willing to listen to other peoples problems and help them," mentioned Sam Lekus. Through skill and perseverance Tami Marko wrote a successful final chapter in her high school career and now looks forward to a new start in "the real world."

Tami's smile sparkles with enthusiasm as she pauses during her writing.

SENIORS

Bradley Hyldahl

Shelby Reed takes a break from typing to indulge in a good book.

Anna Jacobs

Christine Jacobs

Linda Jacobs

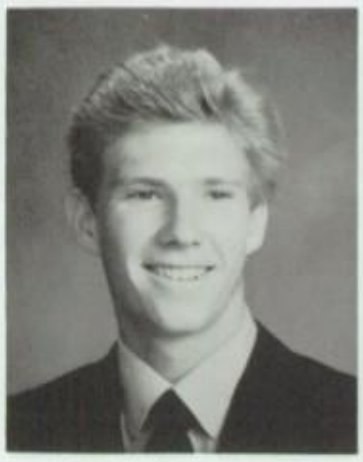
Eric Jaeger

Jennifer Jahn

Vernon Jaworski

Karen Jenkins

Christopher Jeske



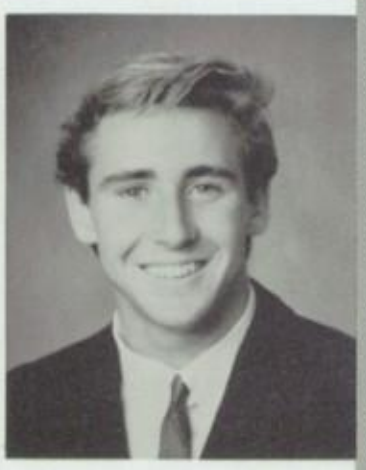
Thomas Johnson

Cynthia Kane

Gina Kantor

Alyssa Karalekas

Irene Karvellas



Eamon Kavanagh

Elizabeth Loeffler, Matt Guerena, and *Kym Ryal* are captured by a funny skit performed in drama.

Paul Kay

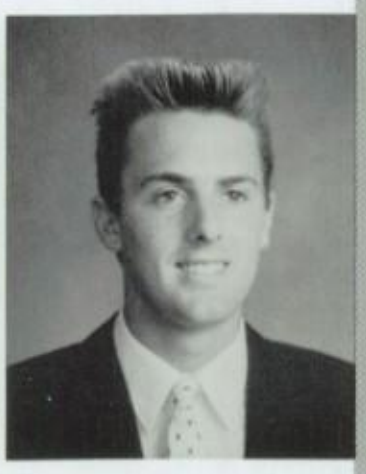
Kirsten Keithly

Frank Kelley

Bill Klansnic holds on to *Liza Yum* for dear life.

Ricky Kennedy

Farnaz Khadem



Jon Kidwell

Richard Kim

Noreen Kinsler

Elizabeth Kirschbaum

William Klansnic

Marina Kocen

Nazi Khadem and *Tania Stepanek* have a hard time believing a classmate's story in AP English.

Nanci Kocen

Brian Korgel

Jeff Krol

Kimberlee Krepelin

George Kropp

Sheila Kube

Lisa Kuriata

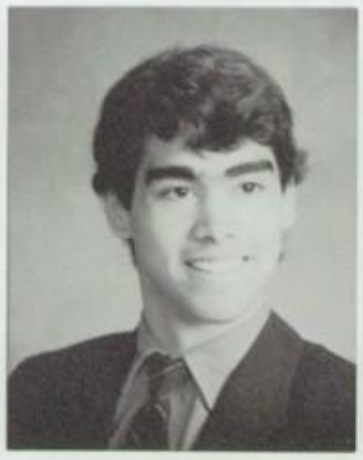
Kay Kusano

Kym Lamb

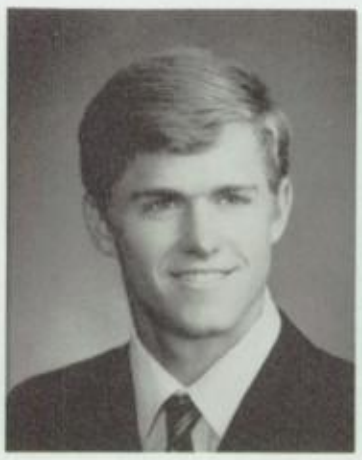
Patricia Lang

Melanie Langhans

Jennifer Larue


Rod Legaspi

Samantha Lekus


Charles Lemmon

Charles Leonard

Seniors Get the Last Laugh

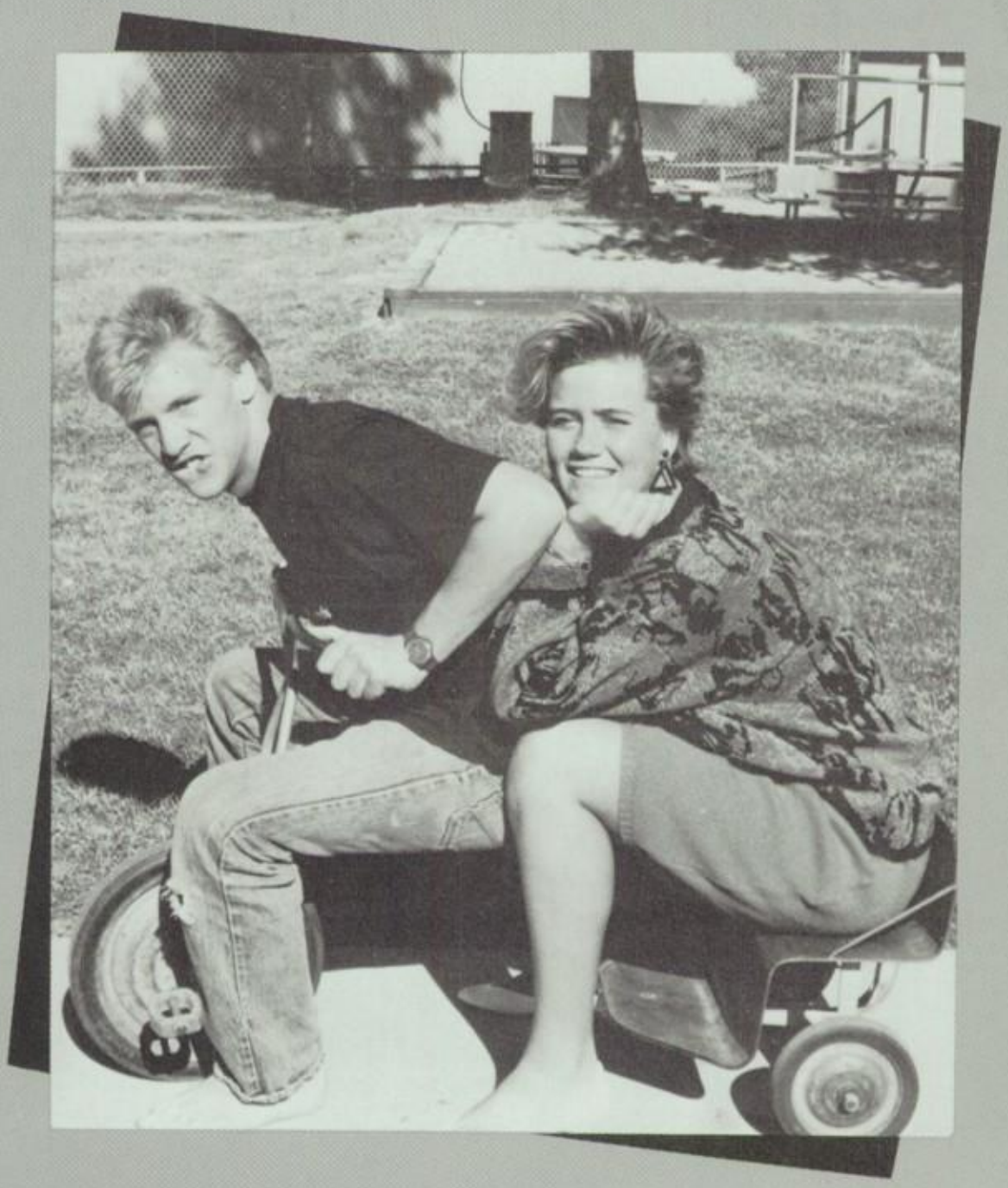
Debi Quesenberry

"If school can be fun, people can get more out of it." This was the motto of this year's senior "Class Clowns." Sheila Black and Ross O'Briant were always around to make someone laugh. Whether it was in or out of class, they knew how to get a smile out of someone.

"Baa Haa Haa!" was a famous reply around the Poway High campus. We can blame Sheila for that goofy laugh which often echoed through the halls. "I live for Pee Wee Herman. I've seen his movie 58 times," bragged Sheila jokingly. "People always laugh at me no matter what I do." Sheila was always full of energy with a mission to make people laugh. When told she was nominated for the craziest girl on campus, she replied "scary!"

"I never take things too seriously," admitted Ross. He could be found anywhere pulling some kind of prank. In the classroom, his sense of humor always eased the tension and made the class time go faster.

Their presence added a touch of craziness to the day. They kept the days from seeming too long and boring. They both summed it up by saying, "We'd rather see people laugh."


"Class Clown" *Ross O'Briant*, gives *Sheila Black* a ride on his new tricycle.

Back to the Drawing Board

Kiki Windsor

Pablo Picasso, Leonardo DaVinci, and Lauren Randell. All of these names bring to mind visions of great artists. "Lauren had the making of a true artist," commented her long-time art teacher Mr. Walker. "She was always determined to do her best."

Lauren was very determined and wouldn't settle for anything but her best work. "We had a letter printing assignment once," remembered Lauren. "It took me six weeks to get that done, but I got a perfect grade." Lauren used all sorts of materials for her work but especially liked to sketch and found the contrast of black and white dramatic," mentioned Kristi Greatorex, "I always liked to see what Lauren would come up with next."

When Lauren finally decided to take a break from drawing and painting you could find her at The California Performing Arts Center dancing. "When I'm not dancing, I'm drawing," stated Lauren. "It's either one or the other."

Lauren looked toward art fashion illustration as a possible career and hopes to learn more about it at The Art Center School in Pasadena. Whatever the future may hold for Lauren Randall, she can face it with fresh confidence and natural talent. Lauren finished up by adding, "If you believe in yourself, nothing is impossible."

"I'm confused!" cried *Lauren Randall* as she proudly displayed her favorite creation.

Lori Levy

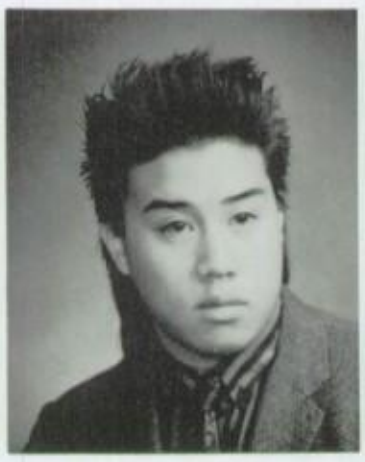
Martin Lewis

Gerald Lindahl

Fredrick Lipoufski

Marquesa Lloyd

Elisabeth Loeffler



Albert Long

Roger Love

Kurt Lovett

Jennifer Luckritz

SENIORS

Ruth Ludwig

Miriana Lukic

Melissa Lunde

Virginia Machado

Brian Maienschein

Michelle Malliet

Jeff Galka is caught in a brief moment of deep contemplation.

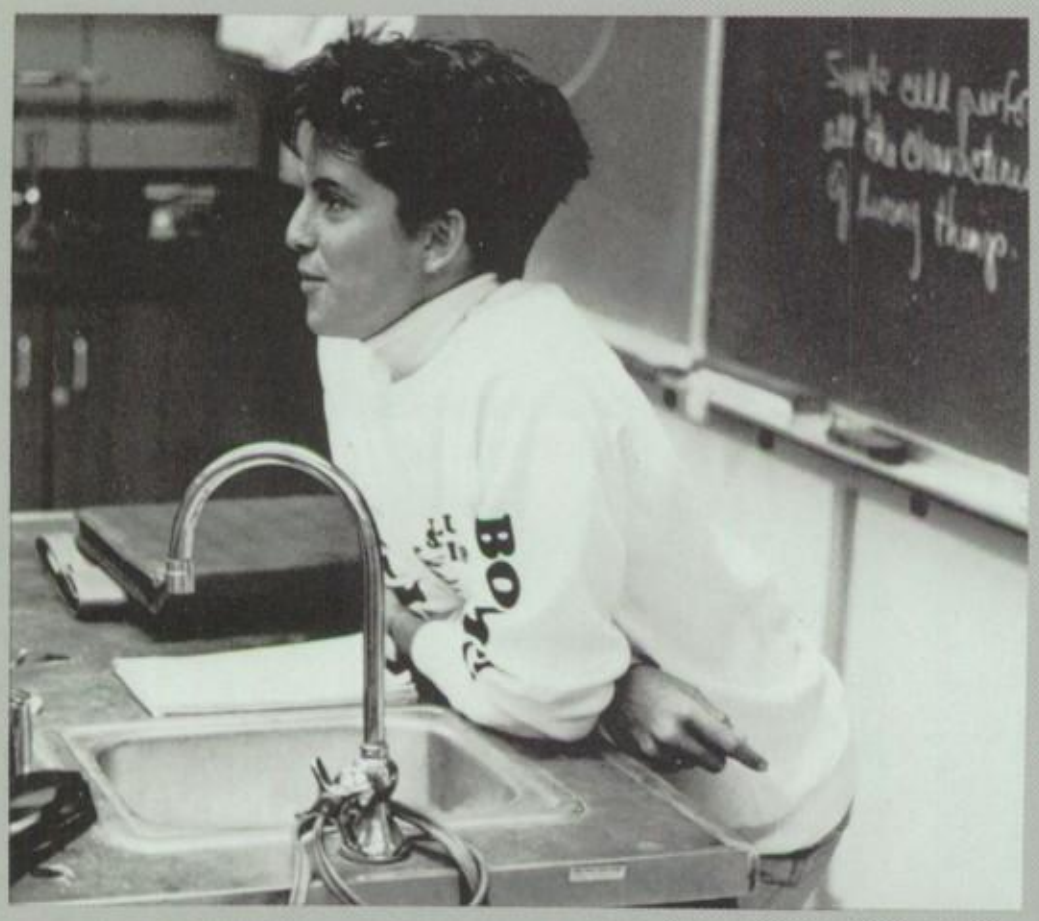
Kevin Malloy

Nancy Mancilla

Kim Manful

Lori Marcum

Tamera Marko



Michelle Bellefeuille supports herself as she attempts to explain "the facts of life" to a biology class.

Linda Markowitz

Isabel Marquez

Laura Martinez

Karen Martins

Melissa Mastro

Ann Matthys

Eve Matz

Michele Marzek

Tom Sharp threatens to hit Johnny Clark with his steel hand.

Tobias Mauerhofer

John Mayo

Michelle Mazzetti

Robin McBride

Kyle McCardie

Bill Graham gasps at his friend's tragic story.

Daniel McCaughtry

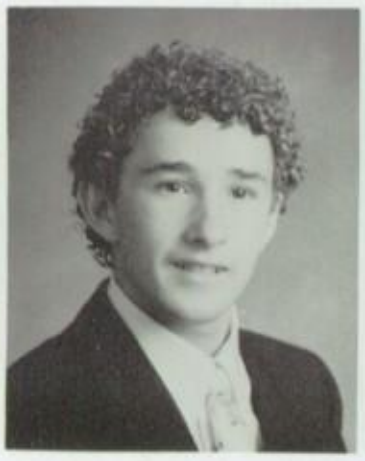
David McCaughtry

Helen McClain

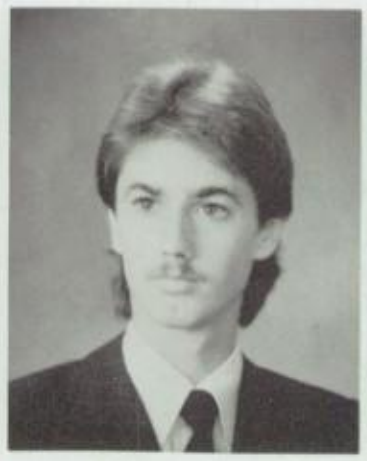
Justin McClure

Carrie McCoy

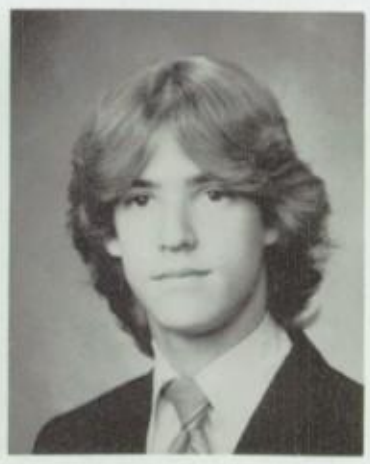
Harold McCullum


Michael McGinnis

Maureen McGreevy


Kevin McHugh

Douglas McKay


Rodney McMahon

Jennifer Meadows

Pilar Melendez

Rita Mellett

Michelle Merhar

Dean Merrick

SENIORS

Hanging on the Rim of Success

By Debi Quesenberry

Dribbling down the court, using his natural speed and grace, he makes it to the basket and shoots. His shot is blocked by a tall coordinated girl, but he rebounds the ball and scores two points for the Poway Titans.

This reflects upon only one example of the skills that this year's "Most Athletic" seniors possessed. Deanne Anasta's and Harlan Carroll's ability and wide variety of sports made them prime choices for this honor. They divided their schedules between academics and sports, allotting time to do outstanding in both areas. "It's a matter of discipline," said Deanne. Although Harlan was pressured from both school and sports, he still maintained his sense of humor.

When asked about their favorite sports, Deanne quickly claimed volleyball and Harlan answered football. Even though Deanne showed more enthusiasm in volleyball, she did equally well in both gymnastics and basketball. Besides being cornerback in football, Harlan played forward in basketball.

Both Deanne and Harlan succeeded in adding agility and expertise to Poway High's sports program. They agreed that without sports, they wouldn't know what to do with their time. "Hollywood" Harlan summed it up by saying, "When you're not in sports, you get lazy."

Deanne Anastas and *Harlan Carroll* feel at home in the gym.

Where Have You Been All My Life?

By Kiki Windsor

"Say big boy. Come here often?" whispered the sultry blonde to the tall man. Phrases like this have set the stage for teenage America's favorite pastime, flirting. This year Doug Eagle and Karen Martins stood out in the class of '87 as being especially excelled in this area. "They

I'm a happy person, I like to share my happiness
— Karen Martins

always seem to be joking with someone," noticed Kristin Rangel.

Doug and Karen used their happy-go-lucky attitudes to make new friends. "I never really considered it flirting," confessed Doug, "I was just having a good time." Explained Karen, "I like to share my happiness with hugs."

If you wanted to find the two outside of Poway High you would most likely find them with their friends. "Doug always smiles," noticed Scott Anderson, "He's fun to be with." Doug also kept active by playing football and running track. While Karen filled her spare time taking care of children at Westwood Day Care Center. Karen hopes to eventually become a teacher and Doug plans to work as a High School track coach and counselor. "Both

A charming Doug Eagle serenades a starry eyed Karen Martins

I like to have a good time with my friends.
— Doug Eagle

Doug and Karen are real open people," stated Michelle Bellefeuille, "the confidence they have gained will help them later in life."

David Meyers

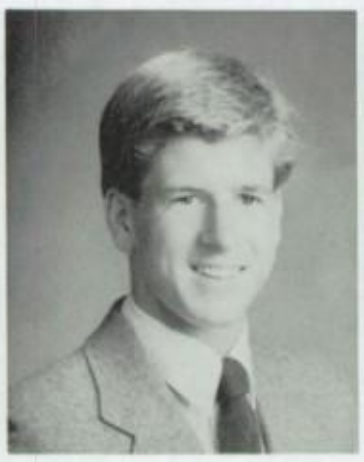
Steven Michael

Robert Mikuteit

Alex Millar

Daniel Millard

James Miller



Jeffrey Miller

Kim Miller

Kimberly Miller

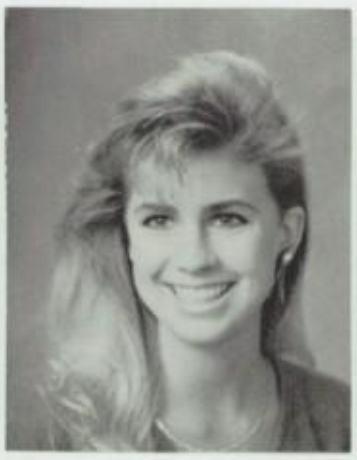
Mary Miller

SENIORS

Rock Miller

Robert McMillican Jr

Katherine Molloy

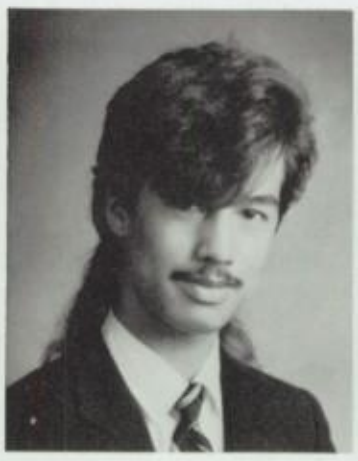

Shelley Monahan

Christina Montgomery

Melinda Moody

Rhonda Moon

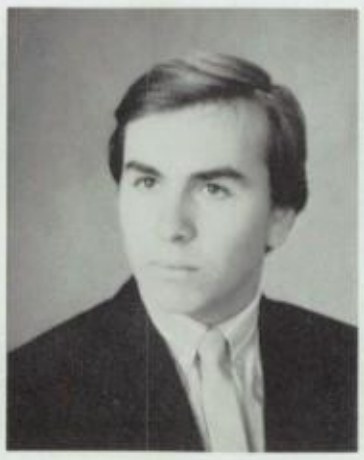
Katie Moore


Rhoel Morales

Thomas Morello

Adam Moreno

Lydia Moreno


Martin Moreno

Kimberly Morey

Pamela Morgan

Daniel Morris

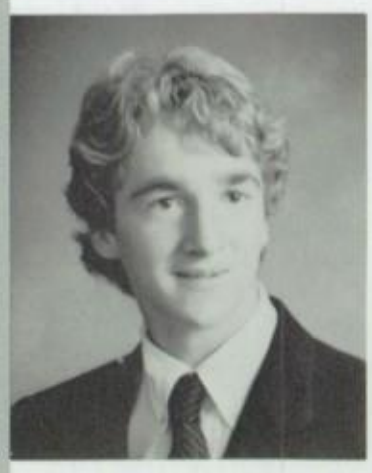
Paul Mortalone

Carolyn Salazar and Erin Webb spend their lunch hour intently reading the Illiad

Stephanie Mosier

Tara Mott

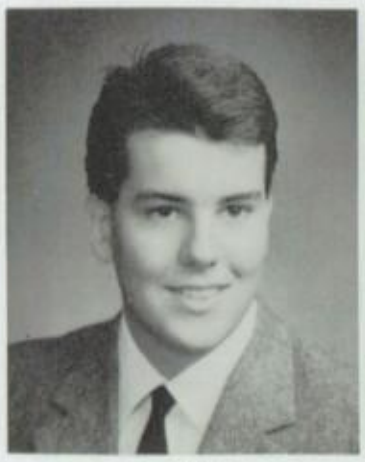
Lenore Van Varenken pauses between classes to catch her breath.


Douglas Mullen

Megan Murphy

Jason Muscha

Samantha Muslusky

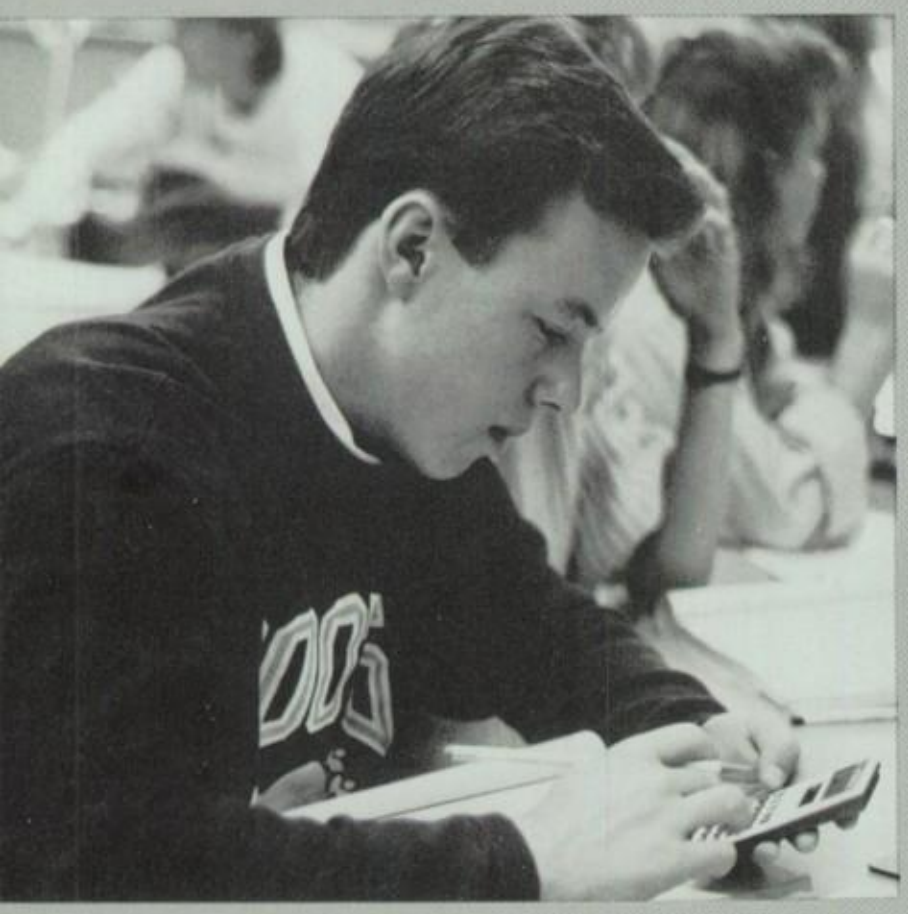

John Mutti

Brian Napierala

Claire Nelson

David Nelson

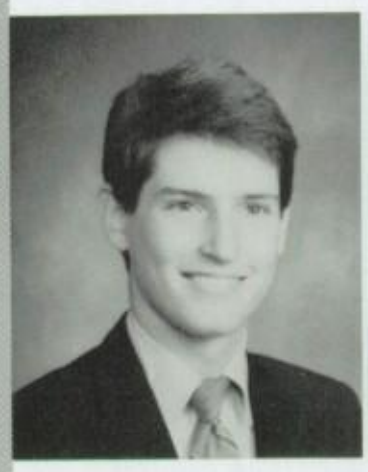
Elizabeth Nelson


Dustin Seale diligently works on a difficult physics problem.

Richard Neri

Julie Nielsen

Jay Norrbohm


John Nutting

David Nylec

Maureen O'Brein

Past Provides a Future

By Kiki Windsor

Kris Schmidt catches up on current events in the Resource Center.

"The world, she be round!" exclaimed Christopher Columbus as he gathered up his belongings and set out to prove his theory. History is full of great deeds and accomplishments. While some cringe at the thought of laboring over history books, Kris Schmidt enjoyed it.

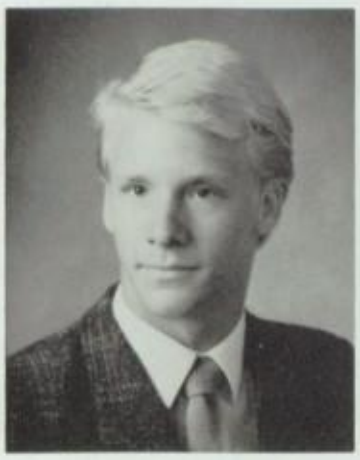
History always interested Kris. Around her house history was discussed on a daily basis and Kris became aware of its importance. "We need to study the past," commented Kris, "so we can get an idea of what the future will hold."

We must study the past so we can grasp the future
— Kris Schmidt

Kris isn't always concerned with the past. During her senior year she looked forward to attending Long Beach State and a possible career in graphic arts and commercial advertising. "Kris is real optomistic about the future," stated Kathy Hagan.

Although Kris studies the past and dreams about the future, she has a great time in the present. "There is never a dull moment around Kris," admitted Elizibeth Taylor, "she is full of energy." Kris learned from the past, enjoyed the present and reached for her dreams.

Jamie O'Reilly



Ross Obriant

David Oldfield

Jennefer Oleson

Karen Olson

Jennifer Opel

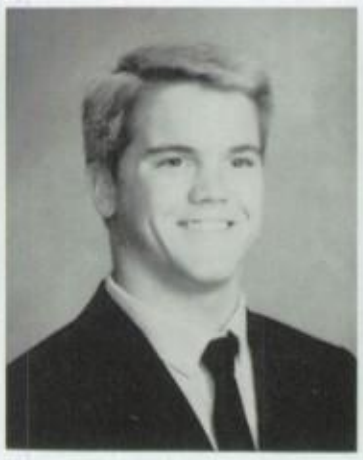
Randy Orchen

Daniel Orner

Collen Osterhout

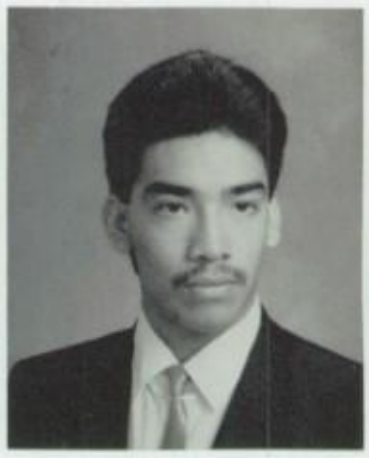
Kristin Ouellette

Vanessa Owen

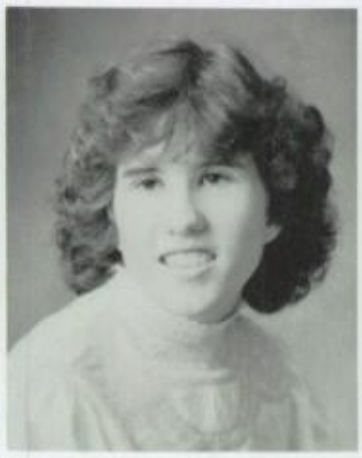

Ronald Page

Michelle Pak

Jeffery Palmer


Daniel Paraiso

William Pashley


Michelle Patterson

Jennifer Paxton

Julia Payne

Jarrod Peace

Seniors Dress to Kill

By Debi Quesenberry

They passed while on the escalator in the mall. She was on her way up; he on his way down. His Guess jacket and Generra ensemble caught her eye. Her stare captured his attention as well as her Esprit sweater and purple leather jacket. Carrying bags filled with new clothes, they each proceed to a different store.

Kenny Battle and Pilar Melendez were chosen by this year's senior class as "Best Dressed" and succeeded in living up to that title. "I like to look my best," admitted Pilar. Kenny agreed and added, "Wearing nice clothes makes me feel good." Their unique styles added personality and flair to the fashion trends of Poway High.

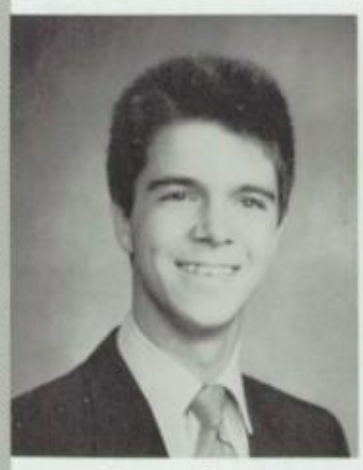
"I never follow a certain style," Kenny remarked, "I like to be different." Many recognized their voguishness and commented on their ability to separate themselves from others. They always had a way to express themselves by the things they wore. "Pilar and Kenny seem to stand out in any crowd," said Phillip Bairley.

"Why me?" asked Pilar, "A lot of people dress nice." This may have been true, but because of their originality and inate good taste, they were obvious choices for "Best Dressed" by their peers.

Pilar and *Kenny* model for the camera.

SENIORS

Brad Hyldahl checks out the bulletin for important news.



German Perez

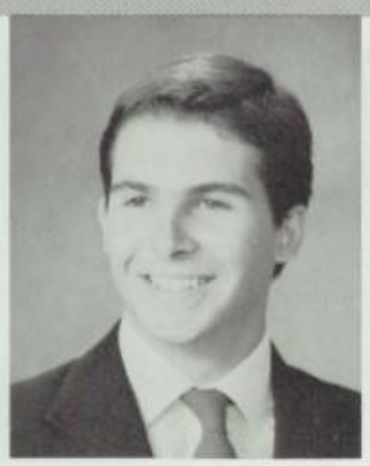
Meliaa Perez

David Pethybridge

Mika Phinney

Diana Pierpoint

Kenneth Piben



Gabriel Pincelli

Kirsten Pinnell

Deborah Poage

David Pontsler

Denis Poon

Douglas Potter

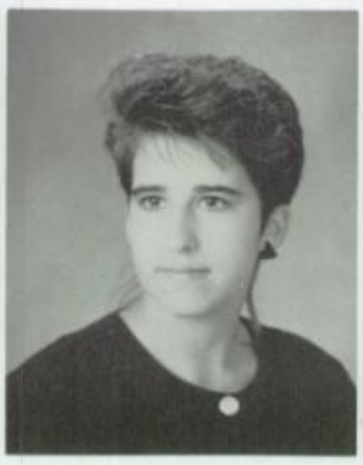
Jonathan Powell

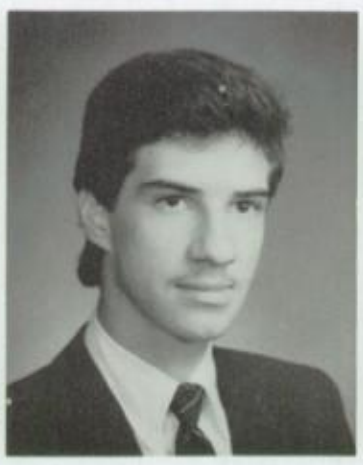
Kimberly Powers

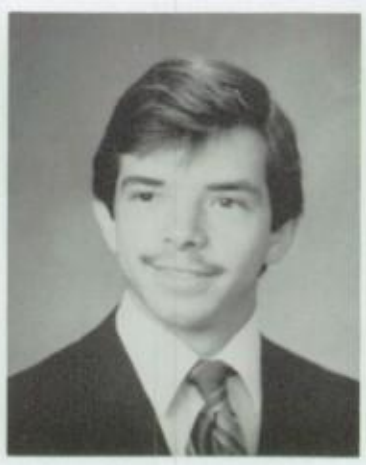
Debra Quesenberry

Vanessa Owen shows *Kathy Grasberger* her secret note.

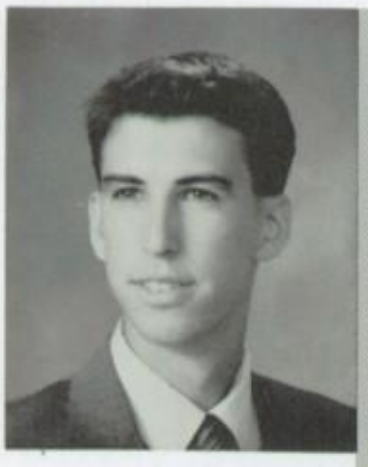
Hilary Quiseng


Lori Raber

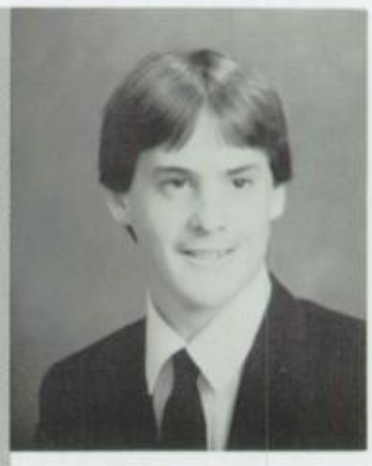

David Radsliff


Bud Ramsay

Kristen Rangel


Brian Rauch

John Gillespie tries to knock sense into *Karen Martin* by throwing things at her.


Eric Raymond

Shelby Reed

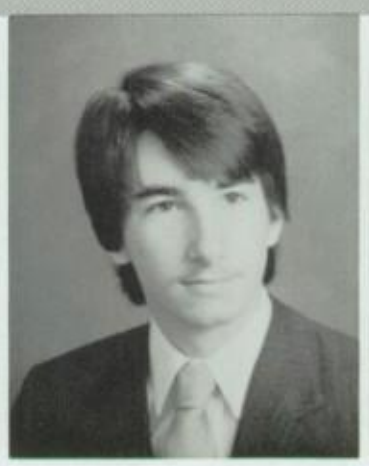
Alec Reese

Bonnie Regard

Erinn Reine

Tonia Reinys

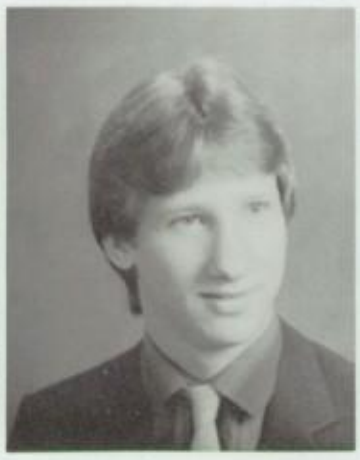
Joanne Reynolds


Kenneth Richards

Kelly Richardson

Laura Richie

James Riddle


Eric Riley

Hannamari Rinne

Brian Risher

Kristin Rittichier

Melissa Rivera

Douglas Robbins

Drew Roberts

Kimberly Robeson

Kristin Robinson

SENIORS

An Inspiring Musician

By Debi Quesenberry

Fitz Pitchord proudly displays his French horn.

Drum roll please! Fitz Pitchford, this year's "Most Outstanding Senior in Music," deserved more than a standing ovation. "It's his ability, versatility, commitment, and dedication in all aspects of the music program that makes him so outstanding," said Mr. Davis, the Director of Bands.

Fitz expressed much enthusiasm his three years here at Poway High. He participated in the wind symphony, jazz ensemble, musicals and marching bands. One could hear him at football and basketball games entertaining the crowd with his synthesizer. Fitz was mostly known for the French horn, but can play almost any instrument. "He's incredibly gifted," praised Julie Hartman.

Fitz's musical career started when his mother enrolled him in piano lessons. From there, his musical abilities progressed. Fitz confessed, "It hasn't been easy, but I enjoy it."

He has written music and has even produced a tape called "Metamorphosis", which consists of all different kinds of music. "It has everything from classical to rock," stated Jennifer Stampfli.

Fitz became popular with the band during his three years here. His friends regard him as having been inspirational. "I don't think I could be where I am today without the instruction I've had over the years," said Fitz. Fitz Pitchford, please take a bow.

'TILL DEATH DO US PART

By Kiki Windsor

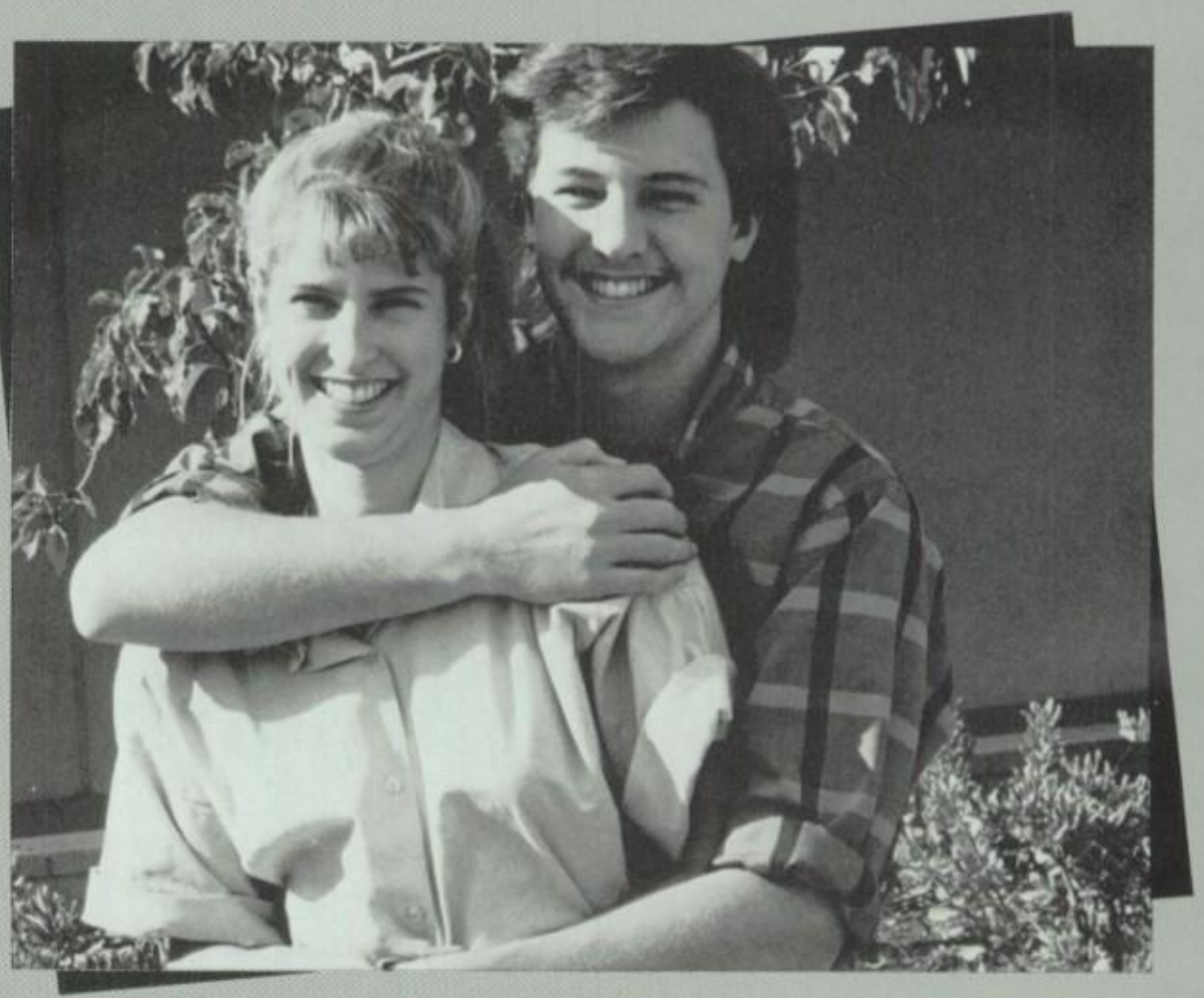
"I always see them together." "They are such a cute couple." "How do they do it?" Who are all these comments referring to? The class couple Kim Bednar and Mike Tomlinson, of course. "They always seem to be together," said Matt Bently.

This devoted pair have seen each other exclusively for almost two years. They met in the romantic setting of Mrs. Clark's math class. "We started talking in class," remembered Kim, "then one day he asked me out on a date." The romance began on the first date at the Chargers football game and grew into a lasting relationship. "The key to a good relationship," stated Mike, "Is being able to talk to each other and you have to have a sense of humor."

The key to a good relationship is communication.
— Mike Tomlinson

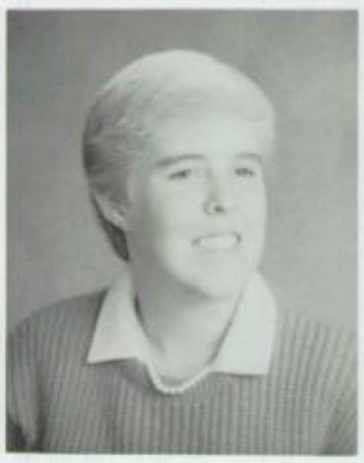
Kim and Mike don't have the future completely mapped out yet, they plan to attack it on a day to day basis. College is definitely in the set-up though. They both applied to UCSB and hope to be able to attend college together. "They have learned to be committed," stated Debi Quesenberry, "That will help them in the future." Whatever happens, the pair will be able to face the future with confidence, together.

You've got to have trust in any relationship.
— Kim Bednar



Class couple Kim Bednar and Mike Tomlinson smile cheerfully for the camera.

Martin Robinson

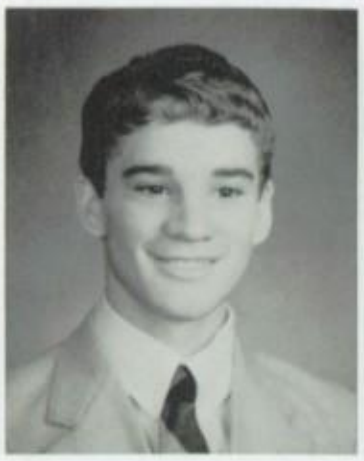


Tamela Robinson

Sheryl Roccoforte

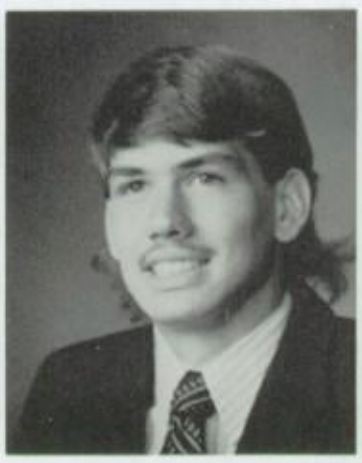
Mike Rodr

Lauren Roesner



Nathaniel Rollins

Dominique Rosano



Jay Rosenweig

Wendy Rostoker

Eric Roy

SENIORS

Tina Royden

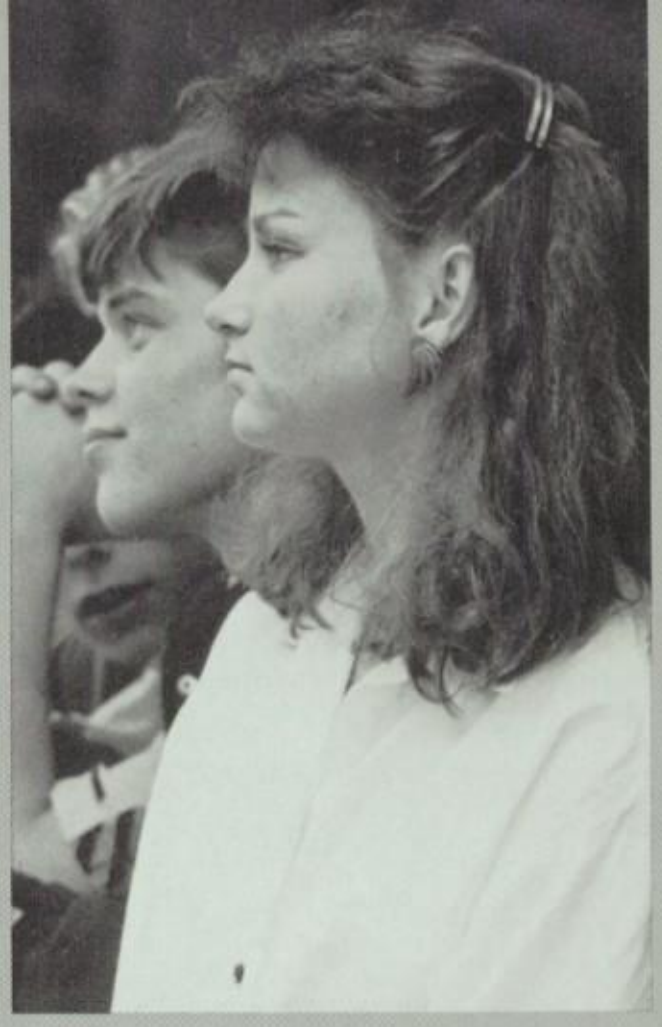
Kathlene Rudzinski

Lynette Ruff

Eric Rumpler

Brad Rutledge

Kimberly Ryal

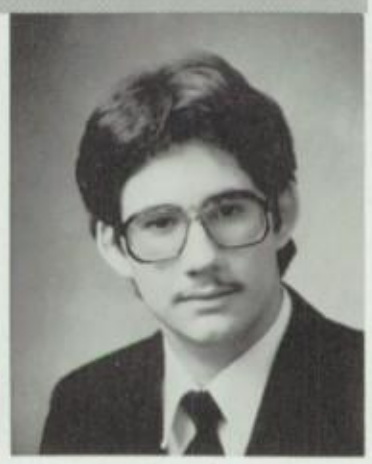

Shirley Francis stares through drooping eyelids at the speaker in her civics class.

Carolyn Salazar

Kristine Sampson

Melissa Sanborn

William Sanchez


Michael Sangrey

Ed Lemon skillfully balances his pen.

Susan Sattler

Bob Scheer

Kristine Schmidt

Angela Schnurer

Tami Schram

Jeffrey Schreiber

Doug Potter turns his back on friend *Jared Hamilton* to sneeze.

Michael Schroll

Wendy Schwartz

Tara Scott

Dustin Seale

Kirsten Sebert

Jennifer Selser

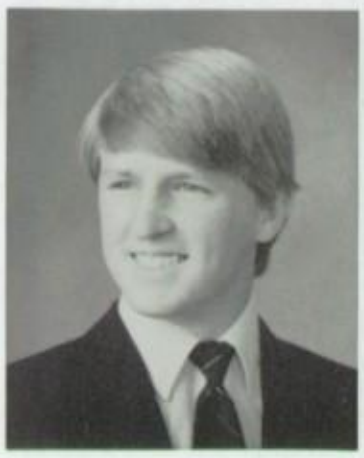
James Serrano

John Sharon

Thomas Sharpe

David Shean

Allison Sheflo



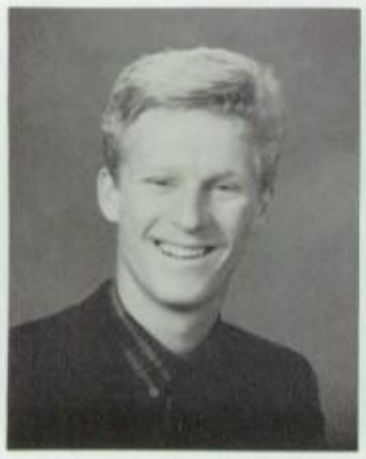
Michael Sheldon

Christopher Shirrel

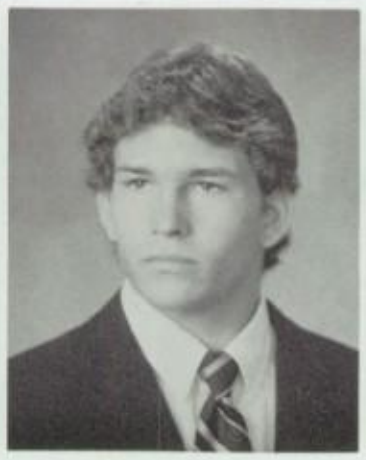
Sandra Shoemaker

Victoria Signori

Kathy Stewart points out the mistakes in *Katie Moore's* paper.


Michael Skaggs

Jeff Slattery


Jason Slusher

Angela Smith

Barrie Smith

Even Monkeys Set Examples

By Debi Quesenberry

Michelle, Dan, Matt and *Jennifer* take off a few minutes to monkey around.

They may have seemed to be monkeying around a lot, but they actually had their job cut out for them. Their task seemed endless. Day in and day out, Matt Golden, Michelle Bellefeuille, Jennifer Meadows, and Dan Orner dealt with how to run a successful senior class. Undoubtedly, the four of them made 1987 a year for all seniors to remember.

With each activity, the senior class grew closer their last year at Poway High. Senior Breakfasts, broom hockey games, and tailgate parties were just a few of the responsibilities that rested on the shoulders of the four class officers. "It was a lot of work, but it was fun. I'm happy to have been able to act in such a big part for the senior class," said Matt Golden.

They all agreed that trying to organize such a large group of students was a chore. "Our job was to do things for the senior class. I'm proud of all the people that contributed something," replied Michelle Bellefeuille. The class pulled together to make the year, before they graduated, the most fun.

The officers led the seniors in a "new direction," as Dan Orner put it, by thinking of creative ways for seniors to spend time together. This year's senior class set an example for those following in their footsteps.

Sheri Snow

Shannon Sopko

Suzanne Southwood

Stephanie Springett

Jennifer Stampfli

The Scientific Approach

By Debi Quesenberry

Who would you go to if you wanted to know where all living things came from? Seniors, if they didn't already know the answer to this question, could speak with Jennifer Meadows because of her expertise in the study of science. Jennifer took science three years and mastered Biology, Chemistry, and AP Biology, giving her the honor of being known as "Most Outstanding Senior in Science."

"Jennifer has always impressed me as a most conscientious student," praised Mrs. Lessard. "She approaches each day with an extremely positive attitude. This is very important in science. So many of our outstanding scientists have been successful because of their patience and persistent attitudes." Those teachers who had the opportunity to have Jennifer in class knew that her attitude gave her the "extra edge" in being successful.

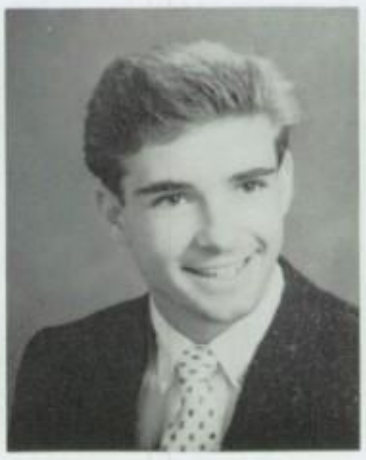
"Biology is the most interesting of the sciences because it deals with the process of all living things," said Jennifer. This year Mrs. Lessard gave her a challenge in AP Biology and made her an expert in this area. "Her ability is only surpassed by her determination to do well," added Mrs. Lessard.

Jennifer Meadows and her pet turtle finish another lab.

Thomas Stapleton

John Steffens

Tania Stepanek



Eric Stephenson

Keith Stevens

Candace Stewart

Katherine Stewart

William Stoddard

Bradley Stodghill

Jennifer Stralow

SENIORS

Susan Stratton

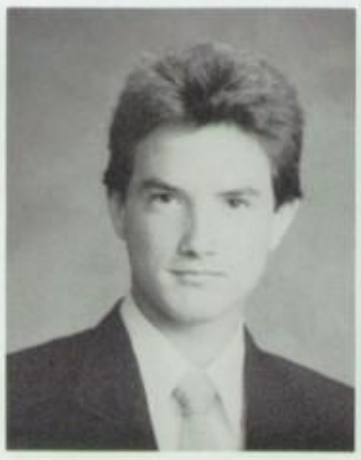
Scott Studebaker

David Stuflick Jr.

Gina Succi

David Swenson

James Sze


Sean Tanner

Karen Tansey

Faith Tarris

Elizabeth Taylor

Scott Taylor

Holly Thomas

Jennifer Thompson

Michael Thompson

Michael Thompson

Peter Thompson

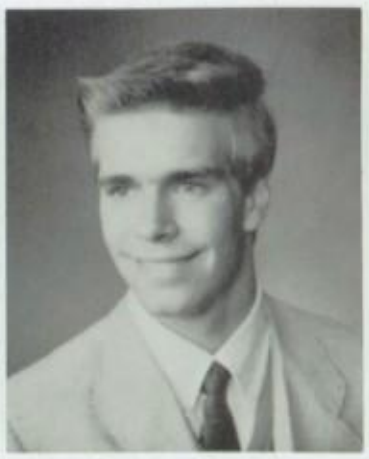
Marquesa Lloyd applies lip gloss in case she sees that special someone in the halls.

Daniel Thorsfeldt

Michael Tisdale

Laura Tolson

Michael Tomlinson


Stephen Toumi

Mimi Luric proves that you can teach an old friend new tricks.

Bryan Tremble

Glen Tripp

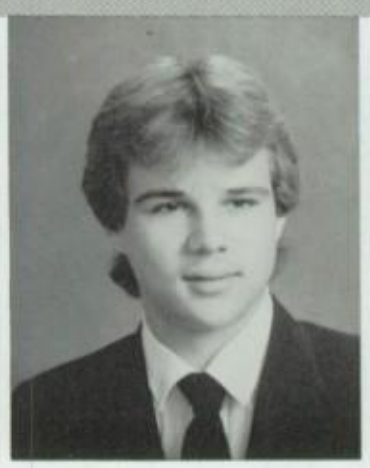
Wendee Tucker

Stuart Underwood

Kimberly Uyeda

Hector Valenzuela

Karen Van-Zant


Patrick Vandenbergh

Michael Vanorden

Lenore VanVraken

Colette Vaughn

Talent on the Stage

By Kiki Windsor

Mike Heap discovers hidden treasures in the prop room.

"A drumroll please," said the tuxedoed announcer, "and the winner of Most Outstanding in Drama is . . . Mike Heap." "I can't believe it!" exclaimed Mike. "I always looked up to the people that got this award. I thought that someday I would get it."

Mrs. Manos, his first and only drama teacher, knew otherwise. "Mike has natural talent," she explained, "and he has a wonderful stage presence." Mike liked to strut his stuff in character roles like Nicely Nicely Johnson in **Guys and Dolls** *and Marion San in* **Little Abner.** *"Mike was a lot of fun to watch," remembered Shannon McNally, "He really gets into his parts." Mike also showed his musical flair on "Puttin on the Hits" when he and his band did their impression of Billy Idol's song "Rebel Yell."*

Mike will be attending Brigham Young University in the fall and plans to go there for his first two years and then transfer to a college in Los Angeles to be closer to the acting action. "If I don't make it in acting, I'll become an artist," stated Mike, "just as long as I'm my own boss." However Mike eventually makes a living, you can be sure that he will do it creatively. Mike found that the high school years were a time of growing and learning, and he took the time and managed to build a strong foundation that will prove to be secure out in the "real world."

Collen Vaughn

Brian Vickers

Donna Vincent

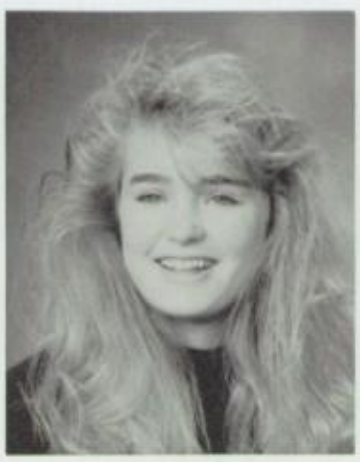
Kim Vito

Scott Voldal

Darlena Volk

John Vorris

Sarah Wade



Tiffany Wall

Andrea Walsh

Xiaoying Wang

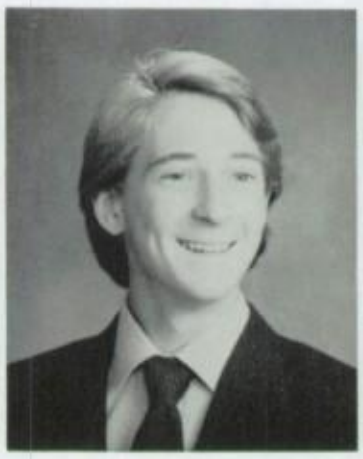
Michael Warren

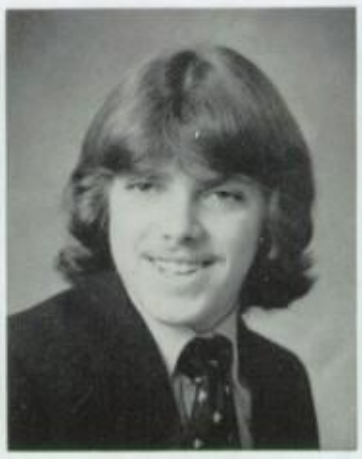
Tamara Watkins

Patrick Watson

Curtis Watts

Erin Webb


Scott Weissberg


Frank White

Brett Wightman

Scott Wilgocki

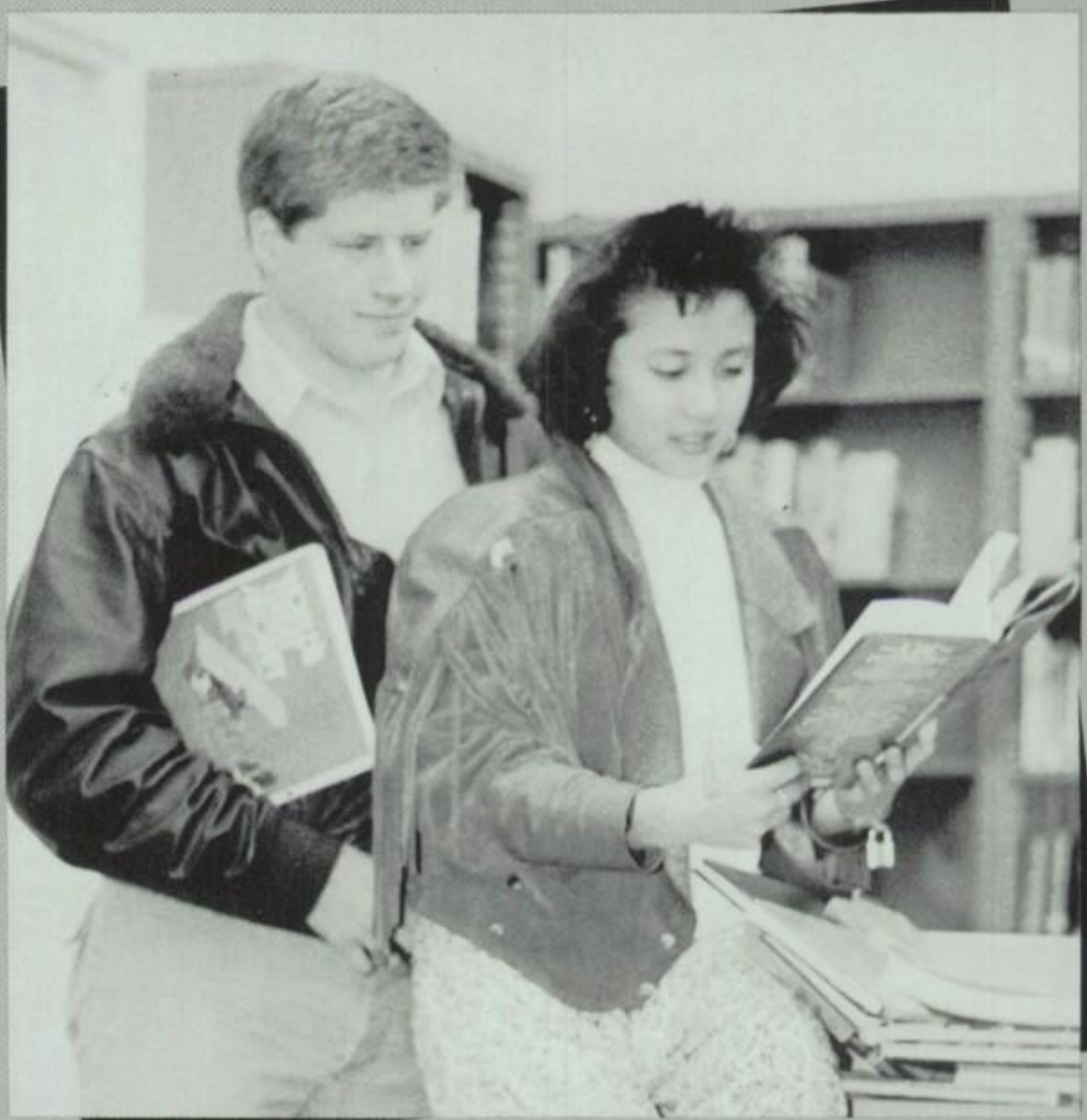
Academically Sound 4.0

By Kiki Windsor

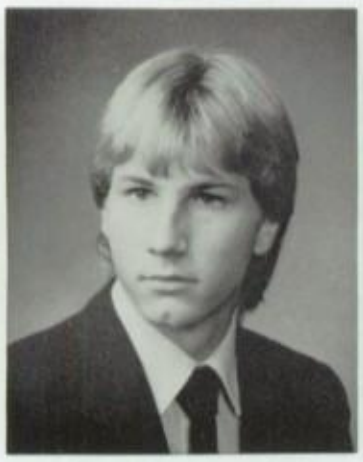
"Homework! Homework! Give me a break!" cried a weary bookbound student. As the class of '87 drew closer to graduation more students found themselves abandoning their books. Two students remained faithful to their studies, Lisa Yum and Sean Depriest worked hard and earned the honor of Most Scholarly. "I never really considered myself the studious type," exclaimed Liza.

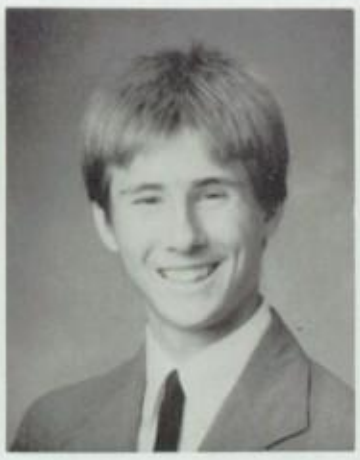
Both Sean and Liza found this award as quite a surprise. "I don't feel like I study a lot," claimed Sean. The two liked to spend more time outdoors then studying. Liza swam for three years of the varsity swim team and played two years of tennis for the school. Sean also enjoyed the great outdoors spontaneous by playing LaCrosse. "Sean was a guy," recalled Matt Baily, "He'd do just about anything at the drop of a hat."

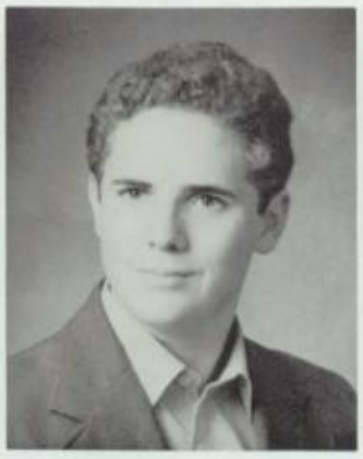
Whether or not the pair considered themselves to be studious their grade point averages showed that they must be. With accumulative GPA's of 4.0+ the two have a prosperous future ahead. Liza plans to attend Stanford or Harvard where she might pursue a career in medicine. Sean plans to go to UCSD and study to be a doctor of pathology. Wherever the path of life may lead them the study habits these two have learned will be a distinct advantage to them in the future.


Liza Yum and *Sean Depriest* share a good book in the library.

SENIORS


David Williams


Raymond Williams


Gary Wilson

Christine Windsor

Joyce Winge

Tracy Winston

Dave Meyers is in high spirits as he sits on the wall at lunch.

Donovan Witchell

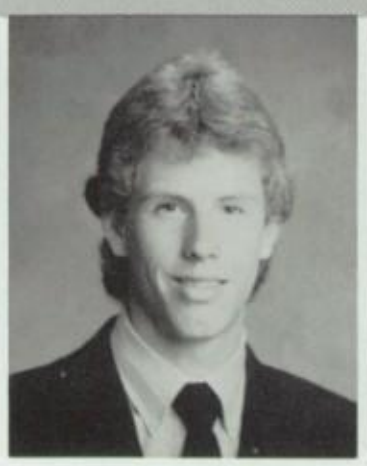
Andrew Wojtkowski

Brian Woods

Michaela Wright

Pamela Wright

Michele Wurth


Ernest Yaggi

Stephanie Yaussy

Liza Yum

Scott Zeitler

What Are Your Plans After High School?

Alyssa Karalekas — I plan to go to college and study theatre and become a soap opera star.

John Gillespie — I'm going to go to a junior college and move out to the coast.

Tracy Winston — I'm going to attend the Fashion Institute of Interior Design in San Diego.

Joanne Reynolds — I plan to work for a while and then attend the School for Missions and become a Missionary.

Noreen Kinsler — I will go to Northern Arizona University and major in communications.

Jennifer Muelbauer — The first thing I am going to do is go to a big party then I'll go to college and major in business.

Jenny Selser — I will attend N.A.U. and obtain my degree in public administrations then get married and have three kids.

Cindy Hilbig has time to think about the future as she waits for her readmit.

Brian Napierala wonders if art might be a good career choice.

A group of straight-faced seniors are speechless while watching one of their last high school pep rallies.

Brett Dixon tells his friend what he thinks of doing homework.

Michelle Malliet realizes ordering graduation announcements can be confusing.

Andrew J. Wajkowski — When I graduate I plan to go into the Navy. After that I hope to help my father run his construction company.

Julie Dickinson — I plan on staying very warm and happy while attending Michigan State University and majoring in journalism.

Julie Hartman — I will attend Cal State Northridge and major in communications. Then I'm going to fulfill a dream and become a flight attendant and fly everywhere.

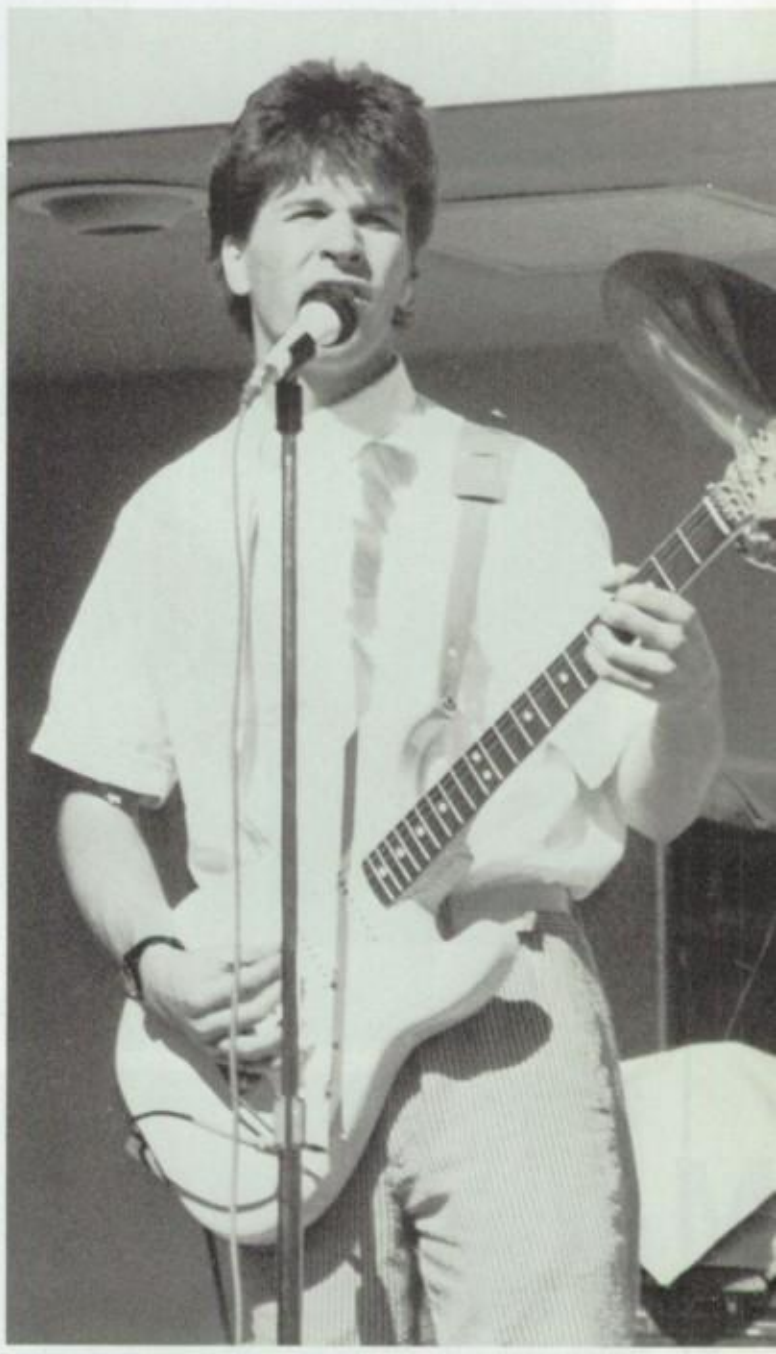
Mika Phinney — After high school I'm going to UCSB and major in education then I'm going to teach kindergarten.

Jay Ranch — I am probably going to a community college and after that I'm not sure what.

Holly Thomas — I am going to go to college out most importantly I am going to remain a sane happy person enjoying life to its fullest.

Kim Ryal — This summer I am traveling to Europe and I will be attending Christ Community College Irvine where I'll be studying drama so I can teach at High School.

Future rock star *Steve Gouveia* gets experience performing on the quad.



Lori Raber, Jenny Selser and *Julie Dickinson* out roaming the halls again?

Kiki Windsor — I am going to go to SDSU for my first two years and then transfer to UCLA and major in acting and one day be a famous actress.

Lori Marcum — After high school I plan to live, live, live! Hopefully I will be attending SDSU to study theatre arts and have fun.

Tonia Reinys — Graduation will only serve as the first day of school for me. I'll have eight years of pre-med and medical school.

Kimberly Chesterfield — I am going to join the Navy and become an electronics technician. I also want to travel around the world.

Paul Wittkamp — I plan to go to a nuclear power school and work for the government.

Yvonne Heine — Actually I really am not too sure, but I'm going to Palomar and hopefully have something to do with fashion.

Tim Bowman bows his head in silence as **Erin Rein** picks apart her food.

knows, we've been through a lot, but we make it with class! Timmy- You've always been the best. Luv ya!

Kevin James Brew

11-9-69 San Diego

This has been a great 4 years with many ups and wons, but I made it to graduation (barely). Thanks for everything and being a friend Davy (Che-wee), Tom A, Ducky B., Marty (psyche), John A, Kim, Beth, Alicia, Tony, Tim T., Missy, Jay N., Cindy, Sean, Kayla, Matt B. Special Friends- Jay, Jim, Tim, John, Larry, Davy, lide to know you better Kristy. Let's do lunch.

Cindy Brundige

8-26-69 San Bernadino, CA

ALL THE FUN! Margo- Our Palm Springs summer with Adam and D.J. Mark and Kevin- Our men, cruisin' Mark's Porche with the top off. Lori's pad with Marnie. All the laughs. We'll never forget each other. Thanks Mark for showing me what real LOVE is. I'm going to marry you some day. Arizona State University (Party) or SMU in the future. Tickets and accidents- hiding them. I just look innocent Cindy!

Rick Spaz Bugado

7-9-69 Graceland, USA

As my days of ignorance come to a close, I would like to say that through all the stupidity and idiocy, I have learned absolutely nothing. Thanks Mary T. Love ya!

PLANS: To talk loudly in the library despite warnings from the roving fountain of intelligence. Then I'll find somebody named Mary, settle down, and share responsibilities. Adios!

C

Shelly Jean Carrel

1-7-69 La Mesa, CA

ACT: Varsity soccer, track, Student Venture Ski Club, Key club, SADD, Powder Puff. Love you Kim for being my special friend since third grade. Soccer memories with Colette, "P"ing my "P" with Cindy, good times with Mitch. Twigs, Spaniards Coaches forever! Love to friends on "The Wall"- Lick it up! LOVE TO BROTHER JOHN, MY PARENTS, GRAMS, AND MY DOBIE FOR CARING!

PLANS: UCSD- Watch out world!

Harlan P. Carroll

6-22-69 Inglewood, CA

ACT: Frosh, JV, and Varsity Basketball. Good luck boys. You'll need it. JV and Varsity football. Tommy, Dave, and Jeff- D.B.'s do it best. Tough D. Michael C., Jeff and Leif- don't sit on the ends, it might turn green. Sis- Mom always did like you best. Mommy A and Daddy B- I'll pack my lunch now. Gary A. throw one. Mike- don't be desperate love your wife.

PLANS: Colorado State bound. I'll be Rammin' I shall return.

Shahjehan Z. Cheema

3-9-69 Morristown, NJ

ACT: Varsity football, field hockey, soccer and wrestling. Mock trial, and JA, chess club and Spanish and Bridge club. Thanks for all the fun to all my friends and fellow wall hangouters.

PLANS: I plan to go to college, join the foreign service, travel and write poetry. I want to see the world.

Kimberly Ann Chesterfield

12-1-69 San Diego

Kathleen- Thanks for everything. Let's not forget Powder Puff, broom hickey, your B-day or Ceci's. May your Ferrari and my Porche last forever in memories only. Let's try to top last summer, now, good luck. Tracy H.- Don't forget Magic Mountain or our spaghetti dinner.

PLANS: I plan to join the Navy and become an Advanced Electronics Tech. After I get out in 6 years. I don't know what I want to do.

David Che-Wei Chen

2-19-69 Kashsiung, Taiwan

Deaver's community tests, take home test, parties, Econ's daily pt. sheet, the mysteries with V.S. and G.F., the awesome secretary J.S. proof reading by Ducky, T.J. trips with K.B. and J.B., Twist and Shout with AB, KB, KW, NK, TA, DB, KK and JP, Helping C.B. with T.T., great smiles M.S. L.N., I'll have you someday.

PLANS: UC Davis, major in material science, design my own Ferrari, maybe marry L.N., but no kids.

Margo Chirico

10-13-68 NJ

ACT: CSF, National Honor Society, Peer Counseling

PLANS: Majoring in Psychology at SDSU and marrying Kevin when he wins the big spin ... or even if he doesn't.

Angie Earnes listens to the profound words of the

Dave A. Chmelka
9-10-68 Rockford, Ill.
Vail Ski Trip, broom hockey, tennis, Mexico trips, indoor soccer, parties, beach parties, more parties, and fast times at Poway High. "Time if never wasted when you're wasted all the time" so "Party till you're stupid" and always remember, "I'm not leavin, till I'm heavin!"
PLANS: I plan to go to college at UCSD, graduate with an engineering degree and then find a good job, an exciting and beautiful wife, and begin to live life up to the fullest. After all the partying is over I plan to settle down and appreciate the things I have. I also plan to keep skiing and keep playing tennis. Later.

Johnny Clark
10-28-69 Oxford, Miss.
ACT: Soccer. Now that we are done we shall not forget RASTA! 6th period parties at Shalom's. The Volume I series and may John be with us the remainder of our lives.
PLANS: My future plans include attending San Diego State next spring. Taking the 5 year plan and having an undeclared major.

Cynthia Marie Clements
1-17-70
ACT: AFS, CSF, SADD/Safe Rides, Rotary Interact. Danielle- remember the good times in the HPTB and don't even change. Come see me next year! Scotty- thanks for the best year of my life- I'll love you forever.
PLANS: Two years at State or UCSD and then who knows where. I plan to be a high school Spanish teacher.

Deborah Christine Cocciardi
6-2-69 Lakenheath, England
ACT: Poway Softball League, SADD, Key Club. In spite of some hard times my freshman and sophomore years, I feel as though I've accomplished a great deal and have made some very special friends. I'd especially like to thank Mrs. Fulwiler, Miss Wagner, Mr. Gibby, Mrs. Hubbard, Mrs. Busch and Mr. Bresniker for all their help.
PLANS: I plan to attend Villanova University and to obtain a duel masters degree in elementary education and psychology. After college I'd like to join the Peace Corp. and become fluent in Spanish.

Representative from the League of Women Voters.

Sara L. Cole
1-15-69 Berwyn, Ill.
ACT: Played flute and was a squad leader in the Emerald Brigade.
PLANS: I will be getting my Bachelors in Zoology at UC Davis and plan to pursue a career in animal behavior or research.

Samuel Josephy Cordero
6-10-69 Rochester, NY
Perfected the fine arts of procrastination and laziness and practiced them faithfully. Give me six weeks, I'll do it in one day. I'll always remember California, the place of my mental and moral collapse. It's been interesting. C-ya
PLANS: Attend college in New York, get my MBA, and become the major force in the business world. Watch out Rockefeller, here I come. If you don't know of me yet, you will.

Michael Patrick Cormier
11-3-69 Hampton, VA
ACT: Football, Baseball, Key Club, Varsity Club. Lollipops are profound. Mutual B-B-Q's. Be spontaneous and always remember to smile; it worries people. Harlan- Lord have mercy! Leif and Tonia- Long live the Physic's conversations. Pilar- you're the greatest little big sister. Jeff- Let's talk soccer. Kim V.- Be a real wife. Scott- get married! Kiki- love that pepperment. AKA Thomas McKinley
PLANS: Career in business.

Stephanie Coulter
1-7-69 San Diego
Remember pee-wee and long live Jomby. All in T.J. and Margaritas at Mr. Crown. Sheryl and Lynsay thanks for being there when I needed you. You're the greatest. And to the Pizza Hut crew- may we win the golf championship next year.

Sean Michael Courtney
7-23-70 Yonkers, NY
2 Gumby parties, 2 many calculus take-home parties. This may be irrelevant but thanx to K for my B.V.D. To all the little people at PHS, it's been real. To Timmy and the other faithfuls- TMF
PLANS: Go to UCSD or UCSB. Do my homework. Clean my room. Make money- Get real.

D

Danielle Davidian
6-26-69 Philadelphia, PA
ACT: Tennis, track, swimming, Key Club, Keywannettes, CSF, FBLA, football stats. To the gang- Scrupples forever, let the Bridlewood tradition live on, all my buds the good times get even better, to my junior friends- Congratulations you made it. To the Poway Cops- See ya!
PLANS: To enjoy life to the fullest!

Julie Helene De Marco
6-5-69 Mt. Vernon, OH
To Faith who got a job, a car and you know what, congrats. and to our threesome that stuck together even when we didn't spend time together; I wish the best of luck and

Debra Michele DeVore
3-13-69 Fontana, CA
ACT: ASB SEC., Frosh, JV and Var. Cheer, 4 yrs. Var. Gymnastics, skiing, laughing, and smiling. Kris-10- "Ripp" Jen: All the great times, I love you! All my love to my favorite guys. Thanks mom and dad! I Love YOU!
PLANS: Attend UCSB, meet the love of my life and lead an exciting, successful life.

Julie Lynn Dickinson
10-31-69 AnnArbor, Michigan
ACT: Yearbook editor, SADD, Key Club, Jr. Commissioner. To all my friends: you'll never realize how much I'm going to miss you when I leave, but memories last forever. J.S., my Jem- the summer of '85: Attacking fish and Pedro Guerro. We've held on 6 years. It'll last forever. Kik- We had our hard times, but I'll never forget you. Good luck with stardom. D.Q.- "And the list grows longer!" H.T.- the Supremes. My Belle- Fat City. Yuck! T.W.- My favorite Mormon! S.T.- Skiing and Abacab. Odyssey and Mr. B-You guys are wonderful! Thanks I love you all. Michigan, here I come! And

Shelly Carrell examines her salad carefully before taking a bite.

California, I'll probably be back!
PLANS: Attending Michigan State Univ. and becoming an editorial journalist. 60 Minutes?

Cindy Lynn Dill
8-12-69 San Diego

Staci, thanks 4 many years of wonderful memories! Pebbles, Bambam! CARDBOARD! Shelly, Hey DORK don't P.Y.P, M.J. might see! Good luck in all you do. K.I.T. Lori, Jamaica Ct., Dicer, Catalina. Always stay close to what you know is true. Judy, Sunday concoctions, dancing, America, Munchiechie. Love you with a sexy purple Jude! Karen, You're beautiful! Kim, thanks for all your support. You're definitely the greatest sister. I love you!
PLANS: Ricks College in the fall, then I'll take a trip to Jamaica where I can drown myself in Reggae! Rastafari Livith!

Brett Dixon
4-3-69

Life started July 3, 1986 thanks to Shannon and the need for ice cream. But life will be perfect after leaving Poway in '87! College? Maybe. Marriage? Definitely! Too Young? Never! But When? We are so good at Making decisions Shannon! You are perfect, I love you so much, you make me so happy. And Mike! Friends since sixth. Fun getting crazy! Pyro's! 4X4ing! and going to Mount. Well, Bye!

Julie Lynn Downing
2-8-69 San Diego

ACT: Band, Keywanettes, SADD. Thank you Jules for putting up with me for so long and the special friendship we share. To JH's; What a threesome! Thanks to the lunchtime crowd for the greatest senior year ever, and always remember, "Please pick up your trash!" All of you have made high school unforgettable!
PLANS: Majoring in hotel management

E

Douglas Ray Eagle
1-18-68 Hamilton, OH

ACT: Football, wrestling, track (all-league 300 I.H. '86), Student Venture. Sorry A.P. for the hard times love ya. Dr. J thanks for putting up with whiplash through the good times and bad. Bro, kick butt your last 2 yrs. You stud. Jill Benson, good luck your senior year. Jesus is true happiness. C-ya
PLANS: Mira Costa 2 yrs. Azusa College 2 years. '92 Olympics. A.I.A. Track Staff, Student Venture staff.

Christopher Lewis Eakman
7-15-69 Camp Lejune, NC

ACT: Var. Soccer, Pres. of the Theatre Guild, Actor, "Let's Make a Deal," Blues Brothers. To all my buds, love ya. Serious? Who? Me and Brant? Why be serious when there's so much to laugh about! "Boogie Boogie" Take it easy and keep smiling. Shaka Bra! Thanks for everything Dad, love ya.
PLANS: To be a working actor. Screen, stage, or both! So watch out Hollywood! I'd also like to get married. And be Crazy!

Kathleen Ann Egan
11-1-69 San Diego

ACT: Freshman, JV Water polo, Sophomore, Stats Varsity Basketball, Junior, Senior Varsity Cheerleader, Tracy, exciting lunch periods, What's your name? Judy, mornings we froze to death! Mikey Egan, listen to the rap music and move next door, Jenny, Kristin, Jennifer, keep our lottery going, (all of our boyfriends) Criket, Pick up on anyone at B-ball game lately? Donna, Karen, Hey jiggys I can tell ya apart! Mike Napierella, Geraldo- Thanks for being such a great friend!
PLANS: I hope to be very successful in life, make great friends like I've had at PHS, keep the ones I have now and just enjoy life! I want to attend Loyola, Marymount or UCLA (I wish) and after college have a good job, a great family and maybe be rich, it would be nice!

Kathy L. Elmore

ACT: Lacrosse, Broom Hockey, Powder Puff "QB", Baseball Program, Senior class, Key Club, softball, Keywanettes. To Corey Carter, Zack Burrell and all other lacrosse and baseball players; thanks for everything! Sis, good luck with the guys and with your sports; you'll make it. Pilar- "any more concerts?!" Jen- Ridigem digember?! Good luck to all my friends. Corey/Zack I made it through football!
PLANS: Go to USD/UCSD. Be a beach bum.

F

Jeffrey Carleton Faust
6-30-69 Georgia

To PHS: Thanks for the two years. PHS Varsity Tennis and AFS club. Never forget copying take home tests. I will never forget M.B., F.B., G.P., T.M., H.R., A.L. To the first-period tennis class: We all know who is the best. Het was goed om je te ceren kennen. Mathieu, veel succes.
PLANS: Hopefully but doubtfully Santa Barbara. If not, UC Santa Cruz. Major in Mechanical Engineering.

G

Jeff Galka
9-4-69 Cleveland, OH

For the ski club, Vail was totally awesome and will never be forgotten. Varsity football, Our "D" was tough, and for Dave, Tommy, and Harlan: DB's do it best!
PLANS: I plan to go to college at hopefully UC Irvine. There I want to study Criminology and become a detective until I can become a P.I. I then will retire at a young age and become a beach/ski bum with my wife and kids.

Jennifer Rae Gannon
1-27-69 Westminster, CA

ACT: Co-founder and vice-president of the French Club; mock trial club, AFS, International Theatre Guild, FBLA, CSF, NHS. I want to say goodbye and good luck to all of my friend- and always remember: wherever you go, you are there.
PLANS: Go to college, meet Mr. Perfect, live in Paris, have 10 kids, and never stop laughing at life! May we all meet again and not just in an asylum for the mentally deranged!

Cecelia Garza
7-3-69 Fortbragg, NC

ACT: SADD? Safe rides, Peer counseling. To my

Pam Wright and **Ann Mathys** catch a breath in the middle of a competitive broom hockey game.

Samantha Hall and friend work hard at the Political Fair.

family- you're not getting rid of me yet! To K.F.- neither are you, we have another dance to go to. And for what it's worth, T.S. thanx for all the great memories, they'll always be special to me- so will you.
PLANS: It's two years at a JC then transferring to UCSD (Or UC Berkley); or it's UCSD starting winter semester. or it's back East after working full time to pay the out-of-state fees, or it's ... I can't remember ... HELP!

Bridget Renee Gast
11-6-69 San Diego
ACT: Skin diving club, SADD, Who's Who, softball, peer counseling, and Student Venture. To everyone I know- Your life becomes better as the days progress. Please wait for the next day.
PLANS: I hope to attend Long Beach or San Francisco State University and later transfer over to a UC school or USD. I want to major in Marine Biology and spend the rest of my days in sunny California near the beach.

Jacqueline Gaston
12-6-69 Menlo Park
ACT: Broom hockey, powder puff, best benchwarmer '85-'86; falling asleep during every audio visual presentation, the lights went off and I went out. Kath- get clothes. Amb, Brig, Core, Caro, and everyone, I love you. Speck- Umm, umm, umm.
PLANS: Become a bag lady, rule my own country, and coach football. Really major in Bio engineering at UCSD.

Tracy Diane Giafaglione
5-2-69 San Bernadino, CA
ACT: Ski club (VAIL) Black diamonds huh? Senior ski day attack those moguls! Collen stay on the run. Jenny, no guts no glory. Payless, Leeds, dig on them shoes. Phoenix on fire. The stang' forever. Collen (5) cars ... partytime! Car wash action. Off Roadin' with real truck.
PLANS: Beachbound forever, off to find some real men. Mesa here. State will wait. The Big "L" to PHS we're outta here.

Leif Edward Gigstad
1-12-169 Barstow, CA
Good luck to Ollie and the Olliebabas. Jeff find a real woman. Harlan how about some pineapple upside down cake. Tom McKinnley way to play broom hockey. Basketball- maybe next year. Good luck in the future. Dr. Reinys D,G, carry on the tradition, Pretty sly. Glen T. keep picking
PLANS: College diplomacy major, or ski bum.

Jennifer Ann Giles
7-16-69 Dallas, TX
ACT: Ski club and Soccer- Thick and thin- wouldn't have been the same without you and your action! Wendee- I love you. To the Naps- thanks for the J's, Y's, and summer fun. Jason- keep studying hard, take it easy on the "chicks" and don't let the p's get to you. Marie Callenders lives!
PLANS: Future plans include U. Arkansas, studying therapy and to marry B.F.

Matthew Charles Golden
1-26-69 Albequerque, NM
ACT: Senior Class President, ski club, ASB
PLANS: UCLA or UC Berkley and Harvard Law. I'll graduate Harvard by the time I'm 25, come back to San Diego, fall in love with my ideal dream girl, get married, have 2 kids, one year apart exactly. Be the wealthiest at our reunion. Become the Republican Senate Majority Leader and Hammer Liberals.

Timothy John Goudarzi
11-29-69 San Diego
ACT: Varsity and JV Soccer. If PHS doesn't raise 6 million dollars for me by graduation, God will take me off the earth. Thanx to Jerry for my character building experience in in-school. Have a good senior year Deena. To the soccer team, watch the short long balls in college.
PLANS: Most likely head up to UC Santa Barbara, if not, probably work and go to UCSD. Then play my guitar and make millions. If all else fails I'll live off my lottery winnings.

Steve Hervert Gouveia
2-7-69 San Diego
I was traveling through another dimension, into a void as black as Mary's mind, but not nearly as important as Al's high-tech room, a wondrous land whose boundaries are that of stupidity and ignorance- There's a sign post up ahead ... next stop ... intelligence. Thank God!
PLANS: I want to be a botanist, nothing else.

Kristi Greatorex
11-19-69 San Diego
For Starters, congrats to us all! Jon K. we gotcha!

Matt Bently appears scientific as he participates in a chemistry experiment.

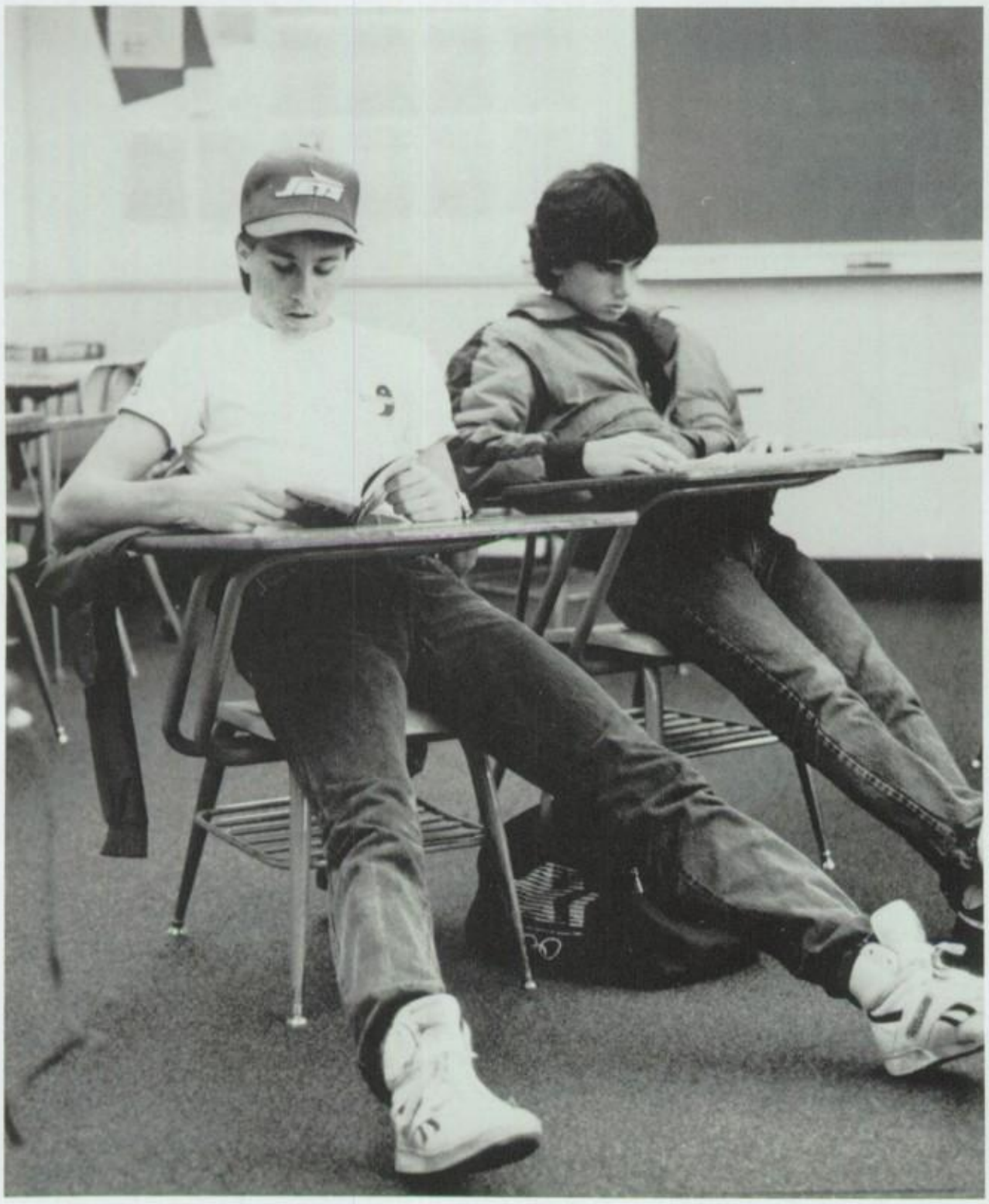
Nice care. You sill owe us a movie. Brenna and cyndee thanks for a great year. You two are the best. Don't forget the long nights, early mornings, and lunch before f.m. We're sly! The 3 Muskateers will be together forever. I love you guys!
PLANS: Bren, Don't forget about our apartment! In the future, I'll be successful.

Lynsay Griepentrog
9-10-69 San Diego
Mexico, my be be fedy, papi and international lover Ramone, el Torito and late night rendezvous, smashing glass and having cows. Sher, my dearest friend who I'll love forever, Steph, who helped me get through problems. John, who will always hold a place in my heart. I love you. No sleep for me and Sher but lots of happy moods, poppers and problems, I swear only you.

Matthew Alan Guerena
5-30-69 Inglewood
ACT: Drama, skin diving. Loritom Matty peep, James Dean, Eyes, up here, A secret who's leading; Kimmy Honeybear Honey woffers Clark Gable, Mc D's Kisss kiss, Boneswa, Watch for break lights; Ba ba biz, Maryln Monroe, cow slippers, have a fish, love ya; Pammy Zerbert; My Button; Missy my lezer; Karen watch for Bugs, keep your eyes on the road, no one is here Alysa
PLANS: I hope to go to SDSU to degree in Bioloy then off to Orgen State to master in Marine Biology and live by the beach. MS. B says I'll be a teacher, thank you.

H

Jared Alan Hamilton
1-25-69 Escondido
ACT: ASB V.P. of Business, Ski Club Pres. and Treasurer; Teen-age Republicans; and other garbage; Everyone in "The Group"- Thanks for all of the long night convoes. Fred H. Besex Toi Mon-Amie Brian M. you were and always will be, a great friend! Pili, thanks for always being there and for all of the memories. Michelle B. You're a friend I won't long forget! Brady: Lots of Luck next year Bro! To everyone I have missed, thanks for all the great times ... Aurevoir.
PLANS: A San Diego Business major and to become a multi-millionaire by 29; 30 at the latest.



Richard Hagardy and **Tim Goudarzi** demonstrate the casual "senior stretch" in A.P. English.

Stacy Ann Harris
3-26-69 Los Angeles
ACT: Titan Tennis '86! Q, Doder, Deener, Spode, Spaz, Loony-Calhoony, and Barney- We almost had it all. Good luck next year CIF Champs '87 Love, animal. To Simone: How do you say AAAAGGHH! in French? To Karen, Lynette, and Patty' you're the best! I love you guys. Thanks for the talks, jokes and all the good times. You're the best part of mee.
PLANS: Notre Dame and tennis, tennis, tennis.

Julie Kathleen Hartman
6-29-69 San Diego
ACT: Keywanettes, Band, SADD, Yearbook: I just want to tell everyone that knew how to make me laugh that I'll always remember you and I'll miss you next year. Thank you lunch time crowd for the special memories. Goodbye PHS! Hello real life!
PLANS: Communications at Cal State Northridgge and then become a flight attendant and travel EVERYWHERE!

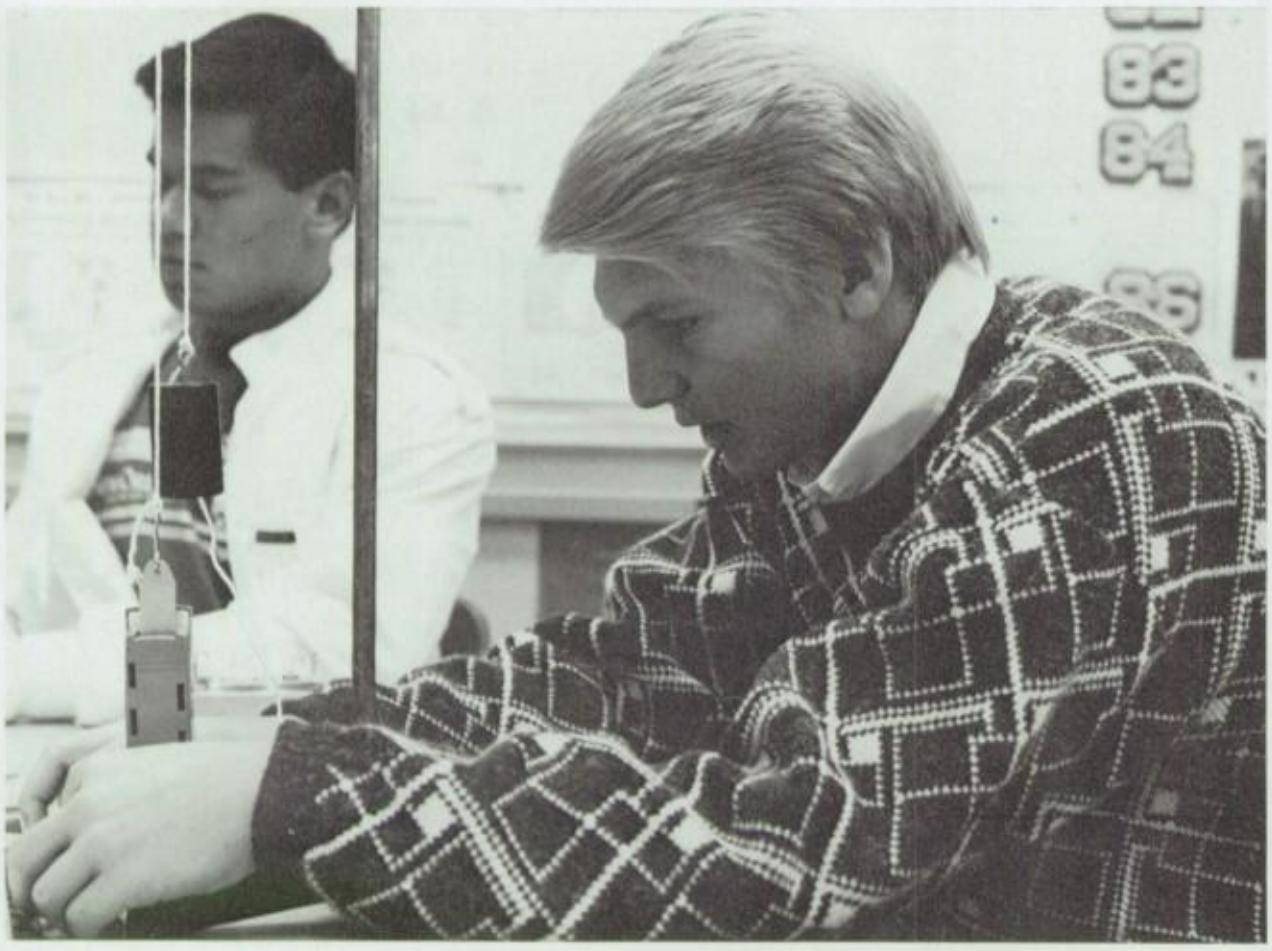
Michael Heap
3-15-69 Hollywood
Thanx to Bill and Liz for letting me tag along this year. I just wish Dix and Dave could have been here. Yes, a lonely senior I was I.
PLANS: But now I am off to pursue acting and entertainment. See ya on the Tonight Show guys. No more Billy Idol for me.

Yvonne Heine
10-8-68 Santa Monica, CA
ACT: Track and field, drama, art, German Club, J.A., eating. Everyone stay happy especially Jay, Savior Faire, Jamie, Judee, Randy, Candy, Bonnie, Stephie Poo, Alyssa, Shelly, Gina and Gana Banana. Don't have a moo-moo-cow.
PLANS: I plan to either do something with fashion design or buying, or phology or maybe I'll become a lawyer. I don't know what I'm going to do maybe I'll go crazy! If I'm not already.

Daniel Hemming
7-28-69 Atlanta, GA
ACT: Water polo, swimming, and being an average student. To the class of '87- may leisure rule forever.
PLANS: Endless years of medical school and to become a doctor after that.

Travis Higgins
8-27-69 San Diego
ACT: Lettered in cross country, volleyball/ski and varsity club. Thanks PHS for a great, but very long

Leif Gigstad concentrates intently on balancing his weights in Physics.



four years. Good Luck to the rest of you that are still here; but stay out of trouble or Bert, Jerry, and Scott will get ya.
PLANS: Go away to UC Davis or UCLA (which ever takes me), and become a physical therapist; so I can do nothing while making a lot of money. I'd like to stay in California, but have a winter house in Colorado, where I can ski every day.

Cindy Hilbig
5-10-69 Los Angeles
Tami- my 4 ever friend. Thanx 4 everything! We had a great four years. Don't forget DC and our Soph, year. We'll have a great time at the Y- best of luck chickee! Dave- Hey "Homes," U made it! Thanks for all the great times together and memories. We dod a ;pt/ Upi are the best! I luv you. Best of luck in the future- keep in touch "goofy." You are too good to be forgotten.
PLANS: BYU; get married and have my "12" kids.

Frederick Coleman Hill
12-2-68 Biloxi, Miss.
ACT: Varsity tennis, 3 years. ASB, publicity commissioner, key club, Pres. Ski Club, V.P. and Secretary, Academic team, Varsity, teenage Republicans, Varsity Club, SADD, CSF, NHS, Who's Who and a lot of other junk. To Dan the Man, Procrastinators until the end. G.T. and B.K. (women?) B.M. and L.W. I wish you the best. K.R. (tap,tap) wrong side as usual. J.H. and B.H. remember Besez lives. Pilar, thanks you've meant so much. I'm history ...
PLANS: Attend Beirut University and become a terrorist for the Islamic Jihad, or attend 4 year university, obtain business degree and become extremely wealthy as an inside trader.

Gregory A. Hosterman
11-6-69
I Bid good-day to the band, Sean John Scott, Bob, Stu, Todd, Frabe, K's, and all ensundry wenches. TPT transfered to JP BW and Corvette "Oingo!" Everything. Full-fledged band buddy, air band, electrical engineer, Toretto Frog- hunt participan, atmospheric controller, Academic team. Loaf!
PLANS: To acquire many fine European automobiles, and a residence located on some body of water. Also, to have an enjoyable occupation, a decent spouse, and multiple child prodigies. But first I hope to survive a rigorous collegiate scholastic career.

Elizabeth Kathryn Hull
2-5-70 San Diego
ACT: Theatre Guild, Thespians, Theater Boosters, Ski club. Food fights, Sceta, B.S.M.H.L.M. were the last of the Drama screw ups. A.K. "Days" will always be # 1 E.L.- Always stay classy.
PLANS: San Marcos Univ., a busy life doing little but making lots of money. Remember whenever you go- the lizard always lives.

William Hyde
7-31-69 Escondido
ACT: JV Football, Varsity Football, JV Wrestling, Ski Club. Thanks for a good time at the wall, and making my last year as a senior a blast.
PLANS: Party for a few more years and then get rich, maybe I'll go to college.

Bradley Hyldahl
ACT: Member of the Jackson Five- To the most exciting people and best scammers. Pete- underwear talk the morning after my party. Dustin- "She scammed of me, yea that's it! Kevin- what can I say about a party reptile? John- "Hi, I'm Horace, my friends call me Horatio- Do you want to go out?" How could I forget the chicks? Doe, K.T. and Sheila?
PLANS: To make millions by marketing Billybong's nationwide.

Samantha Sue Hall
4-28-69 Connecticut
ACT: I'd like to take a quiet moment to thank all those little lovelies that I've grown so fond of during the last four years. Maybe I will see you in a crowded Manhatten elevator 10 years from now. Some of you are stuck with me. Remember, never laugh at Mrs. Z's music and always agree with Mr. Hugins.
PLANS: I would like to be a famous fashion designer in a foreign land driving a foreign car. A famous Quote: Art is Reality.

J

Chris Jacobs
9-20-69 San Diego
ACT: Grappellettes, broomhockey (remember Kristin?) To everyone at the wall, Kristin, Debs, Jay, Hal, Matt, Dave and Jason thanks for all the laughs, esp Kristin. (wonder buns on the Civic!!) To Amy, Sheri, Joi, Tina, Michelle and all the guys, thanx for the best wrestling season ever.
PLANS: Go to college, graduate to become a successful surgeon and marry Jay when he becomes rich.

Eric R. Jaeger
3-3-69 Tampa, Florida
ACT: Volleyball was exciting. Too bad the hill was leveled. May Mr. Gibbmonster Gibby Keep his John Wayne wallet. And may Eric Grimm's car make it to the beach forever.
PLANS: To be an outside hitter for Peperdine Waves at 5'9" and to be living in Rio after my four years at Stanford.

Jennifer Ann John
8-29-69
ACT: Track, Kewanettes, CSF, NHS, Powder Puff, Senior Ski Day, Broom Hockey. Hey babe, it is babe, isn't it? The big "L" at PHS. "School guys" and Grappellettes. Hey dudes let's wrestle. Opel action on Espola Lite-Brite-keep struttin' Sears, TG+4, Sean, thanx for the best. Beth, Noreen, Kim, love always; "You Can't Hurry Love" Tracy, Colette, Colleen we're stoked, we be jammin'
PLANS: College, Psychology, Antartica, white beaches.

K

Cyndee Kane
1-21-69 San Diego
ACT: High school was my activity. Thanx a lot for all the shared knowledge. I've learned from my past and for my future.
PLANS: I will major in art with a second in English. A teacher or an interior designer. Own my own art gallery.

Gine Marie Kantor
7-15-69
ACT: Colorguard and choir. I'd like to say good luck to everyone, I love you all!
PLANS: Go to New York for awhile. Go to college and maybe study film. Maybe I'll become famous.

Alyssa Nicole Karalekas
12-20-69
ACT: To the "Drama Elites" (and you know who you are) Through good times and bad we made it thru high school with our ambilical cord to the theatre. I love you guys and I'll miss you. Parade wave ...
PLANS: SDSU ... and then ... keep a watchful eye on the silver screen (let's do lunch)

Irene Karvellas
3-11-69
ACT: Ski club rep. and member, CSF, NHS, Honor Chain, Youth Salute and Honor Role. LIL'SIS-I love you! Thanx 4 being a friend and much more! GW-Where are all the nice boys? I'll miss the t.p., string, #33 and all the wild nites at Mission Bay. B.D. M.T., A.R. you're the greatest!
PLANS: Live life to its fullest and get rich.

Kirsten Marie Keithly
2-9-69
ACT: Gymnastics, Varsity Club, Surf Club, Cross Country, Mock Trial. T.V. watching with Sara. Good luck Inga and Ericka- beware of Mr. Torretto. Kathy H.-it's about time! your license. Cindy, Luv ya and take care. Let's hit the beach Sara, surfs up! Thanx Jeff, Luv you.
PLANS: Never get married, at least not for the next ten years. Hit T.J. a few times with Kathy S. and Patricia. Meet me on the top of the driveway, HA! Finish college and surf until I die.

Farnaz Khadem
7-3-69 Tehran, Iran
ACT: Mock trial, Pres. of French Club, NHS, CSF. Thanks Jen for helping me keep my sanity. I'll really miss you. Sim and Syl thanx for all the fun PHS will never forget us! Claire, tu es une bonne amie! Good luck always! Thanks to my wonderful teachers who made learning fun.
PLANS: Attend Northwestern Univ. and major in comm., find the perfect guy, become the next Barbara Walters.

Rick "Why" Kim
3-26-69 Bangkok, Thailand
ACT: Celicia G-Richard N. is in love with you. T.S. no P-enjot repeating you senior year. Dano call me from LA. OJ-get well soon. L,Y,-you're a babo. DO, RN, TS-pizza's on me.
PLANS: Back to my homeland and stay with my great-great grandfather and raise chickens.

Noreen Ellen Kinsler
3-12-69 Rockaway, N.Y.
ACT: Powder Puff, Key Club, SADD, KIM M-Reno, boys, phone, caus. Kristy; it's a rule, Carl's Jr. Beth; long talks and walks to the swings. Kim K; no breathers at closet doors. Lien; San Clemente. Suzie-last half hour at Distilery, Missy; accident prone Claire; Lasting friendship. Alicia and Kayla; Take my pic. Jenn; dead serious forever O-CRA Everyone; fun time, lots of love WE MADE IT!

Beth Rae Kirschbaum
1-3-69
ACT: Thanks friends, Moreen, Kim M, Missy, Claire, Kayla, Jenny, Tracey. Sears Buds: Rob, Greg, Pete, Sancra, Barry, Uly, Rich, Greg, Adam and Bonita. To Tim, Jim, Kim, Tim, Jay, Larry and Keiin, my thanz in making a special summer and special friends. Beth ll a friend is never far away. Alicia, you're the best, sweetie! I hope this is just the beginning! Mike!

Bill J. Klansnic
2-20-69
ACT: Football. Remember my square planer, sounding at Jen's. The late nights, early mornings. Marc, the Mexican, how's the ancestor? Hanging on a wire, passing out for three hours in Esc. Gramets with the spider too. My white cat, thanks Lisa. Corona is the trademark. The legs at Stoneridge, dead ants, granny's and white lines.
PLANS: To aim low but soar high. Live out my dreams.

Nanci Kocen
6-8-69
ACT: We finally made it! We've struggled through freshman PE, giggled through soph. sex ed., panicked during the junior PTSA's and now we're Seniors. What a Bliss! I'll miss all my best friends, See you guys at our 10-year reunion!
PLANS: Attend Palomar and major in business then transfer to SDSU. I want to travel the world, get married, have children and open my own restaurant.

Brian Allen Korgel
2-14-69
ACT: Basketball, baseball, key club, SADD/saferides. The "gas crisis" the wagon, misunderstanding, Mammoth, Rossingol, the Maxima, LaJolla before broom hockey, Snowbird, 85 in a 55. Time changes us all but we won't change our friendship. To Pilar with my undying love- "Meet me somewhere after dawn!" When in doubt, go skiing and remember "We're all friends here"

Kimberlee Diane Krepelin
10-3-69 San Diego
ACT: Key club, SADD/Saferides, JA. Kim Renee; Let's Parade, wb '86, What a convenience! Beth: Thanx for a special summer in '86 the sleepover WTG! Noreen; DS 4ever, frog phone, no breathers at dinner, Kristy; Trig functions, Alicia; those crazy guys. Tim, Tim, Jim, Jay, Kevin; your taxi but I love you! BMR: forever special in my heart.
PLANS: Attend UC. Irvine and major in social ecology and become an attorney.

Sheila Lymme Kube
12-13-68 San Diego
ACT: Var. Volleyball, track, ski club, Var. club, VP of CSE. All of my love to Doder and the Jackson 5, you guys made this prison bearable! Remember all the good time especially Billy-too bad "nothing gold can stay"
PLANS: USD, UCSB CU? Get rich, travel around the world and remain sane.

Kay Kusano
Susebo, Japan
ACT: Cross Country, JV girls Basketball, Golf, Key Club, Powder Puff, SADD, CSF. Cecilia-SDSU Lib. was great. Pilar, Kim, Glenn, Brian, Michelle and Deb-haunted house gave us a good scare. Carolyn-we finally played tennis!

Pete Thompson shows off his injured leg in front of **Phillip Bairley, John Ashworth** and **Julie Gillespie**

PLANS: SDSU and become a golf pro? HA!HA!

L

Kym Lamb
9-9-69 Normal, Il.

ACT: Colorgarud, AFS, Ski Club. To a week away from parents-Vail-friends watch out for "Santa" and learn the difference between ski racks on cars and cop cars. To Gina and Dean I UNDERSTAND!!! To Pam-remember Brian and "food" To Mike for the last time "NO, TAKE A HIKE!" Gina and Vick, walk like Egyptians and to the Senior wall-"WHERE'S THE PARTY!?!"
PLANS: UCSB and marry a millionaire.

Jennifer Lee Larue
9-17-69 Norwick, Conn.

ACT: The nemesis of society ... ASB, and Lacrosse. I'd always like to remember being a rebel and my handful of stylish friends ... "Tell me I'm wrong, I don't really care" The Cure
PLANS: 4 years as a Trojan/Bruin, Clubs in Hollywood, fashion degree for L.A.,$, no husband, no children, a long standing affair w/a gentleman w/ long black hair and dark eyes and oh yea, a yacht in the Carribean w/Anthony.

Samantha Elizabeth Lekus
10-9-69 Queens, N.Y.

ACT: Diving, Lacrosse, Boy Basketball stat., Good-bye PHS!! Jen, Cyd Thank you! Karen GWC, look out!! J.G. I'll love you always. Lis, Good luck make more of it than I ever did.
PLANS: Escape Poway and move to Huntington beach 2/ KM go to GWC-on to SB.

Martin Devon Lewis
8-18-69 Roseburg, Or.

ACT: Var. Wrestling, Good luck Shane R., Garrett S and Brad C. Trips to TJ and parties. Wrestling '87 style. RossO, John B, B Woods, K Anderson, we Kicked A! Rick, what is masters? That's a good one! Don't say VULCAN! GUMBY!
PLANS: Go to college and become an electronical engineer. Get a great job and make my first mil. in stock market.

Nguyen Lien
9-8-69 Out of Country

ACT: So Long PHS Never thought I'd end up here ... Now its over. Thankx MS, NK, KR (party animals) God bless KM, AB, KK, CN AND BK I would have never made it through w/o you guys. Missy, remember all the girl talks and all the food we ate?
PLANS: When I grow up I want to marry a rich old man and have his $.

Elisabeth Hannah Loeffler
1-27-69 Chicago, Ill.

ACT: Drama club, "I'm a four-star thesbian too Llzard" Babbs, thanks for the support Darh-ling! Gypsy, Lori, Kimmy, Pammy-thanks for the good times. Nonnie I love you-BLOOP! Sissy-I love you!! 69 thank you for the best times I'll always remember you.
PLANS: To be a Yuppie without the executive job.

Roger W. Love
Born In a Hospital

ACT: Penn State is still #1. Bye Poway! Thanks to my parents and God bless them all!
PLANS: Marry a rich woman and lay around in our pool all day.

Kurt Allen Lovett
3-14-69 Washington State

ACT: Remember the nights on the trails, Pats house over the summer, days at the beach weekends at the dorm and all the other things I did with my friends.
PLANS: Attend a JC for 2 years and transfer to SDSU and major in business.

Mila "Mimi" Lukic
8-24-69 Hollywood, CA

ACT: To Top and Reeb, Mac and Fred my BS Steph. Judy's house and green M&M's, Nancy & Melissa thanx for watching & driving me. 10th grade lunches that ended in barf. Phones in cars. The jerx of our lives. I'll miss you all.
PLANS: Best Body Shop, Kids, cars, houses all over the world and money and happiness.

M

Brian Maienschein
5-22-69 Kansas City, Missouri

ACT: ASB Pres., Jr class Treasurer, Var. Tennis, Key Club, Ski Club, Interact, CSF. To Erica, Lance, Mam & DAD-All my love. '86-87 ASB Best to all of you-thanx for the memories. To the student body-it was an honor to represent you. To my friends-thankx for all the laughs, good time and fond memories. I'll never forget you
PLANS: UCSB then lead a great job, have a fantastic wife and kids.

Michelle Ann Malliet
6-15-68 Appleton, Wis.

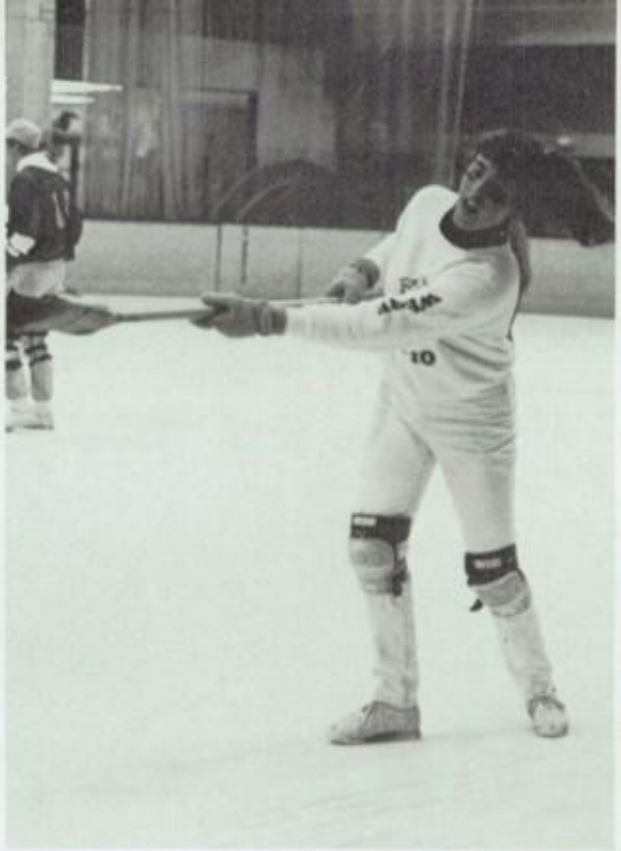
ACT: Keywanettes, AFS, Bleacher Creatures. Good luck to everyone and I'll miss PHS.
PLANS: To travel over the world, find a rich man and marry him and live in a mansion in Europe

Kevin William Malloy
10-14-69 Arcadia, Ca.

ACT: Cross Country, Track, *Iliad.* To the Jacksons from knee-high socks to Bambi club, it's been one heck of a ride. To Doe; You are the reason us "Boys don't cry" Brad; (shot)gun and run club, John & Pete; Wherever you go, there you are. Big D thanks to you even a reptile can have style. Guys I love you deeply. Save a table at Cotija!
PLANS: After Stanford, Dustin & I will market Party Reptile lunch bags and I will sell SAT study books (look Mom-1410) I will always be cynical and never too serious.

Nancy Mancilla
6-7-68 San Diego

ACT: To the good times at PHS and to the even better times when I wasn't there. Colleen thanks for keeping me out of trouble. Mimi I will never forget Mac's house. I hope to get my corvette and don't forget Tom L was just lovst! Val remember



Kristen Rangel holds out her broom in self-defense.

M. Ball is married Erica, go to Harvard and find someone better than Matt.

Lori E. Marcum
4-13-69

ACT: Theatre, Theapian. Kimmy, Liz, Lys, Bill, Mike, Lis, Pam-I love you! Thanks to James Dean and Forenza forever. Juanee-B/F over the hill. Matty I know you're #1. All my heart to Paul, Growly Bearand Cindy.
PLANS: I'll be up there with the best!

Tamera Lynn Marko

ACT: JV Soccer, Key Club, *Iliad,* writers Annon. I finally have a partial grip on who I am. Prom "little yellow bag" "Yougart Queen", chemistry, broken nose, and heart, many laughs. Thanks rRuth my best friend, Mr. Barone — reality in dreams. Dennis who showed me love ... oh ... thankx Mom & DAD.
PLANS: College, Peace Corps, Journalism and hopefully get my own song published.

Laura Elaine Martinez
3-17-69

ACT: "Good times and bad times I know I've had my share" Having the Rock N' Roll craze during the concerts and all the parties. Keeping old friends and making new ones — I love you. Keep the faith, love, peace and music in all your lives. Good bye PHS (its about !#$@&* time) I made it Mom!
PLANS: Take my life one day at a time and enjoy it. I'll learn from the bad times and remember the good ones.

Ann M. Matthys
10-18-69 Orange, Ca

ACT: AFS. To the best tomes — Volleyball To all my friends the wall, cramming in one car to go to parties we never found. Denny's or Bob's? Jo Javier and German I'll come visit you in Madrid. To Gha for all the love and friendship since 4th.
PLANS: UCSB, travel.

Eve Marie Matz
7-14-69 San Diego

Irene Karvellas, Candy Stewart and **Julie Walker** pretend to look busy.

ACT: Socializing. Thanks Karen for all the good times we've had and Kimmie you've been a great bud. Good luck w/your future MAY PUFF DRAGONS LIVE FOREVER!
PLANS: Go to Fashion Merchandising school and be wealthy and drive a BMW!

Michele Theresa Matzek
11-24-69 Ologapo, Pi
ACT: Bowling team, Comm Tean Council (Sec and Pres.) Good luck Chuck, Penny and Chris, Be good love you lots. BYE!
PLANS: Air Force in Texas for basic training.

Helen McClain
5-5-69 San Francisco
ACT: Band, Keywanettes, NHS, CSF. My friends — thanks for everything-I love you. IWNF-Bob's ketchup, D-bus #4, Kodak Moments, The big green boat, "Who's on first", Escondido?!? "los'in it" in Ramona. USIU, cold Pizza & bugs, Cylinders, Dr AAAANN Childs! MA fake quizes & squirl guns,
PLANS: Major in chemistry at Berkeley

Carrie Elizabeth McCoy
5-25-70 Dayton Oh
ACT: ASB, Ski Club, Grapplettes and Bleacher Creature. Thanks to Mr. Fisher, M.r Deavers and Champ for making memorable jr & sr year. To Viv, Nyrh! to Joe and the gang, it was fun while it lasted.
PLANS: UCSD and windsurfing.

Maureen Patricia McGreevy
Burbank Ca
ACT: Mike you made school something I never thought it could be-fun. thanks for being so much more. I love Ya buddy.
PLANS: To go college, marry Mike and have freckle-faced kids.

Kevin Dean McHugh
9-4-68 San Diego
ACT: Var. Tennis, Party hunting. Thanx to the Deaner, Droo-pee, The Little-Big Man, Shorty, all fo the girls and ghost senior. (Mr. D) Keep in touch and may we never have to ride with Gina again. Good Luck Sis, Linull and Lin-Duh.
PLANS: SDSU. Win the lottery and retire.

Doug B. McKay
4-21-68 San Diego
ACT: To all my classmates-good luck! Also to all my good friends thanks for all the good times and lets have lots more! It finally over!
PLANS: Palomar then get a contractor's license and become a millionaire.

Jennifer Meadows
12-26-68 Quantica, Vir.
ACT: JV cheer, Senior Treasurer, NHS. Debi & Kns. WE'RE BEST FRIENDS FOREVER. Dave, "The 2 Phils" and Mike- you guys are unforgettable All my friends the math bunch and everyone else. I'll miss you!
PLANS: UCSD

Pilar Mie Melendez
4-30-69 Iwalcuni, Japan
ACT: Student Gov't, *Iliad,* tennis, Vail, broom hockey. NUNCA OLVIDE ... Korgelboy, life in the fast lane, frsca Women, B-52 bomber coffee, Thanx 2 Fred, Iceman, new words, mushrooms, FIDT & Tai bro.
PLANS: Brown, Cornell Or Dartmouth, have my own designer clothing label and raise a family of four successfully outgoing and equally eccentric personalities

Dean Francis Merrick
10-30-69 San Diego Ca
ACT: Volleyball and JV Golf. Hey guys, Guess Who? Volleyball was great and the Beach Boys are Cool. Watch out for Santa cause he's going to get you.
PLANS: Play Volleyball for the Mustangs while getting a masters degree in business administration.

Daniel Blackwood Millard
10-17-68 San Diego
ACT: Basketball, Football, Ski Club, Key Club. Jen-Jens-pals forever. Kimi-Uuuey, gross! Morris God bless you. Yum-Yum tell me your problems. Brad A no injuries in college, please.
PLANS: UCSB, become rich, ski the Alps and Bugaboos.

Jim Miller
12-22-68 Harbor City, Ca
ACT: VAR. Waterpolo, Var. volleyball, ASB Activities Comm.
PLANS: Go to college, have a successful career and a wonderful life.

Kimberly Miller
10-3-69 Los Angeles
ACT: Key Club, SADD. Avoid that wall! Noreen I'm digging holes. By touch of course. Kim; You're a Libra? Kristy; friendship always. Missy, thanks for the smiles. Claire remember the crayfish? Alicia let's go skating! Beth! It's over! Suzi; so glad we're friends. Lien; let's Saferide! I love you all!
PLANS: go to college and become a secret agent.

KT "mouse" Molloy
5-29-69
ACT: To the Jackson 5 and chicks- caps up means circle gun timem To Pete & John-matters. Kevie you're the best big brother, Big D you'll always be my best friend, Brad thanx for the back rubs. She and Doe thanx 4 always being there-we've been through it all.
PLANS: USD and major in business with a minor in communications.

Shelley Eileen Monahan
11-10-69
ACT: Laurie, you know you're in trouble when you wait for the stop light to turn green. Bridget-weight buds. Holly, Lisa- don't ashes taste good? Troy and Kitten-good luck thanx 4 all the fun ... Michelle. Breb and TISH 4 ever BRST PACK.
PLANS: SBCC, hit the beach and meet a gorgeous blond who carries me off into the sunset.

Rhoda K. Moon
10-23-69
ACT: AFS, Foreign Exchange from South Africa. Mike H. thanks for always being there when I needed you. I love you!! Valerie-goodluck. Kristin O.-remember Oliver, Paul and Andy? HAY!HAY-!HAY!. Jim E I love YOu we made it through a lot together.
PLANS: Attend Palomar then transfer to UCSD and study medicine.

Katie Elizabeth Moore
9-15-69
ACT: Band The closeness the self-respect, the support and encouragement. I wouldn't have traded this experience for the world.
PLANS: I Plan to be very happy cause that's what is really important.

Christina Leigh Montgomery
2-8-69 San Diego
ACT: Var, Softball, Student venture, I will always love my branflake and Heckle-n-Jeckle. Des, Amy, P.B. "Bogue" Robertos, Lnw/RA, CQ & The Cure ... CP=DM now dreams become a reality Jen your little china doll loves you to death. Mom & Dad I won't let you down.

PLANS: Here's to Europe, someday USC.

J. Jennifer Muehlbauer

ACT: Wish my sister good luck. and you have to get the CB in LO and have fun. To JC thanks for making me close to failing literature, but it was fun. Mom and Dad I love you!

Megan E. Murphy

8-5-69 Madison, Wis

ACT: Emerald Brigade playing flute, If I ever need to use Geometry I'll hire someone to do it for me. Geoff and Shan I love you.

PLANS: Long Beach State, Travel and reach my goals.

N

Claire Ann Nelson

2-6-69 Ingelwood Ca

ACT: SADD, French Club, Jr, Civitan, CSF, NHS To Mom and Dad, thanks for all your support. Kim thanks for the movie. Noreen & kristy, dance and get wild. Thanks for being there. Lien & Suz glad you're here. To Andy my future is yours.

O

Ross David O'Brient

10-16-69 Torrance, CA

ACT: VAR. Wrestling, Class Clown. Julie I will love you always. Carry on Titan wrestlers. Hey Nen & DJ What's up Meager? The Mob.

PLANS: Get married, buff and $

Brenna Oliveira

12-5-69 San Diego

To K and C, here's to funny days and late nights. Thanx for being my b/f's and making my senior year memorable. And 1 day, I'm gonna get the JaDe man! 2 Jon K.- missed u and your funny faces 2nd semes! Don't 4-get your 18th (I'm a great cook!) and you dork, get a clue, we toilet-papered your car- GOTCHA! and D.C. ... YOU OWE ME A MOVIE!

PLANS: To design clothes and sell them in my botique on Rodeo Drive!

Karen Marie Olson

9-16-69

ACT: Lettered in Varsity gymnastics. To Kim here's to Hollywood nights and Mc Donald's days! 6 years and still best buds. Good luck at CCI! To Eve, Thanks for all the long afternoons together and journeys to see J and A. I love you both dearly. F/F Goo.

PLANS: To decide on some college to go to, eventually own my own store, get married and live happily ever after rich!

Jennifer Lee Opel

8-4-68 Torrance, CA

ACT: Keywanettes, Key Club, Track, Photography Club, working at Carl's Jr. and skiing. Thanks to all my friends for being there to share all the good times with. I'm going to miss you.

PLANS: I plan to attend either UCSB or UCR and major in biology.

Vanessa Owen

5-11-69 San Diego

ACT: Varsity track, Varsity cross-country, ski club, Varsity Club, photography. To All my friends, I'd like to say thanks for the memories. I wish you all wonderful bright futures.

PLANS: College, travel, hang-gliding, flying, camping, hiking, sailing ... enjoying life.

P

Scott R. Page

3-28-69 In a hospital

ACT: 4 years of football, party hunting, and generally making a fool of myself. Cindy- It started with "will you go with me" then grew into I'll love you forever. I love you Cindy. To my friends: I couldn't made it without you.

PLANS: I plan on going to SDSU and becoming a teacher, in Math or in History. I would also like to coach football at the high school level.

Jeff David Palmer

11-26-69 Wurtzberg, Germany

ACT: Skin diving club, Ski Club, CSF. When I leave I don't know what I'm hoping to find and when I leave, I don't know what I'm leaving behind.

PLANS: Attend UCSD, achieve masters degree in business, pursue musical career on semi-professional basis.

Belva Lady Pascual

12-2-69 Santa Rosa, Argentina

ACT: Jam in the club of Exchange Students. I'm very new here, and most of this country's things are different than mine, but I like it and the school I think, is very well organized.

PLANS: This year, when I'll come back Argentina, I'll take up accounting in the city of Buenos Aires. Once I finish, I'll live and work in my city, Trenque Lauquen.

Jennifer Lynn Paxton

10-21-69 San Diego

ACT: Did a lot of artwork, laughed, cried, stressed myself out with AP courses (like Calculus BC). Thanx Jaki, Peggy and Oscar. I hope to se ya' around. Really.

PLANS: Go on to college. UCSD or UCI if they'll have me. Major in Bio-medical engineering (Genetics) and created a deadly disease to get revenge on my enemies. Or maybe just become a starving art student in Paris, France.

Melissa J. Perez

2-8-69 San Diego

Everything is so near yet its still so far. Be prepared for it, it might surprise you.

PLANS: My plans are to attend Palomar College and then transfer to a business trade school. I want to major in business, word processing, and accounting.

Mika Kathleen Phinney

11-9-69 Alameda, CA

ACT: 4 years cheering (JV and Varsity Capt.) gymnastics, dance. Hil- Call me! Sean- I'm not sarcastic! (not always!), D.Q.- I'm cilia!, V. Cheer- I love you guys! Keep dancing! Velcro Fly! Jenny D.- We love Calculus. I'll miss you smart mouth. Katina- Dude! What would I do with out you? K.O.- Hi Kristin! Hugs! K-10- We have to do something.

PLANS: To DANCE, DANCE, DANCE! and go to UCSB.

Ken James Pilbin

12-14-69 Waterbury, CT

I would like to thnk Poway High for the great two years I spent here. I liked PHS but it is time to move on to bigger and better things (I hope?) Maybe a President of something.

PLANS: I plan to go to a local junior college for a year or two, or until I decide on my major. Oce I have decide, i will transfer to a university. I am leaning toward a field in math.

Gabriel Franklin Pincelli

6-17-69 San Bernadino, CA

Thanks Debbie for a wonderful year, you gave it all a meaning. Farewell T.P.T. To squid: "fell the need ... the need for speed," signed, ACE. I'll see ya later. I'm outa here. Hond CRX si's and 240 z's for ever!

PLANS: Study Aeronautical Engineering at State or Cal Ply Pomona. NROTC. Earn enough money to purchase a Porsche 911 turbo.

Kirsten Alaine Pinnell

10-8-69 San Diego

ACT: Three years volleyball, four years soccer, four years gymnastics, keywanettes, SADD, varsity club, ski club, spanish club; PHS varsity soccer team the "Best"; KAA, lucky #13; Old King Cole, keep all of our memories locked in your heart, I love you! C.D.- take care of J.F. always. Soccer will always be #1 in my heart, CAK! FU '86 LA GAY

PLANS: To be rich, successful and happy.

Q

Debra "Debi-Deb" Quesenberry

11-24-69 Baltimore, MD

Well, we made it through high school in boring Poway and we even managed to have some fun. I wouldn't have wanted to spend the last 4 years anywhere or with anyone else. Mick- Thanks for all those Thursdays. The Picasso Brothers Live! Pilar- Quiche and Crush. Have a bunch! Jules- Here's to getting through the last 2 years with our long distance loves. Mich. and New Jersey were only a phone call away. Kiki- Remember the fireworks, guys from State, spaghetti and cold duck w/2 baseball players, and how we couldn't get corks out of bottles. Jem- Take it easy on the turkey sandwiches. Hold the mayo! Dave and Flip- May Granny kill you next time you jump the fence. Dog! Mika- Don't whine! Holly- "If you need me I'll be down here." Phil- 5 years go by fast. I'll take you to the airport anyday, but not KGB. Beat 36D!

PLANS: Attend UCI, UCSB, or UCSB, become a successful lawyer, marry a pro ball player, have some kids and laugh the rest of my life away.

swoops", sunglasses, thigh slaps, chortles, chuckles, and guffaws, "lipless," Chauffer flirting, "it-lists," evil snickers, peeling out in reverse, elbow banging, and how about "X"?-No Y do you ask? Kidnapping Kirsten; the three Musketeers, mommy's Mercedes, me, Tania, and Fernando (who looks maahrvelous) in the basement ...

Candace Elaine Stewart
8-12-69 Coronado, CA

ACT: Keywanettes, Art Club. Remember Wquater, Sitter, Loocious, Lushious, and Denise. Our Hollywood excursion minus lushious. Sara and the broken window! Bonnie and the GS! Stephanie Y. and the 151. Melissa vs. Bonnie period 5. Bill and his Venus dance. I'll miss you guys. I had lots of fun.
PLANS: To be happy and successful in life, and to marry Gus.

Bill Lawrence Stoddard
2-22-69 NJ

ACT: Vocal jazz, Theatre Build, SCETA festival-thanks Mike for the shopping cart ride and lizard for the technicolor yawns! Distillery East- Venus lives! Thanks Bon and Sara! See ya at the apartments. Drama Buddy Seance Parties- I'll never forget you guys.
PLANS: I'm going to become a rich and famous actor and eventually die in a plane crash. Then I'll be a big legend! If all else fails you can find me at Palomar.

Jennifer Ann Stralow
6-12-69 Geneva, Switzerland

The world record for copying take home tests. Also held the office of secretary for the DC. Drove and tried to park boat at school. Kris- thanks for all the great times we shared (space ranger) Kristen-don't forget our talks about S and B. Thanks for all the fun- BM, KS, KS, SR, FP, DC, BG, etc.
PLANS: Graduate from Cal Poly- Pomona. Be a lawyer, make millions. Marry B. Have fun!

Susin Michelle Stratton
6-12-69 Olympia, WA

ACT: 2 years on alto saxophone and 2 years on the PHS drum line. Thank you my closest friends and favorite people for a lot of good and weird memories: Deborita, Jenn the Buzzer, Sub-Marina, Tonewald, Scott the pink embryo, Rob the safe maniac, Jim get a life, and remaining members of Policy Z.
PLANS: To have the raddest summer yet and then go on to college.

Richard Studinka
10-4-68 Orlando, FA

ACT: JV football. Mike, Glen and I were having such a good time before school. Good times with "Daddy" and "Baby". Best friends- Stu, Jew and Brew. Forever PARTY!
PLANS: Attending Eric's self defense class with seagrams bottles. I plan on going to a JC then transfer to a university. I would like to go into the Air Force or Navy and fly jets.

Gina M. Succi
5-28-69 Los Angeles

Hey guys (you know who), Don't forget our Friday night movies. I'm still waiting for "Santa" to visit. If you want to hear a good joke, I know lots. Ha Ha I love you all lots.
PLANS: Go to college and become rich.

David R. Swenson
3-13-69 Worster, MA

ACT: JV and Varsity soccer. Thanks for the memories and play time Champ. Lisa, you love me.
PLANS: Haircut on Thursday.

James Y.C. Sze
3-14-70 Taipei, Republic of China

ACT: President of the Math/Computer Club and Mu Alpha Theta. Varsity Academic Team. A Hitchhiker saying a big HELLO to all intelligent-life-forms everywhere! Warp Factor Two, Mr. Sulu. See ya around the Galaxy! To Math Clubbers (those who club math teachers): Live long and prosper.
PLANS: To not merely survive, but to thrive; to bodily go where no man has gone before.

T

Sean Wallace Tanner
7-30-69 Youngstown, OH

Farewell Emerald Brigade. Frank, jon, john, Todd, Cindy, Gabe, Scott, Greg, Stuart, Dave, Bob, and let us not forget, the wenches. I love you, KJ! Airband 86. Jeff? What do you think? '87 forever-Oingo Boingo still rules.
PLANS: Attend Cal Poly Pomona with Architectural Engineering major. -KJ-

Karen E. Tansey
10-11-68 Inglewood, CA

ACT: VP Keywanettes, Pres. Jr. Volunteers- Pomerado Hop, CSF, Who's Who, work: forever friendly Food Basket. To the "Brat pack": Ned, Jed, Fred, and Ed- may life always be a gamble. Our tree will never die and neither will our friendship! I love you and will miss you! "Mom", JL, JG, AE, BJ- thanx for all the laughs and love.
PLANS: College- Through my occupation I hope to make people smile and happy and to return to society what it has given me.

Elizabeth Marie Taylor
12-31-69

ACT: Varsity Cheerleading- L.G.N., Holding Tank Skin Diving Club
PLANS: Attend Texas A&M at Gaveston, study maritime systems engineering. Kris- You answer the question, you wave the Dumb flag! Arnt, Barmp, weak, soo gay. Take you foot off the clutch. Let's go to San Diego. GA- What's a Liz maker? Alex- Sorry about Prom. Lance- the little house on the prairie days- kill Mrs. Olson! Good luck BB/AB/DM/ Shadow

Holly Dawn Thomas
1-1-69 San Diego

Jan u guys R trippin, chick chats, heard it thru the grapevine-Tipher imaginative stories and drama nerds. PHS- a 4 yr. period of challenges, learning, friendships, laughing, loving, sharing, caring, discovering, deciding, creating, trusting, experiencing, growing, trying, testing, succeeding.
PLANS: I plan to attend college, enjoy a career in the field of communications, become rich, fall in love, get married have kids to love, in that order.

Jennifer Arlene Thompson
9-6-69 Point Loma

ACT: Key Club, Bike Club, AFS, SADD, French Club, CSF. Debbie and Julie- thanks for making my senior year great. Shirley- Lets keep our "traditions" going.
PLANS: Go on to UCSD and figure out my major.

Mike Thompson
5-18-69 San Diego

ACT: Golf for 2 years-AFS international Albatroz-sea gull surprise JAH-It was sweet. To all those times biting them bullets. Good luck to the Gib Monster.
PLANS: If I graduate, 4 yr. college up North. More volleyball- gain more interest in sciences and just simply live rich. When I have the time I'll hit down to Jamaica and maybe, eventually, entirely, proportionally, depending on the circumstances settle down.

Pete "Grape Nut" Thompson
12-13-69 California

ACT: Partying, skiing, soccer, lacrosse, ASB, gimping around, and more partying. Thanks Brad, Big "D", Party Reptile, Moses, Doe, Mouse, Kubes, Phil and bro. Dave. I'll never forget you guys- the wild weekends and weekdays almost killed me, but we made it. At least I think so. MATTERS
PLANS: keep scammin for awhile and then maybe grow up, but always enjoy life and do circle guns.

Laura April Tolson
4-11-69 Burlingame, CA

ACT: V. track- shot put and discus. Certificate in ROP Child Care. Scott- I'll love you always. Your mon petite chou chou, F3 April 12, 1985!
PLANS: Go to Palomar and get nursery teaching degree.

Stephen Scott Toumi
born: on the earth

ACT: Frosh, JV and 3 yrs. Varsity baseball. JD and JS, thanks for the fun at Summit and broom hockey. Thanks for the freebies at the store. JD watch those poles. BT we can finally party! Goodbye to everyone I forgot to mention. PP and MM, hit the ball hard and far.
PLANS: After college, I will be taken high in the baseball draft and play pro baseball. Earn millions and retire. I will come back to haunt PHS, as I take over the job as head baseball coach for Harmon, as he is still having trouble with his french doors.

Bryan W. Tremble
4-30-69 Glendale, CA

ACT: Frosh basketball, JV and V golf, volleyball, Young Rascals AirBand, Vons #79 in RB, nutrimng, Echo and Jezebel 4-ever. Aug 8, 86 down in history. "the new Constitution" Mon, Tue Wed nites, girls and skiing 2-8-87! Silver Bullets — Boodbye 'Aye See ya in 5 PHS '87.

PLANS: sleep. burn 'til brown, drink myself under. CSU San Bern. Advertising.

Glen Edward Tripp
8-4-68 Raleigh, North Carolina

ACT: Newspaper editor, SADD/Safe Rides Pres. Bike club Prez. JV basketball, baseball. "It was the best of times. It was the worst of times," (mostly best) You made it interesting: Brian, Liza, Pilar, Mike, Vanessa, Kim, Fred, Jared, Julie, Kevin, Deavers, Hughes, Reagan, Mary Heath, Dan O. Dan M. "What is essential is invisible to the eye" — the little prince.

PLANS: Congress (Repub.) Become the PHS ASB advisor, or expose future PHS scandal in *I-liad* exclusives.

U

Kimberly Emiko Uyeda
12-24-68 San Diego, CA

ACT: 4 years of cross country with fond memories of "running" back from Bridlewood (at least Kathy), animal car documentaries (compliments of Carrie & the Animals), breaking fences (thanks to Vanessa) and our undivided, enthusiastic support for the boys.

PLANS: The possibility of college, with definite breaks to meet P, B, V, and G for a ski. (rhymes), a round with K (125?), and to watch C.C. win C.I.F.- Good luck everyone!

V

Hector F. Valenzuela
5-12-68 L.A. CA

ACT: Trumpet and Drum major, saferides SADD To all my friends: Latenight ping pong at SAFERIDES, long bus trips, T. of C. sweeps Arizona, "AAAMAZING!" Take care Lori, Meagan, Julie, Jenny, Helen, Chris, Steph, and of course Amy my love!

PLANS: Go to college and study business management. Travel, win lottery, settle down with someone who loves rainy nights and warm fires.

Michael Zwitzer Van Orden
1-23-69 La Mesa, CA

ACT: Football and wrestling Ever since the watermelon I have wondered why? Then one nite at Fudruckers, as I bit into a Fudburger, I knew that the answer lay in a jingling cup of water under the moonlight where pins fell to the floor. With this knowledge and a hope for better tomorrows, I left for the trees and deadly plant lovers.

PLANS: I want to be a hairdresser, and nothing else!

Colette Vaughn
10-10-68 Inglewood, CA

ACT: Ski club, Key club, V ball, basketball, track, varsity soccer and powder puff. Jenny and traz, sis, JW, DW, DB, RAD 4-ever. "The big "L", 2 much w/guys. Beggins car on fire. JB litebrite. SC "LYNCH" "twig" wild drives, Vail, and summer romances. Steve "all" B cute 2 me.

PLANS: College, be rich, successful and happy!

Colleen Vaughn
10-10-68 Inglewood CA

ACT: volleyball, gymnastics, ski club. To my twin sis and B-frens Tracy and Jen: long live Morp, scam on the slopes, beach and on JW, DW, DB, PK. 5 cars its gotta be a party. Beggin eating bread. TJ's border action. Wild nite be-4 broom hockey. The Big "L" in general!

PLANS: to live life to the fullest and make it count w/mazatlan and frens. And to the class of 87, tell Colette and I apart!

Kim Nadine Vito
12-16-69 LaGrange, Ill

ACT: Keywanettes, Key Club, Track, Ski club and SADD. It's time to move on. Shelly, you were my party bud, my listener and best friend, what will life be like w/out you? DM, I'm going to miss you, but I'll suck it up. MM, be the best. MB and DQ, you 2 are 2 special 2 me. Bye icky place!

PLANS: attend college and pursue a career that will make me rich!!

W

Tiphani Lynn Wall
2-18-69 Wales, England

ACT: Water polo, statician, track. I'm looking forward to escaping the contempo atmosphere of trends here at Poway. Why must everybody be followers? And no Sheila K., Karen M., and Katie M., you weren't the leaders you thought you were, but you sure can squeal Karen. I'm sure mommy's proud.

PLANS: Professional cavewoman

May Xiao Ying Wang
5-20-69 Xian, China

ACT: AFS club, Math club, volleyball team, Dance team, leader of Chemistry (in China), National Honor Society, Mu Alpha Theta. I love you Poway!

PLANS: In my future I like do some research of medicine or chemistry or mathematics. Actually I don't know what I will do.

Tamara Anne Watkins
4-5-69 La Mesa

ACT: Frosh VP, ASB, yearbook (best selling book!) Cindy- you're the greatest, next year will be awesome. Dave, life would be boring without you I love hoop earrings. Jen and Jules, thanks for the laughs and patience. Thanks to all my teachers; Good morning Mr. Barone and I'll miss you Wag. Thanks Mom and Dad!

PLANS: To find someone who has a sense of humor and loves to laugh; spend my life with him and have baby "yuppies" of course, after I get my MBA and earn enough money for my BMW.

Pamela Kathleen Wright
10-25-69 Los Angeles

ACT: Wind symphony for 4 yrs. Danny B.- get control of the M'l and smash littl C.J. for me. Kym, Gina, and Dean- thanks for the fun ski trips. Watch out for those ski racks and remember "She understands!" Tammy B.- thanks for always being there. Ann- always remember the good times. Sean A.- only 2 more years!

PLANS: Attend California State Univ. at Northridge and study health sciences.

Y

Ernie William Yaggi
6-28-69 San Diego

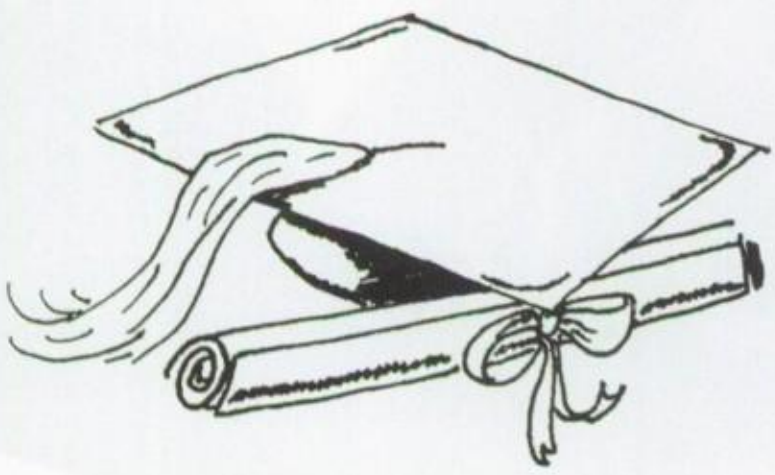
ACT: Surf club, racquetball, Si Ortega Body board team! Thanks Mr. Campbell for your support in Oceanography. Dawn, I love you forever! D,D,S&F- the Five Amigos!

PLANS: Go to a JC and transfer to either UCSD or SDSU and major in Marine Biology or Marine Geology and become a D.J. on 101 KGB FM!

Liza Yum
5-12-69 Berwyn, ILL.

ACT: Tennis, swimming, Powder puff, Iliad, Soph. Treas., Key Club Sec., SADD VP, partying! Nik- Don't ever forget us! Jen- thanks chick! Lets do lunch! Alfredo and Bri- the best 2 buds a girl could ever have. Kermit- I'll never forget- thanks. WJK- "Bonjour," always. Ironface- (my favorite) WIMP! Vans, Pili, Kimi, Katherine, and EVERYONE, I love you! Good Luck!

PLANS: College. Then find the bluest bunny in the biggest strawberry patch.



Congratulations 1987

Juniors Climbed Ladders to Success

By Sarah Massengill

For a person to be able to juggle the demanding homework, the fun school related and extra-curricular activities of their junior year and still be able to hold a class office, this takes a lot of hard work and determination. This year the junior class had officers determined to make this year well worth the wait. Rob Abramson held the demanding position as the Junior class President while Porsche Melendez was his supportive Vice President. Suzie Fink did an excellent job as the Secretary and Sherri Fants efficiently kept track of the class budget. These four combined their ideas and together organized what was one of the best years so far for the class of '88.

With a turn out of over 300 nerdy couples, it was obvious that MORP was nothing short of a success. Irene Karvellas commented, "I think they did a great job by getting a disk jockey instead of a live band!"

When June hit Poway High in the midst of the Pre-Summer excitement, the Junior class' determination shone with the Prom held in Sea World's beautiful pavillion. Prom beautifully put an end to the school events.

After the Prom was complete these four could finally sit back, relax, and rave over all of the successes they'd had through the year. Porsche Melendez summed up the year with three words, "exciting, demanding and rewarding!"

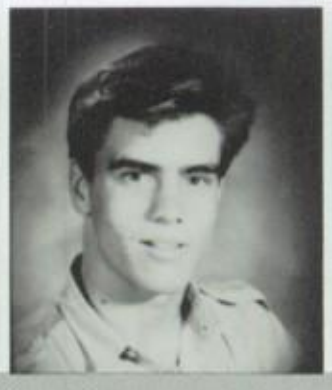
L to R: Rob Abramson, Sherri Fauta, and Suzie Fink, the Junior class officers.

Rob Abramson

Missy Acquarelli

Michele Adame

Tammy Adams



Jeff Aghassi

Michelle Aguiar

Juan Albarran

Brent Alfonzo

Jonathan Allen

Stephanie Allen

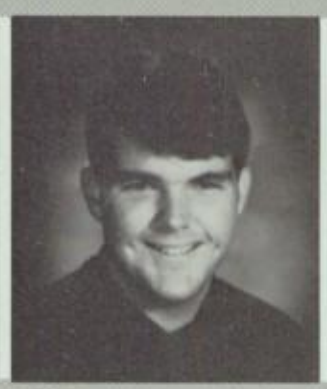
Eric Allison

Sarah Ancheta

Linda Andreos

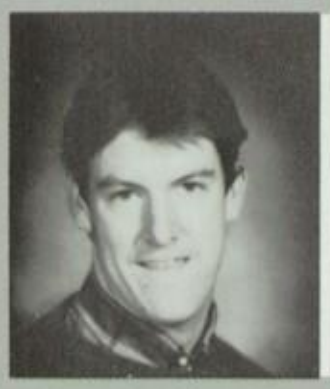
Kimberly Andrew

Carrie Andrykowski


Nick Apostolopoulos

Juni Arana

John Archer

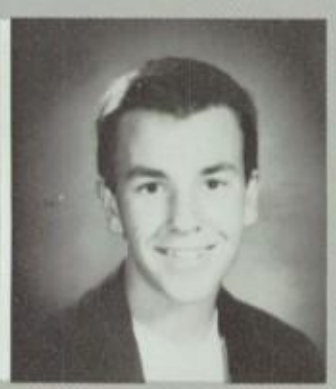

Terry Armstrong

Melissa Arnold

Michael Aronson

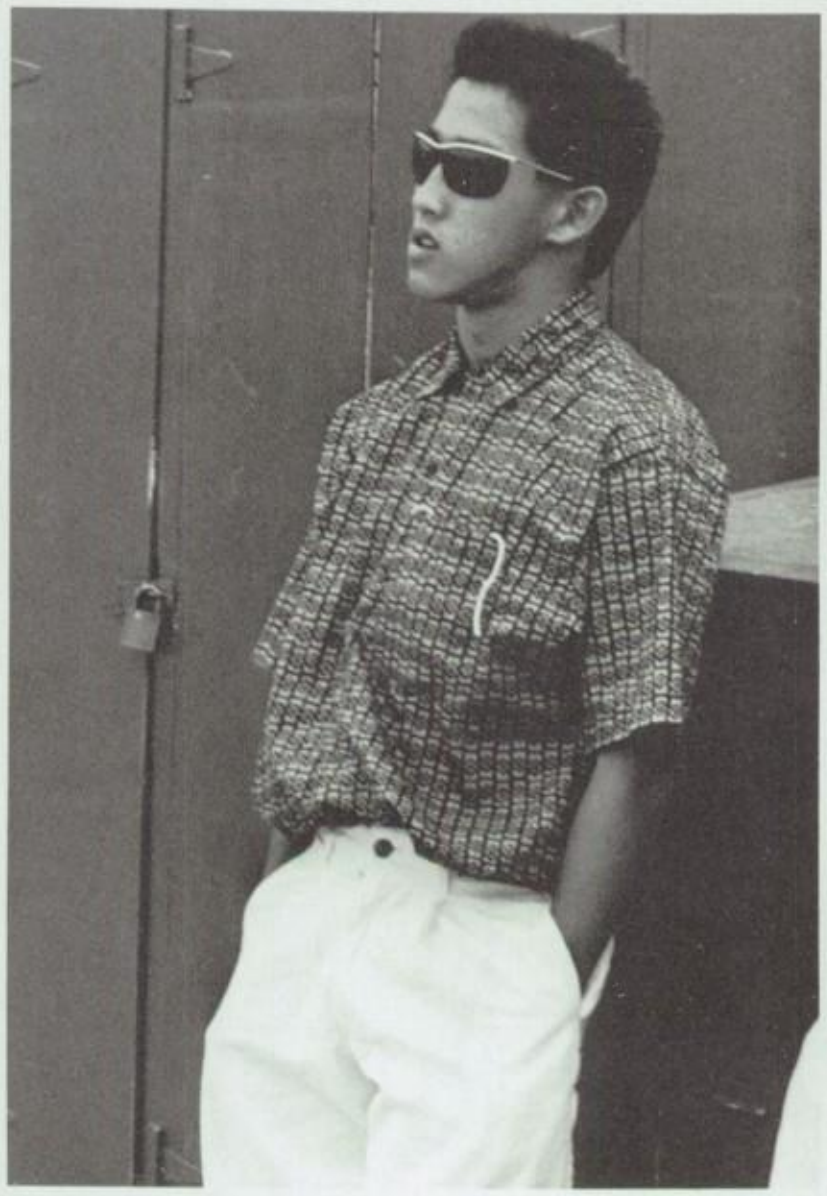
Nick Arther

Wendi Ashworth


David Athay

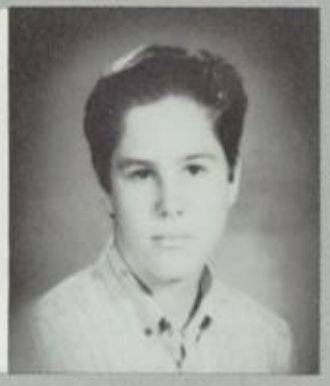
Lawrence Ayres

Shawn Babcock


Ross Furukawa **patiently waits, by the pool, for his sunglasses to go out of style.**

John Babich

Rene Bachorski


Andrew Bailey

Lunar Balanza

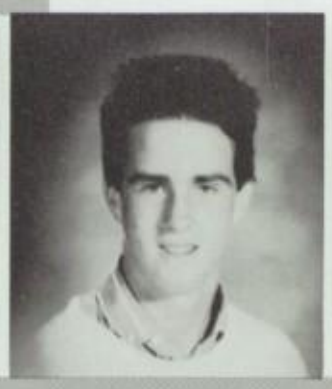
Andrew Balazs

Jack Balchin

Jesse Barger

Jennifer Baron

Richard Barringer


Scott Basinger

Julie Bauer

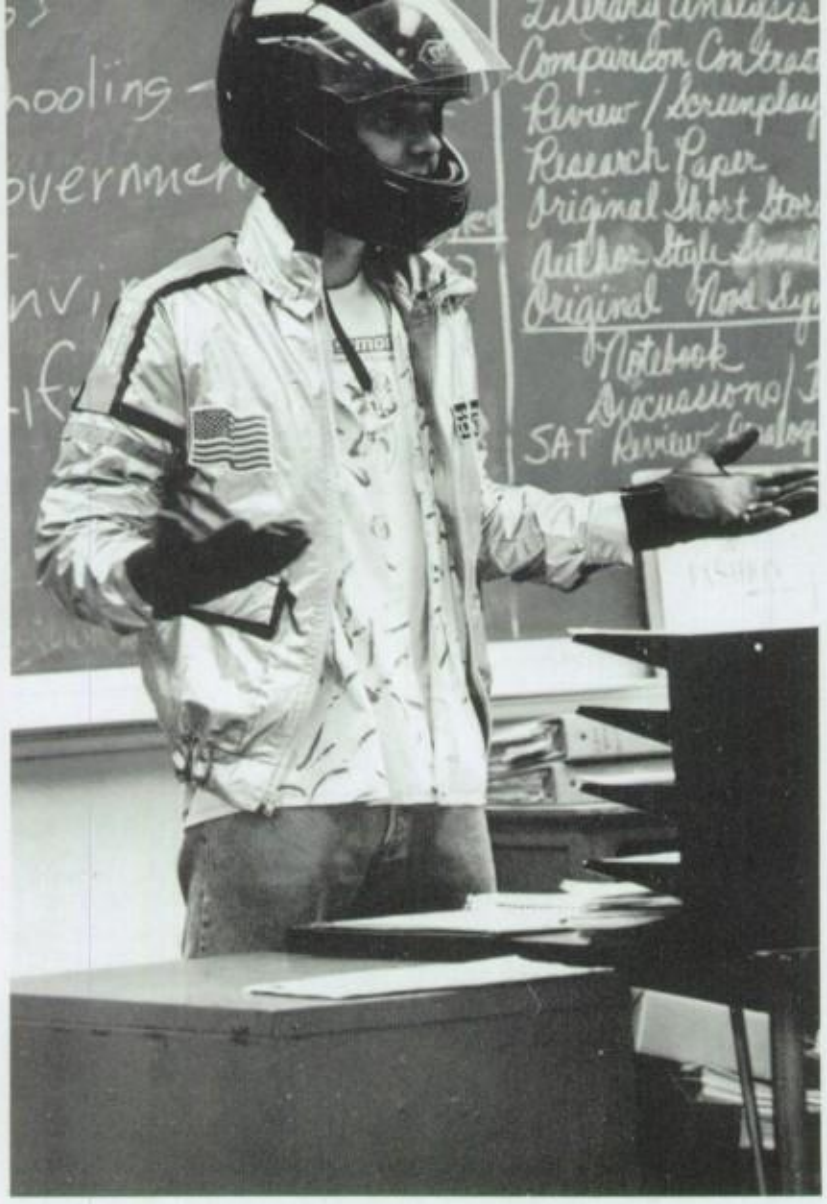
Darlene Baumanns

Carolyn Beattie

Trenace Beaudet

Brant Bender

Lynn Benson



Todd Sympson **skillfully models the clothing of the future to his English class.**

Gretchen Beck

Michael Becker

Sherry Bennett

Jill Benson

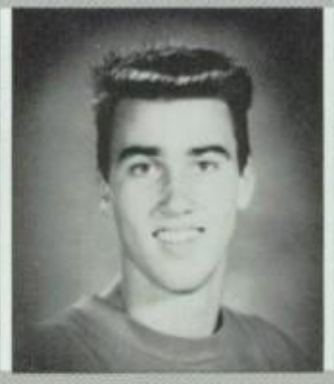
Sarah Benson

Sandra Berndsen

Jo Berreth

Jason Berry

Linda Bertran

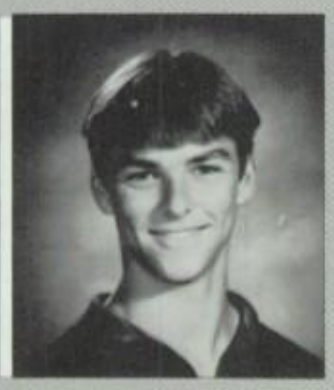


Billy Bertsch

Bernice Biddlecome

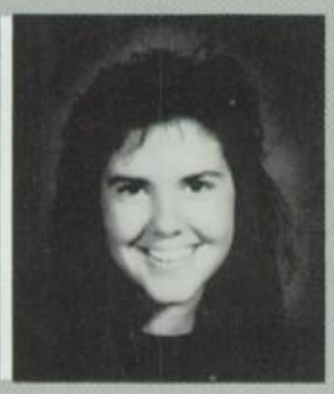
Debbi Biek

Amy Blackburn



Scott Bloom

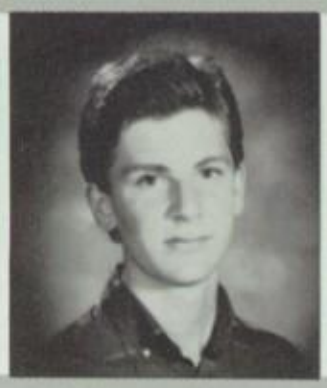
Erica Boatright



Angela Boehm

During lunch, Dusty Shearer **looks around for the zinger zapper.**

John Bonnette


Gregory Boult

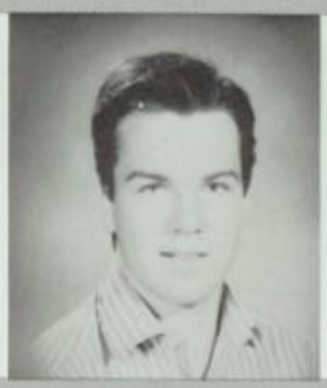
Cheri Boyer

Shad Bradley

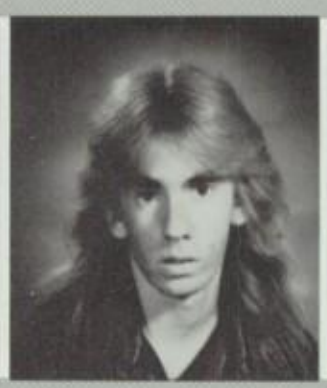
Johnnone Brake

Wade Brannon

Jill Brawner


Matt Brennan

America Briseno

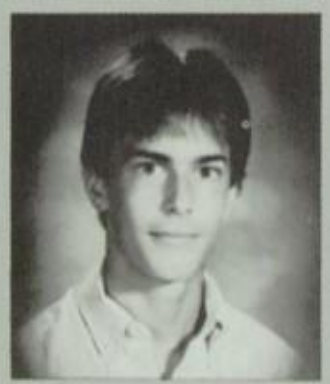

Richard Brooke

Emily Broughton

Brent Brown

Christopher Brown

Christopher Bryan


Mark Burcin

From the library front, *Shawn Mayes* ***and*** *Matt Schaefer* ***catch a glimpse of a passing admirer.***

Dixie Brown

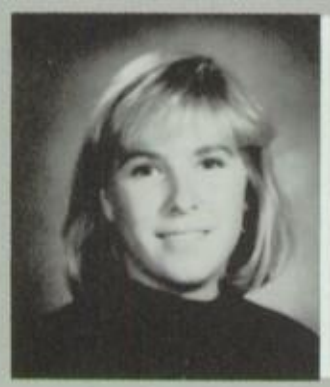
Steven Brown

Scott Bullock

Michael Bunch

Jeannie Burkhardt

Zach Burrell


Nicole Burwell

Heather Callahan

Megan Callaway

Joi Campbell

Aaron Cannata

Glenn Capitanio

Shelly Groomer **looking enthused about her exciting math class.**

Patrick Carmichael

Carolina Diaz

Jason Cartelli

Corey Carter

Tracey Cataldo

Karin Cates

Alan Cavey

Jose Cedillo

Marnie Chirico

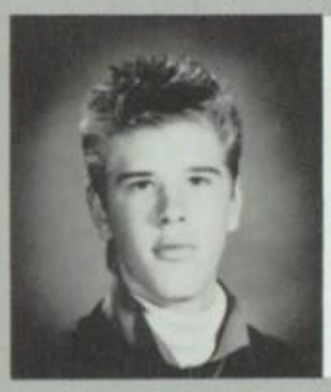
Juli Coats

Duana Coburn

Cricket Collins

Jennifer Coon

Dacia Cooper

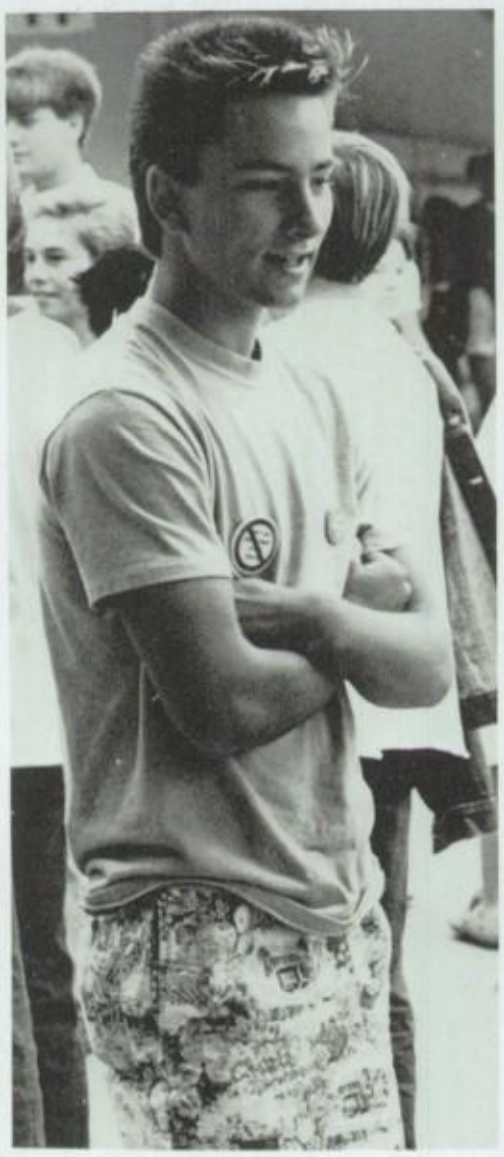


James Crider

Jennifer Cross

Dina Crutcher

Mary Cruz



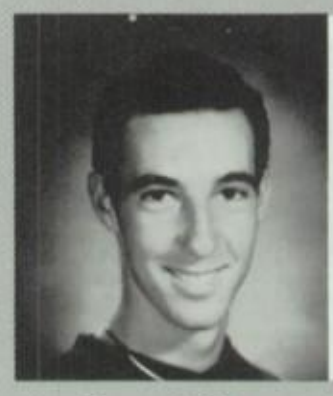
Jay O'Brian **acting casually cool during lunchtime activities.**

Lisa Cotugno

Kelley Crawford

Dana Crouch

Kellie Cruse

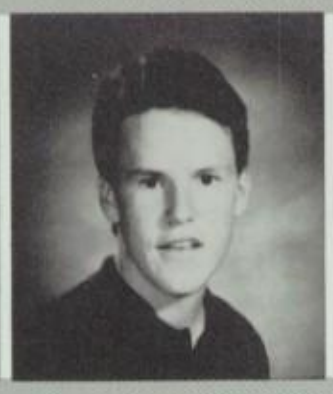


Emmett Cruz

Shannon Curtic

Helena Cushnie

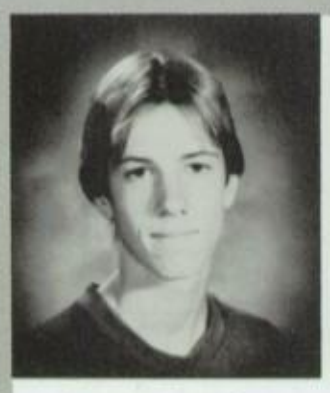
Charles Cutler


Matthew Cvar

Christie Dangel

Douglas Daniels

Tina Darby


Steven Darche

Regina Dasilva

Paul Davidson

Sandy Davidson

Dawn Davis

Teresa Davis

Juniors Can Be Outrageous

by Anaelisa Romero

Outrage, from l to r: *Rob Abramson, Glen Murrell, Chris Marsteller, Aaron McKay,* **and** *Gilly Naefke.*

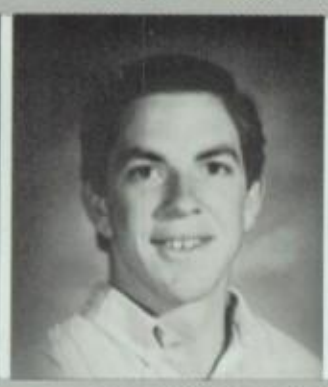
"We are just five best friends that share the same dream," says Glen Murrell from the band Outrage. Outrage, consisting of all juniors, was a band with unique flair and style. Outrage consisted of Chris Marsteller on vocals and bass, Glen Murrell on drums and vocals, Aaron McKay on guitar and vocals, Gilly Naefke on guitars and vocals and Rob Abramson on bass and vocals.

When formed in 1983, they were filled with great hopes and dreams for their future of the band. They wanted to write, make, and produce their own album. They got the name "Outrage" because it was the initial feeling they had towards everything.

With musical influences, such as The Cure, the Ramones, and the Chocolate Watch Band, "their music is energetic and unique," states Shelly Groomer. Like any other band, strange things happen to them frequently, but the strangest was, "Traveling for 45 minutes to play and there were delays with the other bands setting up their equipment so our time got cut to 4 minutes of playing time," said Chris Marsteller.

The group says that they will continue with the band after High School, and for their fans and supporters we hope that they continue to support Outrage in the future too. We think the times call for simple Rock-Roll and that is what we are trying to accomplish, said Chris Marsteller. As Rob Abramson said, "Somebody stabbed Rock-n-Roll in the back and we're slowly pulling the knife out." In the past year Outrage has definitely proved that they are headed towards accomplishing their goal.

Brian Davisson


Danny Dawson

Jennifer Dawson

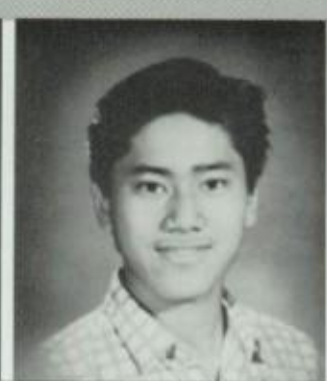
Kristin Dean

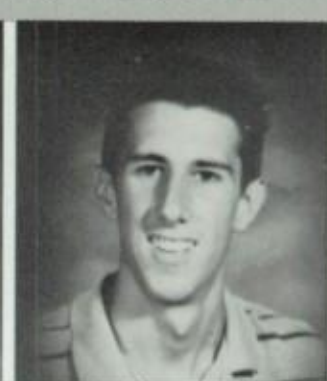
Leslie Dean

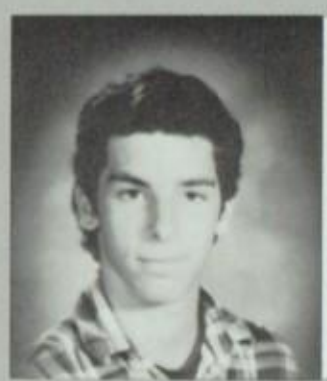
Victoria DeBerry

Angelique DeChandt

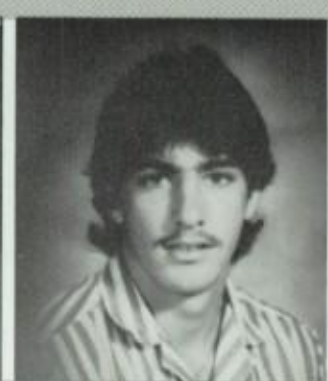
Diane Decker


Ephrian Dejusus


David Delaney


Eric Demarco

Joy Demery


Philip DePinto

Bryon Devore

Michelle Deyarman

Catherine Dietz

***Christine MacIlroy** heads for another day of higher education.*

Gerrald Dickinson

Kelly Dillard

Garrett Dively

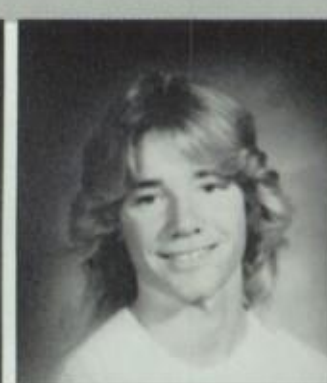
Alicia Domville

Jennifer Domville

Courtney Donovan

Kelli Douglas

Michelle Downey


Brian Driscoll

Juniors

Christine Matthys and **Trisha Jabalera** *enjoy their lunch break from their hectic schedule.*

Deana Duddy

Cynthia Dudgeon

Erik Dudgeon

James Dunker

Cathy Durham

Anne Eddy

Nicole Eichorn

Christine Fagan

Melissa Farish

Sherri Fanta

Sherri Farr

Mary Faulkner

Davida Fernandez

Maria Fernandez

Tonya Figg

Brian Fink

Shane Fink

Susan Fink

Kristen Finneran

Julie Fischer

Cort Fisher

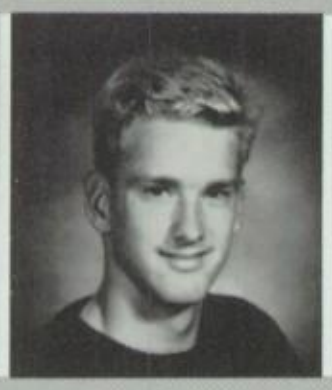
Scott Fisher

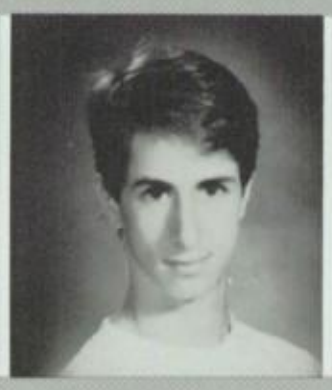
Jason Fleck

Richard Foote

Trenace Beaudet and **Hal McCullen** *discuss weekend plans while* **Lisa Long** *listens in.*

Bryan Forkas


Fred Forkenbrock


John Forsythe

Peter Foster

Veronica Fox

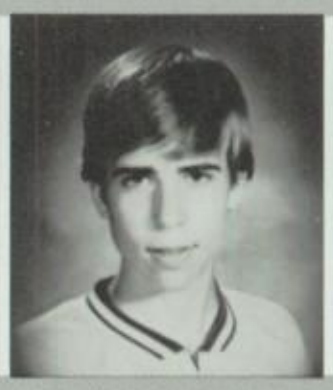
Deena Francabandera

Holly Franklin

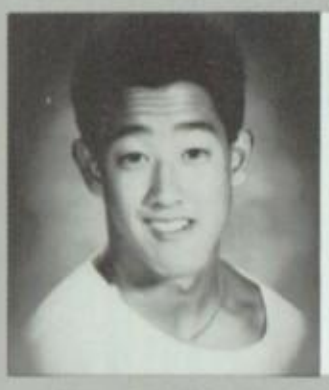
Teresa Franzen

Michael Freeman

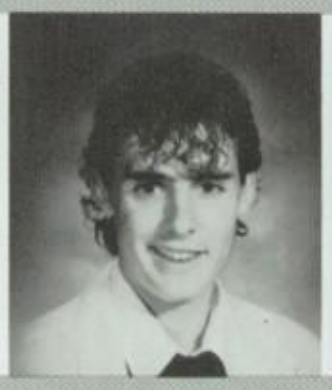
Stephanie Freitas


Andrew Freund

David Frye


Ross Furukawa

Monique Gaffney


Geoff Gagne

Lisa Garan

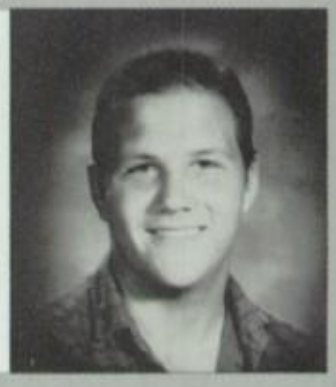
Darlene Garcia

Lance Garcia

Shaun Stewart ***and*** *Grant Lohman,* ***on the quad, discuss the brand of fertilizer they use at home.***

Nicole Garcia

Teresita Garcia


Todd Geldreich

Carrie Gelwix

Jennifer George

Kelly Gillard

Julie Gillespie

Christina Gilliam

Ginger Gilliam

Eric Gilliat

Cynthia Gilman

Craig Godfrey

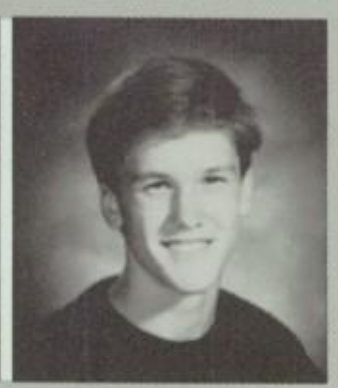
Kevin Goetsch

Stirling Goetz

Robert Gonzalez

Andra Good

Jennifer Gordon


James Goss

Driving has lost its glamour

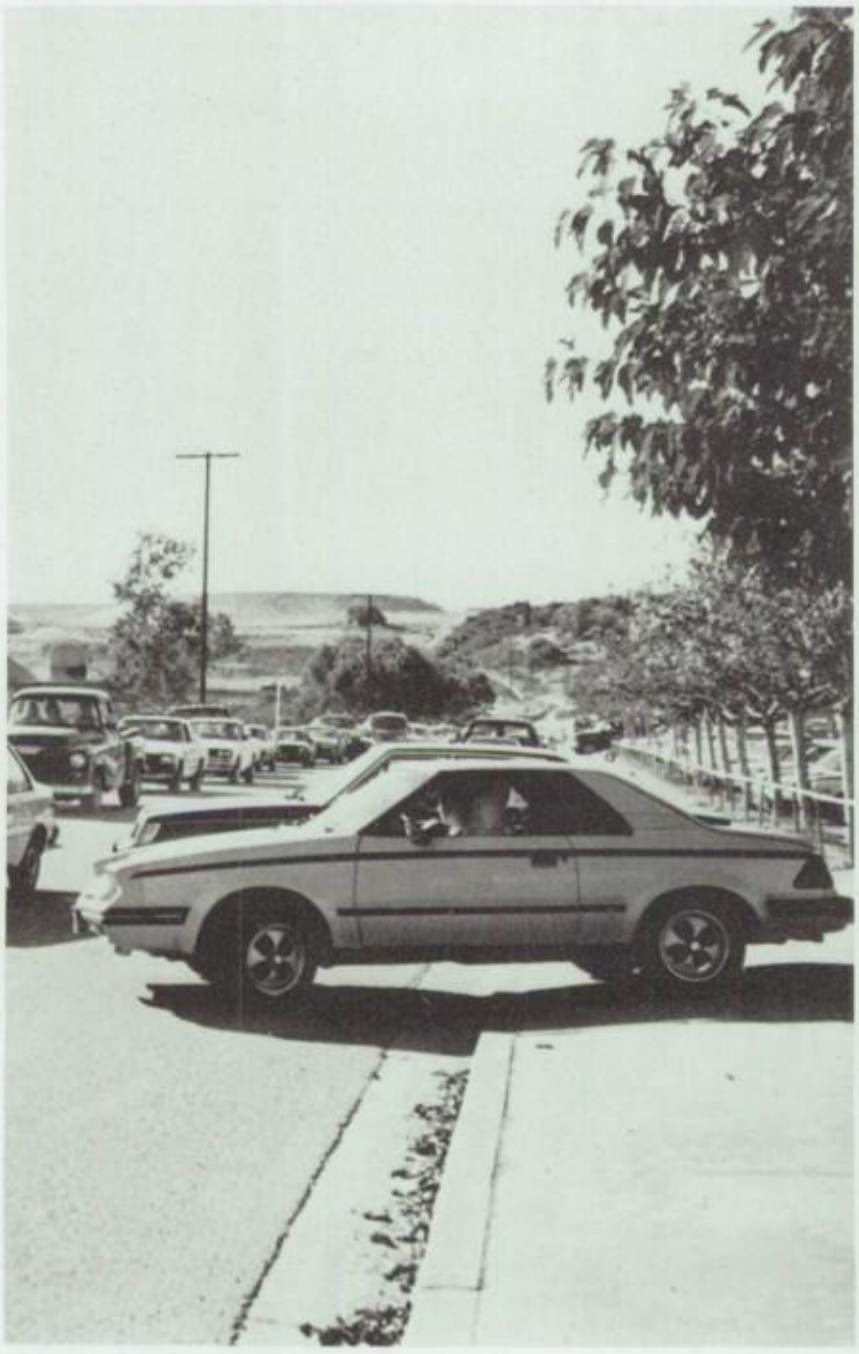
By Elisa Smith

For two hundred and fifty yards down Titan Way, cars crawled bumper to bumper every day after school. Angry students hung out of their car windows honking their horns and yelling at those ahead of them. Where did all of the cars come from?

After eleven long years of riding crowded buses, juniors couldn't wait to drive their own cars. However, after the first day of battling the mob of cars, the thrill of driving quickly lost its glamour. Mike Woodall declared that, "Overpopulation is the cause of the traffic problems."

This year's junior class set the record in 1984 as the largest class ever to enter P.H.S. and every year since then the freshman class continues to grow. This also increases the amount of students driving cars. Many students, such as Andy Bailey, didn't mind the wait if they were driving, but agreed that steps should be taken to improve traffic conditions.

Ken Norris suggested that, "a stoplight should be installed at the corner of Titan Way, and Espola. Also, more parking areas should be available." Until then, the juniors of today, and the juniors yet to come, will continue to face the hundreds of cars day after day.


The line of cars on Titan Way vanishes into the distance.

Janeen Graff

Jennifer Graff

Jonathan Graff

Tricia Graham

Teres Granados

Kathy Grasberger

Aimee Green

Jay Gregory

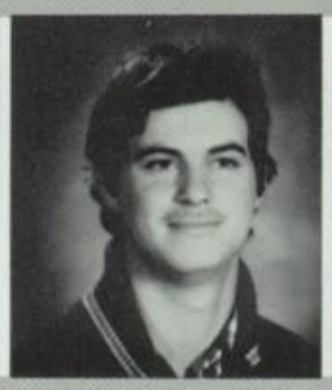
Christopher Grider

Pamela Grimes

Sarah Grokulsky

Rachelle Groomer

Diana Guerrero


Robert Gunn

Anne Gurnee

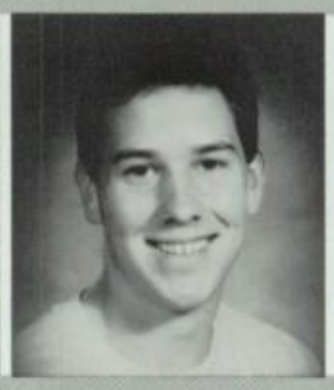
Tim Hackett

Melinda Haddakin

Pamela Haehl

Dawn Hagen

Carrie Hagerty


Matthew Hall

Brady Hamilton

Keith Hanson

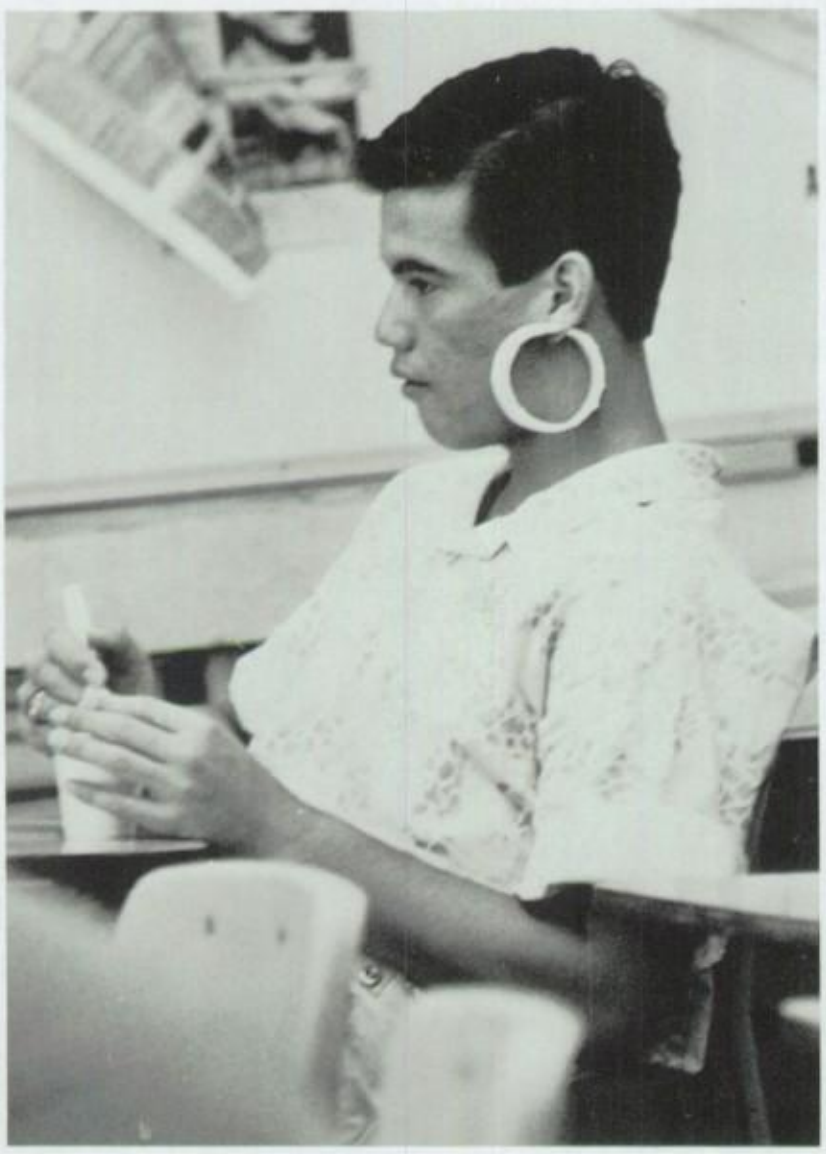
Joe Hardison

Alicia Harper

Alan Harris

Stephanie Harris

Sheri Hartman

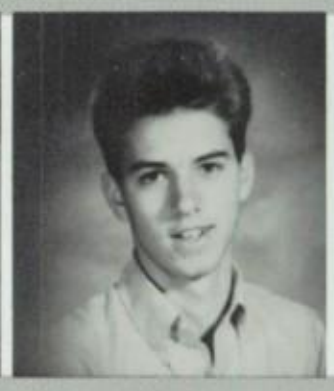

Mike Smith *sports the latest fashion in accessory wear.*

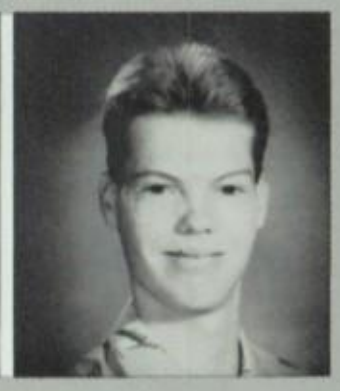
Dena Haskell

Renee Hawthorne

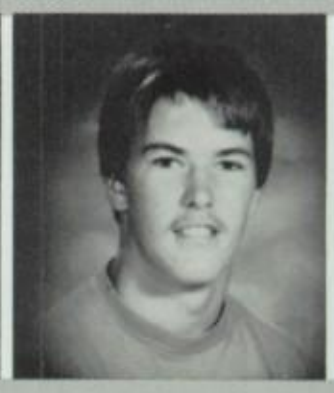
Andrea Hayek

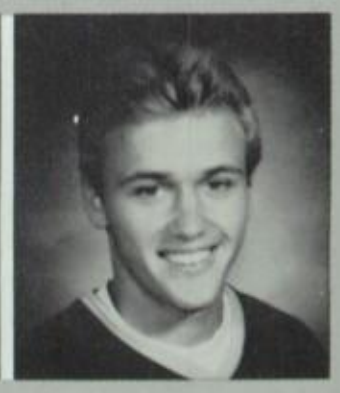
Michelle Hays


Nat Hazard


Dustin Henson

Bani Hernandez


Duane Herrmann

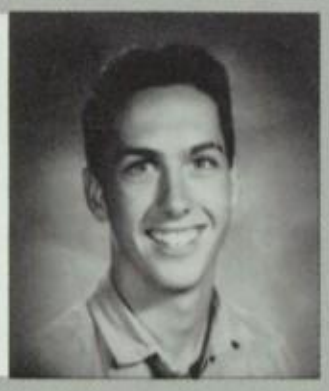

Bradley Herzog

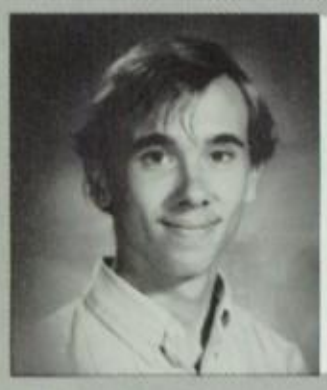
Juniors

Kammy Hess

Mark Hettergott

Kristen Hickey


Jon Hoffman


Stuart Holmes

Julie Hommel

Jason Scanlon *calls a friend back during lunch.*

Sean Heyenga

Dawn Holmberg

Sarah Hooten

Tracey Hooten

Christine Hoover

Thomas Hsiu

Heather Hughes

Cristie Hulstine

Scott Humphrey

Tami Humphrey

Tracy Huntington

Raquel Hurtado

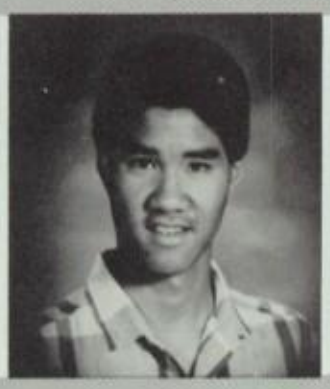
Trisha Jabalera

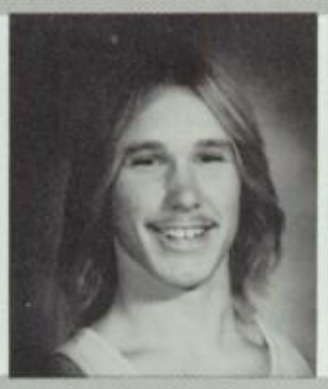
Abdolrezo Jabbarpour

Ben Jacobsen

Mike Jacoway

Lara Janes


Jon Jaro


Bradly Jeffers

Alaine Jiles

Brett Johnson

Geoffrey Johnston

Karen Jolliffe

Jason Jones

Kelly Jones

Paul Jones

William Jones

David Joy

Katherine Juhn

Lisa Kaplan

Larry Karch

Katina Karvellas

Elizabeth Kay

Future Seniors of PHS

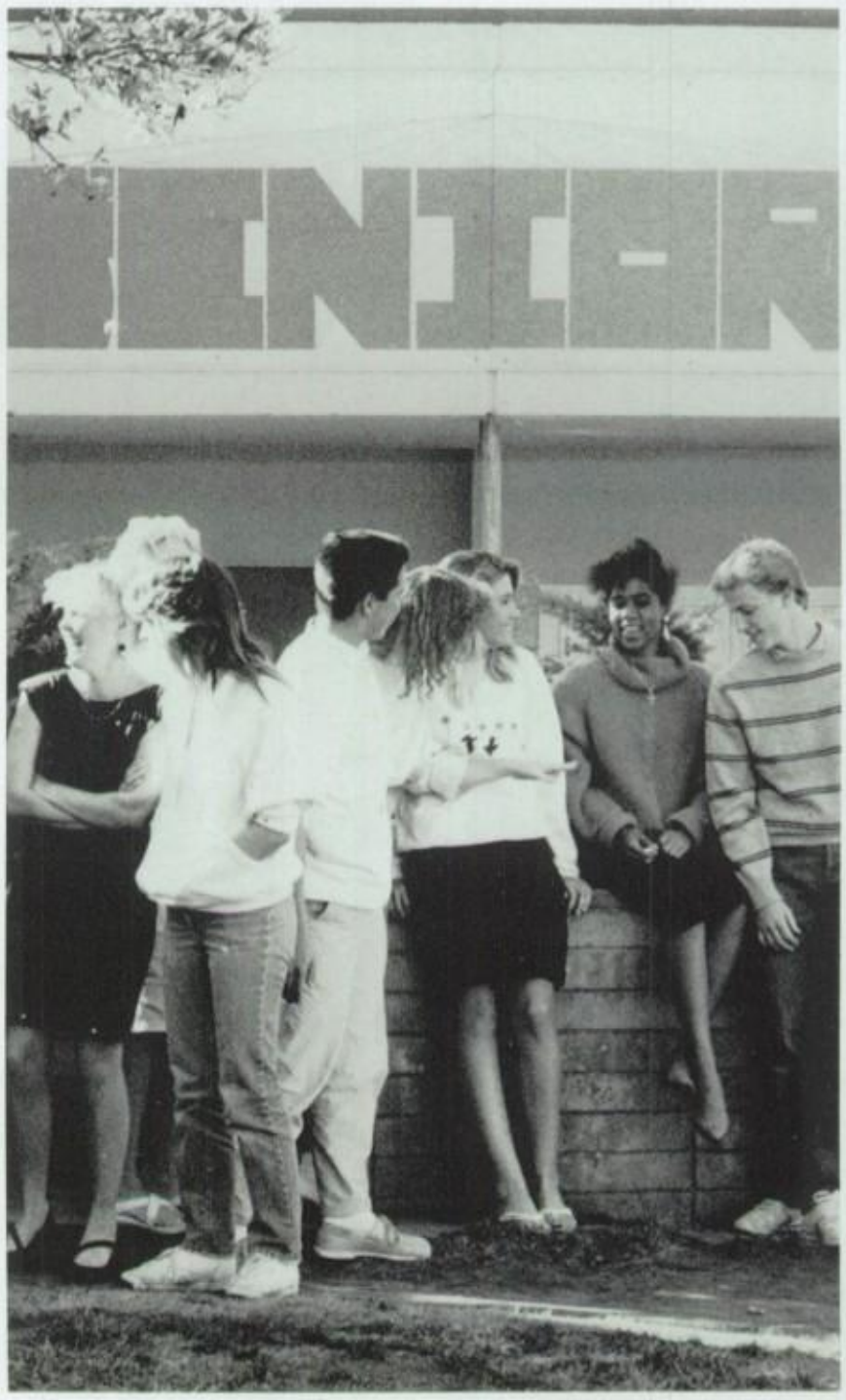
by Elisa Smith

As the '86-'87 school year progressed, juniors became more aware of how fast their long-awaited senior year approached. Anticipations of the famed Senioritis, four/five period schedules, and the Senior Wall dominated the juniors' thoughts. But what did the juniors actually think would make their senior year the best year ever?

"It'll be a blast!" was a common expectation among the juniors. Other opinions included Erica Boatright's that "I'll be eighteen and eligible to vote!" Terrie Mays and Tammy Smirin expressed a desire to graduate and enter the "real world" on their own.

The senior activities also received recognition in the dreams of the juniors. From broom hockey to tailgate parties to Prom, the seniors-to-be looked forward to all that awaited them. Dena Minkel revealed her anxiousness for the senior sleepover while Kevin Livesey and Emily Broughton agreed that "Broom hockey will be a lot of fun!"

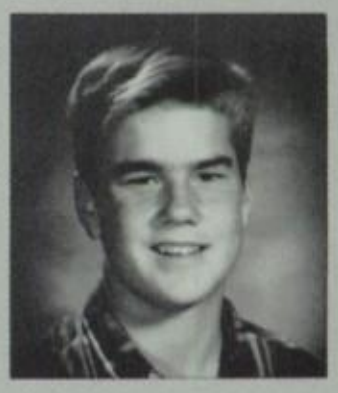
Most juniors hoped to make their last year at Poway High School the most fun and memorable of their twelve school years. Next year they would find out just how close their expectations were to reality!



The class of '88 prepares to take over THE WALL.

Anne Kazimer

Erinn Keefe


Jason Barrie

Michelle Kemlein

Juniors

Robert Kesanen

Melinda Kesling

Jason Kim

Matthew Cvar *finds excitement at lunch with his frisbee.*

Denise Kincade

Yvette King

James Kirschbaum

Michael Kline

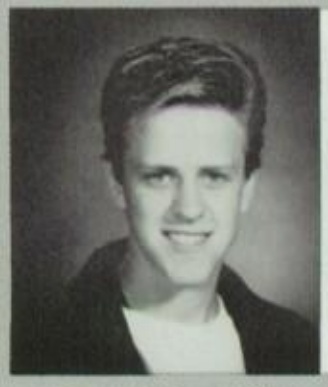
Tawnee Knudsen

Christopher Koch

Kevin Kohler

Emily Kolker

Charry Korgel


David Kosmicki

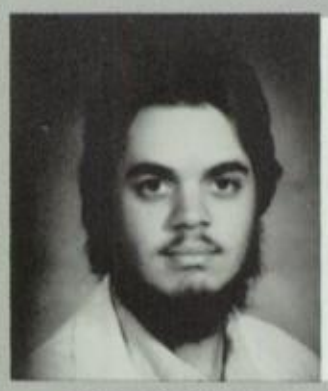
Stephen Krane

Kim Krohn

Christian Kuebitz

Naomi Kusano

James Labrador


Mike LaCosta

Corina Lamothe

Stephanie Lane

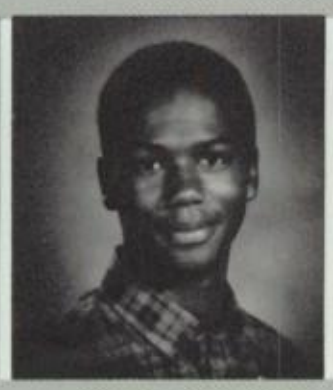
Trudy Lanning

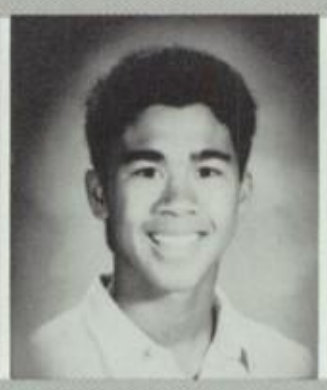
Christopher Larose

Carolyn Lasater

Charlene Leatherman

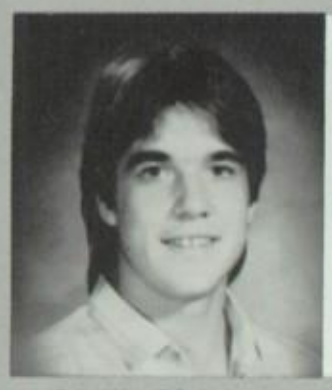
Daniel Leavitt


Armand Lee


Ricky Legaspi

Karin Leibowitz

Dean Lenter

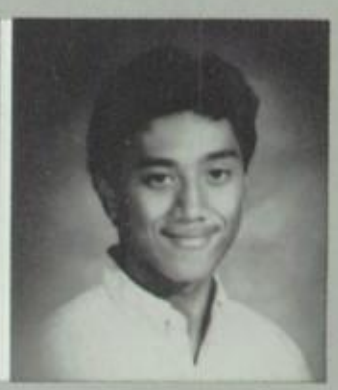

Phillip Meisinger

Porsche Melendez

Noel Mellon

Robert Melotti

Carrie Mendel


Mervyn Mendoza

Stacy Tennis *is disgusted with* **Tiffany Schaefer's** *lunch time joke.*

Michael Mercer

Katie Merrifield

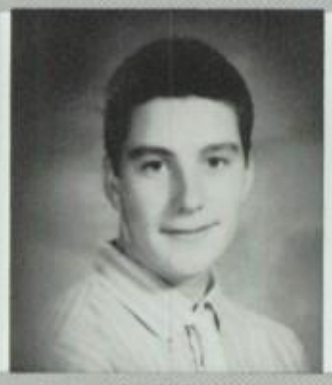
Heidi Merrill

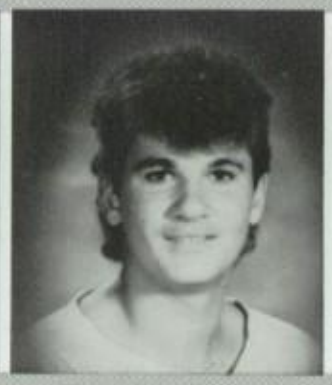
John Metz

Paige Meyer

Heidi Meyers

Victoria Mezo


Brandy Michelson


Ricardo Micheri

Teri Miley

Robert Miller

Wendy Miller

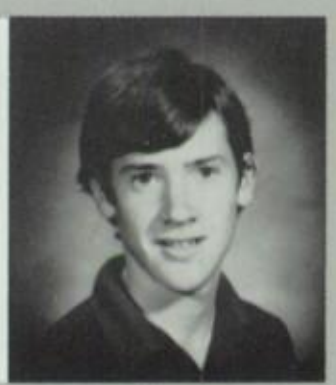
Georgana Millican

Trione Mills

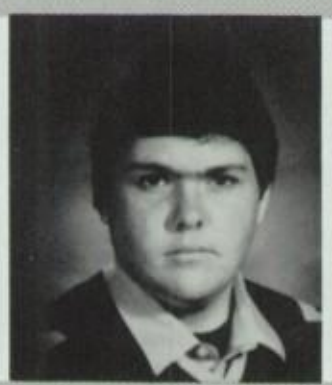
Michelle Millman

Dena Minkel

Ingrid Mitchell


Paul Mond

Marlynn Moon


Erik Moore

Patrick Moore

Lainie Morales

Garrett Moreau

Maria Moreno

Jason Morgan

Eugene Morris

Gabriel Morris

Deena Mueller

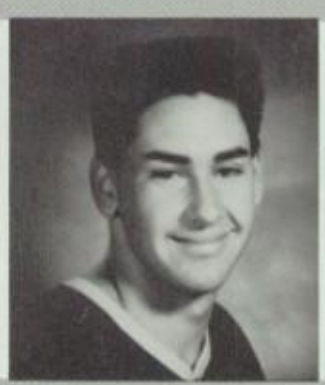
Julie Mueller

Edward Muro

Colleen Murphy

Julie Murphy

Glenard Murrell


Jonathon Musgrove

Donna Myers

Michael Napierala

Participation Pays Off

by Sarah Massengill

A successful student proves to be strong academically while still being able to contribute towards school and extra-curricular activities. This year the teachers were surveyed and they felt that Jenny Domville and Chris Weber best fulfilled these requirements.

Jenny Domville proved to be a "good student, a quality writer, and she excelled in her Calculus class," stated Ms. Ghafur and Ms. Turpin respectively. Since her freshman year she's been sup porting out athletic teams as a Freshman, J.V., and Varsity cheerleader and held down a part-time job.

Chris Weber attended such classes as Calculus, A.P. Physics, and according to Mr. Wymbs, "Chris excels in Hon. Sur. of Amer. Lit." Chris was a soccer player, a varsity track athlete, President of F.B.L.A., and Secretary of C.S.F. and still maintained a 4.0 GPA. Chris was also chosen to represent Poway High School in Washington, D.C. for the Young Astronauts.

Both Jenny and Chris showed that even though some of the toughest classes are offered during the junior year, that doesn't mean you can't get involved. Jenny and Chris agree that, "You can take advantage of these tough classes and with a little extra work, they will help prepare you for the future and make it easier to succeed!"

Successful Juniors, Chris Weber *and* Jenny Domville.

Mark Naylor

Tina Neeley

Juliet Nelson-Flesh

Nicole Neumeyer

Heather Nguyen

Tyrone Nicholas

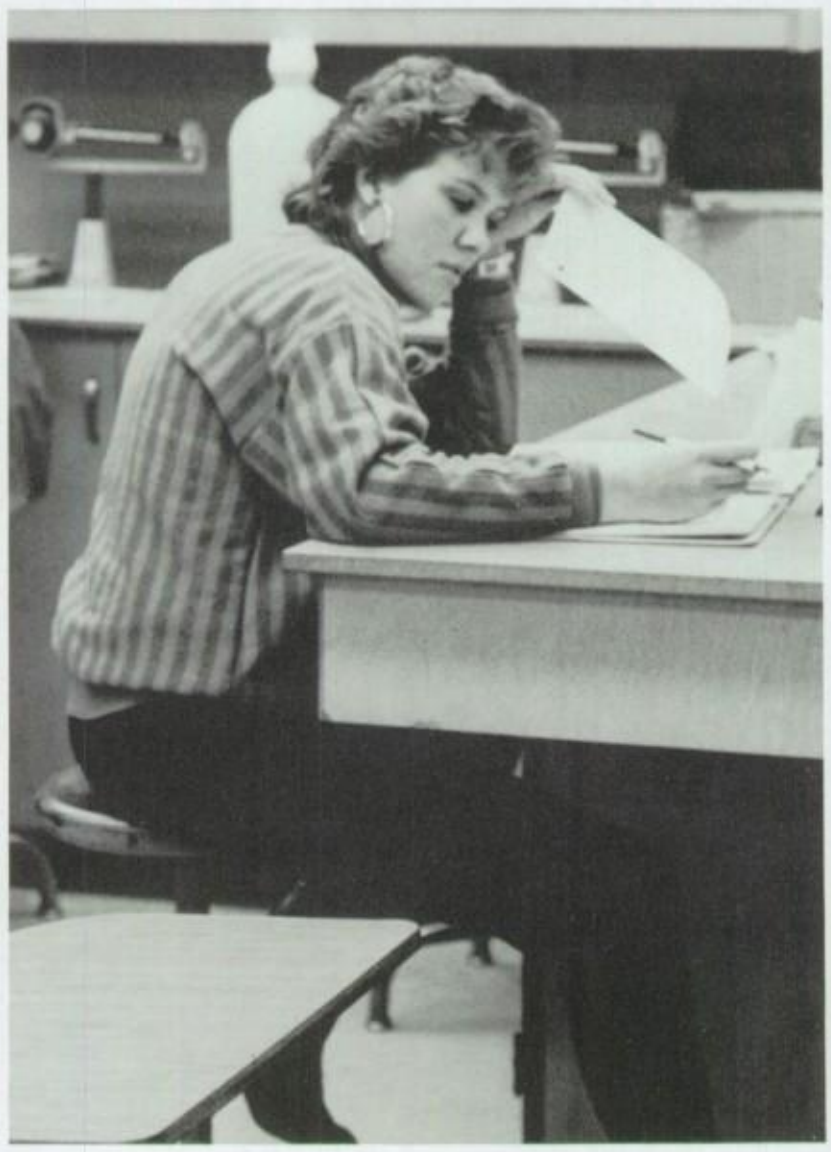
Jody Nicklin

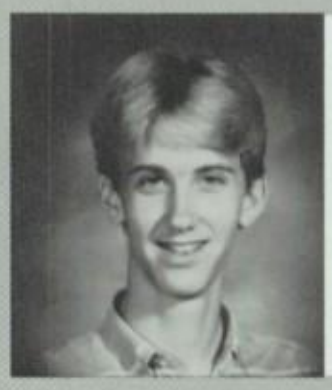
Judy Nicklin

Janice Nielsen

Stephen Norlin

Kelli Norris


Diane Decker *puts the final touches on her chemistry lab.*

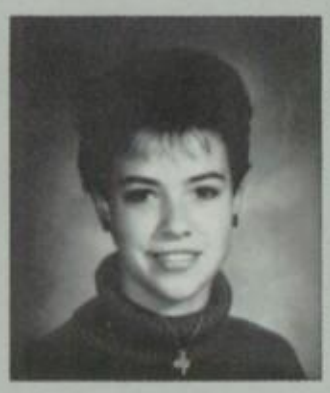

Kenneth Norris

Alyssa Norwak

Chris Nutting

Darren Nylec

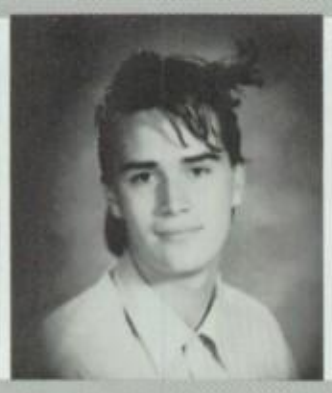
James O'Brien


Kristin Obenchain

Eric O'Connor

Amber Ogle

Heidi Ohrt

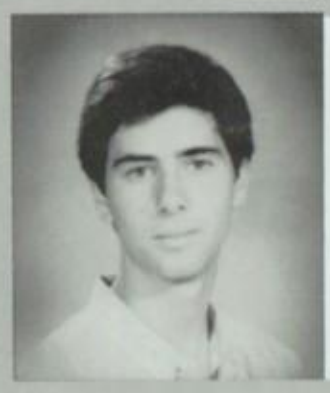

Brad Olah

Michelle Olszewski

Stephanie O'Malley

Aaron Orluck

James Orluck


Mike Orr

Gina Ortojan

Susanne O'Sullivan

Antoinett Palmer

Kevin Palmer

Nikole Palmer

Dina Palmisano

Alisa Paraiso

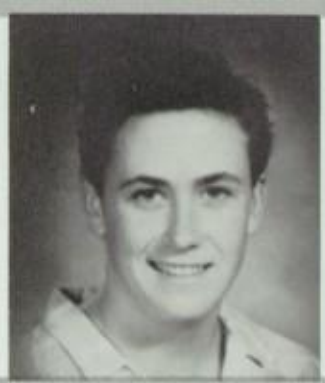
Cynthia Parker

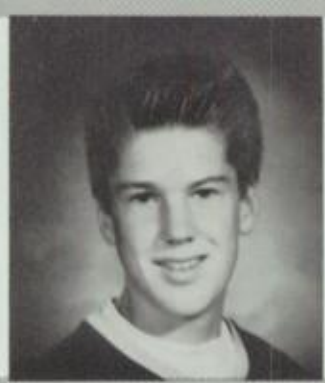
Jacquie Parker

Yvonne Parriot

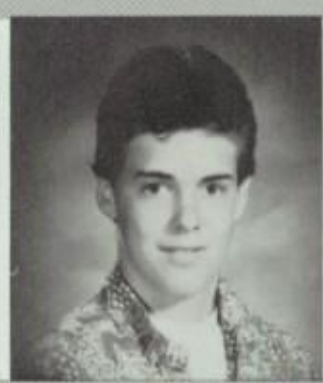
Susan Pascoe

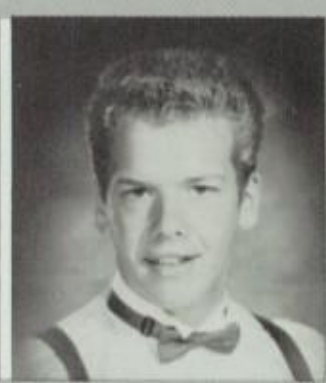
Joelle Patnode

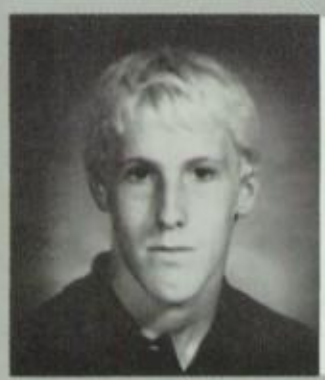

Michael Pattison


David Pearce

Mark Pearce

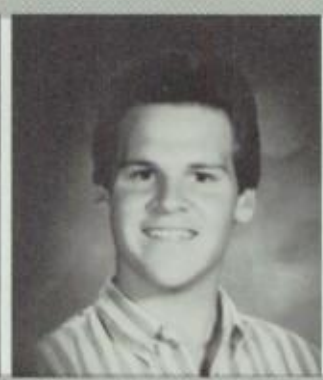

Michael Pearson


Marcus Pease


Jonathon Pendarvis

Jim Perinoni

Steven Pertula


David Peterson

Paula Petrowsky

Amy Phillips

Linda Phillips

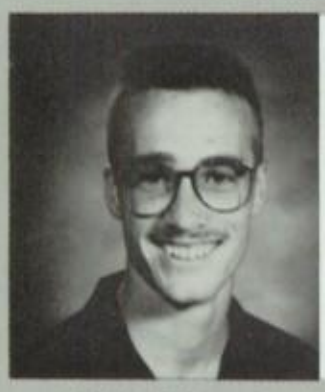
Stephen Phillips

Heather Pierce

Steven Pineault

Cheryl Pitcher

Russell Place

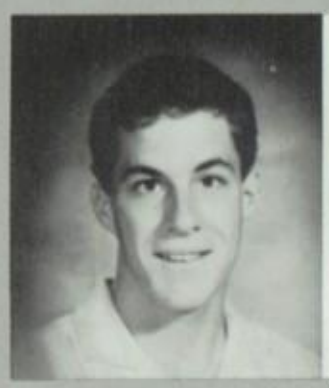

Fritz Plecas

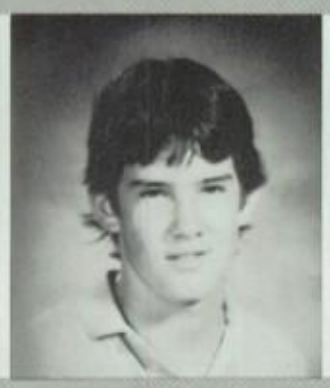
Pamela Pochel

Tammy Pofahl

Derek Poindexter

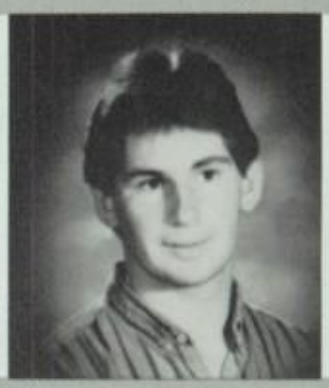
Todd Sallenbach *wipes his lunch off the back of his leg.*

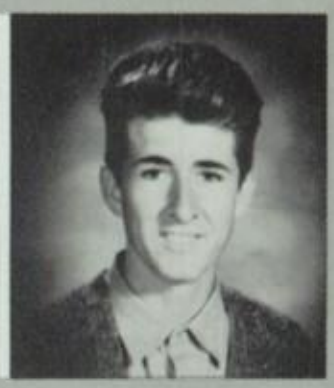

Sean Poppoff


Frank Porcelli

Randall Porter

Michelle Poucher

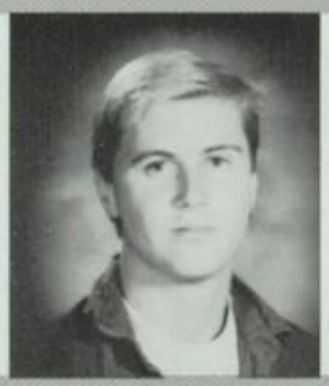

Larry Powell


John Prell

Shelly Procopio

Staci Rabb-Bedke

Kristen Radtke

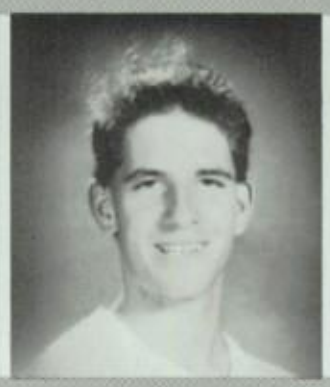

Matthew Ramos

Bonnie Randall

Rachael Randall

Tammy Randall

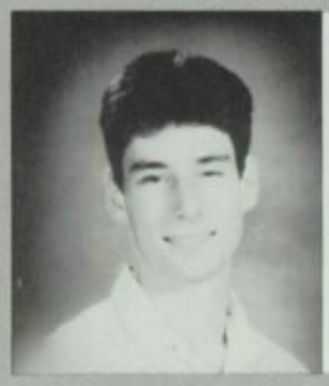
Sean Rauch

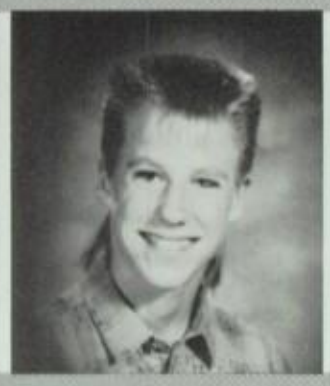

Michael Reed

Christina Rettenmund

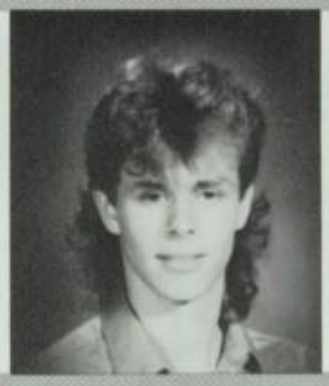
Lorna Rice

Sharon Ringgold

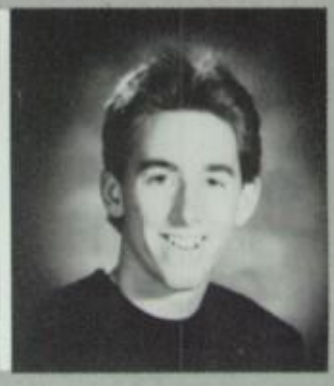

Anthony Ritenour


Scott Rittichier

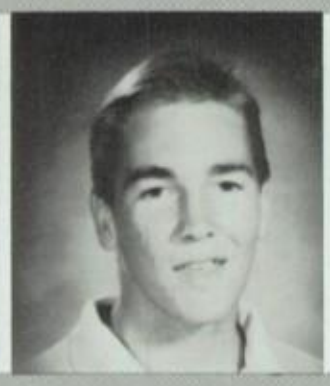
Barbara Roberts

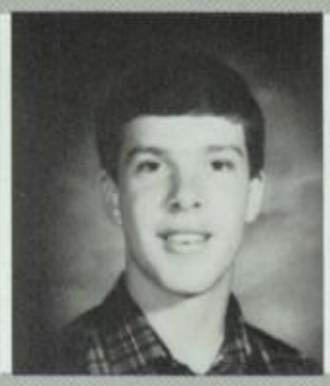

Keith Roberts

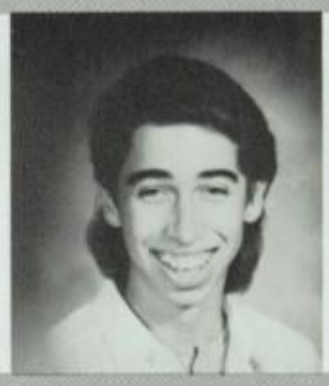
Lois Roberts


Paul Roberts

Jeff Robinson


Adam Roche


Brian Rodems


Mark Rodriguez

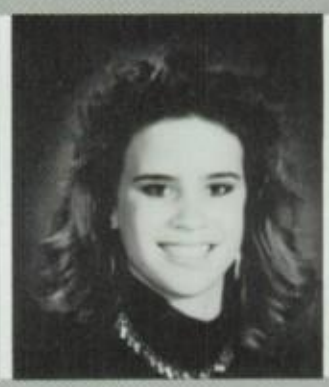
Kristi Rogelstad

Cynthia Rohling

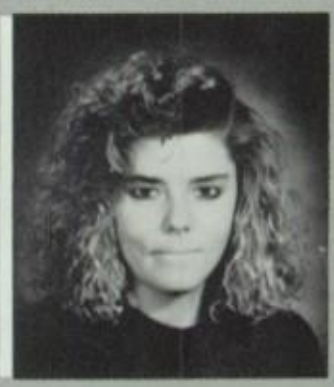
Kimberly Romaine

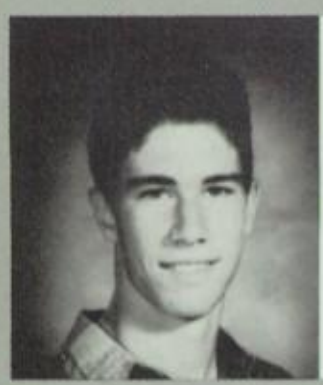
Anaelisa Romero

Lisa Rosenbaum


Tracy Ross

Shane Roselle


Jena Rostvet


Bradley Roth

Nicole Royster

Kristene Rudzinski

Janna Runion

Ann Runser

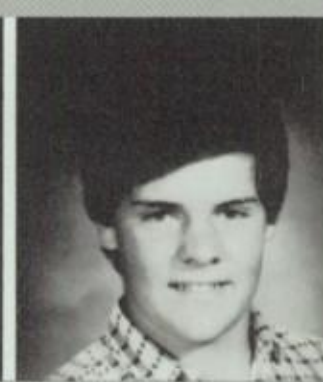
Stephen Russo

Allison Ryal

Sara Salazar

Todd Sallenbach

Monique Sanchez

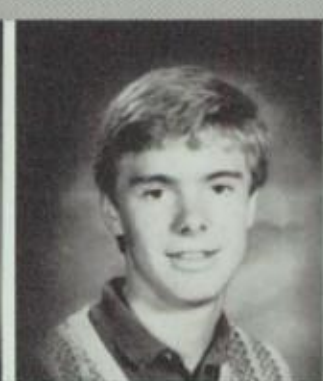

Goeffrey Sanders

William Santos

Lori Sartain

Sheri Saslow

Shannon Sassi


Todd Sawyer

Keith Sbarbaro

Jason Scanlon

Juniors Plan for their future

by Anaelisa Romero

The students pay close attention to the facts given by the Cornell University rep.

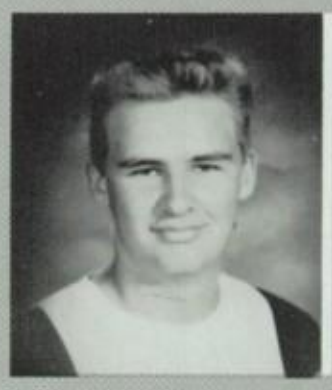
"With the college representatives that came to Poway High School, it made me realize that I needed to work harder if I wanted to achieve my career goals," stated Kristen Obenchain.

In their junior year, students needed to start to make some important decisions about colleges and career goals. One way the students achieved this was by going to listen and talk with different college representatives.

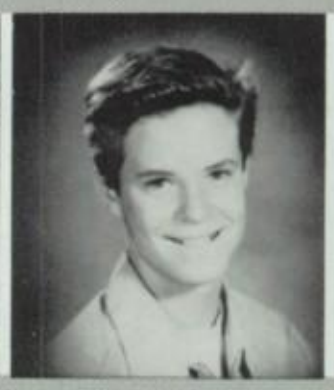
"I think it is necessary that colleges go out and present themselves to the students, especially the out-of-state colleges. Without talking to us, the students would not be able to find out about campus life and the overall atmosphere of the college," stated William Cox, a representative from Cornell University.

With the help of the college respresentatives that came to Poway High School throughout the school year, juniors were able to make some very wise decisions for their unestablished future.

Tawnee Knudsen ***escapes from school into a world of music.***



Steven Scates



Matthew Schaefer

Tiffany Schafer

Joann Schlecht

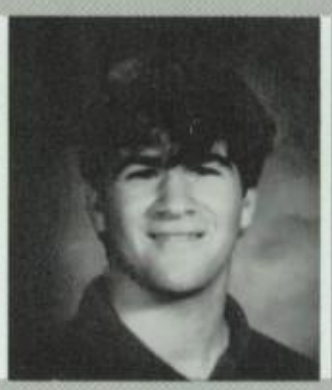
Nicol Schnoebelen

David Schooler

Joy Schultz

Leora Sebesta

Peter Secor

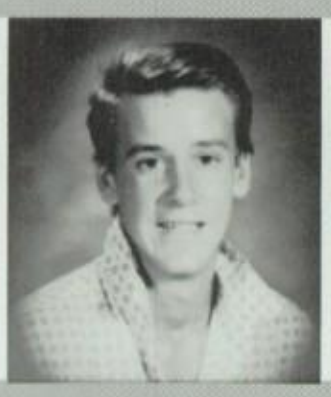


Joesph Segoria

Andy Seidensticker

Tracy Serakos

Lance Seymour

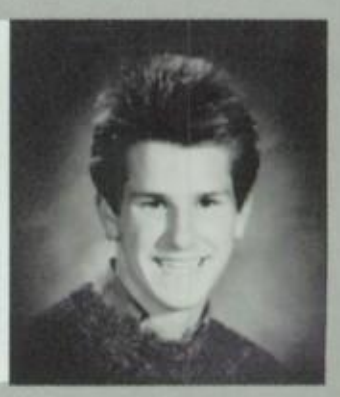


Michael Shanan

Jeffrey Shaposhnick

Dusty Shearer

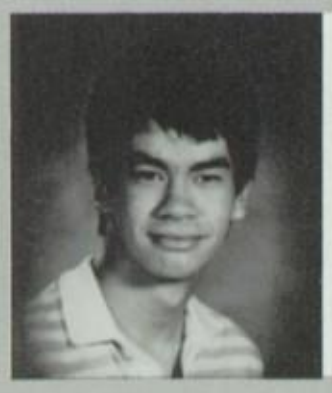
Dolores Shebesta



Benjamin Shipley

Christine Short

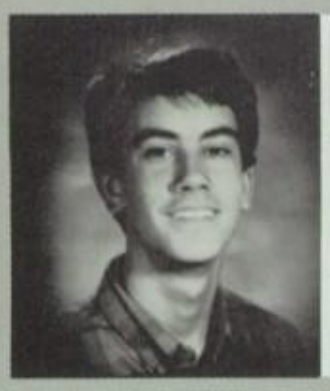
Kimberly Short



Mark Simmons

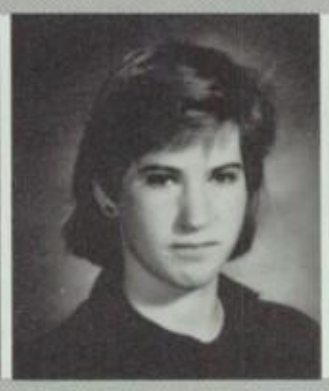
Paul Simpson

Pam Pochel ***and*** **Suzie Fink** ***can't believe their friend's experience.***

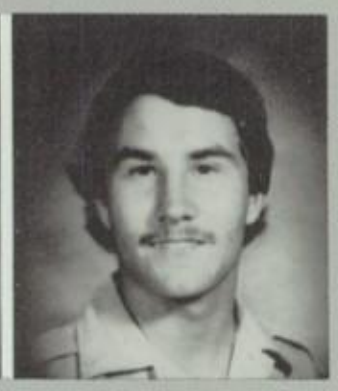

Michael Sinclair

Kerrin Skillern

Sarah Skilling


Pamela Slemmer

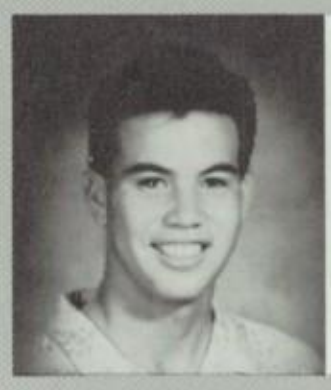
Lawrence Small


Terry Small

Terri Garcia ***tries to make mental contact with*** **Scott Humphrey.**

Tammy Smirin

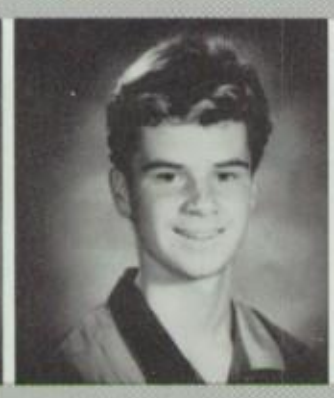
Jennifer Smith


Michael Smith

Karen Snider

Brian Snider

Erik Sorensen


Erik Spedale

Timothy Spendley

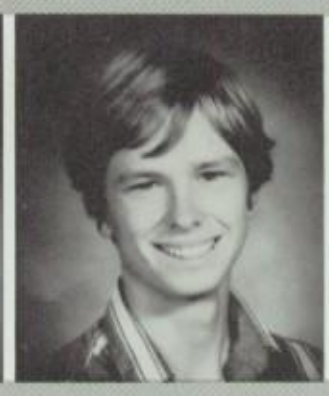
Laura Spier

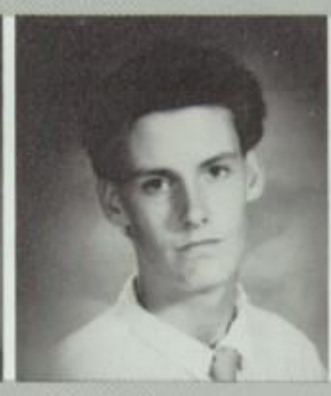
Christopher Stacy

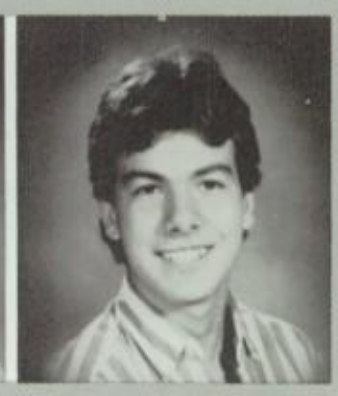
Edwin Stage

Jeffrey Stahlhut

Gregory Stampfli

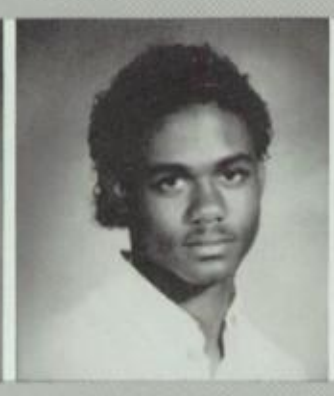

Christopher Steele


Troy Steiner


Michael Stellatos

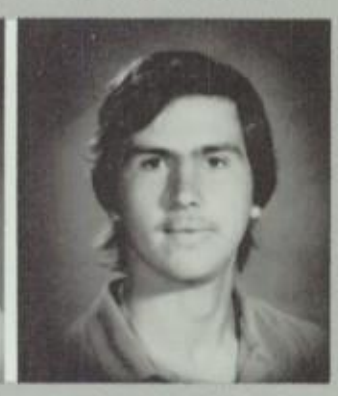
Cynthia Stenger

Lara Stepanek


Jamal Stephens

Kelly Stevens

Denna Steward


Wiley Steward

Shawn Stewart

Donna Stiritz

Karen Stiritz

Lynell Stokes

Garrett Story

Sean Strate

Commissioners Start New Traditions

by Sarah Massengill

This past year the junior class elected twice as many commissioners to be in charge of various jobs thus brought in twice as many new ideas and doubled the efficiency to increase their accomplishments.

This year's junior commissioners were Natalie Wright, Fundraising; Glenn Murrell, Prom; Steve Russo, Prom; Michelle Downey, Fundraising; Lisa Kaplan, Publicity; Lynn Benson, Prom; Karen Stiritz, Prom; and Shelly Hayes exemplified leadership as the Head Commissioner.

These eight people did an excellent job, showing that they could resist heading down the old, narrow road of tradition and instead be original and creative: for instance . . . Prom. Mike Hoffenkamp stated that, "It was great having Prom at Sea World because it's so much closer and the pavillion is so modern." Marnie Chirico added, "It was fun attending Prom at Sea World because it was near the water, and it was really original!"

The commissioners did an excellent job setting new traditions for others to follow in the years to come, and even though they didn't receive the credit or gratitude they deserved, they continue to do a great job making our junior year memorable. Jennifer George agreed by stating, "My junior year was great! The commissioners did a great job, I had a blast!"

The commissioners take over the narrow road.

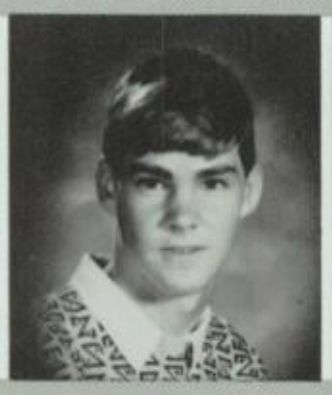
Joesph Sullivan

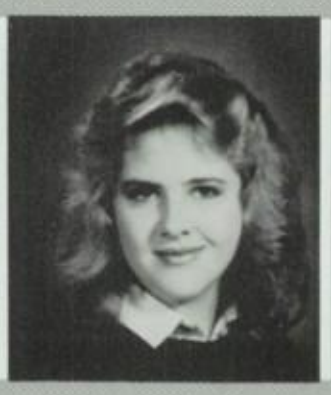
Mira Sullivan

Karen Sutherin

Victor Suyao

Richard Swaney


David Swanson


Kiristi Swensson

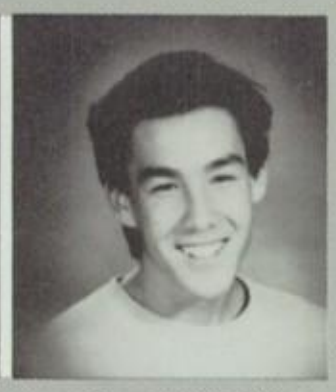
Mike Tanico

Christine Taylor

Stacy Tenace

Dacia Cooper *adds artistic thought to her painting.*

Michael Teplitz



Glen Tetzlaff

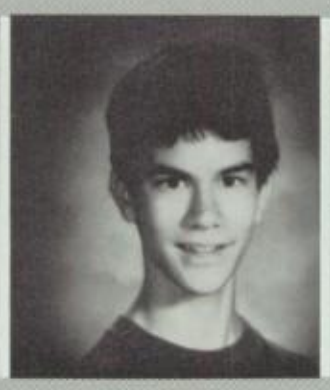
Michelle Thedorff

Christina Thibeault

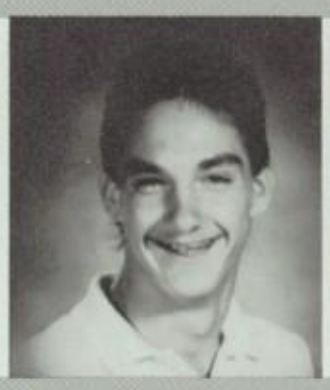
Stephen Thompson

Tanya Thrun

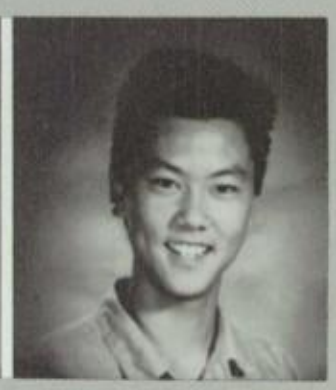
Stefanie Tietz



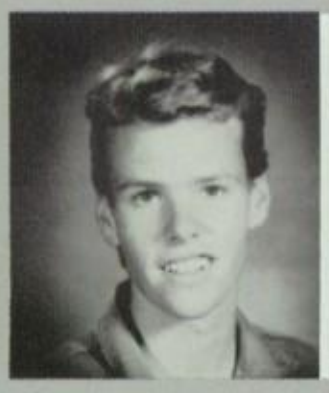
Edward Tisdale



Marc Todd



Garrick Tomiyama



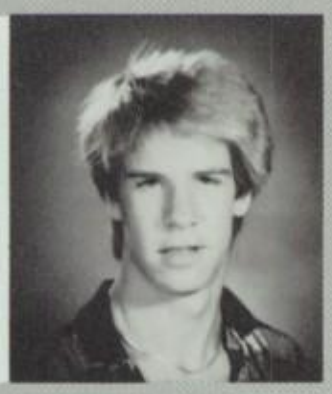
Michael Torres

Karin Trudo

Mark Truman

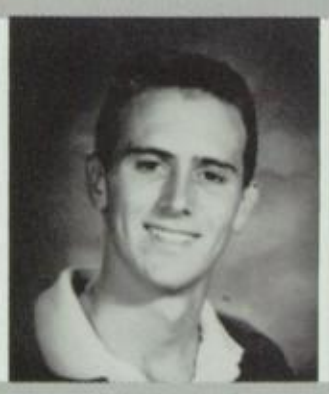
Mark Tu

Christa Turner



Sean Turner

Raymond Underberg



John Ursini

Troy Vahidi

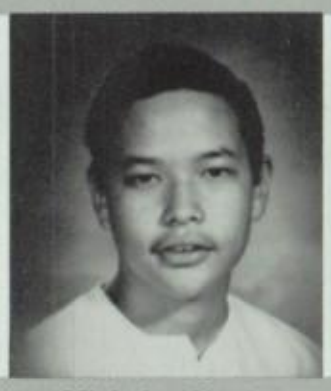
Joy Demery *contemplates the lunchtime band's style of music.*

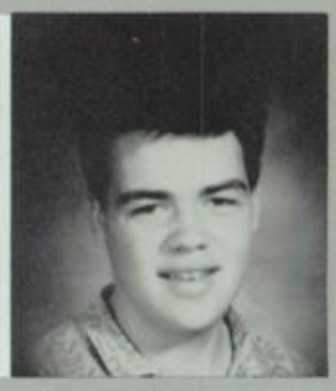
Lance Valkema

Kristin Van Boom

Kristen Vandivort

Scott Vanwinkle


Nicholas Varisco


Benjamin Verduzco

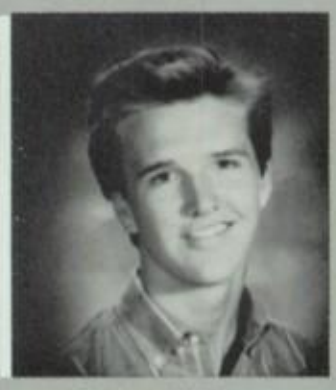
Kathy Vickers

Rebecca Villalobos

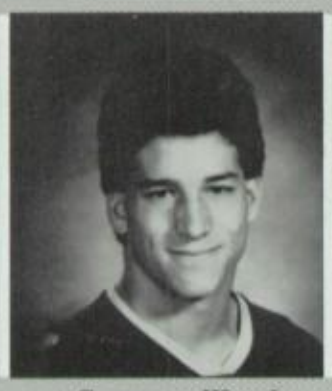
Frank Vinole

Johnny Visconsi

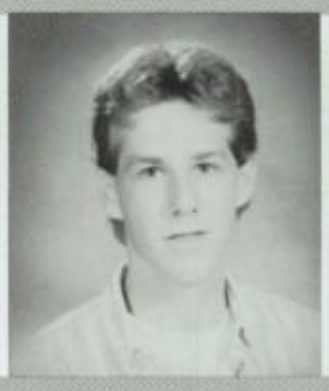
Sam Voris


Brian Walrod

Kari Ward


Gregory Ward

Dawn Warren


Jeffrey Watson

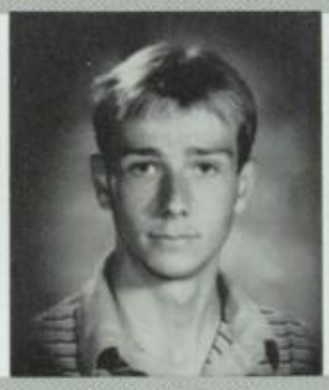
Kimberlee Wayland

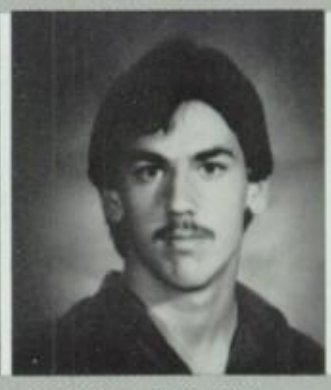
Christopher Weber

Mara Weiss

Jill Weller

Danielle Wesley


Eric Wetzell


Robert Wickline

Von Wiederrich

Kristen Yamasaki *and* **Naomi Kusano** *design layouts for the yearbook.*

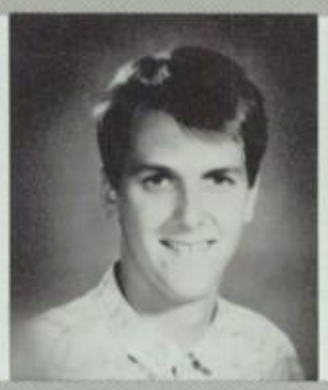
Benjamin Wier

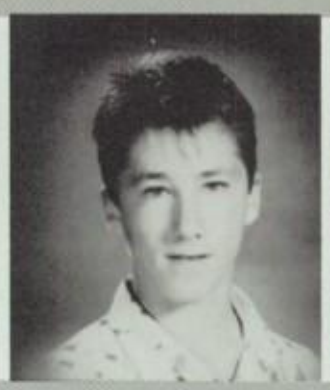
Sharon Wilbourn

Jacqueline Williams

Kristi Willis

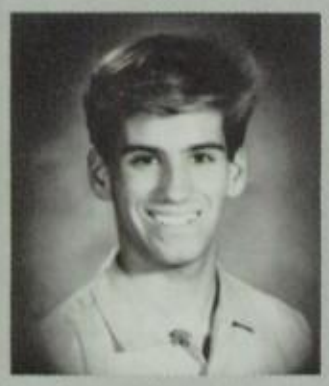
Brian Wilson


Graham Wilson


William Wilson

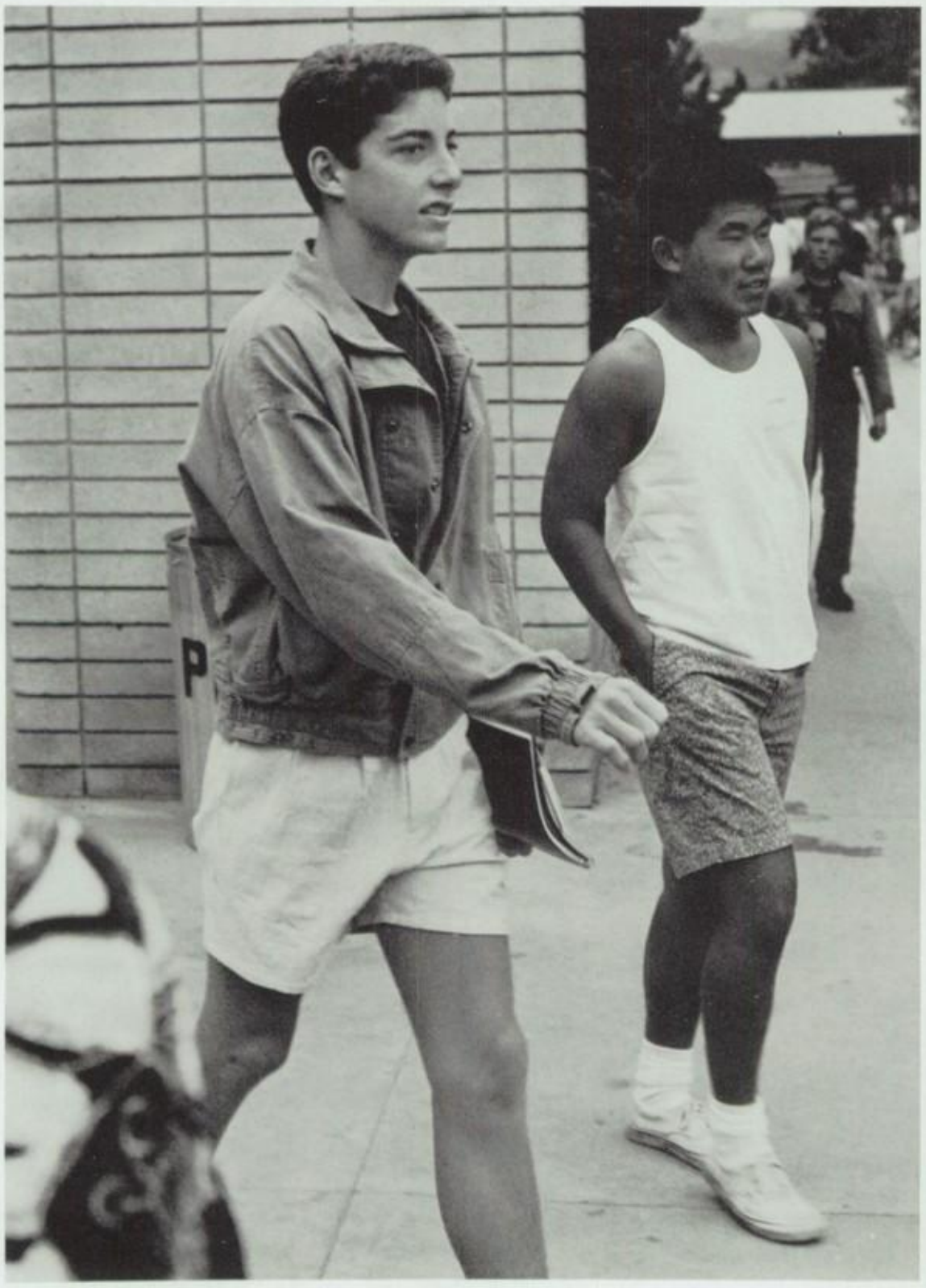
Rachel Wing

Tami Winkler


Lance Witmondt

Michael Woodall

Steve Wrenn


Steve Thompson *rushes to his next class.*

Shawn Wismont

Lydia Woodall

Marcy Woodham

Natalie Wright

Kristen Yamasaki

Amanda Young

Elisabeth Young

John Youngkin

Cherokee Youngs

Christiaan Zaayer

Challenges Overcome By the Class of '89

By Elisa Smith

As the sophomores reached their second year at Poway High School, more challenges awaited the eager and willing officers. President Britta Vanvranken, Vice President Lysha Younker, Treasurer Jonnelle Bellezzo, and Secretary Lynne Deyarman worked together to plan a successful year.

"It helped having most of the same officers because we know each other and how to work well together," Britta explained. The girls already had the class goals in mind and continued working towards them. "Also, since this was Jonnelle's first year as an officer, she brought in fresh ideas for fundraisers and activities." These fundraisers included bake sales, hot dog sales, and a balloon sale. The money collected went toward the lineup of activities scheduled for this past year and the year yet to come.

The first challenge to be tackled was the Homecoming float. Shannon Murphy and Lisa Deyarman agreed that, "It was a creative idea, and a lot of hard work went into it!" The sophomores biggest challenge of the year came in the form of Winter Ball. Through long hours of planning and preparation, the evening of dinner and dancing prepared everyone's mind and heart for the winter holidays. Through the course of the year, the sophomore class also raised over half of the money for next year's Prom.

Steve Jameson stated that, "Britta, Lysha, Lynne, and Jonelle really dedicated themselves to the class this past year!"

***Vice-President** Lysha Younker, **Treasurer** Jonnelle Bellezzo, **Secretary** Lynne Deyarman, **and President** Britta Vanvranken.*

Dominic Abeita

Kimberly Addington

Mike Ahlstrom

Mercedes Albarran

Sandra Alff

Linda Allison

Lynne Allred

Simona Altman

Tammy Anderson

Alison Anding

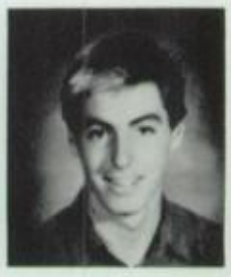
Darin Andreos

Jason Angel

Nicole Antibus

Jason Appel

Lisa Appel



Jon Archer

SOPHOMORES

Todd Argetsinger

Kimberly Arnold

Joseph Arns

William Aronson

Sean Arther

Jerry Ashworth

Annette Augustine

James Augustyn

Jay Austin

Gabriel Awbrey

Thomas Baker

Joseph Balistreri

Keith Ball

John Balough

William Banks

John Baranek

Colleen Barrett

Richard Bauer

Kevin Bayne

Michael Beam

Corrinne Bean

Shannon Bearden

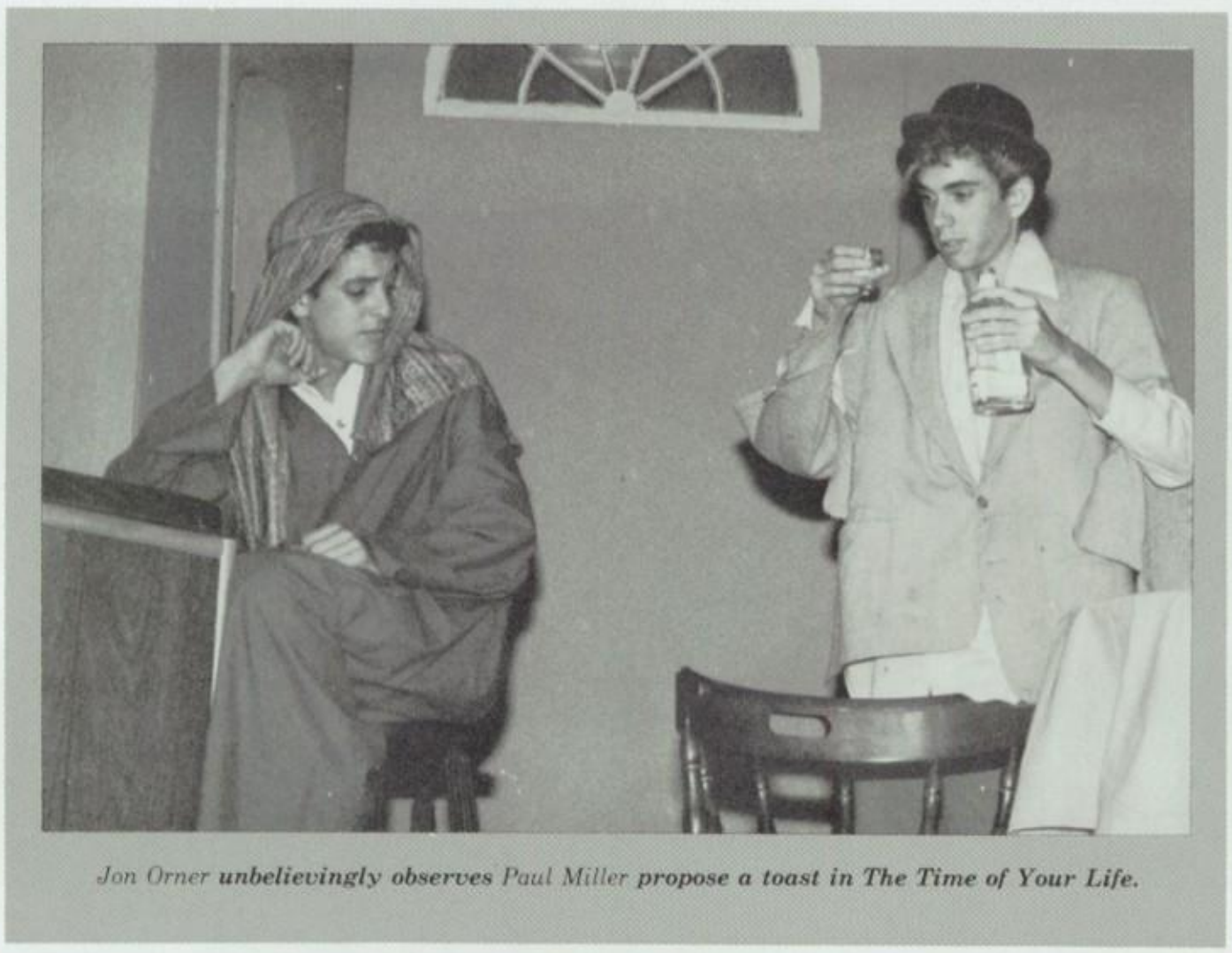
Andrea Beaulier

Randell Becker

Chareese Bedke

John Benshop

Richard Bentley


Jon Orner unbelievingly observes Paul Miller propose a toast in The Time of Your Life.

Jonnelle Bellezzo

Gregory Bentley

Kelly Bernard

Kevin Berry

Chad Bertagnoli

Matthew Berwager

Julie Bibleheimer

Dwane Bihary

Marc Birch

Jon Blackburn

Todd Blair

Deedee Blalock

John Blankenbeckler

Joan Boaz

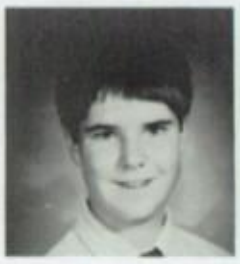
Michelle Boernecke

Shari Bongiovanne

Amy Borra

Robert Borzych

Lawrence Bouligny


Eugene Bowker

Amanda Bowman

Christopher Bowman

Matthew Brannon

Tamara Brannon

Nikki Brauer

Alex Bray

Cynthia Breeze

Jeff Brehm

Eric Briggs

Angela Brown

Steve Plunkett and two of his classmates display their enthusiasm in Health class.

Robin Breisch

Sunny Brockmoller

Felicia Brown

Frederick Brown

Jessica Brown

Tina Brown

Lawrence Buck

Angela Buffington

Michael Bulger

Sherry Burke

Kristen Burkey

Connie Bushatz

Jason Butcher

Elizabeth Butler

Joseph Byrne

Terry Callison

Stephen Campton

Damian Carabajal

Heather Carden

SOPHOMORES

Jeffrey Carmichael

Wendy Carmichael

Benjamin Carr

Edwin Cassidy

Maria Castillo

Jose Castro

Marcus Chacon

Steven Chambers

Heather Chase

Karmyn Clark **takes a break from class to freshen up in the Ladies' room.**

Holly Carr

Robert Carter

Jeffrey Cawthorne

Natalie Cervantes

Shannon Chesterfield

Brett Christensen

Kelly Christenson

Daniel Clark

Fiona Clark

Karmyn Clark

Kyle Clark

Rachel Clark

Charles Clements

Tracy Clifton

Cynthia Coffin

Gregory Coleman

Deidre Collins

Kevin Collins

Spi Conant

Theodore Connole

Garrette Cook

Kevin Cook

Steve Cook

Wendy Cooley

Amy Cooper

Wendell Cooper

Christine Cordrey

Edmund Cornblum

Dean Cortez

Paul Coumans

Sherri Cruz

Jeffrey Cundiff

Marvin Currier

Tom Cushin

Helene Cygelman

James Daghlian

Mark Daly

Chris Daniels

Christopher Daniels

Keith Davis

Beth Decoteau

Suzanne Dessel

Shannon Reed **enjoys an apple during her lunchtime break.**

Michael David

Oliver Davidian

Anita Davis

Laura Davis

Rebekah Davis

Jennifer Deberry

Robert Dennison

Shelby Depriest

Paula Derengowski

Julie Devenere

Heather Devore

Lisa Deyarman

Lynne Deyarman

Rodrigo Diaz

David Difford

Fred Dillon

Dana Dodd

Monica Dodds

Laura Dore

Andrea Dorfman

John Dornberger

William Dotson

Christopher Douville

Christopher Downing

Cynthia Drummond

Melissa Dudek

Alice Dulgeroff

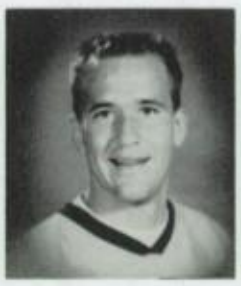
Karen Dumas

Carma Dunlap

Elaine Durgin

Shawn Eagle

Teresa Eagle



Richard Earl

Pace Ebbesen

Bonnie Echols

Raymond Eckert

James Edick

Judy Egan

Charity Elmore

Jody Elyea

Stephanie Engelbrecht

Julie Engstrom

Jacqueline Enslow

Matt Enyeart

Mario Escobar

Patricia Evans

Niki Falconer

Susan Fanta

Ricki Farrer

Mark Faust

Stephanie Feaster

David Feller

Meryl Felsen

Heather Fenn

Brian Ferrero

Brian Fisher

Robert Fisher

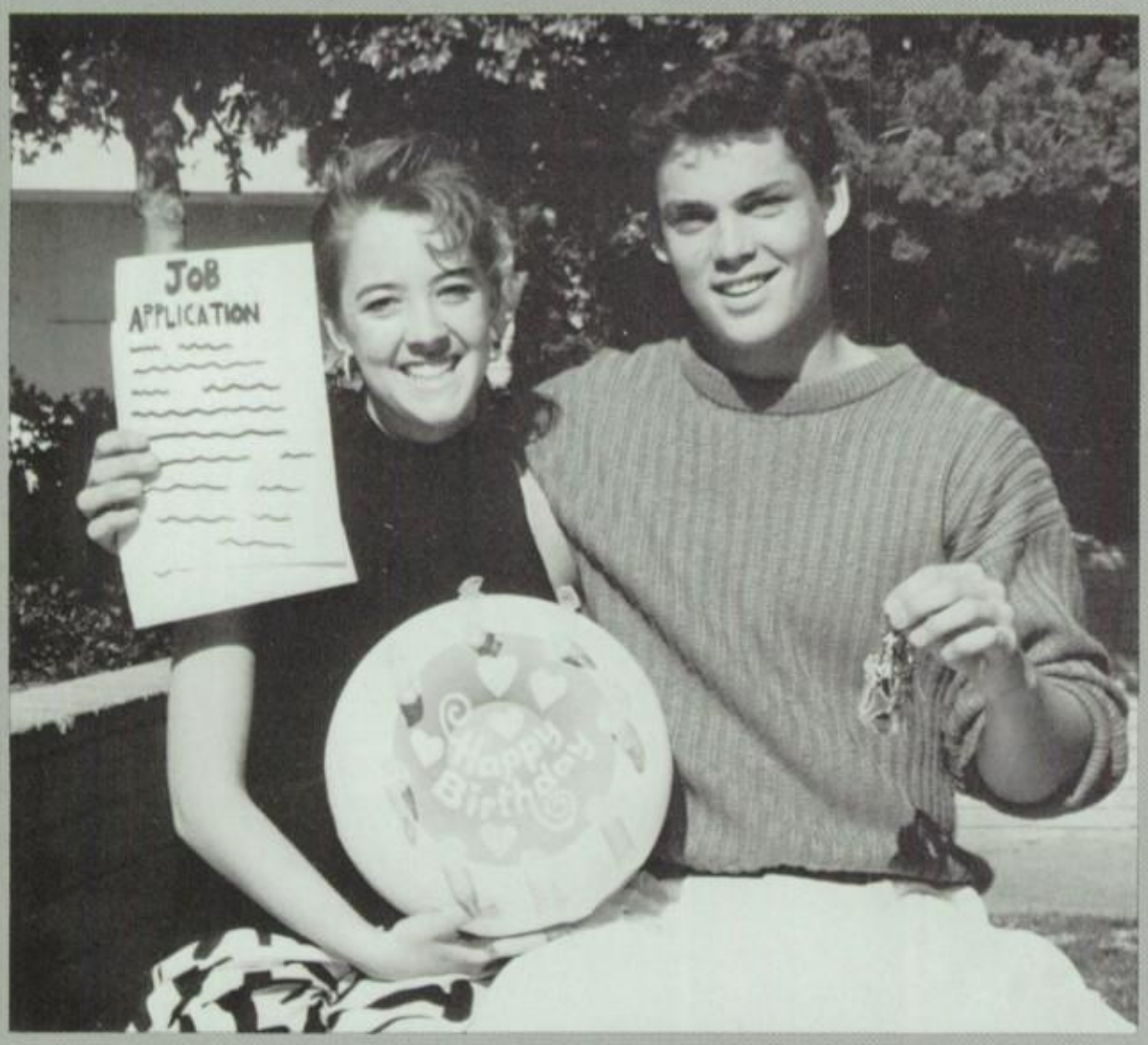
Heathery Flaherty

Flor Flores

Kendra Foote

Sweet 16 Gives First Taste of Freedom

By Elisa Smith



Chareese Bedke **and** *Brady Bentley* **display the joys of turning sixteen.**

This past year saw sophomores take many significant steps in their lives. After the arrival of their sixteenth birthday, most of the sophomores experienced such long-awaited privileges as driving and working.

"I'm really excited about getting my license because it's like getting my freedom and independence to go where I want to go," explained many sophomores like Julie Devenere and Kyle Clark. These people no longer relied on Mom and Dad for transportation to the numerous places in their hectic schedules, they only relied on themselves.

Another major step in the sophomores' lives occurred when they found a job. Again, they no longer relied on their parents for money. "Getting a job gives you a sense of satisfaction about earning your own money, and you feel good not having to ask your parents for money," said Dale Hanover. The sophomores were able to finance their own needs and extra activities as a result of their own work.

Three major events occurred in the lives of sophomores this past year. Not only did they reach their sixteenth year, but they also received independence with their driver's license and a job.

Cathy Ford

John Francis

Wendy Hrdlicka **and** *Judy Egan* **comfortably finish their Biology assignment.**

Sara Forkenbrock

Richard Francela

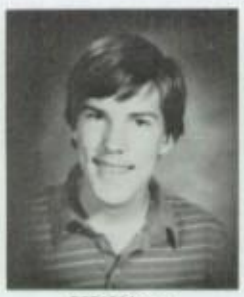
Nicole Francis

Scott Frazier

Joanna Freimuth

Michael Fritchman

William Funk



William Funk

William Galbreath

Stephenie Garcia

Joseph Garuba

Cindy Garza

Bill Geary

Tania Geier

Carrie Geldard

Tamara Gentry

Dana Gessel

Grant Gibbs

Allison Gibson

Veronica Gil

Jason Giles

Brian Goaziou

Aaron Gobert

Linda Goddard

Tami Goffe

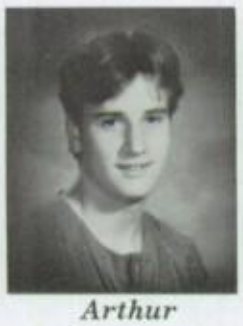
Darren Gonzales

Jennifer Gonzales

Scott Gordon

Nicole Goudy

Todd Gregory



Arthur Gresham

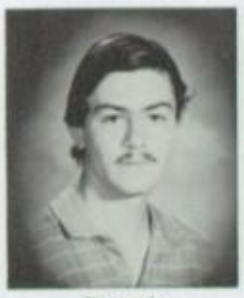
Justin Gresham

Shannon Griffin

Debbie Groenwold

Frank Grosely

Kathleen Gross



Randy Grossman

Jamie Gruen

Debra Guerena

Marcie Guerrero

Mark Gunnells

Anne Gunther

Jennifer Gunther

Jefferson Haines

SOPHOMORES

Vicki Halberstadt

Sarah Hammons

Dale Hanover

Mike Hansen

Kyrstin Hanson

Tom Hanson

Steffen Hanzel

Sarah Hanzlik

Michael Harding

Audrey Harrington

Paul Harris

Shannon Harris

Ryan Hart

Richard Hartley

Victor Hasek

Carrie Hatch

David Hatton

Jennifer Hayes

Karyn Heald

Andrew Heimbold

Barbara Heimpel

Elke Heine

Cassandra Heiting

Timothy Helbling

Christopher Helbock

Denise Hernandez

Michael Herrick

Tanya Herrick

Lisa Hess

Kim Hester

David Hilbig

Eric Hill

Kristin Hillis

Christine Hittle

Gabriela Hitzke

Kevin Hoffer

Melissa Hoffman

Arlene Hougan

Michelle Housand

Wendy Hrdlicka

Christina Hubbert

Ron Hurst

Concentating on his music, Robbie Sheflo ignores the school surrounding him.

Michael Hudson

Bryan Huey

Melissa Huggard

Stephanie Hughes

Christopher Hurtado

Malcolm Jack

Angela Jackson

Kristi Jackson

Mark Jackson

Michelle Jackson

Steve Jameson

David Jenkins

Brian Johnson

Julie Johnson

Scott Johnson

Terry Johnson

Kendall Jolley

Adam Jones

Shannon Jones

Adrianne Jonson

Travis Kahle

Patricia Kain

Erin Kane

Edward Kang

Sophomores Strive to Get Ahead

By Sarah Massengill

This year at scheduling time, the sophomores were handed a list of classes and were told which classes they must take. Occasionally, and now more frequently, sophomores go against the norm and they turned aside the required list and signed up for what used to be mainly junior classes. Mrs. Carson stated that, "When I first started teaching I rarely had sophomores and now the amount increases rapidly each year."

Sophomores such as Nancy Nobriga, John Schnurer, Chris Douville, and Sunny Brockmoller, to name only a handful, took such classes as Chemistry, Algebra 3-4, and Math Analysis. No one in general regretted taking these advanced courses at an earlier time. "The only way I'd regret being ahead was if I was really struggling to keep up," commented Erika Swanson.

These students who chose to get ahead made a wise and not necessarily easy decision, but these students show that going against the flow could be a very rewarding experience.

Todd Ogi, John Nelson, Zoltan Petro, ***and*** *Bryan Huey* ***strive to reach higher goals.***

Eva Kantor

Neil Kavanagh

Aaron Keller

Stephen Kerr

Steven Kerr

Rebecca Kesling

Tanya Ketley

Wendy Kevan

SOPHOMORES

Kori Kidwell

Eric Kies

Heidi Killebrew

Robert Kim

Hollie Kimball

Jeanne Kinsler

Christina Klansnic

Clinton Klevesahl

Teddy Koch

Erika Kolatzny

Steven Krohn

Kristi Krusinski

Yvonne Lacosta

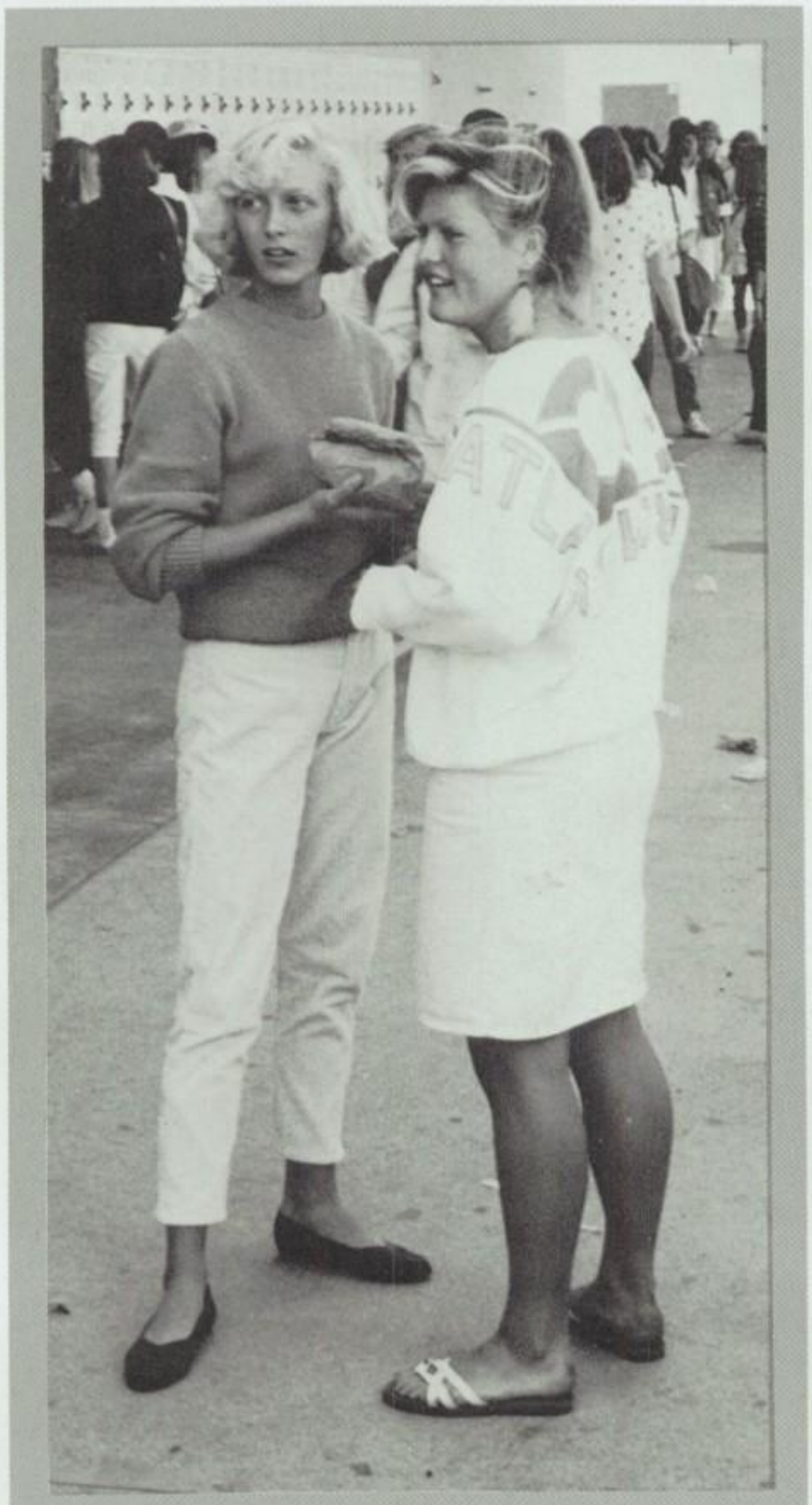
Robert Landmark

David Leach

Michelle Leblanc

Brent Leroux

Gail Leroux


Kim Hester **and** *Charity Elmore* **scope out the hunk by their locker.**

Natasha Korvink

Todd Kroepel

Kristie Kurtz

Tara Lacher

Heather Lang

Gregory Laughland

Suzanne Lecours

Daniel Legg

James Leverette

Donna Lewis

Jenniffer Lewis

Amy Life

Vickie Lindros

Joseph Linn

Marc Lipkin

Steven Lochead

Jason Loeffler

Melissa Loeffler

Dahna Logan

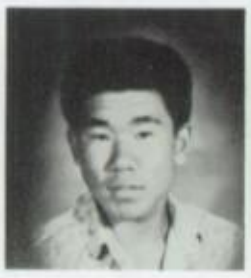
Corey Loosbrock

Kevin Losey

Deborah Love

Dawn Lowen

Daniel Lozano



Joseph Luke

Quenby Lum

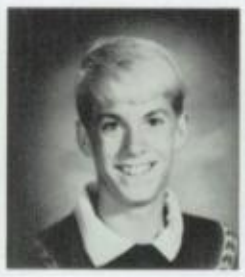
Jesus Luna

Carla Zombro, Paul Miller, *and* ***Hayla Smith*** *walk down the hall trying to sing while eating.*

Cherylmay Macadaan

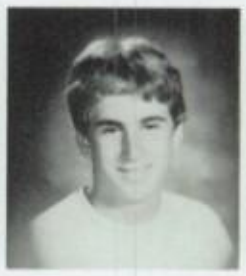
Regina Maciel

David Mack



Kevin Maczko

Laura Madden



Kevin Magruder

Sean Mallett

Kimberly Maple

Kristin Hillis, Maria Ralphs, Sonia Quinn, *and* ***Sherri Cruz*** *are puzzled by their friend's strange looks toward the Senior Wall.*

Linus Markle

Donald Marks

Kerri Marrano

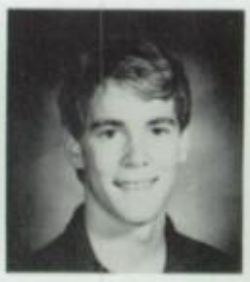
Elisa Martinez

Kelly Mathei

Bruce Matthes

Cheryl May

David McClain



Christian McClure

Erin McCormack

Anna McGath

Sarah McGath

Shannon McGlone

Jason McIntosh

Jason McKay

Kacy McKim

Shannon McNally

Ethan Meadows

Stacey Means

Heather Mease

Mike Medford

Ruth Melvin

Theodore Mendenhall

Amber Meshack

Jessica Metz

David Michalek

Kirk Michelson

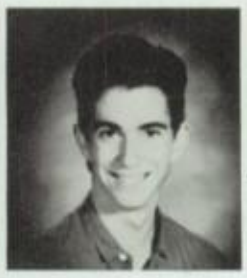
Kenneth Middlebrook

Nicole Midgorden

Duncan Millar

Claudia Miller

Joshua Miller


Paul Miller

Chad Miller

William Mills

Thomas Minkel

Jamie Mohr

Jayson Monroe

Tiffany Monroe

Joan Boaz *looks over* **Ginger Placek's** *shoulder while she reads an anonymous letter.*

Sara Montgomery

John Montoya

Valerie Moon

Pamela Moore

Wednesday Moore

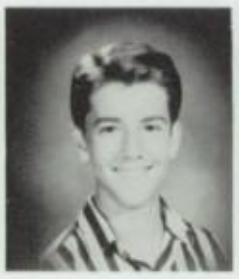
Rodger Morales

Gina More

David Morris

Karin Morrison

David Mosier


Matthew Motzkin

Kimberly Moyer

Whitney Muehlbauer

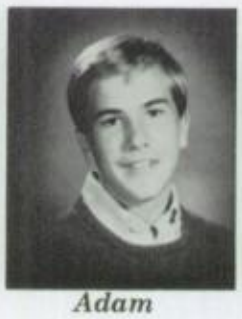
Anthony Mueller

Kenneth Murphy

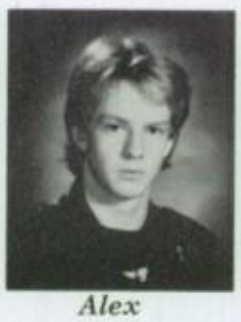
Scott Murphy

Shannon Murphy

Cheryl Murray


Adam Muslusky

Ray Naay


Alex Nagy

John Nelson

Tiffany Nelson

Katherine Neri

Agripina Nevarrez

Christine Newton

Ryan Nichols

Michael Nicholson

William Nicotera

Nancy Nobriga

Douglas Noel

Robert Noel

Annbelle Ocampo

Todd Ogi

Karen Okeson

Allison Oldham

Duane Oldham

Eric Olsgaard

Anthony Ongoco

Keith Opstad

Jonathan Orner

Matt Orr

Matt Scanlon laughs at the joke that his friend Jesse Shaposhnick told.

Douglas Orvis

Jason Osborne

Lisa Ostrander

Steven Ostrom

Terri Osullivan

Joaquin Padilla

Margo Pagnini

Lisa Palmer

Susan Pankau

Christopher Parker

Jeff Paschall

Joel Paschall

Dale Patterson

Terrance Payne

Thomas Payne

A Change for Sophomores

By Anaelisa Romero

For the sophomores that had high hopes in learning finer driving skills at Poway High last year, they were in for a slight surprise. Drivers education was only taught as a seventh period class and at Poway High Night School, and sophomores were forced to take health for a semester.

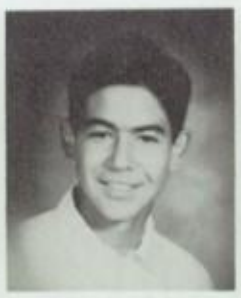
If the students were unable to attend drivers education classes at Poway High, they could attend a driving school. "I think it is unfair that drivers education was only taught as a seventh period class and at night because a lot of people in Poway can't afford the extra expense of a driving school," stated Chris McClure.

The big question was, "If they were offering drivers ed. at night, what was the trouble in offering it during the day?" asked Jason Loeffler. Well, according to Mr. Fisher, "The district was getting pressure from the state to focus on a more academic curriculum."

Due to the changes last year, sophomores were to take health for a semester. Last year's sophomores were the first class to be affected with the change.

Jason Loeffler ***tries to choose between Health and Driver's Ed.***

SOPHOMORES



Eddie Paz

Maria Paz

Scott Pearson

John Pecoraro

Marc Pendleton

Donya Pennick

David Peppito

David Perdue

Roy Perez

Jennifer Perkins

David Peterson

Zoltan Petro

Donna Pettit

Jason Phillips

Patrick Phillips

Richard Phillips

Tracey Pilbin

Jonathan Pincelli

Sean Pinnell

Paul Place

Ginger Placek

Steven Plunkett

Joseph Ponchetti

Michael Post

Deborah Potter

Linda Potter

John Powelson

Kevin Powers

Matthew Powers

Carrie Poynter

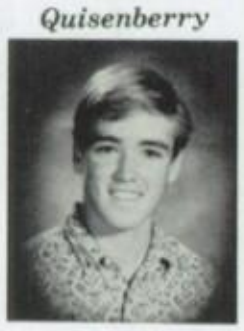
Denice Prince

Steffan Pyle

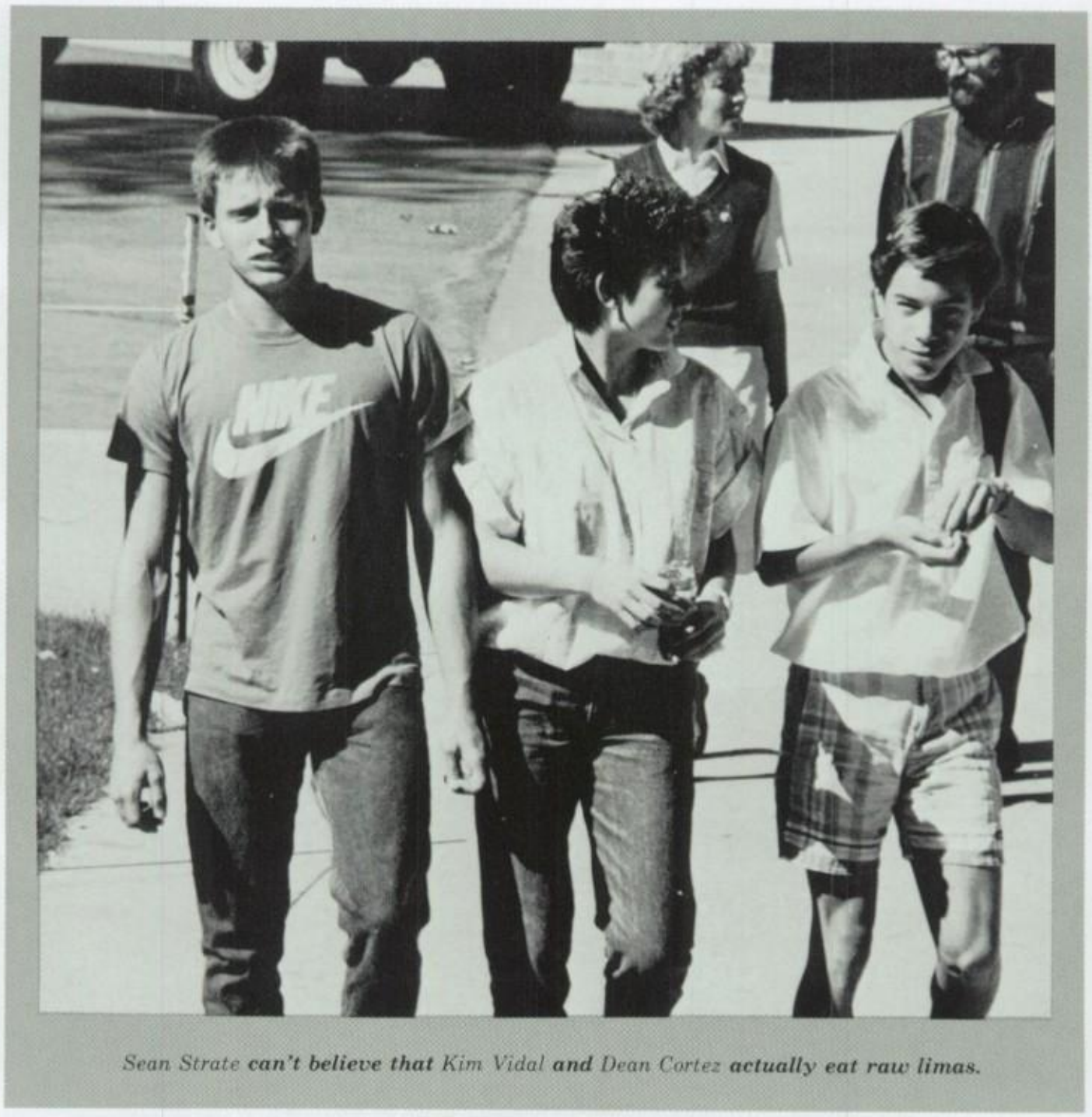
Matthew Quandt

Shawna Quimby

Clint Quisenberry



Daniel Rajsky



Sean Strate **can't believe that** *Kim Vidal* **and** *Dean Cortez* **actually eat raw limas.**

Carla Quaresma

Sonia Quinn

Patrick Racine

Maria Ralphs

Gina Ramsey

Leanne Raynor

Shannon Reed

Jamie Reeg

Tammy Reeves

Monica Regard

Debra Regli

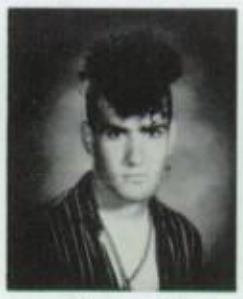
Thomas Reidy

Jason Reiser

Brenda Rensfield

Roderick Reyes

Kimberly Rhoades



Kenneth Richardson

Terri Ricotta

Ritch Richard

Jennifer Robbins

Michelle Robertson

Ronald Robertson

Bill Robinson

James Robinson

Jennifer Rockenback

Julie Rogelstad

Deborah Rogers

Theresa Rohde

SOPHOMORES

Abraham Romero

Andrew Root

David Rosie

Stephanie Ross

Anthony Roth

Kris Rundman

Tonino Russo

Joseph Sablan

Linda Sablan

Armando Sanchez

Carla Sanchez

Luis Sanchez

Rebeca Sanchez

Karen Santoro

Jennifer Sarkozy

Anthony Sassi

Erika Sauer

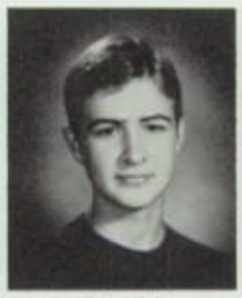
Heidi Savage

Sumreen Sayed

Karen Schei

Gabrielle Schlesinger

Matthew Schlotman


David Schnell-Smith

John Schnurer

Wendy Schober

Dawn Schroeder

Douglas Schwenke

Michelle Housand and Heather Chase discuss the outrageous earrings they saw while shopping.

Mary Schoengold

Jonathan Schuhl

Charles Scott

Sean Scott

Kirby Seale

Robert Seay

Gina Severson

Erica Seymour

Stacey Shadof

Tani Sharon

Shawn Shaffer

Bernice Biddlecome ***and sophomore friend stroll the rowdy halls.***

Marianne Sharp

Andrew Shaver

Robert Sheflo

Heather Shelton

Monica Shen

Michelle Shepard

Sean Shillato

Jennifer Short

John Short

Ronald Shults

Joseph Silva

Rebecca Silva

Ricardo Sims

Steven Sims

Stacey Sindelar

Cariann Siorek

Sophomores Gain New Respect

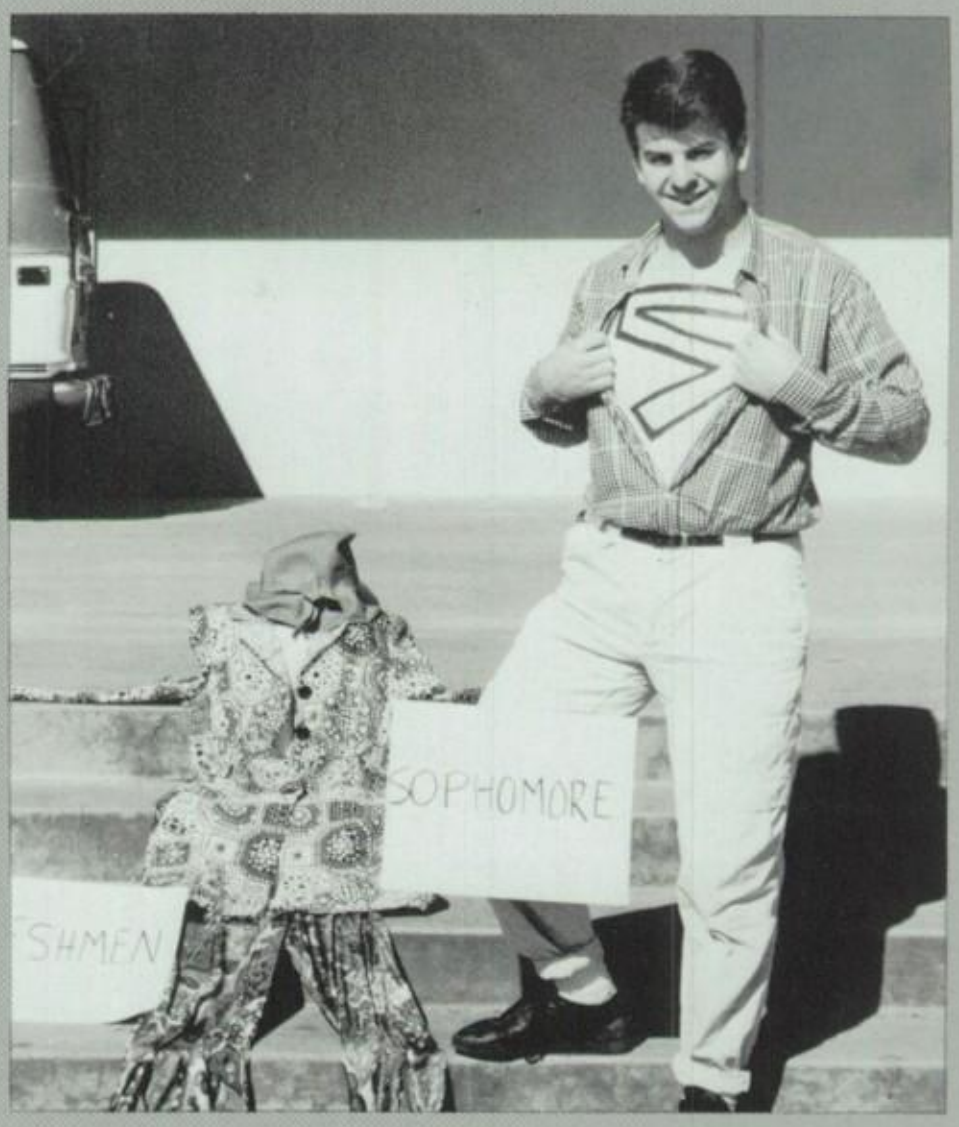
By Sarah Massengill

The class of '89 has now completed their second year in their high school career. One of the biggest things that they enjoyed the most was the fact that they were no longer freshmen.

When their freshmen reputation was shed they found that they had more privileges, a better attitude towards school, and more people respected them as students, not freshmen.

Since this was their second year, the students were more associated with the high school which helped bring a better attitude towards their somewhat harder classes. This new attitude helped them earn the respect of their teachers, "Now teachers treat me more like an adult rather than a freshman," remarked Tania Geier. Along with new earned respect, they were able to choose a few of their classes including P.E.

The change from freshmen to sophomores is a big one since you go from being the youngest, newest students to being someone who feels as if they've been there forever. With a more mature attitude and not having the frosh reputation the transition from one grade to another was made easier and more rewarding.



Dave McClain ***sheds his frosh image and reveals his new self.***

Chris Slatlem

Cindy Smissen

Talja Smith

Elisa Smith

SOPHOMORES

Hayla Smith

Heather Smith

Jami Smith

Michael Smith

Molly Smith

Paige Smith

Tommy Smith

Roger Sneed

Diana Snodgrass

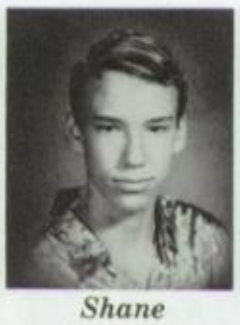
Kenneth Soares

Nicholas Somers

Melanee Sorensen

Jennifer Rob **shows that drinking O.J. gives you a healthy body.**

Lynda Spalding


Shane Spangler

Ronald Spencer

Cherie Stallings

Greg Starich

Martine Steenson

Michael Steffens

David Stinnet

Jackie Stoltenberg

Tamara Story

Kristen Straeter

Kristen Stralow

Carrie Strom

Laura Stuart

Monica Stubblefield

Joan Stuber

Joshua Miller, **Popeye, laughs at his own jokes.**

Bart Stull

Erika Swanson

Cheryl Swenson

Lisa Szpak

Lisa Taylor

Angie Teldeschi

Anthony Tenorio

Stacy Thibault

Freshmen Climb to New Heights

By Anaelisa Romero

"We wanted to make the class of 1990 proud to be freshmen," stated Erica Maienschein. The hard work and dedication of Erica Maienschein, President, Kathi Thompson, Vice-President, Jennifer Lyles, Secretary, and Sara Paz, Treasurer, certainly paid off last year.

Last year, the freshmen proved that hard work and organization can pay off with their second place Homecoming float. Their theme for the float was "Poway High Silver Anniversary." They were the first freshman class to place second with their homecoming float. "Building the float taught me a lot about organization and getting involved," stated Kathi Thompson.

"We got more from the freshman class than what we expected," said Sara Paz. "The class was very motivated and enthusiastic. We got lots of ideas and support from them during the class meetings," stated Erica Maienschein.

"This year's freshman class accomplished a lot, proving that freshmen can outlive their so called reputation," said Erica Maienschein.

Erica Maienschein, Sara Paz, Kathi Thompson, ***and*** *Jennifer Lyles* ***manages to smile after a year's worth of hard work.***

Napoloen Abajano

Aine Achberger

Amner Adams

Brandi Aguilera

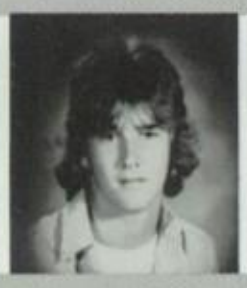
Adam Aleto

Christine Allen

Paula Allen

Peter Allen

Erin Allin



Chad Allison

Omar Al-Nasser

Jason Alsing

Zoe Anastas

Kim Anderson

Richard Anderson

Tracie Andrew

Jon Andrews

David Anet

Tiffany Ansell

Jill Anzalone

Rebekah Applegate

Sophia Apostolopoulos

Michael Aquino

David Arnold

Kevin Arthur

Chirag Asarsvala

Guy Atherton

Ezekiel Awbrey

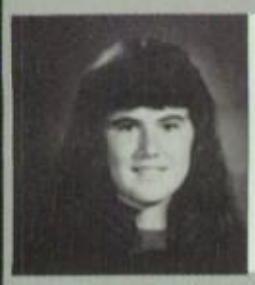
Robert Avila

Jeffrey Augustyn

Cary-Joe Babcock

Tracy Bahr

FRESHMEN


Sherri Baildon

Marci Baker

Robin Balas

Sonia Baradiaran

Erin-Mary Barrett

Eric Barth

Chad Basinger

Tiffany Beachler

Jeanne Bean

Jeffrey Bearden

Todd Bearden

Jennifer Bechtoldt

Karen Becker

Tisha Becker

Cassi Bedke

Cindy Beers

Paulette Beirne

Crystal Bellue

Patricia Bently

Jessica Bergen

Jennifer Berger

Ernest Berney

Daniel Berreth

Taralyn Bertelson

Nancy Best

Deanna Bias

Staphanie Bias

Becky Biddlecome

Carolyn Bird

Karen Bishop

Daniel Bithell

Carisa Boatright

Robert Bormes

Anthony Born

Chad Bovenkamp

Amy Boyer

Phillip Bradbury

Dereck Bradley

Alexander Breckenridge

Floyd Brodeau

Shawn Brooks

Scott Broughton

Wendy Broussard

Gregory Brown

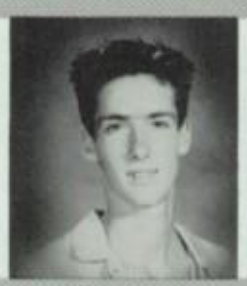
Crystel Blue **and friend try to find that special someone.**

Marni Brown

Kenneth Brown

Gordon Browning

Jennifer Browning


David Bruno

Tyson Buchanan

Jay Buenaventura

Cheyenne Bugbee

Denise Burcin

Jeffrey Burke

Trent Miley, Pete Campbell, **and** Matt Schwenke **try not to think about the hill ahead.**

Aaron Burwell

Glenn Bussert

Brandy Butler

Rebecca Byers-Ward

Anita Byrd

Cherlyn Cac

Aimee Calvert

Peter Campbell

James Carollo

Kimberly Carpenter

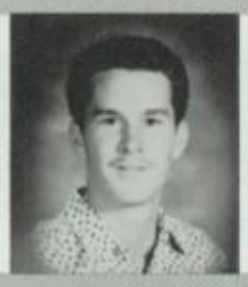
Kelly Carrigan

Ryan Carwin

Christopher Cassidy

Shawn Catan

Michelle Cathers


Anthony Cella

Cheryl Chen

Stephen Chew

Kathy Chiang

Andrew Choi

Jeffrey Clarkson

Christopher Clegg

Julie Clucas

Michelle Coffey

Janie Colgate

Karen Collins

Dana Collins

Susan Colville

Jenny Cook

Amy Coon

Rodney Cooper

Ramon Cortez

Helen Costa

Christine Cote

Richard Counts

Christopher Cowman

Craig Crawford

Christina Crider

FRESHMEN

Christian Crosier

Goeffrey Cross

Heather Cross

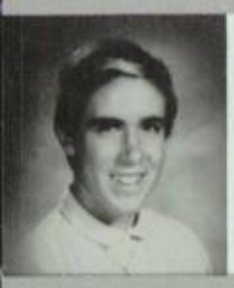
Shawn Cross

Michael Cruse

Julie Cruz

Jennifer Cubos

Chad Culpepper


Robert Cummings

Cindy Currier

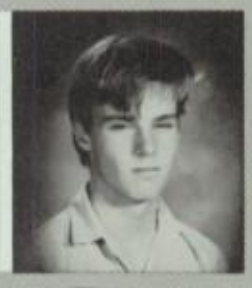
Kathleen Cushman

Andrew Cvar

Jason D'Angelo

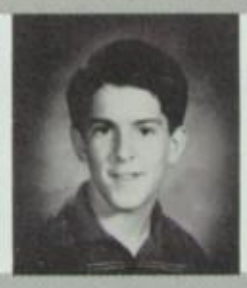
Eric Dahl

Dawn Daley


Thomas Dalton

Chad Daniels

Charles Daniels


Jason Danio

Kevin Davey

Tabor Davidson

Benjamin Davis

Danyel Davis

Kathleen Davis

Robert Davis

William Davis

Catherine Dawson

Brandi Deacon

Terrell Deering

Diane Dehner

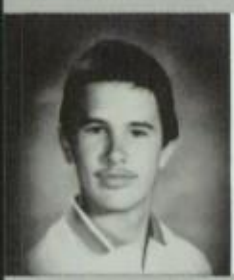
Jennifer Delaney

Desiree Del-Zio

Cindy Denton

Andrew Denzien

Shari Deru


Keith Dessert

Christine Deubler

John Dewar

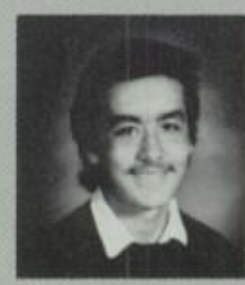
Armando Diaz

Mark Dickey

Kimberly Dill

Laurie Wanstreet **confidentially tries to clean her teeth.**

Tina Jordan, Sara Paz, Amber Adams, ***and*** *Jodi Rosano* ***finish their long jog.***



James Dinneen

Erin Dixey

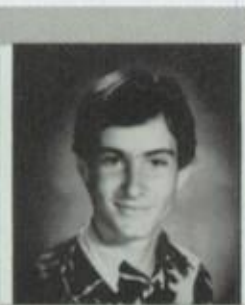
Brandy Dodman

Charles Dotson

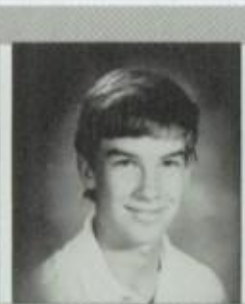
William Duefford

Dana Duplessis

James Durham



Brian Eckenroth



Gary Edgington

Tara Edgington

James Edmundson

Erika Eichelberger

Jennifer Elliott

Shya Ellis-Flint

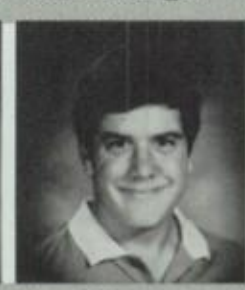
Michael Ely

Beth Engstrom

Jason Enyeart

Sarah Ervin

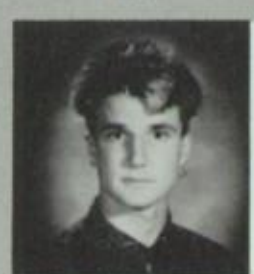
Anne Falconer



Andrew Faucher

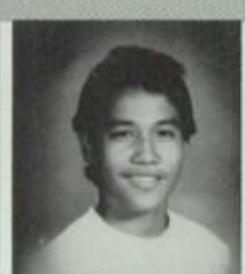
Kristy Faustman

Brad Feaster



Rick Felman

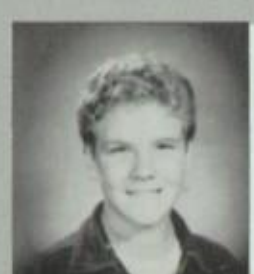
Amy Fender



Elrico Fernandez

Deniese Fincher

Robert Fischer



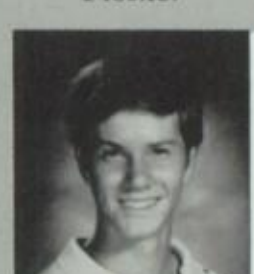
Tomothy Fischer

Chad Fisher

Sheryl Fitz

Yolanda Flores

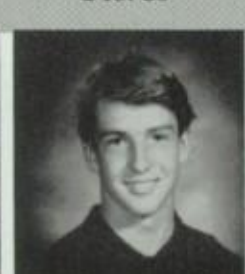
Erik Florets



Brian Ford

Christian Fortney

Shannon Foster



Steven Francis

Loraine Frank

Lori Watson ***escorts her friend around P.H.S.***

FRESHMEN

Justin Frankfather

Wendy Frazier

Eric Freund

Bruno Fritz

Gary Funk

Caren Furstenberg

Joevan Gaerlan

Sabrina Gaf

Brian Gaines

Michele Gannon

Michael Garcia

Rich Garlinghouse

Charmine Gary

Rachelle Gary

Christopher Gast

Dawn Gigstad

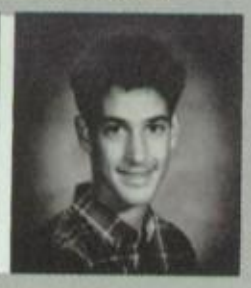
James Gilbert

Vanessa Gilbreath

Jason Ginger

Mark Ginther

Mark Golden


Andrew Goldstein

Erin Allen, Allison Urbanski, Vanessa Hsien ***and friends do their own things at break.***

Brian Gillespie

Krista Giroux

Michael Gonzales

Melissa Goodale

Howard Goodman

Kristine Gordon

Kylie Grant

Heather Graves

June Gregory

Stephen Gregosky

George Grela

Sarah Griepentrog

Sarah Griswald

Dawn Griswald

John Groth

Renee Groudas

Allen Grzeczkowski

Jennifer Guerena

William Guerero

Robert Guevarra

Danielle Guglielmo

Robert Gurka

Penelope Guthrie

Amy Haessig

Rebecca Haff

David Haimes

Sonya Hainstock

Frederick Hammond

Benjamin Hart

Sarah Hazard

Jim Denean tries to remember his locker combination.

James Harding

Lewis Harkleroad

Dawn Harrington

Shannon Harrington

Desiree Hartnett

Karim Hatoum

Julie Hattox

Arron Hawkes

Jennifer Healy

Derek Heap

Jennifer Heiting

Matthew Heller

Leah Hepple

Sharon Hernandez

Trent Herrin

Rickard Hetrick

Megan Hewitt

Wayne Higgins

Keatra Hill

Christy Hines

Maria Hines

Monique Hobbs

David Hodges

Amy Hoege

Laura Hoffee

Henry Hofmann

Denise Holbrook

Rana Holgerson

Andrew Hollenbaugh

Brenda Holmberg

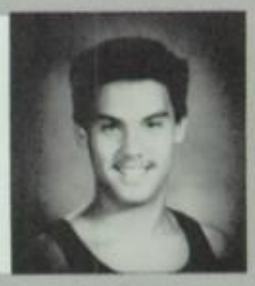
Jeffrey Holthus

Suzanne Hommel

Christina Hopkins

Alana Hosick

Douglas Hosterman


Anthony Hougan

Nate Houser

Norman Houser

Samantha Houston

William Howard

Rajiv Hrishikesh

Vanessa Hsieh

Stephen Hsu

Charles Hu

Dorothy Hubbard

Jeffery Hughes

Deane Huntress

Christy Hurlburt

Ryan Hurst

Tara Hurtado

Corey Hyde

Matthew Hylton

Corina Imboden

Allison Ingleby

Eric Innis

Gayle Jabalera

Lori Jackson

Travis Jackson

Sara Jankowsky

Shawna Jantz

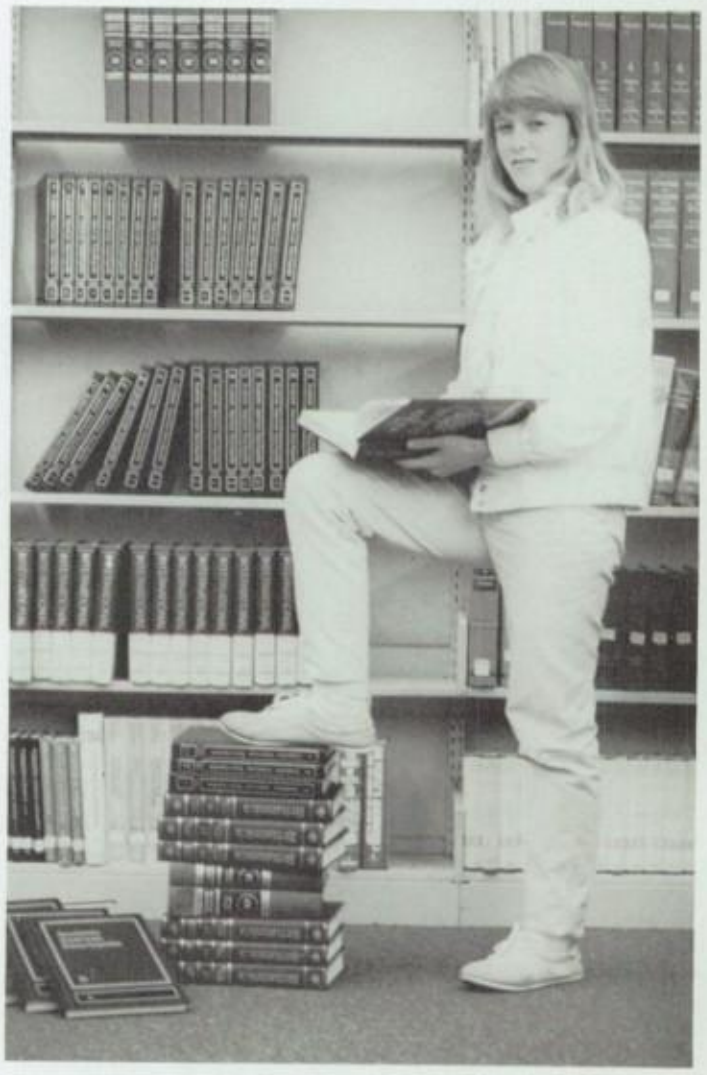
A Positive Attitude Spells Success.

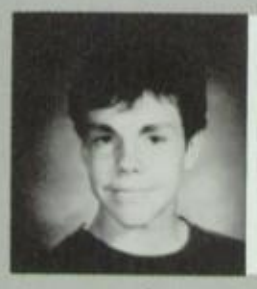
By Elisa Smith

In her first year at PHS, Julie Thill possessed a positive attitude which led to positive results in many areas of her life. "Poway High School is a lot of fun! I like the teachers, and the students are great." Many of Julie's teachers recognized this optimism during class. Mr. Saner explained that, "Julie is a fine student, the best I've had this year." "She participates in class, displays fine conduct and is a very pleasant person!" Mrs. Dabbs also commended Julie for her enthusiasm and effort in literature class. In addition, she received a certificate of merit at the February 3 Parent, Teacher, Student Association Recognition Night.

In addition to her school schedule, Julie was actively involved in areas such as her church and piano. Her interest in the instrument dated back to age five.

Now that her freshman year was behind her, Julie anticipated dedicating the next three years to enjoying Poway High and exploring new areas of interest opened to her here.


Julie Thill shows off her determined look.


Chris Jewell

Timothy Jewell

Denver Johnson

Mark Johnson

Bethany Johnston

Russell Johnston

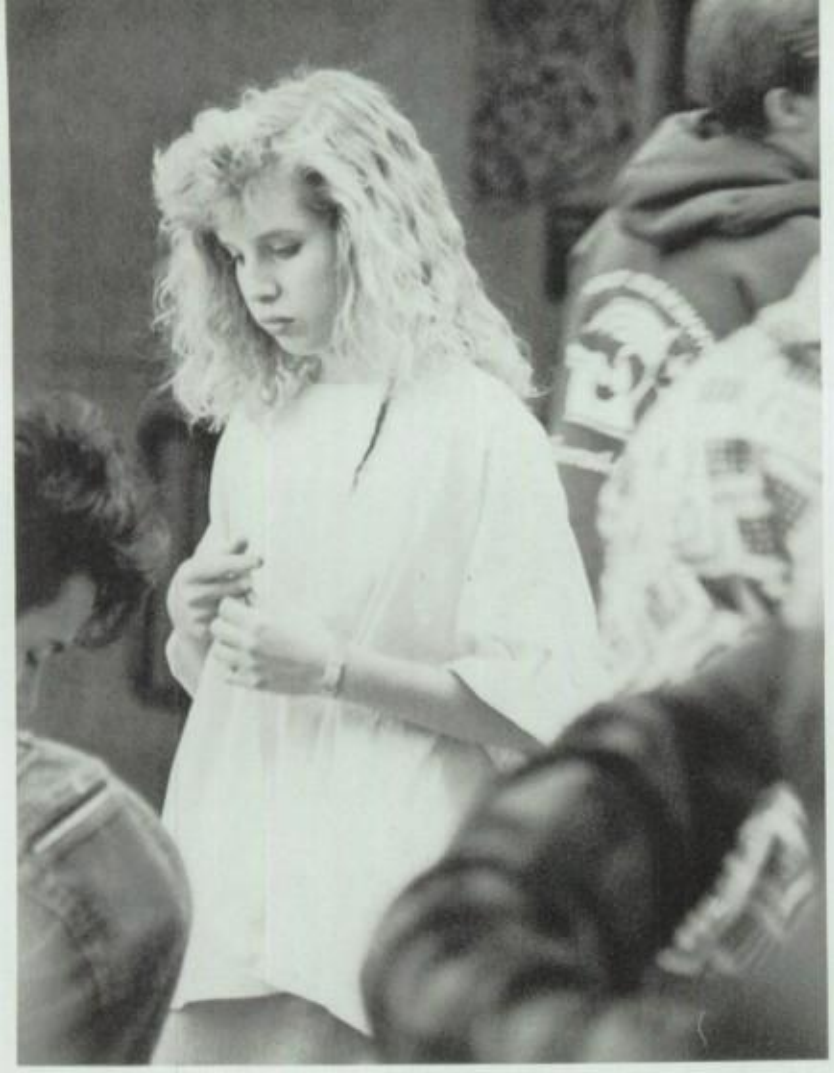
April Jones

James Jones

Kimberly Jones

Julie Kaden

Sheila Kearns



Rachelle Stuflick **ponders on whether or not to cut her tail or to let it grow on.**

Shannon Jones

Tina Jordan

Wendi Joy

John Kalchik

John Kang

Kelvin Kao

Juliette Keene

Elizabeth Keller

Sean Kendig

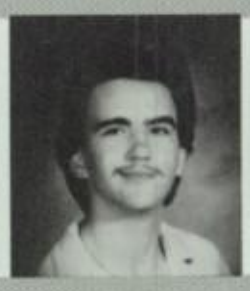
Saasha Kendrick

Dean Kesling

Jean Kim

Arthur Kimble

Glen Kinoshita

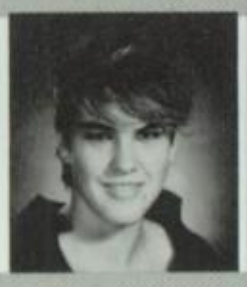


Kevin Klay

Jeffery Klein

Jeffery Kleinfeld

Kristina Klippert



Jennifer Knox

David Koch

Denise Kocherhans

Lisa Koepke

Karl Kohler

Renee Kolbert

Heather Kristzer

Jason Kroepel

Yvette Kruggel

Jason Kuhlman

Christy Kurras

Rose Lachance

Robert Lafever

Shelley Lane

Tony Larocchia

Jennifer Larocque

Deborah Leavitt

Bobby Lee

Kristin Lee

Kevin Legg

Geoffrey Lemarr

Amanda Lemmon

Brian Leon

FRESHMEN

Lisa Lethin

Matthew Lewis

Geraldine Lindquist

Robert Lingo

Jason Long

Maria Long

Jason Lowe

Chad Loy

Adam Lucas

Maureen Luckritz

Jennifer Lyles

German Machado

Ruben Maciel

Carol MacIlroy

Erica Maienschein

Darren Malloy

Rebecca Manganaan

Daniel Mansfield

Lori Manues

Jay Mapanao

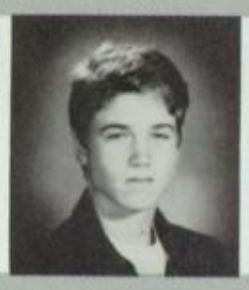
Kindal Marin

Steven Marko

David Marks

Nicole Marsh

Chad Marshall


Matthew Marshall

Eva Martinez

Tsuyoshi Matsubara

Eric Matteson

John Matteucci

Robyn May

Steven Mayer

Traci McClellan

Denise Burein **stares with disbelief at what she heard.**

John Matson

Chris Matthews

Christine McCoard

Kelly McColley

Christopher McCool

Maurice McCourt

Alan McCoy

Tiffaney McCune

Daniel McCutcheon

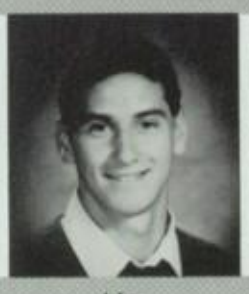
Jennifer McFarland

Trisha McGough

Christopher McLaughlin

Mary McLaughlin

John McMinn


Alan Meadows

David Medlin

Melissa Meehan

Roseann Meisland

C. Mercurio-Griffi

Frosh experience culture shock

By Sarah Massengill

We can all remember back to when we were in the eighth grade and the "Rulers of the School." Everyone was excited to get to high school and take over the infamous Senior Wall. Unfortunately things didn't always work out the way they were planned, in 1987.

Coming to the high school from the middle school, "was like coming to a different country," according to Kim Visconsi. Different people surrounded the new frosh, people who had different dress codes, acted differently and the strange customs, oh the strange customs.

As a new flock of strangers entered their territory, the upperclassmen got excited that they'd be able to pass down old traditions which they experienced their frosh year. At many lunch periods you were able to hear, from some far corner of the Quad, a few yells, running feet, and a Thunk as a frosh was stuffed into a trash can. This was known as "the freshman dunk," as referred to by Jay Hyde. Other famous customs included the Frosh Cheerleaders dress-up day, the game known as **Freshmen Are Invisible,** and trying to lose their freshmen reputation.

A goal for many freshmen was to fit in and toward the end of the year all of the "customs" were stored in the back of their minds only to be referred to during their senior year or in a few years when they had kids of their own coming to them with their freshmen conflicts.

Matt Bently **attempts to "Dunk"** Troy Smirin.

Jason Meyers

Trent Miley

Alden Miller

Bryan Miller

Daniel Miller

Danny Miller

Michael Miller

Shelby Millican

Amy Mills

Julie Mills

William Millsap

Diane Molacek

Lori Mollet

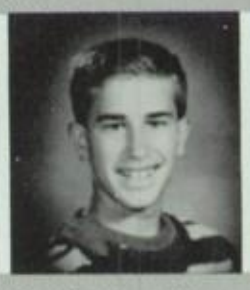
Michael Monahan

Anthony Montroy

Kristi Moomey

Kimberlee Moon

Nancy Moore


Raymond Moore

Connie Moreno

Amanda Morgan

FRESHMEN

Ryan Morgan

Dennis Motts

Magdalena Mulak

Trisha Murkle

Vanessa Murphy

Heather Muscato

Susan Napierala

Elizabeth Nasttav

Adrian Negron

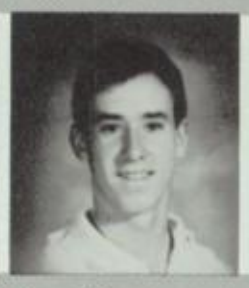
Johnny Nelson

Petronella Newhard

Gary Newman

Laura Newmark

Andy Nguyen


Troy Nichols

Debbie Niedzielak

Stacy Nielsen

Laura Nugent

James O'Conner

Erin Maryberrett **and** *Sheri Whithers* **walk past the drama room hoping to be noticed.**

Nancy Noel

Heather Novick

Ryan Nutting

Monica Obenchain

Jenny Ogle

Karlis Ogle

Kathy O'Hara

Derric Oliver

Matthew Ontiveroz

Michael Opel

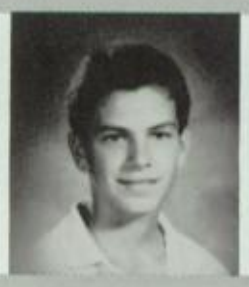
Dan Opstad

Grant Orthmeyer

Matthew Orwig

Paula Osgood

Brian Osterhout


Tyler Owen

Kitten Paredes

Donald Park

Kristy Parks

Sandra Parks

Cassandra Parry

Christine Pasalich

Jennifer Patterson

Joel Paulson

Robyn Paulson

Jennifer Pavlas

Sara Paz

Erik Pearson

Michael Pedrotti

Wendy Peebles

Phillip Pesqueira

Leslie Petersen

Alecia Peterson

Lori Peterson

Thomas Peterson

Timothy Peterson

Toby Peterson

David Petrowsky

Jennifer Phillips

Stan Phillips

Roberta Pignatelli

Jill Pineault

Holly Piscopo

James Piskor

Ashleigh Pitchford

Michelle Plese

Daniel Pluth

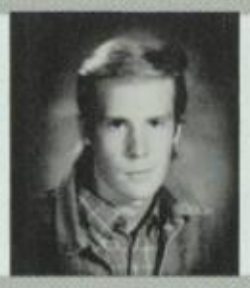
Incoming Class Hopes Excellence

by Sarah Massengill

Randi Rowe **proudly displays two of our award winners, yearbook and basketball.**

Robert Pluth

Steven Pomiak


Jason Pontsler

Janet Potter

Sean Poza

Dennis Prendergast

Robert Prescott

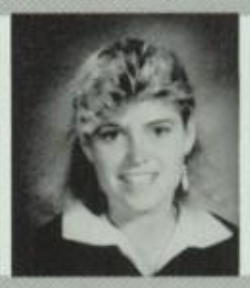
Cindy Presler

Stacey Prine

Chris Procopio

Damien Pruitt

Erik Przytulski


Shalla Pulido

William Purcell

Eric Purvis

Patrice Quintero

Gary Rabb-Bedke

Robert Rabehl

Natalie Raffa

Jennifer Rainey

Trent Raley

Lisa Rand

Shane Rankin

Arthur Rathbun

Sara Ratzlaff

Jesse Raymond

Chris Raynor

Stephanie Reed

Michael Reel

Kendal Reese

Catherine Reidy

Jennifer Renteria

to Continue

Many freshmen coming into our school were proud to be in high shool and to be accepted by teachers and their peers as adults, not children. What they didn't realize was that they're coming into a well recognized school. Our school has produced state champion wrestlers, three time CIF basketball champs, as well as other CIF titles. Also our yearbook won the Sweepstakes of Southern CA, and our band was the second best in the nation. Finally, our school was nominated for an award for its academic achievement. Did all of this popularity and recognition make us proud? "Of course it does, we are lucky to be able to attend such an outstanding school," remarked Stephanie Harris. Did our incoming class think of it all?

Our school has worked very hard in the past to accomplish these feats and the incoming students were equally eager to. "I'm really proud of this school and I'm willing to work extra hard to keep up the good reputation," stated freshman David Anet. With such an excellent past and such a promising incoming class, it seemed pretty clear that our school would remain among the top schools both academically and extracurricularly.

Ryan Rethmeier

Gabby Reyes

Melanie Reyes

Ronald Reyes

Michael Rhea

Brian Rhodes

Danielle Richard

Dolores Richardson

Lara Richardson

Rae Richardson

Angela Riddle

Kimberly Rinehart

Helena Risher

Jeanna Rivera

Andrea Roberts

Tamara Robertson

Nicole Rodosovich

Carter Roedell

Kris Roesner

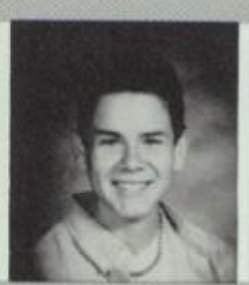
Alan Rogers

Christina Rogers

Robert Rohde

Janine Rohr

Patricia Rollins


Julio Romero

Michael Root

Jodi Rosano

Daniel Rosie

Colleen Ross

Cynthia Roszel

Kathy Rothbauer

Randi Rowe

Adele Rozsa

April Rozsa

Mikki Rupe

Jason Russo

Chris Rzewuski

Michael Saltz

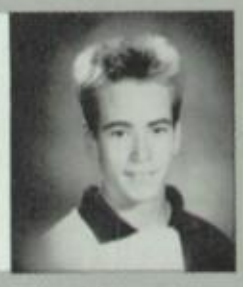
Aaron Sanchez

Maritza Sanchez

Jesus Santiago

Stephanie Santoro

Eric Sarmiento


Sean Sayre

Matt Scanlon

Meredith Schaefer

Shane Schanback

Julie Schlecht

Paul Schmidt

Maritza Schoengold

Kevin Schuhl

Deanna Schultz

Julie Schwan

Matt Schwenke

George Seago

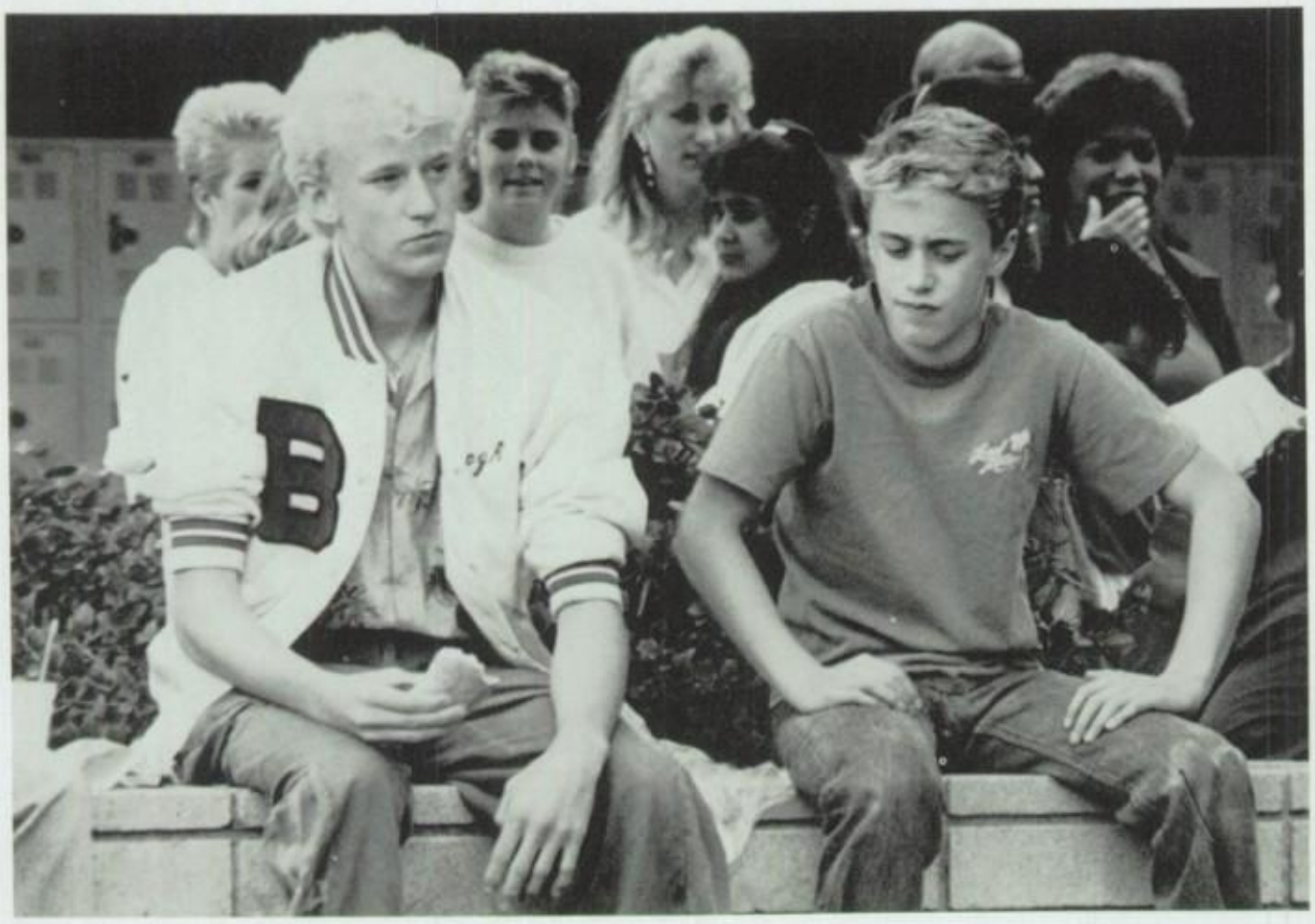
Matthew Secor

Jessica Shadian

Jesse Shaposhnick

Jason Shepard

Kiyoko Shimizu

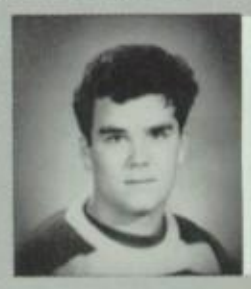

Mike Smith **agrees with his friend that a burrito is not worth 75 cents.**

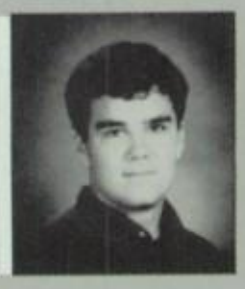
Jason Shorb

Sandi Shunkwiler

Shanna Sickman

Brian Silverman


Chip Simon


Edwin Simon

FRESHMEN

Jeff Simonds

Jason Sissung

Burtonya Smit

Sarah Smith

James Piskor **detests having to go to detention.**

Denise Sims

Mark Sinclair

Mark Sirek

Daniel Skinner

Sharla Slevin

Troy Smirin

Erik Smith

James Smith

Mike Smith

Charles Snay

Jennie Sole

Greg Sorrell

Jason Soule

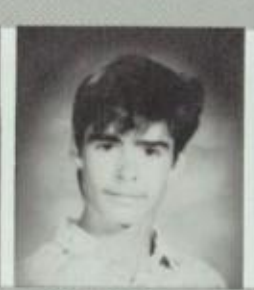
Monique Spedale

Nicole Stacy

Cheryl Stahlman

Marsi Standly

Jay Stauss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Geoffrey Stegner

Mona Steinly

Jennifer Stewart

Steven Stewart

Derek Stiles

Michael Stiltzl

Jennifer Stoewe

Susan Stokes

Rachelle Stuflick

Michael Succi

Jason Surprise

Kathy Suszko

Deanza Tastor

Lisa Taylor

Todd Taylor

Merinda Tenace

Stacey Theriault

Jody Thill

Julie Thill

Darryll Thomas

Kathi Thompson

Laura Thompson

Leslie Thulin

Kate Titherington

Stephanie Tollefson

Lorin Tomiyana

Sam Tonne

Marc Townsend

Daniel Traver

Matthew Treichler

Stephen Troop

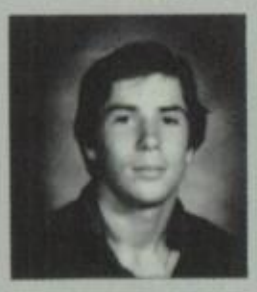
James Trudeau

Kerri Turcol

Jennifer Turner

Anthony Valencia

Jenner Veitch


Emiliano Vinole

Gail Jabalera, Aimee Calvert **and** Kara Jankowsky **display their chic style.**

James Ty

Allison Urbanski

Matt Uyeda

Erika Valerio

Jenny Van Boom

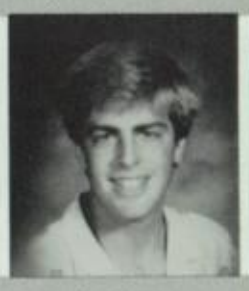
Anna Vasquez

Thomas Vertetis

Carrie Vessels

Daniel Vidrine

Kimberly Visconsi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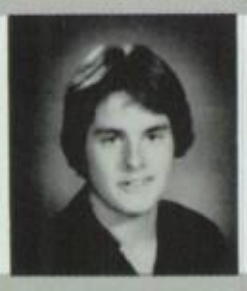
Michelle Voris

Jennifer Waite


Chris Wallace

Cid Waller

Chris Walsh

Laurie Wanstreet

Kimberly Ward

Ursula Warren

Jon Watson

Freshmen

Lori Watson

Dennis Watts

Jason Weigel

Joshua Welborn

Chad Wiegand

Jeremy Wilbourn

Kevin Schuhl and **Jeff Kline** walk through the "freshmen only" area of the Quad.

Gary Webster

Le Ann Weech

Charlotte Weeks

Kwanie Wesley

Tiffany Wheeler

David White

Greg Wilken

Susan Williams

David Winkelman

Vickie Winston

Tara Wirtz

Cherlyn Wisdom

Brandy Witek

Sherrie Withers

Franklin Wolinski

Kathy Wolski

Larry Wolski

Cathy Wolz

Robert Wood

Stephanie Wrightman

Shawn Yamasaki

Michael Yohe

Sharron York

Suzanne York

Brenna Young

Julie Young

Douglas Youngs

Sunny Yum

Matt Zaitz

Bretta Zangari

Brandon Zinsmeister

Betsy Keller and **Sasha Kendrik** decide which to buy, a pretzel or delicious french fries.

Current Events

Ellis Island lights New York with stars of celebration over the statue of liberty's 200th birthday.

A Quick Glance Back

American history continued marking its milestones as the world lived through 1986 and 1987. Hopeful attempts of inter-continental peace were set back as two world leaders, Mikhail Gorbachev and President Ronald Reagan could not agree over defense and arms plans. Our President, completing his second term, struck down the nation's trust when news of selling arms to Iran for hostages held captive in Beirut was released. Throughout the school year investigations revealed information about the dealings, but the witnesses continually chose not to testify on the grounds that testimony would possibly incriminate themselves at a later date.

Women again showed their ability when Corazon Aquino ran against Ferdinand Marcos in Philippine's presidential election. She proved that determination could accomplish goals.

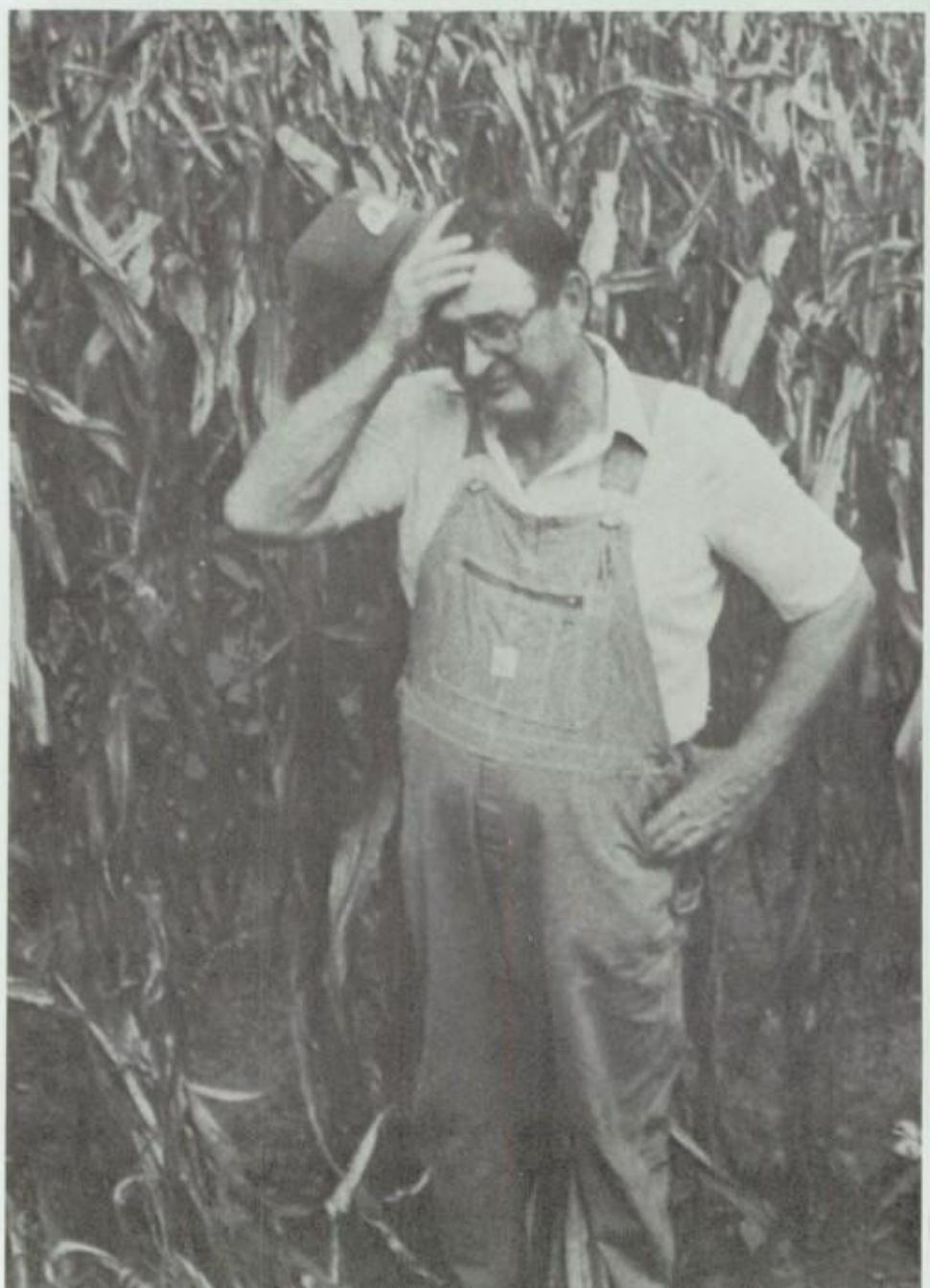
Old faces re-familiarized themselves in their celebrity spots. In television and in movies, actors and actresses performed roles lasting in our memories. The almost immediate success of actress Cybill Shepherd and actor Bruce Willis on their hit television series Moonlighting won them titles of man and woman of the year. Vanna White's sudden popularity brought a new, larger audience to the game shows.

Buckingham palace added a new member when Prince Andrew married Sarah Ferguson. The wedding was broadcasted throughout the world.

Drought and overabundance plagued our farmlands as farmers continued to lose money. Many again resorted to auctioning farm machinery and many banks foreclosed on mortgaged houses and farms.

America grew and learned through experience this past year.

Heat withered the southeast corn crops.



World Milestones

Iranscam

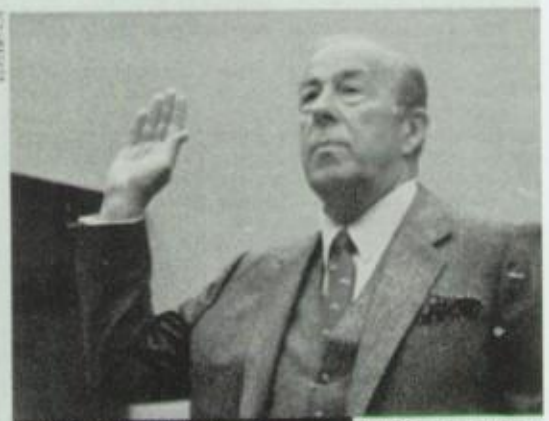
President Ronald Reagan's secretive movements involving arms sales to Iran built up to an explosion when the questioned activities were discovered. By breaking laws and going against United States policy, he betrayed the trust and faith of Americans. Denial and ignorance ran rampid through the White House officials which led to a major investigation that uncovered events occuring since before 1985. The chronology included numerous unauthorized arms sales to Iran, others supposedly based on the release of American hostages held captive in Beirut. The Iranscam investigations had also revealed former National Security Council member, Lt. Colonel John North's efforts to funnel aid to the Nicaraguan *contras,* collecting aid from private sources and other countries. These figures were also added to by some aid provided by congress. On January 12, 1987, sources said that at least $40 million gathered for the rebels remained unaccounted for.

President Reagan, when asked about the dealings, answered questions to the best of his knowledge. He supported investigations although they seemed to be incriminating him. The president said he hired the best men for the National Security Council, and didn't watch over their shoulder and criticize the way they did their job. Accumulating reports showed him at fault more than the executors and policy breakers. The Iran-Contra affair proved to be the greatest controversy since Nixon's Watergate Scandal.

OLIVER NORTH The "Marine's Marine" may also be, in the words of rmer Senator Howard Baker, the man who "destroys Ronald Reagan"

JOHN POINDEXTER McFarlane's NSC successor, who refuse testify, discussed with Casey evidence that funds had been diverte

ROBERT McFARLANE The former National Security Adviser says agan gave prior approval to an arms shipment in August 1985



GEORGE SHULTZ The Secretary of Stat angry, says he was bypassed by an ambassador in the hostages-for-arms dealing

Witnesses break down facts in the Iran-Contra hearings.

Sad Harvest, No Harvest

Throughout the food belt farmers were pushed to extremes. In the southeast states, the lack of water led to stunted, burnt-up crops and unworkable soil. However, the "lucky" farmers of the middle eastern states who had successful crops lost out also. The years of overabundance of many foods and products caught up. Farmers sold their farm machinery in auctions for a fraction of their price and banks foreclosed on many who could not make their mortgage payments.

President Reagan and *Gorbachev* disagree during the summit.

Uncurable Killer

A.I.D.S., or Acquired Immune Deficiency Syndrome took its toll in the United States. Already, 1 to 1.5 million Americans are thought to be infected with the virus. The numbers continue to escalate. The Public Health Service predicts that by the end of its first decade, 1991, 180,000 A.I.D.S. victims will have died. Scientists continue to look for possible cures.

Sailing to Fame

Adding one on to the 132-year winning streak, Dennis O'Connor sailed the *Stars and Stripes* back to its hometown of San Diego for celebration over winning the America's Cup back from Australia. Racing best out of seven, *Stars and Stripes* took the first four and any chance of retaining the cup from New Zealand's *Kookaburra.*

Star Wars Sinks Summit

Images of peace were hopefully on the horizon when President Reagan and Mikhail Gorbachev held a series of meetings in Iceland. Negotiations halted when the two couldn't come to an agreement over "Star Wars," a space-based shield of anti-missile satellites.

Corn shriveled in the southeast because of drought.

Dennis O'Connor brought the America's Cup back to America.

Memories

by Noel Mellon

Students sport popular "Get Smart" buttons.

Get Smart

Campuses all over San Diego showed the latest fashion trend: the "Get Smart" button. Channel Eight sponsored the Anti-drug campaign in our schools. San Diego also did its part in the nation's fight against drugs. By witnessing marches, rallies, and special programs, the country increased it's awareness of the problem. Voluntary drug testing became popular in government, businesses, and even in schools. After decades of abuse, America had finally taken the first step towards termination: awareness. "We must make drug use the top item in the national dialogue," stated President Ronald Reagan. Yet America still has a way to go in ridding the country of abuse. Although laws have tightened around pushers and smugglers, pounds of narcotics pass through our borders undetected.

Moonlighting stars Shepherd and Willis named man and woman of the year.

In memory of Ronnie Robertson, sophomore, who passed away. He had a heart condition.

Woman of the Year Philippine President Corazon Aquino, named woman of the Year by *Time* magazine, stands proud as the leader of the Southeast Asian country including 56 million people and more than 7000 islands. As the world looked on she led a campaign to overthrow former president Ferdinand Marcos and then restored the pride of her countrymen. Although a naive political leader at this point, she continues to learn and has never backed down from her important position. **Happy Birthday Harvard** Harvard, one of the United States' oldest and most prestigious private universities put the 350th candle on it's cake this past year. The school has graduated many powerful people such as John F. Kennedy, Franklin D. Rossevelt, and John Adams. It has received 29 Nobel prizes thus far. Harvard's outstanding reputation of ex-

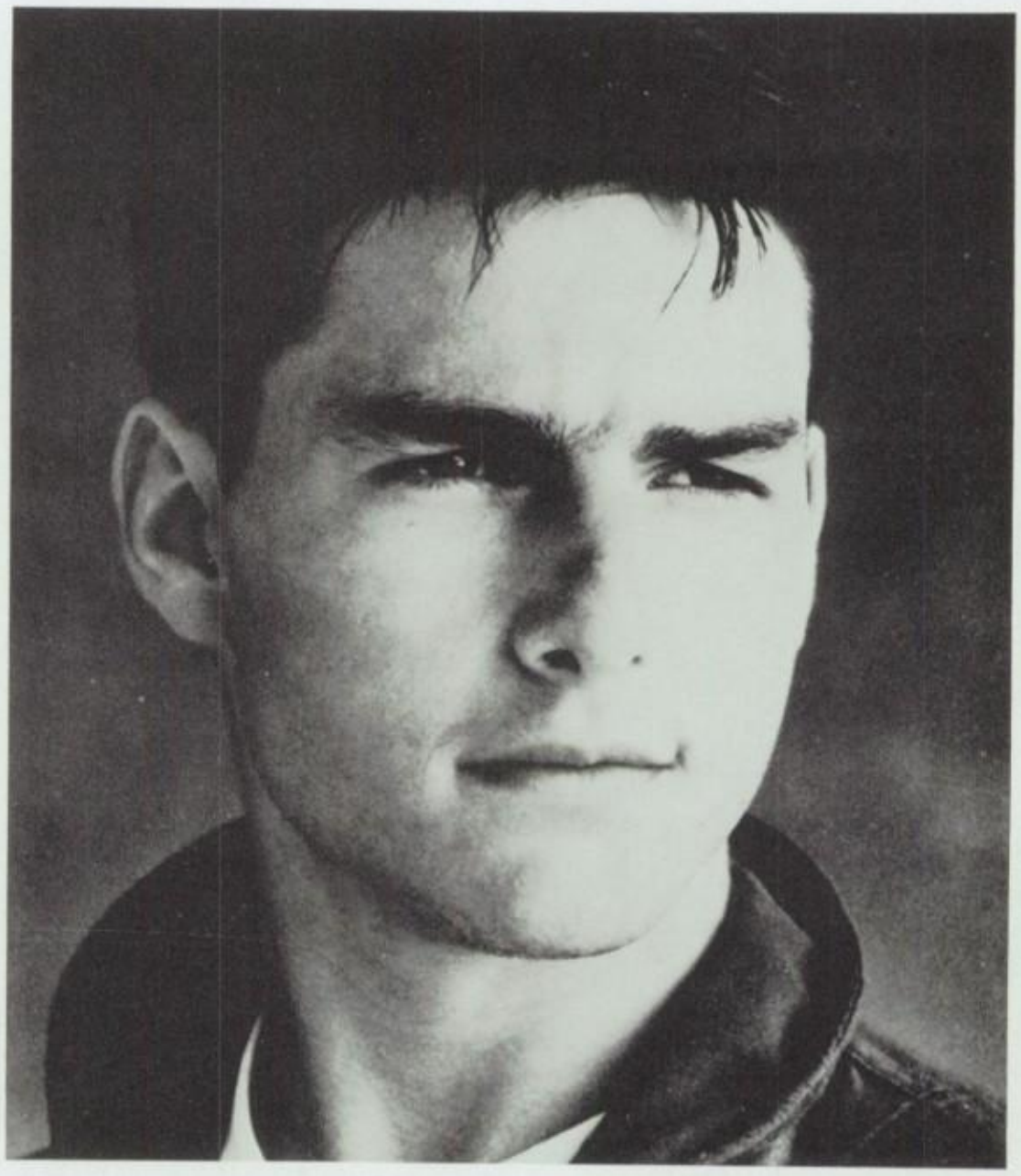
Corazon Aquino confidently rules the Philippines.

Sarah Ferguson weds *Prince Andrew* as the world looked on.

cellence continues to linger with each graduating class. **Royal Wedding: Two Down, One to go** Last summer, Prince Andrew, the second son of England's Queen Elizabeth II, and Sarah "Fergie" Ferguson, friend of Princess Diana, tied the knot. Appearing in the spotlight, they received not only a new spouse but new titles as well — The Duke and Duchess of York. The ceremony was watched by viewers all over the world as well as the thousands in Britain who lined the streets of London to see the couple before and after. **TV's Man and Woman of the Year** The Hollywood Radio and Television Society named actor Bruce Willis and actress Cybill Shepherd, stars of ABC's hit television series *Moonlighting,* as man and woman of the year. They portray characters David Addison and Maddie Hayes, owners of a reputable detective agency. Both the show and the actors became popular this past year. *The Cosby Show,* starring Bill Cosby, still ranks as one of the top shows in the nation.

Top Gun Flies High Last summer, movie screens showed planes diving, spinning and soaring throughout the sky. *Top Gun,* a movie about Navy fighter pilots and their moves, impressed the public. Tom Cruise portrayed a more mature role compared to his past characters. The publicity boosted the enrollment into the Navy and Air Force.

Come on, one thousand! Vanna White, letter turner on one of television's most popular game shows, *Wheel of Fortune,* was introduced to fame as her popularity escalated. Although appearing on the show for many years in shimmering fashions, it was not until recently that her hostess position became acknowledged. She inspired game show hostesses with her sincerity.



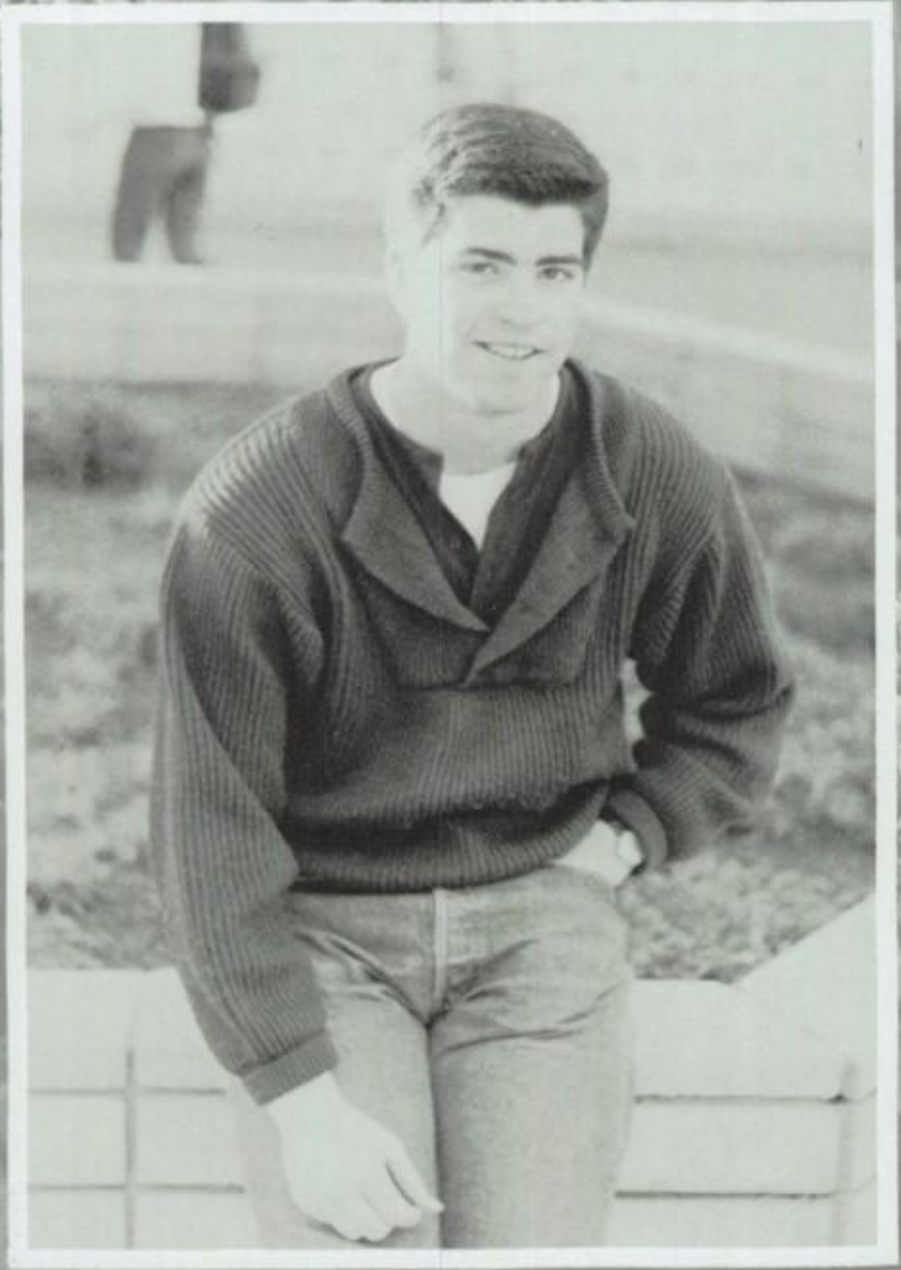
Tom Cruise, flying high as star of *Top Gun.*

Literary Contest

First Place Winner

Too many times
we laugh too quickly
and spatter ridicule
like specks of hot oil
in the face of another's shame
and because we don't see
the tears behind defiant eyes
or the painful weight crushing
shoulders pulled back proud
we forget,
beneath the strong, indifferent facade
we are breaking
a fragile heart.

Tami Marko — 12th grade



Second Place Winner

"Wartime"

Down the crimson halls we did walk.
Pencil, pen and books in hand.
Plato, theory was the talk.
School days washed away like sand.

We sat around the pub till dawn,
Spreading words of enlightenment.
But to the Government I'm but a pawn,
There's little time for sentiment.

Oh, those verdant ivy walls.
Fraternity life, parties, game,
Insignificant as a brother falls.
Poor lad, knows no fame.

So long to private education.
So much for Literature French.
Little joy or elation,
As schrapnel pervades our trench.

Glen Tripp — 12th grade

Third Place Winner

In Silence I Walk

Can you hear the silence
That screams within me?
No?
I don't blame you for it.
It's not a pleasant inner-silence,
Amid an external conflict.
It's a silent storm,
With turbulent waters,
Huge, wild waves,
And hurricane winds,
Crashing on the islands of my soul,
And the reefs of my mind.

Shahjehan Cheema — 12th grade

Honorable Mentions

Whirlwind of black masses,
the darkness engulfs my fright-frozen heart
and my senses reel into the unknown
as my mind screams as it slips into
the underworld.
It shoots through my body
like an express train on fire
and burns the soul in me
til ashes in grey heap
smolder bright orange in hope
Touch, driven from my fingertips
grossly grab at everything around me,
trying to escape from being dragged under
and sucked into the black hole.
head, leaded heavily, imperfect,
spins incessantly, lacking direction,
and losing domination of control,
leaving it to the demon writhing
to do as its soggen heart pleases
in order to fulfill our deepest wishes
and fantastical desires.
Only the bathroom mirror
grips the shredding reality in my scraped mind
and tells me the morning will *always* come.

Liza Yum — 12th grade

Player

Let's play jacks
jumprope
marbles
tops
hopscotch
hide and go seek
tag you're it
anybody 'round my base
come out, come out wherever you are.
We skate
race
swim
then turn to
stoop ball
box ball
punch ball
stick ball
and harder games of baseball
football
and basketball
for hours at the playground
in rain, in snow,
refusing to give in to darkness
or growing up
until Necessity
also know as Responsibility,
rears her head and calls us home
for supper, marriage, and parenting
players of my own.
But Piaget tells me
"Play is the serious business of youth,"
and, forever young,
I continue to play
molding words into poems
poems into people
and people into children
once again.

Mr. Frank Barone — Teacher

The Sunrise

Listen now to calling birds
humming songs in the morning.
They sing their lives with a smile
living love and flirting style.

As you look out east
in yonder clouds
the glare will flash in your eyes as
you begin to dream of the sunrise.

Take one step up the stairs
and realize a place full of fears
The feeling is new to you as
it uncovers a place rich in value.

But as you listen with open ears
the idea sparks an immortal flame
The pain of yesterday dies as
you begin to see the sunrise.

Brian Rauch — 12th grade

Editor's Note:

By Julie Dickinson

The outcome of this year's second annual *Odyssey* literary contest, was tremendous. With over 130 entries, our staff was given the hard task of choosing the best poems. Although many of the poems deserved to be printed, space allowed only room for the top five. Choosing these five poems was a very challenging and debatable experience for our staff. Each poem was evaluated on a scale from 1-5. Consideration on creativity and meaning was the main weighing factor in judging. Hopefully, this contest will remain an annual part of the *Odyssey*, and become even bigger and better. Thank you for all of the contributions, and keep writing!

Today well lived makes
every yesterday a dream
of happiness, and every
tomorrow a vision of hope.

Look well, therefore, to this day.

Best Wishes from the
Busco-Nestor Studios
2670 5th Avenue
232-7877

"Your photographers for every occasion"

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Stevie Wonder's band assists him onto the stage to perform for the excited crowd at the airband assembly

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"Cher" pats her cute, little "Sonny" on the head at the Airband finals.

Diana Snodgrass glances over shoulder in amazement at the camera.

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Vicki DeBerry begs her friends for 30¢ to buy some school-made cookies.

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Racheal Clark washes down her cookies with a sip of healthy milk.

Ms. Wagner (Wag), tries to shake some sense into *Domonique Rosano.*

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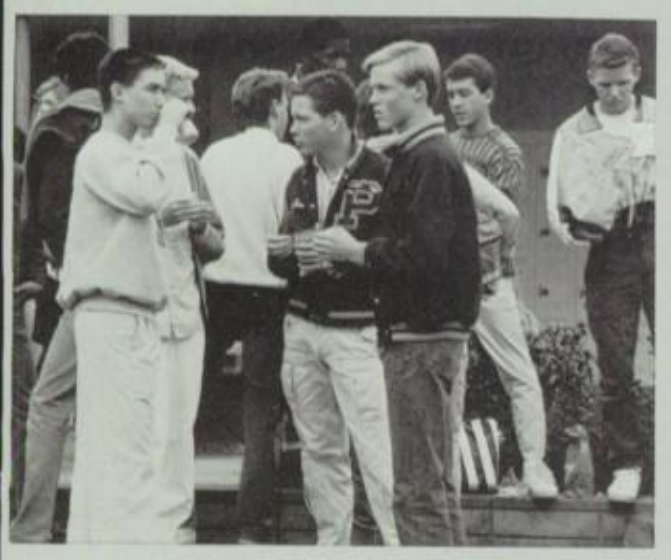

***John Steffans, John Vorris* and *Bryon Devore* have a serious rapping session during break.**

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Brant Bender amazes the crowd with his snazzy group, *Bruno and the Heaters.*

Kelli Cruse clutches her books as she pushes her way through the crowds.

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Advertising

Kris Rudzinski enjoys blowing up balloons at The Party Shop.

Competition Introduced

Not only did the Odyssey staff make the pages of the yearbook, they had to find ways to help finance it. Advertisements fulfilled this need. All staffers were required to sell spots, and they went to numerous places in Poway and Rancho Bernardo and beyond to find buyers. "It took a lot of time and it was difficult, because many business headquarters were out of state," explained Jennifer Stampfli.

A free yearbook was offered to the staffer who sold the most ads. The competition grew and ads poured in. Finally, the ads were counted and the totals showed that Elisa Smith, underclassmen, was the winner with eleven spots sold. Elisa said, "It took me a lot of time, persuation, and persistence to get the businesspeople to help support the yearbook. Some people were harder to convince than others, but it paid off in the end." Others also sold many ads. They enjoyed helping to design what the businesspeople wanted. Kim Wayland, photographer stated, "It was slow getting started, but once I actually went to sell ads, it was fun."

"It was tough selling ads because most business people didn't consider it advertising since it was yearbook, many didn't think it was good enough to spend their money on. It made me feel bad because I tried so hard and I kept being turned down. I appreciate everyone who did contribute and helped support the yearbook." — Debi Quesenberry, senior.

Advertising may not be a section that everyone first notices, but a lot of hard work was put into it. Many hours were spent selling and many bills, receipts, and thank you letters were written. The advertising section was an important part of the yearbook often overlooked.

"You must admit, the advertising section is not the first thing people look at when they get their yearbook," stated Jim Roberts. If this is true, why all the sweat over the section? Mainly, it finances the lower cost of the yearbook — which makes it possible for the Odyssey to offer such a quality book for affordable prices to the students. So again, a special thanks to all the generous businesses that supported the Odyssey!

Senior *Eric Riley* searches for new imports at Plaza Music.

UNI-SEX

THE HAIRKUTTERS

Hairstyling

13256 POWAY ROAD
LIVELY CENTER

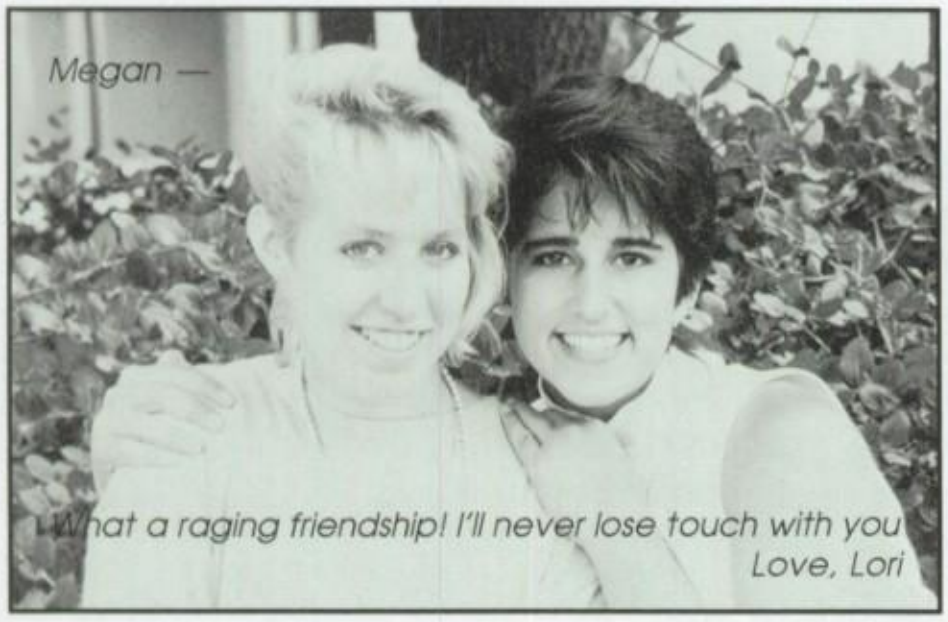
JOHN TASCHNER
APPOINTMENTS
748-4733

Waddle Around Gifts

- Specializing in Unique Decorative Gifts for the Home and Handmade Items.
- Player Pianos - Sales & Restoration
- Q.R.S. Player Piano Rolls Available
- Sign up for Christmas mini-crafts classes!

Consignment of quality, handcrafted items welcome

Old Poway Center
14017 Midland Rd.
748-5252
Mon.-Sat. 10-6 p.m.



(619) 748-5393

Poway Country Florist

(SAFEWAY/LONGS PLAZA)
13538-B POWAY ROAD
POWAY, CALIFORNIA 92064

Dave & Charlotte Kingston

FTD

Gene and Terry Schwerin
(619) 748-9171

Shirts-R-U

CUSTOM SHIRTS • HATS • JACKETS • SPORTSWEAR

13538A Poway Rd. • Town & Country Center • Poway, CA 92064

Clark's Stationers

16779 Bernardo Center Dr.
San Diego, CA 92128
(619) 485-7800

LYMAN B. CLARK

PINERY TREE FARMS

12450 Highland Valley Road
Escondido, CA 92025
(619) 487-1284

CHARLIE & SANDY JANCIC

748-6633 (Poway)
271-6022 (San Diego)

POWAY

AUTO BODY & PAINT

14211 GARDEN RD., POWAY, CA 92064

- INSURANCE CLAIMS
- EXPERT COLOR MATCHING
- LOAN CARS AVAILABLE
- ALL WORK GUARANTEED
- AUTO GLASS
- TOWING
- WELDING

JIM SULLIVAN

RED CARPET

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STONEKING REALTY
12373 POWAY ROAD
748-7500 748-0056

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and
Best Wishes to

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Corporate Headquarters & Technology Center
Rancho Bernardo, California 92127

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- ENGRAVING
- SILKSCREENING
- TROPHIES
- SMALL SIGNS
- PLAQUES
- RIBBONS
- BRONZING
- DESK PLATES
- MILITARY PLAQUES

748-5711
13350 POWAY RD. POWAY, CA.

Congratulations
Class of 87

- Portraits
- Copy & Restoration
- Commercial Advertising
- Industrial
- Weddings
- Specializing in Loving Pet Portraits

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Poway, CA 92064
(619) 487-8661

THE DANCE EMPORIUM 619-748-7756

- Jazz
- Tap
- Ballet
- Acrobats
- Aerobics

13430 Midland Rd. Suite "C"
Poway, Ca. 92064

Sharon Belardo
Owner & Instructor

Leo Serakos

487-1600 (NC)
271-8522 (SD)

Rancho Floor & Design Center

formerly Rancho Floor Covering

CONTRACTOR'S LICENSE NO. 434235
16656 Bernardo Center Dr., San Diego, CA. 92128

Poway Family Dentistry

LLOYD G. THOMPSON, D.D.S.
(619) 486-4775

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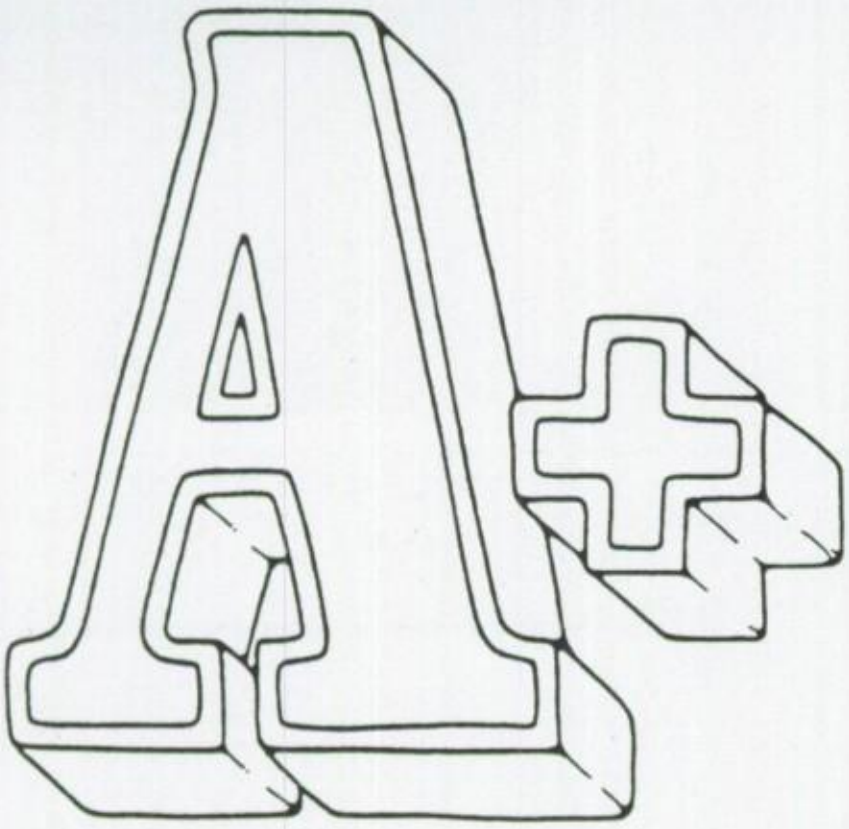

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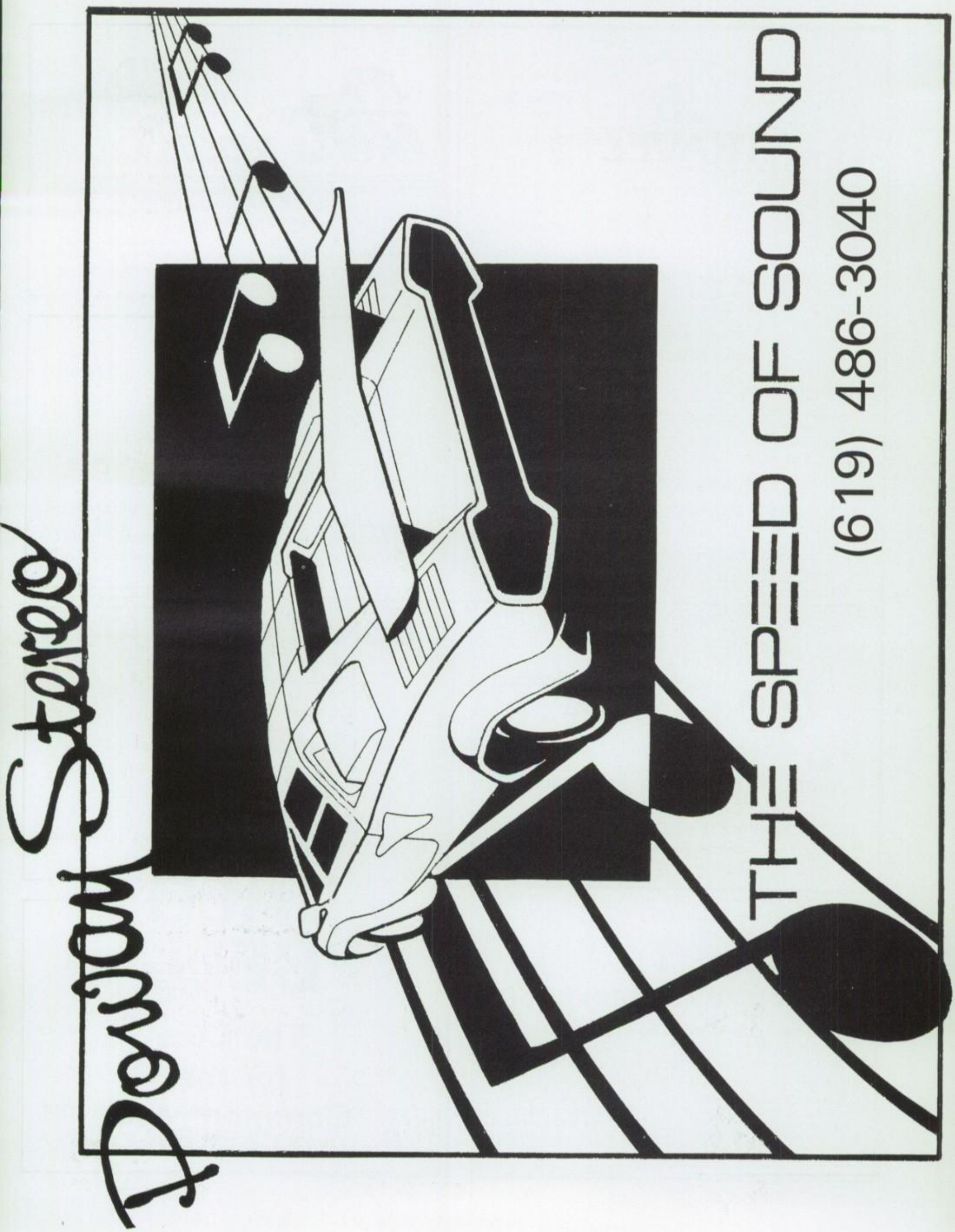
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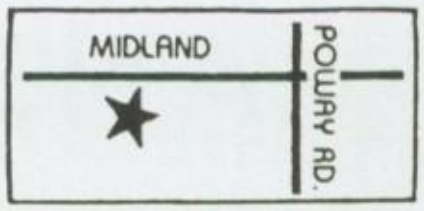

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FALLON-BETH-KIMBERLEE-ASHLEE-THANX 4 SHARING OUR SPECIAL DAYDREAM-D.S.

KM-WHAT R U DOING?-REMEMBER OUT PET SILVERFISH-TO FRESH STARTS-LUV U-N.K.

ALICIA KAYLA CLAIRE LIEN MISSY SUZIE-THANX 4 ALL THE FUN TIMES-LUV NOREEN

Big Honey "B"-Gonna miss ya! Member JK, MB, AS, KA, JBS, MT & MC! LIL' HONEY "B"

AMBER GREEN I-LIME! My fave Ocean bud! Wouldn't made it w/o U! LUV YA-Blueberry

Davykins, PB, MG, PP, BW-Thanx 4 fun times You're GREAT GUYS I'll miss U Love You Deb

Jen & Kris-10-Thanx 4 Great timesw/More to come The force will live forever LOve ya Deb

1986 ASB MY best wishes for all of you you were the best! your Prez

ERica you are a GREAT sis & I love you! Have a fun three years! Bri

Mom & Dad all the love and thanks I can give Brian

Lance Thanks For Everything the laughs, advice, and the memories Kids I have some Stories for you. Brian

KIMBERLY B AND MIKET. -AN INSEPERABLE PAIR- YOU'RE THE BEST HUN! Luv MT

J5: I'll Miss U! The wiffle ball The Ken The Advice Wildlife Cotija The Girls VCF Spike

Benji, Kev, John, Brad, Dusty, Skube & Skates: Remember our fun ... MATTERS! Doder

MJ, DL, DN & NAP-Thanx 4 the Un4getable XS-Keep your clothes on! Love U guys-Xten

Deb & Jen- "Get in the car girls"-yes weve had our share of good X Lov U both-KR

KING DAVE-my royal Bud! RIP! RIP! (Just 1 of the girls! love Queene (KR))

Brian Maienschein-U SEXY GUY!*?!*I lov you! Lovn stuf. KRISTEN

Senora Rangel (mom) It's been gr8 these past 4 years! P.S. I need $1.25 Love, 10-10

Teddy Bear-I'll love you always Tabby

Sechzwan-From joe thru Pete & all the BDP in between its been fun. Long live doornails, fodies & Os I Dont feel grown up, yet I luv U!-Deborita 87"

KERRIN Thanks for smiling I wish you all the best Je T'aime toujours JM

NELLI: I LUV U & I'll miss you thanx 4 being my sweetest lil sis

Greg: Thanx 4 all the fun X I'll always Think of that special #33 Irene

Brian thanx 4 being super special UR Z SWEET I'll think of U Always Irene

Thanx people on the wall: Mike N Brady N Bedkes 4 best Wishes in life Gar Cook

I THE WED TILL DEATH DO US PART. Thank you Lori Jean I LOVE YOU

Megan my new found friend. I'll miss you. Even though your so cheap. I LUV U

To Jennie: Here's to mock, beach, Double D'S, AJ, Noperfect guys Luv Ya Nazi

For Missy, Debbi & Rose "The three Amigos"

Andrea 10Q 4 Good Xs RKA 4 ever Hi 5s R Gr8 guz (B & H) Sty N TCH luv amy

Hector my gy arow + dsrt Hf vd mdb shndys Rpd Rbbt Pcncs thx I Love U Amy

87 Rifiz U guz R Trrfc weev come a log wy sweeps quads RKA Luv U all Amy

Lunch X crd pk up affr UR an plse no fits n ESC not a prty oath Luv Amy

Amy, D'Ya think the guy on the beach wanted to **See** my blue undies too? AC

Mac/SG-Love you! C8-grad pres. Lori-FOREVER! TONY-airports. Ill be wild till I die!

2 the lunchtime crowd — thansk 4 all the fun times — I luv you all!-HKM

To FP, SC, PC, JH-2 ur surprise I enjoyed the weekends. DJ BH

2 all the calc AB TH Party Pals-about weight: girls lie down-guys lie up!!!

To mom: what a fun year! UR always 1 to remember from: DJBH

AMY AD BRC I WILL CHERISH OUR MEMORIES 4EVER. TE QUIERO EYE HEART EWE! HF YX DB DM

LUNCH TYME CROWD: DONT 4GET ALL THE GOOD TIMES EYE WILL MISS YOU ALL HEC

Meg, Lori, Chris-I made it Cuz of U! Thanx 4 the laughs! I luv U so much-EMD

HEC chick ding! FLUTE 4! Lunch Crowd Amy H-Men! Geoff-Beach, spaghetti, jaz MEG

TARNISHED JEM-Thax 4 the memories I LUV U Turkey, MEN (ugh!) and new Years!

Julie-We've been through well and highwater but we did it! I LUV U

TO THE ODYSSEY STAFF, THANKS FOR BEING A WONDERFUL BUNCH! LOVE 4EVER, JULES

TONY- I LOVE YOU! Real fast? Early mornings-Every breath you take-the foot I'll never forget you- Thank you for the memories-Love, Lori

2 my friends, JD KW DQ HT MB DM ST JH etc. New Yrs 87 2 remember Thanks GT for laughs Luv JAS UH ... Excuse me! THANK YOU.

Kim C. Don't loose your dinosaurs and hiedi stay out of those jacuzzis! KH

Matt Bailey, Thanks for always being there! Happy B-day Love Always Kath

M.E. B.A. L.A. J.S. E.J. J.M. S.J. G.K. S.B. D.J. B. THANKS I LOVE YOU GUYS! LUV PAM

Terry: U-R my shirley-the sweetest I Luv ya! PS I forgot the PJ prty Luv DD

To my bro OD enjy yr HS yrs. U Hv mch. L, B, T I will ms ya luv yr sis

To the gang: PM, MB, VO, KU, LY, JH, FH, BC, DM, GT: mny grt x's: fresca MB thnks DD

2 DE BAND NAZ THANX FOR 5 YRS TOP OOK 4 BEAR I LOVE U! TO MP AND MK HAPPY FARTS! ZD RAVO! NENA

Denise K- You are the best! I'll never forget the fun times! B/F/F Heidi

To Aryka,my first Love, Mom, Tonys ID, Rich, Glen, and Baby, made Eric Conquer

SIR ILY & 5 YRS TILII TANKS 4 DE GOOD TYMES. HAPPY WE GOT TO VER DE BAD 11. JM YN X TEAR, L-DEAR

ELISA & ANAELISA, WE DID IT! NO MORE STRESS FILLED DEADLINES. THANKS GUYS! SARAH

N-MORE YEARS PASSED. NOW WERE SENIORS! GOOD LUCK W/S, S, P, & all The Rest. Luv, S. OOH-HA

Bill-Heres to SCET A the Perfessional theater gossip and wigs get well-Liz

Mike, Save the Rubbermaid Cans-Thanks for the food Fights. the lizard lives!

Lori-Ban the San Clem boys-Shape up or ship out! Rebel lives-Comeback-Liz

SHAN-IM ALWAYS THERE FOR YOU. YOURE SOMETHING SPECIAL. I LOVE YOU! ROSS

Alicia Tim Kim Jim Kevin Jay & Tim Thax fo' my best Xs love Always Beth Reen

SCOTT, HODER, BRADY, STEVE, WILLY, FLYNN, KENNY, CHRIS. BEST YEAR OF MY LIFE ROSS

Jo Memories: summer, true loves, jacuzzis, training, next yr, were srs! Von-bon

NANCH WOULDN'T B WHO I AM 2DAY W/OUT U. THANX 4 b-ING A G8 FRIEND-DEBI

BRADY, HODER & SCOTT THE SUMMIT BUMS IT'S BEEN GREAT? JUST WAIT TILL NEXT YEAR

TO CHILLY-WILLY THE SILLY BULTCH THANKS 4 ALL THE PARTYS-YOU ANIMAL!!!!

"RITA"-the only one who REALLY suffered ALL four years w/ me! Thanx! SESH

KAT MEM b RD Stf Ry MC fat BR Stu Lesher bs partys 3 scenes ART Window wtch RS L & R bbs & gigs SAM

I ALWAYS LOV MICHELLE M -AN LOV MY NEW FREN KRISTA . A KISS 2 THE T. WALL

FOR TONES-You FADE, you! Joke? I LOVE YOU. Remember me. Luv-SUZON

Ross fish brady willy russo. A RAGED YR LETS live it UP THE SR YR HR HODER

LUNCHTIME CROWD-THANX for a gr8 yr. It was A-MAZING. LR, MM', ED SA, I LUV YOU

TANIA: JC TO BOHAIR & HOT TUBS, PIZZA, FRANK, LOTS A MAIL. THX FOR BEING YOU!

Matt, Dan, Leif, Mike: to SOME SEXY men!! Thanks for the fun & laughs-Tonia

Eric, I'll never forget the love we've shared. Good Luck in Utah! Aryka

Lori-Lori Marcum, dont play too hard. Matty, "NOBODY" wrote this to U. Lys

Shelly, thank U for your friendship. EHL, time 2 excape 2 the real world? LYS

Liz Stefano Lives Bill Ah Sarca sm Sweet Sarca sm I luv U Guys & Every 1 At The Wal Alyssa

LONG LIVE POUCY ZERO AND THE ETERNALLY HACKED! NO MORE REMOTE CONTROLS!

Nazi, Beachdays Forever, Get out the shovel. Incurable SENIORITUS Luv, JRG

VO SO mny yrs tgther: tiks, sitts, sing, frghnting, ect cherish frvr Luv Del

AMY, CHRIS, LORI, AWARD STYM ... GATE 2 RIGHT NO 2 CEFT NOTOR IAT! UM ... READY HALT! HECTOR

Jared and Brady remember Besez lives!

Shelly-my good-byes are made of silver tears all of which I give to you. Duckie, my chunk a bubble buoee ... your just too special. Love forever, Kimi V.

TI FRUR ZU R MOM Y SUR DAD Y Z CAR JAN LUVS U STEEM ROL RALD ODODO SHEL TUZ BU Z LUV Z JK JD GO MM DT

HEY LUNCH TIME CROWD: THANX FOR TAKIN' ME INTO THE GANG, LOR & AMY 'SPESHLY!!

Yo babes! lets never 4 get all R funX's in TJ and all the other memories we have UR the greatest & bestest friend in the world I Love U Lis PS Yo Yo!!!

Lisa, look babes your blummin my high just becuz cops R chasing us memories of Mex will be w/us 4-ever & Pat get a red belt priuado ... Shh! Michelle

2 my Fav Ss Kris Thanx 4 Being U UR Special Ill miss U never Change Good Luck

2 Boo much luv is shared Youve made this year special never forget. I luv U 4 ever

Lunchtime crowd (LM HJ JC ED MA JH AS) Thanx 4 the parties. Long live Dr. Ann!

Tania Tasis chese, 12 mc pech RR, no aple juice latn songs & kwik shuters!

HANS thanx 4 so many memories! Movies Chaprel Yog. Tacos. Love Jennifer

Lees! What would we do without our Frinite fradition? Your Dancin bud -N

SARAH: 2 my BM8 in the world! What would I have done all these yrs w/o you? Nxt yr we w/ have finally MADE IT! I LOVE U—Thanx 4 putting up w/ me -N

TO MY KX BUD I LUV U. THANX FOR ALL THE AWESOME TIMES WAFER & SKILLY

NOEL- Never forget those two little peeping heads and the night of the smiling moon! SHY

LISA—PLEASE keep away from those SAPS!!! LOVE YA, LEON (SPLD BKWRDS)

To Steve, Jeff & Leif, LONG LIVE THE TURKEY SANDWICHES! Luv, Jules & Jen

Shi-Here's to the "DWEEB" chase. Wrong numbers, incredible luck (OR???!) Cute little peeping heads. My endless infatuation, and the night of the smiling moon!-The driver of the little white bomber

CONGRATULATIONS ODYSSEY STAFF FOR ANOTHER EXCELLENT BOOK AND EXCELLENT YEAR!

JLD-Chicky youre the best! I love you. Thanz for the great memories. Luv-n-latterd KH

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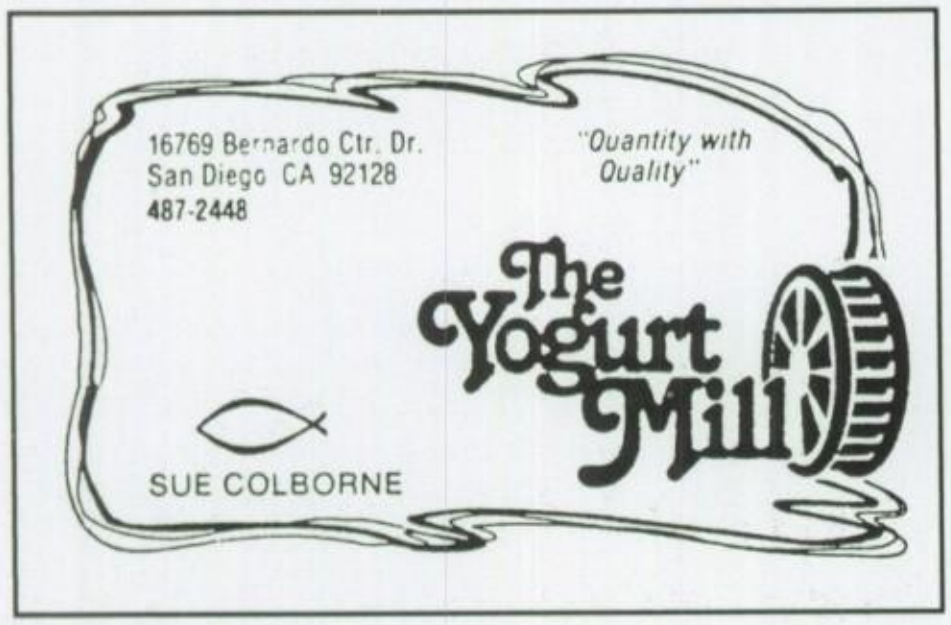
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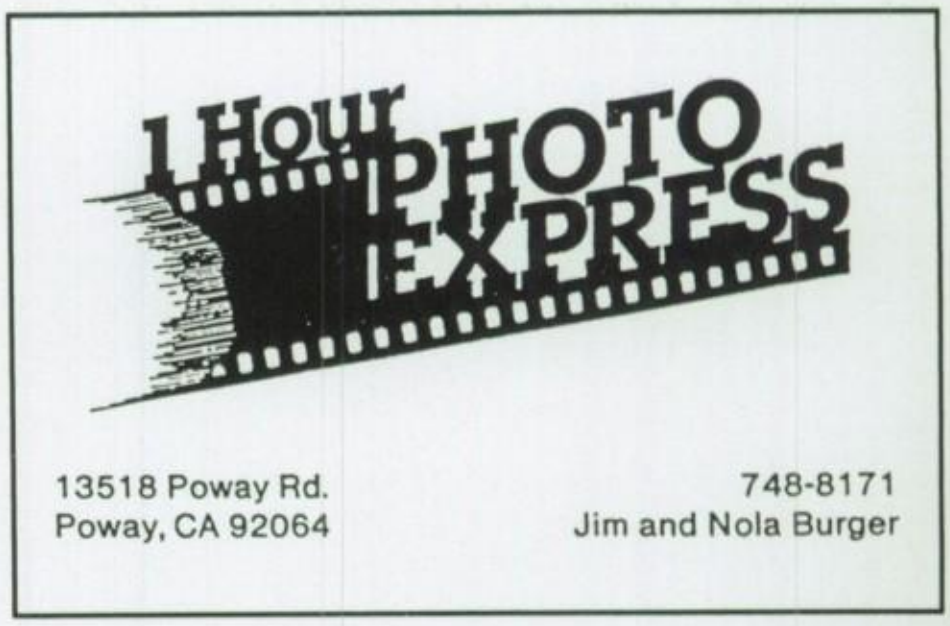
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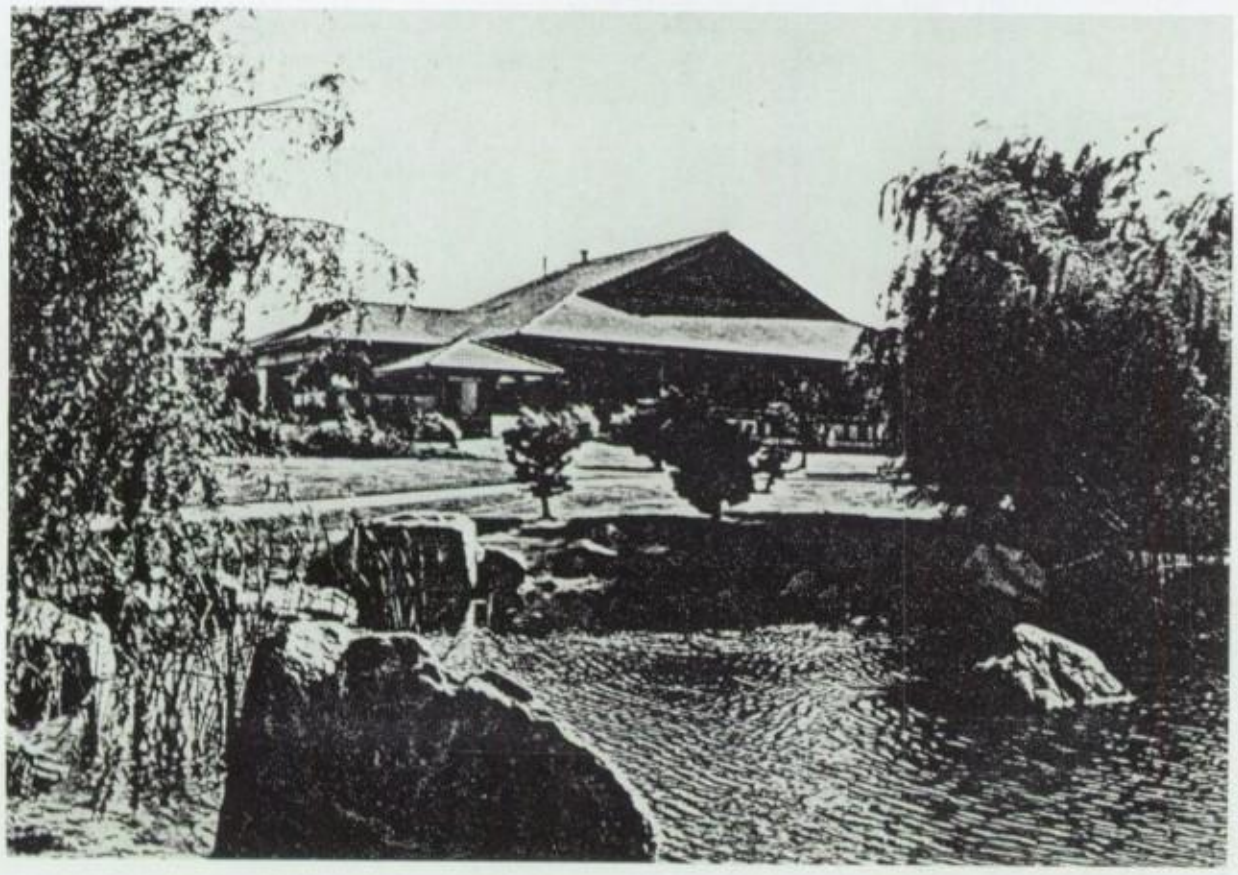

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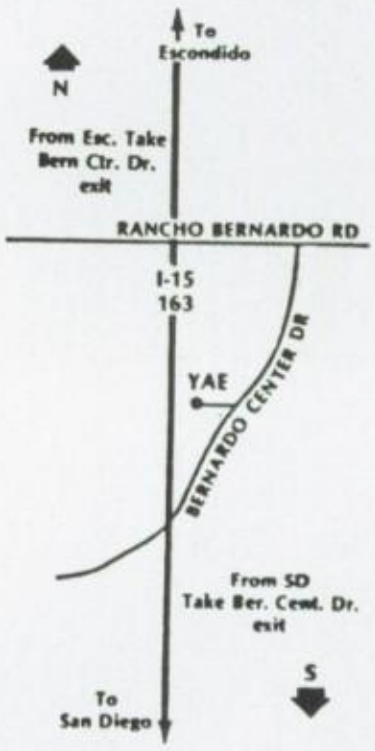

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Closing

"No, you really don't want me to do that?" says *Kara Jankowsky* during frosh cheerleading orientation.

Taking A Final Glance Back

"What a year," sighed Junior Suzi Fink on June 17th, the last day of the 1986-87 school year. As the underclassmen finished up their last final exam and cleaned out their lockers, the seniors calmed their nerves for the 7:30 pm graduation ceremony. And through all of this, the events and memories of the school year passed through everyone's mind.

"I still remember the excitement and thrill of victory when we beat Granite Hills at our first real home game!" stated Cindy Brundige. All of Poway High's sports continued their trend of success. Girls volleyball and tennis made the CIF playoffs, and helped contribute to the definition of the "MIGHTY TITANS!" Overall, the entire athletic department boosted the tremendous school spirit and pride that kept the student body interested.

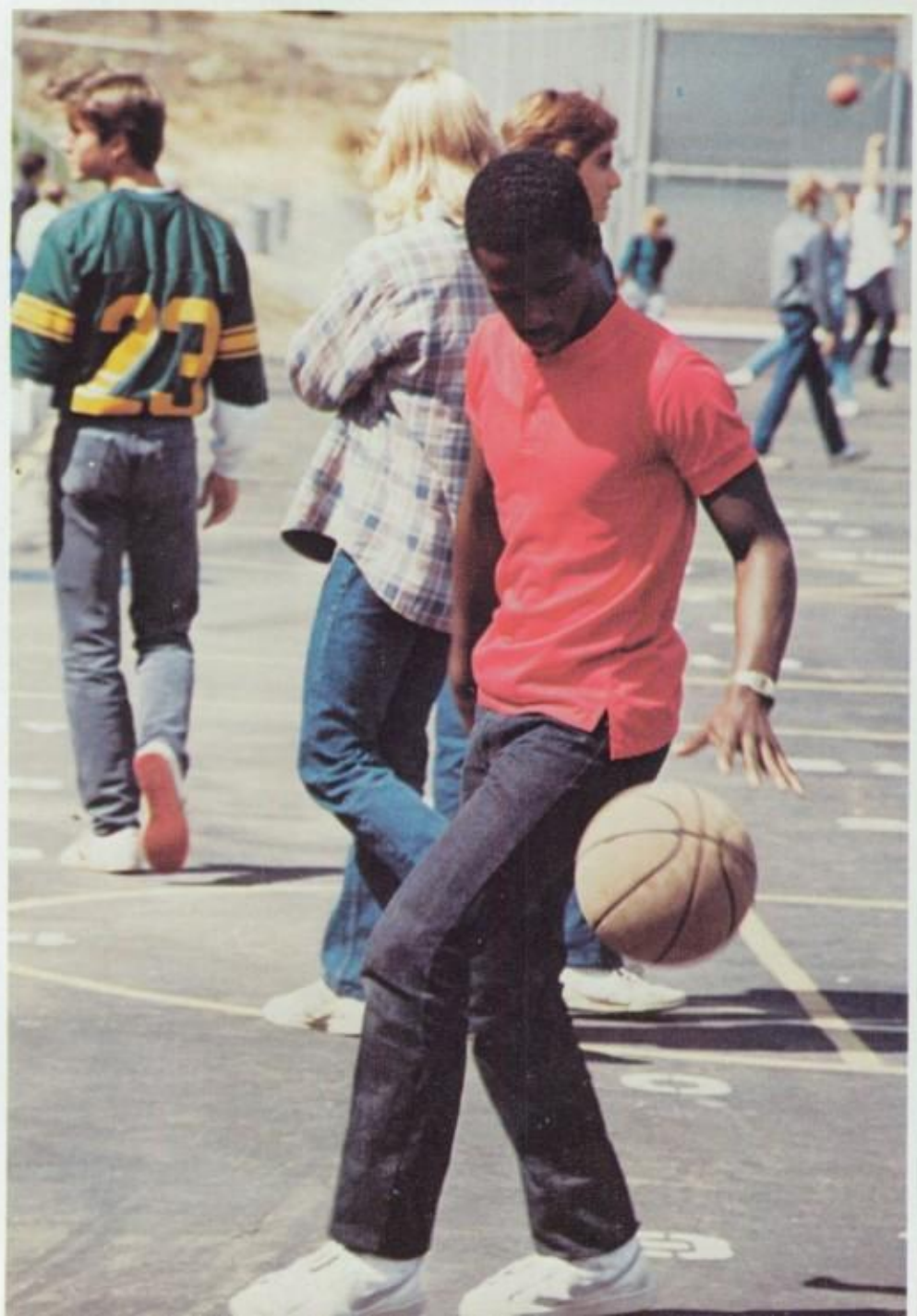
"I'll always remember the dances that I attended over the year, especially the 'Club Caribbean' Sadies Dance," exclaimed Brady Hamilton.

With the geeky-attire MORP dance, the semiformal Winterball, and the most formal Prom, most every extreme of dance was held.

Academics and classes hopefully stuck in the minds of the students as an important part of the school year. Freshmen adjusted and struggled through their first year in high school. The sophomores enjoyed a seemingly less difficult year while the juniors had to delve deeper into their brains to keep up with their demanding schedule. "My junior year taught me how to cram!" stated Phil Lalock. And the seniors sweated it out, waiting for hopeful college acceptances. "I felt my whole high school career become worthwhile when I got into the college of my first choice," stated Paul Mortaloni.

So, the seniors anxiously walked away from PHS, entering into a whole new world while the underclass walked away to yet another fun-filled summer vacation. And as the seniors, the class of 1987 entered the "real" world, and touched it with their own special way; the fond memories of Poway High will be remembered by them all.

Armand Lee demonstrates his incredible skill and fancy tricks with the basketball.



Students Voice Opinion

By Julie Dickinson

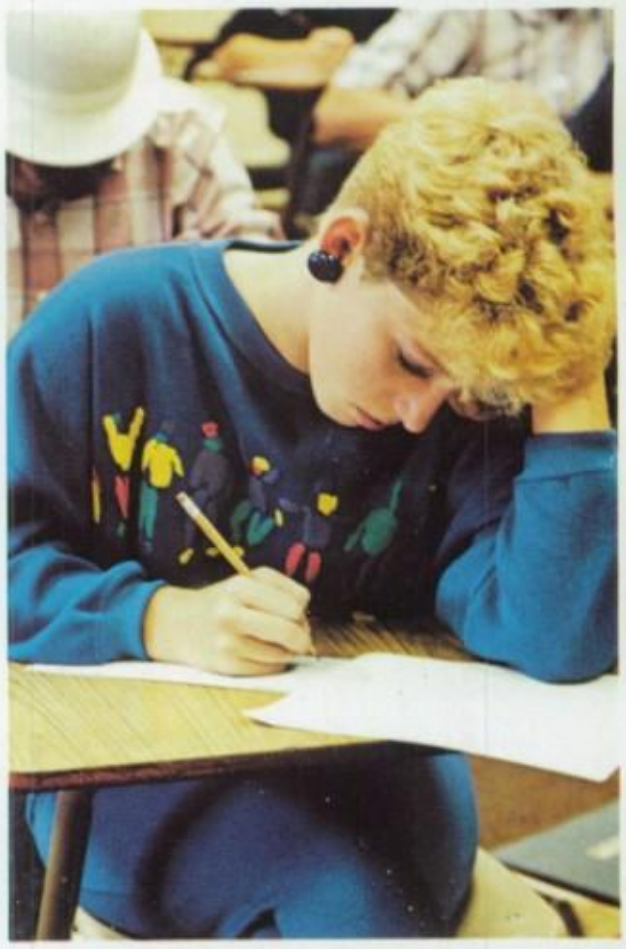
The significant amount of change over the school year brought upon many negative comments from the students. They openly expressed their feelings about the transformation of PHS, and offered their opinions on what they would like to change.

Overpopulation of the campus aroused much dislike from the students. No one could understand the procrastination in building a new high school. One senior commented, "It would be great if they made the classes with only fifteen people." Crowded parking lots enraged a generous portion of the students. "Why don't they make enough parking for everyone?" asked Brian Korgel. Overcrowding, also hindered the faculty interaction with the students. Tami Marko said, "I wish that we could hire someone to do the paper work so the counselors could have more of a chance to counsel us students!"

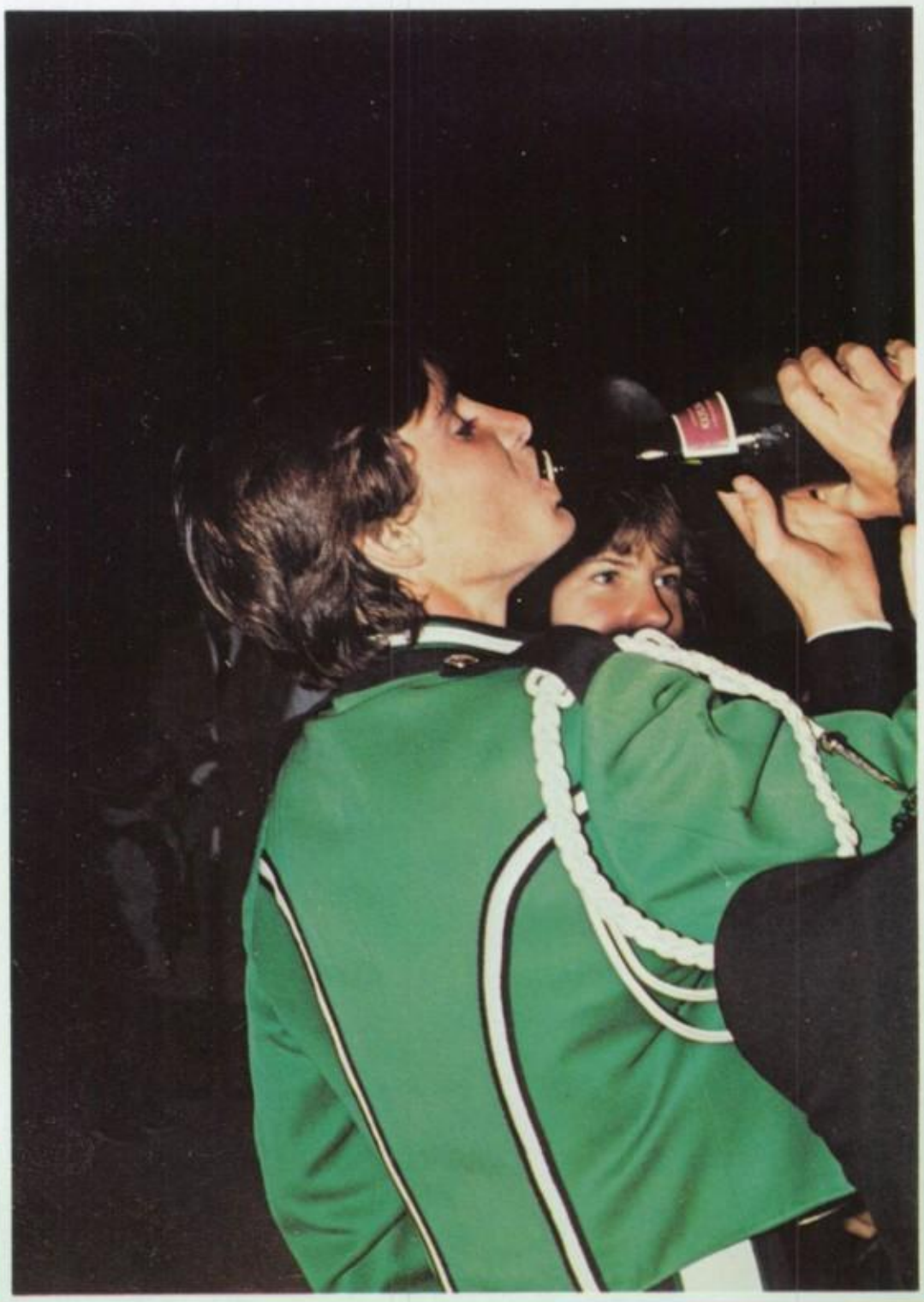
The strengthened security caused quite an uproar with the students also. Kathy Stewart said, "The yard duties make us feel like we're part of the Poway Penitentiary." The strict hall pass system assured the detention population would rise. The addition of the black fences also caused some argument. Richard Haggerty firmly stated, "The fences should be removed. We're not animals; we are the future!"

In spite of all of the negative feelings about certain issues on the campus, one student summed up many feelings. "We should all be happy to attend such a great school!!!"

Nicole Goudy stumbles across a difficult question on her Spanish final exam.

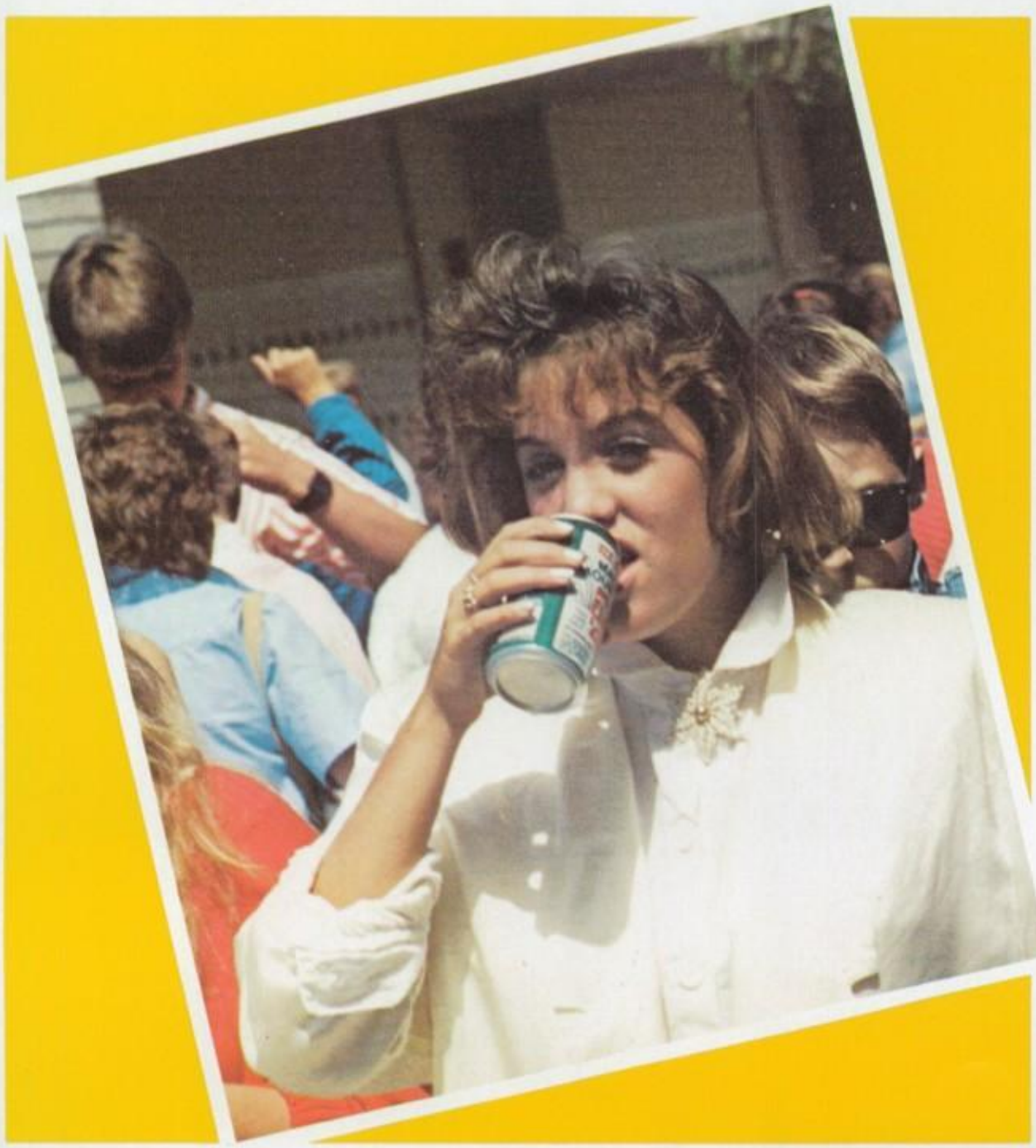


Bryan Tremble helps decorate the senior's winning Birthday cake for the Homecoming ceremonies.



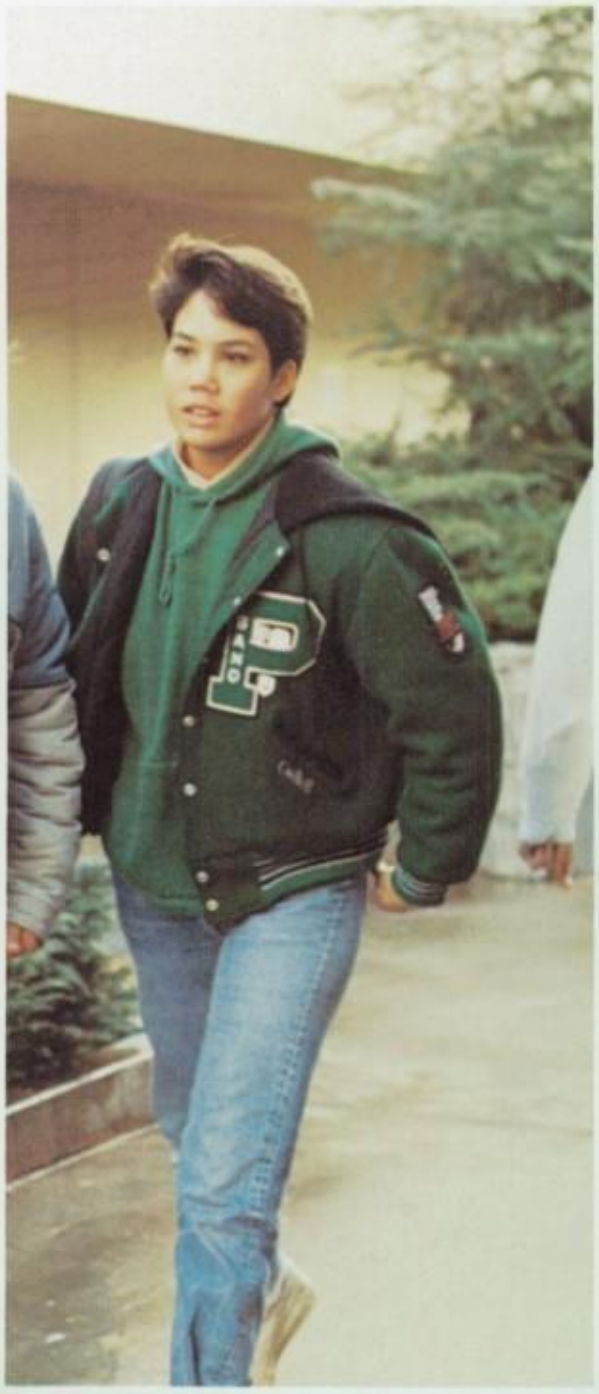
Brian Eckenroth celebrates victory in the Emerald Brigade competition with delicious sparkling grape juice.

Audrey Harrington **gulps down the last drop of soda while rushing to class after lunch.**



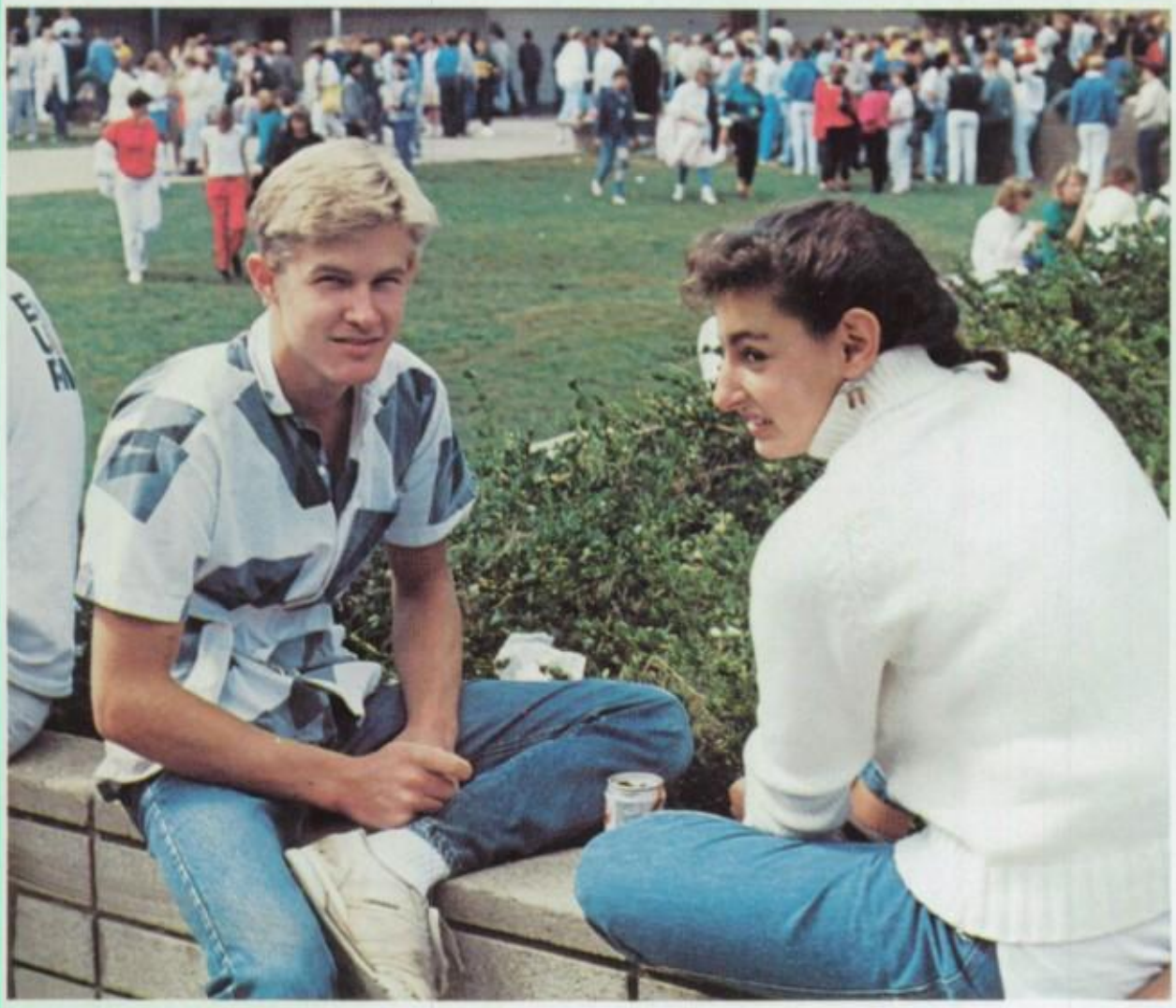
Dressed in part of her Halloween garb, *Lisa Koepke* **prances off to her sixth-period class.**

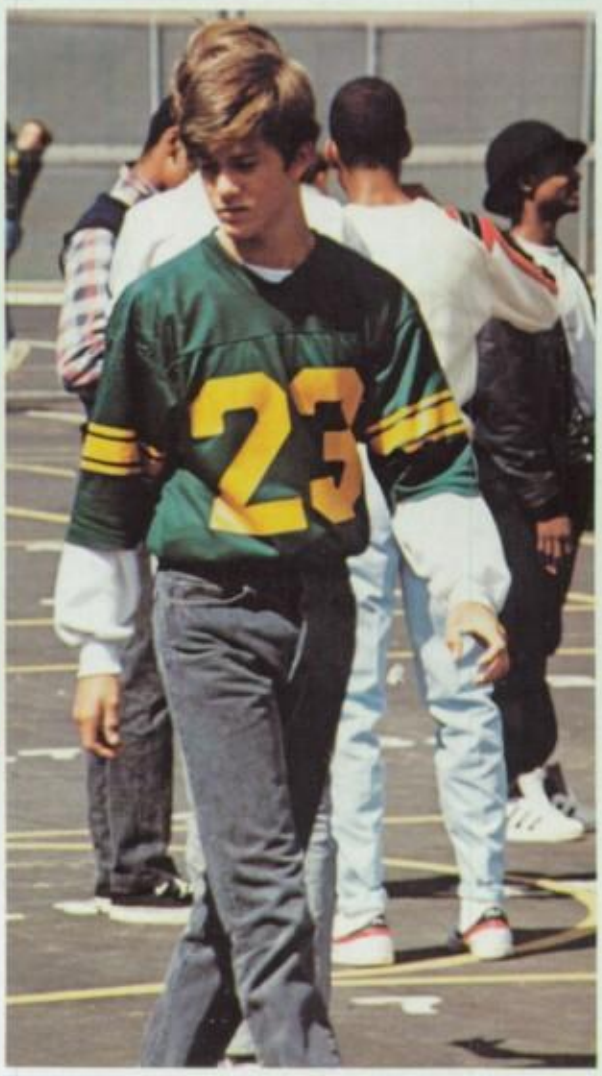
This group of students unmask their "true identity" to the public.

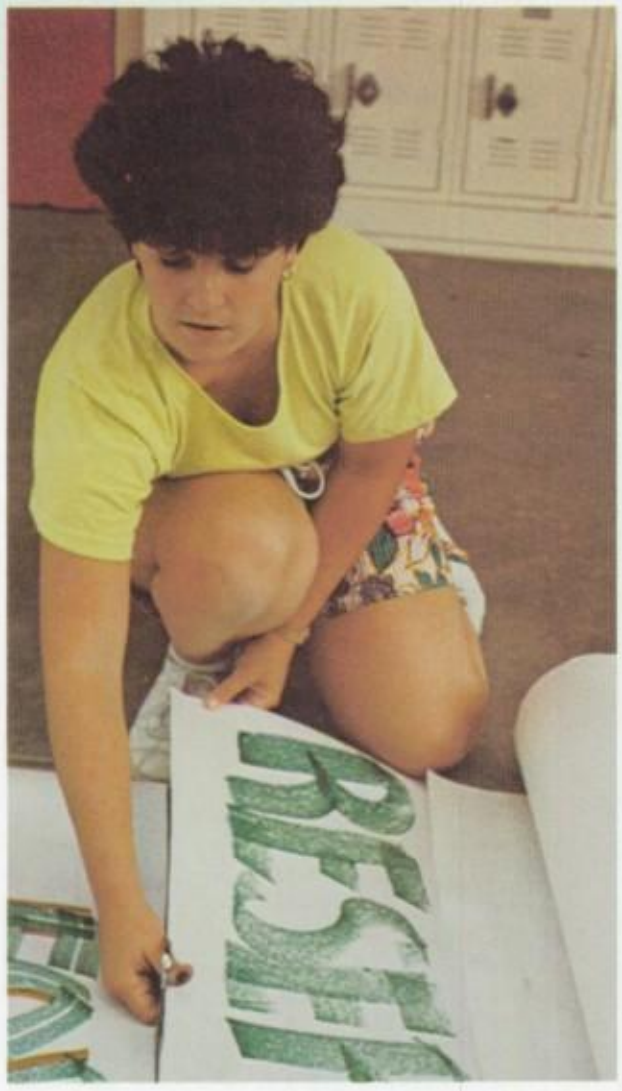


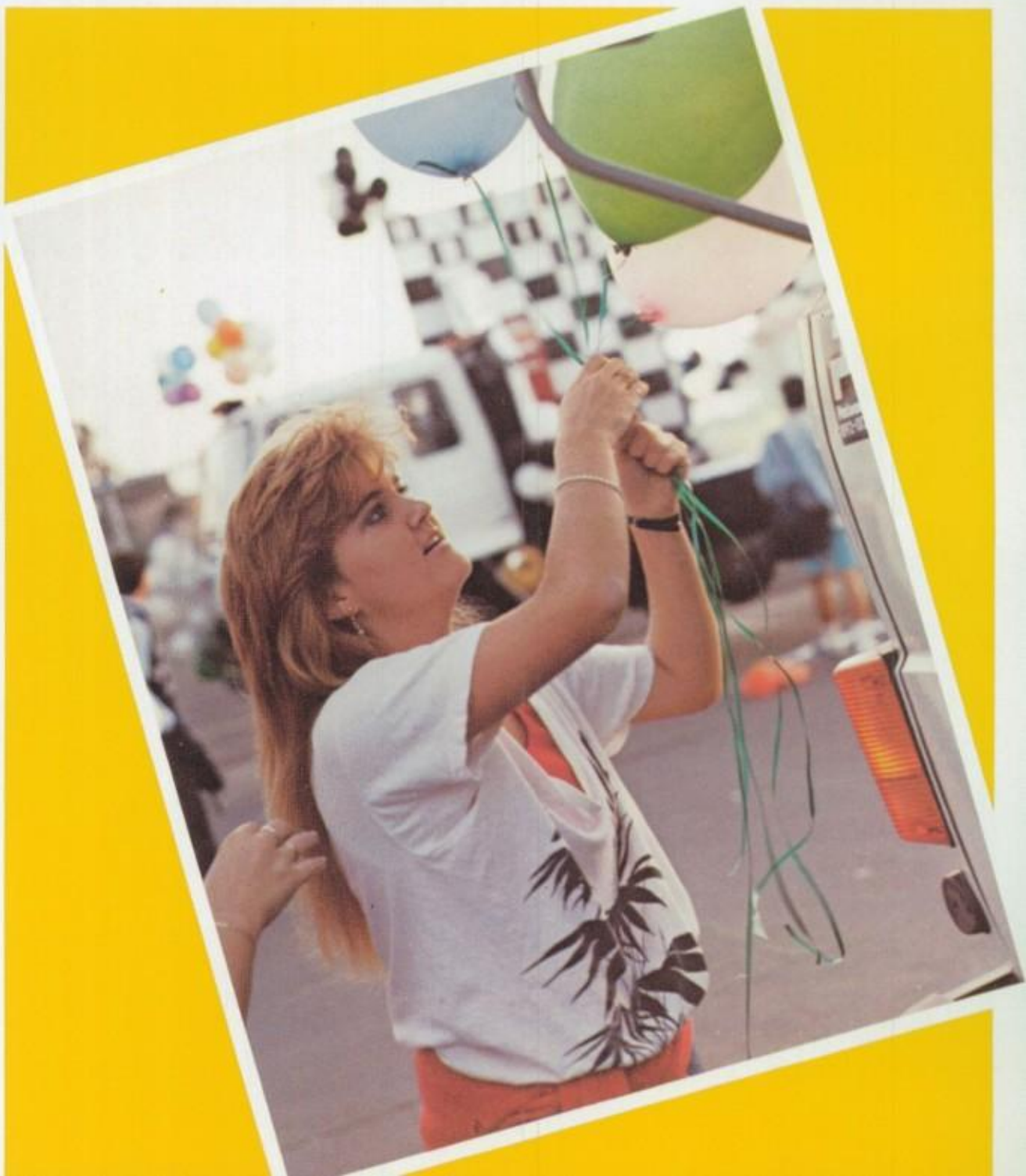
Joyce Winge **hurries to the gym for the fun and popular Air Band Assembly.**

Chris Blackburn **and** *Andrea Cygelman* **share a casual conversation over an eventful lunch hour.**







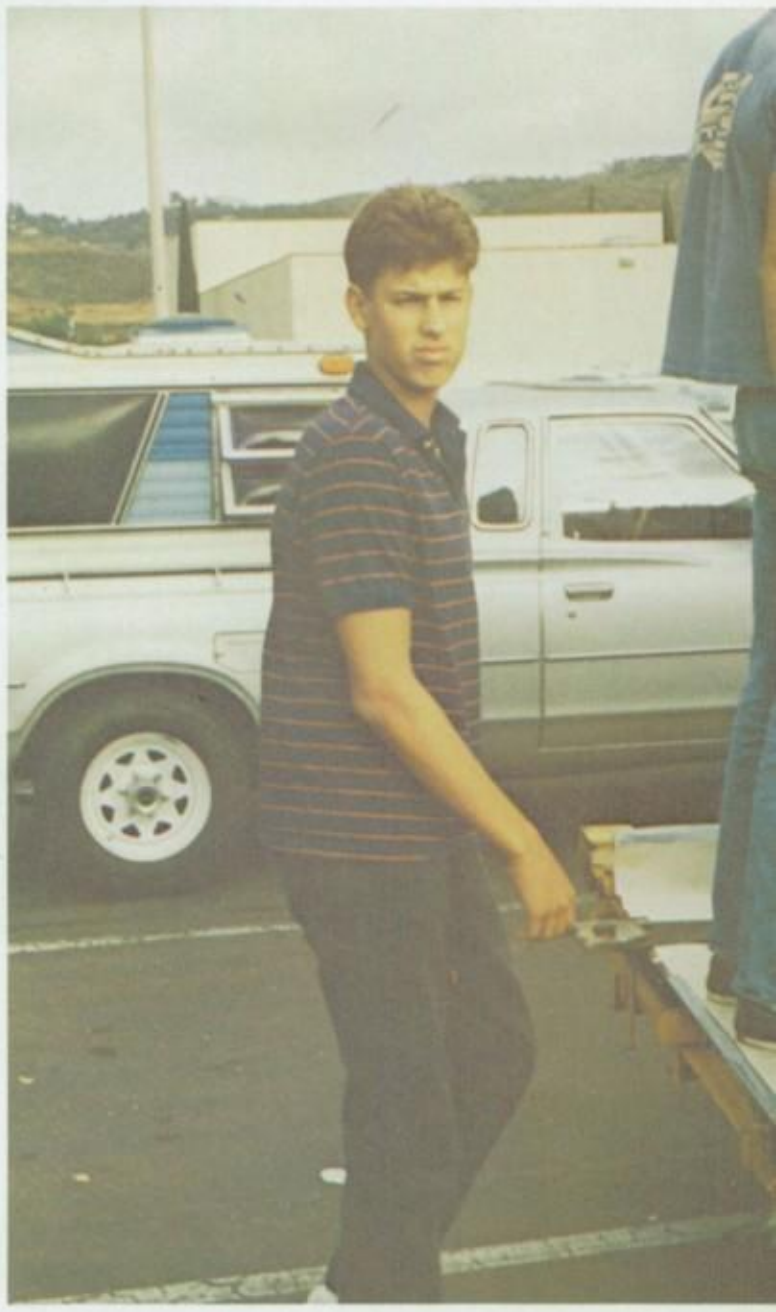


Tami Watkins **fulfills her demanding role as a member of the ASB.**

Shelly Carrel **adds the finishing touches on the winning Senior float.**

Ben Verduzco **watches an interesting female subject walk the halls of PHS.**

Mike Thompson **pouts after losing his balloons into the sky.**



Do you think this freshman feels a bit nervous on the first day of school?

Learning Beyond the Classroom

By Julie Dickinson

"Oh Johnny, hurry up and get going, or you'll be late for school. You know that school is so important because you learn to read, write and do arithmetic!" For many people, the academic aspect of high school remained the "soul" purpose of waking up at 6 am every morning and hustling off to the large, tan colored building on Espola Road. Parents, as well as some PHS students, seemed to overlook the enormous amount of "non-academic" learning that evolved from attending high school.

The different clubs, sports, teachers and groups of people around PHS provided a diverse and widespread amount of education. Kim Uyeda commented, "Cross country has been valuable because it goes beyond the classroom and prepares one for the pressures and competition of life."

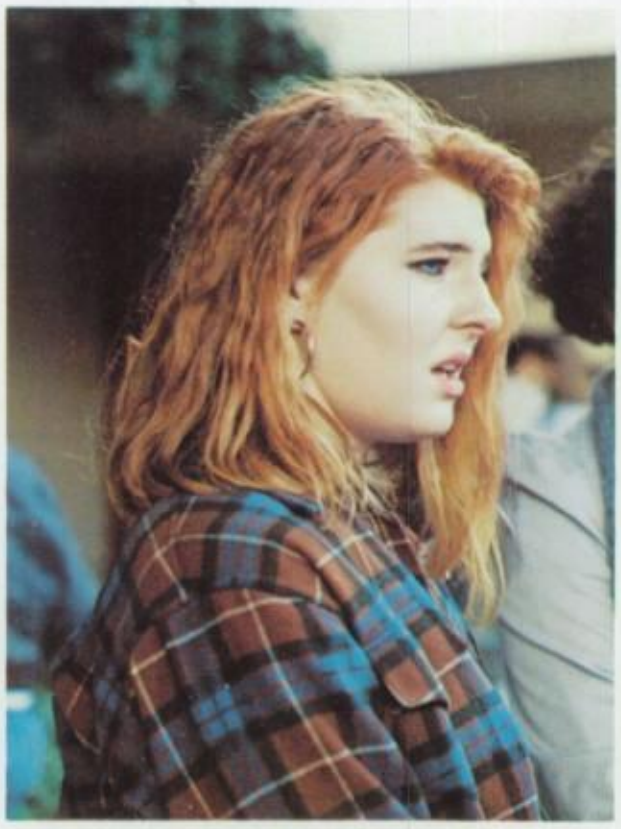
Other students credited older friends for teaching them secrets of success and happiness while attending school. Peggy Fitz explained, "Last year a friend told me, 'Your senior year can be great, but it's up to you to make it great.' He's right, and that comment has helped me gain my perspective on life and the importance of school!"

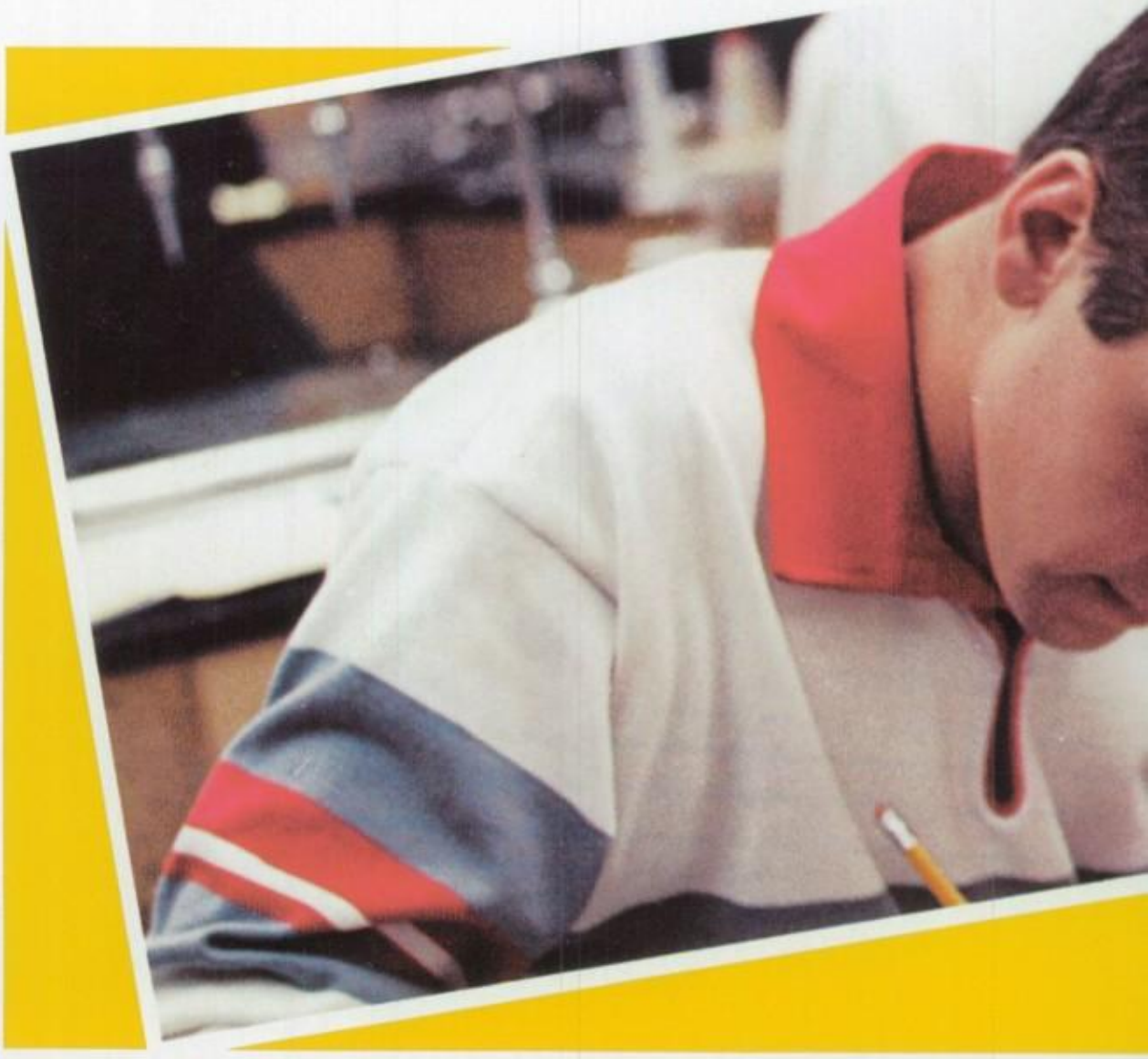
The major lesson that high school taught most of the students was about other people. "I learned that friends, I mean true friends, will stick by you even through the most difficult times," said John Mutti.

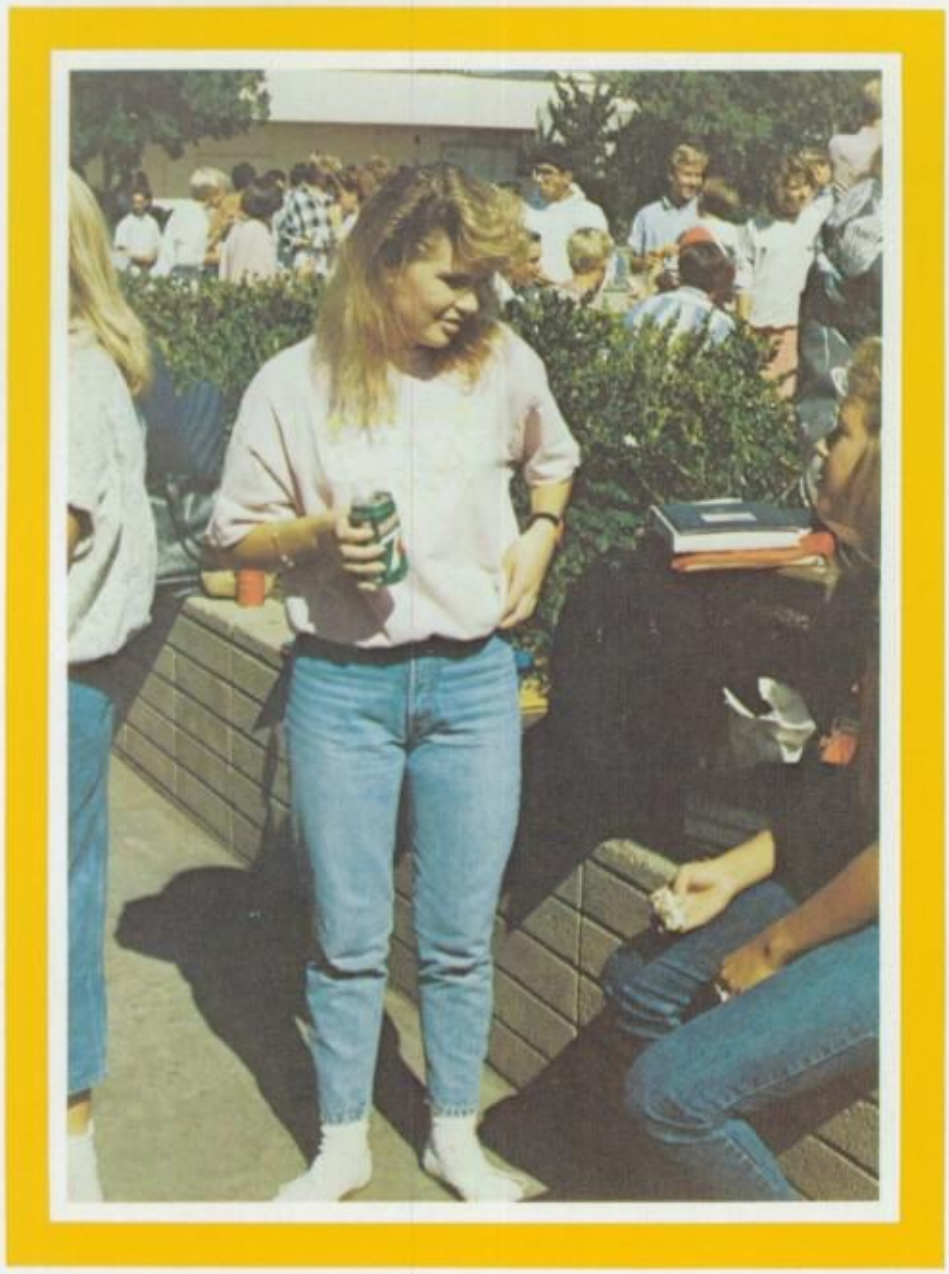
These valued learning experiences, combined with knowledge in various areas, were the "real" importance of attending school.

Grahm Wilson **concentrates on his difficult chemistry lab.**

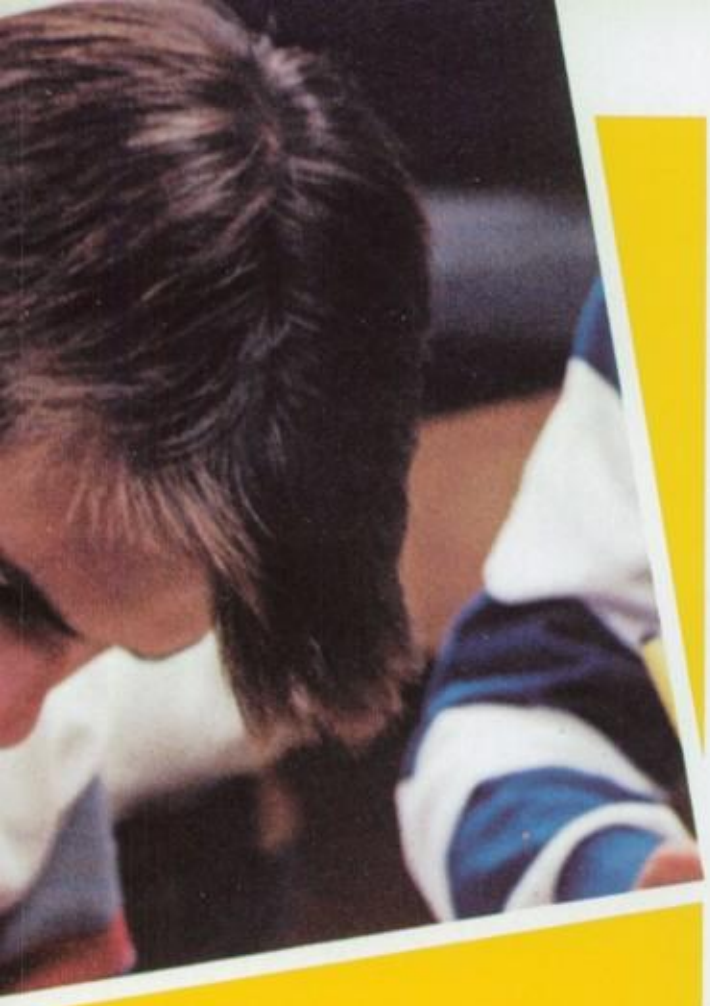
Bonnie Regard **finds herself appalled at the comment her friend made.**







Heidi Merrill **proudly explains the healthy ingredients of her 7 Up to her skeptical friend.**
Greg Warden **and** *John Graff* **flash their meanest looks to a freshman who bumped into them in the halls.**



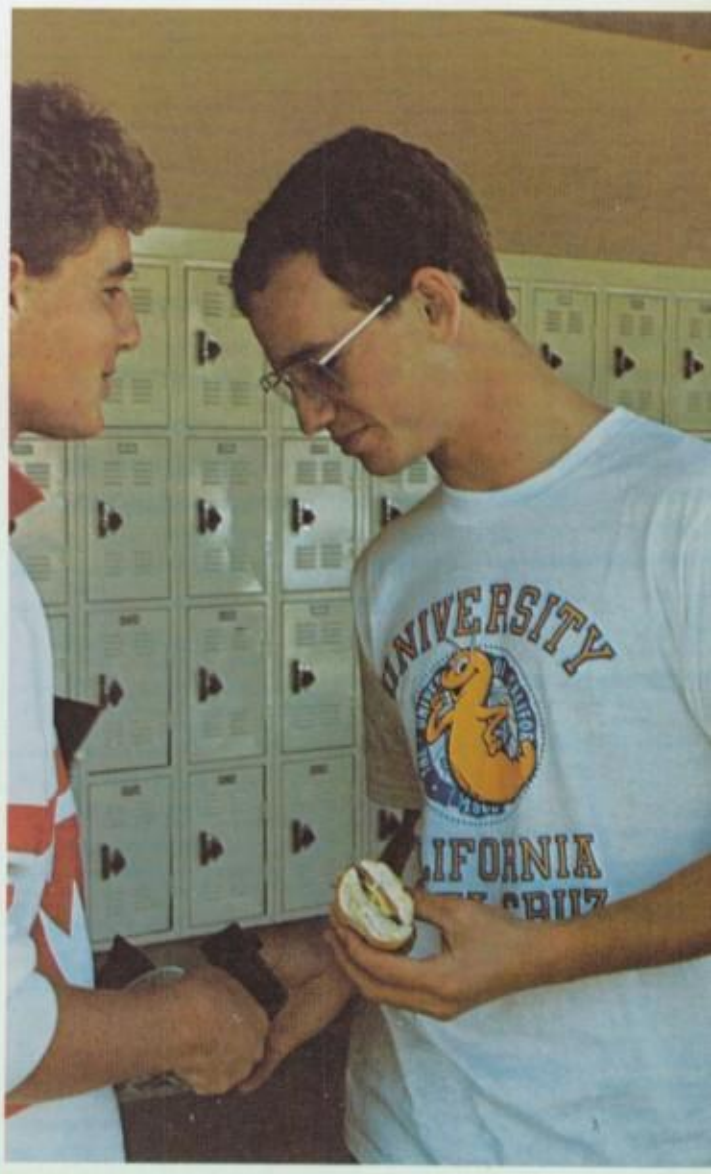
Seniors Deal With Future

By Julie Dickinson

"Life after high school? Hmm ... I've thought a lot about it, and I pretty much know what I'm going to do. But I sure didn't expect the end to get here so soon," commented a senior at the beginning of June. For most students, graduation day of their senior year is the most popular subject to talk about all through the four years of high school. That day, the day that they would finally be free of school, seemed like heaven during most of the year. But for the class of '87, the talk became reality.

"Sure I'm excited to graduate, but I sort of hate to leave Poway High. It has become my second home," said one sensitive senior. The tremendous excitement to go to college and finally "be on their own" thrilled the seniors to no end. The future, the life ahead of them actually didn't sink in until almost the end of the year. "Oh my gosh! I'm not finished with school, I'm going to be a freshman all over again!" exclaimed Mike Brown. The factor of college was sometimes put in the back of the seniors' minds.

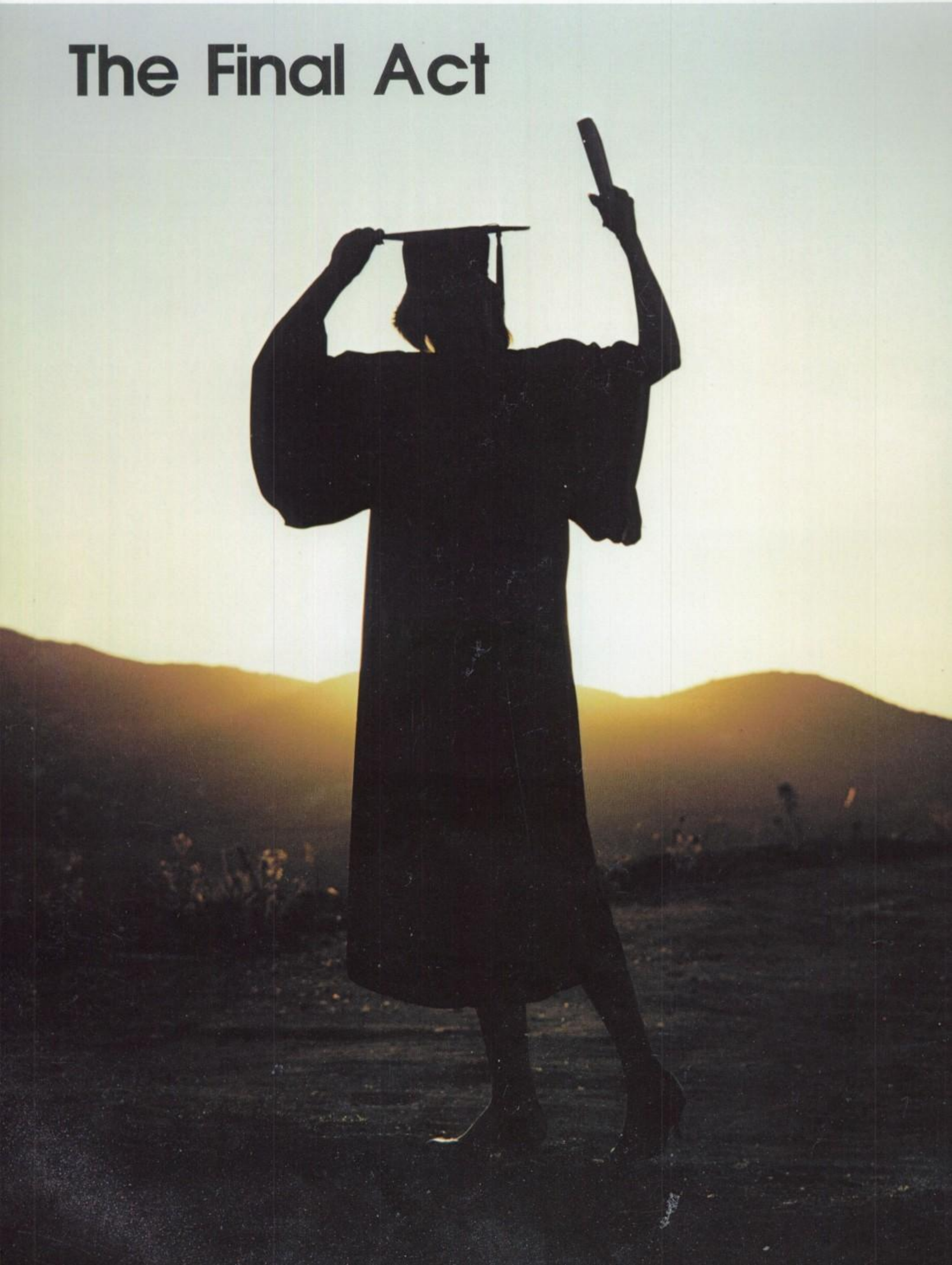
But the endless wonderful memories of the times at PHS shall never escape the minds of the class of 1987. The football games, the Homecomings and Proms, the teachers and classes, and most of all the people, have been implanted in the memories of all the students. "High school was really fun and I'll miss it, but it's now time to really grow up!" said Senior Michelle Mazzetti. Poway High has been touched in a very special way by the class of '87, but now it's time for the seniors to touch the world in their separate ways.



Danny Morris **begs for** *Matt Bailey's* **last dollar.**

"Ouch, I cut my finger on his hair!"

The Final Act



Mr. Schimke -

It has been a pleasure Being in your class. I think you are very funny! And I would really like to thank you for giving me an A! All of the times u Did. Because I believe that effort counts too! Have a Great Summer! And Stay Cool!

Palwasha Salehi

Mr. Schimke,
Well with my luck I will probably have you next year. Well, I hope so because I learned alot more from you than camp. Thank you,

Lori Jackson.

Mr. Shinke, You make
comp I Kuny And I Hope I get
Lit II or whatever
Jason (Shinke)
If not

mr Schimke
Thanks for a great
Compl class, And for
the Dr See you
Later

Todd Taylor

Mr. Shinke,
You are one wild
Teacher. Stay that
way. Have a good summer!
Andrea Faucholt

- JOSE -
HEY IT'S BEEN A REAL
BLAST IN YOUR CLASS.
POOR LONG BECAUSE YOU BURNT
HIM DOWN SO MUCH. KEEP
UP THE GOOD JOKES. ME
AND FLYNN WILL COME OVER
TO DRINK BEER. HAVE
A GOOD SUMMER
RUSSO

Mr Schimke -

I Better get an A! It's been a great semester & I'm really glad I had you. The jokes got a little old sometimes, but that's okay.

See - ~~[illegible]~~ ignorancy doesn't run in the family. (Shawn)

Thanks 4 everything -

Jenny Stewart

Mr Schimke -

You have a talent that not many teachers have. You are able to make English interesting. Thanks for everything! I had a super 2nd sem. in your class. I hope to see you later.

Love,

Deb Giraux

(you're favorite 6th pr. Sr. ha! ha! ha!)

Mr. Schimke -

Thanks for nominating me for awards night Twice. Seriously, you are the best English teacher that I've ever had. I'm sorry that I won't be able to be in your class next year.

Thanks,

Bryan Miller

Yo Ger babe,
Thanks for a great year. Learn some better jokes. Stay away from those pot parties or you'll end up in the slammer.
Good Luck with other classes
Jeff Faust

Mr. Shimke
It's been so real having you as a teacher. This summer stay away from the prisons and watch out for small containers with holes. I really enjoyed you as a teacher love,
ZAN LONG

Don't Be Shy
Don't Be Nervous
Come to Schimkes
Blow Job Service
Kristy Parks
Jeni Cook
We love you

Mr. Shimke
I is a great comp student, aint I? I really liked your class, it was fun and you never took things seriously you are a great teacher
Brandi

Ger babes,
It's been a different having your class this year. Take it easy and learn some better jokes
Mr Pongtail
Tom Howell
Class of '87

I Just love pencil. Have a good one.
Don Jeanti